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## **Forgiveness as Therapy in the Satir Model**

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### **Abstract**

**Dr. John Banmen, R.Psych.** begins his clinical application with a description of many contradictory approaches to forgiveness currently being used in the field. “**Forgiveness as Therapy in the Satir Model**” differentiates the process of forgiveness from that of reconciliation with the perpetrator. He then carefully outlines how the therapist works with the internal processes of the client in a five-step process, supporting the client to become an “active agent.” Dr. Banmen welcomes your responses to this article.

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