

# The Wisdom Box

The Official Newsletter of the Satir Institute of the Pacific

Spring 2010 Issue

Peace within  
Peace between  
Peace among

**Satir Institute of  
the Pacific**

**2009-2010**

**Board of Directors**

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Madeleine De Little

Shelley Jensen

## PRESIDENTS MESSAGE

I would like to extend a warm welcome to the new members of our Advisory Board. They are:

- Dr. Khawla Abu-Baker - Israel - Board member, IFTA, Director of a non-profit organization providing services for Palestinian widows, author of 2 books on Israeli/Arab relations,
- Dr. Somrak Choovanich, MD - Thailand - psychiatrist; Program Coordinator, Thai Satir Center; Satir therapy trainer
- Dr. Hwang, Kyung-Aie - Korea - university professor, founder of a branch of the Korean Satir Institute
- Dr. William Nichols - U.S.A. - president of the International Family Therapy Association, editor of the journal, "Contemporary Family Therapy"; Former President of the American Association for Marriage and Family Therapy (AAMFT);
- Dr. Marilyn Peers, C.M., M.S.W., LL.D. - Canada - retired Executive Director of a non-profit social agency; long-term past president of Avanta: The Virginia Satir Network; recipient (1996) Order of Canada
- Dr. Hilda Richards, EdD, RN, FAAN. - USA - Chancellor Emerita And Professor Emerita Of [Indiana University Northwest](#); former board member, Avanta; The Virginia Satir Network; former President, [National Black Nurses Association, Inc.](#), editor for the *Journal of the National Black Nurses Association*, board member, Aids Foundation Of Chicago
- Dr. Jeffrey Zeig - U.S.A. - Director, The Milton H. Erikson Foundation; author of several books; co-owner of Zeig, Tucker & Theisen, Inc. Publishers

We are fortunate that we have such a talented group of people from around the world who have agreed to share and support our Institute with their wealth of experience and knowledge for the next three years.

Our AGM is on June 12th. My hope is that many of you will make the time to attend what will be an exciting event with door prizes, an auction and Jennifer Nagel talking about the tapes she is transcribing of Virginia Satir in Quebec. These are filmed recordings (120 disks) of a month long training program Virginia gave in Montreal, Quebec in 1980, which SIP acquired after they lay untouched in a hospital basement for 25 years. This is the only known recording of a month long training event that exists. As such, it is a unique and rich source for the study of her teaching and practice with a group of participants. This will be an opportunity not to be missed. Also at the AGM we will be electing new members of the Board of Directors.

Continued on Page 2

## The Virginia Satir Institute of the Slovak Republic

by Dr. Hana Scibranyova

### History

The Virginia Satir Institute of the Slovak Republic was registered as NGO before Christmas in 1996 by the group of committed students of prof. Walter F. Zahnd, our first Avanta teacher in the Satir Model in Slovakia, later the leader of the long-term training communities and Family reconstructions in Slovakia.

The history of our institute is also connected with dear Dr. Olga Holubova (1948 - 2002), the cofounder and former President of The Czech Satir Institute in Prague, who was a very dedicated and popular leader and translator of many local workshops and international training programs in Slovakia.

**The first milestone** of the development of Satir Institute in Slovakia

The professional training team of leaders of the Satir Institute has developed continuously since 1998. It includes psychologists, psychotherapist, family counsellors and social workers. First focus was on personal growth and family reconstruction for our team members lead by Walter Zahnd that helped create connections within ourselves and our family resources. Soon they had also the opportunity to attend the three year Satir Transformational Systemic Therapy training and supervision training lead by Dr. John Banmen and Kathyline Maki-Banmen from B.C., Canada with the joint Czechoslovak group of 13 participants, strongly

supported by prof. Walter F. Zahnd.

In 1998, the first two Slovak groups of participants received the direct teachings from prof. Paula Englander-Golden and prof. David Golden from Texas University in the 'Say It Straight' program for prevention of addictive and other risky behaviour. This has become a very popular training program all over Slovakia. The program has repeatedly received the governmental credit of the Ministry of Education of Slovakia.

Since 1998, professional counsellors and family therapists have regularly met together and shared their professional experiences using the Satir Model and developed their skills further using the resources of Sharon Loeschen's Satir Model Process in regular clubs for therapists lead by Hana Scibranyova.

Continued on page 3

### Presidents Message continued from Page 1

Our Institute will be well represented at the Hong Kong Satir Conference, just after our AGM in June, when over twenty per cent of the presentations will be made by SIP members, in addition to the two Keynotes by Dr. Jeffrey Zeig (a SIP Advisory Board member) and Dr. John Banmen (SIP Director of Training). There will also be a new issue of the Satir Journal available in May for sale at our AGM and in Hong Kong. This will be the last issue for the time being, while possibilities for future publishing by SIP are explored over the next year.

Michael T. Callaghan

President

*The Virginia Satir Institute of the Slovak Republic*

*by Dr. Hana Scibranyova continued from page 2*

**Second milestone** - international and regional networking

In 2004, our Institute was recognized as the licensed psychotherapy training institute of Slovak Psychotherapy Association with the ability to create professional training and education programs in psychotherapy in accordance with the European Psychotherapy Association criteria and Ministry of Health of Slovakia. We are also able to receive credits from the Slovak Psychologist Chamber as it meets the requirements of this professional organization for the institute workshops or trainings for professionals allowing psychologists their postgraduate study in the Satir model.

Together with Avanta Network (now Satir Global Network), and the Czech Satir Institute, the Slovak Satir Institute were the organising and sponsoring bodies for the World Family Conference 2007 in Prague, which was attended by 350 participants from 33 countries. The Slovak Satir Institute cooperates with the Czech Satir Institute in its mission and developing international training groups. Some Slovak trainers are team training members of the 4 year accredited Czech Satir program MOVISA. (Model of Virginia SATir - which is the first Satir Model accredited psychotherapy program of the Ministry of Health in the Czech Republic).

**Third milestone** - from Self to others and context

Our team of trainers of the Slovak Satir Institute together with the guest teachers and our supervisors Walter Zahnd, John Banmen and Kathlyne Maki-Banmen from USA and Canada teach Satir Model in more than 25 short or long-term workshops and training programs a year.

The main focus of 240 hours residential training STAR BASIC (Systemic therapy and growth - basic) is to teach professionals in helping professions to experience and then to use the Satir Model in their practice in various contexts. The training is provided by the teaching triad of trainers and is supported by assistants. In 2011 - 2012 the third Star basic series will be opened for the carefully selected group of attendees. The talented students completing the University studies in human sciences can be involved in the group.

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**SIP STORE**

Don't forget to check out our SIP Store on our Website [www.satirpacific.org](http://www.satirpacific.org) We now have a variety of books also available for sale.

*The Virginia Satir Institute of the Slovak Republic*

*by Dr. Hana Scibranyova continued from page 3*

STAR-T (STAR-therapist) - is a long term 680 hours psychotherapy training in Satir Model to prepare future licensed psychotherapists in accordance with EU criteria, certified by Ministry of Healthcare of Slovenia and guaranteed by Slovak Psychotherapy association. Satir psychotherapy training is one module equal to other nine psychotherapy modules of recognized psychotherapy approaches (e.g. psychoanalytic, psychodynamic, Gestalt, CBT, PCA etc.), all of them integrated to one teaching project to reach the specialization qualification for psychotherapy. This program is provided by a trio of licensed psychotherapists who are Satir trainers. The participants are supervised and provided with personal therapy by other licensed team members.

**Healing from trauma after violence in families 2008-2009 training**

Another important specific training for licensed therapists and counsellors took place in 2008-2009 in cooperation with the Satir Institute of the Pacific, Canada, led by Kathyne Maki-Banmen, M.A., RCC. Healing From Trauma Using Satir Transformational Systemic Therapy addressed ways to work with the impact of family violence on all family members including both the violent individuals and the people who have been violated. It addressed the cumulative effects of all traumatic events and how these impact the extent of trauma a client experiences in the present.

We also opened up and offered men's and women's groups in May 2006. We have groups for pairs, parents, families and the general public based on Satir Model. Among the workshops in Slovakia, the most popular are three days residential family reconstruction marathons.

We provide a special family care and education program for families with various kinds of abuses including programs for alcohol treatment facilities working with AA groups and with people with trauma and posttraumatic stress. Our trainers use the Satir Model to improve self care for employees in business workplaces (Rebeka Trepacova and Nada Feketeova) Another challenging program is to improve the education of judges, lawyers and police about family systems.

Our experienced team is planning new program projects to have more family therapist specialized in family therapy and more competent Satir supervisors, to have more human medical care of general practitioners and nurses...

We have come a long way, and according to John Banmen, we need to appreciate our many successes more. Glad to share with the readers of the Wisdom Box.

*Editors note – It is lovely to hear from you again Hana. And thank you for writing this article in a second language! You are doing such incredibly important work. Thanks to John Banmen who Edited this article. mdl*

## **“Satir in the Sand Tray” Coming to a level three in the fall**

### **Madeleine De Little**

I have worked with the sand tray for years and have gradually combined my love of children and play and the Satir Model to create an additional way of using the Satir Transformational Model. Here is a typical example of a young child’s play. I usually only ask the children to make a picture and play in the sand.



There is no real need even to know the story (It is very rare for children to tell you their story but I do get it from the parents). So then I describe all the things I notice in this picture e.g. I see a bear with a person in his mouth, I see a white and black striped animal, I see a person in a red suit—sort of looks like Santa and that person is holding a gun in both hands etc. I then reflect his picture. “There are bears and dragons and ghosts in here. Is this a scary place to be? — — Every one seems to be fighting and I am not even sure if there are any sides in the fight it all looks very confusing. — — Even the Santa character has to take up guns and fight which he does not normally do, does he?.....”

My hypothesis as I am watching the picture unfold is that what I am looking at in the sand tray is the child's iceberg in the past and present. In his internal world, he feels scared, he feels confused, his perceptions are that his world is in chaos, even the special things like Christmas have only negative associations. So in order to positively transform the internal iceberg of the child, the therapist has to ask the poignant questions to positively transform the picture. Sometimes this takes weeks other times it takes one session. The level three weekend workshop that I will be leading in the fall will help you to learn how to aid the individual to positively transform their internal iceberg through creating opportunities to change the scenes, figurines and the interactions in the sand. This approach can be used with individuals of all ages and their families. Stay tuned for the date in the fall !! MDL



## Hong Kong Satir Center 20<sup>th</sup> Anniversary by Marie Lam

Hong Kong Satir Center is celebrating its twentieth anniversary. Looking back twenty plus years ago, I was then a stay at home mom who lacked self purpose at that time; I attended some workshops on the Satir model that changed my life. The experience of finding myself touched me so much that I was inspired to become one of the founders and took the position of board member since our inception. I would like the opportunity to introduce you to the Center which has meant so much to me.

Hong Kong Satir Center is a non-profit charitable organization. Virginia Satir was invited by Ms. Irene Cheung and led a workshop in Hong Kong in 1983. Five Hong Kong residents went to Process Community workshop in the USA the following year. Two of those five, Au Chak Kwong and Christopher Ng, invited Virginia back to Hong Kong. Virginia instead recommended her three best trainers to take her place. John Banmen, Maria Gomori & Jane Gerber. With big hearts, all three of them accepted the invitation and conducted their first workshop free in May 1986 in Hong Kong. The process of the workshop touched the hearts of all participants. We learned so much about ourselves and the impact on our families. Yet they wanted to learn more. JMJ were invited to do two workshops the next year. As we know, Chinese people are very family-oriented. We wanted very much to promote the model in the community. We decided to set up the Satir Center in Hong Kong. We are all volunteers, with the help and support from John Banmen, Maria Gomori & Jane Gerber, we (Irene Cheung, Au Chak Kwong, Christopher Ng, Antony Tam, Christopher Cheung, Peter Cheung, Monita Choi and Marie Lam) went through many meetings. Eventually, we had our inauguration on April 13<sup>th</sup>, 1989. John, Maria and Jane were our

VIP guests at the opening ceremony. We started with one phone line and one mailbox. Other than personal workshops, we started a program of "Training for Trainers" the same year. This program ran three years. John, Maria & Jane took turns, twice a year to train eleven of us. (To this date, John and Maria still come to Hong Kong twice a year to train and lead workshops. They attract more than 300 people to their live demonstrations each time.)

Since then, together with John, Maria and Jane, we organized different kinds of professional or personal development workshops. We had one clerk later in 1990. All volunteers not only contribute their time, energy & money, but also their hearts. Gradually we could afford to rent a room as our office and hire a part-time secretary. We started our first two-year training "Professional Counseling Certificate Course" in 1997 and had local trainer leading the personal growth workshop at the same year. We started our direct service (e.g. counselling and supervision) in 1998.

We are also proud to announce that the 2010 Satir World Conference will be held in Hong Kong. The theme of the conference is "Synergy for a Peaceful World - Healthy Individual, Happy Family, Harmonious Workplace". We hope to attract 600 participants all over the world to join the Conference. <http://satirnetwork.ning.com/events/2010-satir-world-conference>

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Hong Kong continued from page 6

After starting off with one mailbox, one phone line and plenty of inspiration, Hong Kong Satir currently now has 5 full-time administrative staff, 1 part-time employee.

2008 Yearly service profile: (Data not yet available for 2009)

727 counseling cases (active cases), new cases: 299, counseling sessions conducted: 3682, 123 supervision sessions, 7 personal growth workshops (led by Maria Gomori and local trainers), 19 professional trainings days (led by John Banmen and Marie Lam), 4 outreached programs, 12 Video sessions (monthly video discussions (Satir tapes such as family reconstruction led by Maria Gomori, Golden Triad tapes by Virginia Satir, or live demonstration work done by John Banmen, Maria Gomori)

During 2008 we had: 577 members, 135 counselors, 10 supervisors

Our dream started twenty plus years ago and we are now seeing our harvest. This year we have started to invite local graduates to do short courses. We are hoping in the future that more local trainers will lead personal growth workshops or be trainers for professional developments. So that we can promote the use of the Satir Model to more people in the community. The dream continues for all of us.

We ask all *Wisdom Box* readers to celebrate with us our 20<sup>th</sup> Anniversary and hope many of you will attend the Hong Kong Satir World Conference in June 2010.

Marie Lam (One of the founders of Hong Kong Satir Center, Formal president, Present Program and Training Director)

*Editors note. I had no idea about the journey you and your organization has been on Marie. I am so glad that the Satir Model gave you purpose and unwavering commitment. Thank you so much for writing this article. mdl*

# Satir World Conference June 15th-19th Hong Kong

## Healthy Individual, Happy Family, Harmonious Work place.

<http://satirnetwork.ning.com/events/2010-satir>

### Keynote speakers

**Jeffrey Zeig, Ph.D.**

Director of Milton H. Erickson Foundation

**Dr. John Banmen**

Director of Training Satir Institute of the Pacific

**Dr. Lee Wai Yung**

Assoc. Professor & Founding Director of HKU Family Institute, HKU

**Grace Cheung Pau Yi Kum, Ph.D.**

Hon. Assistant Prof. , Dept of Social Work, HKU

**Peter Cheung Ka Hing, Ph.D.**

Director, Result – Centre for Personal and Relational Reconstruction

## Inner Child No More

by

Dr. John Banmen

Director of Training

About two years ago I had the honor of spending two days with Dr. Jean Houston, one of the leading experts in the human potential movement. Also, a former personal consultant to the past first lady of the White House, Hillary Clinton.

During those two days of our meeting she told us that she regretted she had ever said “inner child” during a major talk she had given. There is no inner child she said. Yet the idea caught on and has become part of our public psyche and actually has caused us to become a little schizophrenic, or split into two. We are to be grown up, responsible, living in the Now and yet have a helpless, craving inner child stuck in the past that needs nurturing, sometime pity and always split from our adult, real, present self.

It is time we grow up. We can be compassioned, nurturing, accepting and caring in the present.

Very often the “inner child” is associated with a childhood trauma where helplessness is part of the experience. You have been asked to nurture the past, that victimized part as your inner child.

Why not heal that part, unfreeze the part and let it grow up and be integrated into the adult of the day, You? Why keep such a part inside and not invite it to become part of yourself integrated?

The Satir Model promotes the process of dealing with the trauma and helps the frozen part to grow up and be integrated.

It might be difficult to change some of the professionals to stop promoting the idea of an “inner child” living in our body, needing, nurturing, and sometimes pity. Yet, with so much present emphasis on positive psychology, positive emotions and living in the Now, it might be time to invite therapists to change their therapy practice into a more healthy, integrative, positive therapeutic practice.

They might need some help accepting what was without liking it and actually do some interactive and intrapsychic forgiveness. The client might also need some help letting go of a perception of a time duality that does no longer fit. Being successful, the client can then grow up emotionally, in tune with their physical and mental age.

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### **“Inner child no more” by John Banmen continued**

In the Satir Model, we invite clients into an experiential process of healing the trauma, letting go of the childhood hurt, anger, disappointments and fear. By giving this scary, needy part acceptance and love, the “inner child” part can transform into positive life energy. Then, allowing or inviting the part to move into the present as a tender, positively sensitive aspect of one's existence, the client can grow up and become whole.

Very often this process can be achieved by unearthing unmet expectations and unfulfilled yearnings and finding ways of letting go of early stuck place from within.

Emotionally, internally living in two time zones, past and present, has a tendency for the client to live in two homes at the same time. That keeps people from living in a congruent, integrated world.

In love relationships, the mate often experiences the time duality of his/her partner. Unfortunately, the past/childhood part comes across needy and cannot be satisfied for very long. Getting help to allow the frozen part, the “inner child” to melt into the present will have a great improvement on one's congruence.

I promised Dr. Jean Houston that I would help her in speaking out on this subject and encourage all of us to grow up and let our “inner child” energy heal and join and integrate with the rest of us. I ask you to join me in this process by you becoming a model of oneness and congruence and then helping others to achieve the same goal.

The big warning is that this process must be experiential not just cognitive to be successful.

*Editors note; I have always been uncomfortable with the inner child part. This article has really sorted out my confusion. No more inner child, no more excuses. Thank you so much John for clearing up this very popular millstone. mdl*

## **WELCOME NEW MEMBERS TO SATIR INSTITUTE OF THE PACIFIC**

Frank Chen – Clinical  
Stephanie Hatten – Community  
Marilyn Peers – Clinical  
Sita Piers – Community  
Deborah Ryane – Community  
Tracy Tillapaugh – Community  
Florence Westeringh – Professional

## **WELCOME BACK TO**

Don Potkins – Clinical

You are all most Welcome to Attend  
the  
**Satir Institute of the Pacific AGM**

Saturday June 12th – 1.30pm-5pm,  
Phoenix Centre, 13686 – 94A Avenue, Surrey.

Guest Speaker: Jennifer Nagel

Speaking about the tapes that she is transcribing  
of

Virginia Satir in Quebec

Followed by the Satir Institute of the Pacific AGM at 4pm



There will be door prizes

and

a Silent Auction of Satir books, tapes and in particular a set of videos of  
Virginia Satir and Kubler-Ross.

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# Satir Journal-Review By Madeleine De Little

**This latest edition is absolutely riveting.**

## **Volume 3 Number 3.**

I have been recovering from surgery and off work. Well what is a girl to do but pick up some Satir material to read as part of the convalescence. So there it was, that academic Satir Journal just calling me. Through the pain and Tylenol threes, I genuinely loved reading this edition. It is a 'Must Have'.

The authors have done hours and hours of work on interviewing and transcribing interviews. It makes a good bed time read—I am serious. The lovely —yes I mean it Moira —the lovely Moira Hagen has translated Virginia's teachings that she (Virginia ) did at her home in Crested Butte Colorado in 1987. The "seed model" refers to being "in touch with your own uniqueness, it doesn't have to be compared or competed with another. You are the only one exactly like you in the world. You are someone to discover" (AAAGh —that is the sound of me sighing) Virginia then talks about the point of choice and welcoming change. (more sighing from me as I find it so very comforting to read Virginia's own thoughts. Wonderful stuff)

The next article is by Jesse Carlock who I thought just loved watching others at the advanced retreat as she spent the whole time behind the video camera, (Until the auction night when she modeled the little black sparkling number as I recall) Now I understand it! She loves listening to others behind a microphone. Seriously, Jessie's interview with Jane Gerber about Virginia is fascinating. In this interview we learn how Virginia struggled with her own family issues until her dying day. We learn about how Jane Gerber, Maria Gomori and our very own John Banmen were like interns to Virginia, who I sensed, put Virginia's brilliant intuitive work into a theoretical model. We get to see and understand the interesting relationship between Virginia and Fritz Perls..... Well you will just have to find out the rest for yourself. Buy the journal from <http://www.satirpacific.org/index.html> purchasing .

Oh and by the way the lovely—Yes I mean it Moira— the lovely Moira Hagen transcribed this interview for Jesse as well. As a bonus, Carolyn Nesbitt has given us one of Virginia's mediations from her book, 'Virginia Satir :Meditations'. All of that for \$20!!

## Why join the Satir Board?



From left to right, Teresa, Michael, Shelley, Linda, John, Pindy standing. (Madeleine was away that day)

There are four nominations open this year. Two are for two years on the board and the other two are for one year on the board. So why, you are asking me, would I want to become a board member? Well that

in fact is a very easy thing to answer. You get to spend wonderful quality time with some incredibly wonderful high quality people. You learn all about the Institute and what it is doing in the world, but most importantly you make decisions that impact how the Satir Institute of the Pacific is changing the world one family at time. Not bad for six meetings a year.

If you wish to be nominated or know someone that is keen and willing to take on some small responsibilities, then please do let Shelley Jensen, our nominations coordinator know.

Nominations for the A.G.M. to be sent to

Shelley Jensen at [admin@satirpacific.org](mailto:admin@satirpacific.org)



## Satir Institute of the Pacific

### Nomination Form for the Board of Directors

Date \_\_\_\_\_

Your name (please print) \_\_\_\_\_

Your membership

Clinical member (in good standing) \_\_\_\_\_

Professional member (in good standing) \_\_\_\_\_

Affiliate member (in good standing) \_\_\_\_\_

Community member (In good standing) \_\_\_\_\_

### Would like to Nominate

Name of nominee \_\_\_\_\_

Address of nominee \_\_\_\_\_

Nominee's phone number \_\_\_\_\_

Nominees Membership

Clinical member (in good standing) \_\_\_\_\_

Professional member (in good standing) \_\_\_\_\_

Affiliate member (in good standing) \_\_\_\_\_

Community member (In good standing) \_\_\_\_\_

Have you verified this person's willingness to be nominated?

Yes (If not, please do so before submitting this form)

Please submit all nominations to Shelley Jensen at 13686 - 94A Avenue, Surrey, BC V3V 1N1 or e-mail to [admin@satirpacific.org](mailto:admin@satirpacific.org) and give Shelley the written nomination at the Satir AGM on 12<sup>th</sup> of June 2010



## The Unsung Hero award



**This award recognizes members who donate their time and energy in support of the Satir Institute of the Pacific and the enhancement of**

**Satir Transformational Systemic Therapy.**

**If you know of a member who works tirelessly for S.I.P. and wish to nominate them for this award please send their name and the reasons why you believe this member is an Unsung hero.**

**Please send your nomination to Linda Lucas,  
Director of Membership services to:  
[admin@satirpacific.org](mailto:admin@satirpacific.org)**

## Satir Transformational Systemic Therapy Level III Workshop

### HEALING GRIEF USING THE SATIR MODEL

With Linda Lucas, L.C.P.C. Clinical Counsellor  
and  
Kathlyne Maki-Banmen, M.A., R.C.C. Individual, Couple  
and Family therapist



April 17, 18th 2010

9.am to 5.00pm

Phoenix boardroom  
13686-94A Ave, Surrey, B.C. V3V 1N1

EARLY BIRD RATE BEFORE APRIL 1ST  
\$150

Read the next page for more details

## More About The Level 3 Program, “Healing Grief Using the Satir Model” on

**April 17th, 18th 2010**

This workshop is designed to provide therapists and counsellors with the knowledge and skills to work with individuals and families who are experiencing grief associated with significant loss. The focus will be on helping people change not just their behaviors, but will also focus on resolving anger, hurt, anxiety and fear, on changing beliefs and assumptions which interfere with healing and on resolving unmet expectations which may lead to depression or “acting out” behaviors. It will assist clients in tapping their universal yearnings and their life force energy to lead towards growth and healing to help clients take charge of their lives and live more responsibly. Unresolved losses colour our lives. A history of unmourned losses affect people differently: some balk at changes, some make contextual change a way of coping; some avoid saying goodbye, others prolong goodbyes and will call frequently between meetings for reassurances; some experience anger and despair while, for others, grief is expressed through sadness and regret. Grief is the series of emotions that accompany mourning and the chaos of losing something before one is ready to let go. New losses revive past losses and the grief associated with them. Death is the most concrete of the losses. The Satir Model requires that counsellors have a high level of therapeutic competence and congruence. The experiential aspects of the training will provide counselors with opportunities to resolve some of the issues which may interfere with the therapeutic process. Therefore, the program will aid counsellors in becoming more competent, more confident and more congruent.



Linda Lucas and Kathlyne Maki-Banmen will utilize lecturettes, small group discussions, structured exercises, demonstrations, experiential learning, videotape analysis and skill practice sessions as part of the program. The training program will focus on helping individuals resolve their grief and loss and develop some skills in helping other individuals and families with their grief and loss.

This workshop will focus primarily on loss through death, although other losses will also be addressed.

**This 2 day workshop is intended for helping professionals working with clients in therapy who have completed a MINIMUM of STST Level I.**

## Satir Training Programs

### Satir Transformational Systemic Therapy Level I

**Satir Transformational Systemic Therapy Level I—**

#### **A 10 Day Residential Summer Intensive Training**

July 1st – July 10th, 2010 Rosemary Heights Retreat Centre, 3690—152nd Street, Surrey, B.C., Canada. With Kathlyne Maki-Banmen under the direction of Dr. John Banmen, RPsych, RMFT, Director of Training

### Satir Transformational Systemic Therapy Level III

**1) Healing Grief Using The Satir Model (level III)** *with* Linda Lucas, LCPC Clinical Professional Counselor *and* Kathlyne Maki-Banmen, MA, RCC April 17 & 18, 2010 9am – 5pm  
*Location* Phoenix Centre (Boardroom) 13686 – 94A Avenue, Surrey. See pages 15 and 16 for more information

**2) Satir in the Sand tray (Level III)** *with* Madeleine De Little M.Sc. and Colleen Murphy M.A. R.C.C. Date to be announced *Location* Phoenix Centre (Boardroom) 13686 – 94A Avenue, Surrey. See page 5 for more details

**For program information and registration** contact Cindi Mueller, Administrative Assistant, Satir Institute of the Pacific at 604-634-0572 or [admin@satirpacific.org](mailto:admin@satirpacific.org) or check the SIP website at [www.satirpacific.org](http://www.satirpacific.org). We now accept PayPal please contact the office for payment.

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## Clinical Evening April 29, 2010

Satir Members are once again invited to join together for informative evenings dealing with a variety of topics presented by members who have offered to share their knowledge and expertise.

**Sessions will be held at the:  
Satir Institute of the Pacific (Phoenix Centre)  
In the boardroom 7:00 pm to 9:00 pm  
13686 - 94A Avenue, Surrey, BC V3V 1N1**

### April 29, 2010 Speaker is Jim Smith

Presenting on:

**“DEAD KIDS TALKING - Finding the Internal Story of Suicide and Suicidal Ideation”**  
Using the Satir Transformational Systemic Therapy Model

Jim Smith MA, RCC, RSW (PP) will present his experiences and findings with the BC Coroner's Service where he was employed as a Behavioral Investigator where he investigated completed adolescent suicides, suspected suicides and suspicious deaths that could be suicide.

Jim will share his behavioral investigation procedures and methodology for gathering idiographic information pertaining to a deceased person and will illustrate with case references on how the Satir Transformational Systemic Therapy Model's view of behavior was used to make sense of these seemingly senseless deaths. The Satir Transformational Systemic Therapy Model and the Model's view of suicide will be discussed.

Jim will also discuss how the Satir Model can be used with living youth to understand their deeper unmet needs masked by acting out behaviors where left unresolved can lead to suicidal ideation and suicide.

If you have any questions please contact Linda Prochaska at [lprochaska@shaw.ca](mailto:lprochaska@shaw.ca) or call 604-879-6654.

### To Register:

Send the information below and \$10 registration fee per evening to:

Satir Institute of the Pacific  
13686 - 94A Avenue  
Surrey, BC V3V 1N1

Phone: 604-634-0572  
email: [admin@satirpacific.org](mailto:admin@satirpacific.org)

**Please register me for the Clinical Evening April 29, 2010**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_



## Advertising and Classified Ads in *The Wisdom Box*

The **Wisdom Box** is now accepting classified ads and regular advertising. Here is our policy.

Advertising is welcome. The *Satir Institute of the Pacific* reserves the right to reject advertisements which do not meet the general purpose of the organization. Send all copies, payments and inquiries to the Editor. A cheque payable to the *Satir Institute of the Pacific* must accompany your copy.

### Display advertising rates:

- w Full page — \$50
- w Half page — \$25
- w Quarter page — \$12

### Classified advertising:

The cost for professional related items such as office rentals, items for sale, equipment needs, supervision etc. for up to 3 lines are free for members and \$1 per line for others.

If possible, please forward articles and advertisements via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at the address listed below.

### Attention Advertisers:

The *Wisdom Box* is published four times per year: Summer, Fall, Winter and Spring. the next **deadline** for submission will be May 2010

Please submit any articles, ideas, gossip, reflections, poems or anything else to the Editor. Because if you don't then the editor will not have anything to edit and that would mean she could no longer be the Editor. Please write.

mdl

### Wisdom Box Production Team

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**Don't Forget** – If you haven't renewed your membership, this will be your last Issue of the Wisdom Box

Clinical/Professional Members – \$50 per year

Affiliate/Community Members – \$25 per year

Remember you can upgrade your membership at anytime as long as you meet the qualifications. For more information contact Cindi at [admin@satirpacific.org](mailto:admin@satirpacific.org)

<http://www.satirpacific.org/membership/documents/Membership>

### Address Change ??

If you have changed or are about to change your address or e-mail

Don't forget our website!!!

[www.satirpacific.org](http://www.satirpacific.org)