

HOLIDAY EDITION



satir institute of the pacific

Our Vision Statement

We are a welcoming, intentional community committed to facilitating growth and transformation on a foundation of mutual respect and inclusivity. We are committed to personal responsibility, congruence, and integrity in the development of individual wisdom and leadership. We embody and promote these principles and concepts to achieve a world of harmony, peace and wholeness within, between and among all humanity.

Wisdom Box

The Newsletter of the Satir Institute of the Pacific connecting
members throughout the world

Happy Holidays

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President's Message

Hello, and Happy Holidays!

As the holidays are in full swing, and many of us will spend time with our extended families this holiday season, I thought I would offer you a few words of Virginia Satir's wisdom.

"I see all representations of life, in whatever form they happen to be ugly, pretty beautiful, pretty painful, underneath all this I see the living human. The conviction in me is so strong that it is a given for me."

Satir Institute of the Pacific moved offices to Langley in the past few months. We are quite overjoyed with our decision to relocate. We are providing our first Level One program in our new space, and just conducted our first board meeting there. Free parking and numerous restaurant choices are within walking distance. The location is so sweet, and the local people are friendly. The SIP Board of Directors invite you to join us to celebrate our new office and meeting space on March 7, 2020. **HOLD THIS DATE! COME SEE US!**

We will be holding our Annual General Meeting (AGM) this March 7, 2020. Every year we ask you to consider standing for the Board of Directors. We are a volunteer board, and the services we offer to the world are vast. Did you know the main reason people volunteer is not because it benefits the volunteer? We volunteer because it makes a difference. We feel more connected to others, and we become less absorbed in the normal stresses of daily life. We share our experiences with others by cultivating relationships with other volunteers, and each of us changes lives by contributing our selves. Think about it. We need you.

SIP continues educating and facilitating Transformational Change through our trainings. Please take a look at our upcoming trainings posted on our website: satirpacific.org, There is quite a line up of interesting possibilities for you.

The SIP Board of Directors held a two day retreat held at Loon Lake this past September to connect, appreciate and continue planning for our future. We are in the process of reorganizing our Training Directorate. Please stay tuned to hear what is changing and what we are creating. It's exciting.

Peace Within, Peace Between and Peace Among. I am wishing you many moments of peace and joy as you radiate your Unique Life Force Energy on this planet.



Sincerely

Linda Lucas
President
Satir Institute of the
Pacific



Letter From the Editor

Hello SIP members, friend and colleagues

Wow its hard to believe we are almost at the end of 2019 already. What a busy year! This edition of the wisdom box will highlight some of the exciting things that have happened recently in the SIP and Satir global communities as well as more exciting events to come next year. As we come to the beginning of a new year, we have membership renewals, our AGM and thus nominations for new board members and our Todd Clark Unsung Hero Award. We have an exciting line up of training programs for 2020 so check it out ...

We love to hear from our members around the world as they share the work that they are doing and the ways in which you can contribute. Be sure to watch for the European Satir conference in Bratislava June 2020 and next year's IHLRN conference in Croatia. We continue to enjoy sharing this news with you and look forward to hearing from you. So please send me updates, pictures, news, articles, workshops, poetry, or upcoming events. Brag a little about your accomplishments, share with all of us, and let us celebrate you too!

"Peace Within, Peace Between, Peace Among"
Virginia Satir



Teresa McLellan
 Director of Membership
 "Temporary" Editor for the Wisdom Box newsletter
admin@satirpacific.org



Board Members 2019/20

President - Linda Lucas, MA, LCPC

Secretary – Michael Callaghan, RTC

Treasurer – Tonda Chin, MS, LPC

Director of Training – Jennifer Nagel, MA, RCC

Director of Membership - Teresa McLellan, MAC, RCC

Director of Marketing—TBA

Directors at Large:

Madeleine DeLittle, RTC, MTC, RCS, Ph.D.

Shyann Vosper M.Ed RCC

Wisdom Box Editor - TBA

News From the Board

Please join us in our new office space at Co-Works by Elevate for our Annual General Meeting March 7, 2020.

We will have some interactive play in the sandtray and teachings about neuroscience thanks to Dr. Madeleine DeLittle plus food, friends and lots of fun.

Do want to learn more about the organization and all of the people behind the scenes, then come and spend the afternoon with us. We would love to have you. If you are interested in joining the board we currently have openings for new members. Send us in a nomination form (see following page or [click here](#)) for yourself or anybody else you think would be a good fit.

In addition to this nomination form, you will find other important forms related to this event on the following pages. There is a [job description](#) for board members to get a sense of what is entailed. There is also a [nomination form](#) for the Todd Clark Unsung Hero Award. This award has been given out most years to an individual who has worked hard behind the scenes, not on the board, to uphold the vision and mission of SIP as well as spread Virginia's word sometimes all around the world. And finally we have included a list of previous winners of this award. If you know of anybody in our membership that fits the criteria, please let us know. If you have some ideas but aren't sure or if you have any questions please contact Cindi at **604-546-1539 or admin@satirpacific.org**

Please note our new address is:

201, 20627 Fraser Highway, Langley, BC V3A 4G4

Our NEW PHONE NUMBER is 604-546-1539



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of the pacific





Satir Institute of the Pacific Annual General Meeting

Saturday March 7, 2020

12pm – 4:00pm

CoWorks by Elevate

20627 Fraser Highway, Langley, BC

Come and play with Dr. Madeleine De Little in the Sand Tray and hear her speak to the latest research in Neuroscience, behind what Virginia Satir knew intuitively.

Refreshments and entertainment will be offered

RSVP TO: Cindi Mueller – admin@satirpacific.org

Satir Institute of the Pacific

Board of Directors Job Description



SIP Board of Director Job Summary:

The Board of Directors is chosen to manage the Satir Institute of the Pacific, an incorporated non-profit Society in British Columbia and a registered Charity with Revenue Canada. It has the power to act for the Society except where the Articles of Incorporation of the Society say that a decision must be made at a members' meeting. The board must act within all legislated and contractual requirements. It must obey all resolutions passed at members' meetings. The board can only act legally after a decision has been made within an adopted procedure for decision making. The directors must act at all times in the best interests of the Society as a whole, so as to preserve its assets, further its interests, and promote the purposes for which it was formed.

Reports to: The Membership

Source of Authority: The Board of Directors is elected at the Annual General Meeting by the members of the Society.

Term of Office: Directors are elected for three years, with a staggered system of term completion, and cannot sit as a director of the Society for more than three consecutive terms. Following the completion of a director's third term of office, he/she must step down from the Board for a minimum of one year.

Composition: The Board of Directors has up to 9 elected directors. If not holding an elected position the following are also ex-officio members of the Board: Past President for a one year term; Director of Training, appointed by the Board; Director of Membership Services, appointed by the Board; Director of Marketing, appointed by the Board. The Board of Directors may number up to 13 directors in total.

Key Duties and Responsibilities: 1. Attend all Board meetings. 2. Prepare for meetings by reading relevant minutes and reports. 3. Respond to emails requesting decisions or input within 72 hours. 4. Keep in touch with general needs and concerns of all aspects of the Institute's operations. 5. Remain up to date with relevant legislation and policies. 6. Accept responsibility for specific tasks as assigned from time to time. 7. Participate on at least one committee of the Board. 8. Attend the annual retreat.

Financial Responsibilities: 1. Understanding financial implications of her/his decisions and recommendations to members. 2. Monitors expenses and income. 3. Approve annual budget. 4. Conduct periodic evaluations of the Institute's operations with a view to improvement. 5. Recommend the appointment of an auditor.

General Responsibilities of the Board of Directors as a whole include:

1. Promoting the mission and vision of the Institute
2. Ensuring the Institute carries on all its activities within the requirements of all applicable legislation, policy and agreements
3. Developing all Institute policy and ensure all policies and bylaws are either properly enforced or amended
4. Ensuring long-range program planning and financial forecasting is in place
5. Taking responsibility for the overall financial stability of the Institute
6. Ensuring adequate financial controls are in use and that financial records are up-to-date and accurate
7. Ensuring the re-generation of the membership and the Board of Directors
8. Providing guidance to the membership in the selection of energetic, qualified and effective Directors
9. Appointing committees to carry out ongoing operational tasks, procedural functions, and recommendation of policy
10. Hiring competent staff/contractors and audit and support their performance
11. Keeping in touch with the needs and concerns of members, training staff/contractors, volunteers and training participants
12. Reporting regularly to the membership on the activities of the Board and the affairs of the Institute
13. Implementing a system of evaluation of the Institute's activities.



Satir Institute of the Pacific Board of Directors

Nominator - Nomination Form - 2020

The form can be used by SIP members to nominate another individual to serve on the SIP Board of Directors. Please return the completed form to the SIP office. Please note that nominations will be accepted only through **February 7, 2020**.

SIP members can self-nominate for a Board position by completing the separate SIP Board of Directors' Nomination form below.

Nominee: _____

Title: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Phone: _____ Email: _____

Describe skills and talents of the nominee:

Why are you recommending this person?

Nominator: _____ Date: _____

Return to: Satir Institute of the Pacific, #201, 20627 Fraser Highway, Langley, BC V3A 4G4
amin@satirpacific.org

Todd Clark Unsung Hero Award — Call for Nominations

The Unsung Hero award was first made at the SIP AGM in 2003. It was renamed the Todd Clark Unsung Hero Award to honour Todd who passed away in 2005. Todd was a valued member of our Institute and spent much of his time volunteering for the Institute and other organizations.

Do you know a member of the Satir Institute of the Pacific who works for the benefit of all of us, selflessly and often quietly in the background, not seeking recognition for themselves, but exemplifying Virginia Satir's work of "peace within, peace between, peace among"?

The Unsung Hero Award has been designed to recognize and honour individuals who have provided exemplary service or made significant contributions to the Satir Institute of the Pacific. The Award is intended for members within a variety of capacities, and from diverse settings, in order to locate deserving members whose service might otherwise be missed.

Award Criteria:

Recipients of the award will be members of the Satir Institute who are not Directors of the Board. They will have demonstrated selfless giving of themselves, their energy, their time, and their creativity. They will have offered their help of their own volition without looking for reward or recognition. They will be people who enrich the lives of those with whom they come in contact.

Nomination process:

Please forward the names of nominees to **Cindi Mueller** admin@satirpacific.org

Please give your reasons for nominating the person (s) and give examples or anecdotes.

Deadline for nomination submissions: **Friday February 7, 2020**

Selection Process:

The Award Coordinator, the Director of Membership, and the Board of Directors' Past President, will review all nominees and make recommendations for Award winners to the Board. Up to 3 Unsung Heroes awards will be presented at the Institute's Annual General Meeting **Saturday March 7, 2020**. Special plaques will be created for those being honored. Please send in your Unsung Hero Nominee by **FRIDAY February 7, 2020**.

Profiles of each year's Unsung Heroes will be included in The Wisdom Box Newsletter.

**Satir Institute of the Pacific
Todd Clark Unsung Hero's**

Previous Awardees:

- 2003 Jacqueline Armstrong for profile see Wisdom Box Summer 2003 (on SIP website)
- 2004 Pauline Chan for profile see Wisdom Box Summer 2004 (on SIP website)
- 2005 Warren Tan for profile see Wisdom Box Summer 2005 (on SIP website)
- 2006 Colleen Murphy for profile see Wisdom Box Winter 2006 (on SIP website)
- 2007 Pauline Mullaney & Hugh Morrison for profiles see Wisdom Box Fall 2007 (on SIP website)
- 2008 Kathlyne Maki-Banmen for profile see Wisdom Box Summer 2008 (on SIP website)
- 2009 No Award
- 2010 Marie Lam & Wendy Lum for profiles see Wisdom Box Summer 2010 (on SIP website)
- 2011 Linda Prochaska for profile see Wisdom Box Summer 2011 (on SIP website)
- 2012 Madeleine De Little for profile see Wisdom Box Summer 2012 (on SIP website)
- 2013 Sibel Erenel for profile see Wisdom Box Summer 2013 (on SIP website)
- 2014 No award
- 2015 Anne Morrison for profile see Wisdom Box Summer 2015 (on SIP website)
- 2016 Linda Lucas for profile see Wisdom Box Summer 2016 (on SIP website)
- 2017 Mary Leslie for profile see Wisdom Box Spring 2017 (on SIP Website)
- 2019 Klaus Klein for profile see Wisdom Box Spring 2019 (on SIP Website)

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Training News

Training Directorate: Jennifer Nagel, Linda Lucas, Anne Morrison, Carolyn Nesbitt, Tricia Antoniuk

CURRENT LEVEL 1 TST PROGRAM

Transformational Systemic Therapy Using the Satir Model Level 1
With Linda Lucas and Dr. Carolyn Nesbitt

8:30 AM TO 4:30 PM

OCTOBER 18, 19, 20, 2019 COMPLETED

NOVEMBER 22, 23, 24, 2019 COMPLETED

JANUARY 23, 24, 25, 26, 2020

NEW LOCATION- COWORKS BY ELEVATE 20627 FRASER HWY, LANGLEY, BC V3A 4G4



UPCOMING TST PROGRAMS

SATIR TST LEVEL 1 SUMMER INTENSIVE 2020

August 10, 2020 - August 20, 2020

Bethlehem Retreat Center, 2371 Arbott Road, Nanaimo, BC V9R 6S9

For more information, to register or to find a brochure to send to friends and colleagues [click here](#)

LEVEL 2 TRANSFORMATIONAL SYSTEMIC THERAPY

Presented by Jennifer Nagel & Linda Lucas

October 23, 2020 - April 18, 2021

CoWorks by Elevate 20627 Fraser Highway, Surrey, BC V3A 4G4

[Click Here](#)

Please check out our website www.satirpacific.org for more information or email Cindi at admin@satirpacific.org to register and reserve your spot.

2020 TRAINING PROGRAMS

The Use of Sculpting in Therapy: Externalizing the Internal Dynamics

Presented by Jennifer Nagel

February 28, 2020 - February 29, 2020

CoWorks by Elevate 20627 Fraser Highway, Surrey, BC V3A 4G4

To register [click here](#)



Advanced Applications of the Satir Model - Level 3 8 Day Intensive Program July 16 - 24, 2020

For Advanced Satir Model practitioners

Pre-requisite Level I STST or equivalent

Presented by Linda Lucas & Jennifer Nagel

July 16, 2020 - July 24, 2020

Bethlehem Retreat Center, 2371 Arbot Rd, Nanaimo, BC V9R 6S9

To register [click here](#)

Training For Trainers Program 2018-2019



Congratulations to all those who completed the T4T program last month. With three 5 day phases over the past year and plenty of between session homework, dyad practice and active implementation, these individuals have been working hard. Trainers in front are Jennifer Nagel and Linda Lucas with (starting from left): Frankie Lee, Shelley Iberg, Amanda Poffenberger, Corrinna Douglas, Anastacia Metcalf, Audrey Low, Tricia Antoniuk, Judy Oakes, Stephanie Clark, Julie Gerhart, Lisa Shar, Carolyn Nesbitt, and Jim Edwards.

What Happens When a Client's Defenses Arise in Therapy?

By Dr Madeleine De Little

I have had some experience with a colleague who suddenly cutting off all ties with me. This was after a number of discussions, meetings and sharing of vulnerable parts of us. It was not simply just a cutting off but a complete rejection of myself, a rupture without anyway of repair. What I want to share is what I think was going on for both of us to open up a discussion within the Satir community of transference and countertransference, projective identification and enactments.

The term “projective identification” was introduced by Melanie Klein. This phenomena is a primitive defense mechanism (Schoore, 2012) influenced by events of the first year of life and is a pre-verbal right-brain to right-brain mode of communicating and relating. Projective identification results in one person in a dyad, projecting a denied part of himself (good or bad) “not so much onto but ‘into’ another person and ends up by powerfully controlling the receiver from within like a glove puppet” (Rogers, as cited in Molnos, 1998, para 2). In therapy, clients try to project the exact emotions they had experienced with someone else in the past, into the therapist. In effect, at an unconscious level, the client is trying to have the therapist experience the client's unwanted parts of themselves (Klein cited in Schoore, 2002) which the client wants to evacuate.

An enactment often follows projective identification and is the moment where the client is connected to their previously hidden, traumatic, disorganized, enduring, defense mechanisms (Schoore, 2002). Thus the goal of therapy specifically TST is to help the client find “more mature defensive operations” (Schoore, 2002, p. 7).

Much of the recent neuroscience understanding of the development and role of defenses was brilliantly intuited by Satir. Trauma originates in our earliest relationships between mother and child. The resulting conflation of emotions, images and words becomes established in the embodied mind. If there is chronic misattunement in this early relationship, then intense dysregulated affects take over the individual. In order to attempt to regulate these intense emotional states the individual develops dissociative or default defenses. These defenses serve to cut off emotional feelings and bodily sensations as an attempt to regulate them. Satir knew that the defenses serve to protect and care. That is a central tenet of the Satir model: the defenses have a positive intention.

As therapists we have to use our congruent, attuned self to create a safe enough space for the client to titrate their feelings and body sensations into awareness as they concomitantly lower their defensive drawbridge. This allows the client to integrate these sequestered parts of their self and to experience their feelings, their bodily sensations and encounter themselves as whole and complete. The client yearns for genuine connection and the therapist is able to provide that as a bridge to a deep connection to self and others.

For some of our clients they yearn for connection and yet they spurn it. They want to feel safe but are too scared to surrender to the safety net provided by another. This can lead to a depth of confusion for the therapist and client. When you, the therapist ask yourself “what on earth happened in that session ” you might want to check out the transference/countertransference between you and the client. The transference/countertransference in the intersubjective relationship has the potential to enact old defensive ways for the client. This is where my story begins. (continued on next page)

What Happens When a Client's Defenses Arise in Therapy? Con't

By Dr Madeleine De Little

Let's call my colleague, Gloria. Gloria is a successful therapist and over the time I knew her, she shared how impressed she was with my work and the writing of my book. As our trust grew between us over the months, we would share what was happening for us. We both wanted to work in metaphors in order to access the parts of us that were quarantined off in our implicit memories and where words of the left brain could not reach. Our times together were profoundly transformative. However, after some months I gradually became aware that she 'wanted' me to experience what she had experienced and at the same time was jealous that I had never experienced the trauma of abuse and dismissal that she had endured as a child. I began to feel beaten up and confused by the intensity and juxtaposition of Gloria's admiration of me and simultaneously her absolute disdain and jealousy of my relative freedom from early traumatic experiences. Through projective identification she subtly and then gradually more overtly, forced her past experiences of disgust and shame into me. I withdrew. This was no longer a safe relationship where I could be vulnerable. She wanted me to be vulnerable. It became clear that she unconsciously wanted me to feel like she felt. As her demands of such vulnerability became louder, I in turn felt less safe to be vulnerable. Unconsciously and paradoxically she set the stage for me to not give her what she had needed when young. As Gloria's projective identification intensified my withdrawal, supported her attachment history. A self-fulfilling prophecy that no one was there for her, nor could she rely on anyone. It was as if my relatively healthy congruence was becoming intolerable for her and she wanted to destroy it. She could not /would not tolerate any repair of such a rupture. She told me quite clearly this breakdown in the initially safe relationship was my fault.

Although my experience was with a colleague, I offer this encounter to the reader, so as to be aware of the intersubjective dynamic between therapist and client. Being a congruent, authentic, healthy and knowledgeable therapist has the potential to enact a client's dissociated protection of a plethora of feelings and body sensations that all appear to be internally working against each other. These parts of self, dominated by defenses of shame, and envy are counterproductive to transformation. Sometimes the eloquent inquiring words of the therapist unintentionally exacerbate the client's defenses.

In order to minimise this possibility, perhaps this points to further discussion around 'intentional mindful silence'. I am not sure about what Satir would have said about the role of a mutual silent space; however, it is my experience that there are times when less words of inquiry assist the client to be safely companioned in their journey of uncovering and experiencing themselves.

The transference and countertransference that occurs because of projective identification and the enactment of old default ways of keeping safe has the potential to wreak havoc on the therapeutic relationship. It is however the repair of the rupture that is essential to the therapeutic relationship and needs to be addressed immediately. If it isn't then it is likely that you will not see your client again.

Dr. Madeleine De Little is an international trainer in Neuroscience and Satir in the Sand Tray, and she is on the board of the Satir Institute of the Pacific and a faculty member of the Banmen Satir China Management Centre.

If you wish to learn more about Neuroscience and Satir in the Sand Tray, or wish to pursue the references please contact Madeleine at mdelittle@gmail.com



Call for Volunteers

A. Access marketing support: this volunteer would help us by creating a list of social work and educational resources already exist that SIP can advertise through. Sites would include Red Book and other mental health resource sites.

B. Grant writer: this volunteer would assist by searching for grants that SIP is eligible for and working with myself and the Board to apply for specific grants.

C. Social Media support: this volunteer would assist by helping us create a google account, google ads, support with SIPs face book and Instagram posts.

D. Training support: this volunteer would help us research locations, costs and availability for training venues both locally and across BC for various training programs

E. Resource development: this volunteer would assist us by reviewing videos, archives, articles and transcripts to identify useful material to further develop into training, marketing and sales products

If you are interested in volunteering or know anybody who might be, please call Cindi at 604-546-1539 or email to admin@satirpacific.org

MEMBERSHIP NEWS

Director of Membership: Teresa McLellan

Hello to all you amazing and wonderful SIP members.

It is that time of year for membership renewals so you should be getting a notice arriving soon to your inbox. We look forward to another wonderful year together as we spread the word and the work of Virginia Satir around the world hopefully getting closer to her dreams and goals of “Peace within, peace between and peace among”. During this holiday season and all year long may there be peace in your hearts, your homes and your communities.

Let us know if you have any questions about membership. WE would love to hear from you.

Sincerely

Teresa McLellan MAC RCC

Director of Membership
Satir Institute of the Pacific
Office: 604-546-1539
Email: admin@satirpacific.org



Membership Rates:

Clinical Members - \$75 per year

Professional Members—\$50.00 per year

Affiliate Members—\$25.00 per year

www.satirpacific.org/membership

or contact Cindi Mueller at admin@satirpacific.org

Other Membership News

We currently host 4 different community gatherings for our members. We have a large group of people on Vancouver Island who meet twice a year at different locations usually Victoria and Cowichan. We also have a new Kamloops gathering so if you are anywhere in the Okanagan and would like to connect with other SIP members or bring colleagues to find out more about what we do see the poster on the following page. Finally our last in person gathering in the Fraser Valley is currently being held in Fort Langley. Recently we have also added an online version of these “fireside chats” to connect with our members around the world. We are using Zoom technology to video chat so have been keeping our numbers limited while we experiment with this format

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If you are interested in joining any of our ongoing gatherings in person (Vancouver Island, Fraser Valley, Kamloops), online or are interested in hosting your own, please contact me, Teresa McLellan, Director of Membership or Cindi Mueller, our Administrative Assistant, at admin@satirpacific.org

Let's Connect Online!

Our next zoom gathering will be held in January. Time and day TBD. We have typically been holding them about every 2 months and on Sunday evenings at 7pm so our international members can also join us.

We will send out an email invitation in the new year. Space will be limited so RSVP and we will send you a link to join us 604-546-1539 or admin@satirpacific.org



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FRASER VALLEY COMMUNITY OF PRACTICE

The growing Fort Langley group is meeting regularly. They connect in the sand tray (see photos below) and depending on how many people show up they get to experience the power of metaphor and sometimes even a little transformation. Mostly it is a gathering of friends and colleagues sharing their personal and professional experiences with the Satir Model around the world.

The next gathering is scheduled for Monday January 13 from 7-9 pm. Please contact Tricia Antoniuk at tricia@antoniukcounselling.ca for more information or to RSVP

These photos below were from September (left) and November (right):



Satir Fireside Chat

Connection, Growth, Community



**Open to all helping professionals & therapists who
are curious and want to learn more about the
Satir Transformational Systemic Model**

Please join Corrinna Douglas and Shyann Vosper who are hosting this event

**This evening is an opportunity to meet other therapists,
learn and deepen the Wisdom of Virginia Satir and consult in
a safe loving environment**

STAY TUNED FOR NEXT DATE

For More Information Contact:

Corrinna Douglas
1-250-299-4197
corrinna@cordiscovery.ca

INTERNATIONAL NEWS

Jennifer Nagel shared her reflections of one of the groups she just worked with in Hong Kong and Nanjing. An experiential workshop about social trauma in the midst of Hong Kong's social trauma was an intensely rich and deeply moving experience. This group photo was taken literally minutes before evacuating the building due to what was going on all around us.

Here is one participants' learning:

"I have learned from your workshop to believe more firmly that there is a good intention and a function for survival and growth in all the bodily, emotional experiences, even though we might have reactive negative feelings, such as pain, fear, helplessness and anger and negative somatic symptoms. I am now convinced that all of these so labelled negative feelings and symptoms can be utilized to access the positive life energy and the will to live, which are connected to the center of the human Self. The meeting and exchange of these two energy flows need to happen within the whole iceberg (Virginia Satir's metaphor for a human being) at the here and now to bring about change, transformation and healing."



SENDING PEACE AND LOVE TO HONG KONG

The first Satir conference in Thailand



Panel interview-talk with Satir leader-evolution of Satir Thailand



Mini Workshop: Sand tray



Mini Workshop: Use of the body

In the theme “ Connect within, Connect between, Connect amongst ”
was held between 22 - 23 November 2019.

We have Kathlyne Maki Banmen, one of our teacher as key note speaker via video call on “Therapist’s Life Energy”.

We were able to have a panel discussion on History of Satir model in Thailand sharing by two past presidents of Thai Satir Association, [Dr. Nongpgha and Dr. Somrak,]and current president [Dr. Voralaksana] moderated by the next president [Dr. Prawate]

There were four workshops in the conference: Treating depression and Self mandala, Sand tray in clinical practice, Use of the body in Satir model, Interactive of Intrapsychic.

And also had the group of sharing experience: How to apply Satir model in medical context, in educational system, and Research in Satir model.

The session : Satir and me was the place for all the people who experienced this model told what changes in them both personal and professional area.



The conference is held in collaboration
with the STEP Academy



HOME

INFORMATION

REGISTRATION

PROGRAMME -

ACCOMMODATION

PARTNERS

SATIR IN EUROPE

From symptom to healthy balance within, between and among

June 10 – 12, 2020

hotel Bratislava Seberínovo 9, 821 03 Bratislava, Slovak Republic

HONORARY PRESIDENT OF THE CONFERENCE

Dr. John Banmen, R. Psych., RMFT, Canada

DIRECTOR OF THE CONFERENCE

PhDr. Hana Ščibranyová, Slovak republic

INVITED GUEST SPEAKERS

Sharon Loeschen, MSC, LSCW, USA

Dr. John Banmen, R. Psych., RMFT, Canada

Prof. Walter F. Zahnd, USA

Steven Buckbee, LMSW, LPC, USA

Michael Dupont, LMSW, LPC, USA

Dr. Madeleine De Little, PhD, RTC, MTC, RCS, Canada

For registration or more information check out the website <https://www.satirineurope.com/en/information/>

CALL FOR PROPOSALS / ABSTRACTS is open NOW

The program of the conference will consist of plenary sessions, semi-plenary sessions, short (mini) workshops, panel discussions and posters or screen presentations. An abstract of your presentation should not exceed 300 words (Microsoft Word). Program submissions may be Published as part of the conference program, if accepted for presentation.

See website for more details

Send your abstract latest February 28th, 2020 via e-mail to: kami@agenturakami.sk



International Human Learning Resources Network

IHLRN

SAVE THE DATE

**INTERNATIONAL HUMAN LEARNING RESOURCES NETWORK
2020 CONFERENCE**



CROATIA
OCTOBER 4-11, 2020

For more information please check out their website at www.ihlrn.org or [click here](#)
or or contact Conference Coordinator M.A. Bjarkman at mabahp@aol.com



May the most
important gift
you give yourself
and others this
holiday season be
your presence

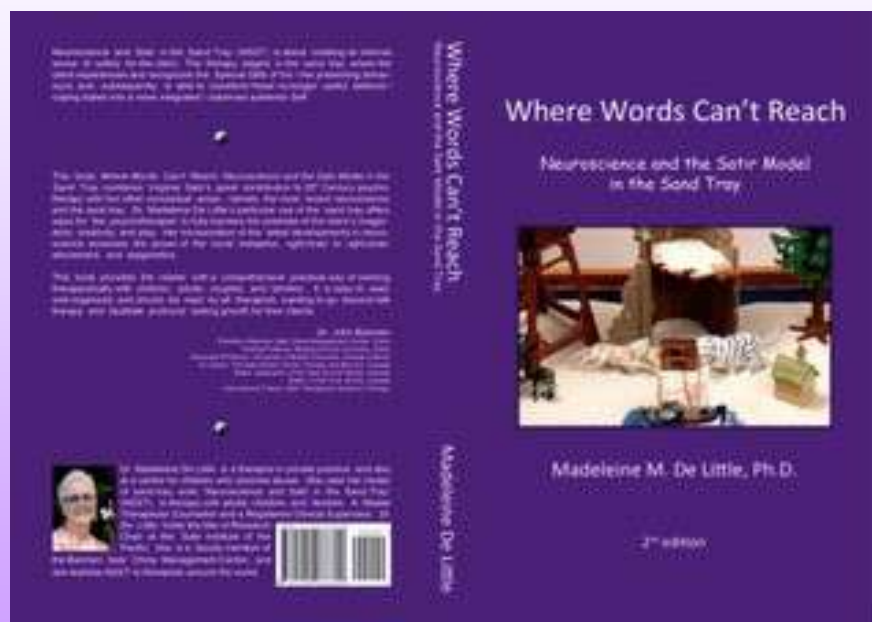
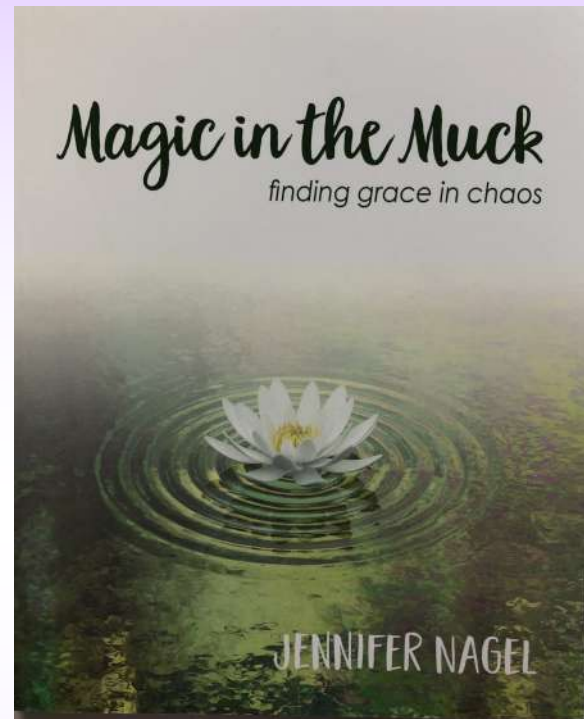
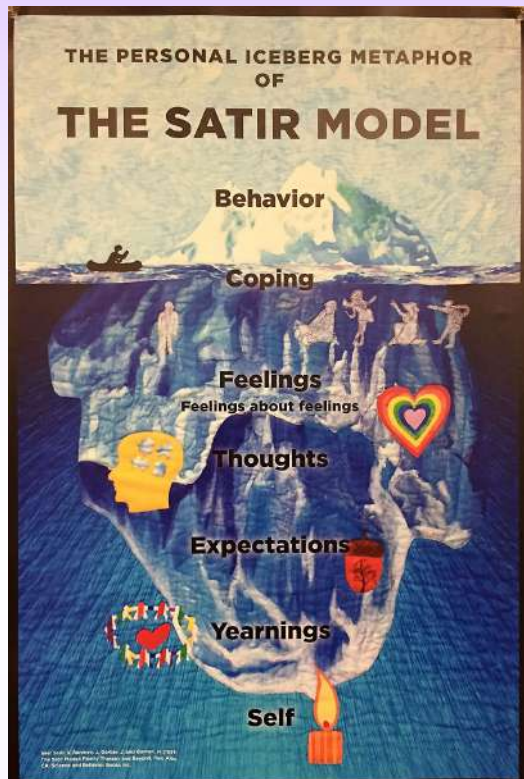


THE
VIRGINIA SATIR
GLOBAL NETWORK

Sharon Loeschen, President of The Virginia Satir Global Network (VSGN), has invited us to sign up for, and send contributions (if you feel inspired to do so) for consideration of publication in **VSGN's News Flashes**.

To get the News Flash, go to www.satirglobal.org and on the Home page, right lower corner, and sign up for it. To submit contributions for consideration in the Newsflash please send them to Sharon Loeschen at sloeschen@gmail.com

*Check out what's new in our
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SUPPORTING MENTAL WELLNESS

Satir Institute of the Pacific is the perfect registered charity, not for profit organization to receive a tax receipt for your donation. Your financial contribution will support the sustainability of the Institute and be used towards resources, training materials and/or bursary program.

[This Photo](#) by Unknown

To make your donation and receive your receipt in time for your tax return, go to www.satirpacific.org and click on "Make a Donation."

Your generous donation (minimum \$25.00) is greatly appreciated and will benefit the continued knowledge and growth of Virginia Satir's Transformational Systemic Therapy.

RESOURCES

Dear Satir Members,

The Satir Institute of the Pacific is pleased to present an **Annotated Bibliography** of published writings by Virginia Satir and other authors related to the Satir Model in English since 1960 until **March 2019**. The Satir Institute of the Pacific expresses our heartfelt gratitude to those who have helped to compile all this amazing material.

You can access the newly updated Satir Annotated Bibliography on our website at:

<https://satirpacific.org/wp-content/uploads/2019/03/2019-03-Annotated-Bibliography-Web-V4.pdf>

This Bibliography may be reproduced, quoted or otherwise used in whole or in part, as long as it is accompanied by the following statement: "This bibliography was produced by the Satir Institute of the Pacific (www.satirpacific.org)".

Regards, Cindi

Administrator,

admin@satirpacific.org

APPRECIATIONS

Wishing you and your families the best of the season:
PEACE, LOVE , and JOY



From all of us at the Satir Institute of the Pacific



DID YOU KNOW

that members can advertise for free in this newsletter. This includes professional related items such as office rentals, items for sale, equipment needs, supervision etc. However, we do reserve the right to not publish any article or advertisement that is not in keeping with the tenets of the Satir Model. Please forward any brief personal advertisements via e-mail attachment (in Word for Windows format) for the Editor at admin@satirpacific.org

The Wisdom Box is also accepting classified ads and regular display advertising from non-members. However, the Satir Institute of the Pacific reserves the right to reject advertisements which do not meet the general purpose of the organization. Please send all copies, payments and inquiries to Cindi at admin@satirpacific.org. If possible, please forward information, articles and display advertisements via e-mail attachment (in Word for Windows format), camera ready according to the dimensions below.

Display advertising rates:

Full page — \$50 (Dimensions)

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Bianca Rucker, PhD is an experienced approved AAMFT supervisor offering supervision for therapists wishing to become clinical members of AAMFT or BCACC. Supervision and consultation is also provided for therapists who would like to improve their effectiveness. Special expertise is offered in the area of sexual and relationship therapy. Fee is \$150/hour for supervision. Inquire about reduced fees for certain circumstances. Supervision available at Cambie and Broadway, and also at Boundary Road and Marine Drive. Contact Bianca Rucker at: Bianca Rucker and Associates Inc., #400, 601 W. Broadway, Vancouver, BC V5Z 4C2 Tel: 604-731-4466 Email: br@biancarucker.com or visit www.biancarucker.com

Wendy Lum, MA, Registered Clinical Counsellor and Registered Marriage and Family Therapist is an approved AAMFT Supervisor. She is offering supervision for therapists and counsellors. She has been a practicum supervisor for UVic Counselling Services practicum counselling program since 2007. Wendy's focus is on use of self and increasing personal presence and congruence in order for greater impact on Client's growth and change. Location: Victoria, BC. Tel: 250-920-9228 Email: innerchange@shaw.ca or visit www.innerchange.ca

NEXT ISSUE

We invite you to submit **Letters to the Editor, Questions, News, Appreciations, or Feedback**. We want to hear from you: about past articles, future features you would like to see, or simply sharing your thoughts and feelings with the rest of us. The value of the Wisdom Box is more than sharing information it is a forum for discourse among dedicated professionals. We Want Your Wisdom!!! This is your newsletter so **PLEASE** let us know what you think and what else you would like to see in the Wisdom Box that could enrich your reading experience, expand your knowledge, connect you with other members and most importantly, impact you positively!

Members connecting with members are an important mandate of the Wisdom Box so please feel free to submit any personal or professional news, e.g., weddings, births, anniversaries, pictures, conferences, presentations, articles, new business ventures, etc to Cindi Mueller or the Editor @ admin@satirpacific.org

We are also very pleased to pass along news of goings on in your region so don't forget to let us know what is happening in your area. News from the various SIP regions, any research or application of the Satir Model and other people's research that support the Satir model will be gratefully welcomed. Please send to Cindi Mueller or the Editor at admin@satirpacific.org

If you are interested or know anybody that may be interested in helping us publish our quarterly newsletter, the Wisdom Box, please let us know..

"We never come to the end of anything. We come to pauses which enable new things to happen..." Virginia Satir

Sincerely

The Wisdom Box Production Team:

"Temporary" Editor: - Teresa McLellan, Director of Membership

Distribution: Cindi Mueller, Administrative Assistant



SEE YOU NEXT TIME