

Helping People Change Workshop Series

Positive Outcomes for working with Fetal Alcohol Spectrum Disorder using the Satir Model

With Corrinna Douglas, MA, RCC

When: April 24, 25, 2015 9 am – 5 pm (Friday and Saturday)

Cost: \$300.00 per person (SIP Member and Early Bird Rates Available)
(Payment accepted via PayPal, Credit Card or Cheque)

Location: Phoenix Center, 13686-94A Avenue, Surrey, BC V3V 1N1

About The Program

The proposed workshop entitled “Positive Outcomes for working with Fetal Alcohol Spectrum Disorder” explores and discovers positive outcomes for working with children and families impacted with Fetal Alcohol Spectrum Disorder (FASD) by using Satir Transformational Systemic Therapy (STST). As research has identified that approximately 1 in every 100 babies born in Canada are diagnosed with the effects of prenatal alcohol exposure, it is critical for families and professionals to be educated and understand the accommodation needed for brain differences and draw upon the individual’s strengths and resources. FASD is organic brain damage that impacts an individual’s life in many different ways and often times leaves families overwhelmed, exhausted and in need of support. Beliefs, expectations and judgments are the forefront of stress, anger, frustration, hopelessness and exhaustion. It appears that there is still a lingering misconception that helping individuals who are impacted by FASD is ineffective and unsuccessful. This experiential and positively directional workshop will facilitate a new awareness of the impacts and experiences for those individuals impacted with FASD and present a holistic framework in which support can be offered to individuals and families. The brain structure for someone impacted by FASD is different than a non-affected brain, so why would we expect that ‘typical’ or ‘traditional’ methods of support would be successful?

Outline of the Program

Day 1: Appreciating FASD

1. What the literature says about FASD
2. The intrapsychic system of individuals impacted with FASD and family members
3. Systemic impacts of FASD for individual and families
4. STST model while integrating elements of FASD
5. The transformational change process: Working with the intrapsychic system, not the behaviours
6. Connecting with spiritual Life Energy to facilitate change
7. Setting therapeutic goals for positively directional change
8. Releasing past negative impacts experientially for lasting energetic change

Day 2: Transformational Change with Different Abilities

1. Case study/video: conceptualizing a family with FASD
2. Small and large group sharing and debrief
3. Live client demonstration
4. Debrief of therapy session
5. Question and answer session

Workshop Leader

Corrinna Douglas, MA, RCC is a positive and enthusiastic trainer who has facilitated training and provided consultation for various professionals including teachers, social workers, lawyers and clinicians. She has received extensive training and has experience working with individuals who are impacted with Fetal Alcohol Spectrum Disorder (FASD), and is a registered trainer in FASD. Corrinna's clinical work derives from the Satir Transformational Systemic Therapy framework and is strength based, focusing on change and growth.

Corrinna has her Masters of Arts in Counselling Psychology and has been working in the counselling field since 2009. Corrinna is a registered clinical counselor and has a private practice in Kamloops, and is a Board of Director for the Satir Institute of the Pacific. Corrinna has a passion for supporting individuals and families with obtaining their goals and discovering their true inner sense of Self. Specializing in working with children, adolescents and individuals with developmental disabilities, her work is based on compassion, understanding, and empowerment.

Registration – Positive Outcomes for working with FASD – April 24, 25, 2015

Name _____

Address _____

city _____ province _____ postal code _____

Tel. _____
(Res) _____ Tel.(Cell/Bus) _____

Email _____ Occupation _____

Fees

	<u>before Apr 3</u>	<u>after Apr 3</u>
SIP members	\$250.00	\$275.00
Non-members	\$275.00	\$300.00

**Full Payment due with
registration**

Cancellation Policy: No refunds after April 3, 2015. Refunds minus a \$50 administration fee before April 3, 2015.

Payment Method: PayPal, Credit Card or Cheques. If you wish to use PayPal or Credit card please contact the administrator at 604-634-0572 or admin@satirpacific.org

Send to:

Cindi Mueller, Administrative Assistant
Satir Institute of the Pacific
13686 – 94A Avenue
Surrey, BC, Canada V3V 1N1
Telephone: 604-634-0572
Email: admin@satirpacific.org
www.satirpacific.org



Satir Institute
of the Pacific

