



SATIR INSTITUTE  
OF THE PACIFIC

# The Wisdom Box

Fall Issue

The Official Newsletter of the Satir Institute of the Pacific

October 2007

## Board of Directors 2007–2008

**President:**

Linda Lucas

**Past President:**

Michael Callaghan

**Secretary:**

Jennifer Nagel

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Dr. Pindy Badyal

**Director of Training:**

Dr. John Banmen

**Director of  
Membership Services:**

Jennifer Barrett

**Directors:**

Doris Bruno

Pauline Chan

Lucy Garrick

Teresa McLellan

Kate Parkinson

Darlene Schneider

## Todd Clark Unsung Hero Award

This year the award goes to two individuals who have been primarily responsible for the editorial and production side of your newsletter, *The Wisdom Box* – Pauline Mullaney and Hugh Morrison  
See story on p. 4

## Message from the New President

– Linda Lucas

Hello Everyone



I am humbled to have been nominated and elected as the new President of the Satir Institute of the Pacific. I am profoundly grateful to the board members and SIP members that voted for me to serve as President to the Satir Institute. Michael Callaghan served as SIP President for SEVEN years. Oh my. I must say, he has done an outstanding job with the help of all the members over the years. We are grateful to Michael for his commitment, leadership and reliability. He is a man good with details. I

will learn and am learning much from him. I have been a board member for only one year. I will do my best to provide guidance and leadership to our board and Institute. Lucky for me, the board members are wise, wonderful and full of love. We are a lively, spirited bunch and will continue to move our Institute towards growth and it's unlimited potential.

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I will just be brief on the last several months. The annual AGM was held on June 16, 2007, at our very own offices in the lovely Phoenix Centre. There were approximately 21 members in attendance. Dr. Pindy Badyal, oh courageous one, accepted another year as Treasurer. Jennifer Nagel accepted another year as our Secretary. The board is truly blessed to have these two and all of the board members. Kathylyne Maki-Banmen resigned from the board making room for a new member. Karen Keyes, Pauline Chan and Jennifer Barrett completed their three year board terms. We held an election and welcomed four new members to our board. Doris Bruno, Darlene Schneider, Pauline Chan and Teresa McLellan were elected and joyously welcomed to our team. Darlene will serve a one year term to fill Kathylyne Maki-Banmen's term. Jennifer Barrett, Director of Membership Services, will continue on the board in the capacity as Director for another year. Thank goodness, as she

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## Message from the New President, cont'd ...

*(Continued from page 1)*

has quite the job. Jennifer needs volunteers to help her meet the demands of this position. If interested, please call or email Jennifer.

John Banmen, Director of Training, announced next year's Summer Intensive Program dates as July 3 through the 9th, 2008. Mark your calendars and prepare to fill out the application if you have completed Level I and Level II. This training guided me more fully to my spiritual self and has allowed me to connect more deeply with others. I encourage you to see if this training fits for you. John commented in his report that there is much possible in the area of programs, curriculum development, resource development, writing and connecting. Level III programs were successful and fully attended. More are in the works for the future.

Pauline Mullaney, Editor of the Wisdom Box for the past SIX years, and Hugh Morrison, Wisdom Box Assistant, were recipients of the Todd Clark Unsung Hero Award. Hugh was lured to the AGM by his wife, Anne Morrison, and was quite surprised with his award. Sadly to say, Pauline was not able to attend the AGM. Pauline resigned her position as editor and agreed to continue until another editor comes forward. If you are interested, please email Pauline. Thank you, Pauline!!!!

Several changes were proposed and voted into the by-laws. We have added a new category for membership: community member. We changed the continuing education requirement – deleting the clause regarding showing evidence of at least 60 hours of relevant continuing education over each three year period of membership. We changed the by-law, Proceedings at General Meetings–Quorum to require 20% of the number of members within 150 km of the location of AGM to hold an annual or extraordinary meeting. Also, under the Voting by-law, the change allows for Affiliate Members in good standing and Community members in good standing to be elected as Board members.

Michael Callaghan presented the President's report. Highlights of his report included updates on our Satir Journal. Subscription details are available on our website [www.satirpacific.org](http://www.satirpacific.org). Michael

asked for a commitment from all of you to continue to enthusiastically promote SIP training programs, the Satir Journal, and Video/DVD sales to assist us in achieving our revenue projections. This is really important as we are continuing to develop the work of the Institute through all of the trainings, on-going research and collaboration with our Phoenix Centre partners. We have an initial agreement to house our offices for three years at Phoenix Centre. In addition to our administrative assistant's office, there is an office available for rent by the hour, 1/2 day or full day. Please see the add in this Wisdom Box. We are hoping to attract some of you or your colleagues. Please come and look at the office. It is well worth the small fee that we are asking.

The 3rd issue of the Satir Journal will soon be available. The Satir Journal website is [www.satirjournal.com](http://www.satirjournal.com). We are encouraging you to subscribe for your alma mater or just for yourself. Stay current on what is happening in the Satir World. It is interesting and exciting. We have increased our membership by 30% over the past year. If you have moved or your membership has lapsed and want to renew your membership, please email Cindi Mueller, administrative assistant, [admin@satirpacific.org](mailto:admin@satirpacific.org), or call 604-634-0572. We will update the database.

We would like to congratulate Anne Morrison and Kathlyne Maki-Banmen as Assistant Directors of Training. These are new positions. Anne and Kathlyne are deeply committed to promoting and providing Satir trainings all over the world.

The *Wisdom Box* continues to be a source of information, education, a means to stay connected, and informed. We hope you enjoy reading your *Wisdom Box*. I am probably forgetting to tell you something. If so, I will write it in the next *Wisdom Box*. If you have questions, comments or curiosities, please call or email. Oh, if you haven't looked at our website. You really should. See what you think. All of the board members email addresses are on the website. Hope to hear from soon.

**Linda Lucas**

## Director of Membership Services

– Jennifer Barrett

Great news to report – the membership list has finally been cleaned up and consolidated. Only members in good standing are on the list. If you find you are not receiving the Wisdom Box or other communications from SIP, please send an e-mail through the membership e-mail link on the Web Site and I will ensure that changes are made. My goal over the past year has been to consolidate all the membership lists and establish one main data base that will streamline sending out updates and reminders about renewing membership. As well, the team has been revising the forms to make them consistent and user friendly. All forms can now be filled in right on your computer and then e-mailed to as an attachment. This speeds up the process, reduces the time it takes to fill out the forms and ensures that the contact information is legible which reduce errors in e-mail and regular mail. I hope you are finding this helpful, and again, please contact me if there are challenges with any of the processed and forms.



I am excited to announce, that revision of the Membership Services portfolio is in process. Two new board members, Doris Bruno and Darlene Schneider, have agreed to assist in this process. Together we will look at better ways to service the SIP membership. If you have any suggestions or would be willing to help out the membership committee in any way, we would love to have you join us. In this high tech era, we can meet via e-mail and share our ideas. We continue to need assistance with Wisdom Box, as Pauline is hoping to retire or take a smaller role. If this is an area where you have an interest, please contact, Hugh, Pauline or myself.

Of course, I can't complete this report without again giving my congratulations to Hugh Morrison (publisher) and Pauline Mullaney (editor) of the Wisdom Box on receiving the coveted Todd Clark Unsung Hero Award this year.

Jennifer Barrett

## News Around the Insitute

Deb Saari, who is a professional member of SIP, has recently been selected as the Nurse Consultant to Child and Youth Mental Health Services at BC Provincial Headquarters of the Ministry of Child and Family Development in Victoria, BC. Deb leaves her current position as Team Leader for the Child and Youth Mental Health Team in Kamloops, BC. Deb has been instrumental in taking a small team of three mental health clinicians into a vibrant team of almost 20 members providing service to children, youth and their families in the Kamloops, Merritt and Chase area of BC. Deb is happy to be joining her husband, Les Fisher, whose work the Ambulance Service has taken him to Victoria, as well. We are sure that Deb will continue

to incorporate her Satir training in to her work at the provincial level. Congratulations, Deb!

Jennifer Barrett, Director of Membership Services for SIP, has recently started in a new position with Child and Youth Mental Health in Kamloops, BC that adds family therapy to her role as a mental health clinician. This will provide another venue to bring Satir Transformational Systemic Therapy into practice with children, youth and their families.

Anne Morrison will be teaching Level I in Wellington, New Zealand in November in a revamped 12 day format. She will be assisted by the Institute's new president, Linda Lucas.

## Todd Clark Unsung Hero Award

The Todd Clark Unsung Hero Award provides special recognition of members of the Satir Institute of the Pacific who have contributed above and beyond expectations in their service to the Institute. At the Annual General Meeting on June 16, 2007, in our new offices in Surrey, the award was presented to two incredible members of SIP. This is the first year that the award has been presented to two people and an exception to policy was made to allow a non-member to receive the award. I am so pleased to report that Pauline Mullaney, editor of the *Wisdom Box*, and Hugh Morrison (wife of SIP trainer, Anne Morrison), publisher of the *Wisdom Box* were this years recipients. Pauline and Hugh work tirelessly to ensure that the news about programs, training, articles and news around the Institute are produced and distributed to SIP members by e-mail or snail mail. Over the past few years, with the web site and the data base under construction, the *Wisdom Box* has provided the main link to keep members apprised of what is happening in SIP. It continues to be a challenge for Hugh and Pauline to keep up with deadlines, address changes, and ensuring that reports arrive and pictures are taken, articles submitted and reports made; and yet that quietly continue their work. Thank you so much, Hugh and Pauline, for all of your hard work. We may not say it often enough, but your efforts are appreciated by each member of SIP. Of course, as the Director of Membership Services, I am especially pleased and proud to have two members of my team receiving the Todd Clark Unsung Hero Award this year.

Jennifer Barrett



Pauline Mullaney, Editor of the *Wisdom Box* for many years



Hugh Morrison, *Wisdom Box* layout & distribution, receives award from Jennifer Barrett at the AGM

## New Assistant Directors of Training

— John Banmen

The Satir Institute of the Pacific is expanding its leadership role in the area of training. At the last Board of Directors meeting in August 2007, **Anne Morrison** and **Kathlyne Maki-Banmen** were both appointed Assistant Directors of Training for S.I.P. for a three year term. John Banmen, the Director of Training, was delighted to have such competent, experienced colleagues join the training leadership team.



Anne Morrison & Kathlyne Maki-Banmen —  
new Assistant Directors of Training

The three will review the training done to date, explore new program possibilities, help develop more trainers, look at ways to work with other Satir Institutes, study and work on therapist certification, and endorse relevant courses/programs being offered locally and internationally. The troika will also explore how to receive more academic and continuing education credits for the courses now offered. Many other issues will also receive their attention.

The S.I.P. Board of Directors are pleased that Anne and Kathlyne accepted their appointment and wish each of them lots of strength and creativity in their new role.

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## Join us at IFTA's 20th Anniversary Congress & share your passion for Family Therapy



*For more details visit:*

[www.paragon-conventions.com/ifta2008](http://www.paragon-conventions.com/ifta2008)

International Family Therapy Association

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*Satir Institute of the Pacific*

*offers*

**Satir Transformational  
Systemic Therapy – Level III**

*supervised by*

**Dr. John Banmen, R. Psych, RMFT  
Director of Training**

\*\*\*\*\*

Dates & Programs:

November 29 & 30, 2007 (Thursday / Friday)  
Transforming and Integrating Internal Parts  
Kathlyne Maki-Banmen

February 2 & 3, 2008 (Saturday / Sunday)  
Satir Transformational Systemic Therapy and Attachment Theory:  
Helping Adolescents Grow  
Linda Lucas & Dr. John Banmen

April 12 & 13, 2008 (Saturday / Sunday)  
Choosing Life: Working with Eating Disorders  
Dr. Carolyn Nesbitt & Kathlyne Maki-Banmen

May 31 & June 1, 2008 (Saturday / Sunday)  
Spirituality in Satir Transformational Systemic Therapy  
Anna Low and Kathlyne Maki-Banmen

September 27 / 28, 2008 (Saturday / Sunday)  
Working with Personality Disorders  
Sandy Novak and Dr. John Banmen

November 29 & 30, 2008  
Integrating Transformational Change into Therapeutic Practice  
Dr. John Banmen & Kathlyne Maki-Banmen

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## Satir Transformational Systemic Therapy Level III

### Program Description

Over the next 2 years, 2007 / 2008, SIP will offer 8 two-day weekend workshops on a variety of therapeutic topics using the Satir Model. The first workshop, *Suicide Prevention and Treatment*, took place in January, 2007 and *Healing from Trauma using the Satir Model* took place in June, 2007. The remainder of the programs for 2007/2008 are listed in this announcement. As the weekends are confirmed, they will be announced in the *Wisdom Box* and on the SIP website at [www.satirpacific.org](http://www.satirpacific.org).

### Program Prerequisites

Participants of STST Level I training programs are all invited to attend the workshops.

Certificates of attendance for each two day workshop will be issued by SIP. In order to receive a STST Level III graduate level certificate, participants must:

1. Have successfully completed a STST Level II training program or equivalent (at the discretion of Dr. John Banmen, Director of Training).
2. Have a Master's degree or equivalent (or special permission from Dr. John Banmen, Director of Training)
3. Complete a minimum of 5 or the 8 two-day weekend workshops.
4. Complete a written case study of one of their client cases dealing with one of the topics from one of the attended workshops.

STST Level II programs may be taken concurrently with STST Level III during our first cycle of the program.

### Program Registration

To register for the STST Level III weekends:

1. Complete the registration form for each weekend and submit the registration fee with your form.
2. The cost of each weekend will be \$150 for SIP members and \$165 for non-members in *Canadian funds*.
3. Please ensure that you have checked "yes" to apply the workshop towards your completion of the STST Level III requirements.
4. Upon completion of five weekend workshops, submit your case study to *Dr. John Banmen, Director of Training, Satir Institute of the Pacific, 13686 - 94A Street, Surrey, BC V3V 1N1*

For further info about the programs, email Dr. Banmen at [training@satirpacific.org](mailto:training@satirpacific.org)  
or call 604-591-9269

### For Registration:

**Contact:** Cindi Mueller, Administrative Assistant,  
Satir Institute of the Pacific  
13686 - 94A Street  
Surrey, BC, Canada V3V 1N1  
Phone: 604-634-0572  
[admin@satirpacific.org](mailto:admin@satirpacific.org)

**Fees:** SIP members \$150.00 Cdn  
Non-members \$165.00 Cdn

**Prerequisite:** This 2 day workshop is intended ONLY for helping professionals working with clients in therapy who have completed a MINIMUM of STST Level I.

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**Satir Institute of the Pacific**

*offers*

**Advanced Intensive Family Therapy  
Training in Satir Transformational  
Systemic Therapy**

**A 7-Day Residential Training Program for Advanced Satir Therapy Practitioners**

**Dr. John Banmen, R. Psych, RMFT  
Kathlyne Maki-Banmen, MA, RCC**

\*\*\*\*\*

**Dates:** July 3 – July 9, 2008 (inclusive) *plan to arrive July 2 and leave July 10*

**Place:** Rosemary Heights Retreat Centre,  
3690 - 152<sup>nd</sup> St., Surrey, British Columbia, Canada

**Contact:** Cindi Mueller, Administrative Assistant,  
Satir Institute of the Pacific  
13686 – 94A Street  
Surrey, BC, Canada V3V 1N1  
admin@satirpacific.org

**Costs:** To Be Announced

*\*\* limited enrolment; application review & selection by Dr. John Banmen*

\*\*\*\*\*

To apply for a placement, please send the following information to Cindi Mueller at the email address above:

1. Your name, address, email address and phone number.
2. Your Satir Model training, including types of training, the dates the training took place, the location of the training, and the program leaders' names.





## Advertising and Classified Ads in *The Wisdom Box*

The **Wisdom Box** is now accepting classified ads and regular advertising. Here is our policy.

Advertising is welcome. The *Satir Institute of the Pacific* reserves the right to reject advertisements which do not meet the general purpose of the organization. Send all copies, payments and inquiries to the Editor. A cheque payable to the *Satir Institute of the Pacific* must accompany your copy.

### Display advertising rates:

- ◆ Full page— \$50
- ◆ Half page— \$25
- ◆ Quarter page— \$12

### Classified advertising:

The cost for professional related items such as office rentals, items for sale, equipment needs, supervision etc. for up to 3 lines are free for members and \$1 per line for others.

If possible, please forward articles and advertisements

via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at the address listed below.

### Attention Advertisers:

The *Wisdom Box* is published four times per year. Summer, Fall, Winter and Spring. For those interested in advertising events and programs, the next **deadline** for submission is

**Dec 2, 2007**

Please submit any articles, ideas, gossip, poems or anything else to the Editor.

Editor:

**Pauline Mullaney**

8438 Wiltshire St.,  
Vancouver, B.C.  
V6P 5H7

Tel: 604.875.2653

Fax: 604.875.2099

E-mail:

newsletter@satirpacific.org

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## Counselling Space for Rent

The Satir Institute of the Pacific has two counselling offices for rent. Location - the new Phoenix Centre, 13686 -94A Avenue, Surrey BC.

**Cost :** \$15 per hour  
\$50 per half day (4 hours)  
\$85 per full day (8 hours)  
\$125 per full day (12 hours)  
\$75 per full day (8 hours), if booked for four days per month

The offices will be available from 9:00 am to 9:00 pm seven days a week

**Contact :** Michael Callaghan at michaeltc@shaw.ca or phone 250-388-0447

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## Supervision Opportunity

### Bianca Rucker, PhD.

Offering Supervision: AAMFT supervisor-in-training; using Satir Model for supervision; 20 years experience as a marriage and family therapist. Fee for individual supervision is \$75 per hour (\$65 per hour when contracting for at least nine months of supervision); supervision is being supervised by Dr. John Banmen. For more details, contact **Dr. Bianca Rucker** at **604-731-4466** (office located at Broadway & Cambie in Vancouver) or via website at **www.biancarucker.com**

## Volunteer needed

If you want to help out and get involved in the Institute and don't know quite how, you may be interested in helping with the production of the Satir Institute of the Pacific **videotapes**. Or you may be interested in the marketing of the tapes.

If you are interested in either of these two volunteer opportunities, then please contact John Banmen at jbanmen@dccnet.com or phone him at (604) 591-9269.

Alternatively you can talk to anyone on the Board informally about your interest

# Satir Training Programs

## Transforming & Integrating Internal Parts

**Level III workshop series**  
 Kathyline Maki-Banmen, MA, RCC  
 Location TBA  
**November 29 & 30**  
 (Thursday & Friday)  
**9 am – 5 pm**  
 Registration: Cindi Mueller, Administrative Assistant  
 604-634-0572 or admin@satirpacific.org

Now Registering

For program and registration information contact the **Registrar** for each program. Register **EARLY** to avoid disappointment

## Satir Transformational Systemic Therapy Level I

Kathyline Maki-Banmen, MA, RCC  
 with Dr. John Banmen, RPsych, RMFT  
 Satir Institute of the Pacific at Phoenix Centre  
 13686 - 94A Avenue, Surrey, BC  
 January 26 & 27, 2008  
 February 22 & 23, 2008  
 March 15 & 16, 2008  
 April 19 & 20, 2008  
 May 24 & 25, 2008  
 9 am - 5 pm \$600.00  
 Registration: Cindi Mueller, Administrative Assistant  
 604-634-0572 or admin@satirpacific.org

Now Registering

**Don't forget to visit our newly re-designed website!!!**  
  
[www.satirpacific.org](http://www.satirpacific.org)  
  
 Submit ideas and content to Kathyline Maki-Banmen  
  
 Tel: 604.591.9269 or  
 E-mail: kmb@satirpacific.org

## Satir Transformational Systemic Therapy Level I

Anne Morrison, MSW, RSW, RMFT  
 Plaza Heritage Hotel  
 405 Victoria St., Kamloops, BC V2C 2A9  
 February 1, 2 & 3, 2008  
 February 29, March 1 & 2, 2008  
 March 28, 29, & 30, 2008  
 9 am - 5 pm \$600.00  
 Registration: Cindi Mueller, Administrative Assistant  
 604-634-0572 or admin@satirpacific.org

Now Registering

**Address Change ??**  
  
 If you have changed or are about to change your address or e-mail address, please e-mail **Jennifer Barrett** with changes at  
  
[jefilleul@yahoo.com](mailto:jefilleul@yahoo.com)

## Group Clinical Supervision Program

Dr. John Banmen, RPsych, RMFT, AAMFT Approved Supervisor  
 Satir Institute of the Pacific at Phoenix Centre  
 13686 - 94A Avenue, Surrey, BC  
 Monday, September 17, 2007  
 Monday, October 29, 2007  
 Thursday, November 29, 2007  
 Monday, January 14, 2008  
 Monday, February 11, 2008  
 Monday, March 10, 2008  
 6 - 9 pm  
 Inner Circle \$400.00  
 Observation Circle \$150.00 or \$30.00 per session  
 (advanced registration required for both)  
 Registration: Cindi Mueller, Administrative Assistant  
 604-634-0572  
 admin@satirpacific.org

Now Registering

**Wisdom Box Editorial Team**  
 Pauline Mullaney, Editor  
 Katharine Patterson  
 Senna Ip  
 Hugh Morrison, design & distribution