

The Wisdom Box

The Newsletter of the Satir Institute of the Pacific connecting members throughout the world

Summer Issue 2015



Wisdom Box Contents

2016 Celebrations	р. 4
Call for Proposals	p. 4
Special Interest	p. 9
2015 Todd Clark Unsung Hero Award	p. 9
Professional Growth	p. 10
Training News	p. 11
Latest News	p. 12
International	p. 12
Multi-media Resources	p. 15
Advertisements/Classifieds	p. 16
Next Issue	p. 17

President's Message

There is an important distinction between "Doing" and "Being", one which was prominent in our recent Board retreat. Often at our retreats we have framed our discussions in terms of "Doing" by looking at the Institute's Five Purposes as laid out in our Constitution. There is another document, a "Vision Statement", put together by the Board about ten or more years ago. This is a statement about "Being", about who we are as an Institute. Newer members of the Institute may not be familiar with this document and those who have been members for many years may have tucked it away in their memories or filing systems.

So the Board began our retreat by spending time together looking at who we are, our Being, and re-affirming this vision for the Institute.

The Vision Statement is as follows:

- 1. We are a welcoming, intentional community committed with energy and passion to growth, change and transformation.
- 2. We create a foundation of mutual trust built on love, honesty, support and inclusivity.
- 3. We offer an affirming environment which releases wonder, creativity and connection to the universal source and divine wisdom.
- 4. We are committed to personal responsibility, congruence, and integrity in the development of individual wisdom and leadership.
- 5. We embody and promote these principles and concepts to achieve a world of harmony, peace and wholeness within, between and among all humanity.

Board members were excited and energized as we went through this Vision, which brought us together at a deeper level and gave a greater sense of shared commitment and purpose to our task of steering the Institute through the next year and beyond.

In a spirit of renewal of who we are, I invite each of you, individually or with other Satir members, to take some time to reflect on the Vision Statement about who we are, our "Being," then, to think about how this enriches your commitment to the "Doing" part of your membership in the Satir Institute of the Pacific in the coming year.

This is a critical year for the Institute and its members, as we all prepare together and make our own contribution, big or small, as we welcome the world Satir community to the International Conference in honour of Virginia Satir's 100th birthday, her evolution, her work and her teachings in June 2016 at the Sheraton Hotel in Surrey, BC.

Michael Callaghan, President



Message from the Editor

Summer is upon us. The furnace has been put to sleep, the curtains and windows thrown open to welcome in the fragrances that ride on the warm winds of the season. Summer beckons us, with promises of adventure and joys to experience, to extend our reach beyond the boundaries and comforts of home to a wider exploration of wonders lying just beyond the horizon of our familiar securities.

The BBQ has had the lingering stains of winter and spring washed away, the patio furniture is hauled from its winter shelter and the sun is calling us to play in her warm embrace. The summer evenings offer a magical space for walking and talking as the earth gently releases the warmth she so unselfconsciously absorbed from the sun during the day - offering it without prejudice or regard for the worthiness of those who benefit from her gift. Her unconditional sharing invites us to learn from her ancient wisdom. Are we as willing as she to share the warmth of our love and light without regard for worth or deserving towards those we extend our most cherished gifts of self? Will we offer, with equal equanimity, our compassion, wisdom, and loving kindness with the nearest thou at hand?

Summer not only extends her warmth and life-giving energy to all without regard, but her generosity awakens within us that quality we share in common - our connection with everyone and everything in the universe. It is only an error in perception that has us distinguishing one from another – "us" from "them."

Virginia was the embodiment of what the summer season reminds us to embrace. We all possess within us the light and warmth of an unconditionally loving life force that seeks only to multiply itself. Through her example we bear witness to the extraordinary healing power of seeing beyond the problem to the resources within that hold the key to recovery and a life of unimagined positive potential. We, in turn, are invited, through Virginia's example, to shine our nurturing light that all who fall within our area of influence might draw in our warmth, compassion, and encouragement and then give it away through their unique expressions of Self.

As Edith Wharton so eloquently noted, "There are two ways of spreading light: to be the candle or the mirror that reflects it." Happy summer everyone John Paterson MA

Board	Mem	bers	2014	/15
-------	-----	------	------	-----

President - Michael Callaghan Secretary – Jennifer Nagel Treasurer – Teresa McLellan Director of Training – Kathlyne Maki-Banmen Director of Membership - Tricia Antoniuk Director of Marketing - Rick Miners Directors at Large: Maureen Boliszczuk Corrinna Douglas Maryann Esson Teresa McLellan Denise Wynne

Wisdom Box Editor - John Paterson

2016 Satir Celebrations

ADVANCE NOTICE & CALL FOR PROPOSALS "Becoming More Fully Human: The Evolution"

Located at: "Sheraton Guilford Vancouver" Surrey, British Columbia Canada June 24th to 26th, 2016



International conference in honour of Virginia Satir's 100th Birthday, her evolution, her work and her teachings.

It is with great excitement to announce that the Satir Institute of the Pacific (SIP) will be hosting an international conference in honour of Virginia Satir. This event is proudly supported by our title sponsor Virginia Satir Global Network. With this advance notice, we are seeking proposals for consideration in this world wide celebration conference.

> Information Tele: 1.250.572.5568 | Mail: conference@cordiscovery.ca

KEYNOTE SPEAKERS



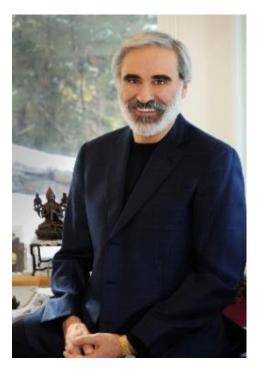
John Banmen, R. Psych., RMFT is internationally known as an author, therapist and educator. His training programs have taken him to over a dozen countries in Asia, Europe, South America and North America. He has authored and edited several books and articles focusing on the Satir Model. Dr. Banmen is the honorary Associate Professor at the University of Hong Kong and was on faculty at the University of British Columbia for 21 years. Recently he was appointed visiting (Guest) Professor at Beijing Normal University, China for a five year period. Presently he is putting his effort into expanding the application of the Satir Model in China. He is an Approved Supervisor with AAMFT and provides extensive supervision for counsellors, psychotherapist and family therapists. He also practices privately in Delta, British

Columbia, Canada, with individuals and couples in family therapy.



Judith Landau, MD, DPM, LMFT, LMFT, CIP, CAI, a child, family and community neuropsychiatrist, has specialized in addiction and other behavioral compulsions for 30+ years, exploring the origins of problems and how to facilitate longterm healing for addicted individuals and their families. As co-developer of Invitational Intervention: the ARISE Model, an evidence-based, best practice model for engaging and treating addicted individuals and their families, she has coauthored 12 peer-reviewed publications and 3 books on the model, has taught in over 100 countries and trained over 1000 people as ARISE Interventionists. Dr. Landau serves as consultant on addiction to NIDA, NIAAA, WHO, and several international governments. A senior Fulbright consultant, she is president of Linking Human Systems, LLC and LINC

Foundation, Inc. and director of ARISE Intervention NOW and the Recovery Resource Center located in Boulder, CO. Dr. Landau is recipient of the American Association of Marriage and Family Therapy's award for Outstanding Contribution to the Field of Marriage and Family Therapy.



David Schnarch is a world-renowned expert on sexual and marital therapy and the founder of the Passionate Marriage and Crucible Approaches to therapy. He is a licensed clinical psychologist, marriage and family therapist, and certified sex therapist, diplomat status, AASECT. He is the Director of the Marriage and Family Health Center and the Crucible Institute in Evergreen, Colorado.

He received the American Psychological Association (APA) 2013 Award for Outstanding Contributions to Private Practice and the American Association of Marriage and Family Therapists (AAMFT) Award for Outstanding Contributions to Family Therapy in 2011, as well as the first recipient of the American Association of Sex Educators, Counselors and Therapists (AASECT) Award for Professional Excellence. Dr. Schnarch has trained

therapists in fifteen counties and his four books, including the best-selling Passionate Marriage have been translated into eight different languages.



PREAMBLE

One of the fundamental purposes of the Satir Institute of the Pacific (SIP) is "providing a broad educational context including classes, workshops and seminars in which persons may experience and learn in depth the Satir Transformational Systemic Therapy model in order to understand, develop and use the Satir Model in their personal and professional lives." Reflecting on this intention, SIP is proud to host the 2016 international conference with title sponsor Virginia Satir Global Network.

GOAL

The objective for hosting this international conference is to provide diverse educational workshops in which persons may experience and learn in depth the Satir Transformational Systemic Therapy model. By offering a deep understanding of the Satir Model, individuals can develop and use the model in their personal and professional lives. Another purpose is to promote the development, study and research of the Satir Model internationally. By fostering and embracing strong and lasting fellowship among the members within the Satir community and others, we hope to build an energetic and passionate community committed to growth, change and transformation.

THEME

As this event is a celebration conference honouring Virginia Satir, we have created a title which highlights a key concept of Virginia's and where we are today – **"Becoming More Fully Human: The Evolution."** Reflecting on this notion we are left with a remarkable theme of **"A Gift: Connection with self, others and context."**

PROPOSAL SUBMISSION

Proposals must be submitted no later than **September 18, 2015** using the online form at www.satirconference.com. The conference will offer 60 minute, 90 minute and 120 minute sessions in the format of experiential workshop, panel, research paper presentation and seminars. Please refer to the website for a full description of formats. When submitting a proposal, applicants should clearly identify which type of session is being applied to, describe the relevance to the conference theme and explain the topic to be addressed. Applicants' proposals should offer a title, abstract of 50 words or less and a description of your presentation of 350 words or less. Proposals and workshops must be presented in English.

SELECTION PROCESS

All submissions received by the deadline date will be reviewed. All applicants will be automatically acknowledged by email upon receiving their submission. The selection process will be conducted on a peer review with committee selection. It is the presenter's responsibility

to proof read for any errors. Proposals will either be accepted, waitlisted or denied. Individual submissions will receive a letter of notification via email, no later than October 30, 2015 of their accepted proposal. Only those submissions that are accepted or waitlisted will receive notification.

TOPIC THEMES

Below are areas of discipline, but not limited to, when considering your proposal: Addictions, attachment, community issues and systems, cultural sensitivity and competence, death, dying, bereavement, loss, developmental disabilities, divorce and remarriage, domestic violence, eating disorders, education and training of therapists, ethical and legal issues, evidence based treatment, expressive therapies, family therapy, forensic and legal issues, medical issues, mental health and illness, outcome research, process of aging, parenting, process research, sexuality, self care of the therapist, spirituality, suicide and depression, substance abuse and dependency, supervision, trauma and healing.

DISCLAIMER

All presenters are responsible for all expenses incurred (travel, accommodations, meals, etc.) and must register for the conference by November 30th, 2015. If applicants do not register for the conference or confirm their acceptance of presenting, his/her proposal will be revoked and a submission on the waitlist will be offered your allocated spot.

*Satir Institute of the Pacific reserves the right to change or add to any component of the conference.

CALL FOR PROPOSALS

Deadline for submission is September 18th, 2015 @ 4:00pm PST

Registration will be available starting in September. Our conference website address <u>www.satirconference.com</u>



The Virginia Satir Global Network is starting a major campaign, commencing June 26th, 2015 and running all the way through 2016. The title is The <u>100,000 Satir Heart Connections</u> *Campaign.*

100,000 Satir Heart Connections: Furthering the Legacy of Virginia Satir

Virginia Satir, in her lifetime, touched the hearts of millions of people worldwide. She helped us understand the meaning of human connection. She helped us to understand the process of change, the power of understanding and the wisdom of compassion, for others and most importantly for ourselves.

Virginia would have been 100 years old on June 26th, 2016.

Please help us celebrate her birthday in three ways:

1. Send us a video by recording you or your group expressing your appreciation for how Virginia touched your life. Be sure to include your name and your country. Please keep your video to 60 seconds or less. If English is not your first language, please repeat your message in your own language.

Steps for sending an appreciation:

1) Upload your video to YouTube, marking it as unlisted or public

2) Copy your video's YouTube URL

3) Send the url to our organizer by clicking the Contact Button below (envelope icon)

4) Or write an email and send it to our organizer.

We will be posting your videos and emails as updates.

2. **Donate** to our campaign. We ask you to donate so we can continue furthering Virginia's teachings. Some of the ways we are currently doing this are by:

- Sponsoring conferences, such as the upcoming one honoring Virginia's 100th birthday, Becoming More Fully Human: The Evolution
- Co-sponsoring trainings for continuing education credits
- Offering online education
- Promoting trainings, books, articles and research through the weekly News Flash linking people, such as linking a Saudi Arabian author of the Arabic version of Satir's The New Peoplemaking with a Jordanian professor who found a publisher for him.

3. Share our campaign with your friends and associates on Facebook, Twitter and by email.

Thank you for joining our campaign. Help us create 100,000 heart connections, and be part of bringing peace to the world by furthering the legacy of Virginia Satir!

http://www.gofundme.com/satirglobalnetwork



Dear Kathlyne

Please submit your questions so we can support each other in our shared commitment to effectively guide our clients who reach out to us in need.

With love, Kathlyne



Special Interest News

Anne Morrison

2015 Todd Clark Unsung Hero Award

Anne Morrison created the Unsung Hero award in 2003 "as a way to honour members of the Institute who work for the benefit of us all, selflessly, quietly, in the background – not seeking recognition for themselves - but exemplifying Virginia Satir's work of "peace within, peace between, and peace among." We know that Anne understands the value of generosity and commitment given freely, and we see Anne embody this in all that she does.

Since retiring as Assistant Director of Training Anne has continued to build the Satir community on Vancouver Island, hosting Fireside Chats, building connections and increasing awareness and competence among a growing number of counsellors. Anne writes a regular column for the local paper, and she supervises counsellors and therapists scattered far and wide.



Anne Morrison - L (Award Recipient) and Tricia Antoniuk - R (Award Presenter) With the **Unsung Hero Award**

Over the years Anne has given generously to SIP in many different roles and in many capacities. The Satir model is so much a part of her that it seems to permeate every area of her life.

In the words of Shelley Iberg, from Vancouver Island: "Anne is a person who will connect people together - like a circuit-board. The more energy and connection that she creates, the more alive this network becomes. Her networking is second to none. I have met people who have known Anne for years and her warm spirit, heart and embodiment of Satir principles precede her. She believes in people and in their strengths, and creates opportunities for 'Satirists' to showcase their talents through the sharing of each individual's qualities with other people that she cares for." Anne has promoted and exemplified Satir over the past decades. Her resume and accomplishments are remarkable. Her love and passion for what she does is demonstrated with each breath."

When I think of Anne, the following words come to mind:

- ♣ Anne's passion for the Satir model
- Anne's gift in drawing people together and inspiring a sense of community
- Anne's generosity of sharing herself with others
- Anne's ability to promote the work of the Satir Institute of the Pacific through networking, writing, and inspiring others
- Anne's warmth, smile, heartfelt welcome and hospitality

It is an honour to present Anne with the Todd Clark Unsung Hero Award for 2015, and we were thrilled that she was at the AGM in person to receive it.

Respectfully submitted, Tricia Antoniuk Director of Membership

Newsflash

Sharon Loeschen, President of The Virginia Satir Global Network (VSGN), has invited us to sign up for, and send contributions (if you feel inspired to do so) for consideration of publication in VSGN's News Flashes. To get the News Flash, go to <u>www.satirglobal.org</u> and on the Home page, right lower corner, and sign up for it. To submit contributions for consideration in the Newsflash please send them to Sharon Loeschen @ <u><sloeschen@gmail.com></u>



Dear SIP Members,

University of North Carolina is offering Satir Clinical Training

I'm proud to share with you our new Satir Clinical Program at UNC Chapel Hill website: <u>www.satir.web.unc.edu</u>.

It includes all the information on the summer Satir Clinical Training, July 26th through August 1st. The all-inclusive price for hotel, meals, and all materials and training spanning 7 days, 6 nights with 44 credit hours is \$2,400. Everything is included except airfare, and we're open to a diverse group from all areas. Satir content knowledge is not required to attend. We've worked hard to make it logistically easy for people to attend, and are looking forward to having a great group for the inaugural UNC Satir Clinical Training.

Please contact Erin Murphy, <u>erinmurphy@unc.edu</u> with any questions.

We are very excited to have our first Satir Clinical Training at UNC – Chapel Hill. Please forward to any colleagues who might be interested. The training is capped at 25 to allow for intimate small groups and feedback, in a residential setting.

Erin Murphy Satir Program Coordinator (919) 962-4011 <u>erinmurphy@unc.edu</u> ^{...} <u>www.satir.web.unc.edu</u> University of North Carolina at Chapel Hill ^{...} School of Social Work ^{...} Chapel Hill, NC 27599



Programs Offered in 2015

Satir Transformational Systemic Therapy Training Program Level 1 available in a weekend or extended weekend format starting September 2015

Cranbrook, BC - September 11, 12, 13, October 2, 3, 4, November 19, 20, 21, 22, 2015

(held at Axis Family Resources Ltd. Room 102, 125-10th Avenue South, Cranbrook, BC) with SIP Trainer Linda Lucas, MA, LCPC Clinical Professional Counsellor

And

Surrey, BC - September 26, 27, October 24, 25, November 28, 29, 2015, January 9, 10, February 13, 14, 2016

(held at Phoenix Center, Boardroom, 13686-94A Avenue, Surrey, BC) with SIP Director of Training, Kathlyne Maki-Banmen, MA, RCC, Individual, Couple and Family Counsellor Assisted by Klaus Klein, MA, RCC



International

Official 2015 Book of Abstracts for the 2015 IFTA World Congress

We are pleased to offer you a link to the official 2015 Book of Abstracts for the 2015 IFTA World Congress in Kuala Lumpur, Malaysia which includes the contributions of Kathlyne and John Banmen who were there as speakers. <u>http://www.ifta-congress.org/docs/2015Book-of-Abstracts</u>

The Satir International Journal

The *Satir International Journal* offers research and applications for the mental health of individuals, and promotes the healthy development of families, groups and organizations in society. Our goals encompass therapeutic communication, equality, spirituality, ethical decision-making and global diversity. Retrieved from: <u>http://journals.uvic.ca/index.php/satir</u>

The Satir International Journal has room for research articles and theoretical pieces, room for personal accounts, ethical and cross-cultural issues, case studies, interviews, as well as room for more artistic-symbolic pieces like Roger Harmon's photo essay that will appear in the next issue. The Satir International Journal is continuing the process of becoming rounder, more "whole." We are open to a diverse range of manuscripts as well as other media. The journal encourages researchers to submit articles that demonstrate the efficacy of the Satir Model. Increasingly, clients are seeking cognitive-behavioral therapy because their physician, who reads CBT studies that appear in the medical literature, has recommended that the patient see a CBT therapist. Research related to the Satir Model needs to be brought together in one place and, eventually, distilled and integrated into teaching curriculums. The Satir International Journal can be forum for high quality papers such as this. Please check us out: http://journals.uvic.ca/index.php/satir

Retrieved from: http://satirglobal.org/featured/the-satir-international-journal/

It Is OK To Be Me By Hettie Tu

I have spent a lot of time and energy making myself look good and doing well and it is too tiring and I don't really like myself inside sometimes. I want people like me and accept me. But I abandon myself to get people's love. And it can never be satisfying and fulfilled. I keep my hurt and bury my pain deeply. I thought nobody could see that part in me. And I am lonely and empty.

Why is it so hard to be me? Why can't I feel good enough? Who am I?

I question myself many times especially when I went to those dark places where there was no breathing and no compassion and no kindness. In darkness I lost my meaning of life. I was very lonely and alone. I was eating my own pains and tasting my bitterness. I was so stuck and stubborn there. I couldn't hear any voices from others. I was closed off. I was sailing in the dark ocean without the guide of lighthouse. I was floating in the air but not able to find my place to land. I have a lot of doubts. I forgot all the people who used to care about me so deeply. I was powerless. There are a lot of critical voices and self-hate poison. I don't know who I am. There are only sorrow and bitterness, there are only jealousy and anger. there are only despair and depression. I even believe this is my whole life and it is going to be miserable. Fear is like a vicious snake crawling in my body which makes me hold my breath and freeze. My mind is blank. And it is the end of my world.

In the deepest fear and darkness, there is a tiny voice rising up from the deepest bottom of my heart. "No, you don't deserve it." It is like a crack from the solid rock. That tiny voice is whispering into my ears and I could hardly hear it clearly. I ask: "Who is there?" "What is there?" I take a breath. I listen to it. I feel my feet on the ground. The voice is gentle and firm. Is this voice from the deepest place of the earth? The voice seems wise and old. Is this voice from my old ancient ancestors? I listen to it again. The voice comes out a little louder. "Yeah, you deserve something else as you already have suffered enough from it."

I talk back: "I am familiar here as I had been here many, many times though I don't like to stay here." The voice sighed and it is a long silent. I am silent too. It is rare for me to stay in this silence. And it is a good place to be. And I can only hear my breath. Now I realize there is nobody besides me actually. I talk to myself. "Maybe it is enough now. Maybe it is my turn to have a different life. " "I can enjoy myself." "It is ok to be me." "I am good enough." "Everything is ok with me."

It is a release for me. I have never felt this freedom and relaxation. The inner strength and pleasure is rising up from the bottom of me. Seemingly, a tender bud makes it efforts to squeeze itself to grow up from the rock. And it is a life and full of hope. The light comes into the dark and it is full of life everywhere. Just like the water is flowing into those dry and thirsty fields and spreading to everywhere. What a beautiful world. I knew those old voices would come back to me again. And probably would never go away.

However where is my intention going to focus on right now? Do I want to sing the old song? Or do I want to sing the new song? This is the choice-making point. The more I sing the new song the stronger I can feel myself. I can go to a new path of my life . It is a path of going home. I create a totally new and different world for myself. And I am assured it is a beautiful world.

I know I still sometimes lose my way. And whenever I go deeply to listen to those small voices I find my inner strength. I feel myself more alive and I feel the endless love from the Universe. The love might be from the earth mother. The love might be from our ancient ancestors. The love might be from the nature. And these loves are always there for me wherever they are from. These loves had never abandoned me. It is me who abandon myself from them. I embrace myself closely like embracing my lover. Tears and laughter are together. Whether they are tears or laughter, dark or light , they are all parts of me. And that is the whole of me. It is ok to be me. And I can learn and grow.

Some words come up to my mind from my teachers.

"Light is a compass to my direction and the dark feeds my energy."

"When you limit yourself to experience your sorrow you limit yourself to experience your joy as well."

"When you avoid your fear you also avoid your life."

Maybe I am more afraid of my life than my fear. Nothing is more important to be me than anything else. It is ok to me and I can learn and grow.

To celebrate Satir Hangzhou Education and Application Center obtained government activist service projects --- "release confusion" to upgrade family function

Carl(Wang Qiang). Satir Hangzhou Education and Application Center ,P.R.China



On May 5, in Hangzhou city women's Federation launched the year 2015 advocacy services project declaration review activity, in the organization and leadership of Carl (Wang Qiang), director of the center, Satir Hangzhou Education and Application Center achieved "'release confusion' family function upgrading" project. This project is one of the 7 rights service projects the Hangzhou Women's Federation launched for the city's social organization. This review is to declare the core team ability, the operability of the project, social benefits and influence, rationality of budget and innovation project of comprehensive ability as the standard.

Satir Hangzhou Education and Application Center is certificated by the International Master of family therapy Dr. John Banmen as Satir Hangzhou Education and Application Center, and served as the invited consultant and guidance. The Center is a professional institution to disseminate, train and applicate the Satir Transformational Systemic Therapy (STST).

The government service project has important significance. First, the application of Satir Model to help build more happy family; followed by Hangzhou Satir Center is accepted and recognized at the level of government services; third, the Satir Model will be more popular and get more application.





Multi-media Resources

I hope you have found time to look at the Annotated Bibliography on our website of published works in English since 1960 related to the Satir Model. If anyone has any references to relevant publications which have been missed, please send them to Cindi at <u>admin@satirpacific.org</u>. We are currently adding new items, either recently published or just coming to our attention.

Michael Callaghan, President





Attention Contributors/ Advertisers:

The Wisdom Box is published four times per year: Summer, Fall, Winter and Spring. The next deadline for submission will be September 25, 2015.

Please submit any articles, stories, ideas, queries, poems, or anything else you think would interest the membership to the Editor. We would love to hear from you.

Members may advertise for free in this newsletter. We do reserve the right to not publish any article or advertisement that is not in keeping with the tenets of the Satir Model.

Please forward articles and advertisements via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at <u>editor@satirpacific.org</u>

Bianca Rucker, PhD is an experienced approved AAMFT supervisor offering supervision for therapists wishing to become clinical members of AAMFT or BCACC. Supervision and consultation is also provided for therapists who would like to improve their effectiveness. Special expertise is offered in the area of sexual and relationship therapy. Fee is \$120/hour for supervision. Inquire about reduced fees for certain circumstances. Supervision available at Cambie and Broadway, and also at Boundary Road and Marine Drive. Contact Bianca Rucker at: Bianca Rucker and Associates Inc., #400, 601 W. Broadway, Vancouver, BC V5Z 4C2 Tel: 604-731-4466 Email: br@biancarucker.com or visit www.biancarucker.com

Wendy Lum, MA, Registered Clinical Counsellor and Registered Marriage and Family Therapist is an approved AAMFT Supervisor. She is offering supervision for therapists and counsellors. She has been a practicum supervisor for UVic Counselling Services practicum counselling program since 2007. Wendy's focus is on use of self and increasing personal presence and congruence in order for greater impact on Client's growth and change. Location: 2840 Graham Street, Victoria. Tel: 250-920-9228 Email: <u>innerchange@shaw.ca</u> or visit <u>www.innerchange.ca</u>

Program Registration

All Satir programs can be registered for by contacting Cindi Mueller at 604-634-0572 or from our website at <u>www.satirpacific.org</u>

Membership Rates: Clinical/Professional Members—\$50.00 per year

Affiliate/Community Members—\$25.00 per year

www.satirpacific.org/membership or contact Cindi Mueller at admin@satirpacific.org

Next Issue

We encourage you to submit your clinical questions and/or challenges to our newly launched **Dear Kathlyne Column** through which Kathlyne Maki-Banmen offers practical solutions and insights to the clinical scenarios you encounter. She is a marvelous resource as is evident from her inaugural column. Thanks Kathlyne! Please submit your comments or questions directly to Kathlyne @ training@satirpacific.org or to the editor @ japaterson@telus.net

We invite you to submit **Letters to the Editor.** These letters give you a voice about past articles, future features you would like to see, or simply share your thoughts and feelings with the rest of us. The value of the Wisdom Box is more than sharing information it is a forum for discourse among dedicated professionals. We Want Your Wisdom!!! This is your newsletter so let us know what you think and what additional material you would like to see in the Wisdom Box that would enrich your reading experience, expand your knowledge, and most importantly, positively impact you!

Members connecting with members is an important mandate of the Wisdom Box so please feel free to submit any news, e.g., weddings, births, anniversaries, new business ventures, etc to the editor @ japaterson@telus.net

We are also very pleased to pass along news of goings on in your region so don't forget to let us know what is happening in your area. News from the various SIP regions and any of the research and application and other people's research that support the Satir model will be gratefully received @ japaterson@telus.net

I want to love you without clutching, appreciate you without judging, join you without invading, invite you without demanding, leave you without guilt, criticize you without blaming, and help you without insulting. If I can have the same from you then we can truly meet and enrich each other. **Virginia Satir**

Wisdom Box Production Team:

Editor: John Paterson MA - E-mail: japaterson@telus.net Distribution: Cindi Mueller - E-mail: admin@satirpacific.org