

# The Wisdom Box

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2000–2001

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## Upcoming Special Event— Saturday, November 18, 2000 *Peace Within, Peace Between, Peace Among*

Virginia Satir dedicated her life to helping individuals, families and communities to experience inner and outer peace in order to become more fully human. Before her death in 1988, she worked towards promoting world peace.

This year the United Nations has dedicated 2000 as the International Year for the Culture of Peace.

The *Satir Institute of the Pacific's 3rd Annual Special Training Event* has been named *Peace Within, Peace Between, Peace Among*.

This will be a great opportunity to hear from our peers. Members of the *Satir Institute of the Pacific* will be conducting Satir focused workshops for personal and professional growth.

*Personal workshops* include:

- ❖ Communication, Connection & Cooperation: A path for children, parents and those who support them – *Sandra Ang*

- ❖ Using Metaphor to Strengthen Relationships – *Beth Lisson & John Riopka*

*Professional workshops* focusing on specific applications of the Satir Model include:

- ❖ Grief, Loss & Change: An opportunity for transformation – *Wendy Lum & Anne Morrison*
- ❖ Transformational Change in Therapy: Assisting people through chaos – *Carl Sayles & Mindy Kollman*
- ❖ Using the Family Map as a Therapeutic Tool in Individual Therapy – *Don Potkins & Stephen Smith*
- ❖ Transcending the Trauma Image: Trauma, art therapy and positively directional change – *Marga Hanna*

The afternoon session will be conducted by Dr. John Banmen.

This will be a one day workshop on Saturday, November 18/00 9:00 a.m. – 5:00 p.m. at the UBC Law Building. *Encourage your colleagues and clients to attend this event.*

Registration Costs  
\$65—SIP Members/Student;  
\$75 non-SIP Members  
*Lunch is included!*

For registration please call:  
Wendy Lum— *Registrar of Programs*— 604.540.4415

"Human beings must evolve a new consciousness that places a high value on being human, that leads toward cooperation, that enables positive conflict resolution and that recognizes our spiritual foundations."

— Virginia Satir

## Message from the President

November has traditionally been the time when the Institute has put on a Special Event. The two previous events have featured presenters from other parts of Canada and the States. They have been "special" because they have given Institute members and others an oppor-

tunity to hear and learn from presenters outside the Institute, who have been using and developing the teachings of Virginia Satir in their own unique way.

This year on November 18th the Institute is presenting a one day conference which is also *special*. It is *special* because it is

providing an exciting opportunity for Institute members to showcase their work and thinking for other members and the public. *Peace Within, Peace Between, Peace Among* promises to be a milestone in the Institute's history with new pre-

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## New *Ingredients* for InnerVisions

By— Don Potkins

As part of the obligation for completion of the Training For Trainers Program completed this summer, Billy Weselowski and I developed and presented a workshop for the staff of InnerVisions.

Initially the workshop was to cover the *Ingredients of an Interaction, Family Maps* and *The Iceberg*. It was to take place over three afternoons. Upon reflection we decided to present only one Satir intervention, the *Ingredients of an Interaction* and to have it take place over two afternoons for a total of 12 hours.

I feel that I can say both of us were pleasantly surprised at:

- ♦ the depth that the staff of InnerVisions were able to take the process for change intervention both personally and professionally;
- ♦ the ease with which Billy and I were able to move about through the information, following the ebb and flow of each other's style;
- ♦ the quality of the feedback from the participants in the workshop.

It was a pleasure and an honour to work with the staff of InnerVisions and their Executive Director—Billy Weselowski. It was also a learning experience for me, and as Billy has shared with me, a learning experience for him as well.

It was a joy to share the depth and possibilities that the Satir Model can bring to others whether their field is counselling, clerical, support, or any other work that brings us into contact with others.



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## AVANTA Residential August 2000

By— Deborah Fish

I should like to convey my sincere appreciation for the bursary that made it possible for me to attend the AVANTA Residential program held at the University of Victoria in August. It was a generous gift and I am most grateful to have received this bursary.

It was a treat to have the opportunity to further consolidate my training in the Satir method and benefit from the expertise of Dr. John Banmen and his wonderfully insightful and helpful interns Wendy, Beth and Sunny.

I was also fortunate to have been part of such a supportive, nurturing, safe and kind triad. Together we were able to effectively process personal issues and enjoy warmth, sharing and humour.

For me it was helpful to be reminded during the training, that whilst John is a talented and inspiring teacher and role model with his superbly crafted questions and his ability to consciously direct the session, we each have our own way of working with the Satir Model. It is

important not to try and be another John when using the Satir approach, but rather to be authentic and trust our own application of the techniques and expression of self, as we connect and work with clients at a deep level.



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## Upcoming Special Event— February 24, 2001 *Therapeutic Explorations Workshop*

This special event is a first in a series of workshops sponsored by the *Satir Institute of the Pacific* which will compare the Satir Method with another therapeutic approach focusing on a specific issue.

This particular workshop will focus on trauma through comparing the Satir Model with an Eriksonian approach.

Dr. Brian Pound who is a physician and hypnotherapist with 40 years experience will explore the issue of trauma through the Eriksonian methodology.

Stephen Smith who is a family therapist and addictions counselor will present this issue through the Satir Model.

Participants will be given practi-

cal tools for working with clients in the area of trauma. The format will include a lecture/ demonstration/experiential component by each presenter and then there will be a discussion comparing the two approaches. It is open to professionals working in the field and students.

Early Registration—by Jan. 1st  
\$60—SIP Member/Student;  
\$70 non-SIP Member

Registration after Jan 1, 2001  
\$65—SIP Member/Student;  
\$75 non-SIP Member

For registration please call:  
Alan Baiss — 250.360.1958

## News Around the Institute

Members of the Satir Institute of the Pacific – Suicide Intervention & Treatment Task Force, Judy Ferris, Wendy Lum and Jim Smith completed a successful presentation at the Canadian Association for Suicide Prevention 11th Annual Conference. Their workshop was entitled “What Kids Are Teaching Us.”

There were approximately 100 people in attendance. They looked at the internal world of adolescent suicides from a coroner behavioural investigator’s experience. Also highlighted was the importance of building resiliency (strengths and resources) within the family and community.

Judy, Wendy and Jim are also

authoring an article for the *Contemporary Family Therapy Journal* on suicide for the September 2001 issues. Be sure to check it out next year!

The *Ministry For Children and Families* Simon Fraser Region’s staff conference will be highlighting Satir Trained leaders of workshops on November 7 & 8, 2000. Anne Morrison will be the keynote speaker! The theme for the conference is *Renewal, Revitalization and Connecting*. It will be held over 2 days and the expected audience will be 340 MCF workers (from Burnaby to Maple Ridge).

The following members that have completed the Satir Training for Trainers Program will be presenting: Sandy Ang on un-

met expectations; Anne Morrison and Wendy Lum on inner and outer wellness; Don Potkins and Steve Smith on adolescent addictions.

There will also be other Satir trained presenters at this staff conference: Deborah Fish on preventing burnout; Jim and Nina Magee on leadership; and Pauline Mullaney on ADHD.

The date of the next Board Meeting will be on November 19th so be sure to get your completed membership applications in to Sue Taylor before that time in order for it to be presented to the Board!

John Banmen is having a very busy fall and winter. He is off to Thailand to conduct 2 separate

workshops, one being for the Royal College of Psychiatrists. He is headed for Kuwait, England and Scotland to conduct separate certificate programs and he has been signed up to teach a 2 year program held in Korea.

The Family Reconstruction that Karin Tschanz conducted in Switzerland was very successful.

Don Potkins and Billy Weselowski conducted a 2 day training program for InnerVisions staff in September. See page 2 for how Don felt about this training experience.

## New Members

A warm welcome to the following new member of the Satir Institute of the Pacific:

Clinical—  
Warren Tan Leh Ou

Affiliate—  
Kathy Wyse

Upgraded to Clinical—  
Marga Hanna

Upgraded to Professional—  
Bruce Cullen



For information and membership applications contact:  
  
Sue Taylor  
Coordinator of  
Membership Applications  
604.988.5353

## Message from the President continued

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sponsors and a record number of participants.

Another event in the planning stage for February 24th, 2001 is a presentation comparing the Ericksonian and the Satir Model approach to trauma. Again this

will be something new and special for the Institute as Dr. Brian Pound and Stephen Smith share their learning and approach.

Many hours of preparation and planning, including the Training for Trainers residential program,

have gone into the event and planners and presenters alike can take pride in what is being achieved. I hope all members will be able to come and participate in these events.

Michael T. Callaghan  
President

Don't forget to visit our new website!!!  
  
[www.satirpacific.org](http://www.satirpacific.org)  
  
Submit ideas and content to Sue Taylor

### Ongoing & Upcoming Programs

*Satir's Systemic Brief Therapy Training Program—Phase I*  
John Banmen & Kathlyne Maki-Banmen  
Ten Day Program—Starting September 2000

Full

*Peace Within, Peace Between, Peace Among*  
One Day Conference for Personal and Professional Growth  
November 18, 2000— 9 a.m. to 5 p.m.

74 Registered

*Satir's Systemic Brief Therapy Training Program—Phase II*  
John Banmen & Kathlyne Maki-Banmen  
Ten Day Program—Starting December 2000

22 Registered

*Satir's Systemic Brief Therapy Training Program—Phase I*  
John Banmen & Kathlyne Maki-Banmen  
Ten Day Program—Starting January 2001

9 Registered

*Therapeutic Explorations Workshop*  
Stephen Smith and Dr. Brian Pound  
One Day Workshop for Professional Development  
February 24, 2001

Now Registering

For information and registration for this particular workshop  
please contact Alan Baiss 250.360.1958

For program and registration information contact:  
  
Wendy Lum  
Registrar of Programs  
604.540.4415

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### Other Programs Endorsed by the Board of Directors

*Family Reconstruction Workshop*  
Karin Tschanz & Gloria Taylor  
Two Day Workshop—November 3 & 4, 2000

For information and registration contact—  
Karin Tschanz at 987-8282

*AVANTA Advanced Intensive Residential Training Program*  
John Banmen & Kathlyne Maki-Banmen  
Dumas Bay Center, Washington  
August 7–13, 2001

To submit articles, ideas, gossip or anything else to  
*The Wisdom Box*  
contact:  
  
Dara Rosenzveig  
604.279.5599 Ext. #119  
Next Deadline: Jan. 15-01