

The Wisdom Box

The Official Newsletter of the *Satir Institute of the Pacific*

Upcoming Special Event

A NASA Scientist is Landing in Vancouver on June 8th, 2002!!!

OUTER SPACE AND INNER SPACE EXPLORATIONS
with Dr. Kenneth Cox, Engineer, Futurist and Change Agent

For more information, contact Todd Clark at:
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For details visit our website at www.satirpacific.org

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Message from the President

This year, fall seems to be more colorful than it normally is which brings me to notice more clearly the changes in the weather, changes in the seasons. How often do we pause to notice changes and reflect on the growth that change stimulates?

The Satir Institute of the Pacific has had many changes over the past months. Let me see if I can give you the picture of our own evolution as an institute.

The first group of potential Satir Model trainers have finished their year-long training / practicum and have much to brag (there's that four letter word!) about. There are Satir trainings, workshops, seminars, projects, initiatives, and infiltrations (for want of a better word) going on all over British Columbia. The excitement and commitment of this group of 12 people is heartening and brings much hope to the future of Satir in BC and around the world.

We now have two Satir task force groups who are actively engaged in developing and promoting the Satir Model for spe-

cific therapeutic populations. The Suicide Task Force is working on a writing project to capture the possibilities of positively directional change therapy with people who have given up on themselves. The Substance Abuse Task Force has begun to meet and is also looking at the possibilities of writing for the therapeutic community.

We are also very proud to be planning a very special one-day conference for June which should be of interest to people from all walks of life who are interested in growth, the future, and transitions. Dr. Kenneth Cox, NASA engineer, futurist and change agent will lead us through a journey to inner space and outer space. It promises to be very exciting!

We have a very active (and sometimes frustrated) committee working on finding our own facility for workshops and therapeutic services. This comes as the result of a huge shift in our perceptions of ourselves as a viable, growing, vibrant community of people with the potential to make significant changes in

the world.

Our international credibility has reached the point where three Asian Satir Centers are offering graduating participants certificates in cooperation with the Satir Institute of the Pacific. This is a real feather in our cap as well as a nice source of revenue.

We have also been invited to send a representative from our institute to the Avanta annual general meeting to meet with other affiliate groups to connect, to share and to plan some cooperative ventures to promote the Satir Model in the world. There are 12 Satir affiliate organizations from seven countries that will be in attendance. As your president, I will be proud to attend this meeting to represent your interests.

And the most satisfying changes of all? Hearing from each of you individually about your own growth, your risk-taking, your dreams and plans. Please continue to keep me informed about your own journeys. There's excitement in the crisp, autumn air!!

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Hong Kong Explorations

To have received a bursary to help attend the advanced Satir Residential program with John and Kathlyne was wonderful, that it was in Hong Kong was unbelievable! Thank you the Satir of the Pacific for the incredible opportunity.

My travel savvy friend helped me pack by tipping out my overflowing suitcase and 'allowing me' to take one fifth of the clothes that I was planning to take, assuring me that Hong Kong may have a few things that I may like to buy. She was right.

I arrived in Hong Kong at 11pm, and thanks to a super light suitcase was able to run to catch the last bus out to the Institute of Education in the New Territories where we were to stay for one week to attend the course. I scanned the horizon for the skyscrapers of Hong Kong, but was quickly traveling into lush tropical countryside. This was not the Hong Kong that I had expected.

I arrived at the Institute in the middle of the night and in the flick of a lamb's tail was up and involved in my new life as a Satir student, with Ann Morrison my soon to be companion and firm friend. There followed a whirl-wind tour with a few other participants, of historic temples, a museum with everything from Ming Dynasty vases, to some exquisite embroidered clothes and artifacts. Then on to throwing oranges (with strings attached) at a tree in an attempt to hook them onto its branches for luck.

Then the real immersion into the Satir course began. The

others came from Hong Kong, Singapore, Taiwan, and Thailand, and they were all excited, just like me, and they were all anxious to learn just like me, and they all had such high expectations for this course. Could John and Kathlyne meet those incredibly high expectations? (You all know the answer to that don't you)?

It is an amazing thing about the Satir material taught by John and Kathlyne. You think that you know it really well and then come the new revelations, constantly.

I won't say that John and Kathlyne are hard taskmasters because they did want us to have relaxation time.

That is why they gave us a night off on the fifth night. Otherwise we kept the leisurely pace of 9am -12, 2pm-5, 7pm- whenever, which tended to stretch to 10 or 11 or 12 or more at night, and still nobody wanted to stop. We all became strangely engrossed in the task at hand, which was to learn, practice and otherwise squeeze everything that we could from this unique experience.

The people, were at first strangers. The 'dating' began straight away, and I met my counterpart in Hong Kong Eve, who does almost the same job as me, with the same clientele, and the same frustrations as me. How could this be happening halfway across the World? As I met others on the course on that first day, I realized how this universal language of Satir had

By— Pauline Mullaney

brought me together with like-minded individuals who were open in a way that is rare and that I was privileged to experience. I want to hold onto that feeling forever.

As usual I told myself that I would be really cool and laid back about the choosing of my trio. (and pigs will fly). I frantically asked somebody about joining with her. She had to think about it. Another person from Singapore was looking really good. He had already joined with people from Singapore. Boy was I slow, and this was in the first few hours. Too many people that would really fit, but was this the pace of Hong Kong, and was I somehow dare I say

it,....too slow. Insecurity after insecurity set in, then Gilbert from Singapore had discussed things with his group and decided to go international. Suddenly I had a trio of Gilbert and Wilson. Oh blessed relief!

The days and nights melded into each other. Mornings when Anne woke me up. (I'm not a morning person) Breakfasts in the cafeteria making earth shattering decisions whether to go with the western cuisine, ie scrambled egg sandwiches, or the selection of Chinese dishes like congee etc. Walking the trail from the suite, through tropical foliage, with the heat of the place enveloping absolutely everything. The spectacular views of verdant plants sprawling over the hills. They tumbled down from the institute buildings. The plants that were not only home to tiny lizards but miraculously surrounded by

multicoloured butterflies.

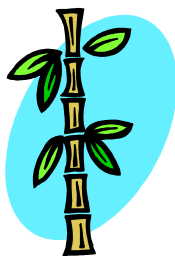
The people; who welcomed Anne and I into their circles, who explained things that we didn't understand about the culture, who took time for us. The night off, when we were invited to dinner at Eckman's. Following that we had a sing along and the songs that were sung in Chinese were graciously translated into English.

Every night was a Chinese banquet night. We all sat around our massive round tables while tasty morsels were piled into the centre lazy susan. We ate, we talked, we learned and most of all we experienced the culture as near as one could get with this massive Satir family, with John and Kathlyne guiding us.

The typhoon warning was unexpected, especially when I was yanked out of the outdoor swimming pool after only having swum 2 lengths. I wondered what fate could befall me in a swimming pool? The typhoon did not materialize so I may never know.

My trio was the right one, and I gave, but received far more than I could ever have hoped for. John and Kathlyne centered us, guided us and taught us in a way that only they can, and nobody wanted to say goodbye.. I said goodbye, but will always hold the group in my heart. The experience was as rich as one can experience. Thanks again John and Kathlyne.

Onward we travelers (Anne and I) went to explore the thrills of Hong Kong proper, But that's another story.



Classified Advertising

- Anyone aware of 800 ft² space for lease, appropriate as a possible workshop space with kitchen facilities in the lower Mainland—please contact Pauline Mullaney at Tel: 604.875.2653 or E-mail at: Pollmull@aol.com



John & Kathlyne's Travelogue or *How many time zones does it take to lose your wits?*

Our story begins in the first blush of spring. Only a few short days after celebrating Kathlyne's birthday aboard ship (in the beautiful harbour of Vancouver) in April, John left her to visit the vibrant city of Hong Kong. This was his first trip to Hong Kong in 2001. He worked with one of his on-going training groups (2 X year for 3 years) and a small group of supervisors in training, attended numerous meetings, and helped the HK Satir Center plan for their future training. He also shopped on Temple Street, as he is wont to do given the time and opportunity while in that city of bargains.

After one short week, he flew to Singapore (where the sun always shines) where another on-going group of therapists awaited him (2 X year for 2 years). He also did a 2-day workshop on Self Care for the Therapist (where he listened with interest to himself teach).

After 2 weeks of tropical breezes, John left to visit Taiwan. He worked in Taipei with another on-going training group (2 X year for 3 years), then took a scenic bus trip to Taichung (where earthquakes and landslides happen) where he did a 2-day introduction course on

working with trauma using the Satir Model.

Then, he came home in the middle of May. On Mother's Day. For eight days. (That's 8 days for those of you who are more numerically oriented). He napped a lot. He also attended the Satir Institute of the Pacific A.G.M. (and stayed awake).

He left the next weekend to go to Hong Kong (#2). This time, his training was as a visiting professor of the School of Social Work, Hong Kong University, training field supervisors in working with students using the Satir Model. His own students were other university faculty members and supervising therapists. They like what they are learning.

Then, he went to Korea, to Pusan and Seoul, to do an introductory Satir training program in the land of Insoo Kim Berg (for therapists who want something deeper). He spent his birthday in Seoul, alone, meditating and enjoying nature in a park close to his hotel. It was a wonderful time to be alone after so many people requiring his time and attention.

Right after this, he left Seoul to go to Bangkok, Thailand. Kathlyne joined him there and,

after she had walked from the airport to the hotel and emptied the ocean out of her suitcase (that's another story for another time), and they had greeted each other mightily (that's another story, too, but you're not going to hear it!), they began a week-long residential training program for the Department of Mental Health and the Royal College of Psychiatrists. When they entered the meeting room, the 30 people they had expected to have had somehow become 110. It was a small, intimate group and lots of learning took place. The head of the Department of Mental Health (who feted them with dinner and traditional Thai dancing) decreed that 10 chosen Thai professionals would become trained well enough in the Satir Model that they would then train *all* of the mental health professionals in the country. John and Kathlyne were happy!

They came home together and rested (in between many clients and family visits and loads of laundry) for one week before they, again, packed their bags and took off (eh!).

Next stop, Prague, Czech Republic. They were driven in a tiny car by two adults (not tiny) for several hours to a pension in

a tiny town where they began a week-long residential training program for therapists (not tiny) new to the Satir's Systemic Brief etc. way of doing things. This was the 4th year of a 4 year commitment to the Czech & Slovak Satir Institutes to train them to train and supervise others. The core group had the opportunity to supervise a triad (13 supervisors for 13 triads) and much fun (and learning) was had by all.

At the end of the week, J & K caught the Chatanooga Choo Choo to Budapest. After much border hopping and passport examining, they arrived in Hungary and found themselves in Pest, the flat side of the Danube. Their luxurious (tongue firmly in cheek) Russian hotel was in Buda, the hilly side of the Danube, so they had a scenic tour right away. Budapest was the host for the European Family Therapy Association 2001 Conference, and there were many therapists from far and wide (but none so wide as our duo). There was a good turn out of Satir therapists represented - 3 from Czech Rep., 3 from Slovakia, Walter Zhand from California, and our own Beth Lisson and John Riopka

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Parachuting Into a Whole New World... and discovering it is not that "new" after all!

It has been 10 days now since I returned from the International Intensive Residential Therapist training held in Hong Kong and sponsored by the Hong Kong Satir Center of Human Development. I am fairly reeling from the impact of this experience and want to share my excitement with all of you about all that I learned and how I grew through the experience.

There were 29 people in the training, not counting the interns and instructors, and they

hailed from Taiwan, Hong Kong, Singapore, and Canada! Paulline Mullaney and myself were fortunate enough to be selected to be the Canadian contingent and I think it is safe to say that we were both forever changed by the experience.

We were hosted at the Hong Kong Center of Education, about an hour and a half from Hong Kong, deep into the New Territories. It sits high on a hill with majestic views all around

and houses thousands of students in various disciplines. We were housed in the faculty quarters which were spacious and very comfortable; Pauline and I shared a pod of flats with Wai Yee, one of the Singapore therapists.

I felt literally like I was "parachuted in" because I flew all by myself to Hong Kong and then found my way to the Institute, arriving in blistering hot weather and amongst the confusion of throngs of people

packed into the airport and appearing to all know their way. I felt very out of place and scared, but also excited and determined that I could find my way - not only through the airport to the training, but also through the whole experience which initially appeared very strange and foreign. It is one thing to complete advanced residential training amongst many friends and acquaintances from our local Satir commu-

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Advertising and Classified Ads in the *Wisdom Box*

The Wisdom Box is now accepting classified ads and regular advertising. Here is our policy.

Advertising is welcome. The *Satir Institute of the Pacific* reserves the right to reject advertisements which do not meet the general purpose of the organization. Send all copies, payments and inquiries to the Editor. A cheque payable to the *Satir Institute of the Pacific* must accompany your copy.

Display advertising rates:

- ♦ Full page— \$50
- ♦ Half page— \$25
- ♦ Quarter page— \$12

Classified advertising:

The cost for professional related items such as office rentals, items for sale, equipment needs, supervision etc. for up to 3 lines are free for members and \$1 per line for others.

If possible, please forward arti-

cles and advertisements via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at the address listed below.

Attention Advertisers:

The *Wisdom Box* is published four times per year. Summer, Fall, Winter and Spring. For those interested in advertising Winter/Spring events and programs, the next deadline for

submission is: February 15/02.

Please submit any articles, ideas, gossip, poems or anything else to the Editor.

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New Members

A warm welcome to the following new member of the *Satir Institute of the Pacific*:

Clinical—
Gilles Beaudry
Helen Stolte

Professional—
Katharine Carol
Mary Marlow
Beryl Woodrow

Affiliate—
Colleen Murphy

Reminder to Professional and Clinical members:

You are required to show evidence of at least 60 hours of relevant continuing education over each three year period of membership.

Reminders will be sent out shortly to applicable members.



For information and membership applications contact:

Tim Head
Co-ordinator of
Membership Services
604.535.6168

News Around the Institute

Congratulations to **Wendy Lum** and **Bernie Neufeld** for their June wedding and recent move to Reno, Nevada. Living in Sin City seems to agree with them, as they can't seem to wipe the silly grins off of their faces. Or is it just living with each other?

Congratulations, too, to **Dara Rosenzweig** and Laurence Cohen on the birth of their daughter, Zoe. She is a charmer and looks just like her mama.

While we're on the subject of congratulations, we will also send out best to **Deborah Fish** who recently relocated to Ottawa. She is settling in nicely to a new home and job and getting

acquainted with the Ottawa Satir group. Now, if she'd just start doing some work on Parliament Hill . . .

And, speaking of life changes, congratulations to **Michael Callaghan** on his recent retirement. He and Renata returned in July from an extended trip to rediscover their roots in England and Germany (and meet each other's families). Between learning German, fighting nasty developers, and helping to care for grandchildren, he seems to be busier than ever since their return.

With the loss of **Bonnie Mason** (now full time private practice),

Sandy Ang (working on her Master's) and **Wendy Lum** (see above), Burnaby Youth Services could have lost its Satir momentum. Good thing that **Sue Dory** is at the helm! Congratulations, Sue!

If you see **Bruce Cullen**, you might wonder about the far-away, peaceful look on his face. It seems Captain Bruce spends more time on the briny deep in his new sailboat than he does in the office these days. I wonder if he'd give lessons to the rest of us on setting priorities.

The good news about **Karin Tschanz** is that we are not

going to lose her sunny presence after all. The plans to move back to Ontario have changed and she is staying right here in BC where we need all the sunshine we can get!

Anne Morrison and **Pauline Mullaney** took the risk to travel halfway around the world to do a week-long Satir residential program in Hong Kong. After dreaming in Chinese for the first couple of weeks after their return, they now report that their lives (and their therapy practice) have been permanently changed. The human experience really is universal and transcends cultures and differences!

Parachuting Into a Whole New World... cont. By- Anne Morrison

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nity; it is quite another thing to be "dropped into" a community of many local communities from Asia! As I unpacked and found my way to registration and then to a small dinner with the folks from Singapore and some of the registration staff, I was very aware of language and cultural differences – I did not know what any of the food was, I still do not know how to use chop sticks, and I was reeling from the heat and humidity. I decided the one thing I did know was my own sense of self, and to just relax and go with the flow – the pieces would come together eventually and of course everyone was very helpful and welcoming as they explained what our dinner was and helped me find my way back to my room.

Similarly, as we settled into the first class, I looked around and felt like a distinct minority; at least I was the only red head in the group and I felt like everyone must know everyone and everything! But then, as John and Kathlyne, opened up the training, I relaxed into the awareness that we were all forming a brand new international learning community, that no one had the "upper edge", that we each had some precious gifts to offer, and that we would be building beautiful bridges of new understandings and bonds as we progressed together. I therefore took the plunge and volunteered to be the first person to be processed through my Family Map – right in front of everyone! I decided they did not know me anyway so they might as well see "the real Anne" from the start and what a gift that was for me. That experience helped me include 4 different significant people and events that I had never before put onto any of my maps – totally out of my awareness – I emerged with a whole new compassion for everyone on my map and much freer of

negative impacts that had blocked my ability to move more freely in the past.

Sharing myself that way set the stage to realize that each piece of our training began the same way – with nervousness (do I know ANYTHING?), brief encounters with old insecurities (what if I really do not know anything?), and then relaxation into just "being" so that I could be fully present for our learnings and applications during class and in our triad work. It was not long before I realized that we actually have far more in common than appearances might have at first suggested: very quickly we witnessed common yearnings, our mutual zeal for the Satir Model, common struggles, and triumphant transformations as we shared our truth and completed therapy with one another.

It was profound! I could feel myself slipping into a new "being" – at one with everyone in the room and very at home with people who spoke very different languages. One evening we had a fabulous sing a long – 2 out of about 30 songs were in Canadian – but we did not need the translation to feel the common symbolism and beauty of life together. One song about the moon was particularly touching and Marie, one of the Hong Kong interns, so beautifully interpreted it for Pauline and I – quietly and reverently as the Chinese lyrics flowed; we ended our week in a circle with that same song being sung all around us. I will always treasure that connection!

And John and Kathlyne always laugh at this, but every time I experience their teaching I think it is the first time I have heard it taught so clearly and creatively! I know that their teaching always deepens but I also know that I am at a brand- new place

every time I experience the teaching. And it is so rich! I did come away with a renewed commitment to work on examining the spirituality which pervades every layer of the iceberg, as well as being such a resource for the Self. I also really appreciated their additional teaching about an additional layer of the Stages of Change; the fourth stage now details "Transformation and Making Changes" and it grounds the whole model. One of my learning goals was to become more fluid with the Parts Party Model that Kathlyne has created and I definitely learned many new ways I can conduct this more thoroughly with clients. And Kathlyne's latest work on detailing the importance of transforming the negative impact (not changing the rule to a guideline) of a Family Rule is profound. I also felt like I learned "couple's therapy" for the first time!



Above and beyond the curriculum, were all the learnings from the practice we had in class and with our triads. My triad experience with two lovely women from Singapore was very rich. I was able to complete important personal work that had remained unfinished, as well as see my resources as a therapist and observer, but also additional ways I can enhance my congruence in these roles.

So I returned home feeling very complete and very privileged to have been a part of this wonderful international community. I made many rich associations with so many of our classmates, exchanged materials with several, and am sure our connections will continue through the years. After our training was over and everyone had said their good-byes, Pauline and I moved into Hong Kong for 3 more days. While

we were there, at least 5 of our classmates looked us up and continued to show us the ropes in bargaining at night markets, or making our way around exotic food places. They delighted in helping us to feel at home and we certainly look forward to future opportunities to offer our Vancouver hospitality to them in return!

So yes, I felt "parachuted in" to this international residential training community, but I emerged feeling one with the universe and not at all a "foreign element."! Much more than that, I felt embraced and transformed by experiencing first- hand the universality of our Model and our life journeys – so touched by people risking and sharing and growing together across the universe. And coming home, I brought with me my new courage to enter into the client's world at a new depth and be much more fully present for people to experience their deepest parts. One example is that because of witnessing a profound session that John had had with a man trapped by night terrors I have dropped my previous walls which would have kept me trying to protect my client's from their deepest fears. Now I am much more able to allow my clients to experience their fears and transform them without me getting in the way!

A huge thank you to the Board of Directors for their assistance in making all of this possible. As Chair of Membership Services for our Satir Institute of the Pacific, my vision and hope is to create ways for all of us to continue to share our experiences and help to spread the "Satir Way" through our lives and work together in many settings here and abroad. I look forward to hearing from you how you would like to continue our dialogues together!

Living Peacefully in a Chaotic World By- Kathyne Maki-Banmen

There has been a lot written and said about peace, war, spirituality, revenge and the nature of man since the World Trade Center towers toppled on September 11, 2001. Most of what I've read has its focus on trying to understand the motivation for such atrocities. Most of it is focused externally on the causes of acts that create tremendous fear, insecurity and anger in people all over the world.

While it is easy to denounce the terrorist acts as acts of evil and the terrorists themselves as monsters, to do so is to ignore the opportunity to learn from my own internal world, from my own wisdom. It is important to remember that the greatest positive social movements have arisen from times of terrible upheaval and chaos. Rather than focusing on the helpless feelings of not being able to control the events in our supposedly safe world, let's focus on the one thing that we know is constant – our universality, our common Life Force, our humanity.

Virginia Satir taught us that we all (yes, ALL – even the most

wounded among us) have a Life Force which has an innate drive towards growth and evolution. She said that we are all connected through this Life Force and that it comes from a common source. This Life Force and its push towards positivity is constant. It doesn't just appear in times of calm, when we are ripe or ready for growth. It is always pushing us, even in the worst, darkest times. All of us. If we learn to pay attention and listen to it, we can hear it telling us to accept, to let go, to love, to grow.

However, if we are in a reactive place, it is difficult to hear it. Our emotions of hurt, anger, betrayal, and fear seem to be louder than that inner voice, and they tell us to protect ourselves, to run, to strike back, to punish, to hide. And we do.

But at what cost? The cost is peace. Not just peace between nations or between groups of people, but, more importantly, inner peace. The events of September 11th remind us that we can be powerless to control our outside environment, helpless to halt tragedy, victims of cruelty. They trigger our old unfin-

ished business (which we all have – no one escapes learning things which negatively impact self-esteem). So triggered, we react. This is not to say that the reactions of shock, dismay and grief were not normal. It is the natural reaction to tragedy. But what we do after the shock wears off, that is the issue at hand.

The courage we need to find is not the courage to climb aboard an airplane, but the courage to go inside and ask ourselves what we are really dealing with. What is it about me that I am struggling with? Is it possible that I am now in a place to change? What am I now ready to face, to resolve, to let go? What am I ready to transform so that I can once again live in my sacred inner Self?

It is no surprise that many of us have had clients come back to see us since September 11th after they find that past traumas have been re-triggered. They sometimes only experience generalized anxiety until the link is made between their helpless feelings then and their helpless feelings now. But, if you notice, they are not working



through the same issues that they did the first time around. Now the issues are deeper, more at their inner core, more about their relationships with themselves.

I still believe with all of the cells of my body and with all of my Being that the Universal Life Energy is still pushing me, and everyone else in the world, towards positive growth and evolution. The events of the past two months have only increased my commitment and determination to facilitate that growth in any way that I can. I am not separate from the rest of humanity. I not only have the Life Force in me, but I and every other living being are in It. We are parts of this sacred system and can impact its experience through what we give to it.

How about giving it Love? Compassion? Acceptance? Kindness? What kind of a world would that be?

For more about peace, check out the article "Peace for a new millennium" in the Articles section of our website at: www.satirpacific.org

Director of Training Report

Let's start with the news that I was reappointed at the Annual General Meeting in May to a second 3-year term as Director of Training for the Satir Institute of the Pacific. The fall started with planning three 10-day long training programs: two in Richmond and one in Victoria. The Richmond programs are going well with both programs filled to capacity. The Victoria program did not receive enough registrants at this time, but we will try again next year. A new Level I program will start in Richmond in January and we are hoping to

begin a Level I program in Kamloops in the spring.

Our special event workshop, with Dr. Kenneth Cox from NASA Space Center, will be held on June 8th, 2002, instead of the regular November time schedule.

The Suicide Prevention and Treatment Task Force is under the chairmanship of Jim Smith. As you might read elsewhere, the task force members are working on a book, after three members wrote an article that will soon be published in the

By- John Banmen

Journal of Contemporary Family Therapy.

The Substance Abuse Treatment Task Force has started its work under the triad leadership of Jim Kelly, Steve Smith and Don Potkins. More news later.

Wendy Lum, our first registrar, decided to get married and leave the city. Mindy Kollman has replaced her as registrar.

There are many ideas and plans for the future. One project that is now completed (and possibly mentioned elsewhere) is our first Training For Trainers pro-

gram. The program started with 12 members of the Satir Institute of the Pacific and two invited guests: one from Singapore and one from Winnipeg. The purpose was to develop a cadre of trainers to offer Satir Model training programs around the world for the public and for professionals. Last year, the group spent five days in residence in Victoria working on curriculum planning and program delivery. Since last year, members were required to offer some training as part of their

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Upcoming Special Event cont.

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Come hear scientist, futurist, change agent, Dr. Kenneth Cox from NASA, the Johnson Space Center speak about outer space exploration, the inner experience of astronauts and its significance and meaning for our own personal and professional inner journey and growth.

Hear Dr. Kenneth Cox discuss ways:

- ❖ To help us change our perceptions of our outer and inner space and time;
- ❖ To sustain an abiding passion for the well being of Earth;
- ❖ To get a better understanding of the interconnections of

the Cosmos;

- ❖ To develop new possibilities for self transcendence;
- ❖ To learn about the discovery, value, and meaning for humankind within the frontiers of inner, outer and under space;
- ❖ To blend the intimate frontiers of mind, body, soul, consciousness and multidimensional space.

dimensional space.

Its value and application for human growth and human transformational change in therapeutic practice will be highlighted.

Mark your calendar Saturday June 8, 2002.

John & Kathlyne's Travelogue cont.

(Continued from page 3)

from Victoria (after many adventures in other parts of Europe – which they will gladly tell you about if you were only to ask). J & K each presented workshops and attended even more workshops. The best part, though, was that there were CONCERTS – every night, a different concert. There was also a cruise down the blue Danube. J & K were very, very happy!!

Now, this time our couple came home for 2 weeks. John had some minor surgery, both saw many clients, more visits with family, more laundry, and more repacking.

Then, J & K took off into the blue, back to Hong Kong (#3). This time, the program was the International Advanced Residential Satir training program in the mountains of the New Territories (which are actually pretty ancient). There were four countries represented. Our Canadian representatives were Anne Morrison and Pauline Mullaney who took to international travel like ducks to rice paddies. It was a very exciting time – lots of good learning, lots of connections, unusual client problems, too much food and an almost typhoon (the storm that didn't happen – much to the disappointment of our Singapore friends - even though the city shut down in anticipation). No time for shopping this time (nor

for anything else), but we had a rousing sing-a-long – in Chinese.

One week at home, hovering over the washing machine, and they again were packing. This time, though, the time zone didn't change – just the beds. J & K attended the Avanta AGM at Dumas Bay (south of Seattle) and then, immediately following, led the Avanta Advanced Residential Satir training program. This time, 7 countries were represented. It was an intense, joyous week of growth and learning culminating in an evening of skits, games, songs and dancing (yes, John danced). This evening of frivolity was thanks to the creativity and manipulation of Sharon Blevins (Carl Sayles' wife), Robin Beardsley (from Ottawa) and our own Colleen Murphy (the triad that bonded forever).

Coming home for 2 weeks, then doing a 3 day follow-up program for the Training-for-Trainers program was a snap after that. Being cloistered with the Good Shepherd nuns at Rosemary Heights felt pretty good. And the training group impressed everyone with their growth and commitment.

J & K are now entering September. The calendar of events said that things were supposed to settle down. They forgot to tell John and Kathlyne about all of the work that had been

piling up over the past 5 months. So much for rest. The next 3 weeks flew by, then it was time to go again – in 2 different directions.

Kathlyne headed back south to Dumas Bay to teach a one-week residential Satir Level I training program called "Change Therapy". It was a small, intimate group (by North American standards, not Thai standards), so the participants experienced lots of personal work and growth. The events of September 11th became a big issue to work through.

John headed back to Korea to begin a 2 year on-going training program with a group of 60 people (more intimacy) who registered after the intro in May.

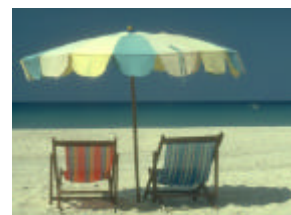
After 4 days in Seoul, he flew back to Hong Kong (# 4) to complete the 3 year group (interviews, videos of their work and examinations for their certificates – aren't you glad we don't do that here?)

Then, he was off to Taiwan to do the on-going training program in Taipei and to begin an on-going training program in Taichung focusing on trauma therapy.

Next stop, Singapore, to finish the on-going training program and do the interviews/examinations for that group. Also, to do a 2 day workshop on Grief and Loss. By the time

Kathlyne joined him there, he had lost his voice (didn't find it again until sometime after arriving home in Canada – you just can't trust those airlines with your belongings!). So, while Kathlyne did her 3 day Family Reconstruction workshop (lots of tears – theirs, not hers), John whispered his way through the oral examinations and napped when he could.

They are now home. For the present. They cancelled their workshop "Compassion Fatigue: Helping the Helper" at the International Family Therapy Association conference in Brazil so that they could focus on self-care (better to do it, not just teach it). John will fly to Ottawa later this month to begin a new on-going training program for the Ottawa Satir Center and Kathlyne will fly to Prague to lecture at Charles University and do a 5 day workshop on Grief and Loss. Shortly after they both come home, they say they will run away together to an undisclosed location to just BE together. With the ocean. And a fireplace. And, maybe, some candlelight. But they're not telling.



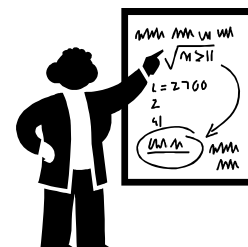
Director of Training Report cont.

(Continued from page 6)
 program completion. This year, the group met for three days in White Rock to complete the program. Many of the participants have offered and are running various programs and are busy planning new ones for the coming year.

The Board of Directors has approved a second Training For Trainers program. Hopefully, it will be held in August, 2001.

We have increased the responsibilities and involvement of the Interns for the Level I programs to give them more leadership experience and greater participation. Interns (now called Small Group Facilitators) are given the opportunity to develop and practice their teaching and group skills so that they enter the Training For Trainers program with some additional valuable leadership background and experience.

Outside of my role as Director of Training, but as part of my commitment to helping counselors and therapists to continue developing and improving their therapeutic skills using the Satir Model, I have again started three supervision groups. These groups basically meet for three hours a month to work on improving their "deeper and briefer" transformational change skills of the Satir Model.



Upcoming Programs

Satir's Systemic Brief Therapy Training Program—Level I
 John Banmen & Kathlyne Maki-Banmen
 Assisted by Anne Morrison
 January 12 & 13, February 16 & 17, April 6 & 7, May 4 & 5,
 June 1 & 2, 2002

Now Registering

For program and registration information contact:

Mindy Kolman
Registrar of Programs
 604.535.3488 or
 Registrar@satirpacific.org

Announcement:
Satir's Systemic Brief Therapy Training Program—Level II
 Kathlyne Maki-Banmen in Kamloops, BC
 April 19, 20, & 21; May 24, 25 & 26, June 13, 14, & 15,
 2002, plus a one-day Satir video training (TBA)

For more information, contact training@satirpacific.org

Don't forget to visit our website!!!
 www.satirpacific.org
 Submit ideas and content to
 Kathlyne Maki-Banmen
 Tel: 604.591.9269 or
 E-mail: kmb@satirpacific.org

Other Programs Endorsed by the Board of Directors

Family Reconstruction and Parts Party Workshop
 With Karin Tschanz in Richmond, BC
 February 1 – 3, 2002
 For more information, contact:
 604.987.8282 or ktschanz@primus.ca

AVANTA Advanced Intensive Residential Training Program
 John Banmen & Kathlyne Maki-Banmen
 Rosemary Heights Retreat Centre,
 White Rock, BC
 July 23 – 29, 2002

International Advanced Intensive Residential Training Programme
 John Banmen & Kathlyne Maki-Banmen
 Orchid Country Club, Singapore
 July 1 – 7, 2002