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An Analysis of Published Literature on the Satir Model

有關沙維雅模式的文獻分析

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Abstract

This analysis separates the literature on the Satir Model into two types: *Direct* - by naming the Satir Model explicitly; and *Indirect* - as an implicit reference to the Model through overlapping theory or techniques. There were 509 *Direct* pieces found and separated into two categories: *Empirical* - reported research studies of the Model; and *Rational* - descriptions and discussions of the Model and its applications. The research methods used in the published studies are itemized as being anecdotal, qualitative, or experimental, and their frequencies are estimated numerically. The *Indirect* literature is outlined and discussed. The literature appears overwhelmingly supportive of the Model with few exceptions, and these items, however, do not negate nor invalidate the Model. Most importantly, the research literature that has been analyzed does not find any harm-causing fault with the Model.

作者將有關沙維雅模式的文獻分為兩類，一類文獻「直接」用沙維雅模式這個詞，還有一類文獻「間接」地提及有關沙維雅模式的理論或者技術。文獻回顧搜尋到 509 篇「直接」討論的文獻，這類文獻又可分為兩種：實證研究的文獻，描述有關沙維雅模式的實證研究結果；理論分析的文獻，注重分析闡述理論及其運用。這些「直接」討論的文獻的研究方法主要可以歸納為軼事性的、定性的、或者實驗性的，文中還估計了他們的數量。作者接着略述了「間接」討論的文獻。在此類文獻中，除了少數文獻外，絕大多數文獻都支持沙維雅模式的有效性，而這些少數文獻也並沒有否定沙維雅模式。最重要的是，文獻回顧沒有發現沙維雅模式有任何可能對案主造成傷害的地方。

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