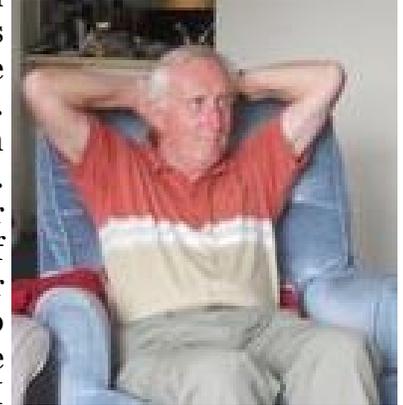


# The Wisdom Box

The Official Newsletter of the Satir Institute of the Pacific

Fall 2010 Issue

October is a time for celebrations, first Thanksgiving and then Halloween. Thanksgiving, in England where I grew up, was celebrated as Harvest Festival, a time when churches were filled with the produce of the earth and thanks were given. In Canada it seems to be a time to share a festive meal of turkey with family and friends and think about what we appreciate in our world. I wonder what it means for the Satir Institute of the Pacific and our members. What are we grateful for? What do we appreciate? Many of us are grateful for the difference the Satir Model has made in our personal lives and relationships. It has also enhanced our professional practice as we strive together to bring more peace into the world. I am grateful to be part of the extraordinary journey the Institute has made from its early beginnings to where it stands now as the world leader in teaching Satir Transformational Systemic Therapy (The Satir Model). This journey has only been possible because people in many places have put aside their own agendas and come together to contribute and create something bigger than the sum of its parts.



## Board of Directors

2010—2011

### President:

Michael Callaghan

### Past President:

Linda Lucas

### Secretary:

Linda Lucas

### Treasurer:

Teresa McLellan

### Director of Training:

Dr. John Banmen

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Madeleine De Little

Enrique Monje-Alvarez

My link to Halloween is to go beyond our local different cultural expressions for honouring the dead, to the honouring and appreciation specifically of those, living and dead, who have contributed to the development of the Satir Model and the Institute. Primarily of course our gratitude goes to Virginia Satir for her insight, humanity and mission to bring Peace to individuals, their relations to others and to the world. We are fortunate that technology has allowed us to have oral and visual recordings of therapists and teachers of the Satir Model, starting with Virginia, so that we can experience how they looked and sounded and how their meaning came through in sound, facial and body movements and expression in a way that cannot be experienced through the written page. We hope to add to this collection of recordings at the three residential programs (Level 1, Level 2 and Master Class) planned for the summer of 2011.

I would like to appreciate the Board Members for their united sense of purpose and hard work during our recent retreat where we spent time looking to the future and how we would like the Satir Institute to develop in the next few years. The future depends not simply on the Board but the contributions, however large or small, of all members wherever they are throughout the world.

Michael T. Callaghan

## DANCE &amp; MOVEMENT TRANSFORMATIONAL THERAPY

March 5th and 6th 2011

Satir Level 3

Nitza Broide-Miller, PhD, BC -DMT



**N**itza Broide-Miller, PhD, BC -DMT, is a founding member of the American Dance Therapy Association [ADTA] in the USA, and of the Expressive Arts Association in Israel. She received her degrees in psychology and education from Tel Aviv University in Israel [ BA, MA and a teaching degree] and her PhD in clinical psychology from California School of Professional Psychology [CSPP-California]. After moving to the USA from Israel, Dr. Broide-Miller trained with Virginia Satir since 1976. She is a member of The Global Satir Network and of the Satir Institute of the Pacific. Having

had extensive experience in the use of the arts in therapy she integrates it in her work. Since starting the Satir training in Israel in 2006 with Dr. John Banmen she is continuing to train therapists in Israel and she is combining Dance therapy in their training of the Satir Model. Dr. Broide-Miller finds this expressive and experiential modality to be extremely powerful in increasing awareness of one's internal process and in producing a meaningful and lasting change.

Dr. Broide-Miller has conducted workshops in Canada, Israel, Asia and the USA. Currently, Dr. Broide-Miller is working in private practice in Palo Alto, California where she sees individuals, couples, and families in therapy.

Workshop description: Title: In this workshop we will go on a journey of exploration through gentle guidance to our internal self using music, movement, voice, rhythm and visualization. The flow of movement will help us discover parts of ourselves and become aware of who we are from the inside. We will have an opportunity to experience our feelings, perceptions, expectations, and yearnings through movement. Some concepts of the Satir Model will be used to embody and experience them in a nonverbal way.

Participants will have opportunities to work on CHANGE they want to create in their life through movement in a group context.

**No previous experience in dance is necessary.**

IF YOU CAN WALK - YOU CAN DANCE.

Come join us in this exploration.

Place TBA

## What has the SIP board been doing at Whistler ?

We had a great board retreat and worked very hard to set some goals for 2010/2011. Here are some of them:

- ✧ Membership will connect with new members and re introduce fireside chats, members will have membership cards, we will have better communication with out international members, non members can help out on committees.
- ✧ Research re Satir therapy is directed by Barbara Burns. We will be collecting abstracts of theses from all over the world and house them at the board office.
- ✧ We are going to create a Satir Curriculum which will belong to SIP
- ✧ We are going to establish a Federation of all the Satir Institutes that do training around the world
- ✧ We will print more pamphlets on temperature reading, spirituality, we will make more copies of the DVDs, posters, etc.
- ✧ We will create a faculty of SIP trained trainers who will train using the Satir curriculum at home and abroad as required.



Long hours and wonderful dialogue at the Board retreat at Whistler September 2010

## **Credits for Satir Training**

Which University courses give you credit for Satir training?

Which courses do they give Credit for?

Which Associations give CEU credit for Satir Training ?

Which levels?

Please let me know ASAP

[mdelittle@shaw.ca](mailto:mdelittle@shaw.ca)

## Satir in the Sandtray

Where words cannot reach

October 9th and 10th 2010

Well it has come and gone and I survived. I held the workshop at my house as I was told I could not make any mess at the usual training space and any way I had my playroom that I wanted participants to experience first hand. So we had 13 participants of all levels and experience sitting on comfy couches and hard wooden backed chairs for the thanksgiving weekend. I have been working on preparing this workshop for two years and finally the day came. On the Friday I spent the evening cleaning toilets and removing dead bird feathers that my cat had brought me as a gift. Sleep was virtually non existent as I worked my way through content, the what ifs of being asked questions I could not answer, forgotten items like a meditation and just general anticipatory excitement.

It was to be the busiest day of the year in Fort Langley as it was the Cranberry Festival and the participants came nice and early to settle in. Once we started I found myself relaxing into it I invited the group to be my back up team to help me build this workshop further so that it could go to the Czech Republic and Slovakia next year. I asked them to ask questions, explaining that I needed to be challenged on this work and that this was early days of formulating a model where I was blending traditional play therapy with the Satir model. The participants were hugely respectful of my house, my space, my work. Most of them want to return and learn more. I have gained huge respect for our trainers who take on the intensive weeks at level 1 and Advanced. I was exhausted by Sunday night along with relief and excitement. I learned so much by teaching something I use every day of my life. I have so much inside of me that I know that I did not even realise it. I will never forget when John Banmen said to me "Madeleine you don't even know how much you know". This workshop really helped me to find out what I know and what I need to know more about.

The triad time seemed to be very useful as the 'therapist' juggled all their Satir skills with their new found sandtray skills. The art of it is to stay in the metaphor of the sand tray , to transform the metaphor and then make that change experiential for the client. It is not as easy as it seems!

Big thank you to Cindi Mueller at the SIP office for dealing with all the comings and goings of registration, my daughter Lucy for being the registrar, my husband Allan for going away for the weekend, Veggie Bob for supplying the most amazing sandwiches on the earth, and .....

A huge thank you to all the participants for making me articulate things that are in my own personal wisdom box but not yet necessarily in words, thank you for giving up your thanksgiving weekend to come and learn, thank you for sitting alternately between the hard chairs and the hard floor and for wanting to help clients who are so stuck in pain that they cannot use words. Thank you for your gift to me. These are some of the comments the participants wrote on the evaluations:

Continued from page 4



*I loved your cosy wood fired home*

*I would love a second level*

*I am glad there were not 24 people I don't know how they would have fitted in.*

*I would love to have communication opportunities and share peer experiences.*

*I thought it was okay to just let the child play and that was enough. I will focus on transforming the play in the future.*

*I would love a second workshop.*

*The sandwiches were amazing.*

*This workshop really helped me to understand the Satir model much better*

*One of the best workshops I've taken to date. Madeleine is so excited about her work and that helps me to be the same.*

*I think ethically we cannot be dropped at this time. We need to continue and be supported in this work.*

*Chairs were uncomfortable and coffee was not enough for Sunday.*

*It was fantastic. Thank you Madeleine*

**Advert****Bereavement Support is an Essential Service**

**The BC Bereavement Helpline** has existed since 1988 and its mission statement is as follows:

“To facilitate the provision of care and support to the bereaved and their caregivers of British Columbia, and to ensure that their interests are publicly safeguarded.

The BC Bereavement Helpline has a resource directory that covers not-for-profit groups and agencies in the province of BC.

If you are working with grieving persons or grieving yourself please remember there are resources in the community to assist those in need.

**Symptoms of grief can include:**

- overwhelming sadness
- inability to sleep
- lack of appetite
- cry easily
- lack of desire to do anything
- feeling like you are going “crazy’
- confusion
- inability to concentrate
- irritable
- depressed
- forgetfulness

The BC Bereavement Helpline is committed to increasing public understanding of bereavement as a normal life process through education, advocacy, networking, and dissemination of information.

The BC Bereavement Helpline is the largest non-profit bereavement support network in BC.

Contact us for information today.

Web site is [www.bcbereavementhelpline.com](http://www.bcbereavementhelpline.com)

Lower Mainland: 604-879-6654

Throughout BC: 1-877-779-2223

or e-mail [bcbh@telus.net](mailto:bcbh@telus.net)

A huge big welcome to our Newest SIP Members

Chris Kallis – Community

Membership Upgrades -Linda Lucas – Clinical

Deborah Nelson – Clinical

## Reprinted from the Vancouver Sun - For those that did not read it the first time

By Douglas Todd 28 Aug 2010



In China they call him "The Master." Vancouver psychologist **John Banmen** is seen by millions of Chinese people as the master teacher who has come from Canada to connect them to their authentic selves and their frequently estranged family members.

Before Banmen began regular trips to China in 2003, the professor emeritus from the University of B.C. had in the previous two decades helped turn thousands of Asian people into teachers of his form of Western family therapy.

Banmen treats what he is doing in Asia like "a mission." He continues to educate tens of thousands of therapists, including trainers of therapists, in regions ranging from Hong Kong and Taiwan to South Korea, Singapore and Malaysia.

And it's taking hold. The head of Thailand's Royal College of Psychiatrists, for instance, has convinced the Thai government to pay for every psychiatrist in that country of 66 million to be trained in the methods taught by Banmen and his followers.

The response to his therapeutic model in China, however, has been even more dramatic.

"China is the fastest-growing and the biggest," Banmen says, shaking his head in amazement.

The soft-spoken Delta resident has trouble believing Asians' intensity of devotion to his school of family therapy, which was founded by his late mentor and friend, the acclaimed American psychologist **Virginia Satir**.

Compared to Canada and the U.S., where a psychologist might teach a few dozen graduate students a year, the president of one university in Shanghai recently asked Banmen to establish a program to train 10,000 Chinese therapists.

"The numbers in China are so different from here," avuncular Banmen said in a recent interview at a hotel in Richmond, where, not entirely coincidentally, more than half the population is of ethnic Chinese origin. Virtually unknown to the public in Canada, Banmen is of modest demeanor, modest stature and was driving a modest red sedan the day we met.

Yet, even while he seems to blend into the furniture in the B.C. hotel, his low-key quality is adored in Asia, where he believes he may have helped expose tens of million of people to Satir's approach.

In Asia he is a star, a master, a Western guru. His books have been translated into many Asian languages.

Banmen (who won't say his age, but seems in his late 60s) is interviewed in the media almost every time he travels to Asia, including China. Many of the various newspapers, magazines and TV stations that profile him each reach millions of readers and viewers.

And, unlike in North America, it doesn't at all hurt that Banmen is in his so-called sunset years.

"In most parts of Asia, and especially China," he says with a smile, "people believe: 'He's old, therefore he must be good.'"

### ***Western psychology rejected***

What do Chinese people, and other Asians, see in this easygoing senior who was born in Ukraine, travelled Europe with his family, learned several languages and, soon after the Second World War, immigrated to Canada?

Banmen answers the question by describing the two most notable things about the ways Chinese and other Asian people often respond to his training programs.

But before we get to them, some background.

Although places such as Hong Kong have been relatively open to Western psychology, China has largely rejected it until now.

In fact, Vancouver psychologist **Ed Shen**, who was raised in Hong Kong, says Western-style psychology was banned during **Chairman Mao Zedong's** Cultural Revolution of the late 1960s and early '70s. Psychology texts were burned.

As both Banmen and Shen confirm, Chinese culture has also for centuries emphasized the importance of "saving face" and not "washing your dirty linen" in front of others, including a therapist. So most Chinese are not familiar with counselling.

But things are changing in China, as the country continues to open up to Western psychological methods, especially those that may complement Chinese values.

What are the two main things Chinese people find most appealing about Banmen's approach?

"The first is they have never before been told they have a self," he says, without hesitation.

When they hear about the self, Banmen says Chinese people are emotionally touched and become excited about personal growth, about believing they are more than numbers.

"They learn they are lovable and worthwhile. It changes their perceptions of themselves. They accept themselves. That really turns them on. Half of the class will cry. And weeping in Chinese culture is not popular."

The second key thing that resonates deeply with Chinese people is Satir's emphasis on one's family of origin, which connects to the Chinese emphasis on elders.

Satir's method focuses on the "unfinished business" of the family, Banmen says. It typically goes back three generations, to grandparents.

"Chinese people love it. They feel so validated about their beliefs about family. It's so big for them," says Banmen, whose presentations in Asia are always done through a translator. He says he's not ready to learn a fifth language.

"So many people make up with their families after taking our programs. They tell me things like, 'I told my dad for the first time I love him.' It's really moving for me to hear how this family of origin work affects their lives."

The educational programs Banmen has designed for training therapists in Asia are extensive.

They typically include three separate five-day training sessions, which are interspersed with months of extensive practice and supervision. Banmen believes a budding therapist needs at least 27 hours of direct training in Satir's methods to be effective.

Shen, who left Asia 20 years ago and is soon returning to teach at Hong Kong University and open a private psychological practice, has never met Banmen, but knows about his work in Asia.

Shen said the expansion of Satir's methods in China reflect how the country's leaders have cautiously opened up to Western psychology since the 1970s.

Before the Cultural Revolution, Shen said, the main sources for Chinese psychological theory were Rus-

sian psychologists, most notably **Ivan Pavlov**, who specialized in behavioral conditioning.

After the death of Mao Zedong, however, Chinese officials started emphasizing pragmatic forms of industrial and educational psychology.

"Many schools of psychology are now trying to get into China," Shen said, approvingly. "They're excited by it. It's a new frontier."

Family therapy appears to be one of the country's latest passions, Shen said. It's made significant inroads in China, Shen believes, in part because Banmen had a "head start" in Asia over other psychological schools. He worked in Hong Kong before the Chinese regained sovereignty over it in 1997.

Shen also says Banmen's age and Caucasian background give him "more credibility" in China than some others -- since Chinese people "put more faith" in older people and most closely associate psychology with the West.

In addition, Shen says Satir's family therapy plugs into Chinese people's "role consciousness," including the way individuals often sacrifice themselves for the benefit of the family or social system.

"I think it's a good thing that Chinese people become better acquainted with this understanding of how the family works," Shen said.

"We'll have to wait and see whether it actually improves the Chinese family system. There's a long way to go. You don't know what seed is going to end up in harvest."

### ***Years in the making***

Banmen's dedication to family therapy in Asia and China was the direct result of a choice Satir made almost 30 years ago.

When leading Asian officials asked her in the early 1980s to recommend colleagues who could best teach her methods in the East, Satir recommended Banmen and two female therapists.

With Satir deceased, one of those female therapists has retired and the other travels three times a year to Asia. And Banmen plugs away at an almost ferocious rate.



His eyes light up as he talks about how the family therapy of Satir dovetails with ancient Chinese philosophy and spirituality, including Buddhism, Taoism and Confucianism.

That's much of the reason, he believes, Chinese government leaders, business people and academics are so enthusiastic about it.

When one prominent government leader asked Banmen to share his dream of how widespread Satir's thinking could one day become in China, Banmen decided to give the official a target number.

Banmen combined China's population of 1.3 billion with American thinker Malcolm Gladwell's theories about what portion of a population needs to change to create a cultural "tipping point."

After doing his calculations, Banmen told the official his aim is to help train 65 million Chinese people in the Satir family therapy model.

Although Banmen says the figure is almost a joke, it's plain there is also a serious edge to it.

The type of psychology he is teaching in China "could change the country," he says, softly, without pretension.

Banmen gives little sense he is in it for the money.

The fees received by Banmen and his organization, the Satir Institute of the Pacific, which has branches

in Canada and Asia, range all over the place, based on ability to pay. Sometimes, he says, he receives the equivalent of only \$150 for a full day spent teaching a few hundred Asians.

It is Satir's vision, which he now embodies, that keeps Banmen going.

Solidly establishing Satir's approach in China and other parts of Asia would be a wonderful legacy for a woman he considers remarkable. As do many others.

A few years ago, *Psychotherapy Networker* magazine asked thousands of mainstream North American therapists to rank the most influential psychotherapists of the past 25 years.

Satir (1916-1988) came in fifth.

She was the only woman on the list, which was topped by **Carl Rogers** and **Aaron Beck**.

Banmen hands me two booklets about Satir's work.

One booklet focuses on its strong spiritual component. As Banmen says, Satir believed "humans are spiritual beings in a physical body."

She saw all people as basically good, as unique manifestations of the same universal "Life Force," with the potential to grow.

The other booklet, written by Banmen and his therapist wife, **Kathlyne Maki-Banmen**, highlights Satir's groundbreaking psychological theories.

They include her widely accepted observations on humans' common coping patterns when under stress.



"She labeled them placating (pleasing), blaming (projecting), super-reasonable (analyzing) and irrelevant (distracting)," Banmen and Maki-Banmen write in *Satir Transformational Systemic Therapy*.

In encouraging growth of the human "Self," the couple's book says Satir promoted four key goals: To raise individual self-esteem, encourage responsibility, support "choice-making" and especially develop "congruency."

The latter means being "straight," or saying what you mean and doing what you say.

Even though Satir's philosophy brings a fresh emphasis on individual authenticity to Asian societies that tend to stress social conformity, Banmen is thrilled about the way Satir's commitment to relationships, social improvement and transformation

overlap with Asian and especially Chinese teachings.

In that vein, Banmen is fascinated by the way the [Chinese have also soaked up the work of another elderly white North American spiritual philosopher, John Cobb Jr., 85.](#)

Much like Banmen, Cobb is also being called a master, a guru, in China as he expands on transformative values that are similar to those of Satir.

As an expert on the philosophy of Harvard's **Alfred North Whitehead**, Cobb regularly travels to China to teach tens of thousands of government officials and scholars about how reality is in "the process of becoming."

The Chinese are adapting Cobb's teachings about "harmony," "interrelatedness" and "creativity" to their ecological, social and economic policies.

Ultimately, Banmen says, much of Chinese philosophy, including the I Ching, centres on how to respond to change.

Indeed, Satir's approach has often been called "Change Therapy." As Banmen says: "It's for those who want to do transformation."

To that end, Banmen titled one of his books after Satir's motto: "Peace within, peace among and peace between."

It explores how nurturing peace "within" an individual leads to peace "between" a couple and peace

"among" the family and wider society.

### **'Retired' or 're-tired'**

Even though Banmen shows no signs of slowing down, he admits that spending a total of about six months a year in Asia is "way too much."

He jokes about re-spelling the word "retired," saying it should be "retired," to reflect how exhausting it can be for anyone, especially an older man, to be jetting so often across the Pacific Ocean.

"The travelling is bad and it's getting worse," he says. He misses spending more time in Canada with his wife, who also travels to teach in Asia and Europe, as well as their five grown children from previous marriages.

But another part of Banmen is determined to carry on the passionate goals of his close friend and colleague

, Satir, who died from cancer at age 72.

"She never finished what she wanted to do," says

Banmen, who spent a great deal of time in intimate conversation with Satir in her final months.

"Part of what I'm doing is a spiritual journey, because I'm helping carry on her goal of helping people connect with themselves at a deeper level," he says.

"It's my mission, really. It's a call -- too much of one - - since I can't say no. But the snowball is rolling, and I can't stop it.

[Read about John Cobb Jr.'s fame in China](#)

[Read about an innovative for Chinese people with depression in Richmond, B.C.](#)

**\* UPCOMING EVENT IN VANCOUVER: John Banmen will be leading a relationship-building workshop for couples on Saturday, Nov. 27th at [The Centre for Peace, 1825 West 16th Ave, Vancouver](#). For information, phone (604) 731-3101 or email [office@canadianmemorial.org](mailto:office@canadianmemorial.org)**

We just wanted to remind everyone that the Wisdom Box is your magazine and that we are always looking for information, updates, articles, pictures etc for the Wisdom Box. Below is a list of production Dates and Submission Dates for the Wisdom Box, but we will accept submissions at any time. If you have any questions please feel free to contact the office.

<b>Publication Date</b>	<b>Deadline for Submissions</b>
December 31, 2010	December 15, 2010
March 31, 2011	March 15, 2011
July 31, 2011	July 15, 2011
October 15, 2011	October 31, 2011

### **The Wisdom Box**

**Next issue Submission Deadline is December 15, 2010**

## Research Papers

Are you doing a masters or PhD research on the use of Satir?  
Please contact John Banmen

[jbanmen@dccnet.com](mailto:jbanmen@dccnet.com)

Who would like to collect the research papers and compile them?

## **International Family Therapy Association's XIX World Family Therapy Congress**

**March 30 - April 2, 2011**

**NH Leeuwenhorst  
Conference Center  
Noordwijkerhout  
The Netherlands**

John will be speaking at this 19th Annual Congress of IFTA in Holland next year on: "The development and Application of the Satir model since the death of Virginia Satir"



# Satir Institute of the Pacific

Announces

## Satir Journal Volume 4 Number 1

Is now available

[Volume 4 No. 1:](#)

- Forgiveness as Therapy in the Satir Model – John Banmen, R. Psych.
- Applying the Satir Model of Counseling in Mainland China: Illustrated with Case Studies – Yang Li, M.Ec. and Lou Vivian W. Q. PH.D.
- Development and Validity of the Congruence Scale Based on Satir's Growth Model - Mun-Jeong Ko and Bong-Whan Kim
- The Self: Reflections on its Nature and Structure According to the Satir Model - Stuart Pidcocke, LLB, PH.D.
- Dead Kids Talking: Youth Suicide Prevention using Satir Transformational Systemic Therapy - James William Smith, M.A.
- **Insights** – A Series of Meditations from Virginia Satir: Self-Esteem Maintenance Kit – Carolyn Nesbitt, PH.D., R. Psych.

To order go to the store tab at [www.satirpacific.org](http://www.satirpacific.org)  
or contact Cindi Mueller at [admin@satirpacific.org](mailto:admin@satirpacific.org)

### **STST Level 1 coming to Nanaimo**

January 20-22, Feb 24– 26, March 31, April 1-3, 2011  
Early Bird Registration SIP Members \$600 Non-Members \$650

Conducted by Anne Morrison, MSW, RSW, RMFT,  
Assistant Director of Training Satir Institute of the Pacific

# Satir Transformational Systemic Therapy Training Program Level 1

Conducted by  
**Anne Morrison, MSW, RSW, RMFT**  
Individual, Couple and Family Therapist

Sponsored by  
Satir Institute of the Pacific

Under the supervision of  
**Dr. John Banmen, RPsych, RMFT**  
Director of Training

**Bethlehem Retreat Centre**  
2371 Arbot Road  
Nanaimo, BC

**Workshop Dates**  
January 20, 21, and 22, 2011  
February 24, 25, 26, 2011  
March 31, April 1, 2, and 3, 2011

**Early Bird Registration Fee before December 1, 2010**  
SIP Members - \$600 / Non-Members - \$650  
**After December 1, 2010**  
SIP Members - \$650 / Non-Members - \$700  
(Fees include all 10 days, course text, workbook and lunches)

**Don't miss out on Early Bird Rates**

For more information contact: Satir Institute of the Pacific 604-634-0572 or email [admin@satirpacific.org](mailto:admin@satirpacific.org) or check out our website at <http://www.satirinstitute.org/>

**See attached brochure for more information**

This course is a prerequisite for Satir Transformational Systemic Therapy Level 2

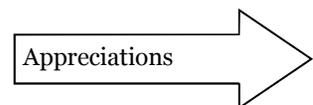


**Satir Institute**  
of the Pacific

Okay I know that you all noticed immediately you received this Wisdom Box, that : “something was not quite right” Well you are right, only it is not quite wrong. It is even better. We have a new and improved LOGO.

So say goodbye and appreciations to the old

Appreciations



## Satir Training Programs

### *Satir Transformational Systemic Therapy Training Program Level 1*

conducted by

**Linda Lucas, LCPC** Clinical Professional Counsellor *and* **Jennifer Nagel, MA, RCC** Individual, Couple and Family Therapist  
with

**Kathlyne Maki-Banmen, MA, RCC** Individual, Couple and Family Therapist

sponsored by

**Satir Institute of the Pacific**  
**Dr. John Banmen, Director of Training**

at

**Satir Institute of the Pacific (at Phoenix Centre)**  
**13686 – 94A Avenue, Surrey, BC**

#### Workshop Dates:

September 25 & 26 2010      October 23 & 24, 2010

November 20 & 21, 2010      January 15 & 16, 2011

February 19 & 20, 2011

Time: 9 am – 5 pm

Cost: \$600 Satir Members  
\$650 non-Members

Ongoing

This course is a prerequisite for STST Level II  
For more information go to :[www.satirpacific.org](http://www.satirpacific.org)

## Coming Events

Dates are also now confirmed for next summer's training programs they are:

July 2 – 11, 2011      STST Level 2 Summer Intensive Training with Kathlyne Maki-Banmen

July 12 – 19, 2011      STST Advanced Intensive Master Seminar (By Invitation Only) with Dr. John Banmen

Aug 12 – 21, 2011      STST Level 1 Summer Intensive Training with Kathlyne Maki-Banmen

All three of the above programs will be held at Rosemary Heights Retreat Centre 3690-152 Street, Surrey, BC V3S 0L3

## Satir Training Programs

Coming to a large space near you

March 5th and 6th, 2011

Level 3

Dance and Movement Therapy

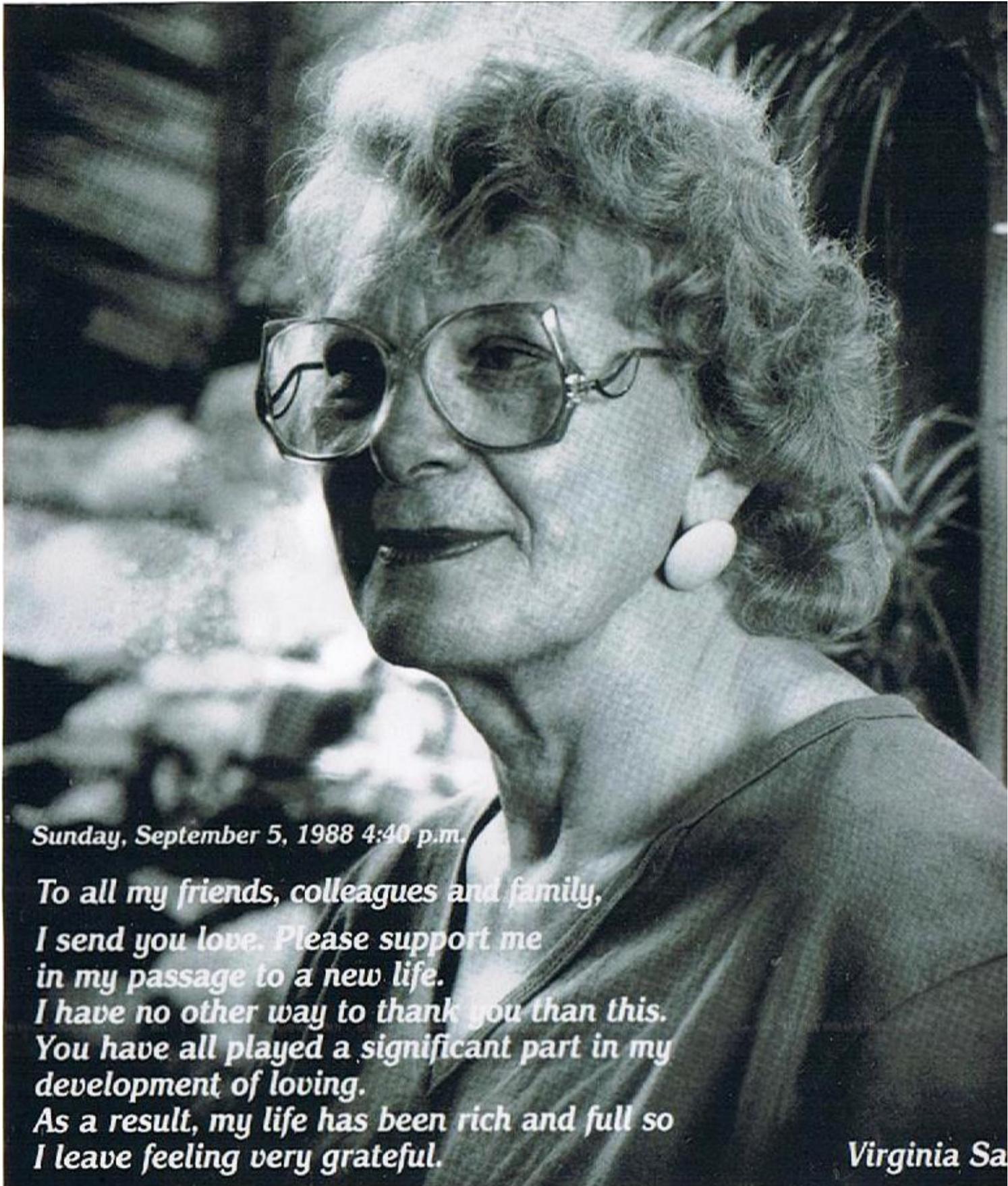
with

Nitza Broide-Miller

:  
advertisement

**Bianca Rucker, PhD** is an experienced approved AAMFT supervisor offering supervision for therapists wishing to become clinical members of AAMFT or BCACC. Supervision and consultation is also provided for therapists who would like to improve their effectiveness. Special expertise is offered in the area of sexual and relationship therapy. Fee = \$120/hour for supervision. Inquire about reduced fees for certain circumstances. Supervision available at Cambie and Broadway, and also at Boundary Road and Marine Drive. Contact Bianca Rucker at: Bianca Rucker and Associates Inc., #400 -601 W. Broadway, Vancouver, V5Z 4C2  
Tel: 604-731-4466, Email: [ruckerb@interchange.ubc.ca](mailto:ruckerb@interchange.ubc.ca) , or visit [www.biancarucker.com](http://www.biancarucker.com)

## The last word



*Sunday, September 5, 1988 4:40 p.m.*

*To all my friends, colleagues and family,*

*I send you love. Please support me  
in my passage to a new life.*

*I have no other way to thank you than this.  
You have all played a significant part in my  
development of loving.*

*As a result, my life has been rich and full so  
I leave feeling very grateful.*

*Virginia Sa*

## Advertising and Classified Ads in *The Wisdom Box*

The **Wisdom Box** is now accepting classified ads and regular advertising. Here is our policy.

Advertising is welcome. The *Satir Institute of the Pacific* reserves the right to reject advertisements which do not meet the general purpose of the organization. Send all copies, payments and inquiries to the Editor. A cheque payable to the *Satir Institute of the Pacific* must accompany your copy.

### Display advertising rates:

- w Full page — \$50
- w Half page — \$25
- w Quarter page — \$12

### Classified advertising:

The cost for professional related items such as office rentals, items for sale, equipment needs, supervision etc. for up to 3 lines are free for members and \$1 per line for others.

If possible, please forward articles and advertisements via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at the address listed below.

### Program Registration

All *Satir* programs can be registered for by contacting Cindi Mueller at 604-634-0572 or from our website at [www.satirpacific.org](http://www.satirpacific.org)

### Attention Advertisers:

The *Wisdom Box* is published four times per year: Summer, Fall, Winter and Spring. the next **deadline** for submission will be **December 15th 2010**

Please submit any articles, ideas, gossip, poems or anything else to the Editor. We would love to hear from you.

Wisdom Box Production Team

Madeleine Delittle—Editor

[mdelittle@shaw.ca](mailto:mdelittle@shaw.ca)

Cindi Mueller—Distribution

[admin@satirpacific.org](mailto:admin@satirpacific.org)

## Membership Rates

Clinical/Professional Members—\$50.00 per year

Affiliate/Community Members—\$25.00 per year

[www.satirpacific.org/membership](http://www.satirpacific.org/membership) or contact Cindi Mueller at [admin@satirpacific.org](mailto:admin@satirpacific.org)

### Address Change ??

If you have changed or are about to change your address or e-mail

Don't forget our website!!!

[www.satirpacific.org](http://www.satirpacific.org)