



The Wisdom Box

The Newsletter of the Satir Institute of the Pacific
connecting members throughout the world
Summer Issue 2014



Wisdom Box Contents

Message from the President..... p. 1

Message from the Editor..... p. 2

2016 Celebrations..... p. 4

Interviews: Mary Esson and Pete Prediger..... p. 5

Special Interest – Dr. John Banmen..... p. 8

Training News..... p. 10

Island News – Fireside Chat..... p. 12

National News – Manitoba Satir Institute..... p. 14

International – Satir In Kenya – Jennifer Nagel and The Virginia Satir Global Network..... p. 15

International – World Family Therapy Congress..... p. 16

Membership News..... p. 19

Advertisements/Classifieds..... p. 20

President's Message

I would like to extend a warm welcome to John Paterson who has volunteered to take over as Editor of the Wisdom Box. I would also like to thank Madeleine DeLittle for her years as Editor of the Wisdom Box. She stepped forward and challenged herself to make it successful. We have received appreciative comments from around the world about the Newsletter in the last few years. It is not an easy job to obtain content to maintain regular publication of our Newsletter four times a year. We want it to be exciting and of interest to our members and others and not simply sit in your email box to be read at a later date. It contains an important mix of professional content related to STST, training opportunities and news from the various regions about members' activities. John has developed a more consistent format so that you know where your contributions fit. He will be relying on each of you to provide him with content and ideas for the various headings.

Before the AGM on April 5th, we held a very moving ceremony honouring Dr. John Banmen for his service to SIP as Director of Training and as member of the SIP Board of Directors from 1998 to 2013. Members had an opportunity to express their personal gratitude to John for the place he holds in their lives. On the business side of things we passed a number of By-law amendments to bring them more in line with current practice and future possibilities for wider participation in the running of the Institute. We also welcomed two new Board members Mary Esson and Teresa McLellan. I would like to thank Madeleine DeLittle for her five years on the Board and wish her success as she continues to study for her PHD. Tricia Antoniuk remains on the Board as Director of Membership.

In the next few months we will have a new website which is more directed towards Marketing and will have additional features such as a members' only section and the ability to register for courses etc. on line. This will also enable participants in the World Leadership Retreat and the Satir Conference in 2016 to register online and save us some administrative costs. Rick Miners has taken the lead on this project.

Although many of us may be thinking about summer and vacations, it is also a time to think about registering or passing on information to colleagues and friends about our training programs which are coming up in the summer and the fall.

Michael Callaghan

President

5th June 2014



Message from the Editor

Let me begin by expressing our deepest appreciation for the contributions of our out-going editor Madeleine DeLittle who so generously contributed her time and effort to ensuring SIP's newsletter reached the Satir Pacific community. Secondly let me say how grateful I am for the opportunity to carry on her good work, and contribute in my own small way, to the on-going advancement of Satir's commitment to the realization of positive human potential through a systemic therapeutic approach to mental and emotional health. I find Satir's belief in the unquestionable ability of people to secure the benefits of a positively directed life through accessing their internal resources truly inspiring. Rather than seeing human struggle as a pathological condition to be cured, Virginia proposed the radical hypothesis that everything we need to satisfy our deepest human yearnings lays within us waiting patiently for us to identify and positively direct these internal resources.

Changing the impact of past interpretations, changes our experiences and the identity we maintain about ourselves. Knowing that every decision people make in their life is intended to satisfy an unmet yearning Satir reshaped the therapeutic trajectory of treatment from pathologizing human struggle to awakening the life force of every client through experiential learning enabling them to gain conscious positive access to their internal resources and create the conditions for the realization of their human potential and the greater satisfaction of their fundamental human longings. It is hard to imagine the incalculable positive impact Satir's transformative therapeutic approach of using SELF to awaken SELF has had on the countless lives directly and indirectly transformed by her inspired insight. I know that you share with me the hope and wish that as we approach the 100 year anniversary of this gifted therapist's life each of us, who have been touched by her influence, will find a way to express how truly profound her influence continues to be in our life and the lives of everyone we touch.

In the coming months the newsletter will be undergoing its own transformation as we endeavor to bring you timely, informative, and easily accessible content. The beauty of progress is that it invites us to stay open to new perspectives and approaches. As SIP evolves to enhance the delivery of information and services to its members I am confident that the loving commitment Virginia brought to her interactions with others will be reflected in our commitment to support each of you in whatever way we can so Virginia's legacy remains vibrant and relevant for each of us in the years to come.

John Paterson MA

Board Members 2013/14

President - Michael Callaghan

Secretary - Linda Lucas

Treasurer - Betty Conroy

Director of Training – Kathlyne Maki-Banmen

Director of Membership - Tricia Antoniuk

Director of Marketing - Rick Miners

Directors at Large:

Jennifer Nagel

Corrinna Douglas

Gail Franklin

Mary Esson

Teresa McLellan

Wisdom Box Editor - John Paterson

2016 Satir Celebrations

With 2014 being half way over, we are busy with the planning of an amazing event that you will not want to miss out on. If you haven't already heard...we are celebrating!!! Satir Institute of the Pacific is extremely excited to be hosting the 2016 celebration conference "Becoming More Fully Human: The Evolution." With Virginia Satir Global Network as our title sponsor (thank-you VSGN!), this International conference will honour Virginia Satir's 100th Birthday, her evolution, her work and her teachings. The event will take place on June 24 to 26, 2016 at the Sheraton Vancouver and Guildford Hotel, British Columbia, Canada. The evening of Saturday June 25, 2016 a birthday gala dinner will take place. This celebration will be most memorable. Mark your calendars and start planning for this incredible weekend of connecting, growing and celebrating. Registration will be available commencing June 2015.

To ensure the most fabulous experience for all, volunteers will definitely be needed. If you are interested in supporting the event by volunteering your time and/or you would like more information with respect to providing a donation towards the conference, please contact via email conference@cordiscovery.ca. I look forward to the planning process and networking with many of you. Warmest regards,

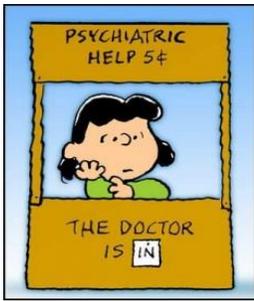
Corrinna Douglas
Conference Chair
Satir Institute of the Pacific

Corrinna Douglas, MACP, RCC
CorDiscovery Consulting
Counsellor/Facilitator/Consultant
www.cordiscovery.ca



**Research Implications on
The Satir Transformational Systemic Therapeutic Model**

Coming Soon



**Therapeutic Applications and Practices of
The Satir Transformational Systemic Therapeutic Model**

Coming Soon



Interviews

Interview 1:

From Tricia Antoniuk, Director of Membership

I am happy to introduce you to Mary Esson, the newest member of the Satir Institute of the Pacific Board of Directors. I asked Mary a few questions, and here is how she responded:

I am a feisty 56 year old that still has a passion for helping the most marginalized of populations. Although I never graduated High School, my journey to evolve was a road less traveled. Well maybe less traveled by some, but I definitely moved around a lot. I have circumnavigated by motorcycle most of the United States and throughout the Western Provinces and BC on my own. I had been on a yearlong drive about, and working in Orlando, Florida at an answering service when I received a call from a young distraught girl. This girl wanted to commit suicide because she was pregnant. My heart and compassion for this girl gave me the greatest gift ever: Motivation to help. I discovered in that moment that my calling was to help these girls. When I called my parents and declared that I would be coming home to go back to school, not only were they shocked, but also unconvinced I would follow through.

I sold my Harley and came back home to write an entrance exam for College. I was accepted and because the last grade I completed was gr. 8, we started there. It took me over a year to get myself up to College level and begin my Journey. Although I had my sights on being a Psychiatrist, my courses evolved into a BA in psychology with a Criminology Minor. I graduated in 1992 from SFU. My family came to the graduation ceremony and showed how proud they were. That is when I realized I could keep learning and there was no stopping me - ever. I started to work as a Street/Reconnect worker in Whalley. It was here I learned about compassion and competence when working with runaways, sex trade workers of all ages, and addicts. It was this position that really clarified my goal of being a Counsellor, and I geared myself to add to my Education credentials. I moved on to work with young offenders at a Behavioral Modification Camp with John Howard Society. I then took on the challenge of working with Addicts in Abbotsford, and this challenge motivated me to go back to school to get my Master Degree in Psychology with Addiction being my focus.

During this time I was introduced to the Satir Model, and this chain of events exploded with excitement and passion for this model. I had studied and been certified in a variety of other models: CBT, Gestalt, and Mindfulness. However, when I came to learn about the Satir Model I embraced it like a mentor. For me Satir brings in all the components that make us human, and builds the bridge from the heart to the soul to heal. I truly strive to utilize this model in the best way that benefits my clients. My thirst for learning will not go away. I am currently just finishing up a Concurrent Disorder Certificate from CAMH in Ontario. I am very passionate in assisting clients to bring peace into their chaotic lives.

My passion overflows into my personal life when I am painting, gardening, training my dogs, and utilizing technology to keep connected to others. What fills me with joy is spending time with my Dad, and working on recording some of his memoirs of his youth: truck driving experiences, his life on the farm, and just trying to keep up with him when we ski. lol. (He is 87 :))

What I want to bring to SIP is my passion for technology. Keeping us up to date and allowing us to share our memories with all the people we have connected with so we can keep that connection going. I am honored to be in the presence of such wonderful people where unconditional acceptance is as warm as sunshine. It warms the soul and brings a quirky smile to my face. So when you see me smile, you know you have warmed my soul.

Peace
Mary

**Interview 2:
New Training Directorate Member, Pete Prediger**

Pete is one of two new members appointed to the training directorate (which includes Kathlyne Maki-Banmen (Director of Training), Linda Lucas, Jennifer Nagel, and newest additions Bianca Rucker and Pete Prediger. I recently posed a few questions to Pete in an email interview with the intention of giving readers of the Wisdom Box a glimpse into who he is. Here are his responses:



J: Who is Pete Prediger?

P: A man who has faith in Jesus Christ. A Husband and dad. A pursuer of relationships with anyone put in my path. Builder of community. Working on contentment. I really like to play outside also. Rough water ocean paddling, backcountry skiing, and surfing.

J: How long have you been working with the Satir Model?

P: 9 years

J: What has been your journey to where you are now in using the Satir Model?

P: I began taking level 1 then worked alongside individuals who work and live the model very effectively.

J: How has the Satir Model impacted you, both personally and professionally?

P: There is freedom in the Satir Model to be curious about people and their internal lives. The same freedom extends into knowing myself.

J: What are you bringing to the training directorate?

P: My manliness:) because...I am the only guy. My experience in using the Satir Model with adolescents. Creativity. A sense of adventure and willingness to try new things.

J: What are your hopes for the training directorate?

P: To continue on a path of integrating the Satir model into all areas of life and people groups.





Special Interest News

By Jennifer Nagel

On Saturday April 5, 2014 the Annual General Meeting of SIP was held at Phoenix Centre in Surrey, BC. The highlight was the celebration that took place prior to the AGM, as all of us at SIP honoured and appreciated Dr. John Banmen for his many years of dedication and service as Director of Training. The intention and hope of this tribute was to create an opportunity for expressing our gratitude and appreciation to John in a very personal, meaningful way.

Members old and new were invited to attend and to bring along a single flower symbolizing John or the way they have been impacted by John. After a lovely meditation led by Carolyn Nesbitt, a bag of gemstones was passed around for people to take one and reflect on the meaning of the word inscribed on the stone (words such as Gratitude, Love, Belonging, Acceptance, Vision, Wisdom, Peace Within, Peace Between, Peace Among, Connection, and so on).





People were then invited to come up to the front and present the gemstone along with the flower they had brought. What stands out for me was the way each person in the room had a moment of connecting with John as they presented their flower and shared from their hearts with him. There was laughter, there were tears, there was joy, there was poetry, there was singing, and there was gratitude. There was also cake! Well, not cake exactly but lemon meringue pies with the meringue piled as high as possible to replicate an iceberg.

Messages from those who were unable to attend but wanted to publicly appreciate John were read out loud, which allowed us all to feel connected to the greater community of SIP that extends worldwide. Overall, it was a wonderful, gratitude-filled afternoon!



We Love You John



Professional Growth

Coming Soon



Training News

By Kathlyne Maki-Banmen

I would first like to introduce you to the Satir Institute of the Pacific Training Directorate. My wonderful committee includes Bianca Rucker, Linda Lucas, Jennifer Nagel, Pete Prediger and me, Kathlyne Maki-Banmen. I am very fortunate to have such an enthusiastic and competent group of people on my team!

After several years without a Personal Growth program offered by SIP, I am very happy to announce that SIP will offer two this coming year. Kathlyne Maki-Banmen, assisted by Teresa McLellan, will lead an 8-evening program for people in their 2nd and 3rd year of sobriety from alcohol and drug addiction on Thursday evenings beginning in September, 2014. Jennifer Nagel and Tricia Antoniuk will lead a program for LBGT youth in Langley, dates and further information to follow.

The Satir Institute of the Pacific is very pleased to announce a new professional training program for people who have completed Satir Transformational Systemic Therapy Level II. This STST Level II Advanced training program will be held at Rosemary Heights Retreat Center in Surrey, BC from October 30th to November 5th, led by Kathlyne Maki-Banmen and assisted by Linda Lucas. Kathlyne and Linda spent a fun and productive weekend developing the curriculum for the program. The focus will be on deepening the use of Self and the other essential elements for transformational change, and on deepening therapeutic skills for transformational change. Topics discussed will include therapy and the neurological system, therapy and attachment, therapy and trauma and therapy and mindfulness. Much of the

program will focus on practice with supervision (in "fish bowl" format with Linda and Kathlyne, in trios, in evening homework sessions), therapy demonstrations with in-depth debriefing and in-depth therapy video study. This program was developed at the request of past participants who asked for more training to really internalize the model and improve their therapeutic competence. I hope to see many of you there!

Linda Lucas, Jennifer Nagel and I are also working on the curriculum for STST Level I, improving it and clarifying it in such a way that it will be available to various trainers around the world as a comprehensive, standardized program. Linda and I will be doing the same for STST Level II. Bianca Rucker and I are in the very early stages of developing an STST Supervision training program. There are other new programs still at the "dreaming" stage. I will keep you informed as they come into manifestation.

The STST Level I intensive training is scheduled for July 31 through August 9, 2014 at Rosemary Heights Retreat Center. We have planned 10-day, over 5 weekend STST Level I and Level II programs beginning in September, 2014. Through February, 2015. All are currently registering. Linda Lucas is also planning an STST Level I training program for the East Kootenay area for the spring of 2015.

A new format for what have previously been called Clinical Members' evenings is also in the works. In the new format, members will still have an opportunity to share some particular development they have made for using STST with clients. We are working on how we can incorporate both live, workshop-type presentation with on-line participation for members outside of the live venue. More to come on this.

The Helping People Change series is also still in the planning stages. Unfortunately, there was not a great response to the call for proposals. The Training Directorate will decide how to proceed from here. The series will definitely proceed. More information to follow.

To find further information on SIP training programs, check out www.satirpacific.org or give Cindi a call at 604-634-0572.

Kathlyne Maki-Banmen - Director of Training

Satir Transformational Systemic Therapy Level 1 10-day Summer Intensive

With Kathlyne Maki-Banmen, MA, RCC, SIP Director of Training, Individual, Couple and Family Counsellor

July 31 to August 9, 2014

STILL A FEW SPOTS AVAILABLE!

Where: Rosemary Heights Retreat Center, 3690-152nd Street Surrey, BC V3S 1W2

Residential Rate \$2125.00 (includes all meals, accommodations, tuition and program materials)

Commuter \$1650 (includes some meals, tuition and program materials)

The focus will be mainly on the theoretical base of the Satir Model and learning to bring about transformational change with individuals and couples. The program will provide some hands-on skill development opportunities and participants will be required to work in triads between sessions, practicing some aspects of the program. Participants will also work with their own three generational family-of-origin maps to increase personal learning opportunities in applying a systemic, experiential therapy model.

For more information see our website at www.satirpacific.org or the attached brochure or Contact: Cindi Mueller, Administrator, SIP 604-634-0572

admin@satirpacific.org

Check us out on Facebook @ <https://www.facebook.com/satirinstituteofthepacific>



Island

A Joyful Vancouver Island Fireside/Creekside Gathering Took Place!

On April 12, 2014, a beautiful sunny Spring afternoon, 15 Satir-ites gathered at the home of Anne Morrison, in Chemainus, Vancouver Island, to celebrate their connections and common desire to learn and grow from each other. Special guest was Bonnie Mason, Satir Therapist and Supervisor, who hails from White Rock, but was visiting in the area. We opened with a delicious potluck afternoon light lunch which was enjoyed by all!

Time flew by as we then excitedly updated each other with the latest ways we live and breathe the Satir Model on Vancouver Island. Our check in immediately offered us new connections with one another. It was so exciting to appreciate each person's unique stamp on the world through their Satir training and all the creative ways they have been using it. We had folks who work in addiction agencies, the Victoria Friendship Centre, the Nanaimo Columbia House, the Cowichan Valley Family Services agency, the Inspire! Wholistic health centre in Victoria, the Nanaimo Friendship Centre, Governmental services in Victoria along with teaching Yoga, Seniors Services for Vancouver Island Health Authority, U. Vic, and several in private practice, including one Level I graduate who has launched her own company focusing on grief healing work, with a special application for organizations, as well as the BC Homicide Victim

Support Network. Another person has an active Victoria music therapy practice and does some wonderful creative work with children. There was even one person who still commutes to the Lower Mainland for her family therapy work as well as living and working on the Island with an active play therapy practice. It was so exciting to see how alive and well the Satir Model is on the Island and to realize how it is spreading up and down the Island through the ingenuity and gifts of these committed practitioners.

We also were fortunate to have Wendy Lum and June Saracuse introduce some exciting processes to enable effective Somatic Body work with clients. We will continue to explore that theme in our future!

As we closed our gathering, we established our next steps. We decided to meet every 3 months (except during the winter) and to have Wendy Lum, in Victoria, and Anne Morrison, in Chemainus, co-host our meetings and take turns having them in their homes. Our next gathering will take place in early July, 2014, hosted by Wendy Lum.

Our fall meeting will take place in October, hosted by Anne Morrison. We also wanted to be able to easily connect with each other in any way that fits -- so all approved circulating the email list of our attendees, so that folks could send around notices of interesting workshops they are having or attending; exciting books they recommend; updates about their practice and work; and/or requests for support with something they are up against. The sky is the limit!

It was a wonderful afternoon of shared community -- something everyone longs for as we live and breathe this Model. I look forward to many more exciting gatherings of our likeminded folk and to the support and growth that these gatherings galvanize for one and all! Our gatherings remain open to anyone who has taken at least one Satir workshop or training.



Starting with the back row, left to right: Sheahan Letondre, Chris Kallis, Gina Robertson; next row: Anita Chambers, Debbie Saari, June Saracuse, Bonnie Mason, Shauna Janz; 3rd row: Shelley Iberg, Sylvia Wacholtz, Alma Jean Inkster, Barbara Aronchick-Zachernuk; bottom row: Maxine Fisher, Anne Morrison, Wendy Lum

For further information about our Vancouver Island Fireside Chats, feel free to contact Anne Morrison, at annemorrison@shaw.ca, or Wendy Lum, at welum@shaw.ca.

So from Vancouver Island out to everyone through the Satir Institute of the Pacific, we all extend our best wishes for a fulfilling Spring and Summer time ahead!

Warmly,
Anne Morrison
Therapist/Supervisor
Chemainus, BC

Interior

Coming soon from an intrepid reporter in your neighborhood

Lower Mainland

Coming soon from an intrepid reporter in your neighborhood

National

The Satir Professional Development Institute of Manitoba or, as it is known less formally, the **Manitoba Satir Institute**, was founded in 1991 by individuals committed to furthering the work of Virginia Satir in helping people to better realize their true human potentials. The Manitoba Satir Institute is a non-profit educational organization with a mission to provide training and consultation services to individuals, couples, groups, and organizations in the Satir Model of human systems. The Institute offers professional training programs as well as [workshops](#) and seminars for the general public.

Satir Professional Institute of Manitoba
c/o 814-167 Lombard Avenue
Winnipeg, MB R3B 0V3

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International

The Satir Model in Kenya

In April, 2014 I returned to Kenya to deliver the second 10-day Level I STST program at the Pan Africa Christian University in Nairobi. I find it difficult to find the words to adequately express how amazing the whole experience was.



Participants came from all over Kenya – therapists, pastors, hospital staff, a parole officer, a head of teachers, and students from the Masters of Marriage and Family Therapy program at the university.



Each person in the group was so excited about the whole idea (and experience) of connecting with Self, and they experienced



themselves in new, positive, whole, and beautiful ways. It was an honour and a gift to witness the transformational change that took place, and the eagerness with which they applied what they were learning in every context of their lives. So many participants shared each day how they were using the iceberg with their spouses, children, clients, co-workers, and friends, and they were so excited about the greater depth and intimacy of their interactions.

All participants were keen to practice in their trios each evening and were so supportive of each other’s growth and learning. Now that there have been two Level I programs in Nairobi, there is hope for a possible Level II program in 2015, another Level I program, and possibly some 2-day Applications of the Satir Model workshops. There is definitely an excitement in Kenya about the Satir Model and a vision for bringing about growth and change.

Jennifer Nagel (or, the African name that was given to me on the last day of the program, “Neema” (pronounced Naay-ma) which means “Grace.”)

World Family Therapy Congress

Headliners for IFTA's 23rd World Family Therapy Congress Announced: Great East-West Sharing In 2015



2015 World Congress • March 11 - 14, 2015 • Malaysia

[Five] outstanding clinicians and will keynote the 2015 World Family Congress provided by the International Family Therapy Congress in Kuala Lumpur, Malaysia, March 2015. All of the [quintet] are highly experienced family/systemic therapists who are familiar with therapeutic needs around the world.

John Banmen, PhD:

"Happiness for Many or Fear No Reason: Using the Satir Model"

John Banmen, [is] internationally known as an author, therapist and educator, [who] has provided training programs in dozens of countries in Asia, Europe, South America and North America. He is the author is several books on Satir and the Satir model including Satir Transformational and Systemic Therapy (2007) and In Her Own Words (2008). Dr. Banmen was the founding president of the British Columbia (Canada) Association for Marriage and Family Therapy, a former member of the Board of Directors of the American Association for Marriage and Family Therapy (AAMFT) and was recently, for four years, honorary Associate Professor at the University of Hong Kong. He is [Past President) for the Satir Institute of the Pacific (Vancouver).



Kathlyne Maki-Banmen, MA:

An experienced teacher who worked as a Parenting Group Leader and Severe Learning Disabilities Teacher in Canada before getting into the field of family therapy, Kathlyne Maki-Banmen has excelled in Professional Development Training in Hong Kong, Singapore, the Czech Republic, Slovakia, India, Thailand, the USA, and Canada. She has been in private practice as an individual, couple, and family therapist since 1995 at Delta Psychological Services, and worked as a Counselor for Suicide Prevention and also as a Learning Assistance Teacher in public school systems. A leading proponent of Satir Transformative Therapy, she is Training Director of the Satir Institute of the Pacific. (Vancouver).



Wai-Yung Lee, PhD:

“Changing Traditions and Systemic Therapy: Dangers and Opportunities for Families.”

She is an Associate Professor and Founding Director of the Hong Kong University Family Institute, as well as Clinical Director and faculty member of the Minuchin Center for the Family in New York, NY, USA.

Judith Landau, MD, DPM:

““The ARISE Model: A Cross-cultural Approach For Enhancing Family Connectedness, Engagement, Prevention, And Treatment In The Face Of Trauma And Addiction”

Child, family, and community psychiatrist, and formerly Professor of Psychiatry, and Director of the Division of Family Programs at the University of Rochester Medical Center, Dr. Landau is currently President of Linking Human Systems and the LINC Foundation, in Boulder, Colorado, USA.

Maurizio Andolfi, MD:

“The Essence of Therapeutic Change” “Changing Traditions and Systemic Therapy: Dangers and Opportunities for Families, Part 2”

Maurizio Andolfi is Professor of Psychology at La Sapienza-University of Rome, Director of the Accademia di Psicoterapia Familiare (Rome) and Editor-in-Chief of the Italian family therapy journal: *Terapia Familiare*.

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The Virginia Satir Global Network consists of individuals, institutes and organizations dedicated to furthering the creation of healthy and just relationships with self and others based on the teachings of Virginia Satir.

Join us for our annual meeting 2014 in Prague

The Virginia Satir Global Network will be joining with International Human Learning Resources Network (IHLRN) in Prague on Sept 28th 2014. The focus again will be supporting, teaching, practicing and integrating the teachings of Virginia Satir. <http://www.ihlrn.org>

Appreciations to Pat Bragg by Sharon Loeschen

We are celebrating the wonderful contribution of Pat Bragg, **President of the Satir Professional Development Institute of Manitoba, Canada**, to the world by offering Satir training in Bahrain, where she trained not only students from Bahrain but also Saudi Arabia, Qatar, Oman, Morocco, United Arab Emirates and India. She is also mid-way through a 25-day training program in Istanbul, Turkey.

Appreciations to Sandy Novak

We want to appreciate Sandy Novak for her work in China. She has just finished teaching a seven day Satir training for social work professors, which is part of a 34 day program to train them to practice and teach Satir therapy to their students.

Outstanding Service Award *Jerry Weinberg as the recipient of the Outstanding Service award.*

<http://www.geraldweinberg.com/Site/Home.html>

Living Treasure 2013

Congratulations and appreciations to Stephen Buckbee as the recipient of the Living Treasure award.

Stephen, along with his two colleagues, Mike Dupont and Dan Doyle, developed a program based upon Virginia's concept of the Self Mandala that they have used to train hundreds of therapists, social workers, teachers, police, EMT's, nurses, youth workers, youth, parents, elderly and the general public. He is also **a member of the Satir Institute of the Pacific** For more information <https://www.bddtraining.com>

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Membership News

Welcome to these new members and those who have upgraded their membership, Congratulations!

Chi-Jen Hung, Community Member
Kiran Sangha, Community Member
Ginny Wong, Community Member
Anita Chambers, Affiliate Member
Sally Hunter, Affiliate Member
John Paterson, Affiliate Member
Linda Saucy, Affiliate Member

Maryann Esson, Professional Member
Teresa McLellan, Professional Member
Danielle Braun-Kauffman, Clinical Member
Angie Dairou, Clinical Member
Maxine Fisher, Clinical Member
Shelley Iberg, Clinical Member

Fireside Chat

I am hosting a July Satir Fireside Chat (without the fire) for Saturday July 5/14 from 1:30 - 4 pm.

My address is 2840 Graham Street, Victoria (close to Hillside/Quadra area).

My home phone is 250-744-3869.

Our last fireside in Chemainus we introduced ourselves and had a dyad experience of using body movement between polarities. I'm wondering about sharing how others use creativity with Satir, or continuing our exploration with body movement.

Please send any ideas or interests to me. Anyone who would like to bring treats, please let me know. Coffee, tea, juice will be available.

Please let me know if you will be attending (yes, no or maybe)

Looking forward to connecting,

Wendy (Lum) welum@shaw.ca



Multi-media Resources

Coming Soon



Attention Contributors/ Advertisers:

The Wisdom Box is published four times per year: Summer, Fall, Winter and Spring. The next deadline for submission will be September 6, 2014

Please submit any articles, stories, ideas, queries, poems, or anything else you think would interest the membership to the Editor. We would love to hear from you.

Members may advertise for free in this newsletter. We do reserve the right to not publish any article or advertisement that is not in keeping with the tenets of the Satir Model.

Please forward articles and advertisements via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at editor@satirpacific.org

Bianca Rucker, PhD is an experienced approved AAMFT supervisor offering supervision for therapists wishing to become clinical members of AAMFT or BCACC. Supervision and consultation is also provided for therapists who would like to improve their effectiveness. Special expertise is offered in the area of sexual and relationship therapy. Fee is \$120/hour for supervision. Inquire about reduced fees for certain circumstances. Supervision available at Cambie and Broadway, and also at Boundary Road and Marine Drive. Contact Bianca Rucker at: Bianca Rucker and Associates Inc., #400, 601 W. Broadway, Vancouver, BC V5Z 4C2 Tel: 604-731-4466 Email: br@biancarucker.com or visit www.biancarucker.com

Wendy Lum, MA, Registered Clinical Counsellor and Registered Marriage and Family Therapist is an approved AAMFT Supervisor. She is offering supervision for therapists and counsellors. She has been a practicum supervisor for UVic Counselling Services practicum counselling program since 2007. Wendy's focus is on use of self and increasing personal presence and congruence in order for greater impact on Client's growth and change. Location: 2840 Graham Street, Victoria. Tel: 250-920-9228 Email: innerchange@shaw.ca or visit www.innerchange.ca

Program Registration

All Satir programs can be registered for by contacting Cindi Mueller at 604-634-0572 or from our website at www.satirpacific.org

Membership Rates:

Clinical/Professional Members—\$50.00 per year

Affiliate/Community Members—\$25.00 per year

www.satirpacific.org/membership or contact Cindi Mueller at admin@satirpacific.org

Next Issue

In our effort to provide you with practical solutions to your clinical challenges Kathlyne Maki-Banmen has generously agreed to spearhead a new column called the **Dear Kathlyne Column**. Any clinical questions you have can be submitted directly to Kathlyne @ training@satirpacific.org or to the editor @ japateron@telus.net

In the fall Issue we will also launch **Letters to the Editor** to hear from our membership about past articles of anything else that's on your mind. The value of the Wisdom Box is more than sharing information it is a forum for discourse among dedicated professionals. We Want Your Wisdom!!! This is your newsletter so let us know what you think and what additional material you would like to see in the Wisdom Box that would enrich your reading experience, expand your knowledge, and most importantly, positively impact you!

We are also interested in providing our members with book reviews and a bibliography of books, videos, websites, etc . that support our on-going professional and/or personal development. So please pass along any items you believe will benefit our membership. Contributions will be gratefully accepted @ japateron@telus.net

It was pointed out that members connecting with members is an important mandate of the Wisdom Box so please feel free to submit any news, e.g., weddings, births, anniversaries, new business ventures, etc to the editor @ japateron@telus.net

We are also very pleased to pass along news of goings on in your region so don't forget to let us know what is happening in your area. News from the various SIP regions and any of the research and application and other people's research that support the Satir model will be gratefully received @ japateron@telus.net .

“We never come to the end of anything. We come to pauses which enable new things to happen...” Virginia Satir

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