

Seasons Greetings

from the

Satir Institute of the Pacific

Board of Directors:

Michael Callaghan, President

Teresa McLellan, Treasurer

Jennifer Nagel, Secretary

Kathlyne Maki-Banmen, Director of Training

Corrinna Douglas, Director of Marketing

Maureen Boliszczuk, Director at Large

Tonda Chin, Director at Large

Linda Lucas, Director at Large

Denise Wynne, Director at Large

Cindi Mueller, Administrative Assistant

John Paterson, Wisdom Box Editor



Wishing you and yours a fantastic holiday season!





satir institute
of the pacific

13686 - 94^A Avenue, Surrey, BC V3V 1N1 CANADA

The Wisdom Box

The Newsletter of the Satir Institute of the Pacific
connecting members throughout the world

Fall Issue 2016



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President's Message

The most memorable and hopeful part of our recent Satir conference and 100th birthday celebration for Virginia was perhaps the connections being made and renewed by people from many different countries and cultures. We were connected and united in our commitment to Virginia's ideas and beliefs about being human, to sharing them with our clients, teaching students, writing and furthering their development to fit our changing 21st century world. The importance of connection, treating each other with equal respect as human beings, is in stark contrast to the divisiveness about race, religion, nationalism, rich and poor, so apparent and growing in many parts of our world.

What new connections does the Satir Institute need to make, particularly in BC, in this changing environment? What does this mean for the Satir Institute of the Pacific and its members as it nears the end of its second decade of promoting the values and value of the Satir Model? What changes does the Institute need to make to enhance the connections and meet the needs of its 150 plus members and friends in BC and around the world? The Board of Directors needs help and ideas from SIP members with these issues as it plans its training events, membership services and marketing strategies. If you have hopes and wishes for the future direction of the Institute and its activities, please contact any Board member and share your ideas with them.

Thank you

Michael Callaghan,

President, Satir Institute of the Pacific





Message from the Editor

As the seasons turn we are reminded that change is an inevitable aspect of life. While we may be tempted to cling to warmer days and happier times, as Kahlil Gibran reminds us in the Prophet, (1923) “For life goes not backward nor tarries for yesterday.” (p. 17) So we are invited to shift our attention from the outside to the inside and with this shift comes a glorious opportunity to reflect upon how we are choosing to respond to life on life’s terms as the daylight reclines and the darkness asserts its claim in this perpetual dance of reciprocal tension.

With the shift from the outside to the inside, the exterior to the interior, what is this time of imposed seclusion inviting you to become aware of? What is your SELF inviting you to notice? Are you hearing the quiet voice within calling your attention to what you want more of in your life? What would the first step upon that path look like for you? How are you choosing to energetically show up these days? What if the deepening darkness is Nature’s way of slowing us down enough to pause in thoughtful reflection on those yearnings that our hectic Summer days drown out?

There is a time for every season. May this season be a time for inner illumination in preparation for the season of recuperation and restoration that will set us on the path to a more abundant and fulfilling rebirth in our life and the lives of everyone we touch.

Love and Hugs in Fellowship

John Paterson MA

Board Members 2015/16

President - Michael Callaghan

Secretary – Jennifer Nagel

Treasurer – Teresa McLellan

Director of Training – Kathlyne Maki-Banmen

Director of Membership

Director of Marketing - Corrinna Douglas

Directors at Large:

Maureen Boliszcuk

Tonda Chin

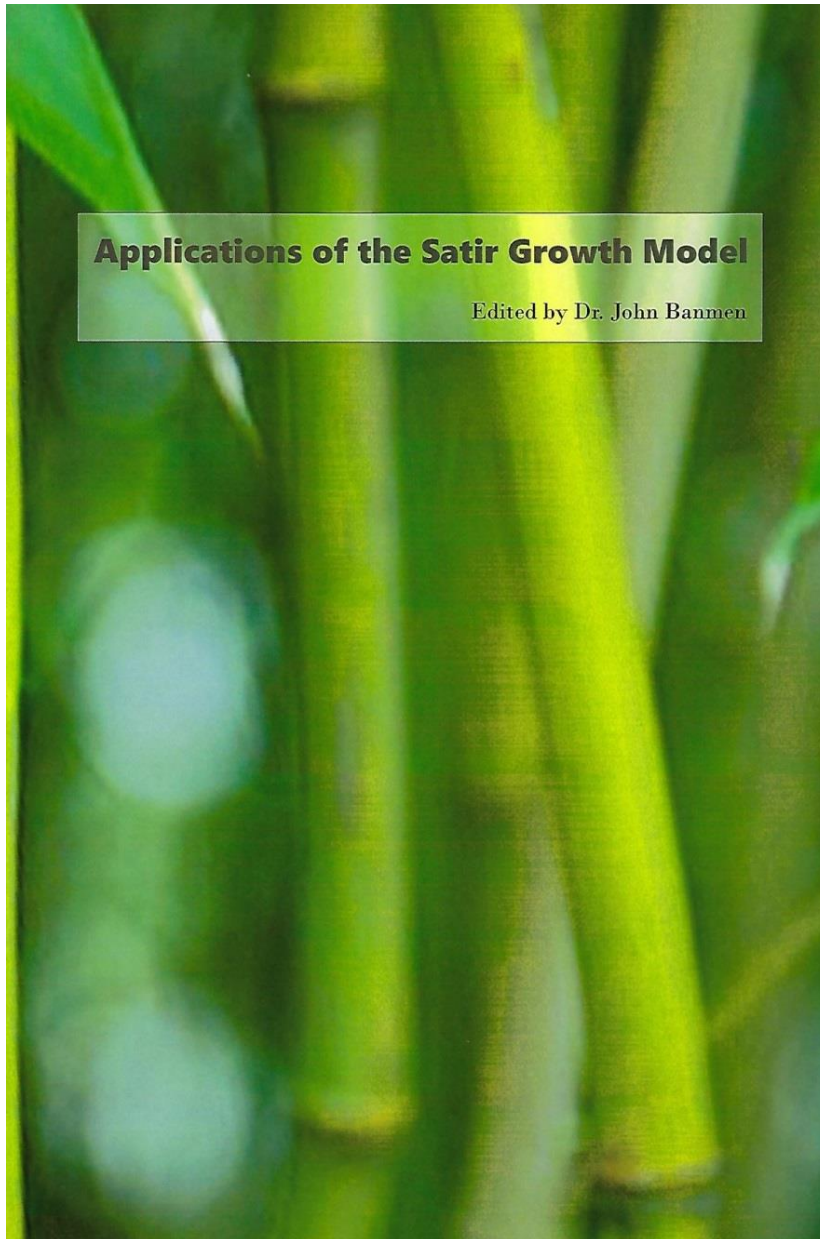
Linda Lucas

Denise Wynne

Wisdom Box Editor - John Paterson

News From the Board

We are excited to announce that the book “Applications of the Satir Growth Model”, previously published by VSGN (Avanta) but long out of print, has now been reprinted by the Satir Institute of the Pacific and is available for purchase from our bookstore for \$25.



This book brings to the surface the reality of Satir's continued significance and influence in today's world. Whether it was work within, between, or among, she was ahead of her time in honoring spirituality, focusing on health, appreciating process and valuing that all people have the internal resources for change. These authors reflect the creative possibilities for practitioners who work from the Satir Growth Model and who connect with their clients from a place of knowing what it means to be fully human.

Michael Callaghan, President

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SIP - AGM

Saturday March 4, 2016

13686-94A Avenue, Surrey, BC

5:00 – 5:30 pm Connecting and Snacks

5:30 – 7:30 Annual General Meeting

Todd Clark Unsung Hero Award

Announcement of Directors

Committee Reports

**Come Join In and Connect
with fellow members**

Check out our [events page](#) for Nomination forms

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Satir Institute of the Pacific Board of Directors

Hello, SIP Members,

We are looking forward to our next Annual General Meeting. **The AGM will be held on Saturday, March 4, 2017 at 5:30 pm – 7:30 pm** at the Satir Institute of the Pacific, Phoenix Centre, 13686-94A Avenue, Surrey, BC V3V 1N1. Please mark your calendars! We are looking forward to connecting with you.

The SIP Board of Directors will have three, three-year term vacancies for the board years 2017 - 2020 and a one year term vacancy for new Directors. We encourage and invite you to nominate yourself or someone who will be hard working, committed, and a motivated candidate for the SIP Board of Directors.

To nominate someone for the Board of Directors please complete the appropriate nomination form (nominator form if you are recommending somebody else, and the nominee form if you are recommending yourself). Please send the form to SIP's Administrative Assistant, Cindi Mueller's email address: admin@satirpacific.org Nominees and nominators must be members of the Satir Institute of the Pacific. All SIP director nomination forms must be submitted by **February 4, 2017**. If your SIP membership is not current, please do not forget to pay your dues.

SIP Board of Director elections will be held by electronic voting. Please note the nominee's information from the nomination forms will be available on the election ballot to all eligible SIP members.

The Board of Director's job description including responsibilities, expectations, and opportunities are below. Remember these do not necessarily include the rich, emotional, intellectual and stimulating experiences that are often enjoyed by being on the Board.

If you want to contribute this year, please consider running for the SIP Board of Directors, or if you want to contribute and not be a Board Director, please contact Cindi at the SIP office or any of the SIP Board Directors.

If you have questions regarding the Board experience please call or email, any one of the SIP board of directors for further information. Board directors contact information can be found on our website, satirpacific.org

All questions are welcome.
SIP Board of Directors

Nomination forms can be found on our website

<http://satirpacific.org/event/satir-annual-general-meeting/>

Satir Institute of the Pacific Board of Directors Job Description

SIP Board of Director Job Summary:

The Board of Directors is chosen to manage the Satir Institute of the Pacific, an incorporated non-profit Society in British Columbia and a registered Charity with Revenue Canada. It has the power to act for the Society except where the Articles of Incorporation of the Society say that a decision must be made at a members' meeting. The board must act within all legislated and contractual requirements. It must obey all resolutions passed at members' meetings. The board can only act legally after a decision has been made within an adopted procedure for decision making. The directors must act at all times in the best interests of the Society as a whole, so as to preserve its assets, further its interests, and promote the purposes for which it was formed.

Reports to: The Membership

Source of Authority: The Board of Directors is elected at the Annual General Meeting by the members of the Society.

Term of Office: Directors are elected for three years, with a staggered system of term completion, and cannot sit as a director of the Society for more than three consecutive terms. Following the completion of a director's third term of office, he/she must step down from the Board for a minimum of one year.

Composition: The Board of Directors has up to 9 elected directors. If not holding an elected position the following are also ex-officio members of the Board: Past President for a one year term; Director of Training, appointed by the Board; Director of Membership Services, appointed by the Board; Director of Marketing, appointed by the board. The Board of Directors may number up to 13 directors in total.

Key Duties and Responsibilities: 1. Attend all Board meetings. 2. Prepare for meetings by reading relevant minutes and reports. 3. Respond to emails requesting decisions or input within 72 hours. 4. Keep in touch with general needs and concerns of all aspects of the Institute's operations. 5. Remain up to date with relevant legislation and policies. 6. Accept responsibility for specific tasks as assigned from time to time. 7. Participate on at least one committee of the Board. 8. Attend the annual retreat.

Financial Responsibilities: 1. Understanding financial implications of her/his decisions and recommendations to members. 2. Monitors expenses and income. 3. Approve annual budget. 4. Conduct periodic evaluations of the Institute's operations with a view to improvement. 5. Recommend the appointment of an auditor.

General Responsibilities of the Board of Directors as a whole include:

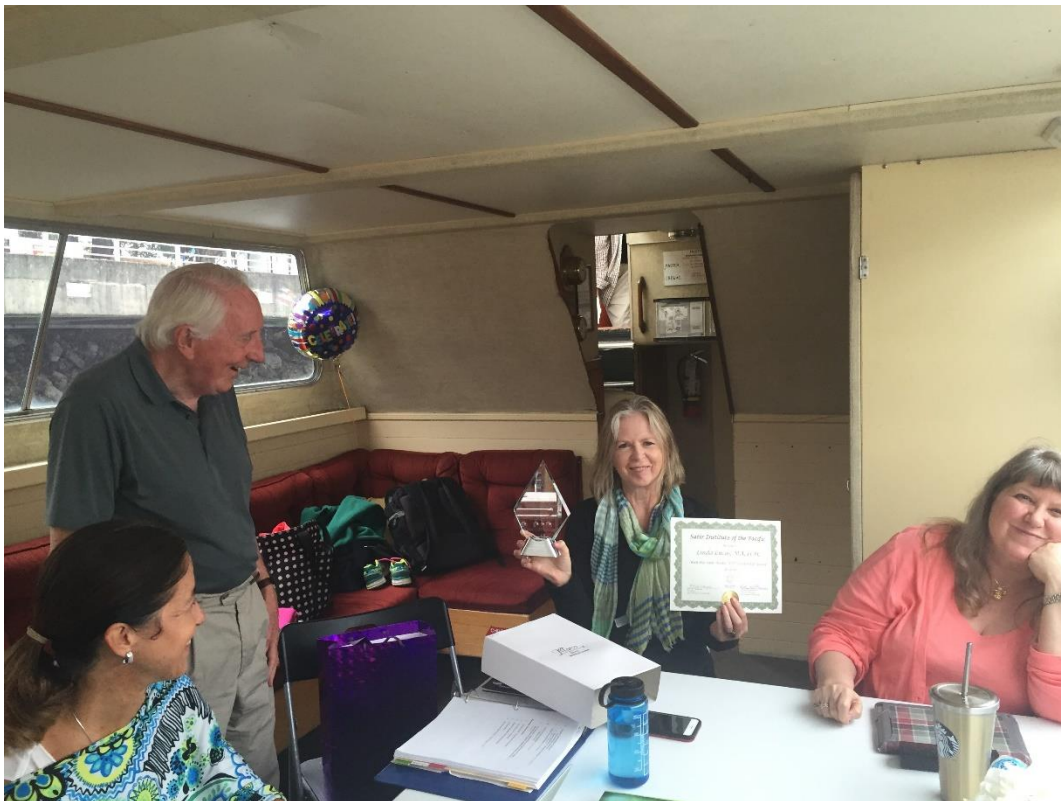
1. Promoting the mission and vision of the Institute 2. Ensuring the Institute carries on all its activities within the requirements of all applicable legislation, policy and agreements 3. Developing all Institute policy and ensure all policies and bylaws are either properly enforced or

amended 4. Ensuring long-range program planning and financial forecasting is in place 5. Taking responsibility for the overall financial stability of the Institute 5. Ensuring adequate financial controls are in use and that financial records are up-to-date and accurate 6. Ensuring the re-generation of the membership and the Board of Directors 7. Providing guidance to the membership in the selection of energetic, qualified and effective Directors 8. Appointing committees to carry out ongoing operational tasks, procedural functions, and recommendation of policy 9. Hiring competent staff/contractors and audit and support their performance 10. Keeping in touch with the needs and concerns of members, training staff/contractors, volunteers and training participants 11. Reporting regularly to the membership on the activities of the Board and the affairs of the Institute 12. Implementing a system of evaluation of the Institute's activities.

Nomination forms can be found on our website

<http://satirpacific.org/event/satir-annual-general-meeting/>

Linda Lucas receiving the SIP Leadership Award September 2016





Special Interest News

Cindi Mueller was honoured and appreciated for her ten year's outstanding service and commitment to the Satir Institute of the Pacific as our Administrator at the Board Meeting held on Dec 2nd, 2016. She was presented with an engraved plaque and a cheque for \$5,000.

Cindi's first Contract with SIP began ten years ago on 1st December 2006 and has been renewed every year since that time. At the beginning, Cindi worked from home as our offices at the Phoenix Centre were not ready until February 2007. For Cindi it was a challenging experience to learn about our Institute, the Satir Model, and the many



demands of the position. It was exciting too for the Board to have an identifiable office base and a very competent administrator. Over the last ten years there have been many challenges and successes for the Institute as it has grown and Cindi has been an integral part of the process. She has quite an amazing variety of skills and also an ability to see the bigger picture separate from the administrative detail. Cindi is much loved and appreciated by our members and program participants for her helpfulness, generosity with her time, expertise and ability to solve problems. The Board would like to thank Cindi for her contribution to SIP and looks forward to many more productive years of working together.

Michael Callaghan, President

Todd Clark Unsung Hero Award – Call for Nominations

The Unsung Hero award was first made at the SIP AGM in 2003. It was renamed the Todd Clark Unsung Hero Award to honour Todd who passed away in 2005. Todd was a valued member of our Institute and spent much of his time volunteering for the Institute and other organizations.

Do you know a member of the Satir Institute of the Pacific who works for the benefit of all of us, selflessly and often quietly in the background, not seeking recognition for themselves, but exemplifying Virginia Satir's work of "peace within, peace between, peace among"?

The Unsung Hero Award has been designed to recognize and honour individuals who have provided exemplary service or made significant contributions to the Satir Institute of the Pacific. The Award is intended for members within a variety of capacities, and from diverse settings, in order to locate deserving members whose service might otherwise be missed.

Award Criteria:

- Recipients of the award will be members of the Satir Institute who are not Directors of the Board.
- They will have demonstrated selfless giving of themselves, their energy, their time, and their creativity.
- They will have offered their help of their own volition without looking for reward or recognition.
- They will be people who enrich the lives of those with whom they come in contact.

Nomination process:

Please forward the names of nominees to Cindi Mueller admin@satirpacific.org

Please give your reasons for nominating the person (s) and give examples or anecdotes.

Deadline for nomination submissions: **Friday February 3, 2017**

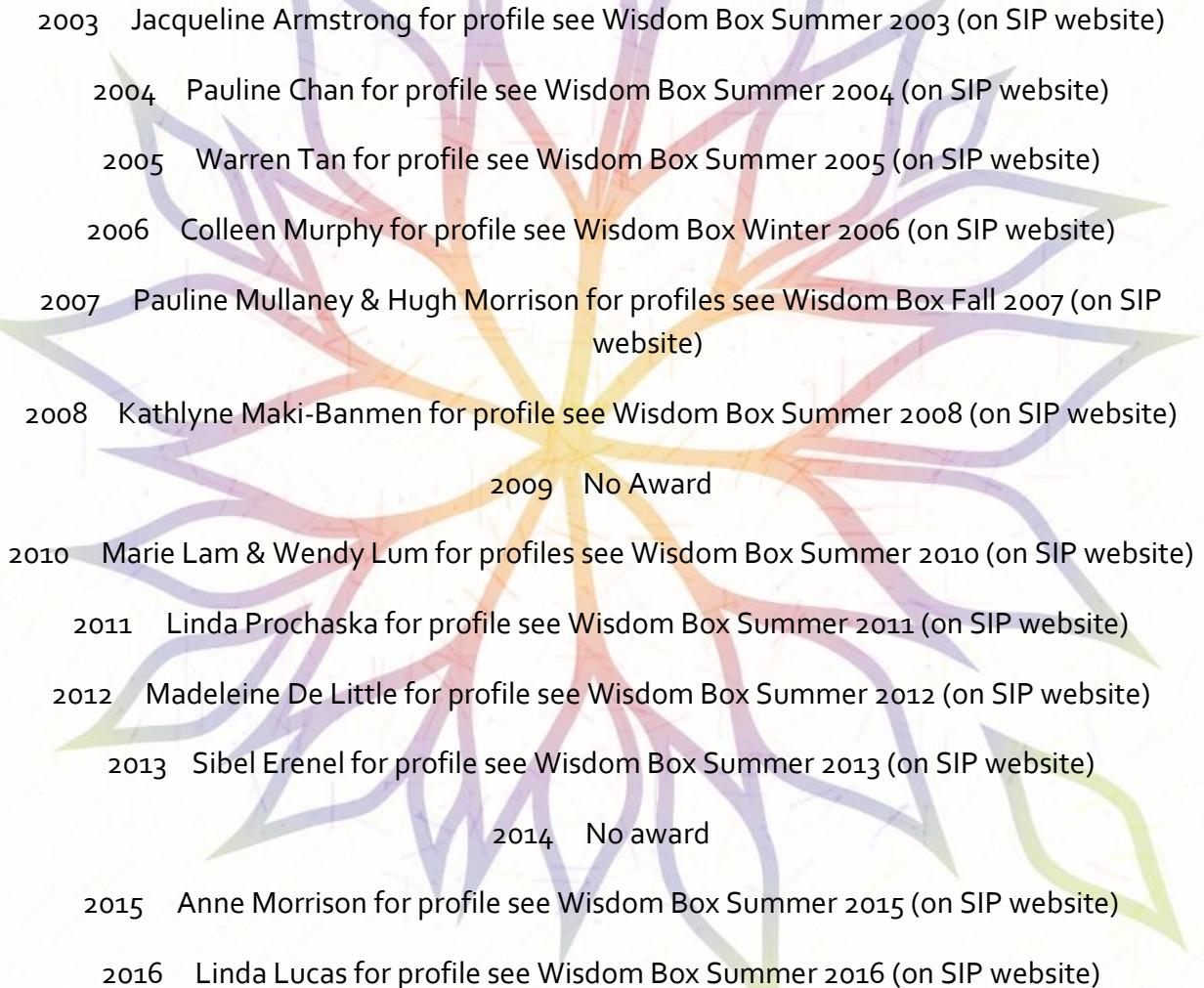
Selection Process

The Award Coordinator, the Director of Membership, and the Board of Directors' Past President, will review all nominees and make recommendations for Award winners to the Board. Up to 3 Unsung Heroes awards will be presented at the Institute's Annual General Meeting **Saturday March 4, 2017**. Special plaques will be created for those being honored. Please send in your Unsung Hero Nominee by **FRIDAY February 3, 2017**.

Profiles of each year's Unsung Heroes will be included in The Wisdom Box Newsletter.

**Satir Institute of the Pacific
Todd Clark Unsung Hero's**

Previous Awardees:

- 
- 2003 Jacqueline Armstrong for profile see Wisdom Box Summer 2003 (on SIP website)
 - 2004 Pauline Chan for profile see Wisdom Box Summer 2004 (on SIP website)
 - 2005 Warren Tan for profile see Wisdom Box Summer 2005 (on SIP website)
 - 2006 Colleen Murphy for profile see Wisdom Box Winter 2006 (on SIP website)
 - 2007 Pauline Mullaney & Hugh Morrison for profiles see Wisdom Box Fall 2007 (on SIP website)
 - 2008 Kathyline Maki-Banmen for profile see Wisdom Box Summer 2008 (on SIP website)
 - 2009 No Award
 - 2010 Marie Lam & Wendy Lum for profiles see Wisdom Box Summer 2010 (on SIP website)
 - 2011 Linda Prochaska for profile see Wisdom Box Summer 2011 (on SIP website)
 - 2012 Madeleine De Little for profile see Wisdom Box Summer 2012 (on SIP website)
 - 2013 Sibel Erenel for profile see Wisdom Box Summer 2013 (on SIP website)
 - 2014 No award
 - 2015 Anne Morrison for profile see Wisdom Box Summer 2015 (on SIP website)
 - 2016 Linda Lucas for profile see Wisdom Box Summer 2016 (on SIP website)

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Newsflash

Sharon Loeschen, President of The Virginia Satir Global Network (VSGN), has invited us to sign up for, and send contributions (if you feel inspired to do so) for consideration of publication in VSGN's News Flashes. To get the News Flash, go to www.satirglobal.org and on the Home page, right lower corner, and sign up for it. To submit contributions for consideration in the Newsflash please send them to Sharon Loeschen @ [<sloeschen@gmail.com>](mailto:sloeschen@gmail.com)

IHLRN conference

The picture you see is that of Linda Leviton and Maria Rosa Reifler at the first Temperature Reading at the IHLRN Conference in La Quinta, California. IHLRN stands for the International Human Learning Resource Network and was founded by Virginia Satir 47 years ago.

I was privileged to attend this year. It was a wonderful conference for deepening connections and creating new ones.

The daily format includes: a morning of community building, a plenary session, break-out workshop sessions, lunch break, women's and men's groups and more break-out workshop sessions.

Highlights of the conference for me were the plenary by Wally Zahnd on what he calls, the "Human Kaleidoscope", Johnny Faulkner's presentation on the "History of Virginia's Work" and Maria Rosa's workshop on "Self-Management".



Next year's IHLRN conference will be held in Sun River, Oregon in October 8-15, 2017 and I hope many of you will start thinking about attending. Satir Global will have their annual meeting as well. We will notify you when you can register for it!

Sharon Loeschen
President, Satir Global Network



Training News



COME EXPLORE TRANSFORMATIONAL SYSTEMIC THERAPY!

"Are you a dedicated helping professional who wants to facilitate deep and meaningful change with your clients? Come be inspired!"

DID YOU MISS OUR INTERNATIONAL CONFERENCE....?

If so check out our training programs coming this in 2017

Calling all Helping Professionals! Helping People Change Series Weekend Workshops

Explore how systemic, experiential, positively directional therapeutic process can improve your positive results with clients. These professional workshops focus on specific aspects of therapeutic process, symptoms and dynamics, relationships and other therapeutic issues. **No pre-requisite required. All helping professionals welcome!**

Body Wisdom: Using Mindfulness to Access Inner Resources for Healing

January 20 / 21, 2017 Anastacia Metcalf

Learn strategies to foster trust in the body and its wisdom, integrating it into experiential therapeutic process. Opening communication with the body gives access to inner states, opening a channel that goes beyond symptoms into possibilities.

Soulful Money Matters: Transforming Your Relationship With Money

March 3 / 4, 2017

Linda Lucas, MA, LCPC

Explore the relationship between money and self-love. Move beyond fear and limitations to deep self-acceptance and prosperity

The Sacred Journey: From Addiction to Connection

April 21 / 22, 2017

Teresa McLellan, MA

Research indicates that recovery from addictions of all sorts relies upon an experience of deep connection with others, far beyond assisting people with sobriety. Calling upon attachment and trauma research, this workshop will explore how professionals can create the context in which healing can happen.

Caring for the Caregiver: Maintaining a Sense of SELF While Caring for Others

June 3 / 4, 2017

Robin Beardsley, MD

All helping professionals are susceptible to caregiver fatigue (burnout). Learn how to care with equanimity and experience ways to cultivate mindfulness and self-compassion. Increase self-awareness and choices for care and compassion for self and others.

Summer Residential Intensives

Level II Advanced (Pre-Requisite Level II) 7 Days

June 11 – 17, 2017

Bethlehem Retreat Center, 2371 Arbot Road, Nanaimo, BC Canada

with Kathylyne Maki-Banmen, MA, RCC, Individual, Couple and Family Counsellor

Linda Lucas, LCPC, Clinical Professional counsellor

[REGISTER NOW](#)

Level II (Pre-requisite Level I) 10 Days

July 4 – 13, 2017

Trinity Western University, 7600 Glover Road, Langley, BC Canada

With Kathylyne Maki-Banmen, MA, RCC Individual, Couple and Family Counsellor

[REGISTER NOW](#)

Level I 10 Days

July 29 –August 7, 2017

Trinity Western University, 7600 Glover Road, Langley, BC Canada

With Kathylyne Maki-Banmen, MA, RCC Individual, Couple and Family Counsellor

[REGISTER NOW](#)

Introduction to "Neuroscience and Satir in the Sand Tray"

January 14th & 15th 2017

Come and learn how to apply the Satir model combined with the latest neuroscience of attachment theory and non-verbal embodied communication using the sand tray and figurines.

Cost: \$300

Time: 9am-9pm Saturday, 14th January
2017

9am-4pm Sunday, 15th January
2017

Location: At the Fort Playroom, Fort
Langley, BC

For more details contact Madeleine De
Little mdelittle@gmail.com



CSCH Canadian Society of
Clinical Hypnosis BC
Div

Two-Day Clinical Hypnosis Training Workshop

Saturday February 25 & Sunday February 26, 2017

Nikkei National Museum & Cultural Centre,
6688 Southoaks Crescent, Burnaby, BC

This workshop will provide the basic skills of clinical hypnosis, including demonstrations and practice sessions for those who wish to add hypnosis to their repertoire of therapeutic skills.

Simultaneously, intermediate/advanced skills in hypnosis utilization will be provided to the experienced hypnotherapist in areas such as hypnosis to address acute and chronic pain management, cancer, weight management, peak performance, & women's health. Visualization techniques to enhance hypnosis, mindfulness, rapid induction techniques and integrating hypnosis into your medical & dental practice are also among topics which will be addressed.

For more details visit www.hypnosis.bc.ca Or call **604-688-1714**

Register before Jan. 24th for Early Bird Rate



BODY WISDOM: USING MINDFULNESS TO ACCESS INNER RESOURCES FOR HEALING

January 20/21, 2017

Phoenix Center

13686-94A Avenue,
Surrey, BC

"In the therapy process the body's cues are a vehicle of communication from our inner selves to our cognitive selves. When we stop and listen we can learn from our insides."

One of the ways we cope with trauma is to shift how our energy moves and how we hold information in our bodies. This workshop will focus on how to experience and track your own and your client's internal state, and access and integrate the clues and wisdom in the body into the therapeutic experience. The training will focus on experiential learning, and developing and practicing skills to help therapists and counselors work with clients.



Workshop Leader - Anastacia Metcalf Lundholm is a Somato Respiratory Integration (SRI) Wellness Educator with 18 years' experience working with the body's rhythms and the growth and transformation of individuals. She loves to teach the keys to safe embodiment and personal growth incorporating body mind wisdom with Satir.



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14 CEC Hours

Register before December 30th, 2016 for early Bird

Rates **Two Day Workshop only \$275.00**

www.satirpacific.org or 604-634-0572



Soulful Money Matters: Transforming Your Relationship with Money

March 3, 4, 2017 9:00 am to 5:00 pm

Where: Phoenix Center
13686-94A Avenue, Surrey, BC

Why transform your relationship with money?

We want to regain control from a place of awakening not from a place of fear. Money is life energy. We trade our lives or life force energy for money. What does money=life energy mean to you? How much are you trading your life energy for? Why do you do to earn money? What motivates you to get out of bed five days a week to go somewhere and make money?

This workshop will help people connect with their Life Energy, accept and transform their internal experience, develop a connection with internal resources and realize their dreams. The training will focus on experiential learning, and developing and practicing skill to help therapists and counsellors work with clients.

14 Continuing Education Hours Available



Linda Lucas, MA, LCPC Licensed Clinical Professional Counselor has extensive training in Satir Transformational Systemic Therapy. Linda is an enthusiastic, experienced trainer and provides trainings for professionals, teachers, educators, staff and families working with at-risk adolescents, attachment issues, addictions, couples, families, grief and loss, and self-care. Her training programs have taken her to Canada, New Zealand, Singapore, Hong Kong, India and in many parts of China. Linda works with individuals, couples and families in therapy and provides clinical supervision to counselors and therapists in private practice.



Early Bird Rate \$275.00*

* Early Bird available until February 10, 2017 SIP Member rates also available.

www.satirpacific.org or 604-634-0572

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Toronto happenings:

Satir-based Use of Self training for psychotherapists and helping professionals. The next 30 hour training program will be Jan. 28,29 and Feb. 25, 26 (10-6 each day). Please check this link for all details and past participant feedback (this will be the 9th time the program is offered): <http://sandrafinkelman.com/workshops-and-presentations/safe-and-effective-use-of-self>.

This dynamic intensive program uses structured experiential exercises, discussion and self reflection to explore: subjective context, congruent communication, projections and triggers, power dynamics, self disclosure and boundaries. Our process will be interactive, fun and deeply mindful.

Sandra Finkelman, M.A., R.P., trained intensively with Virginia Satir in the late 1980's and delights in sharing this incredible work.

Contact Sandra - sandra.finkelman@gmail.com, 416-588-9826, www.sandrafinkelman.com

Please let me know if you are able to include this. And please let me know if you need any additional info. Thanks so much!

Warmly,Sandra

Sandra Finkelman, M.A., R.P.

counselling - coaching - consulting - training

416-588-9826

www.sandrafinkelman.com

www.facebook.com/SafeAndEffectiveUseOfSelf



Lower Mainland

On our video night in October several of us gathered to watch a rare video of Virginia Satir working her magic with an older couple in a group program. The discussion was rich as we looked at how we could apply some of the interventions Satir was using in this session to our own clients. One of the people who joined us for the evening came all the way from Indonesia! He had contacted SIP as he was going to be visiting Vancouver and wanted to know if there were any programs going on while he was here. This is John Mantofa and he has done some training in the Satir Model in Indonesia. Jennifer Nagel, MA, RCC www.jennifernagelcounselling.com



Vancouver Island

VANCOUVER ISLAND SATIR NETWORK'S FALL GATHERING



The Vancouver Island Satir Network had their bi annual gathering at the home of Anne Morrison in Chemainus BC on October 22, 2016.

" We had a wonderful time - so enriching to mingle with folks who travelled from as far north as Courteney and as far south as Victoria, to celebrate each other and all the many ways we each are living and practicing the Satir Model. There were many reunions

of folks who have been in triads and/or classes for advanced Satir training this past summer as well as re-connections between folks who had taken Satir training on the Island years ago! Of special interest were two presentations: Lyla Harman presenting an overview of the history of the beautiful new coloured Iceberg Model poster that she facilitated by an artist, using First Nations images, which beautifully engage all peoples in a very direct way. Anne has one in her office and has had rave feedback from her clients and supervisees. (you can order this poster from the SIP office).

Wendy Lum also presented a condensed version of the "Congruence in the Centre of Polarity" session she gave at the SIP International Conference in June. She was able to portray it through brand new graphic imaging that we all were captivated by as it projected onto our TV screen. Her presentation captures our internal processes in 3D and 4 D and more! It was riveting and we wish her much success as she takes this out more to the wider world!

As always, there were plenty of wonderful Fall treats for everyone, including delicious produce from Albert's garden!, and there was ample time to network throughout the afternoon.

We all look forward to the next Satir Network gathering, in Victoria, next Spring. If you live on the Island and have had any Satir training, let Anne Morrison know and you can be part of our fan out list. You would be most welcome to join us!

The following people attended, as captured on this photo: Gail Franklin, Maxine Fisher, Michelle Daoust, Lyla Harman, Brenda Lucas, Anita Chambers, Shelley Iberg, Barbara Aronchick-Zachernuk, Albert Seinen, Barbara Power, Leona Gallant, Wendy Lum and Anne Morrison (the hostess)."

International

The Satir Model enters the curriculum and research of the social work profession of China

By Sandy Novak

Here is some exciting news for Satir in China. After presenting 3 trainings of STST to a total of 200 social work professors, their association, China Association for Social Work Education or CASWE, has commissioned a group of ten to develop “Family Social Work,” a new branch. The new committee will be responsible for developing ways to teach Family Social Work, including writing a new textbook, doing research, and publishing papers. One of the heads of CASWE announced that this new initiative was spearheaded by the Satir trainings and that the Satir Model will be its foundation.

The potential ramifications of Family Social Work in China are far-reaching. In 2015 the Chinese government announced that they were planning to hire a million new social workers that year. Thus college social work departments are growing leaps and bounds. As Satir gets woven into the curriculum, we can only imagine how it will influence the mindset and skill set of social workers in the future.

We at SIP have a lot to be proud of as we hear this news. Thank you to John Banmen and Kathlyne Maki-Banmen for continuing to provide cutting edge training in the Satir Model over the past 20+ years making it possible for SIP to supply China with a western faculty to aide in their development of the Satir counselors, trainers, and now social workers.

I want to acknowledge the hard work of Colleen Murphy, Sandy Novak, Linda (Shu Juan) of Beijing, and Lavinia (SuSu) of Chongqing for developing and executing the curriculum for these trainings.

SATIR INTERNATIONAL JOURNAL

**NEW ISSUE NOW AVAILABLE – DECEMBER 14, 2016
FREE TO ALL**

How do I register?

go to: <https://journals.uvic.ca/index.php/satir>

On the opening page, you will see a place to register (**USER**) to the right of your screen. Sign in there. When you register, you will be notified when a new issue is published on-line. We publish yearly in the Fall. In the meantime, you can browse around and take a look at back issues. You are free to print any articles you choose and as long as you site the journal as its source, you can use the articles in teaching, with clients and colleagues, or any way you choose.

HAVE A MANUSCRIPT YOU'D LIKE TO SUBMIT?

Go to: <https://journals.uvic.ca/index.php/satir> and click on **ABOUT** tab at the top of the page, scroll down to **Submissions** section, and click **Author Guidelines**. Submit to Jesse Carlock, Ph.D.: satir@uvic.ca



Membership News

Update about Membership:

At a recent Board meeting it was decided to discontinue the category of **Community Members** and introduce a new way of connecting and supporting the Institute as a **Friend**.

1. Current **Community Members** will become part of the new category of **Friends**, unless they choose to transfer to one of the categories of membership for which they are eligible.
2. The new category of **Friends** is established for those who support SIP's Mission and wish to contribute to SIP in some way e.g. sit on a Committee, volunteer for particular tasks,

provide professional advice (legal, accounting, HR, Fundraising, etc.). Friends will receive the Wisdom Box, be invited to attend social events and General Meetings of the Institute. Friends will pay an annual fee of \$10. This will help pay for administration costs

Additionally, it was decided:

3. That the fees for membership for 2017 are now as follows: Clinical Membership \$75; Professional Membership \$50; Affiliate Membership \$25. There has not been an increase in Membership fee since 1998
4. That discounts for SIP training events only be offered to SIP members i.e. Clinical, Professional and Affiliate Members

“Renew Your Membership NOW for 2017” go to MEMBERSHIP at <http://satirpacific.org/the-satir-therapy/membership/> to renew and pay your dues

* Current members do not have to fill out application form unless you have a change of address, contact information or would like to upgrade your membership.

If you have any questions as to which category you fall under please feel free to contact Cindi at the office at 604-634-0572. Personalized membership renewals will be sent out to current 2016 members.

Please join me in warmly welcoming the newest member to our SIP community:



James Dunn, Nanaimo, BC – Affiliate
Lysandra Chan, Vancouver, BC – Affiliate
Xu, Yuqi, Singapore – Affiliate
Tonda Chin, Maple Ridge, BC – Clinical
Anne Lindyberg Fairfield, Iowa – Affiliate
Echo Cheng, China – Affiliate



Multi-media Resources



WHAT'S EVERYONE TALKING ABOUT?

Social media is the way that so many people are communicating and staying connected. It's a simple tool for retrieving information quickly or checking out what's new. It's the fastest way to deliver information to a vast amount of people at once.

WHAT'S SATIR INSTITUTE OF THE PACIFIC TALKING ABOUT?

Like our FaceBook page and follow us on Twitter to receive inspirational quotes, upcoming trainings, blogs, social events, and much more.

Friends & followers watch out for our contest in the New Year!!!

Satir Institute of the Pacific's Annotated Bibliography related to the Satir Model

I hope you have found time to look at the Annotated Bibliography on our website of published works in English since 1960 related to the Satir Model. If anyone has any references to relevant publications which have been missed, please send them to Cindi at admin@satirpacific.org. We are currently adding new items, either recently published or just coming to our attention.

You can access the updated Satir Annotated Bibliography on our website at:

<http://satirpacific.org/wp-content/uploads/2016/08/2016-05-Annotated-Bibliography-Web-V3.pdf>

This Bibliography may be reproduced, quoted or otherwise used in whole or in part, as long as it is accompanied by the following statement: "This bibliography was produced by the Satir Institute of the Pacific (www.satirpacific.org)".

Regards,

Michael Callaghan, President president@satirpacific.org

Cindi Mueller, Administrator admin@satirpacific.org



Attention Contributors/ Advertisers:

The Wisdom Box is published four times per year: Winter, Spring, Summer, and Fall. **The next deadline for submission will be January 27, 2017.**

Please submit any articles, stories, ideas, queries, poems, or anything else you think would interest the membership to the Editor. We would love to hear from you. japaterson@telus.net

Members may advertise for free in this newsletter. We do reserve the right to not publish any article or advertisement that is not in keeping with the tenets of the Satir Model.

Please forward articles and advertisements via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at editor@satirpacific.org

Bianca Rucker, PhD is an experienced approved AAMFT supervisor offering supervision for therapists wishing to become clinical members of AAMFT or BCACC. Supervision and consultation is also provided for therapists who would like to improve their effectiveness. Special expertise is offered in the area of sexual and relationship therapy. Fee is \$150/hour for supervision. Inquire about reduced fees for certain circumstances. Supervision available at Cambie and Broadway, and also at Boundary Road and Marine Drive. Contact Bianca Rucker at: Bianca Rucker and Associates Inc., #400, 601 W. Broadway, Vancouver, BC V5Z 4C2 Tel: 604-731-4466 Email: br@biancarucker.com or visit www.biancarucker.com

Wendy Lum, MA, Registered Clinical Counsellor and Registered Marriage and Family Therapist is an approved AAMFT Supervisor. She is offering supervision for therapists and counsellors. She has been a practicum supervisor for UVic Counselling Services practicum counselling program since 2007. Wendy's focus is on use of self and increasing personal presence and congruence in order for greater impact on Client's growth and change. Location: 2840 Graham Street, Victoria. Tel: 250-920-9228 Email: innerchange@shaw.ca or visit www.innerchange.ca

John Paterson, MA has recently launched his Heart Movements © CD and workshop.

<https://www.livingmoreauthentically.com/news--events.html>

John is looking for Satir therapists who would like to participate in a Train-the-Trainer experiential workshop of instrumental music, visualizations and drawing that engages the heart, body and right hemisphere of the brain, enabling clients to access, interpret and apply the wisdom contained in their heart and body leading to transformative change. This workshop is another therapeutic tool counsellors can offer their clients that engages their *intrapsychic system*, through listening and drawing then processing the meaning of their experience and images, through a small group structured process to identify what their heart and body is trying to communicate. The workshop also engages clients' *interactive systems*, through understanding the ways in which clients' heart and body knowledge influence the way they experience and express their life. The workshop provides on-site and take-away resources to assist clients in identifying concrete changes they might be willing to make in order to improve the quality of their interactions with self and others. If you would like to add this therapeutic tool to your inventory of clinical resources please contact John @ japaterson@telus.net for dates and time of upcoming T the T workshops.



Therapists who complete the T the T workshop will be included in a resource take-away as designated counsellors for workshops participants seeking counselling support following attendance at all Heart Movements workshops.

Program Registration

All Satir programs can be registered for by contacting Cindi Mueller at 604-634-0572 or from our website at www.satirpacific.org

Membership Rates:

Clinical Members - \$75.00

Professional Members - 50.00 per year

Affiliate Members - \$25.00 per year

www.satirpacific.org/membership or contact Cindi Mueller at admin@satirpacific.org

Next Issue

We invite you to submit **Letters to the Editor**. These letters give you a voice about past articles, future features you would like to see, or simply share your thoughts and feelings with the rest of us. The value of the Wisdom Box is more than sharing information it is a forum for discourse among dedicated professionals. We Want Your Wisdom!!! This is your newsletter so let us know what you think and what additional material you would like to see in the Wisdom Box that would enrich your reading experience, expand your knowledge, and most importantly, positively impact you!

Members connecting with members are an important mandate of the Wisdom Box so please feel free to submit any news, e.g., weddings, births, anniversaries, new business ventures, etc to the editor @ japaterson@telus.net

We are also very pleased to pass along news of goings on in your region so don't forget to let us know what is happening in your area. News from the various SIP regions and any of the research and application and other people's research that support the Satir model will be gratefully received @ japaterson@telus.net

"We never come to the end of anything. We come to pauses which enable new things to happen..." Virginia Satir

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