



The Wisdom Box

The Official Newsletter of the Satir Institute of the Pacific

January 2005

Board of Directors 2004–2005

President:

Michael Callaghan

Secretary:

Colleen Murphy

Treasurer:

Karen Keyes

Director of Training:

Dr. John Banmen

Director of Membership Services:

Anne Morrison

Directors:

Jennifer Barrett

Katharine Carol

Pauline Chan

Kathlyne Maki-Banmen

Pauline Mullaney

Al Wiebe

Inside this issue:

| | |
|-------------------------------|-----|
| Tsunami 2004 & Satir Approach | 1 |
| Todd Clark Unsung Hero Award | 2 |
| Fireside Chats—Update | 3 |
| New Members | 3 |
| Buddy Support | 4 |
| Expressive Arts Conference—Ad | 4 |
| News Around the Institute | 5 |
| Don Potkins—Cayman Islands | 5 |
| Tsunami 2004—cont. | 6-7 |
| Satir Training Modules | 8 |
| Group Supervision | 9 |
| Clinical Supervision Openings | 9 |
| Fall Training Programs | 10 |

TSUNAMI 2004: COPING WITH THE IMPACT

A SATIR MODEL APPROACH

By Anna Maria Low, SIP member, Singapore

[The following is from a Satir colleague who lives in Singapore. She wrote this article for her fellow social workers in the Singapore Association of Social Workers. Our hearts go out to everyone affected by the tsunami, especially our fellow therapists who are striving to support and assist people in an experiential way. The following article speaks to the internal impacts and possibilities from this natural disaster]

Tsunami 2004 struck on Boxing Day and what a wall-of-it-packed. I do not need to reprise here all the destruction and death that

have taken place. We have seen it every hour, every day on our television sets. We can take comfort and hope in the swift international re-

sponse, especially our own nation's, to bring relief and reconstruction to the affected areas and people.

(Continued on page 6)

Message from the President

I was, and am probably not alone among our members, in being attracted to the Satir Model as it offered me an opportunity to achieve greater congruence at the deepest level of my own being. More simply put by Virginia Satir - 'Peace Within'.

Also the Satir Model was a gift I could share and use with others as they too sought more personal congruence and fulfillment in their personal and family relationships. This is the 'Peace Between' familiar to us.

But what could I do, from my thankfully peaceful Canadian context, with 'Peace Among', the third part of Virginia's saying. Towards the end of her life she considered 'Peace Among' different groups, cultures, and nations a high priority in her work. Daily the media reminds us that in many regions of the world there is a great need for peace. Peo-

ple are subjected to and engaged in the terror and horror of war, genocide and other strife amongst different groups. Most of all in the last two weeks the world has been horrified by the devastation caused by the earthquake and tsunami in South East Asia. So I ask myself is there an opportunity to use the Satir Model here.

We know about the universal applicability of the Satir Model and its effectiveness in therapy with individuals and families. But perhaps we need to look beyond our immediate home concerns at what we and the Satir Model can offer our troubled world today in terms not only of 'Peace within and Peace Between', but also 'Peace Among nations and peoples'.

As I write this and look around the winter landscape I see the earth with the trees standing stark and

dormant in the snow but powerful in their promise of new growth springing and rising from within. There is a source of life there, as there is within the Satir Model.

The tsunami disaster has brought forth an amazing response and outpouring of material aid from nations and people all over the world for those who have been devastated by the tsunami disaster. The Satir Model has much to offer in terms of healing from grief, loss, trauma etc. [see also, article by Anna Maria Low, "Tsunami 2004 ..." on pp. 1,6-7— Ed.] I will be discussing with the Board at our meeting on January 21st if there is anything I and other members of our Institute can do to help people at home or abroad who have been affected in these kind of ways by the disaster.

Michael T. Callaghan
President, January 2005

The Todd Clark Unsung Hero Award

The Unsung Hero Award has a new name. It is now 'The Todd Clark Unsung Hero Award'. The Board thought this was a way to honour and remember Todd for his many contributions to the Institute and its members. "I can do that" or "Not a problem" were phrases often heard from Todd as tasks came up to be done. Todd was also an unsung hero in many other contexts where he gave generously and unselfishly of himself. The extent of this quiet generosity over the years cannot be measured but it can be honoured and his spirit kept alive each year as the Institute chooses its "Todd Clark Unsung Hero".

The award will be made at our Annual General Meeting on June 11th. Any member can make nominations and a small committee will make the choice of the next "Todd Clark Unsung Hero". The following outlines the criteria for the Award and how to make your nomination:

Do you know a member of the Satir Institute of the Pacific who works for the benefit of all of us, selflessly and often quietly in the background, not seeking recognition for themselves, but exemplifying Virginia Satir's work of "peace within, peace between, peace among"?

The Unsung Heroes award has been designed to recognize and honour individuals who have provided exemplary service or made significant contributions to the Satir Institute of the Pacific. The Award is intended for members within a variety of capacities, and from diverse settings, in order to locate deserving members whose service might otherwise be missed.

Award Criteria:

- Recipients of the award will be members of the Satir Institute who are not Directors of the Board.

- They will have demonstrated selfless giving of themselves, their energy, their time, and their creativity.
- They will have offered their help of their own volition without looking for reward or recognition.
- They will be people who enrich the lives of those with whom they come in contact.

Nomination process:

Please forward the names of nominees to **Dellrae Butler**, Award Coordinator, 104-8500 General Currie Road, Richmond, B.C. V6Y 3V4

Please give your reasons for nominating the person(s) and give examples or anecdotes.

Deadline for nomination submissions: **March 15, 2005**

Selection process:

The Award Coordinator, the Director of Membership, and the Board of Directors' Past President, will review all nominees and make recommendations for Award winners to the Board at its April, 2005 Board meeting. Up to 3 Unsung Heroes awards will be presented at the Board's Annual General Meeting on June 11, 2005. Special plaques will be created for those being honoured.

Profiles of each year's Unsung Heroes will be included in [The Wisdom Box](#) Newsletter.

We are happy to have news that Eve Wong (who was at the Satir Intensive Advanced Residential Training last summer) is getting married at the end of January.

Congratulations and very best wishes, Eve.



Fireside Chats — Update

Various *Fireside Chats* have been hosted since our last Newsletter and many more are planned in the near future. One recent development was to have Bettina Harach, a Level I graduate from Cranbrook last year, contact everyone in her class and organize an insertive gathering around a video demonstration of John Banmen conducting a therapy session. Great idea! And Bonnie Mason, from the Fraser Valley Fireside Group, will be hosting the next Fraser Valley *Chat*, in her recently expanded White Rock home and office; we are all excited to help welcome Bonnie into her new therapeutic space and wish her well with her ever-expanding practice!

~~~~~

**SPECIAL NOTE:** Linda Prochaska, Vancouver Fireside Host, reports that she no longer can carry on organizing the *Chats* for her area. Linda has done a wonderful job welcoming everyone in the Vancouver area – thank you Linda for all of your hospitality and generosity in this role! Anyone in the Vancouver area who would like to help keep the *Chats* occurring in their area can contact Anne Morrison, Director of Membership Services, at [annekm@telus.net](mailto:annekm@telus.net) or 604 856-8317

~~~~~

Fireside Chats provide home settings for current and potential Satir Institute of the Pacific members to come together and share

their personal and professional experiences with the Satir Model.

The Fireside groups are open to any interested Satir community persons. Hosting the chats is a wonderful way to connect with members and build rewarding relationships with one another. If you would like to help out in your area, please let Anne Morrison, Membership Director, know at annekm@telus.net

~~~~~

For further information about upcoming *Chats* in your region, contact one of the following Hosts:

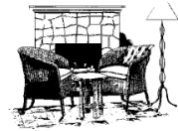
**Kelowna:**  
Donna Huggins  
[dhugs5@shaw.ca](mailto:dhugs5@shaw.ca)

**Vernon:**  
Mary-Ann Reid  
[maryannr@shawbiz.ca](mailto:maryannr@shawbiz.ca)

**Merritt:**  
Audrey Ward  
[audward@ocis.net](mailto:audward@ocis.net)

**Fraser Valley:**  
Anne Morrison  
[annekm@telus.net](mailto:annekm@telus.net)

**Kamloops:**  
Jennifer Barrett  
[jefilleul@yahoo.com](mailto:jefilleul@yahoo.com)



## New Members

A warm welcome to the following new members of the Satir Institute of the Pacific:



### Clinical:

Dr. Pindy Baydal

Cheryl Hart

Dr. Nongpanga Limsuwan

Prisca Reynolds - (inadvertently missed from last new member listing)

### Professional:

Anna Maria Low

### Affiliate:

Senna Ipp

Betty-Anne Rainford

**For information and membership applications contact:**

**Al Wiebe**  
**Coordinator of**  
**Membership Services**  
**604.539.2529**

## Buddy Support

— Wendy Lum

The Satir Membership Committee appointed me as a New Member Welcoming Chair. I have had the privilege to phone local members and email international members to welcome them into our Satir community. Some new members have expressed an interest in having a “buddy” who could either call or email them, to create and maintain a Satir connection.

The buddy system would be a supportive connection agreed upon by the new member and their buddy. You could connect through telephone, email or over coffee. How often would depend on the desires of the new member and the buddy.

Some new members have requested a buddy who shares their area of interest or career expertise. Other new members have yearned for friendships within the Satir community. Yet other new members are not sure on how to get involved with the Institute, and would appreciate encouragement and guidance on how to use their talents, strengths, and skills.

The buddy could be a member who would like to contribute to the Satir Institute of the Pacific, yet may not be presently involved on a committee or on the board. You may have a desire to share, support, encourage and develop friendship through your shared interest in Satir. This is a great way to get involved especially if your time is limited and yet you want to contribute!

Consider joining us to create community and connections! If you have an area of interest, or expertise that you would like to share with a like minded person, this could be a way to get involved! Please let me know if you would like to be a “buddy” to a new member. Consider if you would like to be connected to someone in your community, or would be interested in emailing a member. If there are new members that would like a “buddy” please let me know (I have spoken with at least nine new members that were interested in support and connection).

Email Wendy Lum at [welum@shaw.ca](mailto:welum@shaw.ca) or call me at (250) 744-3869.



- ◆ Dance
- ◆ Drawing
- ◆ Energy / Inner Healing
- ◆ Art therapy
- ◆ And more

## Satir and the Expressive Arts Therapies Conference

**Special Event**

**Sponsored by the  
Satir Institute of the Pacific**

**April 9, 2005  
8:30 am - 4:30 pm**

**Douglas College  
700 Royal Avenue  
New Westminster**

Registration & information:  
[lprochasks@shaw.ca](mailto:lprochasks@shaw.ca)

## News Around the Institute

It is so nice to have Tim Head back in Canada. It seems like only yesterday that we said goodbye to him as he left our shores for a life in Ireland. (Wait a minute, it was just summer when he did leave!) Anyway, he is planning to stay here, and that is good news for us in the Institute who know Tim and his dedication on SIP's behalf. He tells me that he plans to settle on a location or locations in Delta for his practice when some details are ironed out.

~~~~~

Kathlyne and John just arrived back from a well-deserved retreat in India. They were in the mountains in the North. We are so glad that they are able to recharge their batteries in this way.

~~~~~

You may have noticed that there is a survey that has been circulating for

members to fill in, either by e-mail, or by phone. Hopefully this will be a positive experience for you in that it provides more connection with you, and other members in the Institute. This after all, is the intention, and certainly what we as a Board have been hearing is needed and desired by members.

~~~~~

Just talked to Kathryn Patterson who will be taking on co-editing of the Wisdom Box. She is enjoying her new job. In July 2004 she began working for the Seniors Well Aware Program (SWAP), a non-profit organization that provides outreach counselling for older adults who are experiencing problems due to substance misuse. She is developing SWAP in the South Surrey/White Rock area. Lovely to have her as part of the team.

~~~~~

Last November Anne Morrison launched her 4-day course entitled "Building Organizational Vitality from the Inside Out: The Satir Model for Organizational Change and Corporate Wellness," in Singapore, sponsored by the Singapore Association of Social Workers. The course was very well received and Anne has been asked to return in March this year to present it again, as well as present courses on advocacy and organizational change. One of the agencies represented at the first session, the Tsao Foundation, is bringing Anne into their agency to work with their entire staff on-site for 3 days as they apply the Satir Model in their work community. Anne is excited about being able to extend the reach of her organizational work and looks forward to helping to build more bridges for people in their working/living communities.

---

### Member Update: How is Don Potkins faring after hurricane Ivan devastated the Cayman Islands?

Anne Morrison reports that after about 25 unanswered emails to Don Potkins, living and working in the Cayman Islands, to find out how he and his wife Tracy and family are doing ever since the October devastation of hurricane Ivan, she was able to reach him by telephone and actually have a conversation!

Don gave permission for her to share his news: he and his family are fine, although they have been through so much since the hurricanes hit: their main floor of their home was lost; their dog was lost; they have been without phone and internet until last week; they lost one car; they only just got back some hot water and finally have a stove, although no fridge yet.

It has been 2 ½ months since the disaster, and they are in such a better place now and obviously rebuilding!

"We take one day at a time and we are starting to get a Life up and running again; until lately we were just trying to survive." Out of this, we have made new friendships and learned to trust; they have a new puppy and cat and their daughters are now back at school. Don has been secured to teach Level II Satir Model training for all of their staffs at the addiction centers in the Caymans and his wife has landed a rewarding job with the National Volunteer Council for the Cayman Islands. "We now have a stronger program for our treatment centers and are coming out the

other side of this category 5 hurricane."

All of us at the Institute send Don and his family and community our support and celebration that they are indeed pulling through this catastrophe and we look forward to seeing them in person when we can. Don reports that the Psychotherapy Conference will be held this December and he plans on attending and hopefully we will have a Satir Institute contingent again attending so we can look forward to a wonderful reunion together!

All the best to you, Don, and your family, from all of us at the Satir Institute.

---

## Satir Around the World

— Anna Maria Low, Singapore

*Tsunami 2004, continued from p.1*

TSUNAMI hits land from Aceh to Africa, leaving death and destruction in its wake.  
The impact however, reaches further and deeper.

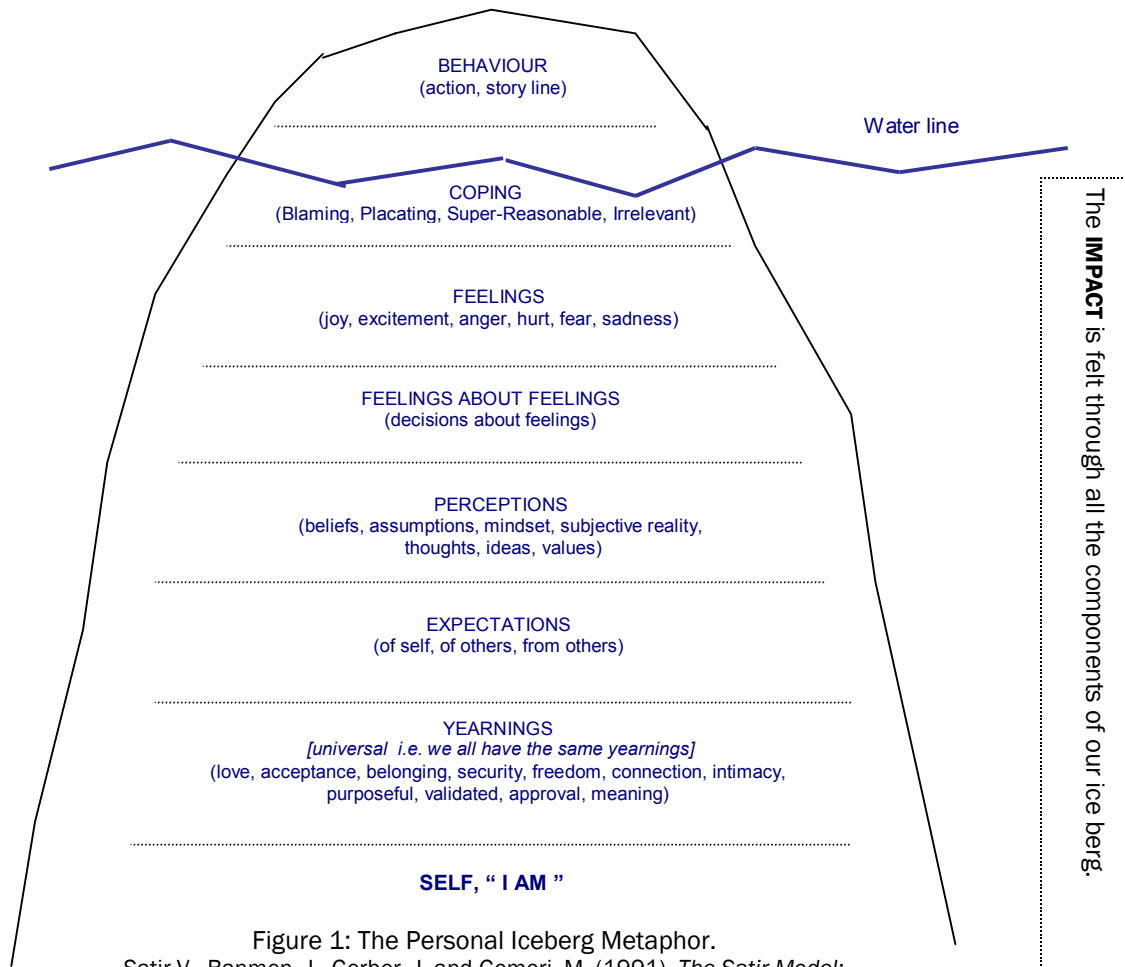


Figure 1: The Personal Iceberg Metaphor.

Satir, V., Banmen, J., Gerber, J. and Gomori, M. (1991). *The Satir Model: Family Therapy and Beyond*. Palo Alto, CA: Science and Behaviour Books

Some would have said that there is no god and others would have said, thank god for saving their lives. Death and life, despair and hope, destruction and reconstruction; the colours of the tapestry of Life as we have experienced.

One of the basic tenets of the Satir Model<sup>1</sup> is that *“The problem is not the problem. Coping is the problem.”* The tsunami has struck. The problem facing us now is how do we cope with its impact. Externally, the international community is doing its best to clear and rebuild the affected areas. Here in Singapore, we who have witnessed the de-

struction first-hand or countless times on TV, how are we affected? How are we coping?

Let’s look at our Intrapsychic System using the Iceberg Metaphor which captures and conceptualizes for us our internal experience of an external event. The components of our “iceberg” or internal experience, interact with one another in a systemic way. So, a change or impact on one component, affects the other components as well.

See figure 1: The behaviour or external event is the part that is above the water-

line. This is the part that we can see. Below the water-line, are the parts that make up our internal experience – our feelings, feelings about having those feelings, our perceptions, our expectations, our yearnings and at the core of it all, is our Self or what Satir calls, our “I am” or our unique Being. This “I am” is a unique manifestation of our universal life force. At the water-line, is our preferred survival coping stance. Satir identified four – Blaming, Placating, Super Reasonable and Irrelevant. Every event leaves an impact on every component of “our ice-berg” and we react from our survival coping stance.

*Continued on p.7*

*Tsunami 2004—continued from p.6*

Let's look at the impact of the tsunami event through the iceberg:

**Feelings:** Shock, fear, anger, sadness

**Feelings about feelings:** More fear, anger, sadness, helpless, guilty, grief

**Perceptions:** The world is an unsafe place. I am not in control of things. Mother Nature is angry with us. We have done something wrong.

**Expectations:** We should have been warned. We should have been more prepared. I should do something to help. I should feel grateful that I am safe. No one should loot or take advantage of the situation.

**Yearnings:** Safety, security, wellness.

**SELF:** Disharmony, panic, confused, loss of confidence, despair.

Impact is experienced by everyone. However, not all of the components could be in our awareness. We have a way to protect ourselves from what might overwhelm us. This is what Satir called our "survival coping stance". It does exactly that – it helps us to survive the stress of the impact. Some of us would have tried to reduce our "stress" by blaming it on others in order to feel "good" about him/herself – Blaming Stance; e.g. "The government should have warned the people and evacuated them before hand. This is all the government's fault, and now they are taking so long to help those who are affected." They project their feelings, especially anger, on to others and can seem self-righteous.

Some discount themselves and try to please others – Placating Stance; e.g. felt the pain of others and broke down in tears, "Look at the poor things. Oh why do such things happen. Poor things, poor things, what's going to happen to them now. Look at the poor children. (sob, sob)" They get absorbed in their feelings and the feelings of others, especially sadness, and then feel helpless and "paralysed".

Still, others try to use logic to explain things believing that good reasoning is good enough reason to feel better about things – Super Reasonable Stance; e.g. "Things like this happen. It's the way of

Mother Nature. We can't do anything about it so don't make a fuss." These people don't allow themselves to feel their feelings thereby creating the illusion that they are not affected. They're cool, calm and collected.

And another group of people will try to distract themselves from the stress they feel inside by activity, inappropriate humour, alcohol, drugs or other distractions – Irrelevant Stance; "Happened already. Anyway, no point in crying and feeling sad. Don't worry, Be happy." To feel their feelings would be too overwhelming, hence the need to distract themselves.

Whichever way we chose to cope with this impactful event, the direction to move towards is the same. We want to move to congruence. Congruence is a state of internal and external harmony. It is a sense of calmness, wholeness, peace and tranquillity. It is a sense of empowerment, which means that the individual is not controlled or triggered negatively by the outside world, but responds to the world from a state of internal harmony with one's deepest Self, as well as with others and within the context of the situation.

This begins with awareness of our internal experience, accepting and honouring our internal experience as it is – and not judge it or allow others to judge it as good or bad, right or wrong. It just is. It is natural that each one of us will start our process of awareness at different parts of the iceberg – the one that we are more attuned to. So, we could start by being aware of our emotions or our thoughts or our expectations – and from there we explore further to the other components and deeper to get in touch with our yearnings. We can go back and forth between the different components as our internal experience and hence the iceberg, is not a linearly rigid construct, but more like a fluid system. For example, a thought or belief, gives rise to an accompanying emotion and also an expectation, which all comes from a deeper yearning. And, our yearnings are the expressions of our Life Force.

From awareness, we can make a choice to own this experience, i.e. we claim it as our experience. We may or may not like the experience but, it is by owning it that we can manage it and then, we can

transform it to something we will like better. In this way, we can take responsibility for our internal experience – and not blame it on anyone or anything – come to terms with our grief and shock, and we can make choices to transform it into something that is positively directional, something that would be congruent with our deeper yearnings. We can be less reactive and more self-empowered. We can direct our life energy through our external action and internal disposition, towards meaningfulness, purpose and creativity, forgiveness and acceptance, love and compassion.

Our experience is not who we are. It is something that we have. It belongs to us and because it belongs to us, we can take charge and manage it and we can choose the direction in which to channel our life energy. It takes time to move from reaction to response because it is a process of awareness – acceptance - ownership - choice, and almost all of us will need help and support along the way – but first, we must make that fundamental choice to manage our experience and not let our experience manage us. Then add on acceptance, compassion and love.

Time by itself, cannot heal. Making new choices over time, can heal and create a future that will be better than before.

<sup>1</sup> The Satir Model is founded by Virginia Satir (1916 – 1988), who is considered to be one of the original founders of the family therapy movement. One of the main goals of her work is to help people become "more fully human".

Anna Maria Low  
January 17, 2005, Singapore.



## Satir Training Modules

— Carl Sayles

In July of 2000 I attended the Training for Trainers Residential Program presented by John and Kathlyne. During the training John and Kathlyne asked each of us to make a commitment to take the model home and, in some form or fashion, teach it to people. Taking my commitment seriously I returned to Sacramento, California and began the process of spreading “seeds” to share and teach the Satir Model. It took some time to get going in a positive direction.

I realized by the second day of the training that I had some great strengths and some challenges to work through. One of the many things that I have grown to appreciate, in the process of building a teaching and training component into my practice, is my struggle with putting all the training pieces together. I can encourage people to come, get a commitment from people to show up, and teach the model – all very successfully – but putting all the pieces together is a part of the process that is challenging for me. Because what I have learned is that even after you get people warming the seats in the room, they need hand-outs, snacks, paper, pens, an agenda and where the washrooms are located. Not to mention an overview of the training, goals, objectives, a process, and activities. Kathlyne called it “Creating a Workshop Curriculum.”

The “creating a curriculum” was where things began to breakdown for me. But I endured and have learned a great deal about putting it all together. I invited my wife, Sharon Blevins, to look at this process with me and we began to put together some awesome curriculum that took us another step towards where we are today. Sharon happens to be an credentialed teacher – all this developing of curriculum with goals and outcomes was pretty simple to her. My learning curve at that point was straight up! I knew the material and how to present it, and so we began working on a way to present the model in bite-size pieces that would intrigue people involved in mental health. It began to work.

I began by contacting an agency in Sacramento that offers training for “Trainee” and “Intern” therapists – in the process of doing field study hours for their Masters degree or collecting hours towards being licensed to practice in the State. I presented a number of short, 2 hour, programs to begin the process of introducing the Model to a group who had only heard Satir mentioned in a graduate course. The reception was good and exciting, people wanted more and I was willing to provide it.

We put together a couples curriculum and presented it two times to over 20 couples and partners. We had a great response and a request for more. We then began to look at how to present more of the structure of the Satir model in a usable way for therapists. We presented the model in several one day workshop for therapist studying to take their oral licensing exams. We began to build a data-base of folks who had attended our training and wanted more. More is what we offered.

What became clear to us was we were presenting too much material to participants at one time. We had presented an overview of the model to over 100 people and the feedback was great. So we began once again to look for a solution to presenting bite-size pieces of the model for people to take away and try out. So we developed modules. We have three introductory modules that we present for people to come and learn the foundation of the model and take it for a test drive. They are 6 hours long and we offer them Twice a year. We are in the process of enrolling people in a Level I program that will begin in February to 2005. We are currently working with a core of about 60 people who are interested and motivated to do more training.

We continue to present the modules to community based counseling centers and have recently been asked to teach the Satir Model at the local University each semester. We are preparing to teach two more modules before the end of the year. I was recently asked to present the Satir Model as a brief therapy model to therapists learning to do brief therapy with clients. There are many more exciting things on the horizon for Sharon and I as we continue to make contact with people everyday who are interested in some aspect of this change-growth process model. And we even have fun doing it!

If anyone is interested in a breakdown of the modules and how we present them you are welcome to contact me. You can visit our website at [www.healingplace.info](http://www.healingplace.info) or you can email one of us directly at [carls@healingplace.info](mailto:carls@healingplace.info) or [sharonb@healingplace.info](mailto:sharonb@healingplace.info).

Until next time – Carl

*Thank you Carl for this exciting update. This is a continuation of the series on, ‘What are they doing now?’ from our graduates of the Training for Trainers Program that John and Kathlyne so generously donate their time to every 2 years or so. Editor.*



## Advertising and Classified Ads in *The Wisdom Box*

**The Wisdom Box** is now accepting classified ads and regular advertising. Here is our policy.

Advertising is welcome. The *Satir Institute of the Pacific* reserves the right to reject advertisements which do not meet the general purpose of the organization. Send all copies, payments and inquiries to the Editor. A cheque payable to the *Satir Institute of the Pacific* must accompany your copy.

### Display advertising rates:

- ◆ Full page— \$50
- ◆ Half page— \$25
- ◆ Quarter page— \$12

### Classified advertising:

The cost for professional related items such as office rentals, items for sale, equipment needs, supervision etc. for up to 3 lines are free for members and \$1 per line for others.

If possible, please forward articles and advertisements

via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at the address listed below.

### Attention Advertisers:

The *Wisdom Box* is published four times per year. Summer, Fall, Winter and Spring. For those interested in advertising events and programs, the next deadline for submission is

**March 30, 2005**

Please submit any articles, ideas, gossip, poems or anything else to the Editor.

Editor:

**Pauline Mullaney**

8438 Wiltshire St.,  
Vancouver, B.C.

V6P 5H7

Tel: 604.875.2653

Fax: 604.875.2099

E-mail:

newsletter@satirpacific.org

### Group Supervision with Dr. John Banmen

The supervision group will consist of a maximum of six people to be held monthly on Monday, Tuesday, or Wednesday from 6 - 9 p.m. starting in September.

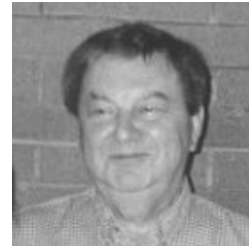
If you are interested, please contact John at:

**E-mail: jbanmen@dccnet.com or**

**Phone: 604.591-9269**

**Fax: 604.591-9260**

Cost \$50 / evening for 6 evenings.



### Openings for AAMFT Clinical Supervision

#### **Bonnie Mason, MA, RCC, AAMFT**

Private Practice  
14203 Wheatley Ave.  
White Rock, BC V4B 2W4  
Tel: 604-536-0733  
Fax: 604-536-0763  
Email: bonniemason99@shaw.ca

I am currently accepting therapists seeking AAMFT or RCC clinical supervision. I have completed my AAMFT clinical membership and I am a supervisor in training with AAMFT. Group supervision may be available in the future. If you are interested please contact my office. Fee: \$50 / hour.

#### **Anne Morrison, MSW, RSW**

AAMFT Clinical Member & Supervisor-in-Training

Private Practice  
24502-52 Avenue  
Langley, BC V2Z 1E1  
Tel: 604-856-8317  
Fax: 604-856-3359  
Email: annekm@telus.net

I am currently accepting therapists seeking individual (2 or less) AAMFT or RSW clinical supervision and I may be offering group supervision in the future. My reduced rate is \$50 / hour. If you would like to discuss your supervision needs with me and/or wish to indicate your interest in securing my supervision, please contact me directly. I look forward to hearing from you!

## Satir Training Programs

### Satir's Systemic Brief Therapy - Level I in Victoria, BC

Kathlyne Maki-Banmen, MA and Wendy Lum (assistant trainer)

Feb 25, 26, 27, 2005

March 25, 26, 27, 2005

April 22, 23, 24, 2005

May 7, 2005

Now Registering

### Satir's Systemic Brief Therapy - Level I in Richmond, BC

Dr. John Banmen, R. Psych & Kathlyne Maki-Banmen, MA

January 22 & 23, 2005

February 19 & 20, 2005

March 19 & 20, 2005

April 16 & 17, 2005

May 14 & 15, 2005

Full

### Satir's Systemic Brief Therapy - Level I in Richmond, BC

Dr. John Banmen, R. Psych & Kathlyne Maki-Banmen, MA

September 17 & 18, 2005 - October 15 & 16, 2005

November 19 & 20, 2005 - January 14 & 15, 2006

February 11 & 12, 2006

Now Registering

### Satir's Systemic Brief Therapy - Level II in Richmond, BC

Dr. John Banmen, R. Psych & Kathlyne Maki-Banmen, MA

September 24 & 25, 2005 - October 22 & 23, 2005

November 26 & 27, 2005 - January 21 & 22, 2006

February 18 & 19, 2006

Now Registering

For program and registration  
information contact:

**Linda Prochaska**  
**Registrar of Programs**

**604.879.6654 or**  
**Registrar@satirpacific.org**

### Help Wanted

The Wisdom Box needs you. We are a committee of 4 so far, including me Pauline Mullaney, editor, Hugh Morrison co-opted husband of Anne Morrison who does the desktop publishing, Kathryn Patterson and Bruce Cullen. We need some help with interviewing the odd person, and offering creative ideas. If you have some ideas or a little time please contact me at p.mullaney@shaw.ca

### Satir and the Expressive Arts Therapies Conference

**April 9, 2005**

8:30 am - 4:30 pm

Douglas College

New Westminster

Contact Katharine Carol at  
kcarol@uniserve.com

**Volunteer Opportunity !**

Don't forget to visit our website!!!

**[www.satirpacific.org](http://www.satirpacific.org)**

Submit ideas and content to  
**Kathlyne Maki-Banmen**  
Tel: **604.591.9269** or  
E-mail: **kmb@satirpacific.org**