

WISDOM BOX

Summer Edition , 2022

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IN VIRGINIA'S WORDS

"My personal ideas and understanding of spirituality began with my own experience as a child, growing up on a dairy farm in Wisconsin (USA). Everywhere I saw growing things ... Very early I understood that growth was life force revealing itself, a manifestation of spirit... it is the realization that we are spiritual beings in human form." (pp 334-336)

**YOUR 2022/2023
BOARD MEMBERS AND EX-OFFICIO MEMBERS APPOINTED
BY THE BOARD**

EXECUTIVE

**Michael Callaghan - President
Frankie Lee - Treasurer
Lysandra Chan - Secretary**

Directors at Large

Tonda Eger-Chin

Lani Kim

Anne Lindyberg

Amanda Poffenberger

Madeleine Delittle – Director of Research/WB Editor

Ex-officio members appointed by the board

Tricia Antoniuk - Director of Training

Shyann Vosper - Director of Membership Services

Open - Director of Marketing

Director of Training Committee – Chairman Tricia Antoniuk

Resource Director – Amanda Poffenberger

Program Director – Linda Lucas

Director of Trainer Development – Jennifer Nagel

Carolyn Nesbitt

Anne Morrison

From the Editor

Welcome to another edition of the Wisdom Box.

As summer comes closer there's an increasing desire to branch out into the world, once abandoned by Covid. Yet as I am writing this I am staring at two dark purple lines on the rapid test. Thank goodness for the vaccine or I might have been seriously ill! It also gave me ample time to edit this newsletter having just returned from the Satir Conference in Europe. Speaking of which the Satir European Conference is featured in this edition as so many SIP members were involved in presenting.

This edition also features two testimonies from John Banmen's celebration of his living, held on April 9th 2022. We had 3 hours together with John talking about his time with Virginia and then an invited audience shared their stories of being with John over many years.

This newsletter is for the members of the Satir Institute of the Pacific and it is read by many all over the world. Please send me any small snippets of information or even a photograph. of any Satir activity that you have attended.

Of note look out for a colouring book that SIP is producing using the drawings by Alexandria from Beijing, China.



Also, we have had a request from Yeşim Kılıçaslan who is a graduate PhD student in clinical psychology at Dogus University and is a member of the Satirent Institute for Human Development and Family Therapy in Turkey. They are doing a short questionnaire, regarding the coping stances. Please take the time to fill it out.

Here is the link: https://docs.google.com/forms/d/e/1FAIpQLSf2-sfbbw-GWhXjBSArI2sD5kkR7Mmnxo6Njw2WVI-68dy_WA/viewform

President's Message

Michael Callaghan July 2022

Three new Board members, Lysandra Chan, Lani Kim and Anne Lindyberg were elected at the AGM and after a one-day retreat/orientation they are contributing new ideas and possibilities to the business end of SIP. As Secretary, Lysandra has become part of the Executive, along with Frankie Lee, our Treasurer and myself. This is a time of transition not only in Board membership but also in SIP's training and membership activities.

Training

When Covid hit over two years ago we were forced to cancel in-person programs and attempt to modify them so that they could be presented online. Our Training Department rose to the challenge and began to re-design our core programs. One of the enduring gifts of Covid is that we have developed and adapted our training programs so that they can be successfully presented online. This has made our training more widely accessible to those who cannot attend residential or local in-person programs. We now have three options with slightly different experiences and accessibility to offer participants for our core and some other programs. These are online, locally in-person, or residential. This summer we are presenting our first in-person programs since Covid began with the Level 2 Summer Residential Intensive and a Level 1 in-person starting in the Fall.

Membership

As with Training, membership in-person activities, such as Fireside Chats/ Community of Practice groups/ Video days, were largely put on hold by Covid at a time when we had just introduced our General Membership category. We are now developing a plan to invite members to meetings in local areas to discuss and find out what kind of local opportunities for connection and sharing interests with other Satir members they would like to develop. The Wisdom Box has been published four times a year since SIP was formed in 1998. Various editors have put their own stamp on the format and content, pictures, etc. It has served as a vehicle for sharing information about developments of the Satir Model, Training Events, activities and profiles of SIP members, etc. The Board and particularly Madeleine DeLittle, the editor, would like feedback from members about how important as a source of information about what is happening in the "Satir World" it is to them. Since it was first started with the growth of the internet there has been a shift in how information is shared and accessed, so questions are being raised about how relevant or important it is to continue publishing the Wisdom Box in its current form and content.

In Conclusion

The last few years have affected all of us personally in many unexpected ways as we have grappled with Covid and the restrictions imposed by self or others. Although the Satir Institute has been affected in its core activities as well as financially, Covid has sparked our creativity and resilience to challenge the Status Quo, and bring about change and transformation so that as an Institute, despite the current challenges, we can now look forward together to a new and exciting future.

Michael Callaghan

Honouring John Banmen Celebration of his Living by Sharon Loeschen

John, you were my teacher in the 1987 Process Community Level 2 and were responsible for helping me set what has become my life path. We were standing in line together waiting to eat lunch and I screwed up my courage and asked you if I could be considered to join Avanta. For those of you who have come along since Virginia created Avanta for the purpose of spreading her teachings and it was by invitation only. John replied to my question by saying, "Are you a mover and a shaker?" I had never thought about it, but when you asked me, I surprised myself and said, "Yes, I think I am." And much to my delight, a few months later I received an invitation from Virginia to join Avanta. Thank you, John, I am forever grateful.

So, if you do the math you know that John and I have been connected for 35 years in one way or another. We worked to together on the Avanta Board and again, John, you were instrumental in another life-changing moment for me. You made a motion to the Board to endorse the program that Margarita Suarez and I had created called, Enriching Your Relationship with Yourself and Others, which has continued since 2005. It would not have been accepted without your support.

More recently in 2021, you gave me the opportunity to train 12 people from China in the Satir Coaching and Mentoring Program. It has been a wonderful experience for me. I just wish the whole world could have observed our sessions, as it has been such a reminder of our universal humanness no matter how different our worlds. And, finally, I want to thank you, John, for all of the work you are currently doing to bring forth the concept that the Satir Model has a spiritual foundation. I believe the time is right!



John Banmen Celebration of his Living
9th April 2022
By Michael Callaghan

As President of the Satir Institute of the Pacific, I would like to acknowledge you as one of its founding members in 1998 and thank you for your many contributions to the Institute over more than twenty years since that time. You served as a Board Member and Director of Training for many years and have helped in many ways to develop the Institute into one of the leading sources of training and resources for the Satir Model around the world. Together we continue to develop and promote the relevance in the 21st century of the teaching of Virginia Satir, with your particular, but not exclusive, focus on training therapists. Your major contributions to the Satir Institute of the Pacific include: developing curricula and delivering many programs; training and mentoring its members to become skilled trainers in BC and around the world; encouraging individuals to hone their writing skills and publish articles in the Satir Journal and various books you have edited. The list goes on but now, John, I would like to take you on a journey down memory lane.

You may not remember when we first met. It was at UBC in February 1990 at a meeting of the Reality Therapy Association of BC, of which you are a Past President. That day Dr William Glasser spoke in the morning about Reality Therapy and Control Theory. In the afternoon your talk was entitled Bridging Family Systems Theory with Control Theory and Reality Therapy. Although I was aware of Virginia Satir, hearing you talk about her work, exploring the family of origin, rules, values, myths, survival stances, the Iceberg metaphor, levels of intervention etc. gave me some missing pieces including some sense of the sacred which was not present in the more mechanistic approach of Reality Therapy to the human condition. After all Bill Glasser was originally trained as an engineer before developing his theory of Reality Therapy and Control Theory.

You had been one of Virginia Satir's senior trainers in her month-long Process Communities held in Crested Butte and with Jane Gerber, Maria Gomori and Virginia, who thought you were the person best able to conceptualize what she did, you wrote the Satir Model. Despite this, you were reluctant as Director of Training for the North West Satir Institute (The first Satir Institute) to put yourself forward to deliver many programs yourself through NSI. So following your shared platform with Bill Glasser at UBC, you began in April 1990 an eight-day Family Systems and Reality Therapy course spread monthly until February 1991 for the Reality Therapy Association of BC. There were triads who met regularly for homework in between sessions. In 1992 it became a Family Counselling Training program and An Advanced Family Therapy Program of eight Saturdays also began. It became clear that although the programs were sponsored by The Reality Therapy Association they were Family Counselling Training Programs Using the Satir Model, I was fortunate after taking these programs to be an intern in the 1993 program learning from you and deepening my knowledge of the Model. Over the years these programs evolved and have become the Level 1 and 2 Satir Transformational Systemic Therapy Programs the Satir Institute of the Pacific has today

In October 1991 I went to my first Family Reconstruction. I did not know what to expect. It was in Bellingham led by Maria Gomori where you were the Star. As you chose the role players, for some reason unknown to me, you picked me to be your father. Suffice to say the whole process was enlightening and remarkable in so many ways.

You introduced me to the North West Satir Institute and were one of my sponsors to join Avanta, now VSGN. At that time new members needed two existing Avanta members to sponsor them. We later sat together on the Boards of both organizations (with others who are here today and maybe speaking) and you drove me many times to Bellingham and Dumas Bay near Seattle for their Board meetings, enjoying many conversations together.

As more people were trained in the Satir Model by you in BC, it became clear that the energy in the Northwest Satir Institute had shifted north. At the time I had become President of NSI and after much deliberation, those of us from BC decided to form a new organization, The Satir Institute of the Pacific in 1998.

This brings me back to the beginning of my reminiscence, John, you were our first Director of Training for many years and the Institute owes you a great deal for its success in many areas of promoting and developing the Satir Model through training programs, research, books, and other publications. You have helped many people to develop their skills and knowledge to become some of the best Satir therapists, trainers and writers about the Satir Model around the world. Your legacy is immense. thank you for your friendship, generosity and support at many levels over more than thirty years. You are truly as Avanta (VSGN) recognized a Living Treasure.

Michael Callaghan



Satir Europe Conference, Bratislava, Slovakia, June 10th & 11th 2022

I decided that I would attend this conference in person as I was so tired of not being in the same room as my wonderful colleagues. So after months of organising, I arranged to teach in Prague and Ostrava and then attend the conference. I was joined the whole time by my partner Jim Edmondson who kept the whole of the organising separate from me so that I could just focus on the teaching.

Having made our way from the Prague airport at midnight I had 2 days of teaching "How to transform Depression and Anxiety using the Satir Model in the Sand Tray." There was no shortage of brave folks who volunteered to be a star and so in 2 days, I did four demonstrations. All of these stars reported that the experience was life-changing.

My suitcase entertained every possible scenario and weather system and it became somewhat burdensome to lug around from taxi to train etc but somehow we managed it. Off now to Ostrava on the Polish border for 4 days in a resort town called Rosnov. The hotel had lovely food and a wonderful swimming pool to relax in after the day of training. This time I trained new people in the introduction to neuroscience and the Satir Model in the Sand Tray and many stayed for two more days looking at "Transforming Trauma and Shame. The courage of the participants to be vulnerable has no bounds.

By this time, we had come to love navigating the train system and going at incredibly fast speeds through the countryside of the Czech Republic and Slovakia. As we left the Czech Republic for Slovakia Jim and I arrived in time to have lunch with other European members of SIP. Karin Tschanz (Switzerland), Tali Aharony (Israel), Sibel Erenel (Turkey), and Galia Ankori (Israel). Beth Nemesh (Israel) would join us later.

With a whole day to enjoy Bratislava, the group wandered the old town and took in the tourist perspective. The following day was the opening of the conference. With over 70 people there and online, I spoke to the group about "The Science Behind what Virginia Satir Knew Intuitively" Weaving Satir's words with those of the most recent neuroscientific researcher's findings shed light on the brilliance of Satir. Sibel spoke about her amazing Family Therapy training program that she does in Turkey, Tali presented how to resolve conflicts in couples using the Satir Model. Gallia helped us to learn how to work with children with attention deficit disorder, whilst Karin walked us through using family sculpture based on a real client situation. Beth did two workshops and Jim has outlined some of his takeaways from her presentations in this edition of the WB. Our very own Carolyn Nesbitt, Anastasia Lundholm Metcalf, Spencer Wade, Steven Buckbee and John Banmen joined us later in the day online with a variety of presentations.

No conference could be without a party and we created our own with singing from Canada, Slovakia, and the Czech Republic.

Leaving everyone was so hard. I had spent many days with many of these fine people and had come to know them in such a deep way. My life has been changed because of this experience. Thank you to all of the organisers for not giving up on this mammoth task of organising a conference over three years of Covid. I cannot wait until 2024 when I will return.

Madeleine De Little

Satir in Europe Conference



Hana, Karin, Sibel, Madeleine and Tali in Bratislava



Family Sculpting



Setting up for a demonstration on a Parts Party in the Sand Tray





Tali is describing how to work with couples after a Rupture

Satirová v Európe Conference June

10-11

Using Songs and Music-Interventions in Grief' With Beth Nemesh

I bring you my notes from a very practical 'workshop at the conference

General points: Songs and music resonate with different areas of the brain. They help with integration and tap into unconscious parts. They can elevate mood and access images. They activate the amygdala up or down.

#1 Activity: Get your client to bring a song that has personal meaning for them. Listen to it with them. Go through the Iceberg process questions with them - what are you feeling? What are you seeing? And so on. This is a right-brain-to-right brain experience. It's not about what your client is thinking, but what resonates with their unconscious so that you can explore their Iceberg. This is about accessing unconscious knowledge. We're trying to keep the client safe and allow the client to choose what to disclose. I would say I knew about the concept of unconscious knowledge. But I'd never heard it expressed that way. Brilliant.

Beth modelled this by taking us through her responses to the Satir Iceberg process questions about Nina Simone's My Man's Gone Now, Porgy and Bess.

#2 Activity: From another song of a client's choice, have them choose a phrase that is most impactful for them. Go through the Iceberg, gently asking delicate questions about the phrase, e.g. What does it mean for you that? or What do you make of it that?

A question from the audience was: What can I say to my client that will get them to bring a useful song. Beth just said, with a smile and a shrug, which seemed like a familiar mannerism, "Keep it simple".

#3 Activity: This was a deceptively simple songwriting exercise. It could be done with the same song or another song chosen by your client. Have them pick out a few phrases or words. Then use new phrases or words spontaneously without thinking too much, to write a verse of their own song. Then again, with feather touch sensitivity, use the Satir process questions to access that unconscious knowledge.

My phrases from The Way We Were, Barbra Streisand were: misty water-coloured, if we had the chance, forever, laughter, the way we were.

My verse:

There was laughter in the way we were

If we had a chance to do it again

The misty water-coloured picture would be clear Forever

Why was this experiential workshop so good? It was playful, creative, imaginative, grounded in the latest neuroscience of psychotherapy and at the same time wrapped and packaged up with the familiar, tried and true Satir process questions.

I think these ideas would be useful for any of your clients but especially for depressed or anxious teens who are significantly shut down.

Jim Edmondson June 2022

THE SATIR RESEARCH SCHOLARSHIP 2021-2023

Three separate \$1000 Scholarships are to be given upon completion of a research paper into Satir Transformational Systemic Therapy. The Award is for \$1000 for 3 students and will be administered upon completion and passing of the master's degree.

Criteria:

1. Masters students from Trinity Western University, Associated Canadian Theological Schools (ACTS) of Trinity Western University, Adler University, University of British Columbia, Simon Fraser University, City University, and the University of Victoria.

2.3.0 GPA or higher

3. The research paper must be based on the Satir Transformational Systemic Therapy Model.

4. The research paper is to be completed between September 1st 2021 and December 31st 2023.

How to apply

Applicants are to send a copy of their completed research paper after their defence is completed, to the Research Chair of the Satir Institute of the Pacific, admin@satirpacific.org, by December 31st, 2023.

The subject line of the email is to read "SIP Scholarship application"

The applicant must submit proof of completing and passing their master's degree.

The information must include full name, address, email address and phone number.

THE SATIR RESEARCH SCHOLARSHIP 2021-2023 continued

The decision process

All applicants' personal information will be removed by the administrative assistant. The research papers will then be read by the Research Chair and Dr John Banmen and one other Scholarship committee member. Together they will make a final decision and only the three successful applicants will be notified. The money will be forwarded directly to the successful applicants from SIP.

Benefit:

- The recipients will receive an invitation to publish an article summarizing their findings in the SIP Newsletter
- Their papers will be made available on SIP Website
- They each will be invited to speak to an audience of members of SIP about their research.

If there are no recipients for the September 2021- December 2023 academic years, it will be offered in subsequent years.

ResearchSurvey

We are carrying out a survey on the efficacy of the Satir Model. This is to provide formal research evidence. The survey simply requires new clients to your office (for those of you who primarily use the Satir Model) to fill out an online survey before they begin with you and then a second one 6 sessions later. This is anonymous both for the therapist and the participant. If you do not have the information about his survey please contact Dr Madeleine De Little.
mdelittle@gmail.com.

An Overview research on the Satir Model in Chinese Primary and Middle School Students

The primary and middle school period is the stage of rapid physical and mental growth and development of the primary and middle students, and it is also a critical period for cultivating the healthy personality of the students. Primary and middle school students not only have to adapt to the changes and development of their individual physiology, but also fulfil psychological needs such as mental growth and socialized learning. Therefore, from the nation to the school, from parents to teachers, more and more attention is paid to the physical and mental development of children and adolescents and has increasingly become the focus of researchers.

The scientific research team of Banmen Satir China Management Center has retrieved and summarized the research results for Chinese primary and middle school students on the Satir Model, aiming to further promote and guide researchers to carry out research on the Satir Model among children and adolescents in primary and middle schools.

Among the 190 empirical research studies of the Satir Model as of August 31, 2021, 35 are empirical studies focusing on primary and middle school students, accounting for 18% of all empirical studies. Among the 35 empirical studies on primary and middle school students as the research objects, 23 are with middle school students as the research objects, accounting for 66% of the empirical research on the primary and middle school students. 12 are literature with "primary students" or "children" as the research objects, accounting for 34% of the empirical research on the primary and middle school students.

Among the 23 empirical research with middle school students as the research object, the researchers all adopted the form of intervention research, of which 16 intervened in the form of group counselling for adolescents at the middle school stage, accounting for 70% of all the empirical studies with middle school students; 7 intervened in the form of a family unit, accounting for 30%, belonging to case study reports.

An Overview research on the Satir Model in Chinese Primary and Middle School Students continued

The category of middle school students as objects includes general middle school student groups, and some adolescents with special cases who need special attention, including adolescents with interpersonal difficulties, those with severe parent-child relationship conflicts, internet addiction, those from single-parent families, and from poor families, etc. The topics that researchers focus on are mostly the parent-child relationships, and also many studies on adolescents' psychological quality and mental health, including adolescents' self-esteem, self-acceptance, emotional intelligence, test anxiety, interpersonal communication, and bullying.

The 12 empirical research with children in the primary school stage are all in the form of intervention research, of which 4 are in the form of group counselling, accounting for 33% of all empirical studies on primary school children; 8 are family unit form, accounting for 67%. Further analyzing the group of primary school students who have been studied, we found that the researchers not only carried out research on ordinary primary school students, but also carried out research on children with autism, children from migrant families, children with Tourette syndrome, left-behind children with behavioural deviations, and learning difficulties. The topics the researchers focus on include children's aggressive behaviour, learning ability, interpersonal communication, parent-child communication, self-efficacy, parental stress, etc.

The above Satir Model intervention research for primary and middle school students shows that **the Satir Model can effectively improve or enhance the intervention function for children and adolescents.**

In summary, there are some achievements in the empirical research on the Satir Model for primary and middle school students, however, it still needs to be further enriched, expanded, and deepened, and many topics are worthy to be done further research. For example, the research topics on children and adolescents can be broader, combining the Satir Model with different types of children's psychological distress, and exploring the intervention effect of the Satir model on children's psychology under different themes; from the perspective of family systems, the family education advantages of the Satir Model can be brought into play, the group counselling research can cover families and parents, the family education guidance can be provided and so on.

~~~~~  
Authors, Dr Wang Qiang Karl, and Dr Wu Yanxia are from the Scientific Research Department of the Banmen Satir China Management Center. BSCMC Scientific Research Department is a professional academic research guidance team led by Dr John Banmen, which is dedicated to reporting the application and research results of the Satir Model from domestic and international, guiding researchers to carry out the Satir application research.



# MORE SATIR RELATED RESOURCES

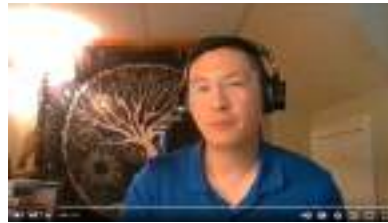
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## **SIP Trainings Continued**

### **Level 2 Satir Transformational Systemic Therapy Summer Intensive Retreat**

**August 10, 2022 - August 20, 2022**

**Bethlehem Retreat Center**

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### **Foundations of STST Part B**

**August 27, 2022 - November 27, 2022  
Zoom - Online**

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### **Level 1 Satir Transformational Systemic Therapy In person Workshop**

**September 16, 17, 18, October 20, 21, 22, 23,  
November 18, 19, 20, 2022**

**9:00 am to 5:00 pm**

**CoWorks by Elevate 20627 Fraser Highway, Langley, BC  
V3A 4G4**

**Join us in October with two new workshops on Zoom**

**October 1, 2022 9:00 am to 2:30 pm (Pacific Time)**

**with Lyla Harman**

**Lateral Kindness:**

**Living and working within Indigenous Communities**

**October 29, 2022 9:00 am to Noon (Pacific Time)**

**with Stephen Buckbee**

**A look at Satir's Vehicles and Tools for Transformation**

. Playful Dyads  
with

Dr Sharon Stanley

This can still be purchased from Playful Dyads.org.  
it was an excellent webinar on Spirituality and Trauma

\$199 Professional OR \$99 Student

Bonus!

With your event registration, you will be given access to 4 articles and additional suggested texts curated by Dr Sharon Stanley, especially for this event. These materials will provide the basis for the event presentation and discussions.

Sharon Stanley, the founder of Somatic Transformation, LLC., has been a psychotherapist and educator for 40 years. Her spiritual experience began in a strong, extended Irish Catholic family that endured trauma from World War I and World War II.

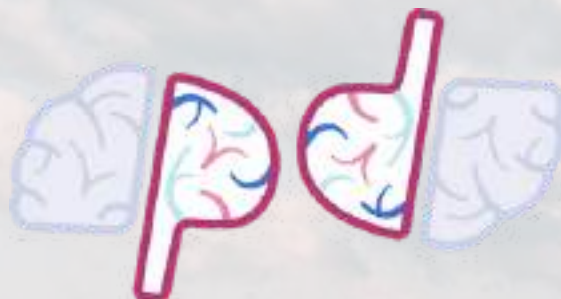
Her findings in her doctoral dissertation on the development of empathy drew her into a study group with Allan Schore and his research on 'right-hemisphere to right hemisphere' relationships as essential for the primary communication needed between infants and caregivers.

Her book: Relational and Body-Centered Practices for Healing Trauma: Lifting the Burdens of the Past, published by Routledge in 2016, integrated research from developmental neuroscience into a creative, body-centred, relational model for healing trauma and an educational process for psychotherapists called Somatic transformation.

She is currently researching and writing a book on Spiritual Trauma.

Join the Workshop online

<https://www.playfuldyads.org/courses/PW-Event-July-2022-Sharon-Stanley>



# COMMUNITY NEWS

- Wendy Lum, MA, Registered Clinical Counsellor and Registered Marriage and Family Therapist is an approved AAMFT Supervisor. She is offering supervision for therapists and counsellors. She has been a practicum supervisor for UVic Counselling Services practicum counselling program since 2007. Wendy's focus is on the use of self and increasing personal presence and congruence in order for greater impact on Client's growth and change. Location: Victoria, BC. Tel: 250-920-9228 Email: [innerchange@shaw.ca](mailto:innerchange@shaw.ca) or Visit [www.innerchange.ca](http://www.innerchange.ca)
- Dr. John Banmen, R.Psych, RMFT is reopening his private practice in Delta for counselling and supervision after spending most of his last 10 years in Asia. For more information and appointments please call 604-591-9269

- Bianca Rucker, PhD is an experienced approved AAMFT supervisor offering supervision for therapists wishing to become clinical members of AAMFT or BCACC. Supervision and consultation is also provided for therapists who would like to improve their effectiveness. Special expertise is offered in the area of sexual and relationship therapy. Fee is \$150/hour for supervision. Inquire about reduced fees for certain circumstances. Supervision available at Cambie and Broadway, and also at Boundary Road and Marine Drive. Contact Bianca Rucker at: Bianca Rucker and Associates Inc., #400, 601 W. Broadway, Vancouver, BC V5Z 4C2 Tel: 604-731-4466 Email: [br@biancarucker.com](mailto:br@biancarucker.com) or Visit: [www.biancarucker.com](http://www.biancarucker.com)

## ADVERTISING OPPORTUNITIES

We want to let you know members can advertise for free in this newsletter. This includes professional related items such as office rentals, items for sale, equipment needs, supervision etc. That said, we do reserve the right to not publish any article or advertisement that is not in keeping with the tenets of the Satir Model. Please forward any brief personal advertisements via e-mail attachment (in Word for Windows format) to [admin@satirpacific.org](mailto:admin@satirpacific.org)

The Wisdom Box is also accepting classified ads and regular display advertising from nonmembers. However, the Satir Institute of the Pacific reserves the right to reject advertisements which do not meet the general purpose of the organization. Please send all copies, payments and inquiries to Cindi at [admin@satirpacific.org](mailto:admin@satirpacific.org)

If possible, please forward information, articles and display advertisements via e-mail attachment (in Word for Windows format), camera ready.

### Display advertising rates:

- Full page — \$50
- Half page — \$25
- Quarter page — \$12





# Births, Deaths and Marriages

The editor has not received any updates.