

The Wisdom Box

The Official Newsletter of the Satir Institute of the Pacific

Special Master Class edition August 2011

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2011—2012

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Dear members I wanted to send you a special edition of the WB . This is dedicated especially to all of our world leadership awardees eight of whom were able to be with us during the master class. Some of the photos appear grainy but it was the only way I could send them in this format. If you want an individual picture I can send it to you.

Enjoy-mdl

mdelittle@gmail.com

John and some of our celebrated leaders



Unfortunately we do not have a picture of Anna Low with John and of the other sic Awardees who were not at the master class

The Master class was about who we are, what do we need and what is our purpose before we die-this article was in the last edition but I felt it was speaking to all of us

Where Have All the Flowers Gone By Dr. John Banmen, Director of Training

It is the month of Virginia Satir's Birthday. She would have celebrated her 95th birthday this year. She only saw her 72nd birthday before cancer claimed her life in her physical form. Many people were touched by her and her teachings. She not only believed change was possible. She practiced her beliefs with all of us who had the great fortune to spend much time with her. Many of us took up some of her tasks and did as much as we could to spread her message of peace within, peace between and peace among.

But the years are rolling along. Some members of her training team have followed her steps beyond, some have reached their retirement and probably still glow in memory of their past. Then there are a few like Maria Gomori, now 91 years old, who is still travelling regularly to foreign places spreading Virginia Satir's message of peace.

Someday all direct students, colleagues and personal friends will follow Satir's footsteps and part from this earth.

One of these students and colleague of Virginia Satir called me recently and asked me how we are preparing the next generation of Satir Model trainers and leaders. She is planning to retire after nearly 30 years of spreading the word of Virginia Satir. She is looking at who will replace her? Who will take on the task? How do we prepare them?

I consider this a very urgent and important task? Who from the next generation, many who have never spent time with Virginia Satir, will take on the leadership roles of teaching and promoting the Satir Model after the first generation has retired?

When I contemplated this situation, I realized that many of the greatest Satir Model leaders actually spent no time with Virginia Satir. These people have basically learned from the first generation of Satir Model Practitioners and are doing a great job. Maybe we need to do much more before all of us retire.

As so many of the first generation are in the process of slowing down or even retiring, or even leaving this place, what can we still do that will provide the world with more adequate, competent, congruent Satir Model trainers and leaders?

After my friend called me and asked me her question, I have been thinking about some answers. In September when the Satir Institute of the Pacific Board of Directors have their retreat, I will ask them. I will ask Sharon Loeschen, president of Satir Global to ask her Board Members at their early October meeting, what they are doing and willing to do. Maybe my friend has voiced a very important concern.

I ask Wisdom Box readers who are trained and committed to the Satir Model: what is it you need for you to step ahead of us, the first generation, and basically take over the torch from us and move the Satir Model into the next stage of its development and application?

If we can help you, please ask for what you want and need. Some of us might be able to help you. Getting out of your way might be one step in the right direction. Give us more.

A BIG THANK YOU TO:

Jefferson Molinelli (Jefferson.molinelli@gmail.com)

For volunteering his time to take all the photographs in this edition

Marie Ming Ying Shen Lam

She has her BS from Fu Jen University in Taiwan and Master degree in Public Health from UCLA

She started her learning of the Satir Model since 1986 with Dr John Banmen, Dr. Maria Gomori and Ms. Jane Gerber. Ever since 1987, she attended at least two workshops with them every year.

She started her translator work for Dr Gomori in 1988 after she attended Virginia Satir's workshop in Canada. Later, she also translate for Dr John Banmen both in Taiwan , Hong Kong and Mainland China. She was born in Mainland China, grew up in Taiwan, got married in United States and now is living in Hong Kong. She is a mother of five grown up children.

She is a senior counselor and approved clinical supervisor for Hong Kong Satir Center. She has been working for Hong Kong Satir Center from the beginning of its existing . She is one of the founders. She has been on the board of the Hong Kong Satir Center ever since Hong Kong Satir Center was founded in 1989. She was president, vice president and now is the program director. She is also a bridge with other Satir Centers in Asia, such as Taiwan Satir Center and Satir Centers in China. She was a board member of the Taiwan Satir Center for many years.

She does professional training courses and personal growth workshops in Hong Kong, Taiwan, Mainland China, Malaysia, Singapore and Macau. This Summer she will be one of the assist trainers at the S. I. P. Master's Series in B.C. Canada.

Marie Lam-Hong Kong



Tali Aharony, MA Clinical Psychologist

I am a clinical psychologist, practicing individual and family therapy in Israel. I am a happily married mother of three lovely daughters. I teach Family Therapy and the Satir Model. I love music and am deeply involved in classical singing. I integrate voice work in my therapy and teaching. I started on my professional path in California in the early 80s. There, I was greatly influenced by one of my teachers, student of Virginia. I internalized the systemic way of thinking as well as the Growth Model right from those early days.

Back in Israel, I continued my professional development as a clinical psychologist working in mental health, specifically with children diagnosed as having developmental and emotional problems. However, my internal voice led me back to systemic work. I specialized in Family Therapy and become a teacher and supervisor in this field.

In 2006, John Banman came to Israel with Nitza Broide Miller (who is my sister) to voluntarily teach the Satir Model. This was my first real introduction to the Satir Model. I immediately felt at home. Since then, I have devoted myself to creating, promoting, developing and leading a Satir group in Israel. This I do voluntarily. I feel that my enthusiasm helps bring people together. Presently, the Satir group in Israel has grown to about 70 members. We have various training programs as well as open monthly group meetings. The Satir group in Israel has developed into a very special, connected community. I feel like I have gained a loving family to grow with. Presently, we are in the process of becoming an independent center within the Israeli Association for Family Therapy.

My desire is to continue connecting to life energy and help others connect as well.

Tali Aharony-Israel



Being the Master, Mastering the Being by Anastacia Metcalf

34 participants, 12 countries, seven languages, one purpose. July's Master Class at Rosemary Heights in Surrey, BC was, in part, a call-to-arms. John Banmen gathered a group together from all corners of the world to inspire each other with the work they are doing and celebrate the inroads being made to bring the Satir Model to many different contexts worldwide. In the program he threw us in the deep end of the pool as masters-in-training, and challenged us to learn and grow into new depths of mastery.

What is mastery? It is that special something which makes us watch videos of great therapists again and again. It is more than technique, it is art. First you must know who you are at your deepest level, and be fully anchored in your innermost values and vision. Then you communicate that to the world through your touch, your actions, and your being.

The process started with us aligning ourselves with our essence and the concrete steps of manifesting our mission and purpose. We can stay very comfortable in our small pond without a mission, a spiritual imperative, to drive our actions and choices. The future growth of the Satir Model worldwide will require us all to think bigger.

I have a deep sense of gratitude to John Banmen for providing this unique learning experience. In it we were confronted with the necessity to acknowledge that we are masters. From there we could step into our own shoes. There was no hiding from ourselves. My first shock at contacting the parts of me that did not feel masterful and accepting them yielded the first big surge of growth. I had to acknowledge them and at the same time hold a different picture of myself. This productive chaos began on the first day.

John's focus allowed increased familiarity with both the essential elements and the nuances of masterful therapy: deepening our use of Self, illuminating the choice points in the therapeutic process, and practicing over and over again. Marie Lam and Linda Lucas' supervision of groups of 16 added to the learning. Demonstrations by John Banmen and videos of Virginia that had not been used for training purposes before added depth. We learned to approach familiar metaphors through new avenues.



Daily the theme was brought deeper and deeper into our cellular memory, hearts and minds. This integration of Self through all the levels of self is essential to be able to not just practice, but *live* and grow the model.

Three presentations were made by attendees. The first was by Linda Lucas speaking and sculpting on attachment. The second was by Karin Tschanz on her doctoral thesis about the biography and historical role of Virginia Satir, and applications of Satir in pastoral situations. The third was my presentation about the Respi-

ratory Integration and Reorganizational Healing Energetic Intelligences and the levels of the Iceberg, including leading the participants through a three hour bodymind experience.

Continued Page 9

Meet your Satir Institute of the Pacific board members who are thrilled to be able to honour and recognize outstanding world leaders in the Satir model, particularly from countries in Asia and Europe. Left to right Gail Franklin-member at large Jennifer Nagel-member at large, Madeleine De Little-Wisdom Box Editor, Mary Leslie-Membership Secretary, John Banmen-Director of Training, Michael Callaghan President, Linda Lucas, Secretary, Teresa McLellan-Treasurer. (Trace Hobson and Betty Conroy could not be present)



Continued from Page 8.

As a leadership experience, it was an unparalleled opportunity to be in the company of those who have made huge strides in growing and applying the model around the world in schools, with police, through pastoral services, in government and many, many more contexts. Inspired and fortified by their presence, it was possible for me to re-evaluate and recommit to my future goals for sharing the Satir model.

Participants from several countries formed a new Institute: The European Satir Transformational Systemic Therapy Network. Other participants are discussing forming additional new alliances within our global community. The community-building will continue long after we all go home.

The auction of donated items was fruitful. The student masters added to the scholarship fund for future programs by raising over \$2100. We hope it allows those to attend future trainings who have both the need for support and also much to contribute to our community. We all grow together.

Anastacia Metcalf,
Rosemary Heights July 18, 2011

Anna Maria Low

Anna Maria Low is a human being on a journey to becoming more fully human. She is grateful for the people in her life and also the people she meets at the different platforms offered to her now as therapist, supervisor and trainer, for helping her learn and grow.

Anna is the founding president of Satir Centre (Singapore), established in 2009. She accepts this honour from the Satir Institute of the Pacific on behalf of all Satir people in Singapore.

Anna holds a Masters in Social Science (Counselling), Post Graduate Diploma (Satir) Therapy, Diploma in Clinical Supervision, Bachelor of Accountancy and a Graduate Certificate in Theology. She is accredited as a Registered Counsellor, Approved Clinical Supervisor and a Registered Social Service Practitioner in Singapore. She is also a clinical member of the Satir Institute of the Pacific (SIP) and a member of the International Family Therapy Association (IFTA).

Anna has worked in different contexts including: auditing and accounting; residential care programs for teenagers-at-risk, single women in pregnancy crisis, women who are in abusive relationships and their children, and foreign domestic workers who have been abused; and currently at a family service centre and a family violence specialist centre; and also at a pastoral centre.

Anna has been a Satir supervisor and trainer in Singapore since 2003. She is also a Satir trainer in China since 2009. She presented at the Satir conferences in New Jersey (2003) and also Hong Kong (2010).

On a personal note, Anna hopes to make a positive contribution to self, others and context.

Anna Maria Low-Singapore



Rev. Karin L. Tschanz, M.Th.

Karin L. Tschanz is a Swiss-Canadian Marriage and Family Therapist, Supervisor AAMFT, Director of Pastoral and Palliative Care, Chaplain and Educator using the Satir Model. She studied Theology at the Universities of Bern and Basel, Switzerland, Lincoln, England and at the Wilfred Laurier University of Waterloo, Canada, and received a Masters in Theology from the University of Bern in 1985 and a Masters of Theology in Pastoral Care and Counselling from the Wilfred Laurier University in 1989. In 2011 she is expected to receive her Doctorate in Theology from the University of Bern. The topic of her Dissertation focuses on Virginia Satir and the integration of the Satir Model into pastoral care and counselling. She is an ordained pastor within the Swiss Reformed Church where she is working as a Director of Pastoral and Palliative Care and as a Chaplain.

As her second career she trained as a Marriage and Family Therapist and became an approved Supervisor with AAMFT in 2001. During her studies in family therapy she trained under Gloria Taylor in Kitchener, ON, and Maria Gomori on Gabriola Island, BC. With Dr. John Banmen and Kathlyne Maki Banmen she trained in the Satir Model, accomplishing Level I, II, the Training for Trainers and the Master course. She is a clinical member with the Satir Institute of the Pacific and is applying the Satir Model as a supervisor AAMFT. She is working as a teacher and Director of studies in the Master program in Pastoral care, counselling and pastoral psychology at the University of Bern, Switzerland, teaching family systems, family reconstruction and the Satir Model as it may be applied in pastoral care, counselling and pastoral psychology.

Karin Tschanz-Switzerland



My experience of being a participant in the Master class

By
Robin Beardsley

I have been working with the Satir model for over 20 years after my first reconstruction in Ottawa. I was excited to be invited to the Master Class given by John Banmen. I wasn't sure what to expect but now I would be different. Every day we were asked 3 questions, who are you, what do you want and what is your life mission or goal?. Every day I experienced these questions at a deeper level. I have heard before, the belief that Satir had, that we are all spiritual beings in a human body. This time I not only heard it, but I also experienced and felt it. It became integrated into me, such that I am now seeing people through new eyes. I am doing the same behaviors on the outside and yet I am different on the inside.

Another aspect of the week, was being with so many other amazing people, all of whom knew the model well. It was great to be able to brainstorm and discuss what it was that John was having us experience and discover. Sometimes I went so deep there were no words. My dyad and I just kept smiling, laughing and being with each other.



Robin with her smiling Triad-Madeline De little and Florence Westeringh

I especially enjoyed hearing all the amazing, inspirational things that people were doing with the model in other countries. It was an honour to be present when so many other leaders in the International Satir community received their awards for their achievements. My passion for this work was certainly rekindled.

I thought I was living the model before, but now I have a deeper experience of my life force that

Virginia was talking about. It isn't magic, but it is awesome!

Robin

MUDr. Milada Radosová

I grew up in Prague during the communist regime, when many people's yearnings could not be met. I chose a career that allowed me to stay free (not participate in the communist party) – to study medicine at Charles University. In 1985 I got a degree in Psychiatry and started to work at children's ward, where psychotherapy was used more frequently. In 1988 I signed on to the first government approved family therapy training, directed by Virginia Satir's student Petr Bos. In 1990 I got an attestation in children's psychiatry and started to work at children's outpatient psychiatry clinic, where I still work to date. In 1994 I participated in Marie Gomori's four-day-long seminar. I also graduated training in marriage counselling, training in imaginative psychotherapy and long term training in systemic family therapy.

In 1996 I had the chance to see Walter Zahn from California direct a family reconstruction, which showed me my next therapeutic direction. In the following years I took part in many growth communities led by W. Zahn and in 1999 I got through the process of my own Family reconstruction.

In 2000 at the International Family Therapy Association conference I had a lecture on family reconstruction. Between 1999 – 2001 I passed Avanta supervision training, directed by John and Kathy Banmen. I was a member of the team who successfully defended four-year long Virginia Satir's Growth Model training's (MOVISA) accreditation for the Health Area.

In 2001 I passed out a functional specialization in systemic psychotherapy. I've been IVS Czech Republic director for three years. In 2003 I lectured on IVS Czech Republic history and Movisa training at the Avanta Meeting in the USA.

Later on I've worked for IVS as a member of the expert council and organizer of foreign lecturers' seminars and Movisa training supervisions. I lead Satir workshops and lecture on STST at various conferences, I'm also a supervisor and guarantee of the Movisa training. In the summer of 2006 I took part in an advanced training program at Vancouver, organized by SIP and directed by John and Kathy Banmen.

I originated the idea to hold the World Family Conference in Prague, and I was its programme director and press agent. At the conference we managed to connect Satir therapists from around the world between each other, bring together Growth Model therapist with those of different therapy schools, and we also reminded ourselves the value of the family.

I allowed the Movisa training be expanded by accepting new, promising therapists. In September of 2011 the fourth Movisa training (Movisa IV) will be open and I'll direct it. I'm glad I've never stopped to believe in the possibility for change.

MUDr. Milada Radosová -Czech Republic



S o m r a k C h o o v a n i c h v o n g , M . D .

I have graduated with a degree in Medicine and Thai Board of Psychiatry. I have been working as a psychiatrist for 19 years and was a pioneer in establishing psychiatric patients' relatives club in Thailand. Currently, I'm the Chairperson of Thai Family Link Association, working with patients, relatives, and volunteers to promote potential of people who live with psychiatric disorders. Also I have founded Friend for Mental Health Magazine 11 years ago and have been the editor and have written the column "The Needle extracts the thorn" for layman and professionals who attended Satir workshops. In 1993 I first experienced Satir Model when I attended the workshop by Maria Gomori in Bangkok. In 1994 I traveled to Hongkong to attend the workshop by Maria Gomori, John Banmen, and Jane Gerber. In 1999 I met John Banmen. John mentioned that he would be willing to do a short workshop using the Satir Model in Thailand for the professional community. The first workshop by John Banmen was held during 13-16 December 1999. In 2001 I coordinated the organizing of the workshop for members of Royal College of Psychiatrists of Thailand. After that there were teams organizing workshops for other personnels widely across Thailand. Personally, I use Satir Model in working. There are only a small number of psychiatrists in Thailand. Mostly they see each patient for 5-10 minutes and primarily treat patients with medication. But I tried to set up a special clinic, so I could have chances to treat patients with psychotherapy by using STST. Then I am happy that I can help patients be free from symptoms and grow. Now, I organize the workshops for universities and Bible colleges that invite me persistently. And I also applied Satir Model in organizing marital life enrichment retreats for many churches. I am willing to improve my supervision skills so I can promote ones who would like to use STST in Thailand.

Somrak Choovanichvong -Thailand



PhDr. Hana Scibranyova

is a licensed clinical psychologist and psychotherapist, with private practice for individuals, couples and families in Bratislava, Slovakia.

Before she worked in Child Clinic Hospital in Bratislava for high risk newborn babies and their families, lectured programs for healthcare professionals in Postgraduate Medical Centre in Bratislava. She was involved in a longitudinal research for development of premature born in Slovakia.

She studied Ericksonian hypnotherapy and Satir Model Transformational and Systemic Therapy.

She is a director, a trainer and a lecturer and supervisor of short and long term training programs in the Satir Model in Czech Republic and Slovakia. She is also contributing to the development of the Disaster and crisis psychology and trauma-therapy and building the network of crisis management in Slovakia.

She is the President of Satir Institute in Slovakia, the former Board Director of Avanta, the Virginia Satir Global Network, an ex-President of the Slovak Chamber of Psychologists, member and the national delegate for Slovakia of the Slovak Psychotherapy Association in European Association of Psychotherapy (EAP), and a member of the Disaster, Crisis and Trauma Committee of the EFPA (European Federation of Psychology Associations) for Slovakia.

She is happily married and with her husband Miroslav they have a daughter Lucia and two sons, Daniel and Radovan.

Hana Scibranyova-Slovakia



SİBEL USLUER ERENEL

Sibel Erenel (Usluer) is a licensed marriage & family therapist, and supervisor. She is the founder, director and trainer of Satir İnsan Gelismive Aile Terapisi Enstitusu (Satir Human Growth & Family Therapy Institute) in Istanbul, Turkey. She received her M.Ed. degree in Counseling at Boğaziçi University and holds a second M.Ed. degree in Family, Marriage and Child Therapy, and School Counseling from California State University Hayward. She was licensed as a Marriage and Family Therapist in California in 2001.

Sibel was a student of Kaye Bishop LMFT-a first generation Satir trainer, for 5 years where she learned the Satir Model. She has worked with children with developmental disabilities and their families; at-risk youth, victims of violence, high conflict families and couples, She has also worked in child abuse, violence, and crime prevention programs. She has conducted group, individual, couple's, child and family therapies in schools, family counseling centers, and private practice.

In 2006 Sibel Erenel developed a 3 year Satir model based family therapy program providing training to counselors and therapists in Istanbul. She collaborated with the Satir Institute of the Pacific to enhance the training program as subsequently approved by Satir Institute of the Pacific (SIP) Director of Training John Banmen.

Sibel Erenel is a clinical member of AAMFT, CAMFT, IFTA and the Satir Global Network (formerly AVANTA) & SIP. She is also dedicated to working for the advancement of family therapy and the Satir Systemic Transformational Therapy in Turkey where she has her private practice and runs the Satir- based Family Therapy program.

Sibel Erenel-Turkey



In this skit Robin Beardsley is giving a serious lecture on the five elements (with the help of Madeleine's arms)



From the top: Swami Banmen, (aka Sandy Novak) Jim and Tali ‘diving into the ocean of being a Master’, Sibel leading us in Belly dancing, Klaus needing counselling for not having a head, and a very funny Czech/Slovakian Hat dance with coffee filters for hats.



John and the many people who love and admire the work that he does



I think this is Karin but I have absolutely no idea what she is doing



Lots of love and conversation after the awards





Satir Institute of the Pacific

Coming Events-Dates are also now confirmed for the rest of 2011 :

August 12– 21, 2011 STST Level 1 Summer Intensive Training with
Kathlyne Maki-Banmen

Too late

Registering

Level 1 training Fall 2011 starting September at the Phoenix
Centre in Surrey. Training with Linda Lucas and Jennifer Nagel,

Registering

Soon

Now Registering

Level 1 training Spring 2012 starting February at Victoria Executive
Center. Training with Anne Morrison and Wendy Lum

Level 3—Satir In the Sand Tray, December 4, 5, 2011 in Fort
Langley. Training with Madeleine DeLittle.

Research Papers

Are you doing a masters or PhD research on the use of
Satir? Please contact John Banmen

jbanmen@dccnet.com

Who would like to collect the research papers and compile
them?

Advertising and Classified Ads in *The Wisdom Box*

The **Wisdom Box** is now accepting classified ads and regular advertising. Here is our policy.

Advertising is welcome. The *Satir Institute of the Pacific* reserves the right to reject advertisements which do not meet the general purpose of the organization. Send all copies, payments and inquiries to the Editor. A cheque payable to the *Satir Institute of the Pacific* must accompany your copy.

Display advertising rates:

- w Full page — \$50
- w Half page — \$25
- w Quarter page — \$12

Classified advertising:

The cost for professional related items such as office rentals, items for sale, equipment needs, supervision etc. for up to 3 lines are free for members and \$1 per line for others.

If possible, please forward articles and advertisements via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at the address listed below.

Program Registration

All Satir programs can be registered for by contacting Cindi Mueller at 604-634-0572 or from our website at www.satirpacific.org

Attention Advertisers:

The *Wisdom Box* is published four times per year: Summer, Fall, Winter and Spring. the next **deadline** for submission will be **December 15th 2010**

Please submit any articles, ideas, gossip, poems or anything else to the Editor. We would love to hear from you.

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Membership Rates

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