



The Wisdom Box

*The Newsletter of the Satir Institute of the Pacific.
Connecting members throughout the world.*

Summer Edition 2013

President's Message - June 2013

I would like to offer my personal thanks and that of SIP to Dr. John Banmen for all the work he has done as Director of Training for SIP in the last fifteen years. John has decided the time has come for him to resign from that position. When the Institute began John was our principal trainer and resource. His experience as one of the senior trainers in the Crested Butte month long Training Programs led by Virginia Satir and his co-authorship of the award winning book *The Satir Model* has been an enormous gift to all of us who have trained with him. He continues to be at the forefront of those refining and developing *The Satir Model*. He has led the growth of a solid team of competent skilled trainers for SIP, who are providing training across BC and in many countries around the world. My hope is that he will feel proud of his major contribution to this growth and achievement.

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John has also been a Board member of SIP since the beginning, providing guidance, ideas and wisdom as the Institute has grown and matured. Through his previous connections with AVANTA, now the Virginia Satir Global Network, and his own teaching initiatives in many countries, he has brought an international perspective to the work of the Board. It is through John's involvement with other outside organizations that SIP and its programs have gained recognition and credit. One example is the International Family Therapy Association (IFTA) when SIP was invited to be a co-sponsor of their congress in Vancouver in 2011. Over the years he has encouraged many SIP members to submit presentations and attend IFTA Congresses and this has gained the Satir Model greater recognition in the therapeutic community. It is significant that three SIP members, Anna Low (Singapore), Sibel Erenel (Turkey) and Kathlyne Maki- Banmen (Canada) make up a third of the current members of the IFTA Board.

John's contribution to SIP and its members has been way beyond what might be written in a job description for a Director of Training or indeed in these short paragraphs. As John relinquishes his more formal responsibilities and moves to his planned retirement in June 2015, my hope is that behind the scenes he will want to find ways to continue to contribute his wisdom and commitment to SIP, its members and the Satir Model, adding his legacy to Virginia's, of *Peace Within, Peace Between and Peace Among*.

The Board is pleased to announce that it has appointed Kathlyne Maki-Banmen as its new Director of Training. The appointment is for three years. Many of you will have trained with Kathlyne and know of her commitment to the Satir Model, to SIP, to the ongoing development of a cadre of skilled, competent trainers and, to new possibilities of providing opportunities for people to experience the Satir Model in their personal and professional lives. The Board looks forward to working with Kathlyne in her new role as SIP continues to grow and evolve.

Michael Callaghan

President, June 17th, 2013

An interview with a member of our advisory board:

Karen Krestensen



HOW LONG HAVE YOU BEEN WORKING WITH THE SATIR MODEL?

My life changed direction when I met Virginia Satir while attending the first Satir Family Camp in Pacific Palisades, CA, in 1976. I had just gone back to college to finish my BA degree and

had not even thought ahead to graduate school. From that time forward, I knew what I wanted to be when I grew up—even though I was 39 at the time!

你用萨提亚模式工作有多长时间了？

当我 1976 年在加州参加第一次萨提亚家庭营遇到维琴尼亚。萨提亚时，我的人生改变了方向。那时我刚刚回到大学去完成学士学位，根本没有想过要读研究生。从那以后，我知道了当我长大后我想要做什么 --- 即使那时我 39 岁！

WHAT HAS BEEN YOUR JOURNEY TO WHERE YOU ARE NOW USING THE SATIR MODEL?

Needless to say I did go on to graduate school to get a M.S. degree in Clinical Psychology, which led to licensing as a Marriage and Family Therapist. In my 30-year private practice I used the Satir Model every day as I worked with couples, families and individuals. This extended into workshops, consultations and supervision groups I facilitated. My personal relationships were greatly enhanced by integrating the Satir Model into my life. It became who I am, rather than what I do.



I had the good fortune to train and work with Virginia every year until the time of her death in 1988. The culmination of this was being on the faculty for three years of the international, residential, month-long Process Community held

in Crested Butte, CO, including the summer she became ill and could not be there. We trainers were stunned to learn this—first, that our beloved friend and teacher was so ill and then, that we were IT!! It's a credit to Virginia and our learning's from her and one another that 60 of the 90 participants chose to attend, even after learning she would not be there.

For several years in the '80s, I taught a class each quarter in a small private graduate institute directed by my late husband, who was also a Satir learner and licensed MFT. The school was operated using the Satir Model, e.g. students decided who would teach which classes, how evaluations would be handled and which courses would be taught each quarter following the requirements of the M.A. degree and the state licensing board.



运用萨提亚模式，你达到目前境况的经历是怎样的？

不用说，我确实继续读了研究生，得到了临床心理学的硕士学位，使我有婚姻和家庭治疗师的证书。在我 **30** 年的私人从业经历中，我每天都运用萨提亚模式与夫妻、家庭和个人一起工作。这也延伸到我辅导的工作坊、咨询和监督团队。通过在我的生活中融合萨提亚模式，我在个人关系方面得到很大地改善。重

要的是“我是谁”，而不是“我做什么”。

我很幸运地每年都和维琴尼亚·萨提亚一起培训和工作，直到她 **1988** 年去世。这其中的高潮是在三年里，为长达一个月的国际性的住宿（课程）“历程社区”做讲师，地点在科罗拉多州，包括那个萨提亚因病不能参加的夏天。我们这些讲师得知这个消息时极其震惊 --- 我们亲爱的朋友和老师病得很重，而且我们就要独立承担课程！！**90** 位学员中有 **60** 位在得知她无法出席后仍然选择参加课程，这是对维琴尼亚和我们向她学习的成果的信任。

在八十年代的几年中，我每个季度在一个小型的私人研究院教一个班级，那个学院由同是萨提亚学员和治疗时的我的丈夫指导。学校有萨提亚模式进行管理，例如：学生决定谁来教哪个班，怎样进行评估，并且，遵照硕士学位的要求而每个季度教哪些课程。

Karen Krestensen continued

HOW HAS THE SATIR MODEL CHANGED
YOU PERSONALLY?



The Satir Model of living, loving, relating and working is in my bones. I cannot separate it out into separate parts. Virginia used to say that the most important element in the consultation room with a client was not all the books the therapist had read or all the techniques she'd learned, but rather, the person of the therapist. To be an authentic human being, fully present and connecting with a person in his/her time of deep need, was always our highest calling in our work. So, how does one do all that while working and not in their personal life? Authenticity as a person means just that. My insides and outside are usually in sync, and when they are not, I am aware of making a choice. All of that was not always true in my younger years.

HOW DO YOU WALK THE
SATIR MODEL TALK IN
YOUR PERSONAL LIFE?

I am authentic with family and friends. I am the last surviving parent-person for seven adult children and stepchildren and have good relationships with all of them. I am present with them and available to them, and they all know that they can count on me. My "yes" means just that, and my "no" is also authentic and delivered gently. The same is true for my friends, and I am blessed with deep friendships, some lasting decades.

Karen Krestensen continued

HOW HAS YOUR PRACTICE EVOLVED OVER THE YEARS?

I retired from active work at age 71, almost five years ago, so I'm not sure how to answer that question. When I look back over my work life, I am satisfied that I did the best I knew how to do. My clients were great teachers of mine. I learned and integrated what I learned in order always to grow.

I was invited to the first weeklong residential training program led by John Banmen and Kathlyne Maki Banmen in 1996. It was my initiation into the evolvement of the Satir Model by John and Kathlyne, and it added greatly to my work as a Marriage and Family Therapist in San Jose and Santa Cruz, CA. They have picked up where Virginia left off and taken her model to new levels, and it continues to evolve under their skilled supervision and travels to other countries and cultures.

WHERE DO YOU GO FROM HERE?

My life today is much quieter and is removed from the world of work with clients. The Satir Model is such an integral part of me that it's just who I am with the friends and family I care deeply about. I'm at a place of looking back on my life and being present to the here and now in quieter ways. My faith and spiritual life deepens. My concern and pain for the condition of the world and the strife in the leadership of our country deepens. Once again I realize that my power lies in being the most authentic human being I can be with whoever is at my side.

(Thank you so much Karen for sharing your story with us. mdl)

Post Cards from China--Sandy Novak and Colleen Murphy train Social Workers in China

In January of this year, we offered the first seven days of a thirty-four day program to Social Work Professors from throughout China. We all came together in Beijing, China's capital city of twenty million people. We taught at the China Youth University for Political Science, which is a small university of about four thousand students, in the heart of Beijing near Number 2 Ring Road.

Pivotal in the process of arranging this program was the Banmen Satir China Management Center (BSCMC) and the incredible work of John Banmen and the talented Julia Zongyuan, Hao. We are endlessly thankful for their vision and tirelessness in arranging this possibility.

Our sixty-two students came from all over China with 29 of its 32 provinces represented. The program is through the auspices of the China Association for Social Work Education, led by its General Secretary, Professor Bainin Shi. Professor Shi has worked diligently to raise the profile of Social Work and Social Workers in China. Our program is part of that effort. The group picture is of all of us on the opening morning as we embarked on our shared journey.

The majority of our students were themselves Social Work Professors. They were open, engaged and perceptive. And incredibly hard working! They brought their fine minds, their willingness to work and most importantly, their open hearts to the learning community. We were deeply touched by the group's openness with us and with one another. The learning community we created was marked by the participants' compassion, engagement, curiosity and intelligence. From the opening 'noodling' exercise to the closing 'congruent hugs' the group openly shared their experiences with many tears shed. The approach for this opening phase was to teach the three assessment tools of the Satir Model from the Inside Out. Experiential all the way and every step of the way.

We developed a very successful teaching partnership, which was a wonderful benefit both to ourselves and our students who made many appreciative comments about our working style. They even dubbed us their 'parents' 😊, a great honor that we received with humour and humility. Our intention was to explicitly model a congruent relationship and our success was built on our own diligent pursuit of this goal.

No review of our teaching experience in Beijing could be complete without the inclusion of Maye and Michael. Maye is Professor Shi's assistant and holds a Masters in Social Work. She arranged all the details of our workshop with competence and graciousness. Michael is a Bachelor of Social Work student at the University (graduating this year) and was our professional guide for the seven days, insuring that our every need was taken care of. We are grateful to each of these wonderful people who made the seven days so easy and enjoyable.



今年一月，我们为中国的社会工作教授们提供了培训，这是 34 天培训的第一阶段 7 天课程。我们都一起来到了北京，这个拥有 2 千万人口的中国首都。我们在中国青年政治学院上课，这是一个大约 4 千学生的小型大学，就在北京二环路中心。

安排这个培训的过程中，“贝曼中国萨提亚管理中心”起到关键作用，以及约翰·贝曼和能干的 Julia 的出色工作。我们总是要感谢他们的远见，以及不知疲倦地安排这个培训。

我们 62 位学员来自全中国 32 个省中的 29 个。这个培训课程由中国社会工作教育协会主办，由秘书长史柏年教授领导。史教授一直致力于提升中国的社会工作和社会工作者。我们的培训是这个努力的一部分。这张集体照是参加开幕式的所有人，从那时起我们一起走上了共同的旅程。

我们大部分的学员是社会工作教授。他们很开放，很敬业，也很有感知力。并且极其地努力工作。他们带着美好的心灵而来，非常愿意工作，最重要的是，他们对学习型社区的开放心态。使我们深受感动的是这个团队对我们以及对彼此的开放。我们创造的学习型社区，特点是学员们的关怀心，投入，好奇心和聪明。从开场的互动练习到结束时的“一致性拥抱”，团队成员们开放地分享经验，也留下了很多眼泪。现在这个开始阶段是要学习萨提亚模式的由内而外的三种评估工具。全程和过程中的每一步都是体验性的。

我们形成了非常成功的培训伙伴关系，对我们自己和我们的学员都很有益处，学员们对我们的工作方式给予了很多赞扬。他们甚至称我们是他们的“父母”，我们带着幽默和谦逊接受了这伟大的荣誉。我们的愿望是明白地示范一致性的关系，我们的成功建立于我们自己勤奋追求这个目标。



萨提亚家庭治疗模式临床培训课程
——中国社会工作教育协会
2013.1.20

如果不包括 Maye 和迈克，我们在北京的教课经历的回顾就不能完整。Maye 是史教授的助理，拥有社会工作的硕士学位。她亲切而高效地安排了我们工作坊的所有细节。迈克是今年即将毕业的社工专业大学本科生，是我们这七天的专业向导，保证我们每天的需求被照顾好。我们非常感谢他们每一位美好的人，让这七天轻松愉快。

我们，和学员，一起努力工作了七天，同时也有一些放松时刻。我们去看了中国戏剧，有喜剧、武术、舞蹈和茶艺表演。Maye 热爱她的城市，甚至喜欢在北京开车！她带我们去那里，迈克使我们全程的专业翻译。我们吃了传统甜点并喝了茶，带着饱腹和满足的心离开了那里。这个照片是在老舍茶馆，戏剧在那里表演的。那里距离天安门广场和紫禁城只有一条街。

在培训的最后只有一天时间可以在北京游览，我们就去了故宫，在北京的中心。那里有上一个千年的王朝的珍宝，令人惊叹。从皇冠到皇帝的餐盘都是精雕细刻镶嵌着黄金和珠宝。故宫是巨大的，其历史源远流长。从皇殿到后宫，龙的标志到处都是。这里你可以看到 Sandy 和迈克在九龙壁前的照片。

故宫由高墙保卫，还有护城河和九层厚的石板。穿城而过排水管道和大蓄水池，展示在城中如何收集和保留水。每个建筑的每个屋檐都有九，九是皇帝的数字，龙的标志只属于皇帝。

我们在北京时正是春节，到处都是吉祥鱼的标志。天气很冷，我们的第一天居然下雪了。但是人们很温暖，气氛很兴奋和友爱，我们为课程被很好地接受而很感恩。我们八月将回去与社工教授们开展第二阶段的旅程。那将有点像回家。

While we, and our students, worked very hard for the seven days, there were moments of relaxation. We went to the Chinese opera, which was a remarkable show of comedy, martial arts, dance and tea ceremony competition events. Maye, who loves her city and even loves to drive in Beijing! brought us there, and Michael was our professional interpreter the whole time. We had traditional sweets and tea and came away with full tummies and full hearts. The picture shows us at the LaoTzu Teahouse where the opera was performed. It is one block from Tiananmen Square and the Forbidden City.

With only one day at the end of our program to tour Beijing, we went to the Forbidden City, the centre of Beijing. The treasures that are there from the last millennium of dynasties are amazing. Everything from ornate head dresses to the Emperor's dishes showed gold and precious jewels intricately carved and set. The Forbidden City itself is massive; its history emanating from its very stones. From throne rooms to concubine quarters, the symbol of the dragon is everywhere. Here you see a picture of Sandy and Michael in front of a nine-dragon wall.

The City is protected by high walls, a moat and stones floors that are nine layers deep. Waterways run through the city and large cisterns show how water was collected and preserved for the city. Each building has nine figures along each roof corner, nine being the Emperor's number and the dragon symbol belonging only to the Emperor.

It was Spring Festival time when we were in Beijing and good luck fish symbols were everywhere. It was very cold and we even had snow on our first day. But the people were warm, the emotional atmosphere

excited and loving, and we are grateful to have had our program so well received! We return in August for the second leg of



our journey with the Social Work Professors. It will be a bit like going home. ☺



SIP Members go to China to train social workers



Sandy Novak leading



The beginning of training the Satir Model to Social Workers



A moment



**A huge thank you to Michael and Maye for translating and hosting
Colleen and Sandy**



Social Workers looking at their family map in dyads





Here is Prof Shi and Julia Zongyuan at the opening ceremony of the China Association of Social Work Educators. Prof Shi has worked tirelessly to raise the profile of Social Workers in China and Julia is representing the Banmen Satir China Management Centre. Julia's work with John was key in securing the opportunity to work with the Social Work professors.

Satir NZ, First steps on our journey

Gong Hee Fatt Choy, the year of the Water Snake 4711; it's Saturday 16 February 2013 and 4 of the 5 members of the NZ Satir leadership team are at the home of Jean de Bruyne in Auckland, New Zealand, to celebrate Chinese New Year. This day precedes the inaugural meeting of the Satir New Zealand (NZ) leadership team.

The garden is arrayed with lanterns and gazebos furnished with spiritual icons, Chinese tea making facilities, precious objects for our wealth jars and more. Jean has given us instructions on the process for setting our intentions as we fill our wealth jar in a particular order, and turn our minds to what we would like to manifest in our life this coming year. A troupe of Chinese lion dancers arrive and perform the traditional dance leaping up acrobatically and dancing with us to bring blessings into the New Year. In the evening, as the lanterns in the trees light up the garden, we enjoy a special meal. First, we all stand up, toss our food up in the air with chopsticks, and chant "Yee sheng loh hay" and make our wishes for an auspicious year.

It is a magical experience to share this aspect of Jean's Chinese heritage. And it was a perfect lead in to setting our intentions as the Satir leadership team in New Zealand.

Next morning we meet in the sacred grotto Jean has furnished with spiritual icons and vintage Chinese furniture. I feel like I have gone through a portal into a magical kingdom where anything might happen and spirit guides will support us on our journey. It's a fabulous setting for developing our intention as a Satir group.

We connect with Jin by phone so all the NZ leadership team are present. The vision we developed to light our path is:

"Spreading the word, lighting the fire – establishing Satir in New Zealand - providing opportunities to learn and grow."

In other words, we want to build a Satir community in New Zealand to provide opportunities where people can: learn the Satir model, grow towards becoming their authentic selves, and live in a congruent way. To fulfill this vision we want to provide training courses and access to practitioners so people have the opportunity to experience Satir therapy."

Milestones along the way since February have been:

- Clarifying roles of the leadership team
- Setting up Skype for our monthly meetings
- Setting up a forum in Dropbox to share agenda, minutes, and resources easily amongst the team
- a professional development session with our mentor, Anne Morrison, on Skype
- Developing and distributing an online questionnaire for an introductory weekend training
- Contacting previous course attendees to confirm they wish to remain on our membership database
- Discussion on a funding model for the training
- Discussion on topics for the training scheduled for October 2013

In four short months, our team of pilgrims in the far reaches of the Pacific have journeyed a long way; and we are all very excited to be sharing the treasure that is Satir. We are also thrilled to be energetically connected to the Satir Pacific community and look forward building a base in New Zealand.



New Zealand Satir Leadership team members Bronwyn, Jean, Jacinda and Gloria with Emma a new Satir enthusiast and the Chinese lion dancers at Jean's home

Meanwhile still in China---The first Satir Model Forum in Beijing.

April 22. 2013



The first Satir Model Forum in Beijing, scholars from all over the world probe into the Tao of happiness.

The first Satir Model Forum in Mainland China was held on April 22-23, 2013. Dozens of Satir model experts from all over the world came together, and each shared their own views about Satir model and its development in China in recent ten years.

Ten years ago, a Chinese mother introduced the Satir model, one of the Psychological theories into China because she cared for her own children's growth. The Satir Learning and Development Center of China emerged because of that demand.

During these two days of forum, John Banmen, PhD, majored in counseling psychology from the University of Wyoming, the most famous international Satir Model therapist and trainer, gave a keynote speech on “Happiness without any reason”. Other scholars from Canada and America also presented. Dozens of scholars from Mainland China and Hong Kong led four sub-forums in different application fields including person development and organization development. The

concrete topics are ‘Entering children’s inner world,’ ‘Satir iceberg and attachment issues’, ‘The Art of managing a happy marriage’, ‘How to prevent and respond to affairs using Satir Model,’ ‘Beneath addiction,’ ‘Essential elements of a happy enterprise’, and ‘Innovation in Business,’



Angie Dairou a SIP member from Toronto holds the microphone as Nitza looks on.

Nitza appreciates the audience



A note from Nitza

There are two things I would like to share:

1. In April the Satir Center in Beijing celebrated its 10th anniversary. I was honored to be invited to present a workshop among the other presentations that were given there. I was very touched by the amazing level and richness of all the presentations. I was also impressed by the professional way that the conference was organized, the dedication of all those who worked very hard to put this conference together, and by the richness of the program which included presentations relevant to many areas of our practice and application of the Satir Model. I was also touched by the appreciation, which was expressed to everyone who contributed to the development of the Satir Center and to the level of growth achieved over the years. I came away feeling very rich and very lucky to belong to such a wonderful special community!!! Thank you all!!!

2. New Information: I would like to share with our friends in Canada that the translation of the “SATIR MODEL” book to Hebrew is moving forward. I recently finished the professional editing of the book and we are in process of finding the pictures of the three authors involved [John Banmen, Maria Gomori, and Jane Gerber] and a picture of Virginia in order to get it to the printing phase. We are looking forward to the celebration of the publishing the book in Israel, which is scheduled to be on December 19th, 2013.



Dr. John Banmen presents “Speaker of Satir Forum and 10th Anniversary of Qijiashengye” certificate to Dr Marie Lam, Satir Mentor from Hong Kong.

The Satir Learning and Development Center of China (another name is Qijia Shengye Consulting Co. Ltd.) commits to promoting Satir model and has persistently pursued this goal for ten years. Ten years ago the first training course had only sixteen participants, and most of them were friends to give support; now a lot of people come in waiting lists because of high recommendations. Ten years ago only several workshops were held; now dozens of workshops are held which contents are related to four major fields including personal growth, intimate relationship, enterprise application, and professional supports. With the rapid development, Satir model's efficiency was widely acknowledged. More Satir related institutes have been found in Beijing and other more than twenty Chinese cities. We also cooperate well with scholars and organizations from Hong Kong and Taiwan.

In these years Qijia Shengye initiates and takes part in a series of socially beneficial activities. We provided counseling for psychological workers in the earthquake areas in 2008 during the Wenchuan Earthquake. We consistently hold personal growth workshop for disabled people and their relatives. We organized a great forum for improving family education. We strongly support the training project for leaders of kindergarten run by local people in Beijing. We initiated the first Satir model's senior mentor training project in Mainland China. We were awarded the Annual Psychological Counseling Service in national innovation demonstration area in 2011 and 2012.

Just as Miranda Wei, founder of the Satir Learning and Development Center of China, mentioned in the ceremony keynote speech, the Satir model occupies a place in Chinese psychological development in these ten years, which provides people in social changes with warm and strong psychological supports.



Above: Dr John Banmen from the John Banmen Satir China Management Centre presents "Satir Model Contribution Award" for Miranda Wei, founder of Qijia Shengye.



Above: Dr John Banmen presents "Satir Model Contribution Award" to SIP's very own Angie Dairou, mentor from Canada

Part III: The 2-act Drama: “Your Many Faces”



The 2-act drama, YOUR MANY FACES, adapted from Virginia Satir's book, was a bright spot of the 2013 Satir Model Forum. All the actors were Satir Model learners from Qijia, and their wonderful performance touched all the audiences. Dr. John Banmen, Linda Lucas, Nitza Broide-Miller, Marie Lam watched the performance.

Dr. John Banmen said ' I was hoping I would not cry, so on behalf of Virginia Satir. Thank you very very much. '

*translating the English into
Chinese.*

Sent in by Kathlyne Maki-Banmen

You Don't Have to Act Crazy
Anymore - We all know you
were good at that. Now retire,
my dear, From all that hard
work you do Of bringing pain
to your sweet eyes and heart.

Look in a clear mountain
mirror - See the Beautiful
Ancient Warrior And the Divine
elements You always carry
inside That infused this Universe with
sacred Life So long ago And join you
Eternally With all Existence - with God!

From: 'I heard God Laughing - Renderings
of Hafiz' by Daniel Ladinsky



Kathlyne sent this poem to me
for the WB and it seemed
somewhat appropriate to put a
picture of John by its side. Just
a thought mdl

*A huge thank-you to all who contributed to this
edition of the WB. Please keep it coming. I
want to thank in particular Angela Wang for*

News from the Fireside Chats

The Next Fireside Chat will be on:

Tuesday 7:00 pm, October 22nd 2013, Madeleine's House at 23253 Francis Ave, Fort Langley, BC. Email Madeleine if you are coming.

fort.playroom@shaw.ca

604 626 9671

OUR VANCOUVER ISLAND SATIR FIRESIDE CIRCLE IS LAUNCHED!

10 hearty Satir practitioners gathered at the Chemainus creekside home of Anne Morrison, Assistant Director of Training for the Satir Institute, for our first meeting to bring together Island folks who have taken Satir training and want to stay connected in community. We had folks from as far north as Courtenay, Nanaimo, Ladysmith, and further south to Cobble Hill and Victoria who attended. It was a wonderful gathering as people met one another, and quickly discovered our shared passion for the Satir Model as a way to work and live. We excitedly agreed that we will continue to have these "Fireside" gatherings every two months to continue the networking, share our experiences with the Model, teach one another, and co-plan how we can work together to spread of the Model throughout Vancouver Island.

Anne Morrison will host our circle gatherings and folks will take turns facilitating each meeting. Our meetings will take place on Saturdays and be about 2 hours long to allow time to travel from down Island or from upper Vancouver Island to Chemainus. Our next meeting will be toward the end of September or early October and our gatherings will continue to include delicious food, camaraderie, and a variety of ways to experience each other and the many gifts that abound through who we are.

At our kick off Fall meeting, we will set a schedule of when the Saturday gatherings will take place throughout the year. We will ensure that any Vancouver Islander on our SIP database gets an invitation and we welcome anyone to attend who has had any Satir training.

For further information, feel free to contact Anne Morrison at annemorrison@shaw.ca



Here is a photo of our happy Islanders' Fireside group!

Back row: Elizabeth Stevenson; Shauna Janz; Sylvia Wacholtz; Alma Jean Inkster ; Anne Morrison; and Carolyn Bradfield.

Front row: Shelley Iberg, Janet Sheppard; Wendy Lum; June Saracuse; and Terri Czegledi.

News from our Members

Wonderful news Kathlyne Maki Banmen has been elected to IFTA's Board Members Class of 2016. Her term runs from July 1, 2013 to June 30, 2016.

This August, Jennifer Nagel will be traveling to Nairobi, Kenya to teach the 10-day STST Level 1 course. This course is being held at Pan Africa Christian University and participants will include students from the MA program in Marriage and Family Therapy, as well as the general public which will include professors and students from other universities, therapists in private practice, counselling agencies, clergy, and people from various NGOs. This is an exciting opportunity to bring the Satir Model to Africa and the university is already inquiring about setting up a Satir Institute there! We would like to have more text books ("The Satir Model") available for participants to share or borrow from the library. This is where YOU come in: Would you be willing to donate a copy of The Satir Model text book for the program? Your donations of books would be a wonderful contribution to the start of our work in Africa. If you are interested in doing this, please contact Jennifer Nagel at jennifernagel1@yahoo.com. Thank you!

Madeleine De Little has been accepted to Simon Fraser University to the Ph.D. program to research "Using the Satir Model in Arts education, to understand and resolve differences".

Dear Madeleine,

I'd love to share our work in community work (Satir in community work) with you. Actually you can go to our web page to learn more and view pictures of our activities. In 2009, Dr. Eddie Chan and I have set up a non-profit organization (Mindfulheart) in a small town in HK to promote the concept of healthy families and healthy individuals. We studied the Satir Model and would like to share the Satir concepts about health in community work. Our goal is to pass on the positive energy to more communities through trainings, activities and education. Recently we have received funding from the government to do a carnival on the concept of "Change is Always Possible" for youngsters through balloon craft.
Susanna Wong Hong Kong

Up Coming Training

Level 3 Workshops

- Personal Leadership-Angie Dairou Nov 23rd/24th
- Parenting Within, Between Among TBA Jennifer Nagel
- Reducing the Impact of Compassion Fatigue Using the Satir Model
TBA Robin Beardsley

Level 1 Workshops

- Vancouver Island (North Island) Anne Morrison TBA
- Surrey Kathlyne Maki Banmen, Linda Luca, Jenifer Nagel. TBA

Training for Trainers

We are in the process of establishing a more transparent Training for Satir Model

program. We are developing clearer guidelines for assisting people to become Satir Model Trainers. If you are interested to be considered for being a trainer –in –training, please email, Dr.John

Banmen at

jbanmen@dccnet.com. We hope to

formalize the selection and training program to increase the number of Satir Model Trainers for local and international trainers.

John hopes to meet each applicant during the next few months to discuss your interest and your plans.

John Banmen (John asked me to write this but then he resigned.mdl.)



Bianca Rucker, PhD is an experienced approved AAMFT supervisor offering supervision for therapists wishing to become clinical members of AAMFT or BCACC. Supervision and consultation is also provided for therapists who would like to improve their effectiveness. Special expertise is offered in the area of sexual and relationship therapy. Fee = \$120/hour for supervision. Inquire about reduced fees for certain circumstances. Supervision available at Cambie and Broadway, and also at Boundary Road and Marine Drive.

Contact Bianca Rucker at: Bianca Rucker and Associates Inc., #400 -601 W. Broadway, Vancouver, V5Z 4C2 Tel: 604-731-4466 Email: ruckerb@interchange.ubc.ca ,

or visit www.biancarucker.com

A note from John Banmen reminding you that:

- ✓ Bianca Rucker,
- ✓ Bonnie Mason
- ✓ John Banmen

Are all approved AAMFT Supervisors.

Madeleine De Little is available for a private consultation in regard to your sand tray practice with children and adults.



Email Madeleine at fort.playroom@shaw.ca to set up a time in her playroom.



Advertising and Classified Ads in The Wisdom Box

“Virginia’s list”

Please feel free to advertise office space for rent, your old sofa that needs a good home, workshops that are relevant, puppies for sale etc.

We do reserve the right to not publish any article or advert that is not in keeping with the tenets of the Satir Model.

If possible, please forward articles and advertisements via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at the address listed below.

Program Registration

All Satir programs can be registered for by contacting Cindi Mueller at 604-634-0572 or from our website at www.satirpacific.org

Attention Contributors/ Advertisers:

The Wisdom Box is published four times per year: Summer, Fall, Winter and Spring. The next deadline for submission will be October 15th 2013

Please submit any articles, ideas, gossip, poems or anything else to the Editor. We would love to hear from you.

Wisdom Box Production Team

Madeleine De Little—Editor mdelittle@shaw.ca

Cindi Mueller—Distribution admin@satirpacific.org

Membership Rates

Clinical/Professional Members—\$50.00 per year

Affiliate/Community Members—\$25.00 per year

www.satirpacific.org/membership or contact Cindi Mueller at admin@satirpacific.org