Helping People Change Workshop Series

Transforming your Relationship with Money Using the Satir Model

With Linda Lucas, M.A., LCPC, Licensed Clinical Professional Counselor, USA

When: March 13 and 14, 2015 9 am – 5 pm (Friday and Saturday)
Cost: \$300.00 per person (SIP Member and Early Bird Rates Available)

(Payment accepted via PayPal, Credit Card or Cheque)

Location: Phoenix Center, 13686-94A Avenue, Surrey, BC V3V 1N1

About The Program

Powerful beliefs and behaviors are formed about money usually in childhood. These money beliefs tend to remain unconscious and tend to be "generational" in that they frequently get passed down from parent to child.

Our relationship with money is reflected in the sense of satisfaction and fulfillment that we get from our connection with Self, family, community, and our beautiful planet. Our relationship with money encompasses far more than just earning, spending, debts and savings; it also includes the time these functions take in our life. By transforming our relationship with money we can consciously choose prosperity, freedom and peace of mind impacting all area of our life. Transformational change comes from the level of Life Energy and is a part of natural human growth and evolution. It means that we become more of our true, spiritual Selves rather than our reactive, survival energy patterns.

This program will include:

- How to help the client change their intrapsychic system including their emotions, perceptions, expectations and behaviours.
- ➤ How to help people explore, allow, and accept and transform their internal experience.
- ➤ How to help people connect with their Life Energy in a positively directional way towards choosing prosperity, freedom, and peace of mind.
- ➤ How to help people develop a connection with their internal resources.
- ➤ How to help people connect with their dreams and realize them.

The workshop will incorporate lecturettes, discussion, experiential exercises, demonstrations and skill development practice as part of the program.

Outline of the Program

Day 1: Money and Your Life Force Energy

- 1. What the literature says about money relationships
- 2. The intrapsychic system of individuals relationship with money
- **3.** The symptom as a solution
- 4. Family rules
- 5. The transformational change process: Working with the intrapsychic system, not the behaviours
- **6.** Connecting with spiritual Life Energy to facilitate change
- 7. Setting therapeutic goals for positively directional change
- 8. Releasing past negative impacts experientially for lasting energetic change

Day 2: Transformational Change with Depression

- 1. Case study: conceptualizing a family with Money Problems
- 2. Small and large group sharing and debrief
- 3. Live client demonstration

- 4. Debrief of therapy session
- 5. Question and answer session

Workshop Leader

Linda Lucas, Licensed Clinical Professional Counselor, MA, LCPC has extensive training in Satir Transformational Systemic Therapy. Linda is an enthusiastic, experienced trainer and provides trainings for professionals, teachers, educators, staff and families working with at-risk adolescents, attachment issues, addictions, couples, families, grief and loss, and self-care.

Linda is the Secretary of the Board of Directors of the Satir Institute of the Pacific, past president of the Satir Institute of the Pacific, Clinical member of the Satir Institute of the Pacific, and a member of the Satir Institute of the Pacific Training Directorate. She is an approved senior trainer and faculty for the Banmen Satir China Management Center. In addition, Linda is an active member of the Idaho Mental Health Counselor's Association, and provides Ethics trainings for the Idaho Mental Health Counselling Association throughout the year to therapists, educators, professors, and counselors. Linda provided Satir Transformational Systemic Therapy to adolescent females, families, and couples at Northwest Children's Home in Lewiston, Idaho, USA for the past 17 years. Lind is a certified approved supervisor for licensed professional counselors. Linda travels throughout the world conducting Satir Transformational Systemic Therapy experiential, dynamic workshops and programs.

Registration – Transforming your Relationship with Money Using the Satir Model – March 13, 14, 2015

Name			
Address			
city	province		postal code
Tel.			
(Res)	Tel.(Cell/Bus)		
Email		Occupation	
Fees	before Feb 20	after Feb 20	
SIP members	\$250.00	\$275.00	Full Payment due with
Non-members	\$275.00	\$300.00	registration

Cancellation Policy: No refunds after February 20, 2015. Refunds minus a \$50 administration fee before February 20, 2015.

<u>Payment Method:</u> PayPal, Credit Card or Cheques. If you wish to use PayPal or Credit card please contact the administrator at 604-634-0572 or <u>admin@satirpacific.org</u>

Send to:

Cindi Mueller, Administrative Assistant Satir Institute of the Pacific 13686 – 94A Avenue Surrey, BC, Canada V3V 1N1

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