

Summer Edition 2012-Presidents Message

President's Report to the AGM on July 9th, 2012

The strategic objectives of the Satir Institute of the Pacific are to lead the way in the training of therapists and trainers in the Satir Model and bring more contemporary recognition to the efficacy and effectiveness of the Satir Model in many countries and cultures around the world. So what has the Institute been involved with in the past year to further these strategic objectives? I will just touch on some high-lights; more details will be contained in the other reports presented in this edition of the Wisdom Box.

Training

1. **SIP Programs in BC.** Last summer SIP held three very successful residential programs, the Master Class, Level 2 & Level 1 with many international participants. In addition we held our regular Lower Mainland Level 1, 2 and 3 programs and a Level 1 on Vancouver Island. SIP was also asked to provide a Level 1 to be run specifically for the staff of the Children's Foundation in Surrey. Negotiations are underway for similar programs with agencies in the Interior.
2. **SIP members training in other countries.** The Satir Institute of the Pacific currently approves professional training offered by its members in Canada, the Czech Republic, Hong Kong, Israel, Korea, and New Zealand, the People's Republic of China, Singapore, Slovakia, Taiwan, Thailand and Turkey. A new initiative is planned for this summer in Kenya, East Africa.
3. **SIP Leadership Awards.** SIP presented its first Leadership Awards, many during the Master Class, to 14 individuals who have been the leaders in the training and development of the Satir Model in their own and other countries, mainly in Asia and Europe.
4. **Training Trainers.** This is an ongoing process at home and abroad as part of SIP's strategic objectives. We are now fortunate in BC to have developed a cadre of experienced trainers to share the training programs and respond to requests for programs from other agencies.

Publications

1. **Satir Journal.** The Satir Journal has been revived with a new editorial board, a new editor, a new book design, a more affordable price and a commitment to produce a spring issue each of the next four years. Gail Franklin was appointed as the new editor and she worked tirelessly to produce the Spring issue in time for the IFTA Congress in Vancouver. Editors of International Family Therapy Journals, present at the Congress for a special meeting, were given complimentary copies. All current and past information related to the Satir Journal is now available on the SIP website www.satirpacific.org. SIP is no longer using the website www.satirjournal.com which is registered in the name of the former editor, Dr. Steven Bentheim.
2. **DVD and Book Sales.** These are an important part of the SIP's strategy to provide high quality training and support the growth of the Satir Model. Additionally, they provide a revenue stream.
3. **SIP Website.** This is another important tool in providing information about the Satir Model, SIP as an organization, the Satir Journal, training opportunities, resources and links to other Satir Training Institutes.

Board of Directors

2012—2013

President:

Michael Callaghan

Past President:

Linda Lucas

Secretary:

Linda Lucas

Treasurer:

Teresa McLellan

Director of Training:

Dr. John Banmen

Director of Membership Services:

Mary Leslie

Director of Marketing:

Available

Wisdom Box Editor

Madeleine De Little

Members at large

Betty Conroy

Gail Franklin

Jennifer Nagel

Tricia Antoniuk

IFTA Congress in Vancouver. SIP and the Satir Model's international profile and current relevance were raised amongst attendees at the congress. SIP was a co-sponsor of the conference, provided administrative help, sponsored Florence Kaslow's attendance (IFTA's first President and a keynote speaker), hosted a reception for the principal speakers, IFTA board and staff, editors and publishers of international family therapy journals. John Banmen was one of the keynote speakers and a number of our members were selected to make presentations. Additionally SIP had a booth promoting the Institute, the Satir Journal and other publications.

Membership Services

1. Clinical Evenings. As an experiment the format has been changed from a face to face meeting to add a conference call environment to extend the opportunity to participate to all our members across the province.

2. The Wisdom Box. SIP is the only Institute to have a regular newsletter, four times a year, as a means of communicating not only with our members but also other Institutes and partners.

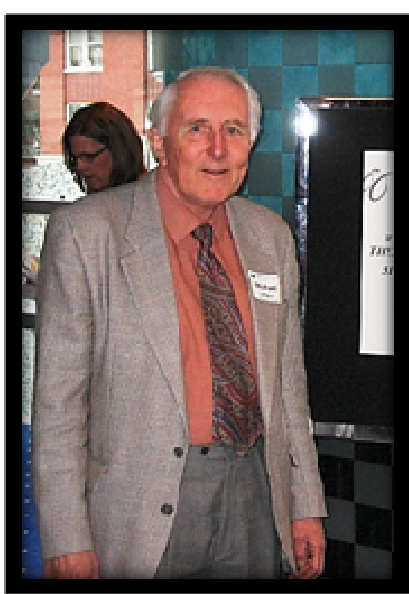
Library & Resource Centre. The library remains an under utilized resource and the long term plan is to move it to our offices and build a more substantial collection of Satir articles, materials etc. or where they may be obtained. Our director of Research Dr. Barbara Burns has a student who is collecting this material.

Finance and Administration.

1. Finance. The Board is reaping the benefits of monthly financial reports from the computerized system and the splitting of the book-keeping and treasurer duties. The operating finances are in good shape and there are prudent reserves.

Administration. The value of having paid office staff continues to provide the Institute with a professional and responsive image to the public, our members and others worldwide. Cindi's hours have been increased from 20 to 24 a week to cope with the increase in workload.

All members have contributed to the success and growth of the Institute in the past year by paying their dues, attending training events, fireside chats, clinical evenings, being members of committees and helping out in numerous ways. The Board, members of the Training directorate, the Membership Committee and the Satir Journal Editorial Board and for keeping every thing together, Cindi Mueller have played significant roles in this success and growth. My thanks go out to all of you for participating and being members of the Institute. I would also like to thank the membership for the opportunity to serve as President for ten of the last fourteen years, including the last three.



Michael Callaghan
President, SIP

Todd Clarke Unsung Hero Award

And this years winner is———

Madeleine De Little.



Madeleine DeLittle has been chosen as the Unsung Hero for this year, an award given in memory of Todd Clark, who died a few years ago of cancer after a very active period of volunteering for and contributing in many ways to SIP.

Madeleine has made a tremendous contribution through her hard work and excellent editorial renderings on the Wisdom Box. There are many other ways in which she has contributed generously. For example, for our sales table at IFTA she loaded up her van to the hilt and drove the piles of boxes to the Wall Centre, unloaded them all, reloaded what was left and returned them all after the conference to the Satir Office. Her sense of humor and cheeriness are ever present and are so appreciated.

Ps Thank you to the board for bestowing this honor on me. mdl

May 26th 2012 A.G. M

Madeleine De little did a wonderful presentation of her work of transformation in the Sand Tray. For a full hour she took us through the five essential elements of the Satir model and what they look like in the sand tray. She also showed us some videos of children at work. Madeleine has since gone on this summer to teach again in the Czech Republic and Slovakia including a new workshop for participants not familiar with the Satir Model.



Here is the sand tray created individually by members at the first AGM

Unfortunately we did not get a quorum at the Agm on May 26th and it was held again on July 9th 2012 at Rosemary Heights. (see page for the minutes of the AGM)

The Satir model goes to Africa

This summer I had the most wonderful opportunity to present a two-day Introductory workshop on the Satir Transformational Systemic Therapy Model in Nairobi, Kenya. This was highly significant in that it was the first time the Satir Model has been presented in any country in Africa! Fifty-three participants attended and these included university professors, heads of counselling departments, students, clergy, private practitioners and members of various counselling centers, and a counsellor from Doctors Without Borders. Here is a quote from the letter that was given to me upon leaving the Pan Africa Christian University. This letter is from Anne Wambugu, Head of the Counselling Department and Professor Lillian Wahome, DVC of Academics:

“A lot of positive remarks have been made on how your facilitation impacted the participants. As you return to BC, Canada, you leave your memories not only with the Kenyans whom you trained in the last two days, but also to other participants from Sudan, Rwanda and India who were also in attendance.....The seminar was very experiential and thought-provoking. It provided a safe place for each of the participants. We do hope that you could come back in the near future to continue what you have started. PACU management will do the best it could to enhance the relationship that has just been born....We look forward to our continued communication and greater connection.”

The university is hoping to offer the full 10 day Level I program sometime next year and I am so excited about the impacts that the Satir Model will have in Kenya initially, and throughout the continent of Africa in the future.

Jennifer Nagel.



Director of Membership Report
Satir Institute of the Pacific
Annual General Meeting, Saturday, May 26th, 2012
Mary Leslie, Director of Membership

1) Membership

There appears to be an increase in membership among those registering for our programs as they call to register for their first program, mostly in the community category. This has been encouraging and seems to be a more effective way to bring folks in, as opposed to the Levels Courses, where the incentive, once they have paid their fees, may be less.

To date, our current membership is 156 members. This year we have added 50 new members, 21 community members, 16 affiliate members, 10 professional members and 3 clinical members. We have 27 lapsed members, and will be following up with each of them personally in the weeks to come.

2). Clinical Evenings

This year's clinical evenings were done by telephone conference calls for the first time, as an attempt to reach our membership in outlying areas. The first on February 23rd, 2012 was held at Phoenix Centre with 7 participants in person, and 12 accessing by phone. Madeleine DeLittle presented on "Satir in the Sand Tray". A second telephone clinical evening was held on May 1st, 2012, by telephone only. Klaus Klein presented "Working with Teens and Parents Using the Satir Model" with 15 participants, reaching as far afield as Cranbrook and Fernie. The feedback from both programs indicated a very positive response and a strong vote for more of these from those further away, especially. We are in the process of scheduling two more clinical evenings this fall, and John Banmen has agreed to be a presenter for one of those. We would like to find a way to do these in a web-based format, especially for John's presentation. Clinical evenings are for those who have taken Satir Courses. There has been discussion about holding special information evenings that we could broadcast further and use as a way to recruit folks to our Levels courses as well as increase our profile and membership in future.

3). Fireside Chats

Hats off to Madeleine DeLittle who held all of the Fireside Chats that happened throughout the province this year at her place, I believe 4-5 in all. These have been warmly received with 5-8 in attendance and reports indicate there was a very supportive and appreciative tone to their evenings. I did try to encourage fireside chats around the telephone clinical evenings in outlying areas, but none have materialized yet. It is hoped this may improve with the advent of our membership committee this month.

4) Wisdom Box

Madeleine has continued her fine renderings of the Wisdom Box. There was lots of material for these this year, given the Masters Class last summer and the IFTA Conference in March. Both of these kept her full to overflowing with material.

5) New Membership Committee

At the fall Board retreat we discussed having a membership committee of folks from outlying areas throughout the province, especially in the communities where we teach. At present we have 4 members of our committee, one from Victoria, Nanaimo, Kamloops and Vancouver.

Our first meeting will be held Monday, May 28th by teleconference. It is hoped this will serve as a bridge to further away members, but also enable us to have closer contact with new members, to assess their strengths, invite them to volunteer, and provide a vehicle for feedback to the board.

It is also hoped they could help with advertising and recruiting for our programs as well and help to encourage more fireside chats. It is hoped we might add members from other countries in future, but felt we needed to start small for this year.

6. Membership List

Cindi has completed a membership inventory with email addresses of our members, far and wide, earlier this year. She is in the process of updating it to reflect changes in the last 6 months.

This has been a huge job, and has been very helpful to myself, and in time, we hope to our membership as well. We hope it can help us establish fireside chats, community by community.

7. Unsung Hero Award

Madeleine DeLittle has been chosen as the Unsung Hero for this year, an award given in memory of Todd Clark, who died a few years ago of cancer after a very active period of volunteering for and contributing in many ways to SIP.

Madeleine has made a tremendous contribution through her hard work and excellent editorial renderings on the Wisdom Box. There are many other ways in which she has contributed generously. For example, for our sales table at IFTA she loaded up her van to the hilt and drove the piles of boxes to the Wall Centre, unloaded them all, reloaded what was left and returned them all after the conference to the Satir Office. Her sense of humour and cheeriness are ever present and are so appreciated.

8. Library

We have discussed bringing the library to the main Satir Office and Cindi, with the help of Betty, has been preparing our extra room, formerly used mostly for storage, into a resource space. Now that the IFTA conference is behind us, we are hoping there will be time to focus on this transition more fully in the next few months.

Plans for the next year

To focus on developing more fireside chats throughout the province.

**To continue to offer Clinical Evenings several times a year, with teleconferencing
Or web based technology.**

To expand our membership committee, geographically and functionally.

To work towards engaging our membership more in committees and in volunteering opportunities.

To hold video days in a variety of communities of our DVD's and of Virginia's DVD's.

To move our library resources into the main Satir Centers' resource room.

In closing, I wish to thank Cindi Mueller, our admin assistant, especially, for her tremendous support this year with membership matters. She is the line of first "defense" on our telephone, and her enthusiasm and wonderful people skills go a long way to present a very welcoming face for our organization to our membership and the public seeking information about us. Thanks so much, Cindi.

Mary Leslie

Director of Membership

A Couple's Dance

By Dr. John Banmen

When taking the survival stances into a couple's "communication" pattern and looking at them as a dance, numerous learning's surface quickly. I was asked to record the steps to encourage other trainers and Satir therapists to use this exercise with their participants or clients. Satir called this a ballet. China likes to call it a couple's dance.

For a workshop procedure, here are the steps to follow:

Select a married STAR, who then selects a "mate" and role player.

1. Have them face each other, reaching out towards each other in a congruent way. Here the STAR remembers, physically and experientially, the times this happened in his/her marriage. Anchor the experience.
2. Now ask the STAR in the relationship when some differences trigger survival responses.
3. Who reacts first, with what obvious or more hidden stance? Sculpt it.
4. How does the mate react? Sculpt it.
5. Who moves next? Sculpt it.
6. Who moves next? Sculpt it. And so on. Sometimes all stances get involved
7. Now have the STAR show who makes up first. Sculpt it.
8. How does the mate respond? Sculpt it.
9. End the sculpt with a congruent connection like it started above.
10. Now that a visual pattern is established, hopefully recorded on a flipchart, do the whole routine again in slow motion to experience the sequence more consciously.
11. For the third time practice, have the STAR share his/her inner experience at each sculpt and connect the reaction with the yearnings of the STAR and the role-player mate's experience.
12. Now look at what changes the STAR is willing and ready to make. Have the STAR make the changes within the iceberg.

After debriefing my demonstration, I often have the participants do the same practice under the direction of trained facilitators. Results? Try it.

SATIR INSTITUTE OF THE PACIFIC

**Annual General Meeting
May 26, 2012**

Advisory Board Committee Report

The following people have accepted a three year term on the Advisory Board for the Satir Institute of the Pacific. The Advisory Board for 2010 – 2012 consists of:

Dr. Kwala Abu-Baker, Israel
Dr. Somrak Choovanich, Thailand
Dr. Hwang Kyung-Aie, Korea
Dr. William Nichols, U.S.A.
Dr. Marilyn Peers, Canada
Dr. Hilda Richards, U.S.A.
Dr. Jeffrey Zeig, U.S.A.

The Advisory Board members are to receive the following information:

1. All minutes of meetings of the Board of Directors of the Satir Institute of the Pacific
 2. All program brochures and notices
 3. All publications of the Wisdom Box
 4. Any other notices or correspondence that we send to the membership of the Satir Institute of the Pacific
- Any correspondence that the Board of Directors deems useful and/or necessary to send to the Advisory Board for their information so that they can give us feedback or advise us.

RECOMMENDATIONS:

The Board of Directors instruct the Director of Membership Services and the Director of Training to ensure that the above publications, brochures, notices and correspondence are sent to the members of the Advisory Board by the Secretary, the Registrar of Programs, the Editor of the Wisdom Box, and anyone else who sends information to the members at large.

The advisory Board be sent, free of charge, some of the past issues of The Satir Journal.

The Board of Directors inform the Advisory Board directly of any new initiatives or plans for the Satir Institute of the Pacific and ask for their input.

Kathlyne Maki-Banmen, Chair
Advisory Board Committee
May 26, 2012

Presentation at the AGM

Where Words Can't Reach

Transformational change in the sand tray, using the Satir Transformational Systemic Therapeutic Model

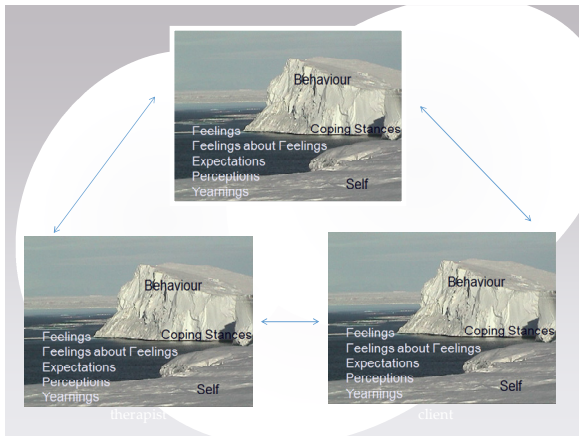
Trying to explain my work in one hour is no easy task. It has taken me years to develop this way of working using the Satir model in the sand tray. A simplified way of seeing it is think of the figurines as having icebergs. Process questions are asked of the figurines internal world and changes are made in the sand tray. These changes are then experienced and internalized by the client and bring about lasting positively directional transformation. The diagram on the left shows how the therapist is working through the

clients own Intrapsychic and interpsychic world all at the same time through the choice and positioning of figurines in the sand tray. I have found that by asking a client to "just make a picture" of what is going on for them, elicits images that they have never brought to a conscious level. Creating pictures in the sand tray, accesses non conscious images from the right hand limbic system of the right brain and very often allows the client to see the problem in a different way than by just talking about it. The client is able to move the figurines around to create new possibilities of seeing and being. These implicit images are brought into the external consciousness and it is the role of the therapist to help the client find the words to the new awareness. These images are looked at and questions are asked through the lens of the Iceberg of the Satir Model. Changes are made in the sand tray and then experienced and anchored.

The majority of the children I see know that they need connection but they have become separated from a sense of safety and they are left feeling scared and alone like the blue elephant above.

Through divorce, trauma, loss of safety, children try everything they can to keep connected. Gordon Neufeld says that anxiety is the warning system that the child is feeling un attached from the safety provided by others and context. So according to the Satir model when under stress they will use one or two of the coping stances to attempt to reduce their anxiety and attempt to meet the need to connect and become re-attached to a sense of safety. The way that I have found to this to facilitate the connection is to allow the child to create safe situations in their play in the sand tray so that they in turn can experience the newly created secure attachment intrapsychically and ultimately interpsychically.

Madeleine De Little



Satir Institute of the Pacific

Annual General Meeting 26May12

Editor's report

I wish first to offer my thanks to Dr. Steve Bentheim for his years of dedicated work in conceiving and creating the *Satir Journal*, and in maintaining its academic standards.

In 2011 a new Editorial Board was created to distribute the *Journal's* production and decisional load. The Board's current members are Ian Verseveldt, Mary Leslie and Michael Callaghan, with John Banmen as Editor in Chief. I was invited to sit as editor, and I do so as a volunteer.

We published Volume 5 No. 1 of *The Satir Journal: Satir Transformational Systemic Therapy* in March 2012, and launched it at the International Family Therapy Association conference in Vancouver. We've had many compliments on the Journal's new look, and encouragement from several senior editors attending the conference.

We printed 250 copies, and distributed about a third as complimentary copies to IFTA and other promotional allies. The balance of this issue is being offered at \$15 each, in hard copy or on line. Single articles are also available through the SIP website.

The Editorial Board is now developing a marketing strategy that will increase our reach and impact in publishing for Satir practitioners and professionals. One of our sources of information is EBSCO Publishers, through whom we publish the *Journal* on line to universities and other institutions. We have several years of EBSCO's download records, and are analyzing the "hits" to help us identify specific universities and other frequent users.

At the next meeting of the Editorial Board I will present my review of a marketing strategy proposed by Shannon Long in 2009. Together we will identify and plan action to exploit promotional opportunities and develop strategic allies.

Publishing plans

The Editorial Board has decided for the time being to concentrate on producing one issue of the *Journal* per year. I am soliciting papers now for Volume 6, 2013. I have already received two papers for consideration, so I'm looking forward to a bumper crop of strong papers from local and international writers. We especially welcome articles that demonstrate the efficacy and accessibility of the Satir model, and its use in related disciplines or therapeutic approaches.

If you have an idea for a paper that you'd like to write, please contact me at:
editor@satirpacific.org to discuss your proposal. I'll be happy to help you develop it!

— Gail Franklin, editor

Satir Institute of the Pacific ANNUAL GENERAL MEETING

July 9th, 2012 – 7:00 PM TO 9:00 PM

Rosemary Heights Retreat Centre - 3690 – 152nd Street, Surrey, BC

Present: Jim Weibelzahl, Kate Parkinson, Neva Goquingco, Tricia Antoniuk, Jennifer Nagel, Mary Leslie, Bradley Saunders, John Banmen, Richard Lin, Michael Callaghan, Cindi Mueller.

Late Arrivals: Robin Beardsley, Klaus Klein, Linda Lucas and Kathyline Maki-Banmen

Apologies Received: Martin Bartel, Denise Wynne, Colleen Murphy, Rick Miners, Wendy Lum, Sharon Jackson, Marie Lam, Clare Stedman, Pauline Chan, Anne Morrison, Steven Buckbee, Teresa McLellan, Susanna Wong Ip, Madeleine DeLittle

AGM Agenda

Welcome – Michael discussed the implications of the lack of quorum and the difficulty of finding a third date for the AGM before the end of August. It was decided to go ahead with the AGM

Minutes of 2011 AGM - *Jennifer Nagel **motioned** to accept the minutes. **CARRIED***

President's Report – Michael Callaghan pointed out the highlights of his report being the leadership awards, the IFTA conference and working with the board and Cindi. *Gail **motioned** to accept the report. **CARRIED***

Treasurer's Report – Michael pointed out that in the 2011/2012 fiscal year we did quite well with the 3 summer programs allowing us to have a profit. It was noted that non-profit organizations can have a profit. *Gail **motioned** to accept Teresa's report. **CARRIED***

Director of Training Report – John Banmen went over his report and noted that we have more new trainers training all over the world. *Bradley Saunders **motioned** to accept the DOT report. **CARRIED***

Research Committee Report - John Banmen indicated that we have a director of Research with Barbara Burns. At this time there is no report.

Director of Membership Report – Mary Leslie indicated that we have more new members than ever before with many community members joining as they start the Level 1 program. She is hoping that this will allow them to become more involved in the Institute from the very beginning. Other highlights were the clinical evening now being offered by teleconference call and she is still working on getting more area fireside chats. Mary is also working on getting each area more involved on an area basis. Hopes to work on the International members in the next year. *John Banmen **motioned** to accept the membership report. **CARRIED***

Advisory Board Report – *Tricia Antoniuk **motioned** to accept the Advisory Report as presented. **CARRIED***

Satir Journal Report – Gail Franklin presented her report and indicated that she will be working on one issue for 2013. There will be no specific deadline like this last year for the IFTA conference. Mary Leslie motioned to accept the report. **CARRIED**

Special Resolutions:

To change the wording of by-law 26 by replacing the words ‘a second and third year’ by ‘further terms’. The new by-law will read as follows: **The President is elected at the annual general meeting by the general membership, for a one year term, with option to serve further terms, if re-elected.** *(proposed by Linda Lucas & Teresa McLellan)*

Discussion re having someone shadow specific positions like President, Secretary and Treasurer to help with the continuing movement of these tasks for the Institute. *John Banmen motioned to accept the change to by-law 26 as read. 1 Abstained, 10 Yes.* **CARRIED**

To change the wording of by-law 27 which currently reads “The secretary and treasurer are annually elected following the annual general meeting by the new board of directors from members of the board of directors. The secretary and treasurer may serve three consecutive terms.” The new by-law would read as follows: **The secretary and treasurer are elected following the annual general meeting by the new board of directors from members of the board of directors for a one year term, with the option to serve further terms if re-elected.”**

Michael Callaghan motioned to accept the change to by-law 27 as read above. **CARRIED**

To change the wording of by-law 48 by replacing the word ‘March’ by ‘December’. The new by-law will read as follows: **The fiscal year of the Institute shall end on the 31st day of December** *(proposed by the executive: Michael Callaghan, Linda Lucas and Teresa McLellan)*

Discussion was that this change would allow the AGM to be held sooner in the new year so that we did not have our AGM fall into the summer months. Also this would put us in line with our membership dues billing which also ends December 31st. *Michael motioned to accept the change to by law 48 as read.* **CARRIED**

Nominating Committee Report and Board Elections – There are 3, 3 year terms and 1, 2 year term available. Gail Franklin, Betty Conroy and Linda Lucas have put forth their names for the 3 year terms and Tricia Antoniuk has put her name forward for the 2 year position. Accepted.

Election of President - *John Banmen motioned to elect Michael Callaghan as president subject to the ratification of the bylaws being registered with the society act.* **CARRIED**

Motion to destroy ballots (if required) – not required

Close – Before closing Michael made the announcement that SIP is looking at holding a Satir World Conference in celebration of Virginia’s 100th year since birth in 2016. There was general discussion about the amount of work entailed and the need for all members to be involved and make a contribution. Kate Parkinson indicated that from past conference organization she would recommend that you put this out to the membership and that without 60% commitment from the members you don’t go forward. Board will look at a planning day so that we can have a plan to present to members.

Kate Parkinson motioned to adjourn meeting. **CARRIED**

Master Class July 14th-21st 2013

Dear Madeleine, Wisdom Box Editor

This is an announcement not an invitation yet. The Satir Model residential Master Class II will be held during July, 2013 probably at Rosemary Heights, Surrey, BC, Canada. The theme is "Limitless Within Limits". I plan to study and meditate in India from December 2012 to March 2013 for a three month period. It will help me prepare myself to utilize the Satir Model in a deeper form than I've done before. I hope to send out invitations by the end of November 2012. Class I Masters will be given priority. So, save your time and money for this opportunity to grow with me at the MASTER CLASS II in July 2013.

John Banmen,

Director of Training

Satir Institute of the Pacific.

Welcome to these New Members of SIP!!!

Barry Ip—Affiliate, Vancouver
Caroline Bradfield—Community, Cumberland
Linda Dom—Community, Vancouver
Gwen Gingerich—Affiliate, Gibson
Carolyn Goossen—Affiliate, Abbotsford
Sharon Jackson—Affiliate, West Vancouver
Tim Koh—Affiliate, Burnaby
Paul Lewis—Community, Coquitlam
Joshua Lockhart—Community, Kimberly
Kathy Moodie—Affiliate, Abbotsford
Joani Mortenson—Affiliate, Surrey



Donna Neil—Affiliate, Kimberly
Marianne Ostopovich, Victoria
Payden Spowart—Community, Victoria
Clare Stedman—Affiliate, North Vancouver
Liz Wiebe—Community, Langley

STST Level 3 Workshop The Stances, The Brain and Satir in the 21st Century

**October 13, 14, 2012 9:00 am to 5:00 pm
at Phoenix Center 13686-94A Avenue, Surrey, BC**

Join Colleen Murphy, M ED. RCC, for an introductory experiential examination of the Stances and interpersonal neurobiology. This exploration will help inform how we understand ourselves, and our clinical work within the Satir model.

The two days will be a combination of didactic and experiential processes aimed at exploration and integration of current understanding of brain function, the neurobiological origins and duration of the Stances, and the process of change and transformation. Implicit and explicit memory, integration of right/left modalities of the brain as well as vertical integration will be central in our shared investigation.

The Stances are deeply held survival behaviours that may have their origin in implicit early memory held in the right hemisphere of the brain. Likely developed and reinforced very early in development, they can be largely inaccessible to conscious effort and so difficult to change. Implicit memory may be accessed through body experience which is what Satir knew when she manifested the Stances in body position. Surfacing the Stances in this way makes them available for processing with the left, logical hemisphere and with the higher function of the frontal cortex. With this vertical and horizontal integration individuals are more able to take advantage of all their capacities to initiate change and move toward more congruent ways of being and living in the world.

Early Bird Rates to Sept 14, 2012 SIP Members \$200.00 Non Members \$225.00

After September 14, 2012 SIP Members \$225.00 Non Members \$250.00

For more information and registration contact: Cindi Mueller, Administrator, Satir Institute of the Pacific
604-634-0572
admin@satirpacific.org

The Next Fireside Chat will be
on
Wednesday October 10th 2012
Madeleine's House at 23253 Francis Ave,
Fort Langley, BC.

Email Madeleine if
you are coming.



fort.playroom@shaw.ca
604 626 9671

Clinical Evening

“Developing the Satir Model for the Future”

With Dr. John Banmen, R. Psych, RMFT

Director of Training for Satir Institute of the Pacific

Wednesday September 19, 2012

7:00 PM to 8:30PM

Available by Teleconference Only

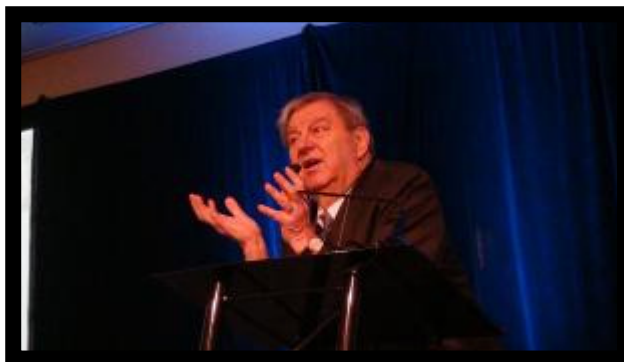
Where: By Teleconference* in your own home using a power point presentation sent to you prior to program (you will be given a toll free number to call in and a participant code to join in the teleconference – at this time available in North America Only)

Cost: \$20.00 SIP Members

\$25.00 for Non-Members

Minimum STST Level 1 Experience Required

Dr. John Banmen will explore his ideas about where the Satir Model (STST) could go during the next stage of its development. Much scientific literature is supporting Virginia Satir's more intuitive contributions. How can the present research help with the next development stage? Come and join John as he explores the future.



To Register

Using PayPal: send your name, email and evening contact phone number in a body of an email and request invoice by PayPal to: admin@satirpacific.org or call 604-634-0572.

Or by mail send information below with a cheque to:

Satir Institute of the Pacific, 13686-94A Avenue, Surrey, BC, V3V 1N1

Developing the Satir Model for the Future – Wed. September 19, 2012 7:00 – 8:30 pm

Satir Member \$20.00 _____ Non-Member \$25.00 _____

Name _____

Email _____

Evening Contact Phone Number _____

Minimum STST Level 1 Experience Required

Training Schedule for 2011 – 2012

New Programs

September 21- 23, 2012

Board Retreat

Fall 2012 **Level 1** **Surrey**

(Sept 29, 30, Oct 20, 21, Nov 17, 18, 2012, Jan 26, 27, 2013, Feb 16, 17, 2013)

Trainers: Linda Lucas & Jennifer Nagel

Additional Faculty: Kathlyne Maki-Banmen

Small Group Facilitators: Madeleine De Little, ???????????

Fall 2012 **Level 2** **Surrey**

(Sept 22, 23, Oct 27, 28, Nov 24, 25, 2012, Jan 19, 20, 2013, Feb 23, 24, 2013)

Trainers: Kathlyne Maki-Banmen & Linda Lucas

Fall 2012 **Level II** **Vancouver Island**

(January 31, February 1, 2, 28, March 1, 2, April 4, 5, 25, 26, 2013)

Trainers: Anne Morrison & Linda Lucas

October 13th and 14th 2012 **Level 3** Colleen Murphy on The Stances, the Brain and the Satir model in the 21st Century
See page 15

Clinical Evening September 19th 2012 John Banmen. See page 17

Advertisements

Supervision group meets once a month on Wednesday 11:00 to 2:00/Sept 19th next scheduled group in White Rock BC. Currently there is space for a new member, cost is \$100.00 per group per month. If you are considering becoming a Registered Marriage and Family Therapist these hours can be used towards your Clinical membership. Please contact Bonnie Mason, RCC, AAMFT Approved Supervisor either by:

e-mail bonniemason99@shaw.ca

or by phone [604-536-0733](tel:604-536-0733).

"Office Space for Rent"

I have a large office facility in downtown Langley in which I am building an assessment, counselling & wellness center. There are a few offices for rent (hourly, daily or monthly). Please email ssarrobin@shaw.ca or call 604-882-3589 and leave a message.

Susan Robin

Advertising and Classified Ads in *The Wisdom Box*

The **Wisdom Box** is now accepting classified ads and regular advertising. Here is our policy.

Advertising is welcome. The *Satir Institute of the Pacific* reserves the right to reject advertisements which do not meet the general purpose of the organization. Send all copies, payments and inquiries to the Editor. A cheque payable to the *Satir Institute of the Pacific* must accompany your copy.

Display advertising rates:

- w Full page — \$50
- w Half page — \$25
- w Quarter page — \$12

Classified advertising:

The cost for professional related items such as office rentals, items for sale, equipment needs, supervision etc. for up to 3 lines are free for members and \$1 per line for others.

If possible, please forward articles and advertisements via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at the address listed below.

Program Registration

All Satir programs can be registered for by contacting Cindi Mueller at 604-634-0572 or from our website at www.satirpacific.org

Attention Advertisers:

The *Wisdom Box* is published four times per year: Summer, Fall, Winter and Spring. the next **deadline** for submission will be **November 15th 2012**

Please submit any articles, ideas, gossip, poems or anything else to the Editor. We would love to hear from you.

Wisdom Box Production Team

Madeleine De Little—Editor

mdelittle@shaw.ca

Cindi Mueller—Distribution

admin@satirpacific.org

Membership Rates

Clinical/Professional Members—\$50.00 per year

Affiliate/Community Members—\$25.00 per year

www.satirpacific.org/membership or contact Cindi Mueller at admin@satirpacific.org

Address Change ??

If you have changed or are about to change your address or e-mail

Don't forget our website!!!

www.satirpacific.org
