



The Wisdom Box

The Official Newsletter of the Satir Institute of the Pacific

Winter Edition 2013-Presidents Message

I hope the New Year has begun well for everyone and will continue to present new opportunities for change and growth at both personal and professional levels. My hope is also that it will present new opportunities for SIP to expand the influence of the Satir Model through the work of its members here in BC and around the world. Another hope is that more members will make this the year that they become more involved in helping the Institute pursue its mission by volunteering to help and participate in its activities.

This year the AGM is on Saturday March 16th 2013 and I invite as many of you as possible to come. After last year's struggle to have enough members to hold the meeting, the Board's hope is that an earlier date will make it easier for more of our members to attend. This is made possible by the change to the end of SIP's fiscal year from March 31st to December 31st. Our Speaker this year will be Dr. John Banmen who will have just returned from a three month retreat at an Ashram in India and will be sharing some of his experience. Many of you may share my own curiosity about what insights and growth this will have for him personally and for the Satir Model. So mark your calendars.

Nominations are open for three Director Positions to serve three year terms on the Board. Nominations are also open for the position of President. Linda Lucas is chair of the nominating committee and further details of the nomination process and the job description for a Board member appear elsewhere in this issue of the Wisdom Box.

We also hope to award the Todd Clark Unsung Hero Award. Details of how to nominate one of our members for this award also appear elsewhere in this issue.

2013 promises to be an exciting year for SIP in terms of training events with three residential programs at Rosemary Heights scheduled for the summer, a Level 1 in Fernie and various Level 3 programs in the works and more programs being planned to start in the fall. Unfortunately, our Level 2 program

Board of Directors

2012—2013

President:

Michael Callaghan

Past President:

Linda Lucas

Secretary:

Linda Lucas

Treasurer:

Teresa McLellan

Director of Training:

Dr. John Banmen

Director of Membership Services:

Mary Leslie

Director of Marketing:

Available

Wisdom Box Editor

Madeleine De Little

Members at large

Betty Conroy

Gail Franklin

Jennifer Nagel

Tricia Antoniuk

Presidents Message Continued

planned for Duncan on Vancouver Island has had to be cancelled through insufficient of enrolment. Although we advertise our programs widely, it is often the case that new people become interested and involved in the Satir Model by word of mouth from colleagues and friends who have already taken SIP training courses. If each of you had a goal this year to invite someone, a friend or colleague, to become involved in SIP's training programs, that would make a great contribution to the spread of the Satir Model and SIP's future.

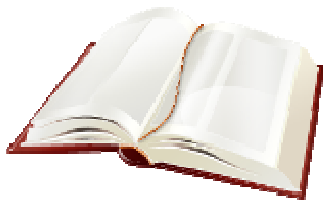
We are planning to have another issue of the Satir Journal published in the late Spring and Gail Franklin, the Editor, would love to hear from anyone who has an idea for a future article, book review or other kind of contribution or suggestion. She can be reached at gfranklin@telus.net

I am looking forward to seeing many of you at the AGM.

Michael T. Callaghan, President

Donations of Satir Books for the SIP Library.

As you are cleaning in the next while? Think about donating any Satir books, research papers or other relevant non Satir items to the library at the Phoenix Center.



Do you have any skills that can help us reorganize our library at the Phoenix Center in our Satir offices?

If so contact Cindi and let her know at 604-634-0572 or admin@satirpacific.org

John Banmen in Thailand 2012



Kathlyne and Linda in India. Note the poster behind them





Kathlyne and Linda in Bangalore India

January 2013

I asked permission from Sharon to reprint this letter from the Satir Global Network Newsletter. (mdl)

Over the years many people have asked me why I am so dedicated to teaching Virginia's ideas and working to grow the Satir Global Network. There were times when I didn't have a cogent answer, but that has changed. I now have clarity about this. It is because through this work, I have experienced "heart connections" with people all around the world, and I want the same for others.. To me, that is what life is all about!

Truthfully, I knew this long before I was willing to say it out loud, because somehow I felt as though it sounded "unprofessional". But now I am no longer uncomfortable declaring this because I have found significant clinical research validating the concept of the importance of "heart connections".

Last summer, Satir Global hired a wonderful social work student, Ashley Morris, to do a literature review of research that related to the components within the Satir Process. And then Dasa Jendrusakova, a doctoral student at Kean University, and I built on that research and ended up writing an article siting evidence supporting the effectiveness of the components. And I am happy to report that the article was accepted for the 2013 International Family Therapy Congress.

One of the components we identified was that of "heart connections." And what we found in the literature was so validating. For example, we discovered Brene Brown's research on shame resilience. Brene is a social work professor and clinical researcher and has concluded from her research that what is needed is what she calls, "whole-hearted living," defined as engaging in our lives from a place of worthiness and cultivating courage, compassion, and connection. Does that sound familiar or what? She is becoming famous for her work and you can watch her on You Tube/Ted Talks, as well as read her latest book called, *Daring Greatly*.

The importance of facilitating heart connections has also been validated by the extensive research on Mindfulness. To quote the most famous teacher and researcher on Mindfulness, Jon Kabat Zinn, mindfulness is "an affectionate compassionate quality within the attending, a sense of open-hearted friendly presence and interest."

So with these findings, and more, I am inspired to continue teaching Virginia's ideas and I hope you will be, too. It will be the greatest gift you can give yourself and others!

Sharon Loeschen
President of the Virginia Satir Global Network

**On June 26th 1916 Virginia Satir was born
We are Celebrating her 100 year on
June 25th 2016.**



**To begin the count down we invite you to
her 97th birthday at Madeleine De Little's
house on June 23rd 2013, Starting 4pm
BBQ at 6pm.**

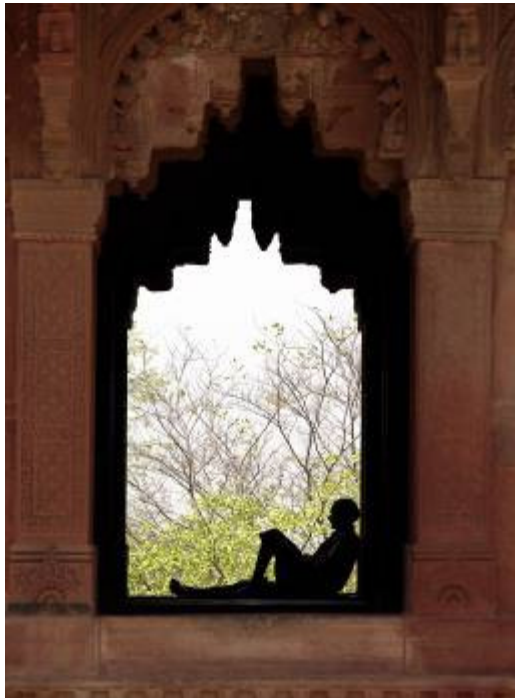
Bring your own protein.

Satir Institute of the Pacific

Annual General Meeting

Saturday March 16th 2013

Phoenix Center Boardroom
13686-94A Avenue, Surrey, BC



- 12:30 Arrive and share some refreshments with old and new friends
- 1:00 John Banmen will reflect on his sabbatical in India
- 2:00 Annual General Meeting begins and includes reports and the election of three new Board members and President

To nominate someone for the Board of Directors please fill in the form on page 9 and have the candidate sign it and send it to Linda Lucas. A Board of Director's job description is on page 10. The Todd Clark Unsung Hero award nominations information is on page 20



Satir Institute of the Pacific

Candidate NOMINATION Form for Satir Institute of Pacific Board of Directors 2013

Name: _____

Address: _____

City _____ Province _____ Postal Code _____

Phone: (h) _____ (o) _____

Cell: _____

Email: _____

Satir Membership (please circle) Community, Affiliate, Professional or Clinical

Other local/national and International memberships:

What are your reasons for running for the SIP Board of Directors?

Describe any leadership positions that you have held-especially in counseling/therapy associations?

I have read and understand the responsibilities of the office for which I am being nominated. I am committed to fulfilling those obligations.

Signature _____ Date _____

D u e M a r c h 2nd, 2 0 1 2

Mail to: Linda Lucas, SIP Nominations Committee
c/o Satir Institute of the Pacific
13686-94A Avenue,
Surrey, BC V3V 1N1
Or Email to: lucas_Linda@hotmail.com

Satir Institute of the Pacific Board of Directors Job Description

Job Summary:

The Board of Directors is chosen to manage the Satir Institute of the Pacific, an incorporated non-profit Society in British Columbia and a registered Charity with Revenue Canada. It has the power to act for the Society except where the Articles of Incorporation of the Society say that a decision must be made at a members' meeting. The board must act within all legislated and contractual requirements. It must obey all resolutions passed at members' meetings. The board can only act legally after a decision has been made within an adopted procedure for decision making. The directors must act at all times in the best interests of the Society as a whole, so as to preserve its assets, further its interests, and promote the purposes for which it was formed.

Reports to:

The Membership

Source of Authority:

The Board of Directors is elected at the Annual General Meeting by the members of the Society.

Term of Office: Directors are elected for three years, with a staggered system of term completion, and cannot sit as a director of the Society for more than three consecutive terms. Following the completion of a director's third term of office, he/she must step down from the Board for a minimum of one year.

Composition: The Board of Directors has up to 9 elected directors. If not holding an elected position the following are also ex-officio members of the Board: Past President for a one year term; Director of Training, appointed by the Board; Director of Membership Services, appointed by the Board. The Board of Directors may number up to 12 directors in total.

Key Duties and Responsibilities:

1. Attend all Board meetings.
2. Prepare for meetings by reading relevant minutes and reports.
3. Respond to emails requesting decisions or input within 72 hours.
4. Keep in touch with general needs and concerns of all aspects of the Institute's operations.
5. Remain up to date with relevant legislation and policies.
6. Accept responsibility for specific tasks as assigned from time to time.
7. Participate on at least one committee of the Board.
8. Attend the annual retreat.

Financial Responsibilities:

1. Understanding financial implications of her/his decisions and recommendations to members.
2. Monitors expenses and income.
3. Approve annual budget.
4. Conduct periodic evaluations of the Institute's operations with a view to improvement.
5. Recommend the appointment of an auditor.

General Responsibilities of the Board of Directors as a whole include:

- Promoting the mission and vision of the Institute
- Ensuring the Institute carries on all its activities within the requirements of all applicable legislation, policy and agreements
- Developing all Institute policy and ensure all policies and bylaws are either properly enforced or amended
- Ensuring long-range program planning and financial forecasting is in place
- Taking responsibility for the overall financial stability of the Institute
- Ensuring adequate financial controls are in use and that financial records are up-to-date and accurate
- Ensuring the re-generation of the membership and the Board of Directors
- Providing guidance to the membership in the selection of energetic, qualified and effective Directors
- Appointing committees to carry out ongoing operational tasks, procedural functions, and recommendation of policy
- Hiring competent staff/contractors and audit and support their performance
- Keeping in touch with the needs and concerns of members, training staff/contractors, volunteers and training participants
- Reporting regularly to the membership on the activities of the Board and the affairs of the Institute
- Implementing a system of evaluation of the Institute's activities

Satir goes Down Under

Discovering Inner Peace: Activating our Life Energy

Dec 1-2, 2012 New Zealand , Gloria Henderson



Back row Left to Right: Ashvin Govind, Jo Walton, Gloria Henderson, Lorraine Rowlands, Jean de Bruyne, Andrew Hardwick, Ivan Richter, Peter Tobin

Front row L to R: Ginny Dunn, Emma Bale, Jin Govind, Jacinda Doogue, Sally Rainbird, Sonia Speedy, Anne Morrison

Missing due to illness: Bronwyn Anderson

December 2, 2012, Petone - closing circle of the Satir workshop, "*Discovering Inner Peace: Activating our Life Energy*," was an exciting time for the Satir garden in New Zealand. For some of us the seeds had been planted in October 2006 when Bronwyn Anderson orchestrated for Anne Morrison to come to New Zealand and teach the first Satir workshops in our land. The initial theme was "*Peace within, Peace Between, Peace Among*" followed with "*Building Organisational Vitality from the Inside Out*". Since then we have had two level 1 trainings in 2007 and 2008 and a Level 2 in 2010. We appreciated Linda Lucas' assisting at the Level 1 trainings.

This workshop attracted those of us who had been fortunate enough to attend the Level 1 and 2 trainings and folks who would have their first encounter with the Satir Model this weekend. I do believe all the participants had a personal connection with others in the group be they friends, family or professional colleagues. What I found really delightful was: how openhearted all the participants were to the teaching, how harmonious the group spirit was, and how vibrant our energy field was over the weekend.

We began with expressing and processing our hopes for the day and Anne gave a brief introduction to the model of transformational growth. Those present quickly engaged with the Iceberg Metaphor and opened up in debriefing on channels 1, 2 and 3. What was really exciting to witness was how those new to Satir entered in so quickly and got so much out of the foundation constructs.

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Satir Goes Down Under

On Sunday we began with a meditation on our personal garden and growth. I sensed more unfolding as we progressed into the Parts Party teaching and sharing in dyads. During the demonstration of the Parts Party it felt to me like everyone present was energetically connected and we were breathing in rhythm. I appreciated that those new to Satir were so open in joining with us on a transformative journey and, to me, the sense of community was palpable.

Even though Bronwyn was unable to be present for this part of the weekend due to illness we felt the grace of her spiritual presence and the healing circle for her was a joy to be part of. And physically Bronwyn had representation with her son, Peter, who was present for the whole weekend with his partner, Ginny. We all appreciated the generosity of spirit Bronwyn has shown over these six years and the time she has put into building a Satir community in New Zealand. And we felt gratitude to Anne in making that long trip from Canada to New Zealand five times in the past six years; and all the workshop preparation she has done to fit the content for us. I personally love the beautiful energy fields Anne helps us create as we work together at an energetic level.

As we went around the circle at the closing some of the comments participants gave were:

“What a difference this could make to people’s lives.”

“I want to learn more about Satir.”

“I am excited and ready to commit to work on my Self.”

I have gained more clarity about myself and my relationships.”

‘I have gained more clarity about my life direction that I want to take (which path).”

There seemed to be a majority interest in joining us for further workshops in the future and a desire to remain in contact and learn more.

So from that vision that Anne and Bronwyn had way back in 2005, it feels like we now have enough of a critical mass and a team of five who can continue building the Satir community in New Zealand on the foundation laid by Anne, Bronwyn and Linda. We are like fledglings learning to use our wings and build our own nest but we know we can draw on the resources within the worldwide Satir community. It will be exciting to share with newcomers that journey to congruent living which we have been fortunate enough to experience. One participant said to me, as we were saying our goodbyes, that I seemed so serene and so grounded; that is, in no small part, due to the inner journey work of Satir I have experienced over the past six years.

Satir NZ Leadership Team – Dec 1-2 2012



From Left to Right: Jean de Bruyne, Jin Govind, Gloria Henderson, Bronwyn Anderson, Jacinda Doogue. (Sadly no hobbits were available for this photo)
Leadership Roles

Bronwyn Anderson – NZ Team Leader and International/Satir Pacific Liaison

Gloria Henderson – Marketing and Communications

Jean de Bruyne – Membership Coordinator

Jin Govind – Event Coordinator

Jacinda Doogue – Training Advisor

In 2006/2007 we all completed the Level 1 trainings and other workshops Anne Morrison has offered during her NZ sojourns followed by Level 2 in 2010. We all knew each other through completing other trainings together in the past decade in Myers Briggs Personality Type and NLP (a psychotherapy modality) so it feels like our lives have been woven together. And now, here we are, and our team mission is to lead and spread the wisdom of Virginia Satir to the rest of New Zealand; I couldn't think of anyone I would rather be embarking with on this exciting adventure.

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Introducing each member of the New Zealand team:

Bronwyn Anderson is an Organisational Psychologist, specialising in executive coaching and leadership training during the week. Bronwyn also has a small private therapeutic practice based around the Satir model and NLP. In the weekend she can be found down on the farm, tending her alpacas and beautiful flower garden, seeing friends and family, undertaking her hobbies and cooking.

Jean de Bruyne is an Organisational Psychologist . When not in a working mode, Jean can be found at the bottom of her garden in her “girl cave”. She holds a voluntary position as an Auckland Regional Councillor for New Zealand Red Cross, allowing her to express one of her values of “working hands are holier than praying lips.

Jin Govind is a Registered Legal Executive during the week and is a trained yoga teacher and calligrapher. Jin is a vegetarian and enjoys an Ayurveda diet for health and spiritual reasons, regularly attends the gym, swims and from time to time teaches yoga. In the weekend she can be found walking her dog and participating in yoga, group chanting, meditation, doing volunteer work, spending time with her family and in addition to reading and training for her own personal development will see clients from time to time as a therapist using NLP and the Satir Model.

Jacinda Doogue is an Organisation Development contractor who develops staff capability through leadership, coaching, and learning and development programmes. In her spare time Jacinda enjoys the outdoors, connecting with friends and family and is currently training in Whole body Focusing and working towards establishing her own wellbeing practice.

Gloria Henderson is an educator who develops staff training programmes and provides life coaching. In the weekends Gloria writes stories and chats with friends about ways of learning, choosing life paths, metaphysics and the journey to understanding self and others.

Preliminary Announcement

SIP World Leadership Retreat June 22nd to 26th, 2016

The Satir Institute of the Pacific is pleased to announce that it will be hosting a Satir World Leadership Retreat – “Passing the Torch” in June 2016 at Rosemary Heights Retreat Centre in Surrey, BC, Canada in honor of Virginia Satir’s 100th birthday.

The intended outcome of “Passing the Torch” is to build on the work of existing Institute programs, and initiatives in other countries, particularly related to shared training, research and resource development into a more coherent, interlocking team to ensure the Satir Model continues to be taught and recognized as an effective model to promote Peace within, Peace between and Peace among.

“Passing the Torch” will be an invitational event for between 150 to 170 participants from around the world. Further information and program details will be sent out as it becomes available during the next three years.

Michael Callaghan
president@satirpacific.org

January 2013

Relational Sex Therapy - Clinical Evening

With Bianca Rucker, RN, PHD, RMFT

Tuesday March 5, 2013

7:00 PM to 8:30 PM

Available by Teleconference or in Person

Where: In Person at the Phoenix Center 13686 – 94A Avenue, Surrey, BC (In Satir's Office) OR

Where: By Teleconference* in your own home (you will be given a toll free number to call in and a participant code to join in the teleconference – at this time available in North America Only)

Cost: \$20.00 SIP Members

\$40.00 for Non-Members

About the Program

Bianca Rucker incorporates the Satir Transformational Systemic Therapy Model in her "relational sex therapy" approach. She will share how she helps clients deal with sexual concerns and cultivate intimate sex.

The focus of this talk will be on addressing specific sexual concerns such as sexual desire discrepancies in couples, performance anxiety in men, and painful sex in women.

Biography:

Dr. Bianca Rucker heads up a sexual and relationship therapy practice which she established in 1986 in Vancouver, British Columbia. She has six associates in her practice. Dr. Rucker is a registered Marriage and Family Therapist (approved AAMFT supervisor) and a Registered Nurse who holds a Master's degree and PhD in Counselling Psychology. Dr. Rucker's "relational sex therapy" approach is an integration of the Satir model, the Sexual Crucible model, and clinical hypnosis combined to help clients bring about change and improve their lives. Most clients come by referral from physicians or therapists. Dr. Rucker's practice consists of men and women of all ages (single or in relationships) who are experiencing sexual difficulties, intimacy problems, conflict, and/or extramarital affairs. Dr. Rucker has lectured to professional groups and to the general public in North America, Europe, and Asia, and has appeared on television and radio addressing a variety of sexual topics.

To Register

Using PayPal: send your name, email and phone number and whether you would like to participate (i.e. teleconference or at SIP) in a body of an email and request invoice by PayPal to: admin@satirpacific.org or call 604-634-0572

Or by mail send information below with a cheque to:

Satir Institute of the Pacific, 13686-94A Avenue, Surrey, BC, V3V 1N1

Relational Sex Therapy – Tuesday March 5, 2013 7:00 – 8:30 pm

Satir Member \$20.00 _____ Non-Member \$40.00 _____

I would like to participate by Teleconference _____ In Person _____

Name _____

Email _____

Evening Contact Phone Number _____

The Next Fireside Chats

are on:

Thursday, February 28th at 7:00 pm hosted by Debbie Lee
2012-East 8th Avenue, Vancouver BC. Plenty of free street
parking and close to the skytrain. Please RSVP to Debbie at
debbiewlee@gmail.com or call 778-323-5019

and

Wednesday March 6th
at 7pm hosted by

Madeleine DeLittle at
23253 Francis Ave,
Fort Langley, BC.

Email Madeleine if you
are coming.

fort.playroom@shaw.ca

604 626 9671

and

Thursday March 21st at 7:00 pm hosted by Linda Keryluk,
at 421 Alberta Street, between 6th Ave and Richmond Street
near Sapperton Skytrain Station. Email or phone Linda if
you are coming at geoscape@telus.net or 604-526-9195



Looking Back and Looking Forward

On Membership Matters

Looking Back: This past year has had its share of highlights...the extending of the reach of **Clinical Evenings** to reach a wider audience saw close to 75 participants in total attending the Four Clinical evenings. Our wingspan covered as far east as Ontario and Michigan, north to Fort St. John and Port Hardy, and south to members in several states. Gratitude abounds for our fine presenters: Madelaine DeLittle, Klaus Klein, Jim Smith and John Banmen. **Looking Forward,** we have two excellent presenters for this spring: Bianca Rucker, who will speak to the topic, Relational Sex Therapy on Tuesday, March 5th, brings a wealth of experience and wisdom to this topic. Pauline Mullaney will present on Thursday, April 18th, on her presentation to the IFTA Conference last March 2011, on Family Therapy with the Couple Where One Partner has ADHD, using the Satir Model. Pauline also brings years of experience in this area.

Looking Back: We express our gratitude to Pauline Seto, as she hands over the **library**, she has sheltered so well and managed for several years very faithfully. She has transported our 'holdings' to their new home at the Phoenix Centre. **Looking Forward:** We are reaching out for a new librarian to help us organize our materials in the various bookshelves and cupboards Cindi has corralled, with the help of many, including Betty Conroy, Madeleine De Little, and others. Many hands will make lighter work for all, and enable us to reach a wider circulation of our materials. Volunteers for a 'one of' or greater involvement are very much needed.

Looking Back: We were able to reconvene the **Membership Committee** that had been active in years past, with 6 very able and enthusiastic members who have met in various venues 3 times over the past year. **Looking Forward:** We are anticipating, with their help, setting up Video Days this coming spring in as many communities as we can find 'housing' for these.

Looking Back: We celebrate our lone wolf **Fireside Chat** host, Madeleine DeLittle, who has faithfully kept the tradition alive with her generous offerings and warm fires burning. **Looking Forward:** We have a Fireside Chat host, Debbie Lee, who has generously offered her home on Thursday Feb 28th, in the Broadway-Commercial area of Vancouver, and I am hopeful of having another in the New Westminster or Surrey area this spring also. We are ever grateful and open for volunteers for this fine tradition of the Satir organization. They help us all grow in our use of the Model as we share ideas and experiences of others in these small and more intimate venues. (continued on the next page)

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Looking Forward: We are researching a way to bring Web Cam resources into our membership events, such as Clinical Evenings, and membership committee meetings and we will need outside talents, knowledge and resources to bring this into play. We urge our membership to offer their ideas and suggestions for this step as it would take a number of volunteers with expertise to pull this off.

Looking Back: It has been a busy, but very enjoyable last two years, and I am grateful to all those who helped with those highlights named above, but also all of those who 'attended' our Clinical Evenings and provided such enthusiastic feedback. You kept us going and reaching for more. This is my last Wisdom Box submission as Director of Membership, and as I prepare to leave this post I wish to offer deep gratitude to Cindi Mueller, our admin' jack, or rather, Jill of all trades and fountain of wisdom, and my deep appreciation to the membership committee: Wendy Lum in Victoria, Shelley Iberg in Nanaimo, Linda Prochaska in Vancouver, Jennifer Barrett in Kamloops and Trish Antoniuk and Madeleine DeLittle from the Langley area who have joined the ranks more recently. You all made it more effortless and enjoyable than it ever could have been without your great ideas and support.

Looking Forward: I see a more engaged membership as the efforts of the committee continue to evolve, and with more participation from folks in the Interior and Eastern end of our province. I invite you to consider volunteering in small or bigger ways, and to get in touch with your local membership rep to let her know what would meet your needs and interests. The possibilities are limitless and the potential rewards are great.

I anticipate continued involvement in the membership committee and look forward to working with our next Director of Membership after the AGM in March.

Mary Leslie

A huge thank you to Mary for all her work as the director of membership for the past two year. We wish you well in your future endeavors. mdl

Todd Clarke Unsung Hero Award—Call for Nominations



Previous Awardees:

- 2003 Jacqueline Armstrong—for profile see WB Summer 2003
- 2004 Pauline Chan—for profile see WB Summer 2004
- 2005 Warren Tan—for profile see WB Summer 2005
- 2006 Colleen Murphy-for profile see WB Winter 2006
- 2007 Pauline Mullaney & Hugh Morrison-for profiles see WB Fall 2007
- 2008 Kathlyne Maki-Banmen-for profile see WB Summer 2008
- 2009 No Award
- 2010 Marie Lam & Wendy Lum-for profile see WB Summer 2010
- 2011 Linda Prochaska-for profile see WB Summer 2011
- 2012 Madeleine De Little-for profile see WB Summer 2012

All Wisdom Box issues are on the SIP Website

'The Todd Clark Unsung Hero Award'. *The Unsung Hero award was first made at the SIP AGM in 2003. It was renamed the Todd Clark Unsung Hero Award to honour Todd who passed away in 2005 Todd was a valued member of our Institute and spent much of his time volunteering for the Institute and other organizations.*

Do you know a member of the Satir Institute of the Pacific who works for the benefit of all of us, selflessly and often quietly in the background, not seeking recognition for themselves, but exemplifying Virginia Satir's work of "peace within, peace between, peace among"? The Unsung Heroes award has been designed to recognize and honour individuals who have provided exemplary service or made significant contributions to the Satir Institute of the Pacific. The Award is intended for members within a variety of capacities, and from diverse settings, in order to locate deserving members whose service might otherwise be missed.

Any member can make nominations and a small committee will make the choice of the next "Todd Clark Unsung Hero". The following outlines the criteria for the Award and how to make your nomination: The award will be made at the SIP Annual General Meeting.

Award Criteria:

- Recipients of the award will be members of the Satir Institute who are not Directors of the Board.
- They will have demonstrated selfless giving of themselves, their energy, their time, and their creativity.
- They will have offered their help of their own volition without looking for reward or recognition.
- They will be people who enrich the lives of those with whom they come in contact.

Nomination process:

Please forward the names of nominees to Cindi Mueller admin@satirpacific.org or mail to:
Satir Institute of the Pacific 13686 – 94A Avenue, Surrey, BC V3V 1N1

Please give your reasons for nominating the person(s) and give examples or anecdotes.

Deadline for nomination submissions: *March 2, 2013*

Selection process:

The Award Coordinator, the Director of Membership, and the Board of Directors' Past President, will review all nominees and make recommendations for Award winners to the Board. Up to 3 Unsung Hero awards will be presented at the Board's Annual General Meeting. Special plaques will be created for those being honoured. Profiles of each year's Unsung Heroes will be included in The Wisdom Box Newsletter.

Advertisements

Bianca Rucker, PhD is an experienced approved AAMFT supervisor offering supervision for therapists wishing to become clinical members of AAMFT or BCACC. Supervision and consultation is also provided for therapists who would like to improve their effectiveness. Special expertise is offered in the area of sexual and relationship therapy. Fee = \$120/hour for supervision. Inquire about reduced fees for certain circumstances. Supervision available at Cambie and Broadway, and also at Boundary Road and Marine Drive.

Contact Bianca Rucker at: Bianca Rucker and Associates Inc.,
#400 -601 W. Broadway, Vancouver, V5Z 4C2

Tel: 604-731-4466

Email: ruckerb@interchange.ubc.ca ,
or visit www.biancarucker.com

"Office Space for Rent"

I have a large office facility in downtown Langley in which I am building an assessment, counselling & wellness center. There are a few offices for rent (hourly, daily or monthly). Please email ssarrobin@shaw.ca or call 604-882-3589 and leave a message.

Susan Robin

Upcoming Satir Training Programs

March 2, 3, 2013 9:00 am to 5:00 pm
STST Level III “Where Words Cannot Reach” Transformational change in the Sand Tray . Madeleine DeLittle’s Playroom in Fort Langley, BC
With Madeleine DeLittle, M.Sc.

March 23, 24, 2013 9:00 am to 5:00 pm
STST Level III “Incorporating the Somatic Experience in Therapeutic Process”
Phoenix Center, Surrey, BC
With Anastacia Metcalf

April 12, 13, 14, May 4, 5, 6, June 6, 7, 8, 9, 2013 9:00 am to 5:00 pm
10 day **STST Level I**
Fernie Lodging Company, Inc. Timberline Lodge, Fernie BC
With Linda Lucas, LCPC Clinical Professional Counsellor

April 20, 21, 2013 9:00 am to 5:00 pm
STST Level III “Parenting: Within, Between and Among”
Phoenix Center, Surrey, BC
With Jennifer Nagel, MA, RCC

June 8, 9, 2013 9:00 am to 5:00 pm
STST Level III “Cost of Caring or Compassion Fatigue”
Phoenix Center, Surrey, BC
With Dr. Robin Beardsley

July 2 – 11, 2013 9:00 am to 9:00 pm
10 day **STST Level II Summer Intensive**
Rosemary Heights Retreat Center
With Kathlyne Maki-Banmen, MA, RCC

July 14 – 21, 2013 **SOLD OUT**
Master Class “Limitless within Limits”
Rosemary Heights Retreat Center
With Dr. John Banmen, RPsych, RMFT

August 6 – 15, 2013 9:00 am to 9:00 pm
10 day STST Level I Summer Intensive
Rosemary Heights Retreat Center
With Kathlyne Maki-Banmen, MA, RCC

For more information or to Register Contact:

*Cindi Mueller, Administrator
Satir Institute of the Pacific
13686-94A Avenue, Surrey, BC V3V 1N1
604-634-0572
admin@satirpacific.org
www.satirpacific.org*

Satir In The Sand Tray Workshop Dates 2013

March 2nd /3rd 2013 Level 3 part 3

Leader: Madeleine De Little

Where: Fort Langley at The Fort Playroom.

For participants who have already attended a level 3 part 1 or 2 Satir in the Sand Tray

**Registration for March is
now available**

Fall 2013 Vancouver Island Level 3 part 1

Leader :Madeleine De Little with Anne Morrison

Where: TBA



Announcements-Send us you snippets of news-births, deaths, marriages, graduations, requests, thing to sell.

Do you do Facebook? All are welcome to join the Facebook of the “Satir Institute of the Pacific” .

Advertising and Classified Ads in *The Wisdom Box*

“Virginia’s list”

Please feel free to advertise office space for rent, your old sofa that needs a good home, workshops that are relevant, puppies for sale etc.

We do reserve the right to not publish any article or advert that is not in keeping with the tenets of the Satir Model.

If possible, please forward articles and advertisements via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at the address listed below.

Program Registration

All Satir programs can be registered for by contacting Cindi Mueller at 604-634-0572 or from our website at www.satirpacific.org

Attention Contributors/Advertisers:

The *Wisdom Box* is published four times per year: Summer, Fall, Winter and Spring. the next **deadline** for submission will be **February 15th 2013**

Please submit any articles, ideas, gossip, poems or anything else to the Editor. We would love to hear from you.

Wisdom Box Production Team

Madeleine De Little—Editor

mdelittle@shaw.ca

Cindi Mueller—Distribution

admin@satirpacific.org

Membership Rates

Clinical/Professional Members—\$50.00 per year

Affiliate/Community Members—\$25.00 per year

www.satirpacific.org/membership or contact Cindi Mueller at admin@satirpacific.org

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Don't forget our website!!!

www.satirpacific.org