

The Wisdom Box

The Official Newsletter of the Satir Institute of the Pacific



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2011—2012

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Winter Edition 2011

Presidents Message - December 2011

As 2011 comes to a close SIP and its members can be proud of our achievements during the last year, particularly the honouring of some outstanding colleagues from twelve countries around the world, who were chosen to become the first recipients of SIP's Satir Model Leadership Awards. The success and value of our training programs was evident by the number of international participants at our three summer residential programs and the continued enrollment in our other Level 1, 2 and 3 programs throughout the year.

In 2012 we can look forward to the International Family Therapy Association Conference in Vancouver in March of which SIP is a co-sponsor. Our Director of Training, Dr. John Banmen, is one of the Keynote Speakers and a number of our members have been selected to make presentations. Gail Franklin, the new Editor of the Satir Journal, has been invited to participate in the international meeting of Editors of Family Therapy Journals that takes place during the conference. This will provide an opportunity to make herself and the Satir Journal known to other Editors in the field. A new and redesigned issue of the Satir Journal will be available in time for the Conference. Also SIP will be hosting a reception for our Satir colleagues attending the conference. The conference will be a great opportunity to increase awareness of the Satir Model and promote the work of the Institute.

Other plans for the first few months of 2012 include making Clinical evenings more accessible by the use of technology enabling members to participate through conference calls and Power Point presentations. Mary Leslie, our Membership Services Director, is spearheading this initiative. More details will become available in the next month. Cindi Mueller, our Administrative Assistant, is working on Search Engine Optimization for our website to increase our profile so that when people Google Virginia Satir or Satir Model etc. our site will come up near the top. She will also be making changes to the font sizes and the way information is presented. Betty Conroy, Board Director, is working to improve our second office and develop it as a resource centre for Satir material. Our presence on Vancouver Island continues to grow with Anne Morrison, Assistant Director of Training, leading a Level 1 program in Victoria this Spring. My hope is that 2012 will be another successful year of growth for our Institute and source of pride for all our members.

Michael T. Callaghan

President, Dec 28th, 2011

Change is afoot for Clinical Evenings

Clinical Evenings, small groups of folks who gather together around a designated speaker for the evening, have been a wonderful part of the Satir Institute of the Pacific for at least the last ten years. My first attendance at a clinical evening happened at John and Kathyne Banmen's home, in a wonderfully intimate setting. Discussion following a presentation by one of our own distinguished group of scholars, was animated and very stimulating.

As our organization grew and we acquired space at Phoenix Centre, they moved to that location, about 3-4 times a year. The scholarship, I found, was excellent, but rarely were more than 10-12 folks present, due to the challenges of distance, travelling at night, and other work evening commitments. This felt like such a waste, but also left such a large portion of our Satir family out in the "cold", as it were. It has been my dream for awhile to bring a wider audience to these excellent offerings, and with the board's recent approval, this is due to happen on Thursday February 23rd 2012, when Madeleine De Little has agreed to present a clinical evening on her use of the Sand Tray as a tool for growth and transformation using the Satir framework.

It is our plan to step a bit further into the technological age by offering these clinical evening presentations by telephone, as a telecourse. We are hoping to provide power point slides to each potential viewer ahead of time, so you can follow more easily as Madeleine elaborates on the slides. The visual component will be especially important with the Sand Tray presentation. Participation will be through registration ahead of time, and the cost will be \$20. for members and \$25.00 for non members of the Satir Institute of the Pacific. The format will be a conference call, where participants call in ahead to special numbers provided for 90 minutes. They will include a presentation and time for questions at the end. You will not be charged long distance for your participation as those charges will be covered by your registration fees.

It is part of my vision (but yet to be put into motion) that groups of folks might gather, as have happened in the past in Fireside Chats Groups, but this time to watch the program together and discuss their understandings and impressions following the presentation. This could add a more interactional and meet your neighbors component to the evenings. I would love to hear from folks interested in hosting a small group of participants in their home. We are researching whether we can simultaneously have a group gathered at Phoenix Centre for folks who live in the Surrey area that would be part of the presentation, to add to the liveliness of the presentation, (not to suggest that Madeleine's presentations lack liveliness, in any respect, from what I have observed). This continues to be a work in progress, and is dependent on the capability of our equipment. We hope to be able to confirm this decision following the next board meeting, January 20th.

In the future, we may be able to offer participation in Clinical Evenings to folks in other countries and time zones. I have been part of such telecourses involving 4-5 time zones, and they worked amazingly well. In the meantime, your feedback will be very important, as we "inch" our way along with this endeavor.

Mary Leslie, Director of Membership. meleslie@interchange.ubc.ca.

IFTA Conference

Vancouver March 2012

Here are the Biographies of the Key note speakers

Florence Kaslow

Florence Kaslow will open the 2012 Congress and help us celebrate IFTA's 25th Anniversary. She was the founding and first president of IFTA and served on its Board for 16 years. Her distinguished career includes being Past President and on the editorial boards of many important organizations that have influenced the history of Family Therapy. She has conducted workshops in over 50 countries.

Currently Florrie is President of Kaslow Associates, a consulting firm; Director of the Florida Couples and Family Institute; and a Distinguished Visiting Professor of Psychology at the Florida Institute of Technology.

Dr. Kaslow is co-author of *Painful Partings: Divorce and Its Aftermath* (New York: Wiley, 1997) with Dr. Lita L. Schwartz. Most recently she wrote a chapter for the *Handbook of EMDR and Family Therapy Processes* (co-edited with F. Shapiro and L. Maxfield, Wiley, 2007).

Julie Gottman

Dr. Julie Schwartz Gottman is a licensed Clinical Psychologist who was recently named Washington State Psychologist of the Year. She is the co-founder and Clinical Director of The Gottman Institute where she co-teaches weekend workshops for couples and Advanced Training Workshops for therapists. Dr. Julie Gottman is also the designer of *Loving Couples Loving Children*, a curriculum for couples suffering from the effects of poverty. At the Relationship Research Institute, she has co-designed a research study of treatment for minor domestic violence with her husband, Dr. John Gottman, for which she is the Clinical Director. In addition, she has authored or co-authored three books and has been a frequent guest on radio and TV talk shows. Dr. Julie Gottman also has a private clinical practice on Orcas Island, where she conducts weekly or intensive marathon therapy sessions for individuals or couples, and small couples group retreats. Julie specializes in working with distressed couples, abuse and trauma survivors, those with substance abuse problems and their partners, as well as cancer patients and their families.

John Gottman

John Gottman is world renowned for his work on marital stability and divorce prediction, involving the study of emotions, physiology, and communication. He was recently voted as one of the Top 10 Most Influential Therapists of the past quarter-century by the *PsychoTherapy Networker* publication. His 30 years of breakthrough research on marriage and relationships has earned him numerous major awards. He is the author of 190 published academic articles and author or co-author of 40 books. Dr. Gottman is the co-founder of The Gottman Institute where he currently teaches weekend workshops for couples and training workshops for clinicians. He is the Executive Director of the Relationship Research Institute, where they are completing a research project on the treatment of minor Domestic Violence. Dr. Gottman is also available for intensive marathon couples therapy on Orcas Island, where both John & Julie also offer weekend retreats for small groups of couples.

Continued on page 4

Sue Johnson

Sue Johnson is a clinical psychologist, researcher, professor, author, popular presenter and one of the leading innovators in the field of couple therapy. She is one of the originators of Emotionally Focused Couple Therapy (EFT), a powerful, tested intervention to help repair and build strong loving bonds.

Her professional books are among the leading texts on couples therapy. Her 2008 book was written for the general public, *Hold Me Tight, Seven Conversations for a Lifetime of Love* (Little Brown, New York). This book outlines her last 25 years of research and the new science of adult bonding.

Sue is the Director of the International Center for Excellence in Emotionally Focused Therapy (ICCEFT) with ten affiliated Centers in North America and Europe. Sue holds professorships at Alliant International University in California (Distinguished Research Professor) and the University of Ottawa in Canada.

Sue has received numerous honors for her work, including the Outstanding Contribution to the Field of Couple and Family Therapy Award from AAMFT the Research in Family Therapy Award from AFTA, and is an invited Fellow of the APA. Sue has an active media presence.

John Banmen

John Banmen, is internationally known as an author, therapist and educator. His training programs have taken him to over a dozen countries in Asia, Europe, South America and North America. John's co-authored book, *The Satir Model: Family Therapy and Beyond* (1991), received the AAMFT/Satir Research and Education prize in 1994. He is editor of *Meditations and Inspirations* (1985), *Meditations of Virginia Satir: Peace Within, Peace Between and Peace Among* (2003), *Applications of the Satir Growth Model* (2006), *Satir Transformational and Systemic Therapy* (2007) and *In Her Own Words* (2008).

Dr. Banmen is the founding president of the BC Association for Marriage and Family Therapy, a former member of the Board of Directors of the American Association for Marriage and Family Therapy (AAMFT), a former member of the Board of Directors of the BC Psychological Association, a member of the Board of Directors of the International Family Therapy Association and the Director of Training for the Satir Institute of the Pacific.

Dr. Banmen was recently, for four years, honorary Associate Professor at the University of Hong Kong and was on faculty at the University of British Columbia for 21 years. He is an Approved Supervisor with AAMFT and provides extensive supervision for counselors, psychotherapist and family therapists. He also practices privately in Delta, British Columbia, Canada, with individuals and couples in family therapy.

We'll look who else is Presenting
at
The International Family Therapy Conference
Vancouver

March 21st-24th 2012

Jennifer Nagel and Robin Beardsley are presenting a workshop on:

Working with Reactive Emotions in Couples Therapy

What happens at a subconscious level in an interaction between two people? This experiential, interactive workshop will explore where reactive emotions come from and how they impact a relationship. We will use sculpting to externalize and demonstrate where patterns of reacting originate from, demonstrating possibilities for both intra-psychic and interactive change.

Reactive emotions can often be experienced as very charged and difficult to work with in therapy. This experiential, interactive workshop will explore how to work on a deeper level with clients' reactive emotions in order to resolve differences in relationships. We will focus on the use of Satir Transformational Systemic Therapy (STST) to bring about transformational change.

Survival patterns that were developed over time from our family-of-origin experiences can perpetuate conflict and differences in relationships. These survival patterns were learned and are often out of clients' conscious awareness. Once they are brought into their awareness, clients can take more personal responsibility for choosing to be different with both themselves and in their relationships with others.

Sculpting, a common intervention used by Virginia Satir, will be used to demonstrate how these survival patterns are developed and used in relationships with others. Participants will have a better understanding and awareness of their own reactions when dealing with client's emotions, and have new possibilities of where to focus in therapy to bring about lasting transformational change.

Madeleine De Little is presenting a workshop on;

Satir in the Sand Tray

This workshop is designed to provide therapists with an introduction to knowledge and skills to work with clients through the metaphors of figurines in the sand tray with some or all of the members of the family. The focus will be on using the Satir Transformational Systemic Therapy model through the 3 D dimension of pictures or scenes set up in the sand tray by the family members.

The workshop will provide slides and a demonstration for participants. The therapist can help the Individual



to invite family members into the Sand Tray. Clients choose the figurines which speak to them. The transformational process evolves as each member of the family express their icebergs in the sand tray. Transformation occurs as the family members change the size or type of figurine, change the proximity of the figurines to each other and have the figurines connect with each other differently. The changes in the sand tray are then

experienced by the family and the change is anchored internally. The Sand Tray serves as a way of expressing the iceberg of each individual, transforming the perceptions, feelings, feelings about feelings, expectations yearnings and subsequently creating positive intrapsychic and interpsychic change.

Sandy Novak is presenting a workshop on:

Connected by The Spaces

It has been said of Virginia Satir, who was *not* trained in contemplative psychotherapy per se, but in social work at the then psychoanalytically-oriented University of Chicago, that she “continually demonstrated acceptance and understanding instead of judging” in her therapeutic work . This workshop will explore Satir’s contributions to the field, with particular emphasis on family therapy. We will briefly review her place in the history of psychotherapy, noting the striking parallels between the principles of Buddhist psychology/ contemplative psychotherapy and Virginia Satir’s pioneering approach to family therapy, first presented in depth as the book *Conjoint Family Therapy* (1964). We will describe practical applications of Satir’s principles and her conception of the therapeutic change, or “transformation,” process with families. This will be illustrated through a case example. Finally, we will explore the potential benefits of integrating Satir’s work and contemplative/mindfulness-based approaches to therapy with families.

Kathlyne Maki Banmen is doing two workshops on:

Couples Therapy: Individuation or Attachment? Why Not Both

The Satir Transformational Systemic Therapy Model (STST) is unique in encompassing both the intrapsychic and interactive components of therapy. In couple's therapy, the debate is often focused on one or the other: helping the individuals in the relationship individuate in order to have a more mature relationship or helping the couple connect through fulfilling each other's yearnings. This workshop will focus on how to do both simultaneously so that clients are able to develop more intimacy and openness while also learning to resolve differences and take more responsibility for letting go of reactions.

Objectives:

1. make contact with clients' spiritual essence and internal resources
2. facilitate transformational change with clients through experiencing Life Energy and impacts and making new experiential intrapsychic decision.
3. facilitate new connection and intimacy in relationships by fulfilling yearnings individually and within the couple relationship.
4. facilitate resolving differences from interactive experience of intrapsychic systems.

The Use of The Self of the Therapist

The Satir Transformational Systemic Therapy Model (STST) is unique in encompassing both the intrapsychic and interactive components of therapy. The process taps the universal yearnings and spiritual essence of individuals within their personal family and social systems and helps them work towards a sense of responsible wholeness. Intrapsychic change, therefore, not only occurs in clients' behaviour, cognition and affect but in their sense of Being. When the spiritual essence is accessed experientially, positive possibilities become easily apparent and transformational change as an energetic shift becomes possible. With transformational change, clients experience more of their true essence and release the negative impacts they have held. The impact of intrapsychic transformational change on families is dramatic. Family members experience each other in more positive ways. They become more willing to make new connections, accept differences, and release reactive feelings, perceptions and expectations that have kept them from being open to each other.

Objectives:

- ✧ make contact with clients' spiritual essence and internal resources
- ✧ understand the five essential elements of transformational change
- ✧ use one's own spiritual essence as a channel for helping clients heal
- ✧ tap intuition to help guide clients towards positive possibilities
- ✧ facilitate transformational change with clients through experiencing Life Energy and impacts

Linda Lucas is presenting a workshop on:

Satir Transformational Systemic Therapy/Dyadic Developmental Therapy-Adolescent Attachment

This workshop is designed to provide therapists and counselors with knowledge and skills to work with families and children with attachment issues. When children have experienced abuse, neglect and/or insecure attachment through multiple placements, they often develop an inability to form an attached dyadic relationship with caregivers and may exhibit behaviors that are considered by the therapeutic community to be disregulated or at risk. Treatments often focus on changing behaviors instead of connecting with the internal experience of the child in a way that encourages growth in a positive direction. The integration of Dyadic developmental Psychotherapy and Satir Transformational Systemic Therapy provides an effective and safe process in which children can find acceptance, love, belonging and safety while they grow neurologically, emotionally, cognitively and spiritually in the context of the therapeutic relationship. The focus of this workshop will be on how to provide therapeutic care that re-parents the child with love, playfulness, curiosity, and acceptance.

Linda Lucas and Teresa McLellan are presenting a workshop on:

Treating Addictions with Satir Transformational Systemic Therapy

Virginia Satir wrote in her book, *The New People-making*, "when youth and young looks fade, when money, power, and position have gone, people can suffer great agonies if they equated these factors with personal value. Until they learn other ways to live, many take the paths of alcoholism or addictive behaviors. Outside help is often needed at this time to discover how life can be transformed. Beyond any outer evidence of success, the meaning and value of life are central to human existence. Once we can value life, we can experience our own spiritual awakening." Virginia goes on to write, "recognizing the power of spirit is what healing, living, and spirituality are all about. Many pay lip service to spirituality without living it." Virginia goes on to state in her book, that, "Alcoholics Anonymous programs are built on the premise that when individuals accept and face their higher power, their life force is called upon and their healing begins." In this workshop, we will offer treatment ideas for the addict and family using STST and focusing on the resources of the individual with an emphasis on the five essential elements for transformational change.

Clinical Evening

Thursday 7pm February 23rd 2012

Phoenix Centre

An introduction to working with Children using the Satir Transformational Systemic Therapy in the Sand Tray STST+ST

\$20 members, \$25 non-members

Madeleine De Little M.SC.

This clinical evening will look at how Madeleine has taken two established models and created a new model. She has put the STST model together with Sand Tray Therapy and created something she calls ‘Satir in the Sand Tray.’ She will show how



when children simply play in the sand the therapist can facilitate transformations which in turn can be experienced by the child. The workshop will cover how this model can also be used with adults and families. The evening will be interactional, experiential, and very informative.

Madeleine continues to teach this model through the Satir Institute of the Pacific in Canada, the Czech Republic, Holland, and Slovakia.

mdl



Welcome to these New Members of SIP!!!!



Maureen Boliszczyk – Affiliate

Danielle Braun-Kauffman – Affiliate

Lijia (Tiffany) Chen – Professional

MngXing Chen – Professional

Corrinna Douglas - Community

Marta Gonzalez-Revilla - Community

Lui Guangcan – Professional

Jane Huang – Professional

Betty Pui Yee Lau - Community

Debbie Lee-Community

Yuk Mei Law - Community

Paul Lee-Community

Tommy Liang-Professional

Maija Lewis - Community

Xianming (Simon) Lin – Professional

Xia Long - Professional

Richard (Sui Ting) Lin-Professional

Xianming (Simon) Lin-Professional

Mitra Mansoor - Affiliate

Tara McDonnell – Affiliate

Petra McNaughton – Community

Charlotte Ng - Affiliate

Dan (Lucia) Sheng – Professional

John Sheridan - Affiliate

Jennifer Stafford-Community

Angela (Lei) Wang – Affiliate

Zhai (Jenny) Yajie – Professional

Irene Yeung – Community

Tian (Tina) Yurong – Clinical

Welcome Back to

June Saracuse - Affiliate

International Family Therapy Association

with

Satir Institute of the Pacific

Conference

March 21st-24th 2012

The Satir Pacific organization has a long history of trying to assist folks from out of town attending our workshops and retreats. We have helped with meeting and transporting participants from airports to workshop sites. We would like to offer support for the International Family Therapy Conference and to this end, the executive of Satir Pacific has agreed to look at the possibility of billeting our friends and colleagues from around the world, in order to help defer costs for their accommodation and trip here.

Whether you are planning to attend the Conference March 21st to 24th, 2012 or not, we are asking if you might have space for an extra body or two and an interest in getting to know a bit more about the various Satir programs around the globe at the same time. Those of us who have met a number of the international Satir folk, would agree they are a pretty fine lot. If you have more questions or would like to volunteer billeting, please contact Betty Conroy, of the Satir Pacific Board of Directors, to take the next step or if you have questions. If you are not attending the conference, but would still like to billet, you could steer guests towards public transit. They would be responsible for their own meals, unless you were able to give them breakfast or a starter for the day.

The Conference will be held at the Wall Centre on Burrard Street in Vancouver.

Betty's contact info is below:

bettyconroy@shaw.ca or call 604-219-7692

Thank you in advance for your interest and support

Preparing for the Unexpected, as Private Practitioners

Our Professional Will

Contemplating on and preparing for our own possibly sudden and unexpected (timing wise) death or disability is not a high priority item for many of us, but for those of us in Private Practice, this responsibility is just as important as the considerations we make for our day to day contact with our clients. It is part of our ethical responsibility and embedded in our standards of care. Professional regulatory bodies deal with these responsibilities with slightly different wording, but essentially they direct the professional who anticipates the termination or interruption of service to clients to notify clients promptly and arrange the termination, transfer, referral or continuation of service in accordance with clients' needs and preferences. Although anticipation is a fairly strong word, the denial of this possible outcome could potentially have very negative consequences for our clients.

The contract we forge with each client, is to meet their needs to the best of our ability, and this must extend to considering how their needs would be best met if we suddenly disappeared from their care. With advance warning of our having to cease a professional relationship (s) one can tailor planning to suit the needs of each client and hopefully be able to prepare the client for the next step. Unfortunately, there are situations where advance notice is not part of the scenario clients could face. The loss of one's social worker, counselor, or therapist, can be the ultimate abandonment, but this is intensified even further when the ending of this relationship happens suddenly without planning or preparation.

Record Maintenance

First and foremost, we are required to keep our professional records for seven years after terminating services, or seven years after the age of majority, in the case of children. Records may need to be kept even longer in cases of physical or sexual abuse. (Examples of situations in which records may be retained for longer periods include cases such as sexual abuse, accidents involving minors and situations where litigation may be ongoing or may arise in the future). If we retire from practice for any reason we either need to maintain our records for the required period or make arrangements to transfer the records to another professional (in the case of social workers, that professional must be registered, either a social worker or registered psychologist) and advise our clients of the future location of their records. The professional to whom such records have been transferred must comply with the principles regarding retention, storage, preservation and security required by your professional organization. Records should be protected by at least three levels of locking, a locked filing cabinet, a locked office door, and a locked door to the outside of the building. This criteria is used by both BC Association of Clinical Counsellors and the BC College of Psychologists. For those of us with a home office, this needs to be considered carefully, as no one else should be able to get into at least two levels of that locking system except the person you appoint.

The Process of Informing and Referring Clients to other Social Workers or Therapists

We should name at least two possible professional executors, in the event that one was not available at the time, to assume that responsibility in a timely way.

Apart from maintaining our records, this person would also have to have a readily available and up to date record of

- all our current clients, and their contact information,
- closed clients, dates of closure and their records
- all EAP companies with whom we contract, and their contact persons

- where our office and filing cabinet keys are located,
- access information re our offices, our emails and computers,
- the insurer for our professional insurance
- information about landlords or office managers for our offices

Clients have a right to know when their records are being moved and who is currently in charge of the storage of these records. Depending on the client, there may be a continuing emotional connection that needs to be addressed or acknowledged in some way. Our professional appointee would also need to have further instructions from us as to how we would want our clients to be informed, the level of detail to be shared, and whether we would want them to have information about any memorial service for us or not. Different clients may need different levels of detail and information, but the important piece here is that we have included our personal preferences, making it as easy as possible for the person stepping in to handle communications reflecting our values and the tone of our relationships with our clients.

The question of referring clients on to other therapists also needs consideration, as the professional “executor” would unlikely to be able to handle our entire caseload, in the event of our sudden ‘disappearance’. An up to date list of persons who could be considered for referrals is also important. In the case of those who see EAP (Employee Assistance Program) clients on a contract basis, the EAP company would then refer their clients on to another provider within their company and hopefully would assume the responsibility of informing those clients in a timely and professional way.

In the recommendations outlined by the BC College of Psychologists, the question of who handles billing issues after the death or disability of a psychologist is considered to be the responsibility of the professional appointee/executor. An accountant cannot be appointed to handle this due to confidentiality requirements.

I use the term, professional executor, loosely, as in Canadian law, such a category does not legally exist, according to my legal consultant. There is one executor only and that is the person appointed by us in our will to manage our legal and financial affairs. The persons whom we appoint to assume professional responsibility for our files and clients should be named in our will, and would receive direction from our executor to handle all of those matters independently, according to the regulations of our regulatory body. It is also important to instruct your legal executor of your agreement regarding reimbursement for your professional appointee, as well as how and by whom unpaid invoices would be managed.

For those in a Group Private Practice, this process becomes much simpler. The records would presumably be readily available and accessible, and there would hopefully be two persons to draw from to assume this role for your records and clients, as arranged ahead of time. For those of you who have incorporated legally, a few other details might need to be considered, like how to keep your professional and financial details protected from each other and maintain confidentiality, to name only a couple of such possible details.

This all sounds straight forward until one considers the actual logistics of keeping our information current, clear and readable. Some of us may keep records in our computers, creating added challenges. I keep a hard copy of every recording in my locked filing cabinet and annually weed out and shred those that can be legally disposed. I list each person referred, or new to my practice, as of the day I am contacted, with the date of the referral, their contact telephone numbers, and in the case of EAP clients, with EAP company listed, in the front of my filing cabinet. I go back and indicate when each client completes to keep the record current. I also have a different storage drawer for active clients than for former clients, and all are listed in folders by year, so the date the files can be shredded is clearly evident. It has taken me hours to put all of that clearly in place and daily discipline to keep it current.

With planning and the discipline to keep our records up to date, clear and legible, the impact on everyone, our professional counterpart, and our clients, can be considerably minimized. This requires not only our logistical arrangements, but our carefully considering who we are, our values about endings, and the needs of our clients as well as the person who has agreed to assume responsibility for them. This is a major undertaking, and one that deserves our utmost care and careful planning.

Mary Leslie RSW, MSW

Fireside Chat

Reflections from Tricia Antoniuk

On Thursday, November 3 2011 , a very small group of us met for an intimate and cozy fireside chat at Madeleine De Little's home in Fort Langley. We had lots of time to share, and we talked about how we are using the Satir model in our work and in our personal lives. Madeleine has the gift of asking very good questions, and she also challenged us to each share with the group what gifts of self we bring to others. We were all deeply touched by the quality and depth of the sharing, and we felt nourished and connected to each other through this time. I was filled with gratitude for the opportunity to participate in a group such as this, and I know that my soul was touched by this time of reflection. I would encourage others to set up opportunities like this for sharing; wouldn't it be wonderful if we had a network of fireside chats throughout the Lower Mainland?



Tricia Antoniuk

The Next Fireside Chat will be
on

Wednesday February 15th 2012

Madeleine's House at 23253 Francis Ave, Fort Langley, BC email Madeleine if you are coming.

fort.playroom@shaw.ca

604 626 9671

**Little bits and bobs-never say anything around the editor
or it may be used against you.**

Satir Institute of the Pacific is on face book. Check it out

Jennifer Nagel is off to Kenya for a Safari (and is negotiating to teach level 1 STST in Nairobi)

Madeleine De Little is off to teach Satir in the Sand tray in Czech Republic and Slovakia again this year (and might be assistant teaching level 1 STST in Nairobi with Jennifer Nagel)

John Banmen is going for a place in the Guinness book of records for the most number of Satir Level 1 sessions to ever be taught by one person in more than 10 countries.

John Banmen is also going for the longest recovery ever in the history of human kind from jet lag having just succeeded in the above.

Cindi Mueller has had to deal with over 100 emails requiring serious follow up specifically for John Banmen while he has been breaking world records.

John Banmen does post cards not emails.

Satir Institute of the Pacific has become a central referring agency for clients in the Fraser Valley, Vancouver and the Island. If you cannot see a client then refer (via postcard or email) to a therapist trained in STST.

Bonnie Mason, MA, RCC, RMFT

ASSOCIATE WANTED – WHITE ROCK/SOUTH SURREY

Bonnie Mason & Associates Counselling Inc. has been in business since 1999 and continues to expand. Currently we are seeking a part time counsellor with the possibility to progress to full time associate, working with OUR clients from OUR office in White Rock, BC. The practice offers: separate entrance, alarm system, two waiting rooms, bathroom, two therapy rooms and a complete play therapy room. The practice is peaceful, private, comfortable, lots of parking and wheelchair accessible. The hours are flexible Monday through Friday. Details of associate agreement will be discussed once screening is complete.

EXPECTATIONS:

- Registered Clinical Counsellor/or
- Registered Marriage & Family Therapist/or Master's level Social Worker
- Insured with membership
- Five years or more experience
- Experience with families, couples, individuals, teens and children
- Continued and recent training/post Masters
- On-going clinical supervision is important
- Willingness to continue professional development

Please forward a covering letter and CV to Bonnie Mason & Associates Counselling Inc. Via: e-mail bonniemason99@shaw.ca or mail to 14203 Wheatley Ave, White Rock BC V4B-2W4 by January 30th, 2012. Please do not fax. See counsellingbc.com for details on the practice.

Bonnie Mason, MA, RCC, RMFT, Approved Supervisor for AAMFT

"Office Space for Rent"

I have a large office facility in downtown Langley in which I am building an assessment, counselling & wellness centre. There are a few offices for rent (hourly, daily or monthly). Please email ssarrobin@shaw.ca or call 604-882-3589 and leave a message.

Susan Robin

Training Schedule for 2011 – 2012

And

Board Meetings

Currently Running

Level 1 Sept 24, 25, Oct 29, 30, Nov 19, 20, 2011, Jan 21, 22, Feb 18, 19, 2012

Level 2 Sept 17, 18, Oct 22, 23, Nov 26, 27, 2011, Jan 28, 29, Feb 25, 26, 2012

New Programs

December 3, 4, 2011

Level 3 Satir in Sand Tray (Madeleine)

Spring 2012 Level 1 Surrey (Jennifer/Linda)
Jan 14, 15, 2012 with the Children's Foundation

January 20, 2012 5:00 pm *Board Meeting*

February 4, 5, 2012 Level 3 Trauma (Kathlyne)

Feb 10, 11, 12, 2012	Level 1	Vancouver Island (Anne)
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Spring 2012 Level 1 Surrey (Jennifer/Linda)
Feb 25, 26, 2012 with the Children's Foundation

March 9, 10, 11, 2012	Level 1	Vancouver Island (Anne)
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Spring 2012 Level 1 Surrey (Jennifer/Linda)
Mar 10, 11, 2012 with the Children's Foundation

March 20, 2012 5:00 pm *Board Meeting*

Spring 2012 Level 1 Surrey (Jennifer/Linda)
March 31, Apr 1, 2012 with the Children's Foundation

April 6, 7, 8, 9, 2012	Level 1	Vancouver Island (Anne)
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April 14, 15, 2012 Level 3 Satir Family Therapy (John)

Spring 2012 Level 1 Surrey (Jennifer/Linda)
Apr 21, 22, 2012 with the Children's Foundation

April 28, 2012 1:30 pm *Board Meeting*

May 5, 6, 2012	Level 3	Use of Self (Kathlyne)
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May 26, 2012 1:30 pm AGM and Board Meeting

June 9, 10, 2012 Level 3 Attachment (Linda)

July 6 – 15, 2012	Level 1	Summer Intensive (Kathlyne)
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September 21- 23, 2012 Board Retreat

Fall 2012 Level 1 Surrey (Jennifer/Linda)
(Sept 29, 30, Oct 20, 21, Nov 17, 18, 2012, Jan 26, 27, Feb 16, 17, 2013)

Fall 2012 Level 2 Surrey (Kathlyne)
 (Sept 22, 23, Oct 27, 28, Nov 24, 25, 2012, Jan 19, 20, Feb 23, 24, 2013)

Advertising and Classified Ads in *The Wisdom Box*

The **Wisdom Box** is now accepting classified ads and regular advertising. Here is our policy.

Advertising is welcome. The *Satir Institute of the Pacific* reserves the right to reject advertisements which do not meet the general purpose of the organization. Send all copies, payments and inquiries to the Editor. A cheque payable to the *Satir Institute of the Pacific* must accompany your copy.

Display advertising rates:

- w Full page — \$50
- w Half page — \$25
- w Quarter page — \$12

Classified advertising:

The cost for professional related items such as office rentals, items for sale, equipment needs, supervision etc. for up to 3 lines are free for members and \$1 per line for others.

If possible, please forward articles and advertisements via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at the address listed below.

Program Registration

All Satir programs can be registered for by contacting Cindi Mueller at 604-634-0572 or from our website at www.satirpacific.org

Attention Advertisers:

The *Wisdom Box* is published four times per year: Summer, Fall, Winter and Spring. the next **deadline** for submission will be **March 15th 2012**

Please submit any articles, ideas, gossip, poems or anything else to the Editor. We would love to hear from you.

Wisdom Box Production Team

Madeleine Delittle—Editor

mdelittle@shaw.ca

Cindi Mueller—Distribution

admin@satirpacific.org

Membership Rates

Clinical/Professional Members—\$50.00 per year

Affiliate/Community Members—\$25.00 per year

www.satirpacific.org/membership or contact Cindi Mueller at admin@satirpacific.org

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www.satirpacific.org
