



SATIR INSTITUTE OF THE PACIFIC

The Wisdom Box

Spring Issue

The Official Newsletter of the Satir Institute of the Pacific

March 2008

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2007—2008

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Annual General Meeting

Saturday, June 7, 2008

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Don't Miss This Very Special Occasion

Message from the President — Linda Lucas



I want to start this Message from the President with a quote from Virginia. In her book, *Conjoint Family Therapy*, Rev. Ed., 1967, she says in her preface, "to me, the most exciting development in the past several years has been the ideas, which I have shared with others and which have blossomed, dealing with the concept of growth. For too long we have been caught in the morass of 'pathology' and have forgotten that growth is possible at any age, given the proper context."

The Satir Institute of the Pacific continues to bring about ongoing change, blossoming as we grow as an Institute. We have grown in the past year from 80 some members to 111 members. We have secured a lovely office at the Phoenix Center, we have a super Administrative Assistant, Cindi Mueller, we have just published the third Satir Journal and we continue to grow. One of the things that motivates and inspires the Board of Directors is the unlimited possibilities of our work we are doing. Michael Callaghan, Past President of SIP, stated "this is an exciting time in the evolution of the Satir Institute of the Pacific." We have much to be grateful for in working in our 'proper context'.

In the past month, the Board of Directors met for our annual Retreat. I contemplated what retreat really meant to me. My first year on the Board, I thought we would get together, and get to know each other, play, have fun, bond, and do a little work. Wrong! We got together and worked, 12 hours on Saturday and another 7 hours on Sunday. That was last year. This year, we got together, and nurtured ourselves, bonded, got to know each other, and worked. We accomplished lots. We asked Linda Clark, CPCC, Senior Leadership Coach, to facilitate a leadership process for us. We met in our "icebergs", connecting in our Essence of Self. Oh, the good work that was done!

(Continued on page 2)

Message from the President, cont'd ...

(Continued from page 1)

Virginia states "any individual's behavior is a response to the complex set of regular and predictable 'rules' governing his family group, though these rules may not be consciously known to him or the family. From this point of view, we can begin to stop seeing relatives' activities only as dangers, and look at them as forces for growth and indications of the power of interactional transactions." I find this Satir statement in practice anywhere and everywhere, proves to allow the positive directional nature of the SELF, revealing the danger is just a coping stance that is protecting the loving nature of all persons.

In this way, our Board is working truly as a Family. Working to be more congruent, to continue making contributions to the world and in alignment with the purposes of the Satir Institute of the Pacific.

These purposes are:

1. to provide a broad educational context including classes, workshops, and seminars in which persons may experience and learn in depth the Virginia Satir Systemic Therapy growth model in order to understand, develop and use the Satir Model in their personal and professional lives;
2. to act as a mutual support system;
3. to develop a curricula leading to certification for persons wanting to develop professional expertise in the Satir Model;
4. to promote research and study of the Satir Model; and
5. to assist in the promotion and development of the Satir Model.

At the Board Retreat, we worked on the SIP three-year plan, making new decisions, evaluating our effectiveness, and planning for the future. We celebrated our contributions, individually, and as a team. Throughout the Retreat, we were inspired and grounded by practicing Tai Chi, led by our wonderful, Doris Bruno. We listened to music on our breaks as a means to connect at a deeper level of self.

When I have witnessed Virginia Satir practicing therapy, I have noticed her laughing, having fun and yet, working, always working, always purposeful in her goals with her Stars. I believe we are all stars continuing her work in this manner. It resonates with the SIP board members.

We are preparing for the Annual General Meeting in June, 2008. We would like to invite all of you to attend in person or in spirit. We are looking for Board members. We are a hard working bunch of folks. We work throughout our six weeks between board meetings. If you are a hard working person, and want to contribute, please contact one of us.

Another big AHA for us this past winter has been utilizing SKYPE for our board meetings. We have members living in the Kelowna area and traveling is a bit hazardous during the winter months. Skype allowed everyone to contribute their wisdom. We continue to grow by experiencing new options in connecting.

In the book, *Healing Your Life*, by Louis Hay, Virginia is quoted as saying there are 286 ways to do the dishes and still get the dishes done. We are finding new ways of being and blossoming as a board and as the Satir Institute of the Pacific. I find this exciting and inspiring. We are utilizing our creativity in experiencing the synergy of our Board and Institute.

I hope you are inspired and motivated to contribute in your own way the teaching and sharing of the Satir Model. Perhaps, you can encourage others to participate in trainings, volunteer for SIP work projects and committees, and ask questions to promote ideas and growth.

Hope to hear from you or see you soon.

Linda Lucas, President
March 2008

Membership Services

— Jennifer Barrett

Welcome to another year of membership in the Satir Institute of the Pacific. It is with great pleasure that I ask you to join me in welcoming our newest members: Professional Member, Sue Harray, Affiliate Members, Sandi Strate, Nushrat Kassam, Izuru Tabana, and Barbara Farris, and the first two Community Members – Tracey Young and Jeanne Schmidt.

It really is exciting to add the Community Membership to the current three types of membership, Affiliate, Professional and Clinical. The Community Membership category welcomes those who have an interest in supporting the work of SIP and staying in touch with the Satir Network. We are hoping this will also result in having members join us, who are not necessarily in the field of therapy, but have other gifts to offer in the realms of accounting, law, marketing, computer technology, etc. Can you see the possibilities this will open for SIP? Many of our struggles have included a lack of expertise in these areas and the perspective that experts in other fields bring.

The membership committee component from the interior of BC (Dawn MacKenzie, Darlene Schneider, Doris Bruno and myself) met together in early February to prepare for the Board Retreat. We outlined our goals for discussion and inclusion in the review of the three year plan for SIP. As this will be my last Board Retreat, it is a time of reflection for me; as well, a way of passing the torch to the new Director of Membership Services who that will take over in June. I plan to continue on the Membership Committee to ensure continuity, but not as a board member.

Cindi Mueller, our administrative assistant at the SIP office is now managing the applications and updating the data base. This has already resulted in increased constancy and accuracy in administration. Cindi is very efficient and has made so many things easier for the Board and for our Membership.

Darlene Schneider has agreed to edit the next few editions of the Wisdom Box, as we move towards finding a member who finds editing

their passion. We are grateful to Darlene for bravely offering to try something new. Cindi will be working with Hugh over the next few months so that she can take over the publishing and Hugh can be freed to devote time to his new projects.



The Membership Committee will focus on reviving the Fireside Chats and the New Member Greeters. The new data base will make it easier to locate members and those who have taken training in specific areas, so we can contact and invite them to their local Fireside Chats. The Membership Surveys have also found an interest in a buddy/mentor system and we are looking at ways to make this happen. We also hope to find ways to reach out to our overseas members and find ways that we can include them in the activities of SIP.

It has been another exciting year for SIP. The e-journal is officially launched and our new office in the Phoenix Centre is open with Cindi at the helm keeping us all organized and providing a consistent voice for SIP. We continue to have trainings all over the world and new members joining us each month. Currently, Level 1 training is taking place in my own town, Kamloops, BC, with the plan to offer Level 2 training in the fall. Offering training in more rural areas is a challenge, but fits well with the mission of SIP to spread the growth of training in Satir Transformational Systemic Therapy.

The Board Retreat in February was very productive and inspiring. We have many projects on the go and renewed enthusiasm for finding creative ways to make changes happen. Several Board members are completing their terms and will be serving SIP in different capacities. We are grateful for their years of devotion to the work of the Board and wish them well in all that they do. Please read our President's report for my details of our plans.

While I am on the topic of Board members, I

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Membership Services, cont'd ...

— Jennifer Barrett

(Continued from page 3)

would like to invite you to consider whether joining the Board of Directors is a way that you would like to contribute to the work of SIP. It is a great way to gain a better understanding of the work of the Institute. It is a working board, which means that we all have tasks to do between meetings, but we also have a lot of fun – a better group of people would be hard to find. The call for nominations is in this edition of the Wisdom Box and I welcome you to submit your name to run for the Board or to ask others you know if they would be willing to stand for election in June. I have thoroughly enjoyed my experience over the past four years and highly recommend it.

Special Note: Due to a mix up in communica-

tions, the membership renewal forms were distributed with a note that a receipt would not be issued. I apologize for the error. Receipts for membership fees will be issued as usual and hopefully most have been received already.

I hope that you are enjoying the New Year as we edge towards spring in Canada. For BC residents this has meant shoveling snow and sliding on the ice for many long months. I wonder how it has been in other parts of the world with global warming changing weather patterns around the globe. Hopefully, we will slide right into a productive, warm and sunny spring.

Fireside Chats to Re-ignite in Kelowna

— Darlene Schneider

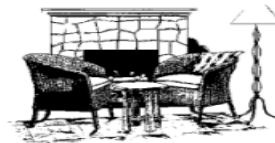
I am happy to announce that a **Fireside Chat**, our first in awhile, will happen in Kelowna on Wednesday, April 2nd, from 7–8:30 pm. Thanks to Donna Huggins for offering her office at 1462B – St. Paul Street.

Our intention is to create a forum where colleagues can gather to support, energize and uplift each other. Some of the options for this forum are:

- Mentoring and practice opportunities for members and practitioners
- Networking and sharing
- Peer support and encouragement
- Increase in the use of the Satir model in our practices
- Written contributions for the SIP Wisdom Box and SIP Journal
- Satir video and book reviews

If this interests you, please contact Darlene Schneider by Monday, March 31st to register. 250-448-4943 or darlenschneider@shaw.ca

As co-ordinator of “Fireside Chats” I invite any Satir member interested in such evenings happening in your area to get in touch with me. We are fortunate to have many trained Satir people on the Island, in Greater Vancouver and the Fraser Valley, the north Okanagan, the South Okanagan and beyond. Do you have the enthusiasm and desire to be the organizer in your vicinity? I await your call and Thank You in advance, for considering this meaningful way to serve Satir.



News Around the Institute

The Satir Institute of the Pacific proudly announces that several of our members have presented on their use of the Satir Model at international conferences. Pauline Mullaney, Steven Buckbee and Sandy Novak presented at the conference in Prague last May.

This year's IFTA conference, in Portugal, received 340 applications to present. Following the first eliminations, some 90 people were in the running. Therefore we are doubly proud that our own Angie Dairou, Pauline Mullaney and Kathlyne Maki-Banmen will be presenting applications of the Satir Model in the areas of business, ADHD and Trauma and Grief.

Nitze Broide-Miller, a long time SIP member living in San Francisco has been ill with cancer and thankfully now is recovering well.

Jennifer Nagel (Secretary to the Board of Directors and her husband Rob) welcomed their first child, a daughter, Mahalia in No-

vember. From Jennifer: "Mahalia Grace Nagel entered this world singing and dancing (literally - she cried all on her own with no assistance and was wriggling about with abundantly beautiful energy) on Thursday October 18 at 10:24PM. She weighed 7 pounds and measured 20 inches. Mom and Dad are doing great and are fascinated with this new Star in their lives."



New Members

A warm welcome to the following new members of the Satir Institute of the Pacific:

Professional:

Sue Harry

Affiliate:

Sandi Strate
Barbara Farris
Nushrat Kassam
Izuru Tabana

Community:

Tracey Young
Jeanean Schmidt



For information and membership applications contact:

Jennifer Barrett

*Membership Services
Director*

jefilleul@yahoo.com



Satir Institute of the Pacific

Invites You !

Annual General Meeting

Saturday, June 7, 2008

Phoenix Centre

13686—94A Avenue, Surrey, BC

An Opportunity to Reconnect, Learn Together
and Make a Positive Impact on Moving Our
Satir Institute of the Pacific Forward

Arrive on time to hear our
Guest Speaker:

Dr. Carlie Casey

Be infused with his energy; his topic is

“The Satir Model in Management Consulting and Executive Coaching”



Dr. Carlie Casey received his Ph.D. in Counseling and Counselor Education from the University of Colorado in 1975. Over the next twelve years, he was a professor of counseling psychology and marriage and family therapy, training and supervising clinicians at the Australian National University, the Boston University Overseas Programs (Germany and Italy), California State University at Fullerton and Montana State University, among others. In addition, he maintained a small, research-oriented clinical practice and a very busy consulting practice. From 1987 through 2004, Dr. Casey was in full-time clinical practice as a licensed psychologist and owner/manager of Bayside Associates, a group clinical practice of over twenty clinicians in Bellingham, Washington. He also continued in the training of clinicians as faculty of the Northwest Satir Institute. In 2004, he retired from clinical practice to devote himself full-time to management consulting and executive coaching. Having been active in ski racing, and having worked as a ski instructor, rock climbing instructor and mountain guide, he remains active in nordic skiing and race officiating, and in mountaineering, cycling and kayaking. His favorite activity is hut-to-hut ski touring in Scandinavia. Dr. Casey can be reached at 360-961-2099 or at carliecasey@comcast.net

- ✧ 12:00 Lunch with Board of Trustees & Former Board
- ✧ 12:45 Welcome; meet, mingle & connect with all members
- ✧ 1:15 Guest speaker: Dr. Carlie Casey & question period to follow
- ✧ 3:00 Annual General Meeting
- ✧ 5:00 New Board Meeting

Thank you for sending your nominations to the Board on the form included in this issue of the *Wisdom Box*, or bring your nomination to the AGM in written form signed by the nominee.



Unsung Hero Time

The **Todd Clark Unsung Hero Award** recognizes members who donate their time and energy in support of the Satir Institute of the Pacific and the enhancement of Satir Transformational Systemic Therapy. If you know of a member who works tirelessly for SIP, and wish to nominate them for this annual award, please send their name and the reason why you believe this member is an Unsung Hero to Jennifer Barrett, Director of Membership Services at Membership@satirpacific.org

The Todd Clark Unsung Hero Award is presented at the AGM, which will be on June 7th.

Level I and Level II Trainers

— Dr. John Banmen

At the February retreat of the Satir Institute of the Pacific the Board of Directors requested that the Directorate of Training (John Banmen, Kathlyne Maki-Banmen and Anne Morrison) train a maximum of three people over the next two years to offer Level I and Level II or equivalent programs world wide for the Satir Institute of the Pacific.

The directorate has drawn up a list of possible participants for this special program and will be inviting potential candidates once they have developed more details of the program. Much of the program will be person specific based.

This might give John the opportunity to add re to tired to give him more time to spend with Beethoven and Mozart.

Member Comment

— Kate Parkinson

We all know the saying, "time flies when you are having fun" but in my case it whizzed by all too rapidly. My position on the Board is coming to an end in June and I wanted to let you know I enjoyed almost all of it. (Bookkeeping was a lot of work). I came to know of Satir through a colleague and after several years at college, I finally found a fit for my way of responding to people. I embraced the Level I training and have used it both professionally and personally.

Serving on the Board as a treasurer, a gofer, a mail lady, and organizer has been a gift to me. I say this because I have worked along side some motivated people who have the vision of Virginia and I see things happening in a very positive direction. I am sad to leave but encourage all of you to take some well-spent time, joining the team that makes up the Satir Board.

Thank you, Kate Parkinson

Member Introductions & Comments

Darlene Schneider

I'd like to introduce myself as a new Satir Board member and editor of the *Wisdom Box* newsletter.



I initially was thrilled to find the trainings of the Satir Institute, at a time when my 18 year career as a Minister of a Spiritual teaching, was winding down toward semi re-

irement for me. It was such a plus that Virginia's Spiritual practices were akin to what I believe and had taught. I felt I'd been led to the Banmen's, the Institute and the trainings, which constantly invite me to transform what does not work in my life and offers "a real "fleshing out" of my Spiritual connection. The fact that the process ignites in me and in my client's, higher knowledge, excites me. The process is made more organic and effective through the Satir experiential components. It feels like the ultimate model to keep awakening the Life-Force within me, and all of my relationships, enlivening my committed and congruent use of this transformational practice. For this I am happy to have found a way to "give back" by currently serving on the Satir Institute Board of Trustees. This is such a rich experience due to the quality of the evolved people who partner in this important aspect of fiscally and in every way leading Satir's worldwide work.

My current interests beyond the above are: the start-up of a new practice in Kelowna, BC, alongside serving families in performing; sacred ceremonies (weddings, memorials and pastoral Counseling) plus developing personally in a new loving relationship. All of these make my life full and rewarding – enlarging the sense to "pass it on". For fun I love ballroom dancing, golf and any outdoor activity that reconnects me to my Spirit.

I look forward to many new SIP member connections along this awesome pathway, believing together we can create many more positive possibilities, than individually.

Nushrat Kassam

I am currently working as an employment counselor/wage subsidy facilitator. This Project is aimed at helping individuals who are facing multiple barriers to find employment. I support clients, motivate and encourage them. Many of my clients are new immigrants who are underemployed. I am also a host to new immigrants and help them with accessing resources and help them settle into their new environments; for many there is no going back so there is unfinished business and loss and grieving issues.



I am able to counsel people from different cultures; the impact moving has on them and their family and I am able to help them connect to self and others. I have and been a woman's support worker, empowering women, and helping those that have been victims of abuse. This involves getting women to recognize their own resources and regain their self worth & confidence.

Doris Bruno

As a new board member I was so happy to attend the Satir Institute of the Pacific Board Retreat the weekend of Feb 16-18, 2008. I learned that the board is hardworking, fiscally responsible and planning systematically for the next three years. It was exciting to get a deeper understanding of the history of how the Satir model and our Institute have developed and also some vision of the possibilities for expanding the Satir model in British Columbia and beyond to other countries like China. It is an honour to work with such dedicated and competent Satir Institute members committed to bringing their experience of the Satir model together to maintain a solid administrative structure for our training programs. Doris Bruno is from the Thompson Nicola area of the BC Interior.

Satir Journal

Why Subscribe or Contribute to the *Satir Journal*?

A wonderful change is happening in people's lives through the holistic approach of Virginia Satir. We at the Satir Institute of the Pacific are situated in the global center for training therapists and are in a unique position to affect our field as never before. Virginia Satir is now rated as the 5th most valuable psychologist of all time (in *Psychotherapy Networker*), and her work continues to grow in influence all over the world.

I have had the privilege of receiving articles from "first" "second" and "third" generation "Satirians" who are expanding her work around the globe, as well as in top organizations in the business world. *The Satir Journal* is a positive networking tool in the field, as well as an asset for your own professional writing.

Some of the featured articles in our first volume include: *Satir Therapy in the Korean Worldview* ~ *If Depression is the Solution, What are the Problems?* ~ *A Program for Children with ADHD* ~ *From the Satir Model to the I Tao; Reconstructing Family Rules in a Hong Kong Cultural Context* ~ *Creating the Field of Social Work in Post-Soviet Lithuania* ~ *Couple Congruence and Spirituality*

Stephen Buckbee says "The Journal is Awesome!" The Virginia Satir Global Network (formerly Avanta) is considering ways to offer it to their members. Later this year, EBSCO will have our articles available to most of the world's academic libraries, but we will need these libraries to subscribe once they are familiar with what we offer. For that reason, we have kept our rates very affordable.

I am committed to Satir Transformational, Systemic Therapy because it represents theory and practice that stands beyond all others. The depth of feelings that we process is beyond that of Cognitive Behavioral Therapy and our inclusion of the spiritual dimension in psychotherapy invites caregivers in pastoral counseling. Our creative approaches in drama and art therapy bring a heightened sense of freedom, just as our professional training is highlighted with much warm humor.

— Steve Bentheim, Ph.D., Editor

What We Need For Our Journal

The *Satir Journal* is **your** home journal, because you are a valued member of the Satir Institute of the Pacific. It is a unique publication promoting Satir's Transformational Systemic Therapy and offers timely access to the latest professional practice, research and academic discourse about the Satir Model.



Dr. John Banmen has invited all of our SIP members to write for the journal and Jesse Carlock and I would like to expand on that offer. We are always open to hear your experience using the Satir Model, as a therapist (Guide) or as a recipient (Star). We can work with your writing whether or not English is your first language or if the APA style seems like it has come from another planet. Our "Insight Section" is for reflections, book reviews, poetry ... and we can interview you as well. Being published is a plus for **you** professionally.

As a reader, we want to know:

1. How is the journal useful to you personally and professionally?
2. What would you like to see included? What less or more?
3. Would you like to write, proofread, promote or market the journal, at your place of work or in your professional community?

Please phone me at home in Victoria, B.C. at 250-598-9621, or email me at bentheim@shaw.ca or at the journal sjeditor@shaw.ca.

If you have not yet read our journal, try a print copy or get a whole year's subscription online or in print for \$50.00, through SIP's website:

www.satirpacific.org
or email: admin@satirpacific.org

I look forward to hearing from you.

Steve Bentheim

A Priceless Benefit for Members

— Pauline Chan

The first section in the List below consists of the resources we have in our library and the other section describes the borrowing procedures. Members are welcome to make their suggestions to the librarian, Pauline Chan regarding this service. She could be reached at paulineseto@shaw.ca If you have any video/book/journal you would like to donate and add to the library pool, please contact Pauline.

Videotapes:

The Teachings of Virginia Satir. Avanta's Crested Butte, Colorado Videotape Series (one set/six tapes)

- i) Temperature Reading
- ii) The Process of Change
- iii) The Origin and Transformation of Survival Copings
- iv) The Dynamics of a Parts Party
- v) Communication Lab
- vi) The Seed Model

Virginia Satir: The Use of Self in Therapy. New Vision Media Ltd. (Menninger Clinic tape with Bud Baldwin) (one tape)

Virginia Satir: Live Family Therapy Case Consultation. Univ. of Cincinnati, 1986 & 1987 (one set/3 tapes)

- i) Family with Depression (Betty)
- ii) Suicidal Son (Bob)
- iii) Separated Family (Bill & Cheryl)

A Journey From Doing To Being: A Family Reconstruction Based On Virginia Satir's Model. Maria Gomori & John Banmen. AVANTA: The Virginia Satir Network & Maria Gomori, 1996 (one set/4 tapes)

Family Reconstruction Workshop. N.S.I. Special Event, Nov. 9 & 10, 1996. Maria Gomori & John Banmen. (one set/3 tapes)

Virginia Satir: A Family at the Point of Growth. Kansas City, MO: Golden Triad Films. (one tape)

Virginia Satir: Of Rocks & Flowers: Dealing with the Abuse of Children. Kansas City, MO: Golden Triad Films. (one tape)

Virginia Satir: Blended Family with a Troubled Boy. Kansas City, MO: Golden Triad Films. (one tape)

Virginia Satir: The Essence of Change. Kansas City, MO: Golden Triad Films (one tape)

Virginia Satir: A Step Along the Way: A Family with a Drug Problem. Kansas City, MO: Golden Triad Films (one tape)

Meditation by Virginia Satir. Produced by John Banmen (one tape)

Books:

Satir, Virginia and Michele Baldwin. **Satir Step by Step: A guide to Creating Change in Families.** Palo Alto: Science & Behavior Books, 1983.

Loeschea, Sharon. **The Satir Process.** Halcyon Publishing Design, 2002.

Satir, Virginia. **The New People Making.** Palo Alto: Science & Behavior Books, 1988.

Satir, Virginia. **Conjoint Family Therapy,** 3rd edition. Palo Alto: Science & Behavior Books, 1987.

Banmen, John and Jane Gerber (ed). **Meditations and Inspiration of Virginia Satir.** Millbrae, CA: Celestial Arts, 1985.

Banmen, John (ed). **Satir's Systemic Brief Therapy Training Program –**

(Continued on page 11)

A Priceless Benefit for Members, cont'd ... — Pauline Chan

(Continued from page 10)

Counselling Practicum Workbook for Professionals. Shuch-Li Linh Memorial Foundation, 2003. (Translated by Marie Lam)

The Satir Model – Family Therapy and Beyond. (Chinese Version)

Banmen, John (Guest ed.) **Contemporary Family Therapy: An International Journal**, Special Issue, "Satir Today," March 2002.

Lum, Wendy. **The Lived Experience of the Personal Iceberg Metaphor of Therapists in Satir's Systemic Brief**

Therapy Training, Master's Thesis, 2000

Bentheim, Steven. **Couple Congruence & Spirituality: Expanding Satir's Model Through Seven Couple Narratives.** Thesis, 2005.

Satir Journal: Transformational Systemic Therapy. Vol. 1, No. 1, 2007 (2 copies)

Satir Journal: Transformational Systemic Therapy. Vol. 1, No. 2, 2007 (2 copies)

Satir Journal: Transformational Systemic Therapy. Vol. 1, No. 3, 2007 (2 copies)

Borrowing Procedures for Books & Videos

- Members of SIP in good standing and residing in B.C. are eligible for borrowing books and tapes
- For those who live in the interior or Vancouver Island, the borrower pays for the cost of mailing both ways and the cheque for the cost of postage is to be enclosed with the video/book when it is returned
- Loan period will be 3 weeks for any item, either books or tapes
- You can renew the item either by email or by phone
- Renewal will be allowed if the material has not been requested by another member
- Renewal is only allowed twice
- The material must be returned after two renewals
- Each member can borrow 2 items at one time
- Fines for overdue will be \$1 per day per item. It can be paid by cheque or cash.
- Charge for lost item is based on the current cost to replace the particular item
- You can make your request either by email at paulineseto@shaw.ca or by phone at (604) 279-7100. Contact person is Pauline Chan c/o Family Services of Greater Vancouver, and you can arrange the date for the pick up of your material
- You can get and return the material to/from the following place:
Family Services of Greater Vancouver
#250-7000 Minoru Blvd., Richmond.
Monday – Friday: 9 am—5 pm
(lunch hour: noon to one)



Satir Institute of the Pacific

Nomination Form for the Board of Directors

Your name (please print) _____

Your membership

- Clinical member (in good standing)
- Professional member (in good standing)
- Affiliate member (in good standing)
- Community member (in good standing)

Name of nominee _____

Address of nominee _____

Nominee's phone number _____

Have you verified this person's willingness to be nominated?
 Yes (If not, please do so before submitting this form)

Please submit all nominations before June 1, 2008 to:

Satir Institute of the Pacific
 c/o Jennifer Nagel
 #105 – 15168 36th Ave,
 Surrey, BC V3S 0Z6

After June 1, 2008:

Please e-mail Jennifer Nagel, at jennifernagel1@yahoo.com
 and give her the written nominations form at the AGM on June 7, 2008.

Advertising and Classified Ads in *The Wisdom Box*

The **Wisdom Box** is now accepting classified ads and regular advertising. Here is our policy.

Advertising is welcome. The *Satir Institute of the Pacific* reserves the right to reject advertisements which do not meet the general purpose of the organization. Send all copies, payments and inquiries to the Editor. A cheque payable to the *Satir Institute of the Pacific* must accompany your copy.

Display advertising rates:

w Full page — \$50
w Half page — \$25
w Quarter page — \$12

Classified advertising:

The cost for professional related

items such as office rentals, items for sale, equipment needs, supervision etc. for up to 3 lines are free for members and \$1 per line for others.

If possible, please forward articles and advertisements via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at the address listed below.

Attention Advertisers:

The *Wisdom Box* was previously published four times per year: Summer, Fall, Winter and Spring. However, we are in transition and it is uncertain what the future publication schedule will be. For those interested in

advertising events and programs, the next **deadline** for submission is

July 15, 2008

Please submit any articles, ideas, gossip, poems or anything else to the Editor.

Editor:

Darlene Schneider
newsletter@satirpacific.org
or 250-448-4943 or
darleneschneider@shaw.ca

Wisdom Box Production Team

Darlene Schneider, editor
Hugh Morrison, design
Cindi Mueller, distribution

Missing: Virginia's Meditations DVD

The Institute was pleased to have had a copy of Virginia's Meditation tapes on a DVD. It has gone missing and we would appreciate a copy for the library if anyone in our Satir family has it? We thank you in advance for helping us find a copy of this treasure. Please contact Kate Parkinson at bkpark@shaw.ca or 604-539-7277

Wanted: Proof-Reader for Satir Journal

***The Satir Journal: Transformational Systemic Therapy* is seeking a new proof-reader for editorial content.**

We offer issues in exchange and can discuss further by phone or email: sjeditor@shaw.ca or phone Steve Bentheim (250) 598-9621

Wanted: Satir-Related Employment

Darlene Schneider is seeking Satir applicable employment 16 - 20 hrs. per week in the Kelowna area. Tel: 250-448-4943 Email: darleneschneider@shaw.ca

Address Change ??

If you have changed or are about to change your address or e-mail address, please e-mail Cindi Mueller with changes at

admin@satirpacific.org

Don't forget our website!!!

www.satirpacific.org

Submit ideas and content to
Michael Callaghan
250-388-0447 or
michaeltc@shaw.ca

Satir Training Programmes

Changing From the Inside Out: Personal Growth Through the Satir Model

Dr. Pindy Badyal, R. Psych.
Jennifer Nagel, MA, RCC
& Kathyne Maki-Banmen, MA, RCC

Satir Institute of the Pacific at Phoenix Centre
13686—94A Avenue, Surrey, BC

April 1, 8, 15, 22, 29, 2008

May 6, 13, 20, 2008

6:30—9:30 pm

Registration: Cindi Mueller, Admin. Asst.
604-634-0572 or admin@satirpacific.org

*Now
Registering*

Choosing Life: Working with Eating Disorders Using the Satir Model

Level III workshop series

Dr. Carolyn Nesbitt, R. Psych
Kathyne Maki-Banmen, MA, RCC

Delta Town & Country Inn
6005 Highway 17, Delta, BC
www.deltainn.com

April 12 & 13, 2008

9 am—5 pm

Registration: Cindi Mueller, Admin. Asst.
604-634-0572 or admin@satirpacific.org

Satir Transformational Systemic Therapy Level I

Anne Morrison, MSW, RSW, RMFT

Nicola Valley Institute of Technology
4155 Belshaw St., Merritt, BC

May 22, 23, 29, 30, 2008

June 12, 13, 18, 19, 20, 2008

9 am - 5 pm

Registration: Anne Morrison
604-557-9007 or annemorrison@shaw.ca

NB: This is a credit course at NVIT but some
community members may register for Level I

*Now
Registering*

Spirituality in Satir Transformational Systemic Therapy

Level III workshop series

Anna Low, MSocSc
Kathyne Maki-Banmen, MA, RCC

Holiday Inn, Vancouver International Airport
10720 Cambie Rd., Richmond, BC

May 31 & June 1, 2008

9 am—5 pm

Registration: Cindi Mueller, Admin. Asst.
604-634-0572 or admin@satirpacific.org

Satir Transformational Systemic Therapy Level I

Kathyne Maki-Banmen, MA, RCC
with Dr. John Banmen, R. Psych., RMFT

Satir Institute of the Pacific at Phoenix Centre
13686 - 94A Avenue, Surrey, BC

September 13 & 14, 2008

October 4 & 5, 2008

November 1 & 2, 2008

January 10 & 11, 2009

February 7 & 8, 2009

9 am - 5 pm

Registration: Cindi Mueller, Admin. Asst.
604-634-0572 or admin@satirpacific.org

*Now
Registering*

Satir Transformational Systemic Therapy Level II

Kathyne Maki-Banmen, MA, RCC
Anne Morrison, MSW, RSW, RMFT
with Dr. John Banmen, R. Psych., RMFT

Satir Institute of the Pacific at Phoenix Centre
13686 - 94A Avenue, Surrey, BC

September 20 & 21, 2008

October 18 & 19, 2008

November 8 & 9, 2008

January 17 & 18, 2009

February 14 & 15, 2009

9 am - 5 pm

Registration: Cindi Mueller, Admin. Asst.
604-634-0572 or admin@satirpacific.org