



SATIR INSTITUTE OF THE PACIFIC

# The Wisdom Box

Spring Issue

The Official Newsletter of the Satir Institute of the Pacific

April 2006

## Board of Directors 2005–2006

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Michael Callaghan

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Pauline Mullaney

## Our Competition Winner is ... Karen Keyes

Congratulations Karen : You win the coveted Satir Institute of the Pacific Travel Mug . For Karen's interpretation of the movie *The Constant Gardener* through the Satir Model see p. 2.

## Message from the President



I am excited to share with you that the Satir Institute of the Pacific has launched a major new project. We have just issued a call for papers for the inaugural issue in August 2006 of a new Satir academic journal. Dr. Steven Bentheim is the Editor and Dr. Jesse Carlock the Associate Editor. There are also Assistant Editors around the world. Details of the call for papers can be found at a new website [www.satirjournal.com](http://www.satirjournal.com) (see also p. 8-9)

- We are a welcoming, intentional community committed with energy and passion to growth, change and transformation.
- We create a foundation of mutual trust build on love, honesty, support and inclusivity.
- We offer an affirming environment which releases wonder, creativity and connection to the universal source and divine wisdom.
- We are committed to personal responsibility, congruence, and integrity in the development of individual wisdom and leadership.
- We embody and promote these principles and concepts to achieve a world of harmony, peace and wholeness within, between and among all humanity.

The Mission Statement describes our purposes that guide all our activities and can be found in our Constitution.

We developed our draft three-year plan from 1<sup>st</sup> April 2006 to 31<sup>st</sup> March 2009 and will continue in the next Board Meetings to finish it and then share the highlights with the membership. We also looked at how to position the organization to support our current activities and the major new projects we are undertaking with the launch of the Journal, and the partnerships with Douglas College and the Phoenix Centre.

Michael T. Callaghan

The Satir Institute of the Pacific's intention is to provide an international forum for academic discourse and research on the Satir Model. Other material related to the Satir Model will also be accepted.

I hope we can all do what we can to make this important initiative a success and that it will enhance the importance of the Satir Model in the academic world as well as amongst all those who practice the model personally and professionally.

The first weekend of February your Board of Directors gathered together for a two-day retreat at Westminster Abbey in Mission (story & photos p. 4). We began with Anne Morrison leading us in a team building exercise that set the tone for the remainder of the weekend. We reaffirmed the Institute's Vision and Mission Statements.

The Vision Statement is:

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## SIP Membership Information

– Kathryn Patterson

### Professional membership shall include the following:

- a) Persons having received a minimum of 120 hours of approved Satir training;
- b) Persons applying Satir knowledge and skills in their workplace;
- c) Persons who are interested in furthering the purposes and objectives of SIP and who identify personally with the Satir Model.

### Clinical membership shall include all of the following:

- a) Persons having received a minimum of 120 hours of approved training in the Satir Model;
- b) Persons possessing a graduate degree in psychology, counseling, social work, nursing, medicine or a related profession;
- c) Persons who belong to a provincial or national professional organization or association approved by the Board of Directors of SIP such as:
  - i. British Columbia Association for Marriage and Family Therapy
  - ii. Canadian Guidance and Counseling Association
  - iii. British Columbia Association of Clinical Counsellors
  - iv. British Columbia Association of Social Workers
  - v. Registered Nurses Association of British Columbia
  - vi. Registered Psychiatric Nurses Association of British Columbia
  - vii. College of Physicians and Surgeons of British Columbia
  - viii. College of Psychologists of British Columbia
  - ix. Or similar membership in other geographical jurisdictions
- d) Persons who are involved on a regular basis in the practice, direction, instruction or research in the field of therapy and counseling;
- e) Persons who are interested in furthering the purposes and objectives of SIP, and who accept the Satir Model as their primary professional therapy model.

N.B. To retain professional and clinical membership, members will be required to show evidence of at least 60 hours of relevant continuing education over each three-year period of membership.

### Affiliate membership (open to students) shall include all of the following:

- a) Persons having received a minimum of 60 hours of Satir training;
- b) Persons who are interested in furthering the purposes and objectives of SIP;
- c) Persons who are interested in supporting the development and use of the Satir Model.

If you have any questions about membership please contact Kathryn Patterson, Membership Co-ordinator by phone (604)812-4210 or email [kathrynpatterson@shaw.ca](mailto:kathrynpatterson@shaw.ca) Send change of address information to Kathryn also.

## The Constant Gardener

- Karen Keyes

When can love transcend all barriers, even death? Justin Quayle found out once his perceptions and expectations fell away (or did he just not give them anymore of his energy!). He knew how to constantly tend to a thriving garden in a hostile environment but his defenses and familiar patterns prevented him from consistently giving the same positive energy to his marriage. When his wife was murdered, life gave him a chance to tear down the barriers and attain his yearnings. We watched each perception and expectation be challenged and then eradicated by his determination to achieve his primary yearning.

Once the numbness wore off after his wife's death, there were a few times that he went into old familiar patterns.

But the old behavior just weren't having the same results. As he began to see new potential, he could see different choices. At first he awkwardly chose new behavior but over time new choices seemed to come to him more naturally.

The feelings were presented in their raw form until anger and love tackled every feeling (guilt, remorse, shame, frustration, etc). Then anger was not 'fed' anymore and it too was 'weeded' out; leaving only pure love. And like a flower that has bloomed and lives its purpose, Justin lived his.

*[Winning entry for best interpretation of a movie based on the Satir Model. Ed.]*

## News Around the Institute

So guess who's getting married? We are pleased to know that **Sandy Novak** is engaged to be married soon. Sandy has been extremely active in both the couples task force, and the Satir Writer's Committee.

With a great deal of dedication by **Dr Young Ae Kim** the first masters degree in Satir has been started in Korea. This is certainly a first and a wonderful beginning.

Our very own **Jennifer Barrett** who is director of SIP Membership Services is, I understand, looking forward to her daughter's marriage. She is very proud. She also looks forward to the Satir Institute of the Pacific Alaska Cruise this Summer. There is still room I hear for those interested.

A couple enhancement workshop based on the Satir model, was given by **Jim** and **Patrice Weibelzahl** and **Pauline Mullaney** on the weekend of the 25<sup>th</sup> of February. This is the second workshop that has been piloted for the couples task force. The feedback received

seemed to be very favourable, so there were some very happy couples as well as presenters that day.



Pauline Mullaney, Patrice & Jim Weibelzahl

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## Todd Clark Unsung Heroes Award – Call for Nominations

Do you know a member of the Satir Institute of the Pacific who works for the benefit of all of us, selflessly and often quietly in the background, not seeking recognition for themselves, but exemplifying Virginia Satir's work of "peace within, peace between, peace among"?

The Unsung Heroes award has been designed to recognize and honour individuals who have provided exemplary service or made significant contributions to the Satir Institute of the Pacific. The Award is intended for members within a variety of capacities, and from diverse settings, in order to locate deserving members whose service might otherwise be missed.

### Award Criteria:

- Recipients of the award will be members of the Satir Institute who are not Directors of the Board.
- They will have demonstrated selfless giving of themselves, their energy, their time, and their creativity.
- They will have offered their help of their own volition without looking for reward or recognition.
- They will be people who enrich the lives of those with whom they come in contact.

### Nomination process:

Please forward the names of nominees to **Dellrae Butler**, Award Coordinator, 104-8500 General Currie Road, Richmond, B.C. V6Y 3V4

Please give your reasons for nominating the person(s) and give examples or anecdotes.

Deadline for nomination submissions: **July 15th, 2006**

### Selection process:

The Award Coordinator, the Director of Membership, and the Past President, will review all nominees and make recommendations for Award winners to the Board at its August, 2006 Board meeting. Up to 3 Unsung Heroes awards will be presented at the Board's Annual General Meeting in September, 2006. Special plaques will be created for those being honoured.

Profiles of each year's Unsung Heroes will be included in *The Wisdom Box* Newsletter.

## SIP Board Retreat, Feb 3-5, 2006

— Pauline Mullaney



Well, here I was looking forward to another weekend of joining with the other Satir Institute of the Pacific Board members for a retreat. This was I think my fourth, but each one has in my experience built upon the last one to produce ideas, commitment, connection and a great deal of excitement about where we are going as an organization. This latest experience did not disappoint me.

We met at the Westminster Abbey in Mission, and spent the first night connecting as a Board and getting ready for the 2 days ahead. The Mission is in beautiful surroundings and is in itself a place for quiet contemplation.

We were raring to go, perhaps a little too raring at 7-30 in the morning when breakfast was being served, but I am not a morning person. Anne Morrison arrived and we started our visioning under her very skilled hands at 8:30 am. The experience was an illuminating one, and anyone who knows Anne's work knows that while thorough, she skillfully gets results. The Board had become even more focused and was hopeful about where we are going.

Anne sadly left after lunch and from then until 9 pm on Saturday, and 3:30 pm on Sunday we grappled with growth pains, the excitements of the amazing developments that are happening in the

Institute, and many other issues. Michael Callaghan lead us in the process, and we were exhausted, but enthusiastic about the changes that are coming, and which you will hear about soon. We look forward to initiatives, from the e-journal, (advertised in this issue) to the Phoenix Centre, which will involve the Satir Institute of the Pacific in integral ways.



## Training for Trainers Program

— Dr. John Banmen

Dear Satir Institute Members:

The Satir Institute of the Pacific is planning to offer a Training-for-Trainers program for Clinical and Professional members in July 2006. The purpose of the training is to develop a cadre of people willing and able to offer Satir Model-based training programs in B.C. and around the world.

This residential training program will be held from July 6<sup>th</sup> – 11<sup>th</sup>, 2006 in Surrey, B.C. The training program will focus on 1) training and teaching skills, and 2) on group process skills. The training program will also develop curricula for a variety of possible training programs to be offered by the training participants. During the training program, participants will work in dyads on curriculum development and training practice.

The whole Training-for-Trainers program will consist of three phases:

1. Residential Training Program: July 6<sup>th</sup> – 11<sup>th</sup>, 2006
2. Each participant or dyad running a minimum of a two-day or two- one-day (or equivalent) training program(s) during the following 12 months.
3. A three-day residential or non-residential follow-up training program in the summer of 2007.

Applicants for this program will be skilled in the application of the Satir Model and have a keen desire and interest in training others in using the Satir Model in specific or numerous focuses. We include a short list of possible focus programs which might be offered by graduates of this training program on behalf of the Satir Institute, or independent of the Institute.

It appears that programs are more successful if they are focused on a particular area of concern. Therefore, the list is more “problem based.” The following possibilities come to mind:

1. Training alcohol and drug counsellors.
2. Sexual abuse treatment skills.
3. Trauma: natural disasters, war, political unrest, etc.
4. Play, art, or movement therapy using the Satir Model.
5. Counselling couples, families, children, step-families.
6. Suicide prevention & the aftermath of suicide.

7. Marriage enhancement groups.
8. Pre-marital counselling skills.
9. Resolving and healing domestic violence.
10. Depression: individuals, groups.
11. Parenting groups.
12. Team building groups.
13. Mental illness therapy skills.
14. Etc., etc., - the list could be much longer.

This list is only to give you some examples of possibilities. Participants will select their own area of focus and interest.

The course leaders and supervisors of the three phases of this program will be John Banmen and Kathlyne Maki-Banmen. The residential training program is highly subsidized by John and Kathlyne who are doing the training for free, and by the Institute which is paying half of the total cost, including both residential and administrative costs.

Therefore, the cost to the participants of the residential program, which will cover room and board, material, administration, and tuition fees, will be approximately \$300.00 to \$350.00 Cdn per participant for the full week.

The Institute Program Committee triad and John Banmen, will select 10 people from the applicants from B.C. We also plan to invite two people from outside of B.C. to participate in this training program.

If you are interested in applying to participate in this program, please complete the attached application form and mail it to:

Deborah Nelson  
964 – 51A Street  
Delta, BC V4M 2X8

If you would like to discuss further issues or possibilities with me, please call me at 604-591-9269.

Yours truly,  
John Banmen  
Director of Training, S.I.P.

## Catalogue of Library Resources

Here once again is a list of resources we have in our library. Members are welcome to make their suggestions to the librarian, Pauline Chan regarding this service. She can be reached at paulineseto@shaw.ca If you have any video/book/journal you would like to donate and add to the library pool, please contact Pauline.

### Videotapes:

**The Teachings of Virginia Satir.** Avanta's Crested Butte, Colorado Videotape Series (one set/six tapes)

- i) Temperature Reading
- ii) The Process of Change
- iii) The Origin and Transformation of Survival Copings
- iv) The Dynamics of a Parts Party
- v) Communication Lab
- vi) The Seed Model

**Virginia Satir: The Use of Self in Therapy.** New Vision Media Ltd. (Menninger Clinic tape with Bud Baldwin) (one tape)

**Virginia Satir: Live Family Therapy Case Consultation.** Univ. of Cincinnati, 1986 & 1987 (one set/3 tapes)

- i) Family with Depression (Betty)
- ii) Suicidal Son (Bob)
- iii) Separated Family (Bill & Cheryl)

**A Journey From Doing To Being: A Family Reconstruction Based On Virginia Satir's Model.** Maria Gomori & John Banmen. AVANTA: The Virginia Satir Network & Maria Gomori, 1996 (one set/4 tapes)

**Family Reconstruction Workshop.** N.S.I. Special Event, Nov. 9 & 10, 1996. Maria Gomori & John Banmen. (one set/3 tapes)

**Virginia Satir: A Family at the Point of Growth.** Kansas City, MO: Golden Triad Films. (one tape)

**Virginia Satir: Of Rocks & Flowers: Dealing with the Abuse of Children.** Kansas City, MO: Golden Triad Films. (one tape)

**Virginia Satir: Blended Family with a Troubled Boy.** Kansas City, MO: Golden Triad Films. (one tape)

**Virginia Satir: The Essence of Change.** Kansas City, MO: Golden Triad Films (one tape)

**Virginia Satir: A Step Along the Way: A Family with a Drug Problem.** Kansas City, MO: Golden Triad Films (one tape)

**Meditation by Virginia Satir.** Produced by John Banmen (one tape)

### Books:

Satir, Virginia and Michele Baldwin. **Satir Step by Step: A guide to Creating Change in Families.** Palo Alto: Science & Behavior Books, 1983.

Loeschea, Sharon. **The Satir Process.** Halem Publishing Design, 2002.

Satir, Virginia. **The New People Making.** Palo Alto: Science & Behavior Books, 1988.

Satir, Virginia. **Conjoint Family Therapy**, third edition. Palo Alto: Science & Behavior Books, 1987.

Banmen, John and Jane Gerber (ed). **Meditations and Inspiration of Virginia Satir.** Millbrae, CA: Celestial Arts, 1985.

Banmen, John (ed). **Satir's Systemic Brief Therapy Training Program – Counselling Practicum Workbook for Professionals.** Shuch-Li Linh Memorial Foundation, 2003. (Translated by Marie Lam)

**The Satir Model – Family Therapy and Beyond.** (Chinese Version)

Banmen, John (Guest ed.) **Contemporary Family Therapy: An International Journal**, Special Issue, "Satir Today," March 2002.

Lum, Wendy. **The Lived Experience of the Personal Iceberg Metaphor of Therapists in Satir's Systemic Brief Therapy Training**, Master's Thesis, 2000

## Library Services

— Pauline Chan

### Borrowing Procedures

- Members of SIP in good standing and residing in B.C. are eligible for borrowing books and tapes
- For those who live in the interior or Vancouver Island, the borrower pays for the cost of mailing both ways and the cheque for the cost of postage is to be enclosed with the video/book when it is returned
- Loan period will be 3 weeks for any item, either books or tapes
- You can make your request either by email at [paulineseto@shaw.ca](mailto:paulineseto@shaw.ca) or by phone at (604) 279-7100. Contact person is Pauline Chan c/o Family Services of Greater Vancouver, and you can arrange the date for the pick up of your material
- You can get and return the material to/from the following places:
  - a) Family Services of Greater Vancouver – 1616 West 7<sup>th</sup> Avenue, Vancouver. Monday – Friday: 9 am–5 pm
  - b) Family Services of Greater Vancouver – #250-7000 Minoru Blvd., Richmond. Monday – Friday: 9 am–5 pm
- You can renew the item either by email or by phone
- Renewal will be allowed if the material has not been requested by another member
- Renewal is only allowed twice
- The material must be returned after two renewals
- Each member can borrow 2 items at one time
- Fines for overdue will be \$1 per day per item. It can be paid by cheque or cash.
- Charge for lost item is based on the current cost to replace the particular item

## Calendar of Events

- ~~~~~
- April 29, 2006 - Family Reconstruction Workshop, Richmond, BC
  - May 7, 2006 - SIP Board meeting, 12-4 pm
  - July 6-11, 2006 - Training for Trainers
  - July 15-21, 2006 - Summer Intensive Training
  - Aug 9-12, 2006 - Satir Conference
  - Sept 9, 2006 - SIP Annual General Meeting**
  - Oct 4-7, 2006 - IFTA World Congress
  - May 2007 - Int'l Family Conference, Prague

### B.Z. Toons

by Brian Zaikowski



I got you a bunch of stuff. This is just the tip of the iceberg

Used with permission

# *The Satir Journal:* *Transformational and Systemic Therapy*

沙維雅家庭治療學報 *Die Internationale Zeitschrift für Satir Familien Therapie* *La Revista Satir Internacional de Terapia Familiar*

## CALL FOR PAPERS

Our Inaugural Issue will be available in August, 2006

The Satir Journal ISSN#1718-2069



Virginia Satir  
1916-1988

### A. What is the Satir Journal?

*The Satir Journal* is an international, academic journal that promotes the therapeutic approaches and spiritual vision of Virginia Satir, a pioneer family therapist who dedicated her life to the well-being of people, families and world peace. The journal includes theoretical articles, reports of research, book reviews and links to Satir programs and materials.

We on the editorial board have been researchers, clinical supervisors, trainers and therapists who are grateful for the Satir Model for furthering the development of healthy communities and organizations.

The registering body for the publication is The Satir Institute of the Pacific . Our International Consultant is Dr. John Banmen, one of Virginia's main trainers and the co-author of *The Satir Model; Family Therapy and Beyond*.

*The Satir Journal* will be fully accessible as a website in August of 2006 and in print the following year. We are inviting submissions at this time.

### OUR EDITORIAL BOARD

International Consultant: Dr. John Banmen, Ph.D., R. Psyc. (Canada)

Editor: Dr. Steve Bentheim, Ph.D. (U.S.A./Canada)

Associate Editor: Dr. Jesse Carlock, Ph.D. (U.S.A.)

Assistant Editors:

Dr. Parichawan Chandarasiri, M.D. (Thailand)

Dr. Susanna Lai Yeung (Hong Kong)

Dr. Yang Pei (Taiwan)

Representative for the Satir Institute of the Pacific:

Michael Callaghan, President

Web Technician: Graeme Sheeley



## B. Submissions

### Fields and Topics:

In addition to clinical and counseling psychology, manuscripts are invited from a wide network of fields such as nursing, education, social work, organizational development, public policy, arts, and community development. We invite a wide range of topics that include experiential, cognitive, affective, expressive, transformational, systemic therapy and spirituality.

**Categories:** - The following are our three main submission categories:

**RESEARCH** - The mode of inquiry may employ quantitative or qualitative designs, conducted as experimental, hermeneutic, phenomenological or integral methodologies. (APA style, max. 25 pages including references).

**INSIGHTS** - a brief discourse on theory and applications in the field. These may include client, clinical or training experience, institutional and/or governmental policies, cross-cultural theories and approaches that may impact the client, clinician, society and culture.

**ARTS & REVIEWS** - Articles, books, art therapy, interviews, etc. connected with Satir's vision.

### Specifications: -

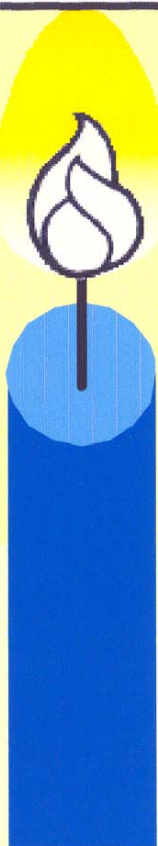
1. All manuscripts should be double-spaced, using 12 point Times New Roman font where possible on MS Word (or MAC MS Word). Pages should be numbered consecutively, with the title page as page 1 and an abstract of no more than 200 words as page 2.
2. Translations for manuscripts in languages other than English are the responsibility of the author.
3. The authors name and affiliation should appear on page 1, with home and work telephone numbers and email address.
4. Research manuscripts should conform to the style specified in the *Publication Manual of the American Psychological Association, 5th Edition* and should not exceed a maximum of 25 pages, including references.
5. If the manuscript is based on dissertation research, or a funded project, a note on the title page should provide the relevant facts.
6. Graphics should be submitted in high-resolution digital format.
7. Submit the electronic copy of your manuscript to [submissions@satirjournal.com](mailto:submissions@satirjournal.com). Manuscripts should not be submitted simultaneously to other journals. Generally, we will let you know in sixty days if your manuscript is suitable for our journal.

## C. Contact Us

Publication Queries: Steve Bentheim, Ph.D., is the editor of the Satir Journal and can be accessed for information that is not available on the website at [sjeditor@shaw.ca](mailto:sjeditor@shaw.ca)

[ From the Satir Journal website: <http://www.satirjournal.com> ]

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**Virginia Satir's  
90th Birthday**  
(1916-1988)

*celebrate!*

August 9-12, 2006

**Multi-Disciplinary Conference**

Dumas Bay Center in Federal Way, WA  
— just south of Seattle/Tacoma Airport

Join us for four lively days of presentations, workshops and discussion based on the teaching and practical application of the Satir Growth Model and the Satir Process.

Register by May 1st for Early Bird Savings.  
CEUs available.

**Avanta's Annual Meeting • August 13**

**May 2007 • World Family Conference • Prague**

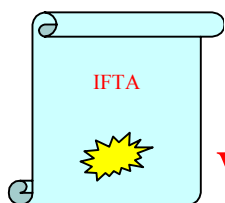
Professionals who use Satir concepts are invited to join the **Satir Practitioner's Registry**.

**AVANTA** The Virginia Satir Network  
206.241.7566 • [www.avanta.net](http://www.avanta.net)

**People-Making in a Changing World**

Special keynote and workshop w/ Jean Houston, PhD

- *A Few Things to Do Before I Die*— Margarita Suarez, MA, RN
- *Building Writing Skill and Confidence*— Naomi Karten, MA
- *Connection and Belonging: Shared Adler/Satir Themes*— Edward Mel Markowski, PhD
- *Couple Enrichment*— Sandy Novak, MS, Gloria Taylor, MA
- *Dynamic Healing through Energy Sculpting*— Mary Jo Bulbrook, PhD, RN, CEMP/S, CHTP/I
- *Enriching Relationships*— Sharon Loesch, MSW, LCSW
- *Family Reconstruction*— Bill Nerin
- *Family Reconstruction in the Office*— Maria Gomori, MSW
- *Family Therapy Research: Bowen, Haley and Satir*— Joan Winter, PhD
- *Jung and Satir*— Laura Dodson, MSW
- *Mental Health Research*— Kathy Montero, MA, Steven Young
- *PAIRS*— Michele Baldwin, PhD, Bud Baldwin, MD
- *Panel Clinical Supervision*— John Banmen, RPsych, Jean McLendon, LCSW, LMFT
- *Reflections: An Oral History of Virginia Satir*— Jesse Carlock, PhD
- *Say it Straight*— Paula Golden, PhD, David Golden, PhD
- *Self Mandala*— Stephen Buckbee, Michael Dupont, Dan Doyle
- *Teaching Leadership to Healthcare Providers*— Ross Ungerleider, MD, Jamie Dickey-Ungerleider, PhD
- *Transforming Trauma*— Kathylene Maki-Banmen, MA, RCC
- *Use of Satir Tools in Organizations*— Wayne Strider, Eileen Strider, Naomi Karten, MA
- *Videos of Virginia Satir w/ Discussions*— Grace Yung, MA



The International Family Therapy Association (IFTA) and The Association of Professionals Practicing Family Therapy (FPF) invite you to:

**XV. IFTA  
WORLD CONGRESS**

**In Reykjavik, Iceland – October 4–7, 2006**

**REFLECTION, HOPE & RESILIENCE:**

**Strengthening Foundations**

To submit program proposals and/or register, go to

[www.ifta2006.org](http://www.ifta2006.org)

for more information, contact Dr. John Banmen, IFTA Board of Directors

[jbanmen@dccnet.com](mailto:jbanmen@dccnet.com) or 604.591.9269

# Family Reconstruction using The Satir Model

conducted by

**Kathlyne Maki-Banmen, MA, RCC**

Individual, Couple and Family Therapist

sponsored by

**Satir Institute of the Pacific**

Dr. John Banmen, Director of Training

**April 29, 2006**

**9 am - 5 pm**

Holiday Inn International, Vancouver Airport

10720 Cambie Road

Richmond, B.C., Canada

SIP members \$45.00 Non-members \$50.00

See attached brochure for registration form or contact Deb Nelson at

Tel: 604-948-2900 or Email: [registrar@satirpacific.org](mailto:registrar@satirpacific.org)

## What is a Family Reconstruction?

Family reconstruction is a process by which the client, sometimes called the "star", has the opportunity to re-experience the impact of her family of origin in order to find the strengths and resources she learned and inherited, to become aware of the unfinished business she is still carrying and to resolve that impact so that it no longer has a cost for her in the present. The client experiences transformational change so that she not only behaves differently, but has different feelings, perceptions and expectations of herself and her family, is able to fulfill her yearnings in new ways and has more of a connection with her deepest Self.

The interventions used in family reconstruction include the three generational family map, sculpting family members, experiential awareness, accepting what was, changing unmet expectations, reframing perceptions, changing feelings, meeting yearnings, accepting resources, accepting family members, and forgiving self and others. The client's transformation leads to new congruence and freedom.

This is not a workshop about family reconstruction; this is a therapeutic family reconstruction with a client. The client for this day, Dr. Janet Christie-Seely, is working towards more self-acceptance and resolving the impact of specific events from her childhood.

Participants will be invited, on a completely voluntary basis, to participate in the process by representing family members during the family reconstruction process. There will be ample time to process and debrief as a large group after the therapeutic aspect of the day is completed. Many people find that they learn a great deal about their own internal process while experiencing the star's process through the day.

## *Interested in an Exciting Cultural Experience ?*

Here is an opportunity for you to welcome someone from far-away lands to Canada and see our world through their eyes!

We need people willing to meet and greet guests at the airport and drive them to **Rosemary Heights Retreat Centre** (South Surrey) on **July 14<sup>th</sup>, 2006** and, possibly on the morning of **July 15<sup>th</sup>** for the Summer Advanced Intensive training program. Those who have done this in the past have found it to be a wonderful experience. You might even join the group for dinner on the 14<sup>th</sup>.

If you would like to meet some lovely people and show them how hospitable we SIP people are, please contact Colleen Murphy at [colleenmurphy@shaw.ca](mailto:colleenmurphy@shaw.ca)

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## **Fireside Chats**

*Fireside Chats* provide home settings for current and potential Satir Institute of the Pacific members to come together and share their personal and professional experiences with the Satir Model.

The Fireside groups are open to any interested Satir community persons. Hosting the chats is a wonderful way to connect with members and build rewarding relationships with one an-

other. If you would like to help out in your area, please let Jennifer Barrett, Membership Director, know at [jefilleul@yahoo.com](mailto:jefilleul@yahoo.com)

For further information about upcoming *Chats* in your region, contact one of the following Hosts:

**Kelowna:** Donna Huggins  
[dhugs5@shaw.ca](mailto:dhugs5@shaw.ca)

**Vernon:** Mary-Ann Reid  
[maryannr@shawbiz.ca](mailto:maryannr@shawbiz.ca)

**Merritt:** Audrey Ward  
[audward@ocis.net](mailto:audward@ocis.net)

**Fraser Valley:** Anne Morrison  
[annekm@telus.net](mailto:annekm@telus.net)

**Kamloops:** Jennifer Barrett  
[jefilleul@yahoo.com](mailto:jefilleul@yahoo.com)

Guests and new members to the *Chat* groups are always welcome!

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**Don't forget to visit our website!!!**

**[www.satirpacific.org](http://www.satirpacific.org)**

Submit ideas and content to Kathlyne Maki-Banmen

Tel: 604.591.9269 or  
E-mail: [kmb@satirpacific.org](mailto:kmb@satirpacific.org)

**Address Change ??**

If you have changed or are about to change your address or e-mail address, please e-mail Kathryne Patterson with changes at [kathrynpatterson@shaw.ca](mailto:kathrynpatterson@shaw.ca)

## Advertising and Classified Ads in *The Wisdom Box*

**The Wisdom Box** is now accepting classified ads and regular advertising. Here is our policy.

Advertising is welcome. The *Satir Institute of the Pacific* reserves the right to reject advertisements which do not meet the general purpose of the organization. Send all copies, payments and inquiries to the Editor. A cheque payable to the *Satir Institute of the Pacific* must accompany your copy.

**Display advertising rates:**

- ◆ Full page— \$50
- ◆ Half page— \$25
- ◆ Quarter page— \$12

**Classified advertising:**

The cost for professional related items such as office rentals, items for sale, equipment needs, supervision etc. for up to 3 lines are free for members and \$1 per line for others.

If possible, please forward articles and advertisements

via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at the address listed below.

**Attention Advertisers:**

The *Wisdom Box* is published four times per year. Summer, Fall, Winter and Spring. For those interested in advertising events and programs, the next **deadline** for submission is

**June 1, 2006**

Please submit any articles, ideas, gossip, poems or anything else to the Editor.

*Editor:*

**Pauline Mullaney**

8438 Wiltshire St.,  
Vancouver, B.C.  
V6P 5H7

Tel: 604.875.2653

Fax: 604.875.2099

E-mail:

newsletter@satirpacific.org

### Group Supervision with Dr. John Banmen

The supervision group will consist of a maximum of six people to be held monthly on Monday, Tuesday, or Wednesday from 6 - 9 p.m. starting in September.

If you are interested, please contact John at:

**E-mail: [jbanmen@dccnet.com](mailto:jbanmen@dccnet.com) or**

**Phone: 604.591-9269**

**Fax: 604.591-9260**

Cost \$50 / evening for 6 evenings.



### Supervision Opportunity

**Bianca Rucker, PhD.**

Offering Supervision: AAMFT supervisor-in-training; using Satir Model for supervision; 20 years experience as a marriage and family therapist. Fee for individual supervision is \$75 per hour (\$65 per hour when contracting for at least nine months of supervision); supervision is being supervised by Dr. John Banmen. For more details, contact **Dr. Bianca Rucker** at **604-731-4466** (office located at Broadway & Cambie in Vancouver) or via website at **[www.biancarucker.com](http://www.biancarucker.com)**

### Volunteer needed

If you want to help out and get involved in the Institute and don't know quite how, you may be interested in helping with the production of the *Satir Institute of the Pacific videotapes*. Or you may be interested in the marketing of the tapes.

If you are interested in either of these two volunteer opportunities, then please contact John Banmen at [jbanmen@dccnet.com](mailto:jbanmen@dccnet.com) or phone him at (604) 591-9269 .

Alternatively you can talk to anyone on the Board informally about your interest

# Satir Training Programs

## Family Reconstruction: One Day Therapeutic Process

Holiday Inn International, Vancouver Airport, Richmond, B.C.  
9 am – 5 pm April 29, 2006  
Kathlyne Maki-Banmen, MA

Registrar: Deb Nelson: 604-948-2900  
[Can register at door]

Now  
Registering

## Satir Transformational Systemic Therapy - Level I

Prince George, B.C.  
Anne K. Morrison, MSW, RSW, RMFT

September 14, 15, 16, 2006  
November 16, 17, 18, 2006  
December 7, 8, 9, 10, 2006

Now  
Registering

Registrar: Melanie Davidson, c/o Walmsley & Associates  
1-800-481-5511 or 250-564-1000  
Email: info@walmsley.ca

## Satir Transformational Systemic Therapy - Level I

Surrey, B.C.  
Kathlyne Maki-Banmen, M.A. & Dr. John Banmen, R. Psych.

September 16 & 17, 2006  
October 14 & 15, 2006  
November 11 & 12, 2006  
January 13 & 14, 2007  
February 10 & 11, 2007

Registering  
Soon

Registrar: Deb Nelson: 604-948-2900

## Summer Intensive Advanced Family Therapy Training in Satir Transformational Systemic Therapy

Rosemary Heights Retreat Centre, Surrey, B.C.  
Dr. John Banmen, R. Psych. & Kathlyne Maki-Banmen, M.A.  
July 15–21, 2006

Program Full

## Satir Transformational Systemic Therapy - Level II

Victoria, B.C.  
Kathlyne Maki-Banmen, M.A., RCC

March 3, 4, & 5, 2006  
April 8 & 9, 2006  
May 6 & 7, 2006  
June 9, 10, & 11, 2006

In Progress

Registrar: Wendy Lum 250-744-3869

## Changing From The Inside Out : Personal Growth Through The Satir Model

This program is intended for any adult over the age of 18 from any walk of life who is interested in making an inward journey towards a more peaceful, harmonious and love-filled life.

Richmond, BC Six evening program: 6:30 - 9:30 pm  
Pauline Chan, Pindy Badyal and Jennifer Nagel  
Fall 2006 – Dates TBA

Registrar: Deb Nelson: 604-948-2900

Registering  
Soon

## Family Practice – SOCW 477 [Level I equivalent]

Nicola Valley Institute of Technology, Merritt, B.C.  
[In partnership with Satir Institute of the Pacific]  
Anne K. Morrison, MSW, RSW, RMFT

May - June Semester 2006

Registrar: Contact NVIT, Merritt, B.C.

Now  
Registering

## Satir Transformational Systemic Therapy - Level II

Surrey, B.C.  
Dr. John Banmen, R. Psych. & Kathlyne Maki-Banmen, M.A.

September 23 & 24, 2006  
October 21 & 22, 2006  
November 25 & 26, 2006  
January 20 & 21, 2007  
February 17 & 18, 2007

Registering  
Soon

Registrar: Deb Nelson: 604-948-2900

## Training for Trainers Program

Rosemary Heights Retreat Centre, Surrey, B.C.  
Dr. John Banmen, R. Psych. & Kathlyne Maki-Banmen, M.A.  
July 6–11, 2006

Registrar: Deb Nelson: 604-948-2900

Now  
Registering

## Satir Transformational Systemic Therapy - Level I

Kamloops, B.C.  
Kathlyne Maki-Banmen, M.A., RCC

April 21, 22, & 23, 2006  
May 26, 27 & 28, 2006  
June 23, 24, 25, 2006  
Video date to be announced

In Progress

Registrar: Jennifer Barrett 250-372-3564

For program and registration information contact the **Registrar** for each program. Register **EARLY** to avoid disappointment