



Satir Institute
of the Pacific

The Wisdom Box

The Newsletter of the Satir Institute of the Pacific
connecting members throughout the world

Spring Issue 2015



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President's Message

President's Message for the Wisdom Box – April 2015

Here in Victoria we have been enjoying new life and energy with many flowers and spring blossoms with their beautiful colours, also more birds singing as they enjoy the renewed warmth of the sun. So this time of renewal is also a time of renewal for the Institute starting with our AGM on April 18th. We will have at least two new members join the Board, who will bring fresh energy, ideas and enthusiasm. After that at the end of May we will spend a weekend together as a Board at our retreat to do some planning for the future.

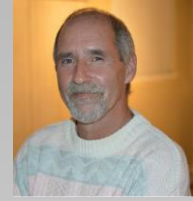
For our members, our training directorate has put together an exciting number of workshops, some new, in the Helping People Change series. There is also a rare opportunity to hear Dr. Maria Gomori, now in her 90's, and Dr. John Banmen together at a special workshop in Vancouver in June. As most of you know John and Maria were two of Virginia's senior trainers in the month long Process Communities she taught in Crested Butte in the 1980's. So now is a time of renewal and opportunities to enrich your skills, learn new ones and connect with other likeminded members. There is also an opportunity to have some fun at our pub night fund raiser on April 11th. Watch our website for details of these events. Also watch our website for its new look and capabilities which should be up and running in the next week or two. Thanks to Rick Miners for taking the lead on this.

Looking further ahead planning for the Conference in June 2016 to celebrate what would have been Virginia Satir's 100th birthday is well underway. Details as they are becoming available can be found on the conference website www.satirconference.com This is the biggest event the Satir Institute of the Pacific has organized and we will be looking for members to volunteer their time and skills to make it a success.

I look forward to seeing as many of you as possible at the AGM on April 18th. Please come to make sure we have a quorum. We will have finger food starting at 11:30 before the meeting itself begins at 12:30 and I will do my best to ensure we finish on time at 2:00 so that the rest of the day is free for you.

Michael Callaghan,

President



Message from the Editor

It seems to me that spring is a perfect metaphor to describe what Virginia's mission was all about. As the time of hibernation gives way to the renewal of the earth's life force so too does the therapeutic process from unconscious incompetence give way to conscious incompetence and then to conscious competence. This gradual transition from slumber to awakening and emergence is predicated on the proposition that the latent potential for competency is within every individual waiting patiently for the necessary conditions to arrive.

With the emergence of Spring's bloom we bear witness to the cycle of renewal and rebirth from the apparent death of winter as our clients bear witness to their emergence from their winter of discontent (thanks Shakespeare), towards the blossoming of their inherent beauty as unconditionally loving congruent beings.

As the facilitators of this awakening and emergence, from the slumber of subjective misunderstanding and life-depleting impact, we are privileged to model the transformative power of that inherent life-force that all living beings share in common. Through encountering our congruence we experientially invite our clients to recognize their own congruence which recognizes itself in us. We embody the principle that it is not differences in conditions and experiences that ultimately define each of us but rather our shared human yearnings seeking to bloom into the full maturity of our individual and collective positive potential.

We are the catalyst for positive change in our clients and our power to facilitate and nurture their positive growth has less to do with our techniques than it does with our capacity to embody unconditional love. As Virginia observed, "When the client is in chaos the therapist can employ love and trust to bring them to their Life energy."

Congruence and love are to healing what sunlight and warmth are to spring. May you take comfort and encouragement in the certain knowledge that the energy your clients need most is within you and them longing for your light and warmth to awaken them to the spring of their therapeutic journey and the blossoming of their positive potential.

John Paterson M.A.

Board Members 2014/15

President - Michael Callaghan

Secretary - Linda Lucas

Treasurer - Betty Conroy

Director of Training – Kathlyne Maki-Banmen

Director of Membership - Tricia Antoniuk

Director of Marketing - Rick Miners

Directors at Large:

Jennifer Nagel

Corrinna Douglas

Gail Franklin

Maryann Esson

Teresa McLellan

Wisdom Box Editor - John Paterson

News From the Board

Satir Institute of the Pacific Board of Directors

Hello, SIP Members,

The AGM will be held on **Saturday, April 18th, 2015 from 11:30 a.m. to 2:00 p.m.** at the Satir Institute of the Pacific, Phoenix Centre, 13686-94A Avenue, Surrey, BC V3V 1N1. Please mark your calendars! We will be serving a delicious lunch for all of you. We are looking forward to connecting with you. **Please contact Cindi admin@satirpacific.org or call 604-634-0572 to confirm your attendance, or send your apologies.**

If you have questions regarding the Board experience please call or email, Linda Lucas, or one of the SIP board directors for further information. Board directors contact information can be found on our website, satirpacific.org

All questions are welcome.

Linda Lucas, SIP Board of Directors, Secretary
Nomination Committee Chairperson

Dear SIP members,

We have received two nominations for the Board of Directors for the three vacant positions. Therefore we will not be having an election as they are voted in by acclamation and will serve three year terms on the Board. The names of these two nominees will be announced at our AGM on April 18th.

Under our By-laws the Board of Directors may appoint someone to fill the vacant position. If anyone is interested in filling this vacancy or finding out more about being a member of the Board of Directors please contact me michaeltc@shaw.ca

Please let Cindi know you are coming to the AGM and to meet and support your new Board of Directors. We will also be announcing the name of our Unsung Hero Award for 2015.

I look forward to seeing you.

*Michael Callaghan,
President, Satir Institute of the Pacific*

2016 Satir Celebrations

For 2016 Satir Institute of the Pacific Announces...

"Becoming More Fully Human: the Evolution"

An International conference in honour of Virginia's 100th Birthday, her evolution, her work and her teachings

Friday June 24, 2016 to Sunday June 26, 2016

Preconference Thurs. June 23, 2016

Sheraton Vancouver Guildford Hotel 15269-104th Avenue, Surrey, BC Canada

**Hosted by Satir Institute of the Pacific
and Sponsored by The Virginia Satir Global Network**

Start Planning Now registration starts June 2015

Check us out on Facebook at <https://www.facebook.com/satirinstituteofthepacific>

Two Residential Intensives will be held following the Conference

- **Master Class with Dr. John Banmen**

June 28 to July 5, 2016

- **STST Level III with Kathlyne Maki-Banmen**

June 28 to July 7, 2016

- *Both at Rosemary Heights Retreat Center- 3690- 152 Street, Surrey, BC Canada*



Dear Kathlyne

Please submit your questions so we can support each other in our shared commitment to effectively guide our clients who reach out to us in need.

With love,
Kathlyne



Special Interest News

Todd Clark Unsung Hero Award — Call for Nominations

The Unsung Hero award was first made at the SIP AGM in 2003. It was renamed the Todd Clark Unsung Hero Award to honour Todd who passed away in 2005. Todd was a valued member of our Institute and spent much of his time volunteering for the Institute and other organizations.

Do you know a member of the Satir Institute of the Pacific who works for the benefit of all of us, selflessly and often quietly in the background, not seeking recognition for themselves, but exemplifying Virginia Satir's work of "peace within, peace between, peace among"?

The Unsung Hero Award has been designed to recognize and honour individuals who have provided exemplary service or made significant contributions to the Satir Institute of the Pacific. The Award is intended for members within a variety of capacities, and from diverse settings, in order to locate deserving members whose service might otherwise be missed.

Award Criteria:

- Recipients of the award will be members of the Satir Institute who are not Directors of the Board.
- They will have demonstrated selfless giving of themselves, their energy, their time, and their creativity.
- They will have offered their help of their own volition without looking for reward or recognition.
- They will be people who enrich the lives of those with whom they come in contact.

Nomination process:

- Please forward the names of nominees to **Cindi Mueller satiradmin @shawbiz.ca**
- Please give your reasons for nominating the person (s) and give examples or anecdotes.
- Deadline for nomination submissions:

Selection Process:

The Award Coordinator, the Director of Membership, and the Board of Directors' Past President, will review all nominees and make recommendations for Award winners to the Board. Up to 3 Unsung Heroes awards will be presented at the Institute's Annual General Meeting April 18th, 2015. Special plaques will be created for those being honored.

Profiles of each year's Unsung Heroes will be included in The Wisdom Box Newsletter.

Previous Awardees:

- 2003 Jacqueline Armstrong for profile see Wisdom Box Summer 2003 (on SIP website)
- 2004 Pauline Chan for profile see Wisdom Box Summer 2004 (on SIP website)
- 2005 Warren Tan for profile see Wisdom Box Summer 2005 (on SIP website)
- 2006 Colleen Murphy for profile see Wisdom Box Winter 2006 (on SIP website)
- 2007 Pauline Mullaney & Hugh Morrison for profiles see Wisdom Box Fall 2007 (on SIP website)
- 2008 Kathyline Maki-Banmen for profile see Wisdom Box Summer 2008 (on SIP website)
- 2009 No Award
- 2010 Marie Lam & Wendy Lum for profiles see Wisdom Box Summer 2010 (on SIP website)
- 2011 Linda Prochaska for profile see Wisdom Box Summer 2011 (on SIP website)
- 2012 Madeleine De Little for profile see Wisdom Box Summer 2012 (on SIP website)
- 2014 No award



Professional Growth

The Satir Model in China

with Dr. John Banmen

Wednesday, April 15, 2015 from 7:00PM – 9:00PM

Dr. John Banmen has been working in China for the past several years, training therapists in various cities throughout the country. He also has developed a faculty of competent STST

therapists who provide programs in China for a variety of people including counsellors, social workers, police, doctors, business people, teachers, and the general public.

Do not miss this opportunity to hear about Dr. John Banmen's exciting and challenging experiences in China.

We will explore a brief history of the Satir Model in China, looking at the Satir Model's compatibility to the culture of China. John will share his insights about the universality of the Satir Model in the Chinese culture, as well as what is unique, challenging, and exciting for the Chinese about this model.

Positive Outcomes for working with Fetal Alcohol Spectrum Disorder Using the Satir Model

With Corrinna Douglas, MA, RCC

April 24, 25, 2015 - 9:00 am to 5:00 pm

Phoenix Center, 13686-94A Avenue, Surrey, BC V3V 1N1

**Program Cost: \$300 per person (SIP Member and Early Bird Rates Available)
(payment accepted via PayPal, Credit Card or Cheque)**

Through this 2-day experiential and positively directional workshop, professionals; such as therapists, teachers, counsellors, and behavioural consultants, will have the opportunity to appreciate the brain differences of someone impacted with FASD, while supporting families and becoming aware of an inclusive approach that facilitates hope by using Satir Transformational Systemic Therapy.

For more information see the [attached brochure](#) or contact:

*Cindi Mueller, Administrator
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13686-94A Avenue
Surrey, BC V3V 1N1
604-634-0572
admin@satirpacific.org
www.satirpacific.org
Charity Reg. #858851082
Society #S-38709*

Helping People Change Workshop Series

Personal Leadership: Discovering Energy, Balance and Courage

With Angie Dairou, MA

May 22, 23, 2015 - 9:00 am to 5:00 pm (Friday and Saturday)

Phoenix Center, 13686-94A Avenue, Surrey, BC

About the Program

Too often leaders are exhausted and out of balance.

This workshop will focus on Leading Self and will include:

- Finding energy: How you can lead with vitality without stress and exhaustion
- Creating Balance: How to balance being congruent and peaceful with getting things done. Managing your energy so that external factors don't manage you.
- Your personal team: The importance of creating support systems for both technical and human support and accountability.
- Dealing with Stuckness and Distraction: Why being stuck is normal and why getting unstuck usually requires us to do less and be more.
- Somatic Strategies: Using Somato-Respiratory Integration along with Satir questions to uncover the anchors of old coping and unleash energy.

This workshop will incorporate lecturettes, film, discussion, experiential exercises, small group work and somato-respiratory integration activities as part of the program. This module focuses on Personal Leadership (rather than interpersonal leadership). Please wear comfortable clothing and bring a yoga mat or beach towel for the SRI exercises.

For more information see the attached brochure or contact:

Cindi Mueller, Administrator
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13686-94A Avenue
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www.satirpacific.org

Check us out on [Facebook](#)

Satir Institute of the Pacific Proudly Presents....

A Special Event

The Development of the Self through Life Stages

Using Family Reconstruction, Internal Resources, and the Iceberg Metaphor

**With Maria Gomori, MSW, Ph.D., RMFT
and John Banmen, R.Psych, RMFT**

June 13, 14, 2015 - 9:00 am to 5:00 pm

Executive Airport Plaza Hotel and Conference Center

7311 Westminster Highway, Richmond, BC V6X 1A3

1-800-663-2878 www.executivehotels.net

Special room rate of \$129.00 plus taxes quote "Satir Training"

Program Cost: SIP Members \$250.00 Non-Members \$300.00

****Bonus if this workshop is booked with either the Level I or II 2015 Summer Intensives on Satir Transformational Systemic Therapy, cost for this program is only \$200.00**

*For more information contact
Cindi Mueller, Administrator
Satir Institute of the Pacific
13686-94A Avenue, Surrey, BC V3V 1N1
604-634-0572
admin@satirpacific.org*

Check us out on [Facebook](#)



Training News

Programs Offered in 2015

10 Day Residential Satir Transformational Systemic Therapy Training Program – Level 2 with Kathlyne Maki-Banmen, MA, RCC

June 18 – 27, 2015 – Bethlehem Retreat Center - 2371 Arbot Road, Nanaimo, BC

FOR THOSE WHO HAVE ALREADY TAKEN LEVEL 1 AND WISH TO EXPAND ON THEIR KNOWLEDGE AND IMPROVE THEIR COMPETENCE, CONGRUENCE AND CONFIDENCE IN DOING TRANSFORMATIONAL, EXPERIENTIAL, SYSTEMIC CHANGE THERAPY.

10 Day Residential Satir Transformational Systemic Therapy Training Program – Level 1 with Kathlyne Maki-Banmen, MA, RCC

July 1 – 10, 2015 – Bethlehem Retreat Center - 2371 Arbot Road, Nanaimo, BC

FOR THOSE IN THE HELPING FIELD WISHING TO EXPERIENCE THE SATIR MODEL; BRINGING ABOUT CHANGE AT THE LEVEL OF BEING, AS WELL AS CHANGE IN DOING, FEELING AND PERCEIVING. THE PROCESS TAPS THE UNIVERSAL YEARNING OF INDIVIDUAL WITHIN THEIR PERSONAL FAMILY AND SOCIAL SYSTEMS AND HELPS THEM WORK TOWARDS A SENSE OF RESPONSIBLE WHOLENESS.

SEE OUR WEBSITE FOR OTHER SATIR WORKSHOPS AND EVENTS www.satirpacific.org



Special Events

PUB NIGHT Fundraiser

Don't miss out on a fun opportunity to support a local non-profit charitable organization.



The Satir Institute of the Pacific (SIP) is hosting a pub fundraiser at **Rusty's Neighborhood Pub** located at 101, 17770 #10 Highway, Cloverdale BC on **Saturday April 11th at 5:00 pm**. Seats are reserved from 5 to 6 pm. Cost is \$20 which includes your choice of a hamburger, veggie burger, or chicken burger with fries and a beverage (which includes either; a Canadian, Coors Light, or Cariboo Sleeve, a glass of house wine, a bar high ball or any non-alcoholic beverage). **Tickets can be purchased through the Satir Office at 604-634-0572.** This event is to raise funds to support and enhance training programs for SIP. This fundraiser will also host a **silent auction, raffle and 50/50 draw**. Come out and join us for a fun night and catch the Canucks last home game!!!

For more information and tickets please contact Denise at 604-306-7284.

Limited seating so get your tickets before they're all snatched up



Lower Mainland



Are you Integrating Spirituality into your Counselling Practice?

Are you a practicing therapist registered in British Columbia through either the BCACC or CCPA?

- ✧ Have you been registered and practicing for more than five years?
- ✧ Are you willing to be interviewed and audiotaped about how you integrate spirituality into your therapy practice?
- ✧ Do you understand and speak English?

If you meet these criteria and are willing to share some of your experiences of integrating spirituality into therapy, particularly what has helped or hindered you in this process, then I invite you to participate in this study.

The total time that is required to participate in this study is approximately 3 hours for 2 separate interviews. The first audiotaped interview will take about 2 hours and a follow-up interview, 3-4 months later, should only take about 1 hour.

As I am a professional member of the Satir Institute of the Pacific as well as a board member, I would like to assure you that you are under no pressure to participate in this study. The information collected will be held confidential and no future professional interaction will be compromised should you choose to participate, refuse to participate or withdraw from this study at any time. A consent form with further details of the study will be provided prior to participation.

For more information or to volunteer for this study, please contact

Teresa McLellan (Student Researcher/Interviewer) at tmclellan@my.adler.edu

This study is being conducted by Teresa McLellan, B.A. (Master's student), under the supervision of Asa-Sophia Maglio, PhD., RCC (Thesis advisor), Adler School of Professional Psychology, Counselling Psychology, Vancouver Campus.

International

Expanding My Horizons

23rd World Family Therapy Conference in Malaysia

By Hettie Tu from Shenzhen China

It is by chance that I was invited to attend the 23rd world family therapy conference held in Kuala Lumpur, Malaysia on March 11-14, 2015. This three-day conference became an eye-opening and world-expanding experience for me. Seemingly, I am standing on the top of the mountain and close to the blue sky and white clouds overseeing the faraway ground below, whereas I used to perceive myself as a small busy ant walking through life in my own world. Now I am able to see the big picture of the development of world family therapy and what people from other countries are doing in family therapy.

Two of five keynote speakers from Satir Model family therapy

On the first day, John Banmen gave a live demonstration using the Satir model with a Chinese client in front of around two hundred professionals in the late afternoon. I was acting as the translator for this session. I have to admit that I really appreciate John's courage and faith. I don't think many therapists are able to do this in front of many people, especially in front of professionals in the world congress. The individual case went smoothly and it was a good demo.



John in the live demo



On the third day, Kathlyne Banmen gave a speech on the essence of therapeutic change. I like that Kathlyne designed an experiential exercise for several hundred people to take part in at the same time. I felt differently inside when I did the hand exercise with my neighbor. When all the people went inside themselves it demonstrated the power and beauty of the Satir model.

Kathlyne giving a speech at the 23rd world family therapy congress

In addition, Anna Low Maria from Singapore also presented "peace within, peace between, and peace among" and several Hong Kong professors and counsellors from Universities who used to be John Banmen's students also presented their new findings in their work. I also went to a panel discussion when Kathlyne (Canada), Anna Low Maria (Singapore), and Sibel Erenel (Turkey) were presenting the similarities and differences in family therapy in different cultures using the Satir Model.



Kathlyne, Sibel, Anna in the panel discussion

Family therapy development in Asia

It was very interesting to attend the sharing report by four representatives from Korea, Hong Kong, Taiwan, and Japan. They shared their experience of family therapy practice, training and research issues in their social context, and discussed directions for the future. At the end of report I asked Dr Wai-Yung Lee a question about their views of the development of family therapy in China. She said that Chinese families are very similar to Korean families and the developing stage and situation is also very similar.

Many Chinese people started doing family therapy out of interest but they are not committed to it yet. When she went to Shanghai five or six families were waiting in line. However she could only see one family per day. She also mentioned that more and more foreign experts in family therapy would be going to China in the near future.

Later on I checked out the research on family therapy in Korea by Young-ju Chun (PhD) from Silla University. She mentioned that face-saving, hierarchy, conformity, enmeshed boundaries, reactivity, we-ness (collectivism), and idiosyncratic emotions are cultural ingredients in Korean family therapy. I can identify that face-saving, hierarchy, enmeshed boundaries and so on are also some common issues in Chinese families from my personal perspective. I am full of curiosity and concern about how family therapy in China will develop and evolve in the near future. In the past ten years Maria Gormoria and John Banmen have been very committed to helping the Chinese develop family therapy using the Satir Model. Personally I am full of appreciation for their hard work, commitment, and contributions to my country.

Two mainland Chinese present Satir model therapy application in Chinese

It was a very surprising delight to see two mainland Chinese, Sharon Deng and Qiang Wang, from John Banmen's TTT class, present two topics on keeping connection and support with separating family, and helping students achieve more success in Chinese Gaokao (the university entrance exam) using the Satir Model. These two topics are very common in China. Many family members move to other cities or immigrate to cities from the countryside because of drastic economic development differences that influence family connection and marriage.



Sharon Deng

On the other hand, going to a good university equals a good life. This belief is imprinted in many parents' mind. This causes a lot of pressure on teenagers and leads to more Kaogao students in depression, addictions, and suicidal cases. This is first time to have two mainland Chinese present in the world family congress and it casts a new light on the future development of family therapy in China to the world platform.



Qiang Wang

At the end of congress I met the general secretary of the International Family Therapy Association, William Hiebert who told me that he had been making efforts to hold the congress in China in the past two years and it is very likely that the conference will be held in Macau in 2018. I am inspired by this news.

I heard from Anna Low Maria that Virginia Satir used to be the chairperson of this association many years ago. If she were still alive I wonder what she would say about this conference? Maybe she would say "we all are connected in our sameness and grow through our differences." Maybe she would just smile and smile ...

Official 2015 Book of Abstracts for the 2015 IFTA World Congress

We are pleased to offer you a link to the official 2015 Book of Abstracts for the 2015 IFTA World Congress in Kuala Lumpur, Malaysia which includes the contributions of Kathylyne and John Banmen who were there as speakers. <http://www.ifta-congress.org/>



Membership News

The AGM will be held on **Saturday, April 18th, 2015 from 11:30 a.m. to 2:00 p.m.** at the Satir Institute of the Pacific, Phoenix Centre, 13686-94A Avenue, Surrey, BC V3V 1N1. Please mark your calendars! We will be serving a delicious lunch for all of you. We are looking forward to connecting with you.



Multi-media Resources

Watch our website for its new look and capabilities which should be up and running in the next week or two. Thanks to Rick Miners for taking the lead on this.

I hope you have found time to look at the Annotated Bibliography on our website of published works in English since 1960 related to the Satir Model. If anyone has any references to relevant publications which have been missed, please send them to Cindi at admin@satirpacific.org. We are currently adding new items, either recently published or just coming to our attention.

**Michael Callaghan,
President**



Attention Contributors/ Advertisers:

The Wisdom Box is published four times per year: Summer, Fall, Winter and Spring. **The next deadline for submission will be June 25, 2015.**

Please submit any articles, stories, ideas, queries, poems, or anything else you think would interest the membership to the Editor. We would love to hear from you.

Members may advertise for free in this newsletter. We do reserve the right to not publish any article or advertisement that is not in keeping with the tenets of the Satir Model.

Please forward articles and advertisements via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at editor@satirpacific.org

Bianca Rucker, PhD is an experienced approved AAMFT supervisor offering supervision for therapists wishing to become clinical members of AAMFT or BCACC. Supervision and consultation is also provided for therapists who would like to improve their effectiveness. Special expertise is offered in the area of sexual and relationship therapy. Fee is \$120/hour for supervision. Inquire about reduced fees for certain circumstances. Supervision available at Cambie and Broadway, and also at Boundary Road and Marine Drive. Contact Bianca Rucker at:

Bianca Rucker and Associates Inc., #400, 601 W. Broadway, Vancouver, BC V5Z 4C2 Tel: 604-731-4466 Email: br@biancarucker.com or visit www.biancarucker.com

Wendy Lum, MA, Registered Clinical Counsellor and Registered Marriage and Family Therapist is an approved AAMFT Supervisor. She is offering supervision for therapists and counsellors. She has been a practicum supervisor for UVic Counselling Services practicum counselling program since 2007. Wendy's focus is on use of self and increasing personal presence and congruence in order for greater impact on Client's growth and change. Location: 2840 Graham Street, Victoria. Tel: 250-920-9228 Email: innerchange@shaw.ca or visit www.innerchange.ca

Program Registration

All Satir programs can be registered for by contacting Cindi Mueller at 604-634-0572 or from our website at www.satirpacific.org

Membership Rates:

Clinical/Professional Members—\$50.00 per year

Affiliate/Community Members—\$25.00 per year

www.satirpacific.org/membership or contact Cindi Mueller at admin@satirpacific.org

Next Issue

We encourage you to submit your clinical questions and/or challenges to our newly launched **Dear Kathlyne Column** through which Kathlyne Maki-Banmen offers practical solutions and insights to the clinical scenarios you encounter. She is a marvelous resource as is evident from her inaugural column. Thanks Kathlyne! Please submit your comments or questions directly to Kathlyne @ training@satirpacific.org or to the editor @ japaterson@telus.net

We invite you to submit **Letters to the Editor**. These letters give you a voice about past articles, future features you would like to see, or simply share your thoughts and feelings with the rest of us. The value of the Wisdom Box is more than sharing information it is a forum for discourse among dedicated professionals. We Want Your Wisdom!!! This is your newsletter so let us know what you think and what additional material you would like to see in the Wisdom Box that would enrich your reading experience, expand your knowledge, and most importantly, positively impact you!

Members connecting with members is an important mandate of the Wisdom Box so please feel free to submit any news, e.g., weddings, births, anniversaries, new business ventures, etc to the editor @ japaterson@telus.net

We are also very pleased to pass along news of goings on in your region so don't forget to let us know what is happening in your area. News from the various SIP regions and any of the research and application and other people's research that support the Satir model will be gratefully received @ japaterson@telus.net

"Communication is to relationships what breath is to life" Virginia Satir

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