



# The Wisdom Box

Summer Issue

The Official Newsletter of the Satir Institute of the Pacific

August 2006

## Board of Directors 2005–2006

### President:

Michael Callaghan

### Secretary:

Jennifer Nagel

### Treasurer:

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### Director of Training:

Dr. John Banmen

### Director of Membership Services:

Jennifer Barrett

### Directors:

Katharine Carol

Pauline Chan

Karen Keyes

Kathlyne Maki-Banmen

Pauline Mullaney

*You're  
Invited*

## Satir Institute of the Pacific

# 2006 Annual General Meeting

September 9, 2006 ~ 1 – 5 pm

The Holiday Inn ~ 10720 Cambie Road, Richmond, BC

- 1:00 – 2:30: An exciting opportunity you do not want to miss!! Video and discussion of previously unseen footage of Virginia Satir at a month-long training in Quebec.
- 2:30 – 3:00: Connections & Refreshments
- 3:00 – 5:00: The AGM
  - ❖ Annual Reports
  - ❖ Election of the President
  - ❖ 5:00 – 5:30: Brief meeting of new Board
  - ❖ Elections to the Board
  - ❖ Awarding of the Todd Clark Unsung Hero Award

Followed by a no-host Informal Dinner Out

**Please accept this invitation.**

It's your opportunity to vote for Board members & connect with fellow SIP members.

## Message from the President

For some of us the summer is a time to let go of our routine, to enjoy the sun, the outdoors and the longer days. Others have been busy working on programs and projects of the Satir Institute of the Pacific.

Exciting news! The first issue of the Satir eJournal will be available at the beginning of August. This is an online Journal available by subscription produced by the Satir Institute of the Pacific and edited by Dr. Steven Bentheim. Abstracts will be available at [www.satirjournal.com](http://www.satirjournal.com). Details of how to subscribe will also be included on this website. We are also producing a promotional print edition of the first issue for sale. This will be available at the Avanta Conference in August and at the Satir Institute of the Pacific Annual meeting on September 9<sup>th</sup>. I hope our colleagues in other Institutes and academic institutions around the world will support this new eJournal and find a place for it in their libraries.

Our third Training for Trainers Program has just finished. Thank you John and Kathlyne for your time and expertise. There were 11 participants including two from Singapore and Indonesia. This continues our tradition of training and sup-

porting people to work in their own countries. My hope is that some of those who have completed the Training for Trainers Programs will be willing and able to do some programs at the Phoenix Centre as we become established there with our offices later in the Fall.

Before John and Kathlyne go on an Alaska cruise at the end of July, they will have completed another Summer Intensive Program with 30 participants about half of whom come from North America and the other half from around the world.

The Institute's Annual General Meeting is in Richmond on September 9<sup>th</sup>. There will be an exciting opportunity to see some previously unavailable video of Virginia Satir from a month long training event held in Quebec in the 1970's. I hope many of you will come to participate in viewing it and the discussion about it. If you are interested in running for the Board or nominating someone please contact Pauline Mullaney, nominations chair at [p.mullaney@shaw.ca](mailto:p.mullaney@shaw.ca). I look forward to seeing many of you at the AGM.

Michael T. Callaghan



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## From the Director of Membership Services

– Jennifer Barrett

The year has flown by and now summer is half over. The reconstruction of the web site and data base have made keeping up with the membership and communicating a real challenge. Working full time and living in the interior have created challenges too. Kathryn Patterson has organized the membership material between starting a new job and moving. We apologize for the delay in sending out receipts for dues and in mailing out membership certificates. I will be doing the membership co-ordination until the new data base is up and running and we have developed an efficient way to ensure that membership communication is timely.

In December, my eldest daughter, Sarah, became engaged to be married to the love of her life, Mark. In January, her 87 year old grandmother was diagnosed with inoperable cancer. The next six months were a blur of trips to organize a wedding and to care for Gramma in her last days. Gramma died on Easter Sunday and Sarah and Mark were married on July 15<sup>th</sup> – many family gatherings marked the celebration of a life well lived and the beginning of a new life together in marriage. Joy and sorrow intertwined in the dance of life.

I have just returned from a cruise to Alaska to see real icebergs. The trip was organized by John Banmen and Kathlyne Maki-Banmen. Twenty-four SIP members, friends and family gathered to share the experience.

Many had attended the Training for Trainers and/or the Summer Intensive just before the trip. The weather Gods shone on us and we were able to go right up Tracy Arm to see the glacier and many icebergs too. Each iceberg was as individual as each person we meet – a tiny bit showing on the surface with the strength to withstand the waves that attempt to diminish their size. It was a moving and wondrous experience. [See *group photo on p. 4 and Iceberg photo on p. 9.*]

Now, it is back to work and to organize the membership materials again. I hope that you are planning to attend the Annual General Meeting on September 9<sup>th</sup>. The plan is to show one of the newly minted DVD's from Virginia's last month long intensive in Quebec. It is also a time to meet other SIP members, hear about the work of SIP and to elect new Board members. Being a part of the Board of Directors is an incredible experience and I highly recommend it. There are many jobs to do and, as the saying goes, many hands make the work go quickly. Come join us!

Please forward all membership enquiries to me, at #201-15 Hudson Bay Trail, Kamloops, BC, phone 250-372-3564 or by e-mail at jefilleul@yahoo.com . I look forward to hearing from you and hope that your summer has been a time of rest and recreation.

Shalom, Jennifer

## Family Reconstruction Workshop

- Karen Keyes

A Family Reconstruction was held in Richmond on April 29<sup>th</sup> of this year was lead by Kathlyne Maki Banmen – Dr. Janet Christie Seely was the star. Dr. Janet trained with Virginia in the 1980's and has facilitated many reconstructions in the Ottawa area. She bravely starred in her own Family Reconstruction and invited family and friends to attend as well as members of the Satir community.

A three generational family reconstruction is a method used to observe patterns, become aware of intentions of family member's behaviors and possibly de-mesh from negative (and possibly harmful) belief systems, thus allowing us to be less reactive to one's past and enabling us to transform and advance self actualization.

Family maps, rules, secrets and systems are all observed in a visual experiential milieu, with everyone taking on rolls. Personal growth can be observed as occur-

ring during the reconstruction for the star and vicariously by the 'actors' and observers. Everyone who attends seems to derive benefits from the experience.

I am in gratitude for being a part of this growth experience that has reinforced the power of focusing on mine and other's intentions to uncover what we really want to communicate.

Karen Keyes

We are extremely sad to report that Dugald Christie, Dr Janet Christie Seely's brother, passed away on Monday the 31<sup>st</sup> of July. He was struck by a mini-van while bicycling across Canada to raise awareness about the average person's lack of access to the judicial system. Our sincere condolences are sent to Janet, and his family.

## News Around the Institute

Congratulations to **Sharon Blevins** who received her Masters degree in counselling psychology. Now you can relax

Congratulations to **Pindy Badyal** who completed her PhD in July. Well done Pindy.

**John and Kathlyne** and a group of the Satir community had, truth be told, a wonderful time on an Alaskan cruise. See photos elsewhere in this issue. It sounds as though it was a lot of fun.

Congratulations to **Sandy Novak** on her recent wedding in Colorado. From Sandy: "We had a 'western wedding', rode in to the ceremony from different directions on horseback! Went really well. Fred is wearing 1870s period clothing. I'm just dressed up like a cowgirl. Our 4 kids were our attendants. 100 attended. The weather was perfect. The setting was a mountain top overlooking a range of mountains that make up the continental di-

vide here. All outdoors. Beautiful experience for us. The ceremony included sculpting--circles around circles, all being asked to support the union of Fred and Sandy."



Sandy Novak weds Fred Thrall in Colorado

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## Todd Clark Unsung Heroes Award – Call for Nominations

Do you know a member of the Satir Institute of the Pacific who works for the benefit of all of us, selflessly and often quietly in the background, not seeking recognition for themselves, but exemplifying Virginia Satir's work of "peace within, peace between, peace among"?

The Unsung Heroes award has been designed to recognize and honour individuals who have provided exemplary service or made significant contributions to the Satir Institute of the Pacific. The Award is intended for members within a variety of capacities, and from diverse settings, in order to locate deserving members whose service might otherwise be missed.

### Award Criteria:

- Recipients of the award will be members of the Satir Institute who are not Directors of the Board.
- They will have demonstrated selfless giving of themselves, their energy, their time, and their creativity.
- They will have offered their help of their own volition without looking for reward or recognition.
- They will be people who enrich the lives of those with whom they come in contact.

### Nomination process:

Please forward the names of nominees to **Dellrae Butler**, Award Coordinator, 104-8500 General Currie Road, Richmond, B.C. V6Y 3V4

Please give your reasons for nominating the person(s) and give examples or anecdotes.

Deadline for nomination submissions:

**August 31, 2006**

### Selection process:

The Award Coordinator, the Director of Membership, and the Past President, will review all nominees and make recommendations for Award winners to the Board at its August, 2006 Board meeting. Up to 3 Unsung Heroes awards will be presented at the Board's Annual General Meeting in September, 2006. Special plaques will be created for those being honoured.

Profiles of each year's Unsung Heroes will be included in *The Wisdom Box* Newsletter.

## Alaska Cruise – July 2006



John Banmen and Kathyline Maki-Banmen and a group of the Satir community had a wonderful time on a cruise to Alaska in July. [For a brief description of the trip see Jennifer Barret's Membership Director Report on p. 2]

## Fireside Chats

*Fireside Chats* provide home settings for current and potential Satir Institute of the Pacific members to come together and share their personal and professional experiences with the Satir Model.

The Fireside groups are open to any interested Satir community persons. Hosting the chats is a wonderful way to connect with members and build rewarding relationships with one an-

other. If you would like to help out in your area, please let Jennifer Barrett, Membership Director, know at [jefilleul@yahoo.com](mailto:jefilleul@yahoo.com)

For further information about upcoming *Chats* in your region, contact one of the following Hosts:

**Kelowna:** Donna Huggins  
[dhugs5@shaw.ca](mailto:dhugs5@shaw.ca)

**Vernon:** Mary-Ann Reid  
[maryannr@shawbiz.ca](mailto:maryannr@shawbiz.ca)

**Merritt:** Audrey Ward  
[audward@ocis.net](mailto:audward@ocis.net)

**Fraser Valley:** Anne Morrison  
[annekm@telus.net](mailto:annekm@telus.net)

**Kamloops:** Jennifer Barrett  
[jefilleul@yahoo.com](mailto:jefilleul@yahoo.com)

Guests and new members to the *Chat* groups are always welcome!

## New Members

A warm welcome to the following new members of the Satir Institute of the Pacific:

**Clinical:**

Alvin Chen Meng Goh  
Alice Klassen

**Professional:**

Deborah Nelson



For information and membership applications contact:

**Jennifer Barrett**

Membership Coordinator  
[jefilleul@yahoo.com](mailto:jefilleul@yahoo.com)

## Training for Trainers—T4T—July 2006

— Pauline Mullaney



T4T as it is affectionately called is what 11 of us embarked upon on a very sunny day in July. T4T is actually better known as Training for trainers, which was begun by Virginia Satir to train people who are well versed in the Satir Model to teach and train, and generally share the model with others. John Banmen and Kathyline Maki-Banmen continue to do this training, selflessly. We met for the beginning of 5 days that were unbelievably rich, stress filled, fulfilling, funny and not to be missed.

We were housed at the Rosemary Heights Retreat Centre in Surrey, met together in the morning, and we were off and running, not to stop until Tuesday afternoon of the next week. When I say we didn't stop, yes we did sleep, but if you walked the halls at 2 am, you were bound to see at least 2 dyads practicing their presentation, writing their proposal, or generally laughing their heads off. 4 dyads were formed, and one triad. We were to produce a 2 day workshop, and do a 90 minute presentation in our chosen subject.

The subjects chosen to present were diverse and interesting;

- 'Where Did It Go? Re-building the lost connection. A workshop for couples yearning to strengthen their relationship' by Sharon Blevins and Moira Haagen came first. They were the brave ones who started and from whom we learned.
- Then Angie Dairou and Anna Maria Low (Missy) turned us into call center workers to present their workshop 'Change-Stress-Management-Practice for call centre workers. Be the change that can transform your stress into vitality and confidence.'
- 'Building Intimacy in Relationships' by Linda Lucas, Karla Lang, Sukirno Tarjadi followed. Each workshop built on the next one.

- Pauline Mullaney and Enrique Monge- Alvarez did a brilliant workshop on 'The Use of the Satir Model in therapy with adults with a diagnosis of ADHD.' Ok so it wasn't brilliant, but I'm allowed a bit of poetic licence for writing this.
- 'Transforming Anger: Facing the challenges of parenting of young children' by Pindy Bayal and Nitza Broide-Miller finished up the series.

So we all finished, we all grew and bonded, and the good thing for the Satir community is that 11 more trainers are now ready to run more Satir based workshops and programs. Look out for more training opportunities from all of these people. I know that Enrique and I will be doing a Clinical Evening soon.

Heartfelt thank you to John and Kathyline from all of us in the class of 2006 for your dedication, skill, intelligence and graciousness in offering everything that you do.

Pauline Mullaney



T4T dinner break — Enrique, Linda, Moira, Anna, Pauline

## Steven Bentheim - Editor of the New Satir EJournal

This is my brief introduction to you, which includes an outline of both my doctoral dissertation and progress on SIP's new *Satir Journal*. I hope you will enjoy reading this:

I grew up in the Motor City (Detroit) where I was nursed on Motown music. During my undergraduate years, I had been quite interested in social psychology as a way to assist both the peace movement and to heal racial divisions. I did not grow up with my father, so when I was finally able to share my interests with him, I was surprised to learn that he had been both a school friend and hiking companion of the great social psychologist, Erich Fromm. Talk about family secrets!

During my twenties, I lived for a time in a religious community where I had hoped to overcome all the difficult aspects of my life. However, I found a great deal of emotional chaos in our community, with much of it an out-picturing of our unresolved family dysfunctions. When I later discovered Virginia Satir's first book, *Conjoint Family Therapy*, the pieces fell into place with a striking clarity. I became convinced of its immense importance, and I sensed that Satir's model could assist with religious group dynamics as well.

After completing my Master's, I spent the next decade as a family therapist at a community-based family service agency in B.C., working with survivors of physical, sexual and child abuse, from a Satir-based modality. I eventually worked as an instructor of family therapy and ethics at the University of Victoria, and co-chair of the cross-cultural committee. I also served as resource consultant of family programs for the Vancouver Island Regional Metis Association.

I was recommended into a doctoral program, but it took some difficult dances to find a supportive committee, as I very much wanted my study to include spirituality. Thankfully, I received on-going encouragement from Dr. Banmen, and this past year I received my doctorate.

My dissertation is focused on couple congruence and spirituality through the Satir Model. In it, I drew a "lineage" of spirituality in psychology, primarily through Abraham Maslow and Ken Wilber, and the philosophers Martin Buber and Luce Irigaray. I interviewed seven mature couples who were religious leaders from various faith traditions, and who could articulate how their conjoint experience of spirituality



impacted on their challenges as a couple. The participants identified themselves as Protestant, Catholic, Jewish, Christian Science and Tibetan Buddhist. It was clear that in several cases, the couples had to change aspects of their religious context in order to meet together at their level of universal yearnings. Included with the relational issues of more traditional couples were those of a married priest and a gay couple. My study then offered to combine two of Virginia's models ("self, other and context") and ("me, you, and us") into a four-sided mandala. It was interesting how the universal yearnings impacted on the "self" and the "us," and the "us" on the "context." Along with further research with Satir's model, my hope is to augment a discourse between secular and religious counseling.

For the past two years, I have worked extensively with Dr. Banmen, Jesse Carlock, our associate editor, and Michael Callaghan, S.I.P. president, to fulfill the dream of establishing a new publication - *Satir Journal: Transformational, Systemic Therapy*. My background in publications includes the editorial board for *Illuminate*, the graduate publication of the Centre for Studies in Religion and Society at the University of Victoria, a book review editor for the *Journal of Child and Youth Care*, and publisher of *Interior Voice*, a regional arts and literary magazine.

The *Satir Journal* is the beginning of a new journey, and hopefully it will be seen as a wonderful tool for yourselves as well. The journal hopes to relay your experiences through research or through shorter insight pieces; as a guide or a star, an organizational director or an artist. It is *not* meant to be solely for academics! The on-line website is [www.satirjournal.com](http://www.satirjournal.com). There will also be a print edition available for our first issue.

In closing, I certainly hope to meet all of you in person, and hopefully see you at the Avanta conference, where we celebrate Virginia's 90<sup>th</sup> birthday.

Steve Bentheim, Ph.D.  
Victoria, B.C.  
bentheim@shaw.ca

## SIP Board Nomination form

### Satir Institute of the Pacific

## Nomination Form for the Board of Directors

Your name (please print) \_\_\_\_\_

Your membership  Clinical member (in good standing)  
 Professional member (in good standing)  
 Affiliate member (in good standing)

Name of nominee \_\_\_\_\_

Address of nominee \_\_\_\_\_

Nominee's phone number \_\_\_\_\_

Have you verified this person's willingness to be nominated?

Yes (If not, please do so before submitting this form)

Please submit all nominations before September 1st, 2006 to:

**Satir Institute of the Pacific**  
**c/o Pauline Mullaney**  
8438 Wiltshire St,  
Vancouver, BC  
V6P 5H7

After September 1st 2006:

Please e-mail Pauline Mullaney at [p.mullaney@shaw.ca](mailto:p.mullaney@shaw.ca)  
and give her the written nominations form  
at the AGM meeting on the 9<sup>th</sup> of September, 2006.

## Catalogue of Library Resources

Here once again is a list of resources we have in our library. Members are welcome to make their suggestions to the librarian, Pauline Chan regarding this service. She can be reached at paulineseto@shaw.ca If you have any video/book/journal you would like to donate and add to the library pool, please contact Pauline.

### Videotapes:

**The Teachings of Virginia Satir.** Avanta's Crested Butte, Colorado Videotape Series (one set/six tapes)

- i) Temperature Reading
- ii) The Process of Change
- iii) The Origin and Transformation of Survival Copings
- iv) The Dynamics of a Parts Party
- v) Communication Lab
- vi) The Seed Model

**Virginia Satir: The Use of Self in Therapy.** New Vision Media Ltd. (Menninger Clinic tape with Bud Baldwin) (one tape)

**Virginia Satir: Live Family Therapy Case Consultation.** Univ. of Cincinnati, 1986 & 1987 (one set/3 tapes)

- i) Family with Depression (Betty)
- ii) Suicidal Son (Bob)
- iii) Separated Family (Bill & Cheryl)

**A Journey From Doing To Being: A Family Reconstruction Based On Virginia Satir's Model.** Maria Gomori & John Banmen. AVANTA: The Virginia Satir Network & Maria Gomori, 1996 (one set/4 tapes)

**Family Reconstruction Workshop.** N.S.I. Special Event, Nov. 9 & 10, 1996. Maria Gomori & John Banmen. (one set/3 tapes)

**Virginia Satir: A Family at the Point of Growth.** Kansas City, MO: Golden Triad Films. (one tape)

**Virginia Satir: Of Rocks & Flowers: Dealing with the Abuse of Children.** Kansas City, MO: Golden Triad Films. (one tape)

**Virginia Satir: Blended Family with a Troubled Boy.** Kansas City, MO: Golden Triad Films. (one tape)

**Virginia Satir: The Essence of Change.** Kansas City, MO: Golden Triad Films (one tape)

**Virginia Satir: A Step Along the Way: A Family with a Drug Problem.** Kansas City, MO: Golden Triad Films (one tape)

**Meditation by Virginia Satir.** Produced by John Banmen (one tape)

### Books:

Satir, Virginia and Michele Baldwin. **Satir Step by Step: A guide to Creating Change in Families.** Palo Alto: Science & Behavior Books, 1983.

Loeschea, Sharon. **The Satir Process.** Haleyon Publishing Design, 2002.

Satir, Virginia. **The New People Making.** Palo Alto: Science & Behavior Books, 1988.

Satir, Virginia. **Conjoint Family Therapy**, third edition. Palo Alto: Science & Behavior Books, 1987.

Banmen, John and Jane Gerber (ed). **Meditations and Inspiration of Virginia Satir.** Millbrae, CA: Celestial Arts, 1985.

Banmen, John (ed). **Satir's Systemic Brief Therapy Training Program – Counselling Practicum Workbook for Professionals.** Shuch-Li Linh Memorial Foundation, 2003. (Translated by Marie Lam)

**The Satir Model – Family Therapy and Beyond.** (Chinese Version)

Banmen, John (Guest ed.) **Contemporary Family Therapy: An International Journal**, Special Issue, "Satir Today," March 2002.

Lum, Wendy. **The Lived Experience of the Personal Iceberg Metaphor of Therapists in Satir's Systemic Brief Therapy Training**, Master's Thesis, 2000



## Library Services

— Pauline Chan

### Borrowing Procedures

- Members of SIP in good standing and residing in B.C. are eligible for borrowing books and tapes
  - For those who live in the interior or Vancouver Island, the borrower pays for the cost of mailing both ways and the cheque for the cost of postage is to be enclosed with the video/book when it is returned
  - Loan period will be 3 weeks for any item, either books or tapes
  - You can make your request either by email at [paulineseto@shaw.ca](mailto:paulineseto@shaw.ca) or by phone at (604) 279-7100. Contact person is Pauline Chan c/o Family Services of Greater Vancouver, and you can arrange the date for the pick up of your material
  - You can get and return the material to/from the following places:
    - a) Family Services of Greater Vancouver – 1616 West 7<sup>th</sup> Avenue, Vancouver. Monday – Friday: 9 am–5 pm
    - b) Family Services of Greater Vancouver – #250-7000 Minoru Blvd., Richmond. Monday – Friday: 9 am–5 pm
- You can renew the item either by email or by phone
  - Renewal will be allowed if the material has not been requested by another member
  - Renewal is only allowed twice
  - The material must be returned after two renewals
  - Each member can borrow 2 items at one time
  - Fines for overdue will be \$1 per day per item. It can be paid by cheque or cash.
  - Charge for lost item is based on the current cost to replace the particular item
- 

## Calendar of Events

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August 26, 2006 - SIP Board meeting, 12-4 pm

**Sept 9, 2006 - SIP Annual General Meeting**

Oct 4-7, 2006 - IFTA World Congress

May 2007 - Int'l Family Conference, Prague



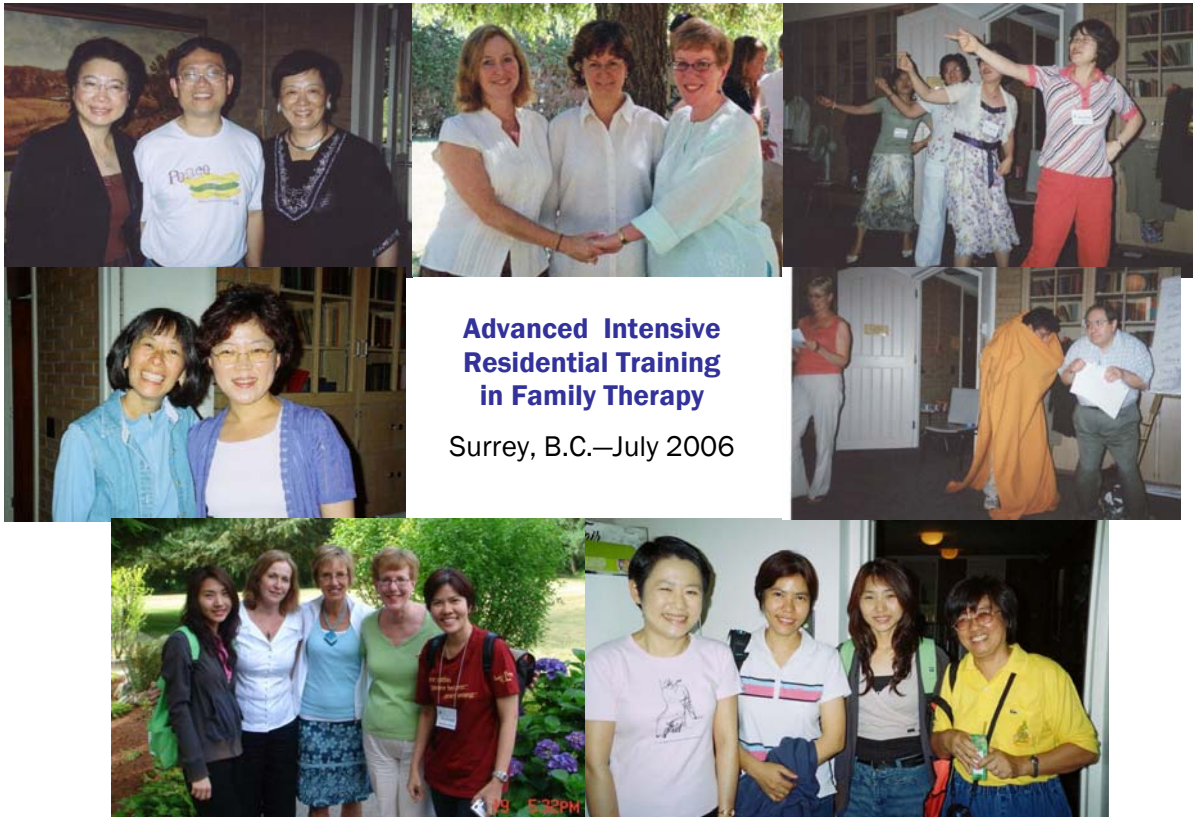
**Icebergs – The Real Thing !**  
Photo from recent Alaskan cruise

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## Advanced Intensive Residential Training—July 2006



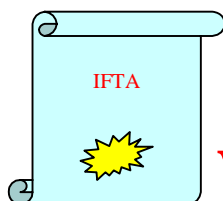
John Banmen and Kathlyne Maki-Banmen and the participants in the Advanced Summer Residential Intensive Training in Family Therapy – July 2006 at the Rosemary Heights Retreat Centre, Surrey, B.C.



## Satir at NVIT – May & June, 2006



Most of the students enrolled in the Level I & Social Work 477 course taught by Anne Morrison at the Nicola Valley Institute of Technology in Merritt, BC in May & June, 2006. This is the second time Anne has taught this course at NVIT. Most of the students are from various First Nations around B.C.



The International Family Therapy Association (IFTA) and The Association of Professionals Practicing Family Therapy (FPFT) invite you to:

# **XV. IFTA WORLD CONGRESS**

**In Reykjavik, Iceland – October 4–7, 2006**

**REFLECTION, HOPE & RESILIENCE:**

**Strengthening Foundations**

To submit program proposals and/or register, go to

[www.ifta2006.org](http://www.ifta2006.org)

for more information, contact Dr. John Banmen, IFTA Board of Directors

[jbanmen@dcnet.com](mailto:jbanmen@dcnet.com) or 604.591.9269

## **Changing from the Inside Out: Personal Growth Through the Satir Model**

The personal growth program is being offered once again this Fall. This 8-evening program is for ANY adult who is interested in working toward a more peaceful, harmonious and love-filled life. Spouses, friends, colleagues, your hair-dresser, clients, neighbours, and anyone you have ever wished could have an opportunity to learn and grow from the Satir model are welcome.

Co-facilitated by Dr. Pindy Badyal and Jennifer Nagel, this experiential program aims to help participants discover their own capacity for positive change and growth. Through experiential exercises and activities, participants will learn how to tap their Life Energy to discover more joy and vitality.

**PROGRAM DATES:** September 21, 28, October 5, 12, 19, 26, November 2, 9

**TIME:** 6:30 pm–9:30 pm

**PLACE:** TBA

For more information, contact [training@satirpacific.org](mailto:training@satirpacific.org) or to register, contact Deb Nelson at 604-948-2900

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### **Advanced Summer Intensive—July 2006 - more photos**



## Advertising and Classified Ads in *The Wisdom Box*

**The Wisdom Box** is now accepting classified ads and regular advertising. Here is our policy.

Advertising is welcome. The *Satir Institute of the Pacific* reserves the right to reject advertisements which do not meet the general purpose of the organization. Send all copies, payments and inquiries to the Editor. A cheque payable to the *Satir Institute of the Pacific* must accompany your copy.

### Display advertising rates:

- ◆ Full page— \$50
- ◆ Half page— \$25
- ◆ Quarter page— \$12

### Classified advertising:

The cost for professional related items such as office rentals, items for sale, equipment needs, supervision etc. for up to 3 lines are free for members and \$1 per line for others.

If possible, please forward articles and advertisements

via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at the address listed below.

### Attention Advertisers:

The *Wisdom Box* is published four times per year. Summer, Fall, Winter and Spring. For those interested in advertising events and programs, the next **deadline** for submission is

**September 30, 2006**

Please submit any articles, ideas, gossip, poems or anything else to the Editor.

Editor:

**Pauline Mullaney**

8438 Wiltshire St.,  
Vancouver, B.C.  
V6P 5H7

Tel: 604.875.2653

Fax: 604.875.2099

E-mail:

newsletter@satirpacific.org

*You're  
Invited*

## Annual General Meeting

Satir Institute of the Pacific

At the Holiday Inn ~ 10720 Cambie Road, Richmond, BC

**September 9, 2006, 1 pm – 5 pm**

- 1:00 – 2:30: An exciting opportunity you do not want to miss!!  
Video and discussion of previously unseen footage of Virginia Satir at a month-long training in Quebec.
- 2:30 – 3:00: Connections & Refreshments
- 3:00 – 5:00: The AGM
- Followed by a no-host Informal Dinner Out

**Please accept this invitation – it is your opportunity to vote for Board members & connect with fellow SIP members.**

## Supervision Opportunity

**Bianca Rucker, PhD.**

Offering Supervision: AAMFT supervisor-in-training; using Satir Model for supervision; 20 years experience as a marriage and family therapist. Fee for individual supervision is \$75 per hour (\$65 per hour when contracting for at least nine months of supervision); supervision is being supervised by Dr. John Banmen. For more details, contact **Dr. Bianca Rucker** at **604-731-4466** (office located at Broadway & Cambie in Vancouver) or via website at **www.biancarucker.com**

## Volunteer needed

If you want to help out and get involved in the Institute and don't know quite how, you may be interested in helping with the production of the Satir Institute of the Pacific **videotapes**. Or you may be interested in the marketing of the tapes.

If you are interested in either of these two volunteer opportunities, then please contact John Banmen at jbanmen@dccnet.com or phone him at (604) 591-9269.

Alternatively you can talk to anyone on the Board informally about your interest

## Satir Training Programs

### Satir Transformational Systemic Therapy - Level I

10328 East Whalley Ring Rd., Surrey, B.C.  
Kathlyne Maki-Banmen, M.A. & Dr. John Banmen, R. Psych.

September 16 & 17, 2006  
October 14 & 15, 2006  
November 11 & 12, 2006  
January 13 & 14, 2007  
February 10 & 11, 2007

Now  
Registering

Registrar: Deb Nelson: 604-948-2900

For program and registration information  
contact the **Registrar** for each program.  
Register **EARLY** to avoid disappointment

### Satir Transformational Systemic Therapy - Level II

10328 East Whalley Ring Rd., Surrey, B.C.  
Dr. John Banmen, R. Psych. & Kathlyne Maki-Banmen, M.A.

September 23 & 24, 2006  
October 21 & 22, 2006  
November 25 & 26, 2006  
January 20 & 21, 2007  
February 17 & 18, 2007

Now  
Registering

Registrar: Deb Nelson: 604-948-2900

**Don't forget to visit our  
website!!!**

**[www.satirpacific.org](http://www.satirpacific.org)**

Submit ideas and content to  
Kathlyne Maki-Banmen

Tel: 604.591.9269 or  
E-mail: [kmb@satirpacific.org](mailto:kmb@satirpacific.org)

### Changing From The Inside Out : Personal Growth Through The Satir Model

*This program is intended for any adult over the age of 18 from any walk  
of life who is interested in making an inward journey towards a more  
peaceful, harmonious and love-filled life.*

*Eight evening program: 6:30 - 9:30 pm  
Place: TBA*

Pindy Badyal and Jennifer Nagel

September 21, 28,  
October 5, 12, 19, 26,  
November 2, 9

Now  
Registering

Registrar: Deb Nelson: 604-948-2900

### Address Change ??

If you have changed or are about to  
change your address or e-mail address,  
please e-mail **Jennifer Barrett**  
with changes at

**[jefilleul@yahoo.com](mailto:jefilleul@yahoo.com)**