

The Wisdom Box

The Official Newsletter of the Satir Institute of the Pacific

Announcements

Board of Directors

President:

Kathlyne Maki-Banmen

Secretary:

Pauline Mullaney

Treasurer:

Michael Callaghan

Director of Training:

John Banmen

Director of

Membership Services:

Anne Morrison

Directors:

Alan Baiss

Martin Bartel

Bruce Cullen

Tim Head

Mindy Kollman

The **Annual General Meeting** of the **Satir Institute of the Pacific**
will be on:

May 9th, 2002 – 6–8 pm

at the

Best Western Abercorn Inn

9260 Bridgeport Road

Richmond, BC V6X 1S1

Everyone is welcome! The business meeting will be followed by the elections for **new board members**.

(see page 4)

OUTER SPACE & INNER SPACE EXPLORATIONS

With Dr. Kenneth Cox, Engineer, Futurist, and Change Agent

June 8, 2002

in the **Student Union Building, UBC**

(see article on page 3)

Message from the President

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It is only a few weeks before our 4th Annual General Meeting. It is hard to believe that it was less than five years ago that a group of dedicated Satir people sat around the dining room table sharing our vision for an institute. We had big dreams of trainings, publications, services and research to help people to grow and evolve in a positively directional way. I am pleased with our progress. We have expanded our vision in a consistent way. Although we are still a young organization, and still have many possibilities ahead of us, we have learned a lot on our journey and can be proud of the influence we are having on the therapeutic community in British Columbia.

Some of the initiatives which we

have successfully implemented include an expansion of our initial Satir's Systemic Brief Therapy training programs, a variety of special event programs, including a family reconstruction workshop with Maria Gomori, a personal mandala workshop with Stephen Buckbee, Dan Doyle and Mike Dupont, a one-day conference with a very competent group of our own local trainers, and a trauma workshop with Stephen Smith and Dr. Brian Pound. We have completed one Training-for-Trainers program with 11 graduates and plan to offer another this summer for another 12 members. We are also looking forward to a one-day workshop with Dr. Kenneth

Cox, a scientist and futurist from NASA.

We are also proud of our two task forces: Suicide Prevention and Treatment and **Alcohol and Drug Treatment**. These groups are focusing on research, training, and publication possibilities. The research committee, under the leadership of Tim Head, has been compiling videos and assisting the A&D task force. Tim is also leading the facilities committee, trying to find a permanent home for our institute in which we can offer a variety of different training programs for therapists and for the general public and, possibly, therapy services

Message from the President continued

(continued from page 1)
under supervision. Anne Morrison, the Director of Membership Services, heads the committee which is providing ways to assist members in staying connected with each other and celebrating their own personal growth.

One of our most exciting recent successes is the publication of a Satir Update edition of the *Journal of Contemporary Family Therapy*. Our Director of Training, John Banmen, is the guest editor and several of our members have articles in the journal.

The institute is in an active growing phase. There is a momentum that will take us towards whatever future goals we envision. Our hope, now, is that more members will become involved, will bring their ideas forward, will provide leadership and will add their energy

and excitement to the organization. There is much more to be done than a board of directors can accomplish. How will you be involved in our future?

Kathlyne Maki-Banmen
President

Training Programs

Satir's Systemic Brief Therapy Program – Level I *Kamloops, BC*

Kathlyne Maki-Banmen

April 19, 20, & 21; May 24, 25, & 26; June 13, 14, & 15, 2002.
Plus, one video day (TBA)

For information, phone
Kathy Wyse 250-374-8542

Satir's Systemic Brief Therapy Program – Level I *Lower Mainland*

Dr. John Banmen &
Kathlyne Maki-Banmen

September 21 & 22; October 26 & 27; November 23 & 24, 2002; January 18 & 19; February 15 & 16, 2003

For information, phone
John or Kathlyne
604-591-9269

Satir's Systemic Brief Therapy Program – Level II *Lower Mainland*

Dr. John Banmen &
Kathlyne Maki-Banmen

September 14 & 15; October 19 & 20; November 16 & 17, 2002; January 11 & 12; February 8 & 9, 2003.

For information, phone John or
Kathlyne 604-591-9269

Training for Trainers

Dr. John Banmen &
Kathlyne Maki-Banmen
August 13th – 18th, 2002

Rosemary Heights Retreat
Centre, White Rock, BC

For information, phone
John Banmen
604-591-9269



New Members

A warm welcome to the following new members of the *Satir Institute of the Pacific*:

Upgraded to Clinical:

Bonnie Mason

Affiliate:

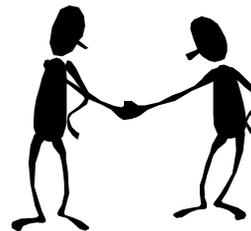
Linda Prochaska

L. Enrique Monje-Alvarez

Farideh Farzhamian

Reminder to Professional and Clinical members:

You are required to show evidence of at least 60 hours of relevant continuing education over each three year period of membership. Reminders will be sent out shortly to applicable members.



For information and
membership applications
contact:

Tim Head
Co-ordinator of
Membership Services
604.535.6168

News Around the Institute

Congratulations to the following Satir Institute of the Pacific members for having articles published in the *Journal of Contemporary Family Therapy*, March 2002 special Satir edition: **John Banmen** (guest editor), **Stephen Smith**, **Anne Morrison**, **Wendy Lum**, **Jim Smith**, **Judy Ferris**, **Gilles Beaudry**, and **Carl Sayles**. What a feather in your caps!!

Congratulations, too, to **Anne Morrison** for being chosen Langley's Woman of the Year for her contribution to the community. A most sensible decision for a most deserving person!!

Don Potkins has two recent accomplishments: one is receiving his Approved Supervisor status from AAMFT and the other is being hired as Clinical Supervisor for the new, posh, luxurious addictions treatment center on Bowen Island. Good

going, Don!!

Mary-Ann Reid has recently completed her masters degree in Adult Education. Her research and thesis focused on applying the Satir Model as a process for fostering transformative learning. Well done, Mary Ann!!

Bon voyage to **Michael Callaghan**! He and Renata are spending the next three months in Europe visiting with family and exploring Italy.

David and Linda Kennedy are ecstatic over the birth of their new grandchild. Being grandparents is one job you never get tired of!

"The common bond uniting those who use [Satir's] approach is not a set of tools but a commitment to the basic assumptions and values that underlie her work."

- Satir and Baldwin, 1983

Special Event— Saturday, June 8, 2002

Outer & Inner Space Explorations: The Astronauts' Experience

The *Satir Institute of the Pacific* is bringing Dr. Kenneth Cox — Scientist, Engineer, Futurist, and Change Agent, NASA Johnson Space Center — to Vancouver.

The astronaut's experience provides a unique perspective for exploring new skills for transformation and change by interweaving objective and subjective realities.

Dr. Cox will lead this exploration of the ultimate frontiers, space, the human mind, and the human body in the matriculation of humanity. This adventure finds the convergence of the new sciences with spirituality and universal human values, the deep Satirian relationship dynamics between the parts and the whole and basic ideas for creating a future.

Dr. Cox, a futurist, is a natural storyteller, who spins the engaging personal stories about Apollo and the astronauts, into developing concepts and ideas for integrating science and the humanities into Earth/Space exploration. He proposes forums for technology, economics, governance and community as a means for developing reasonable choices for the future, where major emphasis would be placed on networking and developing cooperative relationships. He sees this evolutionary process developing new senses of community.

Please register now: The registration packages have been mailed. Please complete the form and mail immediately. We really need your support to successfully register 200 to 300 people.

For more information, contact:

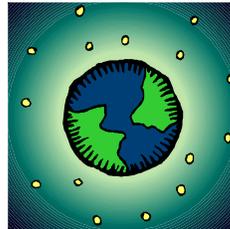
Todd Clark at: 604.828.3949

Or

toddmclark@hotmail.com

For details, visit our website:

www.satirpacific.org



"The astronauts' and cosmonauts' experiential learnings, together with new discoveries and lessons from the past, provide the necessary insights and foundations for building new civilizations, so that the emerging and evolving role of human beings can be read as an integral part of the larger universe. Many of the space-related characteristics may be important and even key to human survival and evolution."

- Dr. Kenneth Cox

Alfred John Arthur (Art) Chapple

by — Michael Callaghan

"A Man of
Laughter and Song"

June 30th, 1926 to
February 6th, 2002

An Appreciation

I always looked forward to seeing Art at the Satir Institute of the Pacific events and, in previous years, at North West Satir Institute events because of his continuing enthusiasm for the development of the work of the Satir Model and his interesting questions and observations. His first training with Virginia Satir was in 1972 on Cortes Island and continued in the early eighties through the North West Satir Institute in Bellingham and Seattle. When I first met him, he was already retired from his career in counseling with families, marital cou-

ples, individuals, and groups. However, his passion for understanding humanity led him in his seventies to enroll in our Institute's Level 1 and Level 2 Courses to renew and continue to stimulate his own interest and to inspire others.

As a young man Art was in the Canadian Army for a year at the end of the Second World War. He then studied in Toronto to become a minister of the United Church. During the 1950s he ministered in McCord and Mankota, Saskatchewan, and for four years in Whitehorse in the Yukon. He then left the church to obtain his MSW at UBC and began his career in Mental Health.

I visited Art a number of times during his long stay in hospital, from September last year until

his death in February. A lasting impression for me is how Art and his wife, Dorothy, displayed their deep love and concern for one another during this very difficult time. He was always cheerful, optimistic and appreciative of his caregivers and interested in all who visited him. His spirit, his love of life, and his friendship were a reminder of how individual, unique, and sacred we all are.

Art was a unique individual with many parts. On a peaceful sunny afternoon filled with the promise of Spring and new life, a small wooden church, overlooking the calm waters of Brentwood Bay, was crammed to capacity by friends spanning his lifetime to celebrate Art's life and remember his gifts to us. A few of us from the Institute listened as a number of

his close friends shared their stories of Art and along the way mentioned how Virginia Satir had been one of the important influences in his life. A more recent influence was Buddhist chanting that became a daily priority for him in hospital, bringing him into contact with the universal healing energy we all share. Art's life was about seeking connection with this energy, bringing it into the world, and sharing it with others through his contact with them in his professional and personal life.

"I believe that successful living depends on our making and accepting a relationship to our life force."

- Virginia Satir, 1988

Nominations for the Board of Directors 2002

Elections for the new board members will take place during the Annual General Meeting of the Satir Institute of the Pacific on May 9th, 2002. All members in good standing are eligible to vote. *In order to be a member in good standing, you must have paid your membership dues for 2002.*

There are four (4) vacancies coming available on the board. All members are eligible to serve on the board. All members are also eligible to nominate another member (or themselves) to stand for election. If you wish to nominate someone, you must have their permission prior to submitting the nomination form.

If you require more than one nomination form, please photocopy as many as you need. You may nominate as many people as you wish.

The steps for nominating a member you think would benefit the board are as follows:

1. Decide who you would like to nominate. Remember, you can nominate as many people as you like.
2. Call your nominee(s) to make sure they are willing to run.
3. Fill out the nomination form and mail it to the Satir Institute of the Pacific, in care of Tim Head, Nominations Chair (see form).

VISIT OUR WEBSITE:
www.satirpacific.org

Nomination Form for the Board of Directors

Your Name (*please print*) _____

Your membership: Clinical member (in good standing)
 Professional member (in good standing)
 Affiliate member (in good standing)

Name of Nominee: _____

Address of Nominee: _____

Nominee's Phone: _____

Have you verified this person's willingness to be nominated?
 Yes (If not, please do so **before** submitting this form)

Please submit all nominations before April 24th, 2002 to:

Satir Institute of the Pacific
 c/o Tim Head, Nominations Chair
 2657-127th St.
 Surrey, BC, V4A 5G9

Advertising and Classified Ads in *The Wisdom Box*

The Wisdom Box is now accepting classified ads and regular advertising. Here is our policy:

Advertising is welcome. Send all copies, payments, and inquires to the Editor. A cheque payable to the *Satir Institute of the Pacific* must accompany your copy. The *Satir Institute of the Pacific* reserves the right to reject advertisements which do not meet the general purpose of the organization.

Display advertising rates:

- Full page— \$50
- Half page— \$25
- Quarter page— \$12

Classified advertising:

The cost for professional related items such as office rentals, items for sale, equipment needs, supervision, etc. for up to 3 lines are free for members and \$1 per line for others.

If possible, please forward articles and advertisements via e-

mail attachment (in Word for Windows format) and /or computer disc, camera ready, for the Editor at the address listed below.

Attention Advertisers:

The Wisdom Box is published four times per year. Summer, Fall, Winter, and Spring. The next deadline for submission is May 31st, 2002.

Please submit any articles, ideas, gossip, poems or anything else to the Editor:



Making contact.

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 Vernon, BC, V1H 1H2
 Fax: 250-260-4186
 Or, via the website:
 > www.satirpacific.org
 >contact
 >editor