

# The Wisdom Box

The Official Newsletter of the Satir Institute of the Pacific

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2011—2012

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## Spring Edition 2012

### Featuring World Family Therapy Congress 2012

The International Family Therapy Association (IFTA) 25th anniversary congress recently held in Vancouver was a landmark occasion for the Satir Model and the Satir Institute of the Pacific (SIP). The connections between IFTA and the Satir Model began with Virginia herself twenty five years ago at a meeting in Prague in 1987. At this meeting Virginia was asked to form a world organization for the growing family therapy community. She responded by saying she did not have time but recommended that Florence Kaslow be asked to take on the task. Florence then became the first President of IFTA and served on the Board for a number of years.



Sometime after Virginia's death in 1988, John Banmen carried the torch for the Satir Model as a member of the IFTA Board. Connections between IFTA and the Satir community were further strengthened when the IFTA Board held its meeting during the Satir Conference in Prague in 2007, twenty years after IFTA was founded in that same city. After SIP was formed in 1998 individual members of SIP began to make presentations at IFTA congresses held in Norway, Germany, Hungary, Portugal, Holland and Iceland. SIP is proud to currently have Dr. William Nichols, Past President of the IFTA Board and before him Dr. William Hiebert, General Secretary of IFTA as members of our Advisory Board. All

these connections led to SIP being asked to be an official co-sponsor of the IFTA congress in Vancouver.

SIP's status as a co-sponsor has brought further recognition of the importance of the Satir Model and SIP itself as a training body. As part of a more formal relationship SIP assisted with some of the important behind the scenes administrative work, sponsored Florence Kaslow's attendance at the conference and held a reception for the principal speakers, editors of international family therapy journals, the IFTA Board and conference staff as well as our own members from around the world. John Banmen was one of the keynote speakers and several SIP members made well received presentations.

Gail Franklin, the new Editor, produced a new issue of the Satir Journal (Vol. 5, Number 1) with a new professional design in time for sale at the SIP display table at the conference. SIP provided complimentary copies to most of our guests at the SIP reception. Gail and John Banmen, as Editor in chief also represented the Satir Journal at a special meeting of international editors of family therapy journals during the congress.

I would like to thank all our members and staff whose contributions, large or small, to the congress helped to increase the profile of SIP and emphasized to the wider family therapy community that the Satir Model is vibrant, developing and being taught and recognized as an effective model in many countries. My hope is that SIP will be able to continue to have a significant role at future IFTA congreses. It is not too early to begin thinking about next year's conference to be held in Orlando, Florida from February 20th to 23rd at the Disney Coronado Springs Resort.

Michael Callaghan-President, March 26th, 2012

## John Banmen gave the final Closing Plenary at the World Congress of International Family Therapy (IFTA)

In true Satir fashion, John started the plenary with us meeting up with people around us that we did not know and then to listen to the silence inside of us. Then he invited us to reach out to our neighbor. I found myself holding on to the leg of a young man from Newcastle England! John



emphasized how the Satir model included both the internal and the external world of the client. His message was to reintegrate both of these as some other conference speakers were mostly focused on the interactive part. "We help the client to work on the inside first, on their own iceberg. Once there has been an

internal transformational change then the client is able to connect with the iceberg of others." John invited the audience to consider, "who are you and what do you want". John said that most people will die before they answer those two questions. He then took us through the iceberg starting with the self. He read a quote from Virginia on how as she grew up on a dairy farm where she watched and saw that the growth was life force revealing itself. John continued with her quote that, "We are spiritual beings in spiritual form and the challenge of becoming more fully human is to be open to and to contact the power we call by many names ." How we make contact with the spiritual part of us is through our universal yearnings. John described that Maslow used the term needs whilst the term yearnings is positively directional. Aspects like acceptance , love peace etc are said John " requirements growing up, of becoming fully human. "

*Continued on page 3*

*John Banmen at the IFTA conference continued:*

The yearnings are met through our specific expectations and when we have couples in our office it is at the unmet expectations that differences occur. There are five ways to meet our expectations which John did not go into during this speech. (Keep it, let go, change it, meet it, what are you yearning for?) John described the five essential elements of the Satir model and suggested "that at the conference we had had 'talk therapy' 'emotional therapy' and now we have experiential therapy." The Satir model says how do I experience myself in the present. John went on to say that the body can tell the client so much, so have



them experience and put into words what the body is telling them." Without the experiential piece, John said, "it becomes a cognitive, a behavioral or emotional piece and we are not engaging the whole body. "John used the metaphor of the violin strings to illustrate how the iceberg works as a system. How one string may be louder than another and we listen to that string rather than the quieter ones. John talked of change focused as being and becoming at the same time. How we can help our clients to experience becoming different at the same time as being, by focusing less on what is happening and more on what it would be like to change.

I liked the way John was able to differentiate between what a previous speaker had described in emotional focused therapy. The focus for EFT is to express to your partner your yearnings and how they can meet them for you. John said it is the responsibility of each couple to be responsible for meeting their own yearnings. So in therapy our role is to help each client meet their own yearnings so that in their relationship they can support each other. John described how we as therapists are seeking responsibility Intrapsychically from each client before we can begin to introduce them to each other and work in the interpsychic. The Satir model John said has brought the systems people together with the psychotherapists and "work from the inside out." Thank you John for a wonderful plenary. mdl

## Satir Institute of the Pacific is proud to present————



There were workshops and lectures going on from 8-5 pm every day. Here Kathlyne Maki-Banmen is presenting a workshop on "the use of self"



Madeleine De Little gave a lecture on Satir in the Sand tray showing photographs of sand trays done by families, adults, and children. She is waving her magic wand in the air conjuring up another slide.



Gail Franklin managed to get our Satir Journal out in time for the IFTA conference. It had just arrived, literally hot off the press



Jennifer Nagel is standing by the Satir Institute of the Pacific sign welcoming all our guests to our Reception.

A huge thank you to Cindi Mueller for putting the reception together. Many of our members attended along with Florence Kaslow, and the International Family Therapy Board



# IFTA 2012

### Reflections on IFTA

Looking back over the past week in preparation for the IFTA World Congress I have a whole list of words to sum it up: Connection, Belonging, Friendship, Growth, Playful, Inspiring, and Fun are a few of these words. I was excited to be part of a world congress where there were participants from 36 countries present. It was truly a global community. The other exciting part was that there were quite a few presentations/lectures/workshops that focused on the Satir Model. Those who attended these workshops seemed quite excited about the depth and experiential nature of the model and quite a number expressed an interest in attending a level 1 training.

Robin Beardsley and I presented on 'Working with Reactive Emotions in Couples Therapy Using the Satir Model.' Having been anxious about how we were going to cram a lecture, interaction, sculpting, self reflection, and more teaching into 45 minutes, somehow it all worked out and to top it all off, we had so much fun doing this together.



I had another unexpected honour at the end of John Banmen's keynote address. He had a Power-Point slide with a beautiful photo of Virginia Satir. On this photo was a quote from the letter she wrote to everyone a few days before her death in 1988. Members of the audience asked John to read the quote and he invited me to come up and read it for everyone. This was very

impromptu so I did not have a chance to fully process what I was doing until I was up at the podium reading Virginia's words. I was quite moved by her words and it felt somewhat sacred to be the voice sharing them with everyone in the room. It was an honour to do this for John and Virginia.

The other most memorable part of the IFTA conference for me (there were several 'most memorable parts') was the connecting with people during the breaks and in the various presentations I attended. Our Satir community truly is a global one and I am so excited to be a part of it all!

Jennifer Nagel

*Jennifer is seen above in her own workshop and sculpting to illustrate attunement and Individuation in John Banmen's workshop*

*Reflections on IFTA continued*

I recently attended the IFTA Congress in Vancouver, which this year, was co-sponsored by the Satir Institute of the Pacific. This was my first experience. It was great fun connecting with so many Satir therapists and to meet people from around the world. I presented with Jennifer Nagel, which was such fun. We hadn't presented before but in true Satir fashion once we connected to our Life Energy we seemed to flow together beautifully. The main message I took away from the conference was to pay more attention to attachment issues. It all starts at an early age! There were many workshops using the Satir model, which was wonderful to experience. I was so proud to be a Satir therapist especially when John gave his keynote address. I want to thank the SIP for co-sponsoring and for the many volunteers who worked at the Satir table. It felt like a home base where we could find other like minded therapists. I believe Virginia's work was rekindled in the larger community. A round of applause to everyone involved!

Robin Beardsley

From the editor of the Journal

I'm delighted to announce the arrival of the 2012 edition of the Satir Journal!

As its new editor, I thank Dr Steve Bentheim for his inspiration and dedicated service to creating and developing the Journal. Steve's enthusiasm and careful attention to academic standards has set an example for all those involved in publishing future issues.

Under the management of a new editorial board, the Journal will continue as a forum to encourage a broad understanding and appreciation of Virginia Satir's legacy. It will honour and promote her work for "peace within, peace between and peace among."

To do this effectively, it's important to have an academically credible conversation that challenges our thinking, explores the issues, and reveals new opportunities and insights. We want to bring together thinkers and practitioners from many disciplines, so as to enrich our collective understanding and choices. We welcome contributions from all areas of psychotherapy and psycho-education that have touched, or been touched by, Virginia's thinking.

I invite you to participate in this process of exploration, reflection and critique. I imagine that, as practitioners and professionals using the Satir model, you often reflect on various facets of theory, as well as experiences of your own that confirm or call into question what you have learned. Why not put these thoughts to paper?

If academic writing is a long-distant memory for you, you may be a little reluctant to take me up on this suggestion. Please reconsider! I'll be glad to discuss your ideas, and to guide and support you in developing them into an article. Your experience and reflection can help make Virginia's work better known and understood around the world.

I look forward to your proposals. Please contact me at [editor@satirpacific.org](mailto:editor@satirpacific.org) or 250-995-1454

For a copy of the new Journal, go to [www.satirpacific.org/journal](http://www.satirpacific.org/journal).

Gail Franklin

# Training the Trainers in China



# Training the Trainers in China



### Banmen Satir China Management Centre (BSCMC)

It all started with a hope and a dream of John Banmen's. "My hopes and dreams are that the Satir Model will help the people of China reclaim their own cultural, spiritual essence through the application of the teachings of Virginia Satir".

Members and trainers from the Satir Institute of the Pacific met in Shanghai in February 2012 to look at what the larger picture was in China, what it could be and to develop some specific training and personal growth programs. A connection was made between the participants and a commitment to carry out John's hopes and wishes. We became known as the China Faculty. Three days was not really enough time to do everything. We were able to get an overview of what is happening in China, discuss some of the proposed projects with the teachers, social workers and university counsellors and brainstorm about other possible programs. We are working on planning specific programs, so that a menu can go on the BSCMC website, [www.banmensatir.com](http://www.banmensatir.com) from which centers may choose to offer. We are working on setting standards related to programs and required skills, to establish clearer policies and procedures in order to work with the differences in the many centers.



### *China continued*

Thinking about this experience, sometimes seems surreal. The honour I feel to be part of such a large dream is immense. We were welcomed immediately at the Shanghai airport and taken into the huge city. Not only did we work hard for the three days, but we were also fed very well. A new experience was had at every meal. I especially liked our dinner and show the first night with our sponsor, Renee and our meal with the University Faculty, as we made many connections and they were so enthusiastic about having us in China. And we can't forget the foot massage clinic next door to the hotel.

It feels wonderful for me to be connected with this group. I want to appreciate Marie and her brother for our personal tour of the Buddhist temple and shopping. I want to appreciate John Banmen for sharing his hope and dream, for having the confidence in me and inviting me to be included. I want to appreciate the other China Faculty members for making me feel so welcome and I look forward to our ongoing collaborative relationship. I also want to appreciate Hao(Julia) Zongyuan for who she is, her beautiful soul and her commitment to her country and also for what she is doing, to make this happen. I feel hopeful that not only will China benefit from our work but also North America. I am already inspired to do more workshops here in Canada and am looking forward to being in China and teaching the Satir Model.

We have been busy since February developing proposals. What is coming is a program for social workers, given by Sandy Novak and Colleen Murphy to, not only train over 10,000 counsellors but also train trainers. A course for teachers is also being developed by Jennifer Nagel and Linda Lucas with similar large numbers. These numbers are mind boggling for me. They couldn't have come about without Julia's tremendous and tireless assistance. She has been translator, organizer and generally John's right hand person in China. Marie Lam, Sok Fun and Anna Low will continue teaching level 1 and also train trainers, including Martha Fung and Julia Zongyuan. Many personal growth programs have already been taught by Pauline Chan, Sandy Novak and others and this will continue with new leaders in the works, including myself.

The China Faculty- Marie Lam, Sok Fun, Anna Low, Martha Fung, Hao(Julia) Zongyuan, Pauline Chan, Linda Lucas, Robin Beardsley, Moira Haagen, Colleen Murphy, Sandy Novak, Jennifer Nagel and John Banmen

Robin Beardsley

## *Fireside Chat*

The next (camp ) fireside chat will be  
on

Wednesday May 9th 2012 at 7pm

Madeleine's house at 23253 Francis Ave, Fort Langley, BC email  
Madeleine if you are coming.

It will be inside if the weather is bad.

[fort.playroom@shaw.ca](mailto:fort.playroom@shaw.ca)

604 626 9671

Guaranteed to be Experiential



## Satir Clinical Evenings go Live via Teleconference

### Satir in the Sand Tray with Madeleine De Little



I am happy to report the only thing that was missing at our very first Telecourse/Satir Clinical Evening on February 23rd was the bottle of champagne. We were all so busy with the details of putting this together that the bubbly to celebrate this somewhat historic step did not get included. Convincing the Board that this was workable, and within budget was step one. The chance to view our membership from the perspective of the whole province (country?) was the motivation for pushing through the details and challenges of working our heads around this modality. We did an upgrade of our Satir office phone system, and after a trial run and brief checking out ahead, everything went very smoothly. We did not manage to master the technique of using the speaker phone and headphones simultaneously, so Madeleine had to relay questions from the group in the office to those on the phone, and vice versa, but I feel confident we will be able to do this for subsequent sessions, with a bit more research and practice. A special thanks to Cindi, our office manager for her calm and technical support. Thanks also to our pioneer presenter, Madeleine for a job well done.

We had a group of seven folks in the Satir Office (fairly crowded) while Madeleine presented. There were another 12 on phone connections through out the province, including one from Ontario. The slides worked well and the questions were excellent. Feedback has been very positive. I will include a couple of the comments we received.

*"Thanks so much for doing this; it was such a worthwhile evening! And so accessible for those of us who live at a distance! All I can say is 'more more more....'"*

*"This was wonderful. Great job all and I look forward to the next one. It has been a long time coming but once people know how beneficial they can be more will attend."*

*Linda*

We are in negotiation with several other presenters and hope to be able to offer another telecourse within the next 6 weeks. We have several considering presenting in the fall.

We welcome suggestions from those of your in the outer areas for presentation topics.

Thanks one and all, Mary Leslie, membership director



## From Thailand

I have just come back from Hong Kong. I went there to attend the "Professional Training in Family Reconstruction" workshop by Dr. Maria Gomori. I got great experiences from that workshop.

My goals of attending the workshop are to see and learn the FR processes and hope that I can apply it to my training or supervision in Thailand; I didn't expect to be a star or work for any issues. But this is the first time that I am a star for her demonstration. At first I feel worry a little bit when she asks me to be her star because I don't think that I have any issues to work and I may disappoint other participants.

And when she interviews me, we think that I don't have any issue but she still goes on her process and says "let's sculpt your family" and asks me to pick the role players for my parents and asks me to talk to each of them, my heart starts beating strongly since then.

During the FR process, I get new awareness about my expectations toward my parent (which I used to think that I no longer have it). Maria also asks me to tell the mother that she didn't do her job well enough; she was not the mother that I wanted. At first I feel it's so hard to say that words, in my mind I even refuse to do it, and Maria is a such a great guide she does not push me she just turns to talk with the role player of me and asks her to speak what's in her mind. Once the role player says that "Mother was not so bad but she didn't do things up to my needs". Suddenly, I realized that I had high expectations to my mother, and it's true that when I was young she was not a mother that I wanted, I wanted a better mom. I feel sad and guilt to accept that I have this expectation. But when I speak it out, I can own my expectation and I can accept it. It's not her fault not to live up to my needs and I can let go of this expectation. She also asks me whether I can value my self now that I'm just good enough. Once I value myself I experience freedom inside myself, I can live my life for my self too not just for my mother's health. My worry about her health was gradually reducing. I feel free to take care of her; I don't feel the burden as before. I also learn that I have no need to be better, I'm good and that's enough. I also love the song they give me "The Rose-Bette Midler". That are great experiences I get from the workshop. I feel grateful to HKSC, Marie Lam and Maria Gomori for allowing me to attend such a great workshop.

Siriwan

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Here are the words to The Rose (from mdl to Siriwan)

Some say love it is a river  
That drowns the tender reed  
Some say love it is a razor  
That leaves your soul to bleed

Some say love it is a hunger  
An endless aching need  
I say love it is a flower  
And you it's only seed

It's the heart afraid of breaking  
That never learns to dance  
It's the dream afraid of waking that never takes the chance  
It's the one who won't be taken  
Who cannot seem to give  
And the soul afraid of dying that never learns to live

When the night has been too lonely  
And the road has been too long  
And you think that love is only  
For the lucky and the strong  
Just remember in the winter far beneath the bitter snows  
Lies the seed  
That with the sun's love  
In the spring  
Becomes the rose

**Greetings from Bangalore! I am submitting a short passage for the Wisdom Box as follows:**

Since 2009, we have been practicing the Satir model in Bangalore. Depressed individuals and abusive family members have turned out to be fully alive and healthily connected. More people have been exposed to the growth model in such a hierarchical culture. How amazing it is to see its integration with the Christian faith in India! We are looking forward to learning more from all of you in the developed countries.

Tommy Liang  
SIP Clinical member  
Honorary director, Urban India Ministries Family Research and Training Institute,  
Bangalore, India

Tommy Liang, PhD Scholar

Registered Social Worker, SIP Clinical Member, Member of IFTA, CAPS, IASM

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[www.urbanindia.org](http://www.urbanindia.org)

Here is an announcement about and announcement

Dear Madeleine, Wisdom Box Editor

This is an announcement not an invitation yet. The Satir Model residential Master Class II will be held during July, 2013 probably at Rosemary Heights, Surrey, BC, Canada. The theme is "***Limitless Within Limits***". I plan to study and meditate in India from December 2012 to March 2013 for a three month period. It will help me prepare myself to utilize the Satir Model in a deeper form than I've done before. I hope to send out invitations by the end of November 2012. Class I Masters will be given priority. So, save your time and money for this opportunity to grow with me at the MASTER CLASS II in July 2013.

John Banmen,

Director of Training

Satir Institute of the Pacific.

John Banmen

# Satir Institute of the Pacific's AGM

May 26th 1:30 pm

At

The Phoenix Centre, 13686 – 94A Street, Surrey, BC

Surrey

Guest Speaker

Transformational Change in the Sand Tray

With

Madeleine De Little M.Sc.



Madeleine will introduce you to the world of how to use the Satir model in the sand tray. She will illustrate the process using slides and a video of her work. In addition Madeleine will allow every participant the opportunity to create their own picture of where they see themselves in the Satir Institute of the Pacific





# Satir Institute of the Pacific

## Candidate NOMINATION Form for Satir Institute of Pacific Board of Directors 2012

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City

Province

Postal Code

Phone: (h) \_\_\_\_\_ (o) \_\_\_\_\_

Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Satir Membership (please circle) Community, Affiliate, Professional or Clinical

Other local/national and International memberships:

What are your reasons for running for the SIP Board of Directors?

Describe any leadership positions that you have held--especially in counseling/therapy associations?

I have read and understand the responsibilities of the office for which I am being nominated. I am committed to fulfilling those obligations.

Signature

Date

**Due May 12<sup>th</sup>, 2012**

Mail to 83544 email to: [lucas.Linda@hotmail.com](mailto:lucas.Linda@hotmail.com) [www.satirpacific.org](http://www.satirpacific.org): Nominations Committee Linda

Lucas 4177 Upper Fords Creek Road · Orofino, Idaho, USA

## Advertisements

**Bianca Rucker, PhD** is an experienced approved AMFT supervisor offering supervision for therapists wishing to become clinical members of AAMFT or BCACC. Supervision and consultation is also provided for therapists who would like to improve their effectiveness. Special expertise is offered in the area of sexual and relationship therapy. Fee = \$120/hour for supervision. Inquire about reduced fees for certain circumstances. Supervision available at Cambie and Broadway, and also at Boundary Road and Marine Drive.

Contact Bianca Rucker at: Bianca Rucker and Associates Inc., #400  
-601 W. Broadway, Vancouver, V5Z 4C2

Tel: [604-731-4466](tel:604-731-4466)

Email: [BR@biancarucker.com](mailto:BR@biancarucker.com) ,

or visit [www.biancarucker.com](http://www.biancarucker.com)

## **Nominations for the Todd Clarke un-sung Hero Award.**

To be announced at the AGM on

Saturday May 26th 2012

at 1pm

Send your nominations to

Cindi Mueller at [admin@satirpacific.org](mailto:admin@satirpacific.org)



## Training Schedule for 2011 – 2012

### And

### Board Meetings

#### Currently Running

Level 1 Children's Foundation (Linda Lucas and Jennifer Nagel)

Vancouver Island (Anne Morrison)

#### New programs

April 14, 15, 2012                      Level 3— Satir Family Therapy (John Banmen)

*April 28, 2012 1:30 pm                      Board Meeting*

May 5, 6, 2012                      Level 3— Use of Self (Kathlyne Maki Banmen)

*May 26, 2012                      1:30 pm                      AGM and Board Meeting*

June 9, 10, 2012                      Level 3— Attachment (Linda)

July 6 – 15, 2012                      Level 1 Summer Intensive (Kathlyne Maki-Banmen)

*September 21- 23, 2012                      Board Retreat*

Fall 2012                      Level 1— Surrey (Jennifer Nagel /Linda Lucas)  
(Sept 29, 30, Oct 20, 21, Nov 17, 18, 2012, Jan 26, 27, Feb 16, 17, 2013)

Fall 2012                      Level 2— Surrey (Kathlyne Maki Banmen)  
(Sept 22, 23, Oct 27, 28, Nov 24, 25, 2012, Jan 19, 20, Feb 23, 24, 2013)

## Advertising and Classified Ads in *The Wisdom Box*

The **Wisdom Box** is now accepting classified ads and regular advertising. Here is our policy.

Advertising is welcome. The *Satir Institute of the Pacific* reserves the right to reject advertisements which do not meet the general purpose of the organization. Send all copies, payments and inquiries to the Editor. A cheque payable to the *Satir Institute of the Pacific* must accompany your copy.

### Display advertising rates:

- w Full page — \$50
- w Half page — \$25
- w Quarter page — \$12

### Classified advertising:

The cost for professional related items such as office rentals, items for sale, equipment needs, supervision etc. for up to 3 lines are free for members and \$1 per line for others.

If possible, please forward articles and advertisements via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at the address listed below.

### Program Registration

All Satir programs can be registered for by contacting Cindi Mueller at 604-634-0572 or from our website at [www.satirpacific.org](http://www.satirpacific.org)

### Attention Advertisers:

The *Wisdom Box* is published four times per year: Summer, Fall, Winter and Spring. the next **deadline** for submission will be **July 15th 2012**

Please submit any articles, ideas, gossip, poems or anything else to the Editor. We would love to hear from you.

Wisdom Box Production Team

Madeleine Delittle—Editor

[mdelittle@shaw.ca](mailto:mdelittle@shaw.ca)

Cindi Mueller—Distribution

[admin@satirpacific.org](mailto:admin@satirpacific.org)

## Membership Rates

Clinical/Professional Members—\$50.00 per year

Affiliate/Community Members—\$25.00 per year

[www.satirpacific.org/membership](http://www.satirpacific.org/membership) or contact Cindi Mueller at [admin@satirpacific.org](mailto:admin@satirpacific.org)

### Address Change ??

If you have changed or are about to change your address or e-mail

Don't forget our website!!!

[www.satirpacific.org](http://www.satirpacific.org)

## **Welcome to these New Members of SIP!!!!**

Barbara Aronchick-Zachernuk—Affiliate, Vancouver

Gena Davies—Community, Surrey

Amber Freeman—Community, Abbotsford

Martha Lin Fung—Affiliate, Beijing China

Kyung-Ae Hwang—Professional, Korea

Shelley Iberg—Community, Nanaimo

Hyung-Jin Kwon—Professional, Korea

Katya Legkaia—Community, Vancouver

Brenda Lucas—Community, Ladysmith

Mary Nduati—Community, Langley

Deborah Phair—Community, Prince George

Virginia Remier—Affiliate, Nanaimo



## **Welcome Back to**

Colleen Murphy— Clinical, Coquitlam