



The Wisdom Box

The Newsletter of the Satir Institute of the Pacific
connecting members throughout the world

Summer Issue 2016



Wisdom Box Contents

News from the Board	p. 4
2016 Satir Celebrations	p. 4
Conference Recap	p. 5
Conference Photos.....	p. 6
Conference Sponsors.....	p. 8
100,000 Satir Heart Connections Campaign	p. 9
Unsung Hero for 2016	p. 10
Satir Institute of the Pacific Leadership Awards	p. 11
New SIP Logo	p. 13
Newsflash	p. 13
Training News	p. 14
Fraser Valley	p. 18
International	p. 18
Multi-media Resources	p. 19
Advertisements/Classifieds	p. 20
Next Issue.....	p. 22

President's Message

I would like to share the speech I gave at the opening of our very successful Satir International Conference "Becoming More Fully Human: The Evolution" held in Surrey BC from June 23rd to 26th, 2016 and attended by over 200 participants from 18 countries.

"It is an honour for The Satir Institute of the Pacific to welcome everyone to this wonderful conference to celebrate the evolution of Virginia Satir's work around the globe and her 100th birthday.

Everyone attending this Conference has been inspired in some way by Virginia's work and evolving legacy. This is something we have in common. We are also here to grow by celebrating our diversity and learning about our differences.

Differences in the way Satir Institutes, other agencies and Individuals have taken different parts of Virginia's legacy as their focus and adapted them to the needs of their communities. A few examples are: the use of Family Reconstruction, the use of the Mandala, the Enriching your Relationship with Self and Others Program, Using Satir with Sand Tray therapy, Music, Movement and Dance.

For its part, since its inception in 1998, the Satir Institute of the Pacific has been developing and presenting training in Transformational Systemic Therapy, especially for therapists and counselors in British Columbia. These training programs are based on the evolution of the intuitive work of Virginia and now supported by contemporary research.

Our ten day residential programs attract many international participants eager to learn and experience the transformational power of Virginia's legacy. In turn more than a dozen Satir Institute of the Pacific members have been invited to present training programs in at least fifteen countries around the world.

It is a quarter of a century since Virginia was teaching us to become more fully human, an endeavour shared by many throughout history. Today in our troubled and unsettled world it seems more important than ever that each of us here at the Conference seek Peace Within, Peace Between and Peace Among in our own communities and throughout the world. The Satir Institute of the Pacific is proud of its many contributions to this effort.

We hope you will be inspired by our three Keynote speakers and the sixty presentations representing the exciting evolution of Satir's work as it is being used today in many diverse cultures, organizations and applications.

My hope is that each of you leaves the Conference with a sense of personal fulfillment, connection with others, and a determination to continue the evolution of Virginia's work in the 21st Century.

My thanks and that of the Satir Institute of the Pacific, goes to our sponsors, to those who have contributed their time and expertise in the organization of the conference, to the presenters, and to all of you who have chosen to come and participate and make this Conference possible."

Thank you

Michael Callaghan,

President, Satir Institute of the Pacific



Message from the Editor

No doubt 2016 has been a very busy and productive time for so many, especially those actively involved in organizing Virginia's 100th year celebrations. After so much effort now is the time to take a deep breath and drink in the warmth of a successful achievement well-earned and well deserved.

Summer is the time of holidays and connection with friends and family. It is when other activities can be temporarily set aside in order to accommodate a period of rest and relaxation with those who help us recharge our batteries.

Are you taking the time to recharge? Do you know anyone who would love to spend a little time with you?

So often we in the helping professions are so focused on helping others we tend to neglect our own mental, emotional and spiritual health.

May this season be the opportunity for you to permit yourself a little self-care so that you have the stamina to bring your gifts to everyone you touch with your compassion, commitment and passion for healing. You can't give away what you don't have so the most selfless thing you can do is everything in your power to take loving care of yourself.

Love and Hugs in fellowship

John Paterson MA

Board Members 2014/15

President - Michael Callaghan

Secretary – Jennifer Nagel

Treasurer – Teresa McLellan

Director of Training – Kathlyne Maki-Banmen

Director of Membership – Denise Wynne

Director of Marketing – Corrinna Douglas

Directors at Large:

Maureen Boliszczuk

Linda Lucas

Wisdom Box Editor - John Paterson

News From the Board

Two Board Members did not stand for re-election at the Annual General Meeting. They were Tricia Antoniuk , Director of Membership Services and Rick Miners, Director of Marketing. I would like to thank both of them for their hard work and contribution to SIP. I would also like to welcome their successors in these roles, Denise Wynne as Director of Membership Services and Corrinna Douglas as Director of Marketing.

Teresa McLellan was re-elected at the AGM and agreed to continue as Treasurer. Linda Lucas was also elected to the Board after taking a well-deserved one year break.

There are still two vacant positions for Board Directors. If you are interested in becoming more involved with SIP and would like to explore the possibility of becoming a Board Member and contributing more of your talents and skills, please contact me or any of the Board members to find out more about what is involved.

Michael Callaghan, President

2016 Satir Celebrations

Conference Post Script



Under the leadership of Corrinna Douglas - Conference Chair & Board of Directors, and the extraordinary effort of more people than can be properly recognized here, the entire Wisdom Box community would like to extend congratulations to The Satir Institute of the Pacific (SIP) in partnership with The Virginia Satir Global Network as title sponsor, for hosting this world class event in honour of the evolution of Virginia Satir's work and her 100th birthday celebration along with the 2016 International Satir Transformational Systemic Therapy Conference entitled "Becoming More Fully Human: The Evolution." With over 60 presenters and representation of 17 countries, this conference brought knowledge, experience and depth to facilitating profound and meaningful change with your clients. This incredible and energetic conference kicked off with

a preliminary day on Thursday June 23, 2016 where individuals participated in a full day of learning with Jean McLendon, Anna Low or Dr. Robin Beardsley. The conference kicked off on Friday June 24, 2016 to Sunday June 26, 2016 and included key note presentations by Dr. John Banmen, Dr. Judith Landau and Dr. David Schnarch.

Individuals not only had the chance to participate in a reflective pre-conference and insightful conference, they were also able to enjoy networking and connecting. Celebrating Virginia's 100th birthday, registrants were invited to attend a luxurious gala dinner with entertainment and many surprises.

Conference Recap

By Corrinna Douglas

Conference Chair & Director of Marketing
Satir Institute of the Pacific

There was no better way to celebrate the evolution and work of Virginia Satir than to host a party. And, that is exactly what the Satir Institute of the Pacific (SIP) did by hosting the 2016 International Transformational Systemic Therapy Conference. This event, supported by the title sponsor Virginia Satir Global Network, captured participants from 17 different countries and offered 60 different workshops. With identified world leaders within the Satir community; Anna Low, Jean McLendon and Dr. Robin Beardsley each facilitated an all day workshop using the model and how it applies to them within the construct of 'leadership.' This pre-conference definitely set the pace and kicked off a dynamic 3 day conference in which participants explored and experienced the Satir model being applied to various different topics and cultures.

Entitled "Becoming More Fully Human: The Evolution," our first key note presenter, Dr. John Banmen, conceptualized and offered a greater understanding and appreciation of Virginia's work and how her work has evolved across the world. It was quite outstanding for participants to learn how Virginia has impacted the world with her own desire for people to embrace their yearnings and become more fully human. Opening day two, Dr. Judith Landau provided insight on how family systems become absolutely critical in addressing and overcoming challenges in young adults, their peers, and for societies on a macro level. Dr. Landau eloquently presented the connection of Satir's work and the effectiveness of building resilience utilizing a collaborative and systemic approach. Bringing an energetic and inspiring conference to a close, Dr. David Schnarch proposed a thought provoking perspective on how therapists can retain Virginia Satir's orientation towards people's basic goodness while recognizing malevolent intent. Applying modern brain science and his own clinical research, Dr. Schnarch questions if our picture of becoming fully human requires a more complex view of human nature?

As the intention surrounding the conference was to celebrate Virginia Satir, participants experienced many gifts. Some of these gifts included a welcome bag filled with goodies, the wonderful donations of books from Science and Behaviour Books, Inc. (the book sponsor), the Hong Kong Satir Center for

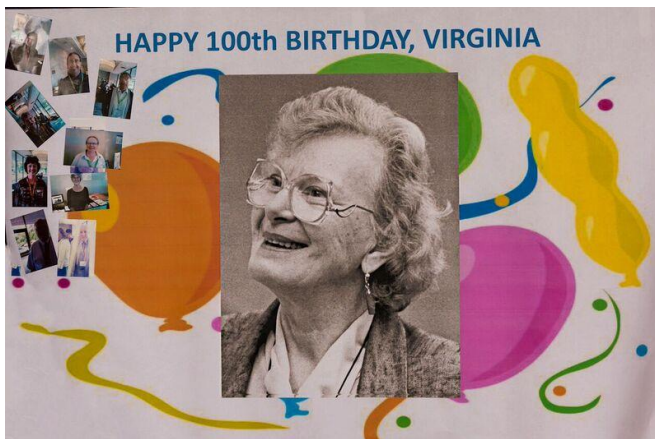
Human Development donation of DVD's, educational and experiential workshops, and flavourful food. The most talked about gift proved to be the Saturday evening gala birthday celebration. Participants shared in a delightful experience that involved dinner, awards and recognition, announcement of the free registration draw won by Debbie Clelland, birthday message from Maria Gomori, special slideshow tribute to Virginia, singing of Happy Birthday and cake, energetic performance from the Golden Spike Can-Can Ladies, presents being given away, silent auction and fabulous entertainment by Easy Street that had many people dancing all night long. It was truly a gift of connection and appreciation that will certainly be a wonderful memory.

As the Conference Chair and on behalf of the Satir Institute of the Pacific, it was an honour and pure joy to host such a tremendous international event. With three years of planning and organizing this conference, it was highly rewarding at the level of Self (in my soul) to witness loving kindness, acceptance, appreciation, laughter and passion come alive. Our hope was that participants would be inspired and motivated to continue the learning and growth of the Satir model globally and experience a gift of connection. I believe we succeeded! Thank you to all who participated, presented, volunteered, supported and sponsored our conference. We were touched and blessed by this experience and the lasting connections.

Conference Pictures courtesy of Rita Newbold



Conference Committee





Pre-conference Presenters



Dr. Judith Landau



Dr. John Banmen



**Don Potkins Leadership with
Michael Callaghan**



Dr. David Schnarch



Participants



A Special Thank you to all our Sponsors...

Title Sponsor



Platinum Sponsors

Banmen Satir China Management



**Satir Xiamen Education & Application
Center China**

Gold Sponsors

**Guangzhou Satir Institute of China
Hong Kong Satir Center for Human Development
The Satir Learning and Development Center of China
Wenchai Self Development, Malaysia**

Bronze Sponsors

**Cindy Cao
International Human Learning Resources Network (IHLRN)
Harmony Holistic Human Growth International Center
Shenzhen Satir Education & Application Center
Marie Lam, Senior Trainer, Senior Supervisor
Nanjing HongAi Enterprise Management Consulting co., LTD
Nanjing HongAi Satir Education & Application Center
Satir Center (Singapore)
Satir Hangzhou Education and Application Center, China
The Southwest (Kunming) China Satir Model Development Center**



The Virginia Satir Global Network commenced a major campaign, June 26th, 2015 running all the way through 2016. The title is The **100,000 Satir Heart Connections Campaign.**

100,000 Satir Heart Connections: Furthering the Legacy of Virginia Satir

Virginia Satir, in her lifetime, touched the hearts of millions of people worldwide. She helped us understand the meaning of human connection. She helped us to understand the process of change, the power of understanding and the wisdom of compassion, for others and most importantly for ourselves.

Virginia would have been 100 years old on June 26th, 2016.

Please help us celebrate her birthday in three ways:

1. **Send us a video** by recording you or your group expressing your appreciation for how Virginia touched your life. Be sure to include your name and your country. Please keep your video to 60 seconds or less. If English is not your first language, please repeat your message in your own language.

Steps for sending an appreciation:

- 1) Upload your video to YouTube, marking it as unlisted or public
- 2) Copy your video's YouTube URL
- 3) Send the url to our organizer by clicking the Contact Button below (envelope icon)
- 4) Or write an email and send it to our organizer.

We will be posting your videos and emails as updates.

2. **Donate** to our campaign. We ask you to donate so we can continue furthering Virginia's teachings. Some of the ways we are currently doing this are by:

- Sponsoring conferences, such as **Becoming More Fully Human: The Evolution**
- Co-sponsoring trainings for continuing education credits
- Offering online education
- Promoting trainings, books, articles and research through the weekly News Flash linking people, such as linking a Saudi Arabian author of the Arabic version of Satir's The New People-making with a Jordanian professor who found a publisher for him.

3. **Share** our campaign with your friends and associates on Facebook, Twitter and by email.

Thank you for joining our campaign. Help us create 100,000 heart connections, and be part of bringing peace to the world by furthering the legacy of Virginia Satir!

<http://www.gofundme.com/satirglobalnetwork>



Dear Kathlyne

Please submit your comments or questions directly to Kathlyne @ training@satirpacific.org or to the editor @ japaterson@telus.net so we can support each other in our shared commitment to effectively guide our clients who reach out to us in need.

With love,
Kathlyne



Special Interest News

Linda Lucas – Our Unsung Hero for 2016

Linda has contributed to the Satir Institute of the Pacific and the Satir Model in a big, consistent, effective way. She has been a member of the SIP board for the past nine years much of it has been on the executive triad. She also served as president for one year. Linda Lucas' caring, effective manner and style of working at process and content simultaneously during SIP Board meetings is a skill to behold.

Having become a trainer she offered Level I in various places in BC and abroad which speaks to her competence and contribution. Her work in China working with the public school teachers and adolescents has been a great success. Her first Level I in China, shows her ability to apply the Satir Model in different cultures. She has also worked in Hong Kong and Singapore training counsellors in applying the Satir Model. She has made two Satir Model presentations at two IFTA (International Family Therapy Association) World Congresses. She has also taken the Satir Model to India. Her work at processing content in her training programs makes her work very successful and highly appreciated.



Satir Institute of the Pacific Leadership Awards

These awards are presented every three or four years to outstanding members of the Satir Institute of the Pacific who are recognized in their own country or abroad for their significant contribution to the Satir Model.

I had the honour of presenting two Leadership Awards, including a trophy and a certificate, during the Gala Dinner at the Conference. Linda Lucas and Don Potkins were the recipients. The following is a summary of their contributions to the Institute and the spread of the teaching and practice of Transformational Systemic Therapy.

Linda Lucas:

Linda Lucas began her Satir Transformational Systemic Therapy training in 2003 and quickly committed herself to mastering this deep therapeutic model. She completed two STST Level II programs, Training for Trainers, several Summer Intensive residential training programs and numerous short term workshops. She also received supervision for her work as a clinical therapist and clinical supervisor at Northwest Children's Home in Orofino, Idaho, working with adolescent girls.

She also set herself a goal of becoming a trainer. Linda became a supervisor and, then, assistant trainer for STST Level I in British Columbia. She has led two STST Level I training programs in central British Columbia. She has worked as a supervisor in several Summer Intensive residential programs and two Master Classes. She is now an accomplished international trainer, providing training and supervision in British Columbia, Idaho, New Zealand, Singapore, Hong Kong, and many provinces in China and in India.

The Satir Institute of the Pacific Board of Directors, of which she has been a member for nine years, has benefited from her leadership. She has been part of the Executive Triad for much of that time and has served as Secretary and President. As well, she has taken on many special tasks for the Satir Institute of the Pacific. She is also a very active member of the Training Directorate.

Linda has taught ethics courses for her professional organization in Idaho and is now offering therapy to individuals, couples and families and clinical supervision to therapists in private practice in Idaho.

Linda's commitment to the Satir Institute of the Pacific and her leadership in bringing the Satir Model to many places around the world make her a fitting recipient of the Satir Institute of the Pacific's Leadership Award.

Don Potkins:

Don Potkins began his Satir Model training in 1993 taking Satir Brief Therapy Level 1 and Level 2 the following year. He also completed the first Training for Trainers program and several Advanced Summer Intensive programs.

When Don began his Satir Model training, he was the Clinical Supervisor for Maple Ridge Treatment Centre in Maple Ridge, BC. He was inspired to go to Antioch University (Seattle) and obtain his Master's degree in Marriage and Family Therapy. He then became a Clinical Member and Approved Supervisor of the American Association for Marriage and Family Therapy. He was, at that time, in private practice working with individuals, couples and families in Langley, BC, Canada.

He was one of the founding members of the Satir Institute of the Pacific in 1998 and has remained a clinical member ever since. Don began training helping professionals to use the Satir Model in their therapeutic practice with an emphasis on training addictions counselors. He also worked as a supervisor in Satir Brief Therapy training programs in the Vancouver Lower Mainland with John Banmen and Kathlyne Maki-Banmen.

In 2003, Don accepted a position as Deputy Director in the Department of Counselling Services for addictions services in the Cayman Islands. He is responsible for both clinical and administrative supervision for community based and residential treatment programs. He monitors and develops effective programs meeting the needs of the community, working on local, national and international levels.

While in the Cayman Islands, Don has led several Satir Transformational Systemic Therapy Level I and Level II training programs for professionals in the Caribbean. He has been mentoring future trainers for the Caribbean area and has plans to continue to contribute as a trainer in other countries. He has also participated as a supervisor in several residential STST Level I training programs in British Columbia.

Don's commitment to the Satir Model and his leadership in bringing the Satir Model to the Caribbean make him a fitting recipient of the Satir Institute of the Pacific's Leadership Award.

Michael Callaghan, President



SIP's new Logo was launched at the Satir International Conference at the end of June. The new logo with its many colours is intended to reflect SIP's identity as an inclusive, inviting, warm, transformative, membership and training organization with a shining, vibrant, energetic core.

The new logo is a shift from the Iceberg Logo we have been using since 1998 which has been more reflective of one of the Satir teaching metaphors than the organization itself. It's shades of a single colour, blue and the design gave a colder less inviting impression.

The new Logo was designed by a marketing consultant after spending a day working with Board members at their retreat. SIP will be using the new Logo as well as incorporating other design changes into our printed materials and website to better reflect who we are. These initiatives are part of the Board's strategic direction and intention to promote the contemporary relevance and effectiveness of Transformational Systemic Therapy based on the evolution of the work of Virginia Satir. We hope in today's competitive environment this will attract more participants to our training programs and membership.

Michael Callaghan, President

Newsflash

Sharon Loeschen, President of The Virginia Satir Global Network (VSGN), has invited us to sign up for, and send contributions (if you feel inspired to do so) for consideration of publication in VSGN's News Flashes. To get the News Flash, go to www.satirglobal.org and on the Home page, right lower corner, and sign up for it. To submit contributions for consideration in the Newsflash please send them to Sharon Loeschen @ sloeschen@gmail.com



Training News

SIP Hosts “2” Residential Training Programs Summer 2016

Not only did SIP host an amazing conference this year, but they offered two 10 day residential training programs immediately following the conference. Yes you heard correctly! What a feat SIP! 2 simultaneous programs in side by side meeting rooms in the Walter Gage Residences on the beautiful University of British Columbia campus. The level 1 program, led by trainer Jennifer Nagel and supervised by Klaus Klein, Teresa McLellan and Nitza Broide-Miller, had 22 participants from across BC, Canada, the US and Hong Kong. The level 3 program, led by trainer Kathlyne Maki-Banmen and supervised by Robin Beardsley and Voralaksana Theeramoke, had 27 participants from across Canada, Singapore, France, Istanbul, Hong Kong and China. Both programs were filled with laughter and tears along with many incredibly heartwarming moments of growth, healing, connection and joy. Thanks to all who came and shared themselves with us.

Teresa McLellan



COME EXPLORE TRANSFORMATIONAL SYSTEMIC THERAPY!

"Are you a dedicated helping professional who wants to facilitate deep and meaningful change with your clients? Come be inspired!"

DID YOU MISS OUR INTERNATIONAL CONFERENCE....?

If so check out our training programs coming this fall and winter 2016/2017

2 - FALL LEVEL 1 “Transformational Systemic Therapy” TRAINING PROGRAMS

Surrey, BC (Phoenix Center, Surrey)

Sept 24, 25, Oct 22, 23, Nov 26, 27, 2016, Jan 14, 15, and February 18, 19, 2017

10 days of training for only \$1250 (\$50 Early bird fee reduction until August 13, 2016)

Or

Kamloops, BC (Sandman Signature Kamloops Hotel, Kamloops)

Oct 14, 15, 16, Nov. 18, 19, 20, 2016 and Jan. 12, 13, 14, 15, 2017

10 days of training for only \$1250 (\$50 Early bird fee reduction until Sept. 2, 2016)

Transformational Systemic Therapy (TST) Level I come and add therapeutic process supported by neurological research to your therapeutic practice to facilitate deep and lasting healing changes with your clients. Our institute will teach the basics of Transformational Systemic Therapy to bring about transformational change at the level of Being, as well as changes in doing, feeling and perceiving. The process taps the universal yearnings of individuals within their personal family and social systems and helps them work towards a sense of responsible wholeness. The experiential processes will give participants the opportunity to have both personal and professional growth.

Use of Self in Addictions Counselling (5 Evening Program)

September 8, 15, 22, 29, Oct 6, 2016

With Kathyline Maki-Banmen, MA, RCC and Teresa McLellan, MA. Research suggests that recovery from addictions moves far beyond sobriety. Calling on research from the areas of neurobiology, attachment, mindfulness and trauma, the program will lead participants through experiential process to develop their own sense of internal awareness and congruence so that they are better able to connect with themselves and their clients in stimulating Life Energy towards healing. **No pre-requisite courses required.**

Calling all Helping Professionals! Helping People Change Series - 6 weekend workshops starting in September and running until June 2017. Register for one or register for all (discounted rates available)

Explore how systemic, experiential, positively directional therapeutic process can improve your positive results with clients. These professional workshops focus on specific aspects of therapeutic process, symptoms and dynamics, relationships and other therapeutic issues. **No pre-requisite required. All helping professionals welcome!**

Experience the Depth: Experiential Process in Therapy

September 16 / 17, 2016 Kathlyne Maki-Banmen, MA, RCC

Experience research-based experiential process for transformational change. A workshop designed to introduce the technology and art of therapeutic change.

Parenting Teenagers: From Crazy to Connected

November 4 / 5, 2016 Jennifer Nagel, MA, RCC

Understanding how neurological development during adolescence impacts behaviours and choices. A workshop to help develop resources and strategies to effectively connect with and guide teens.

Body Wisdom: Using Mindfulness to Access Inner Resources for Healing

January 20 / 21, 2017 Anastacia Metcalf

Learn strategies to foster trust in the body and its wisdom, integrating it into experiential therapeutic process. Opening communication with the body gives access to inner states, opening a channel that goes beyond symptoms into possibilities.

Soulful Money Matters: Transforming Your Relationship With Money

March 3 / 4, 2017 Linda Lucas, MA, LCPC

Explore the relationship between money and self-love. Move beyond fear and limitations to deep self-acceptance and prosperity

The Sacred Journey: From Addiction to Connection

April 21 / 22, 2017 Teresa McLellan, MA

Research indicates that recovery from addictions of all sorts relies upon an experience of deep connection with others, far beyond assisting people with sobriety. Calling upon attachment and trauma research, this workshop will explore how professionals can create the context in which healing can happen.

Caring for the Caregiver: Maintaining a Sense of SELF While Caring for Others

June 3 / 4, 2017 Robin Beardsley, MD

All helping professionals are susceptible to caregiver fatigue (burnout). Learn how to care with equanimity and experience ways to cultivate mindfulness and self-compassion. Increase self-awareness and choices for care and compassion for self and others.

For More Information and to Register

Info/Registration

REGISTER NOW – CALL CINDI

Training Web: <http://satirpacific.org/>

Email: admin@satirpacific.org

Phone: 604-634-0572



**2016 Level One and Level Three
Trainers and Supervisors**



Level One Participants



Level Three Participants



Fraser Valley

Upcoming dates for our Fireside Chat have been set, with Tuesday being the best day for everyone there.

Mark your calendars for upcoming Fireside Chats in Fort Langley in 2016,

Time: 7pm – 9 pm

- Tuesday, September 20 at Madeleine DeLittle's playhouse
- Tuesday, November 15

Location: will be announced closer to the dates. For more information please contact Tricia Antoniuk @ 778-378-2633 or email me at tricia@antoniukcounselling.ca

International

SATIR INTERNATIONAL JOURNAL

FREE TO ALL! REGISTER NOW!

How do I register?

go to: <https://journals.uvic.ca/index.php/satir>

On the opening page, you will see a place to register (**USER**) to the right of your screen. Sign in there. When you register, you will be notified when a new issue is published on-line. We publish yearly in the Fall. In the meantime, you can browse around and take a look at back issues. You are free to print any articles you choose and as long as you site the journal as its source, you can use the articles in teaching, with clients and colleagues, or any way you choose.

HAVE A MANUSCRIPT YOU'D LIKE TO SUBMIT?

Go to: <https://journals.uvic.ca/index.php/satir> and click on **ABOUT** tab at the top of the page, scroll down to **Submissions** section, and click **Author Guidelines**. Submit to Jesse Carlock, Ph.D.: satir@uvic.ca



Membership News

Please join me in warmly welcoming the newest members to our SIP community:

- Andris Baltins, US - Community
- Heng-zi Berezki, Canada - Affiliate
- Lisa Bourque, Canada - Community
- Chik, Winnie, Canada - Affiliate
- Christopher Cole, Canada-Community
- Crista Damato, Canada - Affiliate
- Sandra Finkleman, Canada - Affiliate
- Lyla Harman, Canada - Affiliate
- Luo Xia, China - Professional
- Dasa Jendruska, US - Community
- Laorujisawat, Mayurin, Thailand - Professional
- Liu Jianpu, Rebecca, China - Professional
- Catherine Low, Canada - Affiliate
- Ingrid Makepeace, Canada-Community
- McGuire, Lynne, US - Community
- Ni Juan, Sunny, China - Professional
- Cate Poultney, Canada - Community
- Jade Seabrook, Canada - Community
- Samar Shata, Canada - Affiliate
- Shi Dan Yuhua, China - Professional
- Tung Oilee, Elsie, Hong Kong - Affiliate
- Wang Shuli, Ann, China - Professional
- Ginny Wong, Canada - Affiliate



Multi-media Resources

I hope you have found time to look at the Annotated Bibliography on our website of published works in English since 1960 related to the Satir Model. If anyone has any references to relevant

publications which have been missed, please send them to Cindi at admin@satirpacific.org . We are currently adding new items, either recently published or just coming to our attention.

Michael Callaghan,
President

Dear Satir Members,

Wanted to let you know that we have updated the Satir Annotated Bibliography on our website. You can access it at:

<http://satirpacific.org/wp-content/uploads/2016/06/2016-05-Annotated-Bibliography-Web-V3.pdf>

This Bibliography may be reproduced, quoted or otherwise used in whole or in part, as long as it is accompanied by the following statement: "This bibliography was produced by the Satir Institute of the Pacific (www.satirpacific.org)".

Regards, Cindi

Administrator, Satir Institute of the Pacific

604-634-0572

admin@satirpacific.org



Attention Contributors/ Advertisers:

The Wisdom Box is published four times per year: Winter, Spring, Summer, and Fall. **The next deadline for submission will be September 26, 2016.**

Please submit any articles, stories, ideas, queries, poems, or anything else you think would interest the membership to the Editor. We would love to hear from you. japaterson@telus.net

Members may advertise for free in this newsletter. We do reserve the right to not publish any article or advertisement that is not in keeping with the tenets of the Satir Model.

Please forward articles and advertisements via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at editor@satirpacific.org

Bianca Rucker, PhD is an experienced approved AAMFT supervisor offering supervision for therapists wishing to become clinical members of AAMFT or BCACC. Supervision and

consultation is also provided for therapists who would like to improve their effectiveness. Special expertise is offered in the area of sexual and relationship therapy. Fee is \$150/hour for supervision. Inquire about reduced fees for certain circumstances. Supervision available at Cambie and Broadway, and also at Boundary Road and Marine Drive. Contact Bianca Rucker at: Bianca Rucker and Associates Inc., #400, 601 W. Broadway, Vancouver, BC V5Z 4C2 Tel: 604-731-4466 Email: br@biancarucker.com or visit www.biancarucker.com

Wendy Lum, MA, Registered Clinical Counsellor and Registered Marriage and Family Therapist is an approved AAMFT Supervisor. She is offering supervision for therapists and counsellors. She has been a practicum supervisor for UVic Counselling Services practicum counselling program since 2007. Wendy's focus is on use of self and increasing personal presence and congruence in order for greater impact on Client's growth and change. Location: 2840 Graham Street, Victoria. Tel: 250-920-9228 Email: innerchange@shaw.ca or visit www.innerchange.ca

John Paterson, MA, has recently launched his Heart Movements © CD and workshop. <https://www.livingmoreauthentically.com/news--events.html>

He is looking for Satir therapists who would like to participate in a Train-the-Trainer experiential workshop of instrumental music, visualizations and drawing that engages the heart, body and right hemisphere of the brain, enabling clients to access, interpret and apply the wisdom contained in their heart and body leading to transformative change. This workshop is another therapeutic tool counsellors can offer their clients that engages their *intrapsychic system*, through listening and drawing then processing the meaning of their experience and images, through a small group structured process to identify what their heart and body is trying to communicate. The workshop also engages clients' *interactive systems*, through understanding the ways in which clients' heart and body knowledge influence the way they experience and express their life. The workshop provides on-site and take-away resources to assist clients in identifying concrete changes they might be willing to make in order to improve the quality of their interactions with self and others. If you would like to add this therapeutic tool to your inventory of clinical resources please contact John @ japateron@telus.net for dates and time of upcoming T the T workshops.



Therapists who complete the T the T workshop will be included in a resource take-away as designated counsellors for workshops participants seeking counselling support following attendance at all Heart Movements workshops.

Program Registration

All Satir programs can be registered for by contacting Cindi Mueller at 604-634-0572 or from our website at www.satirpacific.org

Membership Rates:

Clinical/Professional Members—\$50.00 per year

Affiliate/Community Members—\$25.00 per year

www.satirpacific.org/membership or contact Cindi Mueller at admin@satirpacific.org

Next Issue

We invite you to submit **Letters to the Editor**. These letters give you a voice about past articles, future features you would like to see, or simply share your thoughts and feelings with the rest of us. The value of the Wisdom Box is more than sharing information it is a forum for discourse among dedicated professionals. We Want Your Wisdom!!! This is your newsletter so let us know what you think and what additional material you would like to see in the Wisdom Box that would enrich your reading experience, expand your knowledge, and most importantly, positively impact you!

Members connecting with members are an important mandate of the Wisdom Box so please feel free to submit any news, e.g., weddings, births, anniversaries, new business ventures, etc to the editor @ japaterson@telus.net

We are also very pleased to pass along news of goings on in your region so don't forget to let us know what is happening in your area. News from the various SIP regions and any of the research and application and other people's research that support the Satir model will be gratefully received @ japaterson@telus.net

"We never come to the end of anything. We come to pauses which enable new things to happen..." Virginia Satir

Wisdom Box Production Team:

Editor: John Paterson MA - E-mail: japaterson@telus.net

Distribution: Cindi Mueller - E-mail: admin@satirpacific.org