



The Wisdom Box

Fall Issue

The Official Newsletter of the Satir Institute of the Pacific

October 2005

Board of Directors 2005–2006

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A Journey of Compassion, Kindness & Peace

by Regina Ragan, LCSW

This article was written by Regina Ragan, LCSW, Executive Director of The Satir Institute of the Southeast in Chapel Hill, North Carolina. The article is printed by The Wisdom Box with her permission. Ed.

On the flight from North Carolina to the former Soviet Union, many thoughts surfaced. The most prominent one, "What are my hopes for this journey to Baku, Azerbaijan and Duschambe, Tajikistan?" I was hoping to further anchor myself in the Satir Model by spending three weeks tracking the process of Jean McLendon and Laura Dodson. I was curious about how the teachings of Satir would be integrated into these cultures.

(Continued on page 7)

Message from the President

Fall is a time when many people settle into their routines after enjoying a sense of freedom during the summer months. The Institute has been busy with new programs starting and new people taking over crucial volunteer positions, as well as contracting with a new company to manage our website.

New this year is a Personal Growth Program, designed with help from Kathlyne Maki-Banmen, and already being presented by Pindy Badyal, Pauline Chan, and Jennifer Nagel to an enthusiastic response. There is a Depression Workshop in December and the usual Level 1 & 2 have started in Richmond. Also new this year is a Level 1 due to start in Abbotsford in late October. Other programs in Kelowna and Victoria are being planned.

Deborah Nelson has taken over from Linda Prochaska as Registrar in the Lower Mainland, Wendy Lum continues in Victoria and Donna Huggins in Kelowna. Another important role is Membership Co-ordinator, now being done by Kathryn Patterson. Josephine Watson of Hakara House Design is redesigning our website and taking over its management. Rick Schneider, Colleen Murphy's husband, has volunteered to redesign our database, an offer that we gladly

accepted. It will be incorporated into our website. Access to personal information e.g. addresses, email, telephone numbers, will be limited to key individuals who need it to carry out their role.



The Board has held meetings in July and September. Jennifer Barrett brings her enthusiasm to her new role as Director of Membership Services and is planning to revitalize the Fireside Chat program in various communities. Kate Parkinson is handling our finances as Treasurer and transferring everything to a computer based system. Jennifer Nagel is learning the art of writing minutes of meetings as our Secretary.

The Board is enthusiastic about the future of the Institute, the planning work we are doing with Phoenix and Douglas College, and the opportunity to get together for a retreat in February to evaluate who we are and what opportunities we want to pursue in the future. There are many tasks to be done and I am grateful to all those who volunteer their talents and time in so many ways to the Institute. I urge you all to get involved.

Michael T. Callaghan

Membership Services – Update

– Jennifer Barrett

My name is Jennifer Barrett. I have been a member of the Board of SIP for the past year and was appointed as the new Director of Membership in June. Anne Morrison had recently resigned from this position and did not stand for re-election. Her private practice is keeping her far too busy, spreading the Satir message through Canada and abroad. Anne's shoes are hard to fill. I am both honoured and intimidated to be asked to hold this important position. I intend to continue to support the projects that Anne has worked so hard to encourage. Pauline Mullaney is the editor of the Wisdom Box, putting in long hours trying to find the latest "scoop". Wendy Lum is our new member greeter, welcoming new members with a phone call or e-mail. Kathyne Patterson is the new co-coordinator of membership (processing ap-

plications for membership and sending out reminders when fees are due). I welcome her aboard the membership team. Fireside Chat hosts are part of the team too. Our plan is to have a gathering of Fireside Chat hosts sometime over the next few months. I would welcome an e-mail or phone call from anyone interested in becoming a Fireside Host (jefilleul@yahoo.com or 250-372-3564). Our team is responding to some of the suggestions from the telephone survey completed in the spring. There were several requests for Buddies and we are attempting to find a process for matching "buddies", so stay tuned for more details. Please contact me at the above phone number or e-mail if you would like to help us out in anyway and with any suggestions you have for the Membership Committee. Thank you.

Fireside Chats

Fireside Chats provide home settings for current and potential Satir Institute of the Pacific members to come together and share their personal and professional experiences with the Satir Model.

The Fireside groups are open to any interested Satir community persons. Hosting the chats is a wonderful way to connect with members and build rewarding relationships with one another. If you would like to help out in your area, please let Jennifer Barrett,

Membership Director, know at
jefilleul@yahoo.com

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For further information about upcoming *Chats* in your region, contact one of the following Hosts:

**Kelowna:**  
Donna Huggins  
dhugs5@shaw.ca

**Vernon:**  
Mary-Ann Reid  
maryannr@shawbiz.ca

**Merritt:**  
Audrey Ward  
audward@ocis.net

**Fraser Valley:**  
Anne Morrison  
annekm@telus.net

**Kamloops:**  
Jennifer Barrett  
jefilleul@yahoo.com

Guests and new members to the *Chat* groups are always welcome!

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## New Members

A warm welcome to the following new members of the Satir Institute of the Pacific and congratulations to those who have recently upgraded :

### Clinical:

Marie Lam  
Donna Huggins (upgrade)  
Jennifer Nagel (upgrade)

### Professional:

Terry Dunn

### Affiliate:

Janet Brennan  
Carol Katchur  
Susan Warner



For information and membership applications contact:

**Kathyne Patterson**

**Membership Coordinator**  
kathrynpatterson@shaw.ca

## News Around the Institute

**John and Kathlyne** were enthusing about Bath, yes the one in England where they attended the Great Re-thinking Conference with Fred Alan Wolf of 'What the Bleep do we Know?' They spent a fascinating day with Fred Alan Wolf, and also some time with Thomas Moore and other original thinkers.

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Who knew that **Jennifer Nagel** was a backup singer for Josh Grobin and David Foster in a recent show in Richmond? She was to be seen rubbing shoulders with Sarah McLaughlin. Way to go Jennifer.

Congratulations to **Dr Steven Bentheim** who received his PhD at U Vic in August. His thesis was on 'Couple Congruence and Spirituality: Expanding Satir's Model Through Seven Couple Narratives'. We will be hearing more of Steven soon I am sure.

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There are exciting times in **Kamloops Child and Youth Mental Health** in that more than 6 people and 2 new clinicians are signed up to do level 1, and the others are reported by Jennifer Barrett to be 'keen'. It could end up being a whole Satir-based team,

with a bit of luck, for the Kamloops population.

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Of fun, our very own **Katharine Carol**, who is a bit of a clown at the best of times, is now Special Events Coordinator for Granville Island in Vancouver, B.C. Anyone who attended the last two SIP conferences (which were organised by her) knows what a fabulous coordinator she is. Congratulations Katharine.

What We Do Know

— **Steven M. Keeler, MFT**

Did you know that science has proven that the observer determines what is observed?

Yes, you heard right. Quantum physics has proven that the "observer" literally determines the outcome. In psychological verbiage, this means what we believe is what we create.

Many religions tell us that we are connected to some sort of Supreme Being. Here in Hawaii, the Kupunas teach us about the "smiling law", which means that whatever we put out, the universe gives us with a smile. They also teach us that we are God. If we are God, is there anything God can't do, be or have? Does God ever fail? So if what you believe is what you create, or if you are God, and therefore tapped into unlimited potential, what would you do, be or have with *your* life? Sounds easy, but if you, like many of our clients, don't believe in your magnificent potential, then because you determine what is created, you can't.

As I speak about this in many places around the world, I am always so grateful that I am a practitioner of the Satir model. You see, I believe that we (as Satir therapists) occupy a unique and extremely important place in the world. Our model is the best I know of at helping people change their beliefs and expectations, which then allows our life force and yearnings to be expressed in more congruent ways. Another part of the model that I love is the concept

Our model is the best I know of at helping people change their beliefs and expectations ...

of systemic congruency. Systemic congruency requires us as therapists (or parents, spouses, bosses, etc) to live what we teach. Many of our clients don't believe in their own magnificence. If you as their therapist don't believe in your *own* magnificence (in terms of the unlimited potential that you are in charge of) you simply cannot help them.

Once we change our beliefs about ourselves, we need to have anchors to consistently prove to ourselves the validity of our new found beliefs. To this end I developed a simple process to help in this area: everyday write down what your intentions for the day are. During the day, above all else, your job is to watch for evidence that what you asked for is being provided to you. This will often come in various and sometimes amazing, ways if you pay attention to it. This begins to create a momentum of trust and belief that we really do determine what is observed.

Still doubtful? Try this: close your eyes, take a couple deep breaths, and go inside. Ask, "Does my idea of spirit ever want me to suffer?" "Do I literally create my own reality?"

So, do you have the character and the courage to live according to this?

As Satir therapists, I believe we must.

Summer Intensive, Surrey, B.C. 2005 – Scenes & Reflections



Summer Intensive Advanced Residential Satir Therapy Training — Rosemary Heights Centre, Surrey, B.C. July 2005

Getting to Advanced

I attended Level one in Richmond, B.C., about four years ago after moving to the Pacific Northwest from new Mexico via Illinois. My favourite professor studied with Virginia Satir and I loved my professor so I came to love Virginia Satir's work. I wanted to transform into someone with unlimited amounts of love and become an effective, loving, compassionate therapist/person. I found the Satir Institute on-line. I attended Level one in Richmond, BC about four years ago. At that level one training I asked John Banmen if I could attend the intensive that summer. I did not realize the protocol to attend the intensive, I just knew I had to go, the sooner the better. I had this yearning to become congruent. I took level two the following fall. I took another level two last fall in Kelowna. At the last session of my second level two, I asked if I could participate in the intensive. Of course, I had to go through the application process, however, I was accepted. Talk about patience, all those years of waiting and working on my congruence. I was excited (this word does not adequately describe the sensation of my experience) about finally getting to participate in the intensive. My experience of the intensive was unbelievably spiritually, emotionally and mentally fulfilling. The participants, the teachers, the

training, the location were wonderful. The food was also delightfully scrumptious. For me, the experience was nurturing, fun and thought provoking along with growth producing and enriching to my soul. I anticipated a rich experience and that is what I got. My intention was to soak up new perspectives for professional and personal growth and learning and Becoming my experience.

Linda Lucas, LCPC



Summer Intensive, Surrey, B.C. 2005 – Scenes & Reflections



Dr. John – Keeping an eye on things



Clown Therapy & Time for Fun



Summer Intensive Advanced Residential Satir Therapy Training – Impressions

This was the first Advanced Intensive Family Therapy Training Program solely run by the Satir Institute of the Pacific. Thirty of us congregated at the Rosemary Heights Retreat Centre to perfect our Satir Therapeutic Skills. This was not my first Intensive and I was once again impressed by the quality and quantity of learning I was exposed to. We started with listing our goals (professional and personal) and then entered into a week of systemic experiential learning experiences. My goals were met and lead me to greedily want more once I was back into the 'real' world.

Deeper and deeper and quicker and quicker was the path. Experiential opportunities, sharing, triads, and humor (lots of humor) were the tools used. Dr. John and Kathlyne lead and set the pace. The interns kept the whole week moving smoothly and added to the learning experience. In addition, there were evenings of sharing from others who have incorporated Satir into their practice (i.e. dance).

The 'freedom' evening had most of us eating and socializing in White Rock. Close to 20 of us crowded into one restaurant. It was an opportunity to connect and share in another context. The auction followed an evening of skits and singing (wow, move over Alicia Keys). Over \$2000.00 was raised from the auction. Thanks to all who donated items and thanks go to all who bid on the items.

As I sit here evoking memories I want to end by saying how grateful I am that Virginia Satir, Dr. John Banmen, Kathlyne Maki-Banmen and the Satir community are in my life. How I guide my professional and personal life has been directly enriched by my contact with these wonderful people. During the final farewells, there was a lot of appreciation of the spiritual dimension that was woven into the fabric of the week. Meeting people at the 'SELF' level for a week is truly inspirational. Next year ... yes there is one planned for 2006.

Karen Keyes

Happy Triads



Expressive Arts Workshops—April 9, 2005

- **Kathryne Patterson**

Some additional information about the "Expressive Therapies Using the Satir Model" Conference held in April.

The Conference was wonderful, in its freedom to be. I think that the participants felt that we had an opportunity to meet with other like minded people, many of whom, but not all were involved with the Satir Model in Therapy. Katharine Carol and a group of volunteers who kept everything running smoothly ably coordinated the Conference. John Banmen gave an inspirational keynote speech on Congruence which is summarized as follows:

John Banmen's Key Note Address: Congruence

Congruence is a state of "being," so began John Banmen's keynote address at the 2005 Satir Conference. A person can be and become at the same time. Becoming suggests growth, change, and working towards a goal of "becoming me."

John talked of congruence in terms of 3 levels: the intrapsychic (being in tune with Self and harmony with all

parts of Self), the interpersonal (honesty within and between self and other), and the spiritual (harmony with self, others, and universe).

John addressed the importance of life force and used the imagery of music to explain his thoughts. He suggested we all have a "note," that we vibrate with this note at the level of self and that we need to be in tune with ourselves so that our iceberg can resonate with the same note.

Based on thesis research conducted in Singapore, John spoke of 6 themes of congruence: awareness, self acceptance and self appreciation, connection to inner self, spiritual connections, positive outlook and perception of life, and healthy boundaries and closeness in interpersonal relationships.

In order to move toward congruence John suggested it helps to address unfinished business, unmet expectations, and to work to become less reactive.

Member Self Introduction

- **Jesse Carlock**

Greetings to all of you SIP members. I am pleased that you have accepted me into your fold. I love what you are doing and I want to join in your mission.

For those of you whom I have not met as yet, I am a Jersey Girl at heart, born in Jersey City, New Jersey in 1948. For the last 30 years I have lived in Dayton, Ohio which was supposed to be just a stopping place after I completed my Ph.D. in psychology at the Florida State University in Tallahassee, Florida. I am supported in all that I do by a wonderful spouse of 25 years, Kerry Glaus. She is also a psychologist and Associate Dean of Academic Affairs at Wright State University School of Professional Psychology. Four other characters who are part of our family also provide great support and comfort (when they are not driving me crazy): Sweet Harley, our 22 pound sensitive cock-a-poo, Big Gert, our 90 pound German Shepherd who often forgets her size, the head of the pack, Roxie, our spunky 8 pound cock-a-poo, and Edward, the cat, who is named after our favorite Scuba Diving Instructor. What a crew we are!

I have been a devotee of Virginia Satir since 1979. After completing Process Community in Park City, Utah (this is where I first met John Banmen), I was invited to join Avanta in 1981 after spending time with Virginia during her work in the Philippines. During the 1980s, Pat Hagerty, Tom Verdon, and I operated PeopleMaking Midwest in Dayton, Ohio, conducting trainings throughout the MidWest for six years. For many years, Pat Hagerty and I conducted one-day family reconstructions

and I conducted numerous Parts Parties and Parts Party workshops. At the Gestalt Institute of Central Ohio, I conducted one day trainings and one year-long training in Satir methodology over a 10 year period. I have also published numerous journal articles and a couple of books incorporating Satir methods.

Currently, I see myself entering the late phase of my career as I have shaped it thus far. I run a medium-size practice at this point, employing four therapists plus a clerical staff of three part-timers. I manage the practice and carry a caseload of about 30 contact hours per week. My plan is to gradually reduce my client load and shift more of my attention to materials development using the web to market them. I am excited about several e-books which I plan to write. Some of these e-books will be geared towards professionals and others will be marketed to the general public. I see the web as holding great potential for introducing the world to Satir theory and practice.

I have more ideas than I have the time to tackle them which I guess is a good thing. I am looking forward to the possibility of working collaboratively on projects with some of you in the future. Vancouver could become another of my positive addictions. Wouldn't that be fun! And speaking of fun, I love traveling, cross-country skiing, scuba diving, water parks, hiking, dancing and cutting up with friends. I hope to meet more of you at the next Avanta meeting in Waterloo. Until then ... Jesse

A Journey of Compassion, Kindness & Peace - Regina Ragan, LCSW

(Continued from page 1)

As we deplaned in Baku, I became aware of entering into an unfamiliar land, far away from my home in North Carolina. Any rumblings of fear inside of me because of American politics in the Middle East, was replaced by feelings of safety as we were lovingly greeted by workshop participants. We soon met Laura who radiated a gentle peacefulness and enthusiasm about the training because of the special relationship cultivated between the Institute for International Connections and the Azerbaijan Psychological Association. The journey had begun, and I was filled with excitement about meeting the psychologists, psychiatrists, physicians and university students who would attend the training.

During family sculpts, family mapping, ingredients of an interaction, the iceberg and self-esteem work, I noticed the importance of understanding the relationship between the history of land, country and family. Following the thread of oppression and war throughout past generations, reminded me of Virginia's belief that we move towards growth no matter how thorny. Many of the participants in their late-twenties and early-thirties, my own generation, had lived through war and oppression during their childhood. However, the collapse of the Soviet Union during their adolescence introduced an edge of freedom. Clearly the inner resources within each person supported the ability to cope with the struggle while moving towards the "freedom to hear what is, to say what one feels and thinks, to feel what one feels, to ask for what one wants and to take risks on one's behalf." The universality of the Five Freedoms seemed to be a driving force towards a new status quo for this generation of young adults.

As the workshop ended, I prepared myself for another transition to an unfamiliar country, Tajikistan, which borders Afghanistan. In Dushambe, as in Baku, we were lovingly greeted by the organizers of the Dushambe International Conference on Domestic Violence. The hope was to support family doctors, psychologists and teachers in developing strategies to prevent and manage domestic violence which had escalated over the past years due to a fractured socioeconomic system. The outcome of war and oppression in Tajikistan is incredible unemployment, high infant mortality rates and high occurrences of female suicides. Teams of doctors and psychologists frequently travel into the villages to educate families about health care and the availability of confidential counseling services.

Sculpting communication stances within families of this culture resonated with participants, as violence is the extreme expression of blaming. Adding to the sculpts, extended families, schools, medical teams and friends created a sense of hope for change. A model of community support created a container for the possibility of reducing shame and building self and system esteem. Virginia's belief that we are born with the internal resources for growth, change and learning seemed plausible when the family was placed within the supports of community system.

My greatest sense of hope came from visiting a school in Dushambe for Afgani children whose parents fled their country for safety. Through art therapy, poetry and literature the psychologists and teachers at the school, support the children in dealing with the trauma of war. As an expression of self-esteem, the students have developed Rights for all Children. Among these rights are health care, rest, school, play and expression of opinion. As we left the school, we asked the children about their wishes for the world, which if we will cultivate can lead to peace. Their wishes are simple "To be more compassionate to those in need. To be kind to each other ... especially those who need it most so we'll be happy." I returned to the United States with deep gratitude for my Satir family. I not only felt more anchored in the model, but more anchored in the model's ability to cultivate peace.

For information on the ongoing Baku Project, contact Co-Chairs Barbara Jo Brothers at bbrothers@iiconnect.org or Laura Dodson at Lauradodson@gmail.com. For information on the ongoing Tajikistan Project, contact Co-Chairs Michelle Shillinco at shellinco@comcast.net or Regina Ragan at reginaragan25@aol.com. You may also contact Alexander (Sasha) Cheryomukin, Vice-President for International Projects at acheryomukin@iiconnect.org.



Catalogue of Library Resources

Here once again is a list of resources we have in our library. Members are welcome to make their suggestions to the librarian, Pauline Chan regarding this service. She could be reached at paulineseto@shaw.ca If you have any video/book/journal you would like to donate and add to the library pool, please contact Pauline.

Videotapes:

The Teachings of Virginia Satir. Avanta's Crested Butte, Colorado Videotape Series (one set/six tapes)

- i) Temperature Reading
- ii) The Process of Change
- iii) The Origin and Transformation of Survival Copings
- iv) The Dynamics of a Parts Party
- v) Communication Lab
- vi) The Seed Model

Virginia Satir: The Use of Self in Therapy. New Vision Media Ltd. (Menninger Clinic tape with Bud Baldwin) (one tape)

Virginia Satir: Live Family Therapy Case Consultation. Univ. of Cincinnati, 1986 & 1987 (one set/3 tapes)

- i) Family with Depression (Betty)
- ii) Suicidal Son (Bob)
- iii) Separated Family (Bill & Cheryl)

A Journey From Doing To Being: A Family Reconstruction Based On Virginia Satir's Model. Maria Gomori & John Banmen. AVANTA: The Virginia Satir Network & Maria Gomori, 1996 (one set/4 tapes)

Family Reconstruction Workshop. N.S.I. Special Event, Nov. 9 & 10, 1996. Maria Gomori & John Banmen. (one set/3 tapes)

Virginia Satir: A Family at the Point of Growth. Kansas City, MO: Golden Triad Films. (one tape)

Virginia Satir: Of Rocks & Flowers: Dealing with the Abuse of Children. Kansas City, MO: Golden Triad Films. (one tape)

Virginia Satir: Blended Family with a Troubled Boy. Kansas City, MO: Golden Triad Films. (one tape)

Virginia Satir: The Essence of Change. Kansas City, MO: Golden Triad Films (one tape)

Virginia Satir: A Step Along the Way: A Family with a Drug Problem. Kansas City, MO: Golden Triad Films (one tape)

Meditation by Virginia Satir. Produced by John Banmen (one tape)

Books:

Satir, Virginia and Michele Baldwin. **Satir Step by Step: A guide to Creating Change in Families.** Palo Alto: Science & Behavior Books, 1983.

Loeschea, Sharon. **The Satir Process.** Halem Publishing Design, 2002.

Satir, Virginia. **The New People Making.** Palo Alto: Science & Behavior Books, 1988.

Satir, Virginia. **Conjoint Family Therapy**, third edition. Palo Alto: Science & Behavior Books, 1987.

Banmen, John and Jane Gerber (ed). **Meditations and Inspiration of Virginia Satir.** Millbrae, CA: Celestial Arts, 1985.

Banmen, John (ed). **Satir's Systemic Brief Therapy Training Program – Counselling Practicum Workbook for Professionals.** Shuch-Li Linh Memorial Foundation, 2003. (Translated by Marie Lam)

The Satir Model – Family Therapy and Beyond. (Chinese Version)

Banmen, John (Guest ed.) **Contemporary Family Therapy: An International Journal**, Special Issue, "Satir Today," March 2002.

Lum, Wendy. **The Lived Experience of the Personal Iceberg Metaphor of Therapists in Satir's Systemic Brief Therapy Training**, Master's Thesis, 2000



**Douglas College
& the
Satir Institute of the Pacific**



Are pleased to give Early Notice for

An Advanced Diploma in Family Therapy

- ◆ Proposed start date is September, 2006
- ◆ Satir Transformational Systemic Therapy is the clinical model
- ◆ Educational Outcome: The program will graduate competent, culturally sensitive and ethical Family Practitioners able to facilitate growth and change within individuals, families and the community.
- ◆ Practitioners can continue to work in their chosen fields and complete this Advanced Diploma program within two calendar years.
- ◆ Courses are designed to sequence progressively, both theoretically & clinically.
- ◆ Students engaged in other areas of study within the human services field will be able to register in courses of interest within this program.
- ◆ Portions of the program will also be accessible on line to allow for distance learning.

Proposed Courses

- ★ Introduction to Current Models of Family Therapy
- ★ Understanding and Working with Families Across the Lifespan
- ★ Introduction to Satir Transformational Family Therapy (STST)
- ★ Ethical Practice
- ★ Therapeutic Issues with Children & Adolescents
- ★ Psychosocial Health, Mental Illness & Interpersonal Relations within the Family
- ★ Working with Couples & Families
- ★ The Sociocultural Context of Clinical Practice
- ★ Application of Research Findings
- ★ Special Issues in Parenting
- ★ Working with Addictions
- ★ Practicum x2

For more information: watch the Satir Institute of the Pacific Website: www.satirpacific.org

Satir Institute of the Pacific – Financial Report for 2004-2005

Dear SIP Members:

I am attaching a copy of the year end accounts for the Institute for April 1st 2004 to March 31st 2005. These were prepared by a professional bookkeeper, Jill Scott. As many of you know the accounts were not presented at the AGM in June because our Treasurer at the time, Karen Keyes was involved in an accident and was unable to complete them. After the AGM the Board decided the best course of action was to have them prepared by a professional bookkeeper and then present them at a re-convened AGM. This meeting was called for August 19th but had to be cancelled because few members responded indicating they would be there to make up the necessary quorum. When the Board met on September 16th the accounts were accepted by the Board and it was decided to send them to all the membership.

Karen is still recovering and continues as a Board member but no longer as Treasurer. The Treasurer's position has been filled by Kate Parkinson. If you have any comments about the accounts or concerns about the process, please let me know either by email at michaeltc@shaw.ca or by phone at (250) - 388-0447. Michael T. Callaghan, President

Satir Institute of the Pacific Balance Sheet as at March 31, 2005

ASSETS

Current Assets

CIBC Chequing	45,276.89	
GIC # 1	19,327.64	
GIC # 2	5,958.76	
Accounts Receivable	0.00	
Total Current Assets		70,563.29

TOTAL ASSETS 70,563.29

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LIABILITIES

Current Liabilities

Accounts Payable	231.47	
GST Owing	0.00	
GST Paid	201.84	
Total Current Liabilities		433.31

TOTAL LIABILITIES 433.31

EQUITY

Current Earnings	19,920.56	
Retained Earnings	50,209.42	
Total Retained Earnings		70,129.98

TOTAL EQUITY 70,129.98

LIABILITIES AND EQUITY 70,563.29

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Generated On: 8/1/2005

Financial Report, cont'd

Satir Institute of the Pacific Income Statement: April 1, 2004 to March 31, 2005

REVENUE

Training Revenue

Level 1 Kelowna	6,367.73
Level 1 Merritt	8,720.00
Level 1 Richmond	30,802.35
Level 2 Richmond	1,400.00
Level 2 Kelowna	7,585.72
Level 1 Victoria	11,925.00
Other Training	5,254.00

Total Training Revenue 72,054.80

General Revenue

Miscellaneous Income	1,770.89
International Certificates	1,200.00
Memberships	3,374.89

Total General Revenue 6,345.78

Satir Inventory

Studio Tapes	3,464.50
Posters	143.00

Total Inventory Sales 3,607.50

TOTAL REVENUE 82,008.08

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EXPENSE

Expenses

Level 1 Kelowna	8,373.13
Level 1 Victoria	2,812.15
Level 1 Merritt	5,339.99
Level 1 Richmond	15,747.00
Level 2 Kelowna	9,345.20
Level 2 Richmond	856.09
Other Training Expenses	4,183.87
Total Training Expenses	46,657.43

Satir Inventory Expenses

Tapes & Posters	5,762.75
Total Satir Inventory Expense	5,762.75

General & Admin Expenses

Certificates	49.60
postage & mailouts	1,413.29
Advertising and Promotion	1,299.22
Travel & Vehicle	47.75
Office supplies & expenses	476.97
Bank charges & Interest	593.10
Licences, memberships & dues	184.32
Salaries, honoraria, Board expenses	1,402.91
Scholarships	4,000.00
Other expenses	200.18

Total Gen. & Admin. Expenses 9,667.34

TOTAL EXPENSE 62,087.52

NET INCOME 19,920.56

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Generated On: 8/1/2005

The Satir Institute of the Pacific

is Accepting Applications for

The Summer Intensive: Advanced Family Therapy Training Course in Satir Transformational Systemic Therapy

Dates: July 15 – July 21, 2006 (inclusive)
Place: Rosemary Heights, Surrey, B.C., Canada
Instructors: Dr. John Banmen & Kathyne Maki-Banmen
Cost: \$800 Canadian

For brochure and registration, contact:

Colleen Murphy, Intensive Program Registrar, colleenmurphy@shaw.ca

- ✧ Apply Early – Applications Close on February 28/06; Limited Enrolment
- ✧ Application Review & Selection by Dr. John Banmen by March 30/06
- ✧ International Participants are invited to arrive on July 14th

You Didn't Think That You Could Own One, but yes , You Too Could Win A Fabulous Satir Institute Travel Mug!

Everyone who contributes a paragraph or more to the Winter edition of the *Wisdom Box* describing a movie, from the Satir perspective, will be eligible to have their name put in the hat for the grand draw.

Imagine: The Incredibles, through their icebergs. Was the Godfather misunderstood?

Deadline : November 25, 2005

Any other articles will also be gratefully received. The Editorial Team.

Advertising and Classified Ads in *The Wisdom Box*

The Wisdom Box is now accepting classified ads and regular advertising. Here is our policy.

Advertising is welcome. The *Satir Institute of the Pacific* reserves the right to reject advertisements which do not meet the general purpose of the organization. Send all copies, payments and inquiries to the Editor. A cheque payable to the *Satir Institute of the Pacific* must accompany your copy.

Display advertising rates:

- ◆ Full page— \$50
- ◆ Half page— \$25
- ◆ Quarter page— \$12

Classified advertising:

The cost for professional related items such as office rentals, items for sale, equipment needs, supervision etc. for up to 3 lines are free for members and \$1 per line for others.

If possible, please forward articles and advertisements

via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at the address listed below.

Attention Advertisers:

The *Wisdom Box* is published four times per year. Summer, Fall, Winter and Spring. For those interested in advertising events and programs, the next **deadline** for submission is

November 28, 2005

Please submit any articles, ideas, gossip, poems or anything else to the Editor.

Editor:

Pauline Mullaney

8438 Wiltshire St.,
Vancouver, B.C.
V6P 5H7

Tel: 604.875.2653

Fax: 604.875.2099

E-mail:

newsletter@satirpacific.org

Group Supervision with Dr. John Banmen

The supervision group will consist of a maximum of six people to be held monthly on Monday, Tuesday, or Wednesday from 6 - 9 p.m. starting in September.

If you are interested, please contact John at:

E-mail: jbanmen@dccnet.com or

Phone: 604.591-9269

Fax: 604.591-9260

Cost \$50 / evening for 6 evenings.



New Practice Opening in Downtown Ladner

Tim Head, Ph.D., R.C.C.

I would like to let everybody know that I have opened a private practice in downtown Ladner. I am available to see families, couples, and individuals, and I also have a separate play therapy room for children and youth. I will be sure to let you know if I begin working with a client whom you refer.

Tel: 604-728-5207

Fax: 604-536-6109

Email: timhead@shaw.ca

Volunteer needed

If you want to help out and get involved in the Institute and don't know quite how, you may be interested in helping with the production of the *Satir Institute of the Pacific videotapes*. Or you may be interested in the marketing of the tapes.

If you are interested in either of these two volunteer opportunities, then please contact John Banmen at jbanmen@dccnet.com or phone him at (604) 591-9269.

Alternatively you can talk to anyone on the Board informally about your interest

Satir Training Programs

Satir Transformational Systemic Therapy - Level I

Abbotsford, B.C.

Anne Morrison, MSW, RSW, RMFT

October 15 & 16, 2005

November 19 & 20, 2005

December 10 & 11, 2005

January 14 & 15, 2006

February 11 & 12, 2006

Registrar: Juanita Messmer: 604-591-9269

Now Registering



Satir Transformational Systemic Therapy - Level I

Richmond, B.C.

Dr. John Banmen, R. Psych & Kathlyne Maki-Banmen, MA

January 28 & 29, 2006

February 25 & 26, 2006

March 25 & 26, 2006

April 22 & 23, 2006

May 27 & 28, 2006

Registrar: Deborah Nelson: 604-948-2900

Now Registering



Changing From The Inside Out : Personal Growth Through The Satir Model

Richmond, BC Six evening program : 6:30 - 9:30 pm

Pauline Chan, Pindy Badyal and Jennifer Nagel

February 16, 2006

March 2, 16 & 30, 2006

April 13 & 27, 2006

Registrar: Deborah Nelson: 604-948-2900

Now Registering



Satir Transformational Systemic Therapy - Level I

Kelowna, B.C.

Anne Morrison, MSW, RSW, RMFT

January 27, 28, 29, 2006

February 24, 25, 26, 2006

March 24, 25, 26, 2006

April 8, 2006

Registrar: Donna Huggins 250-317-7490 or dhugs5@shaw.ca

Now Registering



Satir Transformational Systemic Therapy - Level II

Victoria, BC

Kathlyne Maki-Banmen, MA

March 3, 4 & 5, 2006

April 8 & 9, 2006

May 6 & 7, 2006

June 9, 10, & 11, 2006

Registrar: Wendy Lum 250-744-3869

Now Registering

For program and registration
information contact the

Registrar

For Each Program

**Register EARLY
to avoid disappointment**

**Don't forget to visit our
website!!!**

www.satirpacific.org

**Submit ideas and content to
Kathlyne Maki-Banmen**

**Tel: 604.591.9269 or
E-mail: kmb@satirpacific.org**

Help Wanted

The Wisdom Box needs you. We are a committee of 3 so far, including me Pauline Mullaney, editor, Hugh Morrison co-opted husband of Anne Morrison who does the desktop publishing, and Kathryn Patterson. We need some help with interviewing the odd person, and offering creative ideas. If you have some ideas or a little time please contact me at p.mullaney@shaw.ca