The Satir Journal: Satir Transformational Systemic Therapy Volume 5 Number 1 Spring 2012 ISSN – 1718-2050 (print) ISSN – 1718-2069 (online)

Transformation in the Sand Tray:

Examples of the Satir Model in Sand Tray Therapy

Madeleine De Little

Abstract

This article describes the author's experience and outcomes in integrating the Satir model with sand tray therapy. It briefly describes the author's integration of Satir-based approaches with sand tray therapy, and cites three case studies of her work with children.