



# The Wisdom Box

Winter Issue

The Official Newsletter of the Satir Institute of the Pacific

December 2005

## Board of Directors 2005–2006

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## Win A Fabulous Satir Institute Travel Mug !!

Everyone who contributes a paragraph or more to the Spring edition of the *Wisdom Box* describing a movie, from the Satir perspective, will be eligible to have their name put in the hat for the grand draw.

Imagine: The Incredibles, through their icebergs.  
Was the Godfather misunderstood?

**Deadline : February 6, 2006**

Any other articles will also be gratefully received. The Editorial Team.

## Message from the President

As another calendar year is drawing to a close it is a time of reflection for many on their personal experiences during the last year and for looking at their hopes, wishes and expectations for the coming year. As part of that reflection I would invite you to think about your own experience with the Satir Model and the part it plays in your life. As members of our Institute we all share an experience and excitement with the Satir Model. So what has membership in our Institute meant to you over the past year? What would you like it to be in the coming year? Are there some contributions you would like to make to become more deeply involved in some aspect of the Institute's and other member's activities? Is there some particular expectation you have for the Institute in the coming year? How can you contribute to making it happen? I would like to thank all the many members who are contributing to the well being and purpose of the Institute and encourage everyone to be involved.

2006 promises to be a year of new and continuing initiatives for SIP with the occupancy of our own space in Phoenix Centre's new building, a third Training for Trainers program, the publication of an journal, a redesigned website, a new

database, the Douglas College partnership, the Advanced Summer Intensive Residential week, etc.



In 2006 also, as many of you also know, Virginia Satir, who was born in 1916, would have turned ninety in June. There will be a celebration to mark her 90<sup>th</sup> birthday at the Avanta Conference in August 2006 at Dumas Bay near Seattle, and other celebrations during the year hosted by Institutes around the world. SIP will hold a special birthday celebration next fall. This yearlong celebration will end in May 2007 with a Satir conference in Prague.

I would also like to remind everyone it is also the time of year that membership dues are payable for 2006. They are due on January 1<sup>st</sup>. There is a form attached to this newsletter. It would help our new membership co-ordinator, Kathryn Patterson, if everyone paid in January so that she does not have to send out reminders.

With best wishes to all, as we celebrate our various religious traditions and the coming of the New Year.

Michael T. Callaghan

## Membership Services – Update

– Jennifer Barrett

The membership numbers continue to grow. We have added 10 new members over the past two months. Wendy Lum, in Victoria, continues to be the New Member Greeter. She contacts new members to ask about their hopes and wishes for their membership in Satir. Wendy is also working on linking those who requested “buddies” in the survey last spring. If you are interested, please contact me and I will connect you with Wendy. The Fire Side Chat hosts for the Interior will be meeting together in the spring to share ideas and plan for enhancing their Fire Side Chat groups. The Wisdom Box continues to become more exciting each issue. The Web Site is currently “under renovation” and should be available in an enhanced form early in the New Year.

Kathryn Patterson has taken over the role of membership coordinator and has plans to update the membership list to see who is up to date with their membership fees. See the notice in this issue regarding renewal of fees – due in January. Each person on the membership committee does their best to enrich the role they take on, sandwiched in between the other demands in their busy lives. New volunteers are always welcome and so are your thoughts and suggestions. Contact me at jefilleul@yahoo.com or phone 250-372-3564.

Thanks.  
Jennifer Barrett, Director of Membership

## Fireside Chats

*Fireside Chats* provide home settings for current and potential Satir Institute of the Pacific members to come together and share their personal and professional experiences with the Satir Model.

The Fireside groups are open to any interested Satir community persons. Hosting the chats is a wonderful way to connect with members and build rewarding relationships with one another. If you would like to help out in your area, please let Jennifer Barrett,

Membership Director, know at [jefilleul@yahoo.com](mailto:jefilleul@yahoo.com)

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For further information about upcoming *Chats* in your region, contact one of the following Hosts:

**Kelowna:**  
Donna Huggins  
[dhugs5@shaw.ca](mailto:dhugs5@shaw.ca)

**Vernon:**  
Mary-Ann Reid  
[maryannr@shawbiz.ca](mailto:maryannr@shawbiz.ca)

**Merritt:**  
Audrey Ward  
[audward@ocis.net](mailto:audward@ocis.net)

**Fraser Valley:**  
Anne Morrison  
[annekm@telus.net](mailto:annekm@telus.net)

**Kamloops:**  
Jennifer Barrett  
[jefilleul@yahoo.com](mailto:jefilleul@yahoo.com)

Guests and new members to the *Chat* groups are always welcome!

## New Members

A warm welcome to the following new members of the Satir Institute of the Pacific and congratulations to those who have recently upgraded :

**Professional:**  
Nitze Broide-Miller

**Affiliate:**  
Jim Ryerson  
June Saracuse



**For information and membership applications contact:**

**Kathryne Patterson**  
**Membership Coordinator**  
[kathrynepatterson@shaw.ca](mailto:kathrynepatterson@shaw.ca)

## News Around the Institute

I understand that **Bea Donald** finally acquired her AAMFT Clinical Membership. Well done Bea!

Karen Keyes was happy to attend a lunch with **Dr Janet Christie-Seeley** recently. Dr Christie-Seeley worked with Virginia Satir for many years, and is also a colleague of John Banmen. I understand that she will be back to BC in April.

Congratulations to **Sandy Novak** and **Gloria Taylor** for piloting an enhancing couples relationships workshop recently. The task force on devising a Satir based workshop manual and program for helping couples enhance their relationships is really coming to

fruition. Pauline Mullaney, Patrice Weibelzahl and Jim Weibelzahl are to pilot the next workshop in the New Year. It is certainly quite exciting to be part of this new initiative. It was good to have Jesse Carlock as an invited guest during the meeting, and, as ever, the wisdom of John Banmen, who spearheaded the idea in the first place.

Of the Banmens it is thrilling to hear that **Kathlyne Maki-Banmen** is back behind the wheel of a car. It has been a long time coming, and we all celebrate with her.

Of the other **Banmen, John** is taken to sartorial elegance after his pupils

had him measured up for a suit in Korea. Is this a whole new image for John?



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## SatirWorks - networking website

— Steven Buckbee

In 1985 I met Virginia Satir and since that meeting I have worked to expose the world to her ideas and work. In an effort to generate an active public conversation about the life and work of Virginia Satir a site named Satirworks has been developed. It is a Yahoo group that may be found at the following address:

**<<http://health.groups.yahoo.com/group/satirworks/>>**

It was created in 2002 and has at this writing 134 members. The hope behind the site is that persons throughout the world will have a common site to meet and share all of the richness that has grown out of the gifts that Virginia Satir offered us.

Virginia Satir was alive at the dawn of the computer revolution and she loved the idea of what she thought they could offer us as a new way of connecting and disseminating information. She was excited about the possibilities and thought that a revolution was occurring. Virginia did not live to see the birth of the public Internet but she did have the idea that it was coming and knew it would change the way information is presented and made available.

When I looked around the Internet world I found that

there are many sites that have information about Satir. It appears that most, if not all, are static and provide no place for real-time and ongoing conversations. With that in mind "Satirworks" was formed. This site is a free service from Yahoo that requires only that the user register, this is so we can avoid having people join for the sole purpose of spamming.

The site offers members a place to send messages, have real time chats, post files of work done that is in the public domain, place photos of training events, place links to persons and institutes dealing with Satir's work, generate research databases, and it has a calendar so that we can all know about what is taking place and where. It is a network that promotes and supports the work of all persons working and developing the ideas offered by Virginia Satir.

Please join me in this effort. If you are have difficulty joining please let me know.

My email is **Sbuckbee@chartermi.net**

I look forward to your input and creativity.

## Satir Model & Depression Workshop

— Jim Smith



Workshop: "How the Satir Model Resolves Depression" — Richmond, B.C. December 3, 2005

Is the word getting around? That the Satir Model resolves rather than treats? That Dr. John Banmen has truly established himself and the Satir Model internationally and that we are privileged that he lives and presents here?

Attendance December 03, 2005 at the workshop to hear Dr. John Banmen explain "How the Satir Model Resolves Depression" superseded expectations requiring a larger venue. A therapeutic model that resolves depression, an interesting concept when you think about it. The title alone encourages a perception shift. Judging from audience enthusiasm and participation they were intrigued and excited to hear the Satir Model view that "depression is a solution."

The workshop reminded us that the congruent therapist brings unconditional positive regard to their clients and contacts their clients at the level of the client's energy. John encourages us to be curious how our client's depression copes, and is the client's solution, thus creating for our clients the experience of being understood and accepted. It seems that understanding and acceptance creates a spiritual connection between the therapist and client, a safe context for change.

With the aid of a prerecorded video session, John demonstration resolution of his client's depression using the Satir Model. John's client also attended the workshop and graciously spoke of his continued growth and gave testimony to the effectiveness of this transformative session as seen on the video.

Throughout the day it seemed members of the audience were renewing connections, making new connections and expanding their Satir family, reflecting a broad sense of safety and respect that seems to be growing amongst all of us. We look forward to more workshops of this nature.

### Interviews with Participants

*Senna Ip conducted several interviews eliciting comments from participants on the impact of the workshop.*

#### Steve Bentheim

- Q. How did you experience this workshop?
- R. I appreciated seeing the video of Dr. Banmen working with the iceberg of the "depressed" client, and the inclusion of color visualization. It was equally heartening to work in the small group and share the various experiences of other Satir practitioners.
- Q. What will the impact be on your professional development?
- R. I will be able to share with clients that depression is not to be seen as a fixed state but has been a coping mechanism for them that was needed at that time. I will also add "color" to the imagery work.

*(Continued on page 5)*

## Satir Model & Depression Workshop, cont'd.

### Interviews with Participants, cont'd.

**Jerry Wu** : Jerry is now taking the Satir Level 2 Training with Dr. John Banmen and Kathlyne Maki-Banmen.

Q. Jerry, how do you find this workshop to be helpful for you?

R. It gives me a perspective of depression and there's also a concrete suggestion to help people or even myself in that situation.

Q. Jerry, what impact has the "Depression Workshop" had on you to help you personally and professionally?

R. I think the workshop helped better understand about how people experienced depression and felt empowered to work on depression either experienced by myself or others.

**Natalie Mackay**: Natalie had finished Satir Level 1 Training last year.

Q. Natalie, what drives you to come to this workshop all the way from Whistler to here without pre-registration?

R. I am a procrastinator (i.e., Snow conditions did not help this) I need a mental and spiritual boost of clarity as to why I love working in this area.

Q. What impact has the workshop had on you?

R. It gives me a finer skill set and language when working with clients with depression.

**Senna Ip**: Senna is now taking the Satir Level 2 Training

Q. What impact has this Depression Workshop had on you personally and professionally?

R. Personally, I was able to relate to my own previous experiences before (i.e., I had mild Seasonal Affective Disorder for 2-3 years a few years ago) and I agree with Dr. Banmen that "Depression is the solution." The reason I am saying that is because when I have understood the sources of my depression. I have been fully alive again engaging in various activities without any signs or symptoms of SAD like before. Therefore, I guess I had used "depression" as a form of coping and escape. I agree with Dr. Banmen that the positive directional goal-setting is important and I also agree that we all have our own "resources" and "wisdom" to solve our own problems. "Transformation" has taken place when the negative energy is transformed into a positive one. (i.e., blaming can turn into assertiveness) Professionally, I had used the concepts and the essence of this powerful model to instill "hope" into my clients' mentality while I was facilitating my "Asian Families Support Group". I found out that parents who were having "positive attitudes" towards child-minding were able to communicate with their child (i.e., from new-born to six years old) in a positive manner. Moreover, parents were able to find some "solutions" themselves and were able to enjoy life better with more "smiles" on their faces. All in all, this model is extremely "helpful" even in "situational crisis" according to my own professional experiences. For this, I would like to thank Dr. John Banmen and his wife Kathlyne for teaching us those "Essences of Virginia Satir" and yet they had actually blended their own personal learnings to teach us creatively in a helpful manner. I am sure that Virginia Satir will be jumping with joy in "Heaven" seeing all these "great accomplishments" they had achieved over these years with their "true devotion"!!! For this very reason, I am willing to spread the good news to whoever I am in contact with. For me, it's like "Spreading the Good News of the Bible. I deeply honored this "inner peace" within and I look forward to another new dimension of "going beyond"!!!

## Taking Stock: An Informal Meeting Nov. 11, 2005

– Kate Parkinson



On November 11, 2005 Dr. John Banmen opened his home to an informal evening with Avanta board members joining the Satir Institute of the Pacific Board members for an evening of great conversation and food that was fabulous.

A special presentation was made to Colleen Murphy in appreciation for her dedication to the Board by Michael Callaghan. *[See below. A similar certificate of appreciation was later presented to Anne Morrison who was unable to attend the evening meeting.]*

Congrats to Colleen, we couldn't have the success with Douglas College and the Advanced Diploma of Family Therapy without your hard work. Thank you for your update.

We also had an update on the construction of the Phoenix project from Michael Wilson. We have an opportunity to have rooms in the facility for Satir to set up counselling, meeting space, and storage.

Special guests included: Stephen Buckbee, Jesse Carlock, both recent Avanta Board Members, Sandy Novak, Carl Sayles, Lenley Lewis, editor, and Stuart Pidocke.

It was wonderful to share what is happening in the Satir world and what we might do together.

Thank you John, Kate Parkinson

### Recognition for Contributions to the SIP Board



Colleen Murphy, left, and Anne Morrison, right, both recently received Certificates of Appreciation from the Board for their contributions to the Satir Institute of the Pacific over the past several years: Colleen as Secretary and Anne as Director of Membership Services.



## Training for Trainers Program

— John Banmen

Dear Satir Institute Members:

The Satir Institute of the Pacific is planning to offer a Training-for-Trainers program for Clinical and Professional members in July 2006. The purpose of the training is to develop a cadre of people willing and able to offer Satir Model-based training programs in B.C. and around the world.

This residential training program will be held from July 6<sup>th</sup> – 11<sup>th</sup>, 2006 in Surrey, B.C. The training program will focus on 1) training and teaching skills, and 2) on group process skills. The training program will also develop curricula for a variety of possible training programs to be offered by the training participants. During the training program, participants will work in dyads on curriculum development and training practice.

The whole Training-for-Trainers program will consist of three phases:

1. Residential Training Program: July 6<sup>th</sup> – 11<sup>th</sup>, 2006
2. Each participant or dyad running a minimum of a two-day or two- one-day (or equivalent) training program(s) during the following 12 months.
3. A three-day residential or non-residential follow-up training program in the summer of 2007.

Applicants for this program will be skilled in the application of the Satir Model and have a keen desire and interest in training others in using the Satir Model in specific or numerous focuses. We include a short list of possible focus programs which might be offered by graduates of this training program on behalf of the Satir Institute, or independent of the Institute.

It appears that programs are more successful if they are focused on a particular area of concern. Therefore, the list is more “problem based.” The following possibilities come to mind:

1. Training alcohol and drug counsellors.
2. Sexual abuse treatment skills.
3. Trauma: natural disasters, war, political unrest, etc.
4. Play, art, or movement therapy using the Satir Model.
5. Counselling couples, families, children, step-families.
6. Suicide prevention & the aftermath of suicide.
7. Marriage enhancement groups.
8. Pre-marital counselling skills.
9. Resolving and healing domestic violence.
10. Depression: individuals, groups.
11. Parenting groups.
12. Team building groups.
13. Mental illness therapy skills.
14. Etc., etc., - the list could be much longer.

This list is only to give you some examples of possibilities. Participants will select their own area of focus and interest.

The course leaders and supervisors of the three phases of this program will be John Banmen and Kathlyne Maki-Banmen. The residential training program is highly subsidized by John and Kathlyne who are doing the training for free, and by the Institute which is paying half of the total cost, including both residential and administrative costs.

Therefore, the cost to the participants of the residential program, which will cover room and board, material, administration, and tuition fees, will be approximately \$300.00 to \$350.00 Cdn per participant for the full week.

The Institute Program Committee triad and John Banmen, will select 10 people from the applicants from B.C. We also plan to invite two people from outside of B.C. to participate in this training program.

If you are interested in applying to participate in this program, please complete the attached application form and mail it to:

Deborah Nelson  
964 – 51A Street  
Delta, BC V4M 2X8

If you would like to discuss further issues or possibilities with me, please call me at 604-591-9269.

Yours truly,  
John Banmen  
Director of Training, S.I.P.

## Catalogue of Library Resources

Here once again is a list of resources we have in our library. Members are welcome to make their suggestions to the librarian, Pauline Chan regarding this service. She can be reached at paulineseto@shaw.ca If you have any video/book/journal you would like to donate and add to the library pool, please contact Pauline.

### Videotapes:

**The Teachings of Virginia Satir.** Avanta's Crested Butte, Colorado Videotape Series (one set/six tapes)

- i) Temperature Reading
- ii) The Process of Change
- iii) The Origin and Transformation of Survival Copings
- iv) The Dynamics of a Parts Party
- v) Communication Lab
- vi) The Seed Model

**Virginia Satir: The Use of Self in Therapy.** New Vision Media Ltd. (Menninger Clinic tape with Bud Baldwin) (one tape)

**Virginia Satir: Live Family Therapy Case Consultation.** Univ. of Cincinnati, 1986 & 1987 (one set/3 tapes)

- i) Family with Depression (Betty)
- ii) Suicidal Son (Bob)
- iii) Separated Family (Bill & Cheryl)

**A Journey From Doing To Being: A Family Reconstruction Based On Virginia Satir's Model.** Maria Gomori & John Banmen. AVANTA: The Virginia Satir Network & Maria Gomori, 1996 (one set/4 tapes)

**Family Reconstruction Workshop.** N.S.I. Special Event, Nov. 9 & 10, 1996. Maria Gomori & John Banmen. (one set/3 tapes)

**Virginia Satir: A Family at the Point of Growth.** Kansas City, MO: Golden Triad Films. (one tape)

**Virginia Satir: Of Rocks & Flowers: Dealing with the Abuse of Children.** Kansas City, MO: Golden Triad Films. (one tape)

**Virginia Satir: Blended Family with a Troubled Boy.** Kansas City, MO: Golden Triad Films. (one tape)

**Virginia Satir: The Essence of Change.** Kansas City, MO: Golden Triad Films (one tape)

**Virginia Satir: A Step Along the Way: A Family with a Drug Problem.** Kansas City, MO: Golden Triad Films (one tape)

**Meditation by Virginia Satir.** Produced by John Banmen (one tape)

### Books:

Satir, Virginia and Michele Baldwin. **Satir Step by Step: A guide to Creating Change in Families.** Palo Alto: Science & Behavior Books, 1983.

Loeschea, Sharon. **The Satir Process.** Halem Publishing Design, 2002.

Satir, Virginia. **The New People Making.** Palo Alto: Science & Behavior Books, 1988.

Satir, Virginia. **Conjoint Family Therapy,** third edition. Palo Alto: Science & Behavior Books, 1987.

Banmen, John and Jane Gerber (ed). **Meditations and Inspiration of Virginia Satir.** Millbrae, CA: Celestial Arts, 1985.

Banmen, John (ed). **Satir's Systemic Brief Therapy Training Program – Counselling Practicum Workbook for Professionals.** Shuch-Li Linh Memorial Foundation, 2003. (Translated by Marie Lam)

**The Satir Model – Family Therapy and Beyond.** (Chinese Version)

Banmen, John (Guest ed.) **Contemporary Family Therapy: An International Journal,** Special Issue, "Satir Today," March 2002.

Lum, Wendy. **The Lived Experience of the Personal Iceberg Metaphor of Therapists in Satir's Systemic Brief Therapy Training,** Master's Thesis, 2000



## Library Services

— Pauline Chan

### Borrowing Procedures

- Members of SIP in good standing and residing in B.C. are eligible for borrowing books and tapes
- For those who live in the interior or Vancouver Island, the borrower pays for the cost of mailing both ways and the cheque for the cost of postage is to be enclosed with the video/book when it is returned
- Loan period will be 3 weeks for any item, either books or tapes
- You can make your request either by email at [paulineseto@shaw.ca](mailto:paulineseto@shaw.ca) or by phone at (604) 279-7100. Contact person is Pauline Chan c/o Family Services of Greater Vancouver, and you can arrange the date for the pick up of your material
- You can get and return the material to/from the following places:
  - a) Family Services of Greater Vancouver – 1616 West 7<sup>th</sup> Avenue, Vancouver. Monday – Friday: 9 am–5 pm
  - b) Family Services of Greater Vancouver – #250-7000 Minoru Blvd., Richmond. Monday – Friday: 9 am–5 pm
- You can renew the item either by email or by phone
- Renewal will be allowed if the material has not been requested by another member
- Renewal is only allowed twice
- The material must be returned after two renewals
- Each member can borrow 2 items at one time
- Fines for overdue will be \$1 per day per item. It can be paid by cheque or cash.
- Charge for lost item is based on the current cost to replace the particular item

## The Satir Institute of the Pacific

*is Accepting Applications for*

### The Summer Intensive: Advanced Family Therapy Training Course in Satir Transformational Systemic Therapy

**Dates:** July 15 – July 21, 2006 (inclusive)  
**Place:** Rosemary Heights, Surrey, B.C., Canada  
**Instructors:** Dr. John Banmen & Kathylyne Maki-Banmen  
**Cost:** \$800 Canadian

*For brochure and registration, contact:*

Colleen Murphy, Intensive Program Registrar, [colleenmurphy@shaw.ca](mailto:colleenmurphy@shaw.ca)

- ✧ **Apply Early – Applications Close on February 28/06;** Limited Enrolment
- ✧ Application review & selection by Dr. John Banmen by **March 30/06**
- ✧ International participants are invited to arrive on July 14<sup>th</sup>
- ✧ There is a rumour of an Alaskan cruise following the Intensive!



**Douglas College  
& the  
Satir Institute of the Pacific**



**Are pleased to give Early Notice for**

*An Advanced Diploma in Family Therapy*

- ◆ Proposed start date is September, 2006
- ◆ Satir Transformational Systemic Therapy is the clinical model
- ◆ Educational Outcome: The program will graduate competent, culturally sensitive and ethical Family Practitioners able to facilitate growth and change within individuals, families and the community.
- ◆ Practitioners can continue to work in their chosen fields and complete this Advanced Diploma program within two calendar years.
- ◆ Courses are designed to sequence progressively, both theoretically & clinically.
- ◆ Students engaged in other areas of study within the human services field will be able to register in courses of interest within this program.
- ◆ Portions of the program will also be accessible on line to allow for distance learning.

**Proposed Courses**

- ★ Introduction to Current Models of Family Therapy
- ★ Understanding and Working with Families Across the Lifespan
- ★ Introduction to Satir Transformational Family Therapy (STST)
- ★ Ethical Practice
- ★ Therapeutic Issues with Children & Adolescents
- ★ Psychosocial Health, Mental Illness & Interpersonal Relations within the Family
- ★ Working with Couples & Families
- ★ The Sociocultural Context of Clinical Practice
- ★ Application of Research Findings
- ★ Special Issues in Parenting
- ★ Working with Addictions
- ★ Practicum x2

**For more information: watch the Satir Institute of the Pacific Website: [www.satirpacific.org](http://www.satirpacific.org)**

Colleen Murphy would like your input on this exciting joint project planned between Douglas College and the Satir Institute of the Pacific. Please take a few minutes to complete the survey at the following website:

[Highlight & Copy using the "Text Tool" in Adobe Acrobat Reader, then paste into your web browser]

<http://www.surveymonkey.com/s.asp?u=83036898864>

## Advertising and Classified Ads in *The Wisdom Box*

**The Wisdom Box** is now accepting classified ads and regular advertising. Here is our policy.

Advertising is welcome. The *Satir Institute of the Pacific* reserves the right to reject advertisements which do not meet the general purpose of the organization. Send all copies, payments and inquiries to the Editor. A cheque payable to the *Satir Institute of the Pacific* must accompany your copy.

### Display advertising rates:

- ◆ Full page— \$50
- ◆ Half page— \$25
- ◆ Quarter page— \$12

### Classified advertising:

The cost for professional related items such as office rentals, items for sale, equipment needs, supervision etc. for up to 3 lines are free for members and \$1 per line for others.

If possible, please forward articles and advertisements

via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at the address listed below.

### Attention Advertisers:

The *Wisdom Box* is published four times per year. Summer, Fall, Winter and Spring. For those interested in advertising events and programs, the next **deadline** for submission is

**February 10, 2006**

Please submit any articles, ideas, gossip, poems or anything else to the Editor.

Editor:

**Pauline Mullaney**

8438 Wiltshire St.,  
Vancouver, B.C.  
V6P 5H7

Tel: 604.875.2653

Fax: 604.875.2099

E-mail:

newsletter@satirpacific.org

## Group Supervision with Dr. John Banmen

The supervision group will consist of a maximum of six people to be held monthly on Monday, Tuesday, or Wednesday from 6 - 9 p.m. starting in September.

If you are interested, please contact John at:

**E-mail: [jbanmen@dccnet.com](mailto:jbanmen@dccnet.com) or**

**Phone: 604.591-9269**

**Fax: 604.591-9260**

Cost \$50 / evening for 6 evenings.



## Supervision Opportunity

### **Bianca Rucker, PhD.**

Offering Supervision: AAMFT supervisor-in-training; using Satir Model for supervision; 20 years experience as a marriage and family therapist. Fee for individual supervision is \$75 per hour (\$65 per hour when contracting for at least nine months of supervision); supervision is being supervised by Dr. John Banmen. For more details, contact **Dr. Bianca Rucker** at **604-731-4466** (office located at Broadway & Cambie in Vancouver) or via website at **[www.biancarucker.com](http://www.biancarucker.com)**

## Volunteer needed

If you want to help out and get involved in the Institute and don't know quite how, you may be interested in helping with the production of the *Satir Institute of the Pacific videotapes*. Or you may be interested in the marketing of the tapes.

If you are interested in either of these two volunteer opportunities, then please contact John Banmen at [jbanmen@dccnet.com](mailto:jbanmen@dccnet.com) or phone him at (604) 591-9269.

Alternatively you can talk to anyone on the Board informally about your interest

# Satir Training Programs

## Satir Transformational Systemic Therapy - Level I

*Abbotsford, B.C.*

Anne Morrison, MSW, RSW, RMFT

October 15 & 16, 2005

November 19 & 20, 2005

December 10 & 11, 2005

January 14 & 15, 2006

February 11 & 12, 2006

Registrar: Juanita Messmer: 604-591-9269

**In Progress**

**For program and registration information contact the**

**Registrar**

**For Each Program**

**Register EARLY to avoid disappointment**

## Satir Transformational Systemic Therapy - Level I

*Richmond, B.C.*

Dr. John Banmen, R. Psych & Kathlyne Maki-Banmen, MA

January 28 & 29, 2006

February 25 & 26, 2006

March 25 & 26, 2006

April 22 & 23, 2006

May 27 & 28, 2006

Registrar: Deborah Nelson: 604-948-2900

**Now Registering**

**Don't forget to visit our website!!!**

[www.satirpacific.org](http://www.satirpacific.org)

**Submit ideas and content to Kathlyne Maki-Banmen**

**Tel: 604.591.9269 or E-mail: [kmb@satirpacific.org](mailto:kmb@satirpacific.org)**

## Changing From The Inside Out :

### Personal Growth Through The Satir Model

*Richmond, BC Six evening program : 6:30 - 9:30 pm*

Pauline Chan, Pindy Badyal and Jennifer Nagel

February 16, 2006

March 2, 16 & 30, 2006

April 13 & 27, 2006

Registrar: Deborah Nelson: 604-948-2900

**Now Registering**

## Satir Transformational Systemic Therapy - Level I

*Kelowna, B.C.*

Anne Morrison, MSW, RSW, RMFT

January 27, 28, 29, 2006

February 24, 25, 26, 2006

March 24, 25, 26, 2006

April 8, 2006

Registrar: Donna Huggins 250-317-7490 or [dhugs5@shaw.ca](mailto:dhugs5@shaw.ca)

**Now Registering**

## Satir Transformational Systemic Therapy - Level II

*Victoria, BC*

Kathlyne Maki-Banmen, MA

March 3, 4 & 5, 2006

April 8 & 9, 2006

May 6 & 7, 2006

June 9, 10, & 11, 2006

Registrar: Wendy Lum 250-744-3869

**Now Registering**

## Wisdom Box Editorial Team

We are a committee of 4 so far, including me Pauline Mullaney, editor, Hugh Morrison, Kathryn Patterson and I'm thrilled to introduce our new member Senna Ip. She has offered to join our team and help out wherever she is needed. She is a very persuasive person, and will be interviewing some of you in the future. She has a Bachelor's Degree majoring in "Psychology & Social Services." She got her first job working at the University of Hong Kong as the "Demonstrator" at the Psychology Department in 1980. She then studied her "Master of Social Work" at the University of Hong Kong. Pauline Szeto was her classmate and is one of her best friends now. She also worked with Pauline for some time when we were in Hong Kong. We are very happy to welcome her to our team.