



The Wisdom Box

*The Newsletter of the Satir Institute of the Pacific.
Connecting members throughout the world.*

Spring Edition 2013

The Official Newsletter of the Satir Institute of the Pacific

PRESIDENT'S REPORT TO THE SATIR INSTITUTE OF THE PACIFIC

ANNUAL GENERAL MEETING ON MARCH 16TH, 2013

It is hard to believe that this is the fifteenth annual general meeting of the Satir Institute of the Pacific and that we have been at the Phoenix Centre for six years. To ensure the organization runs smoothly we have improved our infrastructure. As of February 1st 2013, we have again renewed the lease of our office space at the Phoenix Centre for a further three years. Cindi Mueller, our administrative assistant, has also provided us with invaluable service during these six years and we look forward to many more years of working together. This year we have been able to purchase a new computer for the office, a new TV on wheels, a sound system, and a camera to enhance our training capacity. We are also in the process of working with a new accountant to ensure the Treasurer and Cindi, as bookkeeper, have access to sound professional advice. The Institute continues to manage its finances well and enjoys a healthy financial situation.

Under the guidance of Mary Leslie the Membership Directorate has made progress in developing an effective committee, using technology to give better access to Clinical evenings for our members, more Fireside chats have been planned, the library is now located at Phoenix Centre, a membership directory is available and the Wisdom Box continues to provide news of members activities here in BC and around the world.

Board Members 2013/14

President-Michael Callaghan
Secretary-Linda Lucas
Treasurer-Betty Conroy
Director of Training
John Banmen
Director of Membership
Tricia Antoniuk
Wisdom Box Editor
Madeleine De Little
Members at large
Corrinna Douglas
Gail Franklin
Rick Miners
Jennifer Nagel

The Training Directorate, under Dr. John Banmen's leadership, has continued to provide Level 1, 2 and 3 programs in the Lower Mainland and Vancouver Island. In the next six months there will be a Level 1 program in Fernie and three residential programs at Rosemary Heights attracting international participants, as well as a number of Level 3 programs. This will be a busy time for our trainers. Behind the scenes there is a mentoring program for developing new trainers and supervisors. Many of our trainers are also training in other parts of the world.

Following our successful involvement with the IFTA Congress in Vancouver in 2012, we were invited both to be a co-sponsor of the Congress and to present the Satir Family Therapy Model as part of their Intensive Family Therapy Certificate program at the Orlando Congress this February. Kathlyne Maki- Banmen agreed to make this presentation. Other members of the Institute are also participating in the Congress. We decided that it would make more sense if the Virginia Satir Global Network, as a US based organization, were invited to be a co-sponsor. They offered to distribute our program brochures at their booth at the Congress. A new issue of the Satir Journal under the Editorship of Gail Franklin is due to come out in late spring. She is always ready to discuss and assist anyone with possible articles you may be thinking of writing. I have recently looked at the stats from EBSCO whose worldwide databases in Universities and Colleges carry the Satir Journal. During just one quarter from July 1st, 2012 to September 30th, 2012 there were 772 hits on 22 articles in the Journal in 172 Universities/Colleges in 27 countries.

We are planning the Satir World Leadership Retreat in 2016 to be held at Rosemary Heights. I have been asked by the Board to be the overall Retreat Chair and Dr. Carolyn Nesbitt has kindly volunteered to be the Program Chair. Cindi Mueller has agreed to provide administrative assistance in addition to her present work for the Institute and will be given extra hours in contract. There is an initial announcement on the SIP website and more information will be shared as it becomes available.

Looking to the future of the Institute John Banmen has announced his retirement in just over 2 years in June 2015; I too will be retiring from active involvement in the running of the Institute after the Satir World Leadership Retreat in June 2016. So there are big challenges facing the Institute and younger members are invited to step forward and become involved and make a contribution to the running of your Institute. It only functions through the time, energy and commitment given to it by its members. Large or small, that needed to be done. I would also like to thank those who have supported the Institute with their more formal involvement as members of committees and the Board. Together we have had what I hope is another successful year for the Institute.

Finally, a thank you to all of you who have supported the Institute in many ways, by being members, by participating in training and membership events and by helping out with tasks,

Michael Callaghan

President

An Interview with Anne Morrison

by Madeleine De Little



How long have you been working with the Satir Model?

For about 45 years, since my first introduction

through my MSW graduate program in the mid 60's and through my career as a family counsellor and community developer.

What has been your journey to where you are now in using the Satir Model?

I discovered Dr. John Banmen in the mid 90's through a weekend workshop and knew I wanted to take all the training I could in this updated application of the Satir Model. For the next 8 years, I immersed myself in trainings with both John and Kathlyne Maki-Banmen and am deeply appreciative of their wisdom and support.

I started the SIP trainings about 1997, shortly after I formed my own company as a therapist, trainer, and community developer. There was an immediate fit with my private practice and soon I saw how it also fit with my training, organizational, and community development work. Over time, I integrated the Satir Model as the foundation to everything I did, and how I wanted to live.

I took on the trainings/supervision to become a SIP Program Leader and since 2002, have taught about 15 different Level I courses in the Lower Mainland, Fraser Valley, Okanagan, southeast BC, New Zealand, and now Vancouver Island. I also travelled to Singapore to teach various workshops on organizational change and advocacy.

A special highlight, with the assistance of Colleen Murphy, was the opportunity to teach Level I as the curriculum for the Nicola Valley Institute of Technology's First Nations BSW programme over a 4-year period. About 2008 I became an Assistant Director of Training for the Institute. In 2009, my husband and I moved back to Vancouver Island where we had previously lived for 22 years. I retired from the international travel and community development work to focus my services as therapist, trainer, and clinical supervisor (via Skype and telephone as well as in person.)

During the past 3 years, I have been building an Island team who are also passionate to spread the Model here. I appreciate all the support from Wendy Lum, Shelly Iberg, Brenda Lucas and Gail Franklin. Over the past 3 years, we have been able to run Level I trainings in Nanaimo and Victoria with a 3rd planned for northern Vancouver Island. I am also excited about the recent 10 week grief healing circle that I recently co facilitated with Lyla Harman, a Cowichan Tribes mental health worker and recent Level I graduate, as well as one of the Cowichan Elders. We hope to spread this work to more First Nations.

How has the Satir Model changed you personally?

The trainings nudged me to clear the cobwebs from my past which were clouding my ability to grow through my own positive Life Energy and forced me to face some inner demons. Today, I feel much more whole and in touch with life-giving vitality, for myself and others. I am a lot more courageous and confident, and I feel healthier from the inside out.

Continued on page 4

How do you walk the Satir Model Talk in your personal life?

My goal is to live the Satir Model: to model authenticity; to be proud of my vulnerabilities and extra sensitivities; to live more and more congruently from a place of wisdom and Love.

How has your practice evolved over the years?

I now do much deeper, more effective work with my clients, supervisees, and trainees. I can easily connect with folks I previously thought I would not be able to relate to because of my past family experiences. I have become much more creative in how I use my Self, including a love for energy work, bodywork, art therapy and flexible sculpting. I enjoy new ways to express myself, including the monthly Satir-based column I now write for our local newspaper.

What for you is the most exciting/ important part of the Satir Model?

The privilege and wonder of enabling and witnessing another person's transformations as they discover who they ARE apart from their presenting behaviors, outdated beliefs or reactive feeling traps. I am deeply moved by their energetic shifts, as, together, we experience and witness them stepping into their own Light and magnificence

Where do you go from here?

To continue to build an expanded Island Team of Satir-ites who are equally inspired to help spread the Model. To conduct more therapist training programmes and facilitate more public education offerings. To continue to reach out to First Nations communities and mentor/support the New Zealand Leadership Team.

What are your hopes and wishes for yourself/What is your purpose?

To stay tuned to my own Life Energy (physical, emotional and spiritual health) so that I can continue to be a clear vessel for transformational growth and healing. To continue to set boundaries so that I do not over expend my energy in places that do not honor me or others. To keep growing and stretching, while effectively using my Self to help others discover more healing inner peace.

What are your hopes and wishes for the Satir Institute of the Pacific?

Having been a previous Board member and Director of Membership, I have been excited to see the progress with communications, member networking, and international outreach that the Board has facilitated. I hope that someday we can have a dedicated marketing person to help us keep up and maximize electronic communications. Congratulations to all the hardworking Board members!

How to Contact Anne

Anne can be contacted, by phone: 250 324 5521, through her email: annemorrison@shaw.ca or via her website: www.annemorrison.ca.

She conducts her counselling and supervisions in person in her Chemainus, Vancouver Island home office as well as by phone and Skype to clients around the world.

Level 2 participants go out to celebrate their 10 days of learning.



John Banmen talks to members of the Satir Institute at the AGM on March 16th 2013



Here is the last part of John Banmen's talk at the AGM:

"My first big question to work on while I was there was this: Develop or create an mental image of your god that you can relate to. What did that question mean to me? I spent three days on it; what does that question mean? And then they gave me another little part, a little help. "God is all-knowing, all-pervasive, all-powerful. Can you put that in your image?" Think about that. I spent days on that.

That to me is what life is all about. Because where do you get the answers? Not in your head. There are no answers in your head; to find that creative level of awareness you have to go somewhere else.

The second question was: Who are you to yourself?

I had some real trouble with that. To give some deeper answer I had some work to do. I was so busy doing nothing all day, but I was always busy because I had these terribly wonderful questions to work with. The question became bigger: Who am I to others? And it got larger and larger, because it began to encompass my friends and family, and who I am to them. It became a very deep and exhilarating experience, rather than a problem.

But the big thing was to spend time with the question, not to rush to the answer as we do in North America. If you can, imagine the humour of it: these two messages at the same time. Every morning I would read literature (they might call it scripture). There is a school of philosophy in India that I have enjoyed that's called Advaita Vedanta. It teaches non-duality: all is one, there is nothing separate. So in the morning I would read it and try to understand non-duality. Well, you try it. If *you* are thinking about non-duality, you're already in a dual state. So what does it mean, in terms of oneness?

And at the same time, I would be hearing teachings from Swami Brahmananda, about new duality and my teacher, Swami Chidananda, that I am divine. We are all divine.

So the messages were, first, that "we" don't exist, all separateness is illusion, and nothing matters; and then Chidananda's teachings that you are divine, and you must manifest yourself as divinity in nature. So each day, I would spend my day with both of these two questions, experiencing these two ideas.

John Banmen continued



By the way, I've learned a much deeper meaning of the word "experiential". Satir was definitely on track.

The method for my own growth was the use of the chakras. These are seven energy centers in the body that govern all aspects from survival to spiritual levels.

As my personal, spiritual therapeutic work I started in the morning with first chakra with special music; and the first chakra was all about survival. Well, my childhood was all about survival. I was shot at, I escaped to three different countries, I saw hundreds of people killed in front of me; and it was all there in my memory banks, and through meditation I opened a flood of memories. I had to re-visit these. For a week or more I worked on my childhood survival of the war in Europe, when many people didn't make it.

I told Kathlyne, "Maybe I need a therapist, because this is getting to be pretty tough stuff". It was intense, but a great learning. My teacher was pleased with my ability to stick with it.

Another aspect of chakra #1 is about "deserving". Do you deserve to live? That never came up for me, but do I deserve other things – to have things, to have things for myself? I made a big shift during this time, and while I worked on this I became a lot less materialistic. If there's anything in the house, you can have it. I encountered non-attachment in the extreme: a wonderful kind of freedom.

I freed myself from the things I have around me. And I enjoyed that experience with Kathlyne, who was there with me for that.

John Banmen talks to members of the Satir Institute at the AGM on March 16th 2013

Chakra # 2 is about emotions. One of the major emotions, when you look at Chakra #1, is fear. So now I have to deal with my fear. How I do that is to suppress it. So now I'm working on my fear and my survival, and bringing them together. There was lots of stuck stuff in that.



And a second part of that chakra is about sexuality. A large part of that is about guilt. One part of me combined the sexual part with guilt. I always in my upbringing thought that sex was dirty or bad, and to confront this was a very enlightening experience.

So then I had to go back to my early childhood belief system, and revisit some perceptions and decisions about that. So that was a very hopeful action.

Chakra #3 – Is about your own identity; they sometimes call it ego. Everybody talks about ego differently, but this was about your own self-empowerment. I really needed to do some work on ego.

Chakra #4 – the heart, the love part. To move the sexual part to Chakra #4, the love part, is an unbelievably beautiful experience. The universal love, which I now have a little better understanding of, merged with the sexual energy...

And to see how the Satir model makes use of all these chakras—I hope Linda & I and some of you will be working to explore and demonstrate this better.

John Banmen continued



Chakra #5 is about truth and meaning; how different levels of information and vibration can change the perspective. I realized that your truth can be different from mine. What is true for me may not be true for you. And how can we differentiate between them and both be right? Chakra #5 is not just about communicating, but being truthful; and especially about being truthful to yourself.

And if I may be judgmental here, we're generally not very good at it. Therapeutically, psychologically, we're not very honest people. I'm not talking about me being honest with you; I'm talking about me being honest with me. I'm not doing a good job. I hope to do a much better job. In therapy what really matters is how honest you are to yourself. I need to change the emphasis on this in training. It's a very big shift. We're always concerned about being honest, keeping our promises, doing the right thing, and all that; but we don't listen inside, to what's honest for me.

Chakra #6 is your whole sense of connection through intuition. "I have a hunch or a sense": this is a very exciting part of yourself. It's not just the sense of your own inner power; it's a chance to go into an ethereal space and connect with universal knowledge. It's very powerful.

And this is where you are tempted with psychic power, which in Christian terminology the devil would tempt you with. You have to choose whether to use this power for yourself selfishly, or whether to turn away from it and work for the evolution of mankind.

Chakra #7 – This is about union with God. It's seen as the thousand-petal lotus, where you experience the union with yourself and God. And that would be enlightenment. My understanding is that you can be enlightened, but not live in an enlightened state all the time. Some of the very holy teachers in India are like that. But when you're a real saint you're enlightened all the time.

John Banmen continued

Phase 3

I'll tell you three things that were surprises to me. And I'm probably never going to be as open and vulnerable to you as I am today, so I'm going to tell you these three things.

The first thing was that I became aware of how unaware I am. It's a shocker. It almost creates shame. I'll give you an example. I listened to Schubert's music on Sunday, and I suddenly realized this beautiful thing— at one point he has the whole orchestra, the whole chorus, singing the same note. Can you imagine the power? You may never have heard it before. Then shortly after that he goes into pure harmony, and the sound spreads out ... and then it's a mass, and it goes into a minor key...it was unimaginably powerful, and I've never heard it before. I've heard that mass at least a dozen times, and I never heard that effect before .My awareness was at a new level

Another example is breathing. Now I want to be aware of my breathing all the time. Somebody told me that if you stop breathing you die. And yet I'm not aware of it most of the time. At first when I ran up the stairs at the ashram I couldn't tell when my breathing was changing. Or which nostril is dominant at this moment. When does it change? How does it change? Do you know that when one nostril is dominant you can do certain things differently during that time? When should you eat, for instance?

Another is tracking a conversation. I had a conversation—let's make this up—with Carolyn—and I wasn't aware of when she looked down and looked the other way and changed the subject. I wasn't aware of the message she was sending to me!

Are you aware of your heartbeat; are you aware of your blood flow? That was a shocker, my lack of awareness. So I've been practicing my awareness, in line at the Safeway and so on.

Number 2 is how little I know. It was a tremendous shock. I know nothing! The sense of humility, not shame, but of realizing how little I know compared to how much there is to know. I'm glad my teachers never found out how little I know— I'd never have got through UBC. That was my second shock.

My third shock was the experience of living in the "now". When I increase my awareness I become aware of how little time I spend in the now rather than in the past or the future. That was bad, because I teach this all over the place. But when I become aware of how little I do it myself, I'm shocked. Living in the now consciously full time.

So I've decided I'm going to spend the rest of my time improving theses three areas of my life.

John Banmen continued



On June 15, 2015 at 2.15 I'm going to retire, and after that I'm going to spend my time becoming more aware and living in the now. I don't know where I'll do it, but I know I will. It's extremely exciting to me. It adds an entirely new dimension to the universe to my life. I am part of the universe; the Kingdom of God is within. I am going to become part of the universal divine energy in a fuller manner.

This is giving me a new meaning for my retirement.

I have divided my life into four equal quarters. In terms of the four quarters of my life, I'm fulfilling the last two years of the third quarter, and then I'll spend the fourth quarter becoming more aware, more informed, more connected, and living in the now,

My work has made me more appreciative of the Satir Model; of what it is and what it can become.

Thank you for listening

So now I'm finished, and I'll turn the meeting back over to Michael. “

Thank you to Gail Franklin for typing (mdl)

Todd Clarke Unsung Hero Award March 2013

Sibel Erenel received her MSc in marriage and family therapy from California State University Hayward. Following graduation, she worked with at risk youth and their families. During this time, she attended a workshop given by Kay Bishop, a long time colleague of Virginia Satir's and found her therapeutic home. She received clinical supervision from Kay Bishop for 5 or 6 years and, during that time joined Avanta: The Virginia Satir Network.

When she returned to her home country, Turkey, in 2005, she decided to advocate for the field of family therapy, as there were few trained family therapists at that time. She offered a workshop in 2005 introducing Satir to the professional community.



There was a great deal of interest, so she developed a 3-year Family therapy training program for professionals, which launched in 2006.

In 1997, Sibel attended the Avanta (now Satir Global) annual meeting and conference in Seattle, Washington. There she met John Banmen and Kathlyne Maki-Banmen and learned about the international work they were doing. She asked for their support with her training in Turkey, which they were more than happy to give. In 2008, the 3-year training program was endorsed by the Satir Institute of the Pacific under the direction of Dr. John Banmen.

Sibel teaches the majority of the courses and does all of the clinical supervision for the students in her program. Kathlyne Maki-Banmen teaches one course to each of the 3 years, and other Turkish professionals teach courses on research, ethics, psychopathology, clinical evaluation and crisis management. Continued on page 8



The program curriculum has gone through two revisions (2009 and 2012) and now meets the criteria for training required by the European Family Therapy Association, the American Association for Marriage and Family Therapy and the suggested guidelines for the International Family Therapy Association. In 2010, John Banmen attended the graduation ceremony and gave certificates to 16 new graduates from the first two 3-year programs. Sibel has just begun with her 5th group.

In addition to her own 3-year training program, Sibel teaches a family therapy elective course in the Masters in Clinical Psychology program at Okan University and is a supervisor for clinical practicing students in the Masters in Family Therapy program at Dogus University in Istanbul.

Sibel is a founding member of the Board of Directors of the Turkish Couple and Family Therapy Association (2012). Since 2009 the professionals who formed this new association have been working to influence policies, regulations and practices concerning family therapy profession and services. They have been working with the Ministry of Family and Social Policies in this pursuit.

Sibel is also the Treasurer to the Board of Directors of the International Family Therapy Association and a member of the Board of Directors for Yuret Foundation, a 40-year-old foundation devoted to improving wellness in youth and children by promoting the profession of counselling. Sibel is also a member of the Satir Institute of the Pacific and of Satir Global: the Virginia Satir Network.

Sibel's untiring energy for and commitment to forwarding the mission of the Satir Institute of the Pacific makes her more than worthy to receive the Todd Clark Unsung Hero Award for 2013.

Treasurer's Report

It has been an honor again this year to serve the Satir Institute and its community of members as the Treasurer. Unfortunately, my schedule this year has made it more difficult for me to accomplish our projected tasks and as such I regretfully will be stepping down from this position to allow someone new the opportunity to take us forward from here. I appreciate the opportunity I have had to give back to the community that has helped me grow immensely both personally and professionally.

With 3 years behind me now as the treasurer, the duties have gotten a little bit easier each year. However I would not have been able to complete my duties at all this year without Cindi our administrative assistant because she does all of the bookkeeping and the legwork for many other tasks as well. I would also like to thank the rest of the board who have been very supportive this year in my role as treasurer but especially with my challenges of balancing work, school, and family.

This year was shorter than the others as we changed our fiscal year at the last AGM to become January to December instead of April to March. This meant that the budget needed to be adjusted for April to December 2012 and unfortunately was not able to balance perfectly despite our attempts. However with more income and less expenses than expected, the final numbers were much closer to balanced than was projected.

Our major purchase this year involved a much-needed update in our technology: a new TV, DVD player, mobile TV stand, PA system, computer, and telephone system to support teleconferencing.

Our current project is setting up the much-needed financial committee, which is still looking for members if anyone is interested. We also recently acquired a new accountant so will be reviewing our accounts and setting up our contingency fund in the near future. Much work has been done this year by numerous board members to gather information about various banking options and a decision was made to move to Coast Capital Credit Union, a much more appropriate service for SIP, after the AGM.

Overall it has been another successful year and I want to thank you again for allowing me to be of service. It has been a wonderful learning experience for me to be a part of such a warm, generous and accepting group of people.

Teresa McLellan

Treasurer

Satir Institute of the Pacific

Thank you Teresa for all your work as the treasurer. I personally will miss you as you move towards getting your Masters degree. Good luck! mdl

Body Mind Wisdom Level 3 workshop March 22nd and 23rd 2013

Led by
Anastacia Metcalf



Satir Institute of the Pacific welcomes all the members of our advisory board.

The Advisory Board for 2013 – 2015 consists of:

Dr. Kwala Abu-Baker, Israel

Dr. Somrak Choovanich, Thailand

Dr. Nada Feketeova, Slovakia

Karen Krestensen, USA

Dr. William Nichols, U.S.A.

Sukirno Tarjadi, Indonesia

Dr. Jeffrey K. Zeig, USA

Satir Institute of the Pacific Board members

Saying Goodbye to; Mary Leslie and Teresa McLellan. We will miss all your hard work and commitment to SIP and the model.

Saying you have change roles to: Tricia Antoniuk our new Director of membership and Betty Conroy our new treasurer.

Saying Hello to: -----big drum role-----turn the page

New Board Member

CORRINNA DOUGLAS, M.A., R.C.C.

Corrinna Douglas has her Masters of Arts in Counselling Psychology and has been working in the counselling field since 2009. For the past 12 years, she has worked with children,



adolescents, adults and families with diverse emotional challenges and struggles. Corrinna has a passion for supporting individuals with obtaining their goals and discovering their sense of self. Specializing in working with children, adolescents and individuals with developmental disabilities, her work is based on compassion, understanding, and healthy choices. Corrinna has received extensive training and has experience working with individuals who are impacted with Fetal Alcohol Spectrum Disorder (FASD). She has also facilitated training within the Interior region on FASD to community professionals. Corrinna's work derives from a systemic therapeutic framework and is strength based focused on goal setting and discovery. Utilizing compassion, understanding, and healthy choices, Corrinna's work facilitates awareness and insight into presenting challenges.

New Board Member

Rick Miners



Rick Miners holds a PhD in clinical psychology and works in private practice. He has provided executive coaching and enjoyed working in counselling roles in excess of 15 years. He is presently best known for his English- and French-language assessments of learning, attention, behaviour, and emotional concerns, and his counselling of children, adolescents, adults, and families presenting with stress, anxiety, depression, Attention-Deficit/Hyperactivity Disorder, and Oppositional Defiance Disorder. Rick tailors interventions to client needs, using a combination of Satir family systems, mindfulness, humanistic, and cognitive-behavioural approaches.

Rick is active in the emerging field of “mindfulness” – an effective way of approaching moment-to-moment experience – which helps reduce stress, regulate emotions, and foster effective interpersonal functioning. Initiated as part of his doctoral research, Rick led a 5-year research program to advance understanding of the relationship between mindfulness, emotion, and social development among early adolescents. He has also led mindfulness-based stress reduction programs in hospital, correctional and outpatient settings.

Rick is sought after as a dynamic and engaging speaker in organizational and educational settings. He has facilitated workshops on a variety of topics (e.g., workplace mental health, stress reduction, communication, crisis intervention), presented posters at international conferences, and taught undergraduate- and graduate-level university courses. He is the recipient of several awards, grants, and fellowships, and is co-author of a book chapter on social development.

He is a former structural engineer who conducted complex analyses, assured quality control, and performed damage and cost assessments following construction incidents. He is currently developing the future First Light Clinic, a multidisciplinary, integrative mind-body health center.

Rick is happily married and has two school-age children. He is interested in aboriginal and Eastern traditions, and enjoys the great outdoors, the arts, cycling, table tennis, international travel - and coaching little-league soccer.

Satir Institute of the Pacific members goes International

My apologies for missing out this description from the last WB-mdl



India

Linda Lucas and Kathlyne Maki-Banmen completed a four-day, phase I, STST training program at Christ University in Bangalore, India, with 34 very enthusiastic professionals. Tommy Leung, who is completing his PhD at Christ University, was instrumental in organizing the training program. Negotiations are in progress to have Linda Lucas return to teach phase II this year, with a potential phase III led by Dr. John Banmen in 2014. Tommy will lead a monthly study group for those interested in

continuing to deepen their use of the Satir Model. When surveyed, 32 of the 34 participants expressed keen interest in further training. Thank you to Dr. Tony Sam George, Department Head, Department of Psychology, Christ University, and P.C. Matthews, Executive Director, Family Research and Training Institute, Urban India Ministries, for co-sponsoring the event.

Satir Institute of the Pacific members goes International

Turkey



Fireside Chats

The Next Fireside Chat will be on

Wednesday 7:00 pm, May 8th 2013, Madeleine's House at
23253 Francis Ave, Fort Langley, BC. Email Madeleine if
you are coming.

fort.playroom@shaw.ca

604 626 9671

A VANCOUVER ISLAND FIRESIDE/CREEKSIDE CHAT!

It is time to gather together all interested Island Satir Model folk who have taken any of our SIP trainings - Levels I, II, or III - and are keen to connect with other like-minded folk!

You are invited to the creekside home of Anne Morrison for an afternoon to meet one another, share who we are, share what we love about the Model, and look at ways we can continue to support one another in our work and lives.

Our Chat is set for the afternoon to allow time for folk to travel up Island to Chemainus from Victoria and down Island from Port Hardy, Courtenay, Comox, and Nanaimo etc.

WHEN: Saturday afternoon, June 15th

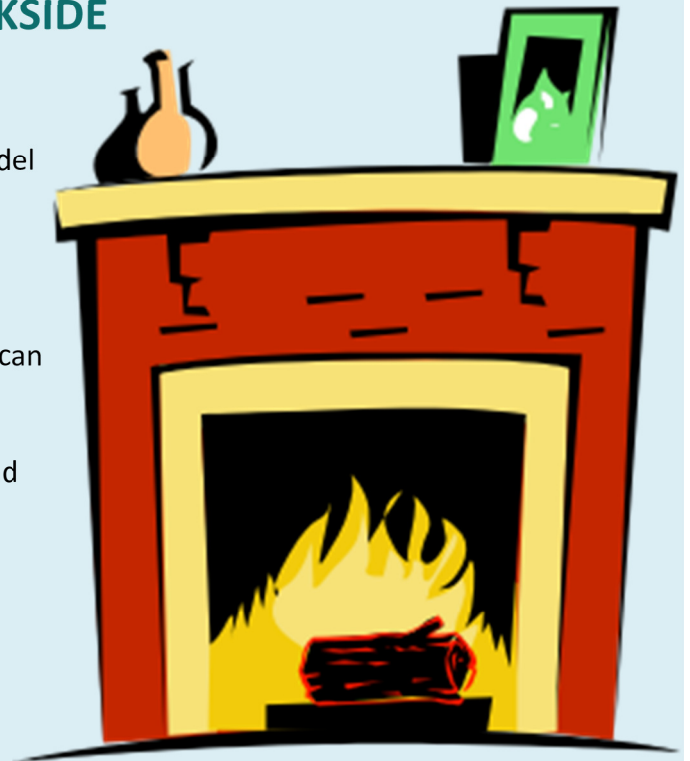
TIME: 2-4 PM

WHERE: 10026 Beach Drive, Chemainus

RSVP: Please RSVP if you are able to attend!

Contact Anne Morrison at 250 324 5521 or

annemorrison@shaw.ca



I look forward to welcoming you to our home and am excited to help support our Vancouver Island Satir community!

cheers everyone!

Anne Morrison



On June 26th 1916 Virginia
Satir was born

To begin the count down we invite you to
her 97th birthday

at

Madeleine De Little's house on June 23rd
2013, Starting 4pm BBQ at 6pm.

Bring your own protein.

Programs scheduled for 2013

- a) Satir Transformational Systemic Therapy Level I Fernie
April - June, 2013 Linda Lucas*
- b) Level III – Body Mind Wisdom
March 23, 24, 2013 Anastacia Metcalf*
- c) Level III – Parenting
April 20, 21, 2013 Jennifer Nagel*
- d) Level III – Reducing the Impact of Compassion Fatigue
June 8, 9, 2013 Robin Beardsley*
- e) Level I – Summer Intensive
August 6 – 15 Kathlyne Maki-Banmen*
- f) Level II summer Intensive
July 2 – 11, 2013 Kathlyne Maki-Banmen*
- g) Master Class
July 14 – 21 John Banmen*
- h) Level I – Surrey Fall 2013/14*

Advertisements

Bianca Rucker, PhD is an experienced approved AAMFT supervisor offering supervision for therapists wishing to become clinical members of AAMFT or BCACC. Supervision and consultation is also provided for therapists who would like to improve their effectiveness. Special expertise is offered in the area of sexual and relationship therapy. Fee = \$120/hour for supervision. Inquire about reduced fees for certain circumstances. Supervision available at Cambie and Broadway, and also at Boundary Road and Marine Drive.

Contact Bianca Rucker at: Bianca Rucker and Associates Inc., #400 -601 W. Broadway, Vancouver, V5Z 4C2 ☐ Tel: 604-731-4466 ☐ Email: BR@biancarucker.com

or visit www.biancarucker.com

Madeleine De Little -Satir in the Sand Tray-Where Words Cannot Reach.

Do you want to learn how use the Satir in the sand tray model in a deeper way with your clients? I have developed this way of working with children and adults and have a book coming out soon to support the workshops. I am available for consultation on a one on one or group basis. We will work out of my playroom in Fort Langley or if there is a group of you I can come to you!

Email me at fort.playroom@shaw.ca or visit my website

wherewordscannotreach.ca



Advertising and Classified Ads in The Wisdom Box

“Virginia’s list”

Please feel free to advertise office space for rent, your old sofa that needs a good home, workshops that are relevant, puppies for sale etc.

We do reserve the right to not publish any article or advert that is not in keeping with the tenets of the Satir Model.

If possible, please forward articles and advertisements via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at the address listed below.

Program Registration

All Satir programs can be registered for by contacting Cindi Mueller at 604-634-0572 or from our website at www.satirpacific.org

Attention Contributors/ Advertisers:

The Wisdom Box is published four times per year: Summer, Fall, Winter and Spring. The next deadline for submission will be June 15th 2013

Please submit any articles, ideas, gossip, poems or anything else to the Editor. We would love to hear from you.

Wisdom Box Production Team

Madeleine De Little—Editor mdelittle@shaw.ca

Cindi Mueller—Distribution admin@satirpacific.org

Membership Rates

Clinical/Professional Members—\$50.00 per year

Affiliate/Community Members—\$25.00 per year

www.satirpacific.org/membership or contact Cindi Mueller at admin@satirpacific.org