

The Wisdom Box

The Newsletter of the Satir Institute of the Pacific connecting members throughout the world

Fall Issue 2015



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Message from the Editor

As I walk through nature I witness the trees giving visual voice to transition and change as they wring out this evolution of their life in kaleidoscopic splendour before retreating into slumber and restoration. If only human beings were as transparent in their stages of progression. Unlike the trees we humans have a habit of trying to disguise our periods of transition hoping they will simply go away and paradoxically amplify our suffering through subterfuge.

How fortunate we are to have the tools Virginia provided to make visible the hidden, and support our clients' process of transition through compassionate inquiry and loving intention. We know that change is not something to be feared but embraced and that the decision to face the change process is made easier with the skilled guidance of professionals who understand that all the resources required to successfully navigate change are already within waiting patiently for our loving support to coax them into the light of conscious positive application.

As our clients are in various stages of change so too are all of us. So what are we doing to make our needs visible to those who would help us if we were but willing to reach out? Is there someone in your life you feel safe enough to share your true colours with?

May the season ahead be filled with bounty and abundance and may you have the warmth of fellowship and connection to keep you heart and spirit vibrant and secure.

John Paterson MA

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2016 Satir Celebrations

ADVANCE NOTICE & CALL FOR PROPOSALS

"Becoming More Fully Human: The Evolution"

Located at: "Sheraton Guilford Vancouver" Surrey, British Columbia Canada
June 24th to 26th, 2016



International conference in honour of Virginia Satir's 100th Birthday, her evolution, her work and her teachings.

It is with great excitement to announce that the Satir Institute of the Pacific (SIP) will be hosting an international conference in honour of Virginia Satir. This event is proudly supported by our title sponsor Virginia Satir Global Network. With this advance notice, we are seeking proposals for consideration in this world wide celebration conference.

Information Tele: 1.250.572.5568 | Mail: conference@cordiscovery.ca | www.satirconference.com

KEYNOTE SPEAKERS



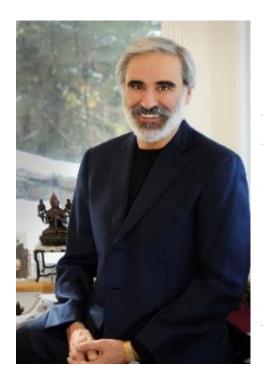
John Banmen, R. Psych., RMFT is internationally known as an author, therapist and educator. His training programs have taken him to over a dozen countries in Asia, Europe, South America and North America. He has authored and edited several books and articles focusing on the Satir Model. Dr. Banmen is the honorary Associate Professor at the University of Hong Kong and was on faculty at the University of British Columbia for 21 years. Recently he was appointed visiting (Guest) Professor at Beijing Normal University, China for a five year period. Presently he is putting his effort into expanding the application of the Satir Model in China. He is an Approved Supervisor with AAMFT and provides extensive supervision for counsellors, psychotherapist and family therapists. He also practices privately in Delta, British

Columbia, Canada, with individuals and couples in family therapy.



Judith Landau, MD, DPM, LMFT, LMFT, CIP, CAI, a child, family and community neuropsychiatrist, has specialized in addiction and other behavioral compulsions for 30+ years, exploring the origins of problems and how to facilitate long-term healing for addicted individuals and their families. As co-developer of Invitational Intervention: the ARISE Model, an evidence-based, best practice model for engaging and treating addicted individuals and their families, she has co-authored 12 peer-reviewed publications and 3 books on the model, has taught in over 100 countries and trained over 1000 people as ARISE Interventionists. Dr. Landau serves as consultant on addiction to NIDA, NIAAA, WHO, and several international governments. A senior Fulbright consultant, she is president of Linking Human Systems, LLC and LINC

Foundation, Inc. and director of ARISE Intervention NOW and the Recovery Resource Center located in Boulder, CO. Dr. Landau is recipient of the American Association of Marriage and Family Therapy's award for Outstanding Contribution to the Field of Marriage and Family Therapy.



David Schnarch is a world-renowned expert on sexual and marital therapy and the founder of the Passionate Marriage and Crucible Approaches to therapy. He is a licensed clinical psychologist, marriage and family therapist, and certified sex therapist, diplomat status, AASECT. He is the Director of the Marriage and Family Health Center and the Crucible Institute in Evergreen, Colorado.

He received the American Psychological Association (APA) 2013 Award for Outstanding Contributions to Private Practice and the American Association of Marriage and Family Therapists (AAMFT) Award for Outstanding Contributions to Family Therapy in 2011, as well as the first recipient of the American Association of Sex Educators, Counselors and Therapists (AASECT) Award for Professional Excellence. Dr. Schnarch has trained

therapists in fifteen counties and his four books, including the best-selling Passionate Marriage have been translated into eight different languages.

Registration is now Open!

Satir Institute of the Pacific invites you to....

"Becoming More Fully Human: The Evolution"

an International Conference in Honour of Virginia Satir's 100th Birthday, her evolution, her work and her teachings

Friday June 24th to Sunday June 26, 2016 Early Bird Conference Fees SIP Members - \$550.00 Non-Members \$650.00

Conference Registration Fees include: Workshops, welcome bag, conference program booklet, Friday evening wine and cheese social, snack/coffee during morning and afternoon breaks, lunches, participation certificate and gala dinner celebration on June 25, 2016 (Extra banquet tickets are also available)

Pre-Conference Thursday June 23, 2016 - Early Bird Pre-Conference Rate \$100.00

Sheraton Vancouver Guildford Hotel
15269-104 Avenue Surrey, BC Canada

Register Here for the Satir Conference

<u>Satir Institute of the Pacific Thanks the</u> following Sponsors:



Platinum Sponsor

Banmen Satir China Management Center (BSCMC) **Gold**

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PREAMBLE

One of the fundamental purposes of the Satir Institute of the Pacific (SIP) is "providing a broad educational context including classes, workshops and seminars in which persons may experience and learn in depth the Satir Transformational Systemic Therapy model in order to understand, develop and use the Satir Model in their personal and professional lives."

AND

Reflecting on this intention, SIP is proud to host the 2016 international conference with title sponsor Virginia Satir Global Network.

GOAL

The objective for hosting this international conference is to provide diverse educational workshops in which persons may experience and learn in depth the Satir Transformational Systemic Therapy model. By offering a deep understanding of the Satir Model, individuals can develop and use the model in their personal and professional lives. Another purpose is to promote the development, study and research of the Satir Model internationally. By fostering and embracing strong and lasting fellowship among the members within the Satir community and others, we hope to build an energetic and passionate community committed to growth, change and transformation.

THEME

As this event is a celebration conference honouring Virginia Satir, we have created a title which highlights a key concept of Virginia's and where we are today – "Becoming More Fully Human: The Evolution." Reflecting on this notion we are left with a remarkable theme of "A Gift: Connection with self, others and context."

PROPOSAL SUBMISSION

The deadline for the submission of conference presentation proposals has been extended to **November 2, 2015.** Go to (www.satirconference.com) to explore options. The conference will offer 60 minute, 90 minute and 120 minute sessions in the format of experiential workshop, panel, research paper presentation and seminars. Please refer to the website for a full description of formats. When submitting a proposal, applicants should clearly identify which type of session is being applied to, describe the relevance to the conference theme and explain the topic to be addressed. Applicants' proposals should offer a title, abstract of 50 words or less and a description of your presentation of 350 words or less. Proposals and workshops must be presented in English.

SELECTION PROCESS

All submissions received by the deadline date will be reviewed. All applicants will be automatically acknowledged by email upon receiving their submission. The selection process will be conducted on a peer review with committee selection. It is the presenter's responsibility to proof read for any errors. Proposals will either be accepted, waitlisted or denied. Individual submissions will receive a letter of notification via email, no later than October 30, 2015 of their accepted proposal. Only those submissions that are accepted or waitlisted will receive notification.

TOPIC THEMES

Below are areas of discipline, but not limited to, when considering your proposal: Addictions, attachment, community issues and systems, cultural sensitivity and competence, death, dying, bereavement, loss, developmental disabilities, divorce and remarriage, domestic violence, eating disorders, education and training of therapists, ethical and legal issues, evidence based treatment, expressive therapies, family therapy, forensic and legal issues, medical issues, mental health and illness, outcome research, process of aging, parenting, process research, sexuality, self-care of the therapist, spirituality, suicide and depression, substance abuse and dependency, supervision, trauma and healing.

DISCLAIMER

All presenters are responsible for all expenses incurred (travel, accommodations, meals, etc.) and must register for the conference by November 30th, 2015. If applicants do not register for the conference or confirm their acceptance of presenting, his/her proposal will be revoked and a submission on the waitlist will be offered your allocated spot.

*Satir Institute of the Pacific reserves the right to change or add to any component of the conference.

100,000 Satir Heart Connections: Furthering the Legacy of Virginia Satir

The Virginia Satir Global Network commenced a major campaign, June 26th, 2015 running all the way through 2016. The title is The <u>100,000 Satir Heart Connections Campaign.</u>

Virginia Satir, in her lifetime, touched the hearts of millions of people worldwide. She helped us understand the meaning of human connection. She helped us to understand the process of change, the power of understanding and the wisdom of compassion, for others and most importantly for ourselves.

Virginia would have been 100 years old on June 26th, 2016.

Please help us celebrate her birthday in three ways:

1. Send us a video by recording you or your group expressing your appreciation for how Virginia touched your life. Be sure to include your name and your country. Please keep your video to 60 seconds or less. If English is not your first language, please repeat your message in your own language.

Steps for sending an appreciation:

- 1) Upload your video to YouTube, marking it as unlisted or public
- 2) Copy your video's YouTube URL
- 3) Send the url to our organizer by clicking the Contact Button below (envelope icon)
- 4) Or write an email and send it to our organizer.

We will be posting your videos and emails as updates.

- 2. **Donate** to our campaign. We ask you to donate so we can continue furthering Virginia's teachings. Some of the ways we are currently doing this are by:
 - Sponsoring conferences, such as the upcoming one honoring Virginia's 100th birthday,
 Becoming More Fully Human: The Evolution
 - Co-sponsoring trainings for continuing education credits
 - Offering online education
 - Promoting trainings, books, articles and research through the weekly News Flash linking people, such as linking a Saudi Arabian author of the Arabic version of Satir's The New Peoplemaking with a Jordanian professor who found a publisher for him.
- 3. Share our campaign with your friends and associates on Facebook, Twitter and by email.

Thank you for joining our campaign. Help us create 100,000 heart connections, and be part of bringing peace to the world by furthering the legacy of Virginia Satir!

http://www.gofundme.com/satirglobalnetwork

In Memory of

IT IS WITH GREAT SADNESS WE EXPRESS OUR CONDOLENCES TO THE FAMILY OF SR. SUSAN CHIA WHO PASSED AWAY ON SUNDAY OCTOBER 4TH IN SINGAPORE



Dear Kathlyne

Please submit your comments or questions directly to Kathlyne @ training@satirpacific.org or to the editor @ japaterson@telus.net so we can support each other in our shared commitment to effectively guide our clients who reach out to us in need.

With love, Kathlyne



Special Interest News

Where Words Cannot Reach Neuroscience and the Satir Model in the Sand Tray - Madeleine De Little

To purchase her book, go to www.wherewordscannotreach.ca then click on the tab marked "my book: and click on the link to Paypal. It costs \$45 Canadian dollars plus postage and packing.



by Jim Edmondson

Where Words Can't Reach: Neuroscience and the Satir Model in the Sand Tray

Madeleine De Little has shown us in this book the great advantages of using neuroscience and the Satir model in the sand tray. In her book she shows us the theory and science behind using figurines to create images of the right hemispherical processing, transform the impact and she shows us how to get started and incorporate it into our practice.

The book stresses the latest neuroscience of relational attachment between the therapist and the child as they sit across the sand tray from each other, creating images of the client's yearnings for safety, love and peace and finding figurines to represent what is getting in the way.

Of particular interest this book brings together Satir's coping stances with the latest neuroscience of Stephen Porges and his model of the "Polyvagal system" of protection. The book has numerous pictures of client's work and how they have used their defenses to stay safe and then use different figurines to illustrate the transformation of the fear.

The book gives over a hundred pictures of examples of sand tray sessions, some of which are successful but Madeleine is confident enough in her work to also share unsuccessful sessions, and explain possible reasons why they were not transformative. Madeleine gives an honest and authentic account of the subtleties and nuances of this model

The book illustrates how the therapist is able to access the internal world of images in the right hemisphere of the client with questions like "what does the boy need...? How can we help...? As the picture changes so the client begins to perceive their inner world differently. At the end of the session they experience the images of the sand tray and subsequently themselves differently. The book takes the reader through actual case studies of children, families, adults, and parts parties to illustrate the theory behind the Neuroscience of the Satir in the Sand tray Model.

All of this in a book and more is exhilarating, and exciting "beyond words'. I found myself wanting to read it several times as it is packed with an amazing illustrations and examples on how to transform the trauma and pain of the youngest child. The pictures are gorgeous and beautifully presented and clear. On viewing them you will know what all your relatives can give you for Christmas and birthday!

And when you finally read the book (and spend time at one of Madeleine's work shops) you will wonder why "Where Words Can't Reach; Neuroscience and the Satir Model in the Sand Tray is not front and center in every counsellor/therapists training program in the world.

Jim Edmondson is an elementary school counsellor in Surry, BC

Newsflash

Sharon Loeschen, President of The Virginia Satir Global Network (VSGN), has invited us to sign up for, and send contributions (if you feel inspired to do so) for consideration of publication in VSGN's News Flashes. To get the News Flash, go to www.satirglobal.org and on the Home page, right lower corner, and sign up for it. To submit contributions for consideration in the Newsflash please send them to Sharon Loeschen @ sloeschen@gmail.com



Training News

Programs Offered in 2015

Satir Transformational Systemic Therapy Level I

Surrey, BC - September 26, 27, October 24, 25, November 28, 29, 2015, January 9, 10, February 13, 14, 2016

(held at Phoenix Center, Boardroom, 13686-94A Avenue, Surrey, BC) with SIP Director of Training,

Kathlyne Maki-Banmen, MA, RCC, Individual, Couple and Family Counsellor

Assisted by Klaus Klein, MA, RCC



A Clinical InService with Madeleine DeLittle Neuorscience and the Satir Model in the Sand Tray

Thursday October 29, 2015 7:00 pm to 9:00 pm

The theory of attachment in the therapeutic relationship, the understanding of the subtleties of non-verbal communication, the neuroscience of transformation, the critical role of intuition and the 'Satir Transformational Systemic Therapy' model (STST) all come together in the use of the sand tray.

Where: Phoenix Center, 13686-94A Avenue, Surrey, BC (Upstairs Lounge)

Who Can Come? All members are invited to attend, and we are excited to annouce that members may also bring ONE guest (must be in a helping profession). Guests (Non-Member) must be accompanied by a SIP member and need to pay the registration fees also.

What is the cost? \$20 per person

To Register: Contact Cindi Mueller at 604-634-0572 or email admin@satirpacific.org

Programs Offered in 2016

Satir Transformational Systemic Therapy Training Program Level 1 June 28 to July 7, 2016 (following the Satir Int'l Conference)

A 10 day Residential Program (Limited Residential spots available, Commuter also Available)

To be held at Rosemary Heights Retreat Center

3690-152 Street, Surrey, BC, Canada

Applying Research Innovations to Psychotherapy And Family Therapy For Deep And Lasting Change!

Recent research in neurobiology, attachment, trauma and mindfulness has important implications for psychotherapy and family therapy. Satir Transformational Systemic Therapy integrates research with therapeutic practice to provide therapeutic processes, assisting clients to transforming their intrapsychic and interrelational systems. The changes clients experience result in more internal peace, integration and empowerment and more connected, accepting and positive relationships.

A recent survey of mental health practitioners in the U.S.A. indicated that Virginia Satir remains among the top 5 most influential therapists from history. When she was alive, many people believed that her very successful results with people were due to her charismatic and loving nature. Since her death, her system of working therapeutically with people has been developed and refined. Many of these processes are now clearly supported by research.

With Linda Lucas, MA, LCPC, Clinical Professional Counsellor and Jennifer Nagel, MA, RCC, Registered Clinical Counsellor

Early Bird Fee

SIP Members \$2250 Residential - \$1900 Commuter Non Member \$2300 Residential - \$1950 Commuter

For more info Contact: Cindi Mueller Satir Institute of the Pacific admin@satirpacific.org
www.satirpacific.org
1-604-634-0572
Check us out on Facebook

Satir Transformation Systemic Therapy Level III Summer Intensive June 28 to July 7, 2016 (following the Satir Int'l Conference)

A 10 day Residential Program (Limited Residential spots available, Commuter also Available)

To be held at Rosemary Heights Retreat Center

3690-152 Street, Surrey, BC, Canada

This program will focus on the application of STST to loss and grief, anxiety, trauma, depression, and suicide. Therapeutic vehicles, such as sculpting, internal parts party and personal mandala will be taught as part of the program. Compassion fatigue and self-care for the therapist will also be addressed.

This Program will help Counsellors and Therapists:

- Conceptualize clients' experiences through the Satir Growth Model.
- Bring sub-conscious internal dynamics into the client's conscious awareness.
- Change impacts rather than focus on reducing symptoms.
- Use specific interventions to resolve painful experiences.
- Help clients access, accept and utilize their internal strengths and resources.
- Facilitate bringing about transformational change and anchoring and integrating the changes.
- Use their Self in a competent, confident, congruent and creative way throughout the Satir therapeutic process.
- Make therapy experiential throughout each aspect of the therapeutic process.
- Make therapy positively directional throughout each aspect of the therapeutic process.
- Make therapy change focused throughout each aspect of the therapeutic process.
- Make the therapy process systemic, working on changing the intrapsychic within the context of interactive relationships and changing the interactive from the intrapsychic changes.
- Tap clients' Life Energy as the stimulus to growth and transformation.

With Kathlyne Maki-Banmen, MA, RCC, Registered Clinical Counsellor, SIP Director of Training

Early Bird Fee

SIP Members \$2250 Residential - \$1900 Commuter Non Member \$2300 Residential - \$1950 Commuter

For more info Contact: Cindi Mueller Satir Institute of the Pacific admin@satirpacific.org www.satirpacific.org 1-604-634-0572



International

Official 2015 Book of Abstracts for the 2015 IFTA World Congress

We are pleased to offer you a link to the official 2015 Book of Abstracts for the 2015 IFTA World Congress in Kuala Lumpur, Malaysia which includes the contributions of Kathlyne and John Banmen who were there as speakers. http://www.ifta-congress.org/docs/2015Book-of-Abstracts

The Satir International Journal

Dear Satir Members,

"The Satir Institute of the Pacific is pleased to forward this Call for Papers for the Satir International Journal. The journal is published by the University of Victoria and Jesse Carlock, a former Associate Editor of SIP's Satir Journal, is the new Editor. SIP no longer publishes its own Satir Journal but supports and is developing a partnership with the Satir International Journal. It is exciting that SIP's innovative pioneering publication of the first Satir Journal has now been taken up by an academic institution which brings further credibility to the Satir Model. My hope is that our members will support this publication by submitting articles for publication and by promoting it to their colleagues."

Sincerely,
Michael Callaghan
President, Satir Institute of the Pacific

The *Satir International Journal* offers research and applications for the mental health of individuals, and promotes the healthy development of families, groups and organizations in society. Our goals encompass therapeutic communication, equality, spirituality, ethical decision-making and global diversity. Retrieved from: http://journals.uvic.ca/index.php/satir

Satir International Journal

CALL FOR PAPERS

The Satir International Journal welcomes submission of papers in the areas of theory, research and application of the Satir Model in a wide variety of settings. SIJ publishes high quality solicited and unsolicited articles in English with abstracts in several languages. The journal

welcomes submission of manuscripts that meet the general criteria of significance and research excellence. All articles published in SIJ are peer-reviewed.

The following types of articles are considered for publication:

- Theoretical and philosophical articles
- Research papers
- History of the Satir Model
- Applications of the model
- Visual arts (photos must be in jpeg format)
- Insights (personal accounts, case studies related to theory/practice)
- Book and film reviews (500-750 words; twice that if you wish to expand the material into a mini-article)

You are invited to submit articles as an email attachment to the editorial office: satir@uvic.com.

Include the following information along with your manuscript:

- Name and institution with full address details
- Title of paper
- Cover letter that includes a declaration that the prospective manuscript is original and has not been published before nor is it under consideration for publication by another publisher.

ALL DOCUMENTS MUST CONFORM TO APA PUBLICATION MANUAL (6th Edition) SEE SUBMISSION GUIDELINES BY VISITING THE SIJ WEBSITE:

journals.uvic.ca/index.php/satir and click on a tab at the top of the page labeled, "ABOUT." Scroll down until you find the guidelines. SIJ is committed to scholarship addressing racial, ethnic and cultural concerns.

The Satir International Journal has room for research articles and theoretical pieces, room for personal accounts, ethical and cross-cultural issues, case studies, interviews, as well as room for more artistic-symbolic pieces like Roger Harmon's photo essay that will appear in the next issue. The Satir International Journal is continuing the process of becoming rounder, more "whole." We are open to a diverse range of manuscripts as well as other media. The journal encourages researchers to submit articles that demonstrate the efficacy of the Satir Model. Increasingly, clients are seeking cognitive-behavioral therapy because their physician, who reads CBT studies that appear in the medical literature, has recommended that the patient see a CBT therapist. Research related to the Satir Model needs to be brought together in one place and, eventually, distilled and integrated into teaching curriculums. The Satir International

Journal can be forum for high quality papers such as this. Please check us out: http://journals.uvic.ca/index.php/satir

Retrieved from: http://satirglobal.org/featured/the-satir-international-journal/



Multi-media Resources

I hope you have found time to look at the Annotated Bibliography on our website of published works in English since 1960 related to the Satir Model. If anyone has any references to relevant publications which have been missed, please send them to Cindi at admin@satirpacific.org. We are currently adding new items, either recently published or just coming to our attention.

Michael Callaghan, President





Attention Contributors/ Advertisers:

The Wisdom Box is published four times per year: Winter, Spring, Summer, and Fall. The next deadline for submission will be December 28, 2015.

Please submit any articles, stories, ideas, queries, poems, or anything else you think would interest the membership to the Editor. We would love to hear from you. japaterson@telus.net

Members may advertise for free in this newsletter. We do reserve the right to not publish any article or advertisement that is not in keeping with the tenets of the Satir Model.

Please forward articles and advertisements via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at editor@satirpacific.org

Bianca Rucker, PhD is an experienced approved AAMFT supervisor offering supervision for therapists wishing to become clinical members of AAMFT or BCACC. Supervision and

consultation is also provided for therapists who would like to improve their effectiveness. Special expertise is offered in the area of sexual and relationship therapy. Fee is \$120/hour for supervision. Inquire about reduced fees for certain circumstances. Supervision available at Cambie and Broadway, and also at Boundary Road and Marine Drive. Contact Bianca Rucker at: Bianca Rucker and Associates Inc., #400, 601 W. Broadway, Vancouver, BC V5Z 4C2 Tel: 604-731-4466 Email: br@biancarucker.com or visit www.biancarucker.com

Wendy Lum, MA, Registered Clinical Counsellor and Registered Marriage and Family Therapist is an approved AAMFT Supervisor. She is offering supervision for therapists and counsellors. She has been a practicum supervisor for UVic Counselling Services practicum counselling program since 2007. Wendy's focus is on use of self and increasing personal presence and congruence in order for greater impact on Client's growth and change. Location: 2840 Graham Street, Victoria. Tel: 250-920-9228 Email: innerchange@shaw.ca or visit www.innerchange.ca

Program Registration

All Satir programs can be registered for by contacting Cindi Mueller at 604-634-0572 or from our website at www.satirpacific.org

Membership Rates:

Clinical/Professional Members—\$50.00 per year Affiliate/Community Members—\$25.00 per year

www.satirpacific.org/membership or contact Cindi Mueller at admin@satirpacific.org



We invite you to submit **Letters to the Editor.** These letters give you a voice about past articles, future features you would like to see, or simply share your thoughts and feelings with the rest of us. The value of the Wisdom Box is more than sharing information it is a forum for discourse among dedicated professionals. We Want Your Wisdom!!! This is your newsletter so let us know what you think and what additional material you would like to see in the Wisdom Box that would enrich your reading experience, expand your knowledge, and most importantly, positively impact you!

Members connecting with members is an important mandate of the Wisdom Box so please feel free to submit any news, e.g., weddings, births, anniversaries, new business ventures, etc to the editor @ japaterson@telus.net

We are also very pleased to pass along news of goings on in your region so don't forget to let us know what is happening in your area. News from the various SIP regions and any of the research and application and other people's research that support the Satir model will be gratefully received @ japaterson@telus.net

"You never outgrow your need for growth" Virginia Satir

Wisdom Box Production Team:

Editor: John Paterson MA - E-mail: <u>japaterson@telus.net</u> **Distribution:** Cindi Mueller - E-mail: <u>admin@satirpacific.org</u>