The Use of Sculpting in Therapy: Externalizing the Internal Dynamics

February 28, 29, 2020 (Fri/Sat)
8:30am to 4:30pm

Sponsored by the Satir Institute of the Pacific

Virginia Satir often used sculpting in her work to externalize the internal dynamics of what was happening both within and between individuals. Sculpting is a vehicle for change as it taps into the wisdom of the body to access possibilities that are out of an individual's awareness. Memories are stored at a cellular level in the body. Sculpting is one way of accessing cellular memory and the subconscious knowledge that would otherwise be unavailable to them.

In this experiential workshop, we will explore a variety of ways to use sculpting in therapy and group processes. The neurobiology of sculpting will be explored for a greater awareness of the power of experiential processes to bring about transformational change. Creative options for how to use sculpting in individual, couple and family therapy will also be explored.

Through lectures, small group discussion, and experiential learning, participants will have an opportunity to both conceptualize and experience sculpting for themselves, enhancing clinical skills to facilitate transformational change.

** Pre-Requisite of minimum Level 1 Satir Transformational Systemic Therapy Training program or equivalent training*

Two Day workshop Early Bird Rate starting at $325 ($300 for Satir Members)

Presented by Jennifer Nagel, Registered Clinical Counsellor, MA, RCC who has been doing training in the Satir Model with a diversity of groups including therapists, educators, school programs, community groups, at-risk adolescents, therapeutic programs, non-profit organizations and corporate groups.

Jennifer is a member of the BC Association for Clinical Counsellors, the International Family Therapy Association, the Virginia Satir Global Network and a Clinical Member of the Satir Institute of the Pacific (SIP). She is the Director of Training for The Satir Institute of the Pacific, a senior trainer and faculty member for the Banmen Satir China Management Centre, and the Director of Training for the Satir Marriage and Family Institute of Africa. Jennifer also works with individuals, couples, families and youth in private practice, and provides clinical supervision to other therapists. She is passionate about teaching Satir Transformational Systemic Therapy programs around the world. www.jennifernagelcounselling.com

To Register online at www.satirpacific.org

Or call 604-546-1539