



The Wisdom Box

Spring Issue

The Official Newsletter of the Satir Institute of the Pacific

April 2005

Board of Directors 2004–2005

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Kathlyne Maki-Banmen

Pauline Mullaney

Al Wiebe

*You're
Invited*

Satir Institute of the Pacific

2005 Annual General Meeting

June 11, 2004 2 pm – 6 pm

The Abercorn Inn, Richmond, BC

Information & Round Table Discussion on

Current SIP Initiatives (2:00 – 3:30)

Connections & Refreshments (3:30 – 4:00)

The AGM (4:00 – 6:00)

Annual Reports

Elections to the Board & election of President

Awarding of the Todd Clark Unsung Hero Award

Followed by a no-host Informal Dinner Out

Please participate with your fellow Members in this annual SIP event

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Two events are coming up and I hope to see you at both of them.

The first is our Special Event at Douglas College on Saturday April 9th "Satir's Transformatonal Therapy and the Celebration of Self through the Expressive Arts". A similar conference in 2003 received very positive feedback.

The second is our Annual General Meeting on the afternoon of Saturday June 11th. At the AGM we are having two presentations. Michael Wilson, Executive Director of Phoenix Drug & Alcohol Recovery & Education Society, will talk about the new Centre that is being built and the Satir Institute's partnership with Phoenix. This will give the Institute space for a Resource Library, a Counselling office

plus many opportunities to participate in the work of Phoenix e.g. through internships, research, staff training etc. John Banmen and I attended the ground breaking ceremony of this eight and a half million dollar project on March 30th. The second exciting initiative, which Colleen Murphy will present, is the Satir Institute's partnership with Douglas College to offer an Advanced Diploma in Family Therapy. Major work has already been done on the development of a curriculum and a survey of potential students, professional organizations and employers. We will also receive Reports, hear of other initiatives, elect members to the Board, and elect the President before adjourning for dinner together.

Another initiative is Pauline

Chan's leadership in making our Library resources available to members living in BC. Details and an inventory are published in this edition of the Wisdom Box. Any donations to the Library would be gratefully accepted.

Finally, a 'Thank You' to all those members who responded to the Members Survey about your hopes and expectations for yourself and the Satir Institute of the Pacific. Jennifer Barrett in Kamloops co-ordinated this initiative and would like to hear from any of you who have not already responded. The Board has begun to use the information collected to help members become more involved and to respond to members expressed hopes and wishes.

Michael T. Callaghan

Satir Institute of the Pacific Board of Directors 2004 - 2005



Standing: Michael Callaghan, Kathlyne Maki-Banmen, Al Wiebe, Jennifer Barrett, Karen Keyes, Dr. John Banmen
Front: Anne Morrison, Pauline Chan, Pauline Mullaney, Katharine Carol, Colleen Murphy

Once Upon a Time at a Retreat

— Pauline Mullaney

So we finally, finally managed to find a day when (gasp) everyone on the Board could meet together. It was a Friday, and thanks to Colleen's very generous and kind-hearted husband we were able to meet in a boardroom far above English Bay. I was fascinated by the crane action so took a photo for posterity. [see p. 4]

The day was brilliant; the enthusiasm in the room was palpable. We were here to work, and we only had one day! As opposed to the previous retreats that had been overnight stays. Our aim was to make ourselves more efficient so we launched into a review of our roles, redistribution of tasks, and workloads. I wondered how much the membership knew of our struggles and triumphs, how can we translate

what is happening with the Board to how members can be more involved as so many had asked to be in our survey?

Since I joined the Board 5 years ago, I realized that we have grown as a Board, and the Satir community is growing in leaps and bounds. We will have a course at Douglas College, [see *President's message and info on p. 7*], we are known and respected around the World, and we will soon have a home to call our own.

The day flew by, and I learned for the first time about items on the agenda being just for information, or for discussion, or to make a decision on, so that meetings can be more efficient. Now that makes sense! It is obvious

to me now; it's only taken me 30 years of meetings to clue into that. Michael as chair steered us through the landmines, and gently but firmly kept us on task until we reached the other end with a plan, to be a better and more efficient Board. We are a working Board, but I have never seen people work with so much generosity and good nature, because they believe in what they are doing. I took some pictures of our Board so that I could share them with our members.

Our AGM is in June, and I hope that more people will come out and offer some encouragement to us, and maybe we can infect you with some of our enthusiasm.

Fireside Chats

Fireside Chats provide home settings for current and potential Satir Institute of the Pacific members to come together and share their personal and professional experiences with the Satir Model.

The Fireside groups are open to any interested Satir community persons. Hosting the chats is a wonderful way to connect with members and build rewarding relationships with one another. If you would like to help out in your area, please

let Anne Morrison, Membership Director, know at annekm@telus.net

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**SPECIAL NOTE:** Linda Prochaska, Vancouver Fireside Host, reports that she no longer can carry on organizing the *Chats* for her area. Linda has done a wonderful job welcoming everyone in the Vancouver area – thank you Linda for all of your hospitality and generosity in this role! Anyone in the Vancouver area who would like to help keep the Chats oc-

curing in their area can contact Anne Morrison, Director of Membership Services, at [annekm@telus.net](mailto:annekm@telus.net) or 604 856-8317

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For further information about upcoming *Chats* in your region, contact one of the following Hosts:

Kelowna:

Donna Huggins
dhugs5@shaw.ca

Vernon:

Mary-Ann Reid
maryannr@shawbiz.ca

Merritt:

Audrey Ward
audward@ocis.net

Fraser Valley:

Anne Morrison
annekm@telus.net

Kamloops:

Jennifer Barrett
jefilleul@yahoo.com



An Afternoon with Bob

— Kathryn Patterson

On a snowy afternoon in January a small group spent a mind-bending few hours with Virginia Satir's one time boss, Bob Spitzner. Bob delighted us with stories about Virginia. He also shared the fascinating ideas contained in his book 'View from Space.'

The premise of 'View from Space' is that patterns of human existence become apparent when viewed from outer space. In other words, the perspective from space accentuates our compatibility. The afternoon raised many questions about humanity.

One such question, that I have given much thought to on my daily drive from North Vancouver to White Rock, is that when traffic is viewed from space it becomes apparent just how many cars are on the road. Most of us would say that we do not trust strangers; however, when we are driving, we put our lives in the hands of countless strangers by trusting that other drivers are competent, responsible individuals. What an oxymoron!

The content of the afternoon encouraged creativity of thought as well as the opportunity to view human existence from a different perspective...what a treat.

New Members

A warm welcome to the following new members of the Satir Institute of the Pacific, and congratulations to those who have upgraded:

Clinical:

Cynthia Jager

Steven Keeler

Moirra Haagan (upgrade)

Alfred Wiebe (upgrade)

Professional:

James Weibelzahl

Sister Susan Chia



**For information and
membership applications
contact:**

**Al Wiebe
Coordinator of
Membership Services
604.539.2529**

What's the Research Committee Got to do With Me?

— Tim Head

Maybe more than you think! You probably wouldn't be reading this newsletter if you weren't already using or hoping to use the Satir Model in some way. The Research Committee of the Satir Institute of the Pacific exists to nurture research and to support Satir researchers in any way possible. If you are working with others you are already doing what researchers do – gathering information and experience and using it to form your own hypotheses about what is or isn't happening or working. You are probably testing these hypotheses against new information or experience and gradually forming new hypotheses, all within the context of your developing understanding of the Satir Model. In a larger context the Satir Model itself needs to be supported, tested, and to continue to evolve, through the art and science of hypothesis testing and other forms of demonstration.

The Research Committee hopes to be able to provide non-complex research instruments such as questionnaires to practitioners so that they can test hypotheses about what is happening or working in their client work in such a way as to make each practitioner a member of a research team. The results could be useful to you in and of themselves but are even more powerful when organized along similar lines of questioning and put together with the results from other practitioners. The feedback can come from both practitioners and clients. Studies can be based on just one client or on groupings of them. This model has been largely developed by Johnson within the area of Emotionally Focused Therapy. We are indebted to Max Innes for bringing these ideas to our attention. Audiotapes and videotapes of client work can also be analyzed and collated along structured lines.

The Research Committee also wishes to help those associated with colleges and universities who are interested in doing research that can lead to an empirically tested Satir Model. Need ideas for topics, advice, or someone to sit on your thesis committee? Have some research ideas or some actual research that we might not have in our possession? Please contact me at timhead@shaw.ca. Research needn't be restricted to the quantitative area, nor to family therapy. The Satir Model has relevance to many other areas including Education, Nursing, Public Policy, Community Development, other therapies, and so on.

We are looking for candidates to write an analytical literature review of Satir oriented research to-date. Not that you need our approval. There is a great need for a good literature review to inform all future researchers of the research that has been done and to further analyze

what is still needed. Want to be involved? We need people to collect a number of Satir oriented dissertations and other research as a basis for a literature review.

How can you participate apart from being involved in practitioner research or academic research? You can also be a subject in someone else's research study in your role as a Satir practitioner or user. We want your ideas! We need people to research the current state of research in other fields of family therapy and other educational or health related areas. What are the current burning questions in these areas of research? We need people to translate old reel-to-reels and videos of Satir at work into more usable formats. We need people to send in or to go out and collect research from universities and archives. Did you know there was a huge Satir archive in Santa Barbara, California? We won't be sending you down there but fortunately the next largest archive is probably right here in BC under the care of John Banmen.

A number of our members have put down their names as being interested in being involved with the Research Committee. If you've put your name down or you are newly interested I'd be glad to hear from you.

Tim Head, Ph.D
Research Chair, S.I.P.
timhead@shaw.ca
604-728-5207



Vancouver harbour scene from window of recent SIP Board retreat

Challenges & Opportunities for S.I.P. Members

— **Dr. John Banmen**
Director of Training

There appears to be growing interest in applying the Satir Process Model (Satir Transformational Systemic Therapy) to more areas of mental and emotional symptoms and problems and specific populations; for example, the application of S.T.S.T. to eating disorders, family violence and organizational development, to name only three examples of what we might come to develop more fully.

In the past, we worked on the concept of having task forces work on specific areas of development. Our two main attempts have been the suicide task force and the addictions task force. We have had only limited success.

Where we had some more encouraging success is when individuals took a topic, a symptom, an area of interest and developed an approach or even a whole program using or applying the Satir Model.

Now comes the invitation! If you, or you and a colleague, are interested in a particular area of therapeutic focus, please contact me to help you advance your interest. Possibilities might be endless, but I am most interested in the following depth of investigation and contribution.

1. Let's find out what the internet has to say about your topic; let's do a "literature search."
2. Let's see what you know about the topic and what therapeutic processes you apply to the topic already.

3. Let's see what the Satir literature says about the topic, directly and indirectly.
4. Let's see what your topic would look like when applying the Satir Model to the topic.
5. It would be great if you then would:
 - a. present your results to the Clinical Members Inservice Meeting.
 - b. Write something about it, anything from a Wisdom Box report, to an article, to a chapter in a book, to a training program curriculum.
6. Run a few short workshops for Satir Model trained people sharing your understanding and skills (possibly a workshop with others who would do a similar presentation on their chosen topic).
7. After that, numerous more public/professional possibilities are open to those who want to continue their contribution of developing their chosen topic.

If you have a favourite topic you have an interest in or are considering it a specialty of yours, and you want to do the above, please contact me via email (jbanmen@dccnet.com) so we can meet and discuss your idea and, hopefully, encourage you to develop your topic to the point of sharing it with others and possibly beyond. You could become the international expert in applying the Satir Model to your topic.

NEW ! Library Service

— **Pauline Chan**

We are pleased to announce the launching of our Library Service starting from April 2005. Borrowing procedures are described followed by a list of resources available in our library. Members are welcome to make suggestions to the librarian, Pauline Chan, regarding this service. If you have any video/book/journal you would like to donate and add to the library pool, please contact Pauline at paulineseto@shaw.ca

Borrowing Procedures

- Members of SIP of good standing and residing in B.C. are eligible for borrowing books and tapes
- For those who live in the interior or Vancouver Island, the borrower pays for the cost of mailing both

ways and the cheque for the cost of postage is to be enclosed with the video/book when it is returned

- Loan period will be 3 weeks for any item, either books or tapes
- You can make your request either by email at paulineseto@shaw.ca or by phone at (604)279-7100. Contact person is Pauline Szeto c/o Family Services of Greater Vancouver, and you can arrange the date for the pick up of your material

(Continued on page 6)

Library Service

— Pauline Chan

Borrowing Procedures, cont'd ...

- You can get and return the material to/from the following places:
 - a) Family Services of Greater Vancouver – 1616 West 7th Avenue, Vancouver. Monday – Friday: 9am-5pm
 - b) Family Services of Greater Vancouver – #250-7000 Minoru Blvd., Richmond. Monday – Friday: 9am-5pm
- You can renew the item either by email or by phone
- Renewal will be allowed if the material has not been requested by another member
- Renewal is only allowed twice
- The material must be returned after two renewals
- Each member can borrow 2 items at one time
- Fines for overdue will be \$1 per day per item. It can be paid by cheque or cash
- Charge for lost item is based on the current cost to replace the particular item

Catalogue of Library Resources:

Videotapes:

The Teachings of Virginia Satir. Avanta's Crested Butte, Colorado Videotape Series (one set/six tapes)

- i) Temperature Reading
- ii) The Process of Change
- iii) The Origin and Transformation of Survival Copings
- iv) The Dynamics of a Parts Party
- v) Communication Lab
- vi) The Seed Model

Virginia Satir: The Use of Self in Therapy. New Vision Media Ltd. (Menninger Clinic tape with Bud Baldwin) (one tape)

Virginia Satir: Live Family Therapy Case Consultation. Univ. of Cincinnati, 1986 & 1987 (one set/3 tapes)

- i) Family with Depression (Betty)
- ii) Suicidal Son (Bob)
- iii) Separated Family (Bill & Cheryl)

A Journey From Doing To Being: A Family Reconstruction Based On Virginia Satir's Model. Maria Gomori & John Banmen. AVANTA: The Virginia Satir Network & Maria Gomori, 1996 (one set/4 tapes)

Family Reconstruction Workshop. N.S.I. Special Event, Nov. 9 & 10, 1996. Maria Gomori & John Banmen. (one set/3 tapes)

Virginia Satir: A Family at the Point of Growth. Kansas City, MO: Golden Triad Films. (one tape)

Virginia Satir: Of Rocks & Flowers: Dealing with the Abuse of Children. Kansas City, MO: Golden Triad Films. (one tape)

Virginia Satir: Blended Family with a Troubled Boy. Kansas City, MO: Golden Triad Films. (one tape)

Virginia Satir: The Essence of Change. Kansas City, MO: Golden Triad Films (one tape)

Virginia Satir: A Step Along the Way: A Family with a Drug Problem. Kansas City, MO: Golden Triad Films (one tape)

Meditation by Virginia Satir. Produced by John Banmen (one tape)

Books:

Satir, Virginia and Michele Baldwin. **Satir Step by Step: A guide to Creating Change in Families.** Palo Alto: Science & Behavior Books, 1983.

Loeschea, Sharon. **The Satir Process.** Haley Publishing Design, 2002.

Satir, Virginia. **The New People Making.** Palo Alto: Science & Behavior Books, 1988.

Satir, Virginia. **Conjoint Family Therapy**, third edition. Palo Alto: Science & Behavior Books, 1987.

Banmen, John and Jane Gerber (ed). **Meditations and Inspiration of Virginia Satir.** Millbrae, CA: Celestial Arts, 1985.

Banmen, John (ed). **Satir's Systemic Brief Therapy Training Program – Counselling Practicum Workbook for Professionals.** Shuch-Li Linh Memoeal Foundation, 2003. (Translated by Marie Lam)

The Satir Model – Family Therapy and Beyond. (Chinese Version)

Banmen, John (Guest ed.) **Contemporary Family Therapy: An International Journal**, Special Issue, "Satir Today," March 2002.

Lum, Wendy. **The Lived Experience of the Personal Iceberg Metaphor of Therapists in Satir's Systemic Brief Therapy Training.** Master's Thesis, 2000



**Douglas College
& the
Satir Institute of the Pacific**



Are pleased to give Early Notice for

An Advanced Diploma in Family Therapy

- ♦ Proposed start date is September, 2006
- ♦ Satir Transformational Systemic Therapy is the clinical model
- ♦ Educational Outcome: The program will graduate competent, culturally sensitive and ethical Family Practitioners able to facilitate growth and change within individuals, families and the community.
- ♦ Practitioners can continue to work in their chosen fields and complete this Advanced Diploma program within two calendar years.
- ♦ Courses are designed to sequence progressively, both theoretically & clinically.
- ♦ Students engaged in other areas of study within the human services field will be able to register in courses of interest within this program.
- ♦ Portions of the program will also be accessible on line to allow for distance learning.

Proposed Courses

- ★ Introduction to Current Models of Family Therapy
- ★ Understanding and Working with Families Across the Lifespan
- ★ Introduction to Satir Transformational Family Therapy (STST)
- ★ Ethical Practice
- ★ Therapeutic Issues with Children & Adolescents
- ★ Psychosocial Health, Mental Illness & Interpersonal Relations within the Family
- ★ Working with Couples & Families
- ★ The Sociocultural Context of Clinical Practice
- ★ Application of Research Findings
- ★ Special Issues in Parenting
- ★ Working with Addictions
- ★ Practicum x2

For more information: watch the Satir Institute of the Pacific Website: www.satirpacific.org

We want your input into the exciting joint project planned between Douglas College and the Satir Institute of the Pacific. Please take a few minutes to complete the survey at the following website:

[Highlight & Copy using the "Text Tool" in Adobe Acrobat Reader, then paste into your web browser]

<http://www.surveymonkey.com/s.asp?u=83036898864>

News Around the Institute

There HAVE BEEN SOME BUSY PEOPLE AROUND THE institute, and none busier than John. Did you know that John Banmen's newest book, "Using The Satir Model: Working effectively with suicidal clients" was published in December, 2005, by the University of Hong Kong. We continue to be inspired.

Gilbert Fan (member from Singapore) continues to be committed to the model and has managed to get almost his whole staff of social workers at the Cancer Clinic trained in the Satir Model.

Warren Tan is training therapists in Singapore, Malaysia and Indonesia and has plans to start in the Philippines soon.

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It is good to hear of another innovative way of utilizing the Satir model. Jesse Carlock is working on creating an online course on self-esteem and the Satir Model through Bay College in Escabana, Michigan.

~~~~~  
Anne Morrison has become an AAMFT Clinical Member. Not only did you put in all the hard work, but you got through the maze of forms. Kudos! Anne also just returned from her second training trip to Singapore, where she conducted an intensive Organizational Vitality/Wellness course for the 40 professional staff of the Tsao Foundation, a medical-social seniors care organization. She introduced them to her Organiza-

tional Vitality Audit that integrates Satir into organizational life, with specific applications for leadership, management and teams. She also conducted a 2-day course on Advocacy that was also well received.

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Congratulations and best wishes to Stephen Keeler who is getting married on April 3rd on the Big Island in Hawaii where he now lives.

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Carl Sayles has completed his Psy.D. Congratulations Dr. Carl!

~~~~~  
Pindy Badyal is now a Registered Psychologist after much political wrangling and hard work. Wonderful work and inspiring to hear about.

## Another Training for Trainers Graduate

— Robin Beardsley

In August 2002 I was invited to partake in the second Training for Trainers (T4T) workshop that John and Kathlyne presented. I realized right away that John and Kathlyne believed not only in me, but also in all of the participants. They already could see us as competent, congruent, confident presenters/therapists. I had to believe in and "position" myself inside this new place that they could see. I had to let go of the old perception that I wasn't experienced enough or was incompetent and accept the new part that they saw. Much of this workshop for me was about building confidence. I was able to do this with all the support of the other participants and the mini workshops we all participated in. At the end of the course we had 6 workshop outlines to take away with us. For whatever reason each workshop seemed to build on the next. I left feeling more whole and my spiritual part felt like a crack had been opened.

In between the 2 years; I lead several family reconstructions, and a 1-day workshop for reconstruction facilitators. I was also able to co-facilitate a seminar at our annual GP-Psychotherapy Association Conference in Toronto for MD psychotherapists introducing the *Iceberg*. We had a great time doing this with good feedback. All of this continued to help build my confidence. One of the biggest lessons I use all the time now is that "less is more" and *process, process, process!!*

During the summer of 2003 we met again to complete our course. Again we left with 6 new workshop outlines. I have

used many of the ideas in the courses in which I was involved that summer. The most important step that I came away with was the *Exit Outcome Goals*. These are set out initially before doing any other planning for a course or seminar. These goals definitely become the umbrella for anything I do in a workshop.

This year I have been doing more Scout -related events. I've noticed though that I still use many of the thoughts presented in T4T; for instance, *what do I really want the scouts to come away with or be like after this event or night??* My next Satir related seminar will be at the annual GP-Psychotherapy conference May 12-14, 2005, entitled *Self Care- How are we doing?* This will be an experiential workshop on grounding oneself before and after client sessions. We will also be exploring aspects of the Self, introducing the mandala and looking at balance. The Ottawa Satir Centre is soon to be incorporated and I am looking forward to doing level 1 workshops here again in Ottawa.

I feel privileged to be part of the SIP and only wish I was closer to attend more of the wonderful workshops and events that I read about in the newsletter. I am grateful to John and Kathlyne for giving their time and to the other participants for giving themselves so freely. I look back on this time with many fond memories.

Robin Beardsley, MD., CCFP

[This is another in the series 'What are they doing Now?' from the graduates of the Training for Trainers program conducted by John & Kathlyne. Ed.]



## My Journey : Satir Residential Training, Hong Kong, 2004

— Pauline Chan



I emigrated from Hong Kong to Vancouver on July 16, 1994 and I went back and attended the Satir Residential workshop on July 16, 2004. What a coincidence. It was such a big event that we were welcomed by the typhoon. The typhoon #8 was hoisted and the restaurants were closed in the campus.

What a chance! The organizing committee then treated us and we had an opportunity to experience their resources and talents in cooking. Thanks again.

There were many intense and reflective learnings in the workshop. As for me, it was a continuous journey of knowing self, accessing different parts of my iceberg and connecting to the deep core: self. The exercise on the impact of deaths in the family allowed me to experience its profound influence on my beliefs in life. This gave me a positive outlook in life especially in our nuclear family (ie. my husband and I). It enhanced me to realize the source of my gratefulness and thankfulness while relating to other people. Through this process, it provided clarity and answers for me as I always puzzle about my response as well as others. Subsequently I continue to celebrate life and appreciate it. I became more relaxed as I did not expect others to have the same attitude as me but accepted the differences at a deeper level.

Another piece of self-awareness and understanding was the realization of my tendency to avoid conflict in interpersonal relationship, while relating with others, through the revisiting of my primary triad. Not only did I gain this awareness but I also made a commitment to change – to take risks by being more congruent in my relationship with others.

Throughout John's demonstrations, I was much impressed and thrilled by the depth of his firm and total belief in the beliefs of the Satir model, his belief in human-

ity, and his belief in personhood. It was completely manifested in his intervention/therapy with different stars, how he believed in their resources, their capacity and potential to grow and change. Another observation was the depth of his skills in focusing, in working towards the goal laid down by the star and he would not be side-tracked by anything. To me, this focusing contains a spiritual component. Moreover, he kept on inviting the stars to become in touch with ways that she could be behaving, doing, thinking and feeling differently. It was fascinating to experience those sacred moments of beauty and transformation in a human being.



Feeling extremely comfortable, relaxed and familiar in the workshop enhanced me to taste, enjoy and fulfill my yearning of connection, wholeness and completeness. It was a time to reconnect my past, a process of integration of learning and experiences, which I acquired in two cultures. It was beyond words that I could express my inner peace of harmony and feelings of richness. During the contacts with Hong Kong participants, I was very impressed by their fervent feelings, dedication and energy

*(Continued on page 10)*



Can you tell who the Thai participants are? There are seven of them.



*(Continued from page 9)*

in learning the model. The Hong Kong Satir Center provided a venue and opportunity to deepen their learnings in using the model such as triad meetings, monthly video night, and discussion. I shared their excitement, joy, and hope.

### Some highlights:

#### **Chaotic Moment ... to Caring Moment.**

We were welcomed by the typhoon No8. Rain, wind no food in the canteen but we were treated by the organizing committee.

#### **Familiar Moment ...**

Oh, I can communicate in my own dialect every where in the workshop. It felt like wearing my pajamas at home.

#### **Curious Moment ...**

Everyday Peter was the first who shared his doubts, reflections and feelings with the group. We witnessed the moment of his change from doubt to celebration of life.

#### **Caring Moment ...**

Steve secretly brought a wig to Peter during the trip in Temple Street, tapping into Peter's yearning for youthfulness

#### **Warm Moment ...**

Sharing Kathlyne and John 's wedding anniversary with cakes and video, also witnessing that they have been married for over 200+ years. How sweet!

#### **Touching Moment ...**

Susanna sang a song to her therapist expressing her appreciation of the therapeutic work. It touched many of us, especially our male brothers...Oh, tears in their hearts...



#### **Moving Moment ...**

At the closure of the workshop, we sang the song "Moon represents my heart ". It tapped into our yearnings of connection, love, belonging...tears on our face, joy in our heart.

#### **Gratitude Moment ...**

Hearty thanks to Kathlyne and John and all lovely people in rekindling human love in this world, in bringing the Satir spirit in this world.

Pauline Chan



Satir Residential Training Group, Hong Kong, July 2004



## Advertising and Classified Ads in *The Wisdom Box*

**The Wisdom Box** is now accepting classified ads and regular advertising. Here is our policy.

Advertising is welcome. The *Satir Institute of the Pacific* reserves the right to reject advertisements which do not meet the general purpose of the organization. Send all copies, payments and inquiries to the Editor. A cheque payable to the *Satir Institute of the Pacific* must accompany your copy.

### Display advertising rates:

- ♦ Full page— \$50
- ♦ Half page— \$25
- ♦ Quarter page— \$12

### Classified advertising:

The cost for professional related items such as office rentals, items for sale, equipment needs, supervision etc. for up to 3 lines are free for members and \$1 per line for others.

If possible, please forward articles and advertisements

via e-mail attachment (in Word for Windows format) and/or computer disc, camera ready, for the Editor at the address listed below.

### Attention Advertisers:

The *Wisdom Box* is published four times per year. Summer, Fall, Winter and Spring. For those interested in advertising Summer & Fall events and programs, the next **deadline** for submission is

**June 6, 2005**

Please submit any articles, ideas, gossip, poems or anything else to the Editor.

Editor:

**Pauline Mullaney**

8438 Wiltshire St.,  
Vancouver, B.C.  
V6P 5H7

Tel: 604.875.2653

Fax: 604.875.2099

E-mail:

newsletter@satirpacific.org

### Group Supervision with Dr. John Banmen

The supervision group will consist of a maximum of six people to be held monthly on Monday, Tuesday, or Wednesday from 6 - 9 p.m. starting in September.

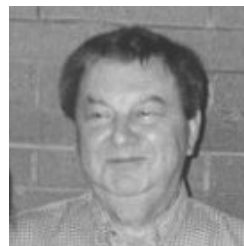
If you are interested, please contact John at:

**E-mail: jbanmen@dccnet.com or**

**Phone: 604.591-9269**

**Fax: 604.591-9260**

Cost \$50 / evening for 6 evenings.



### Openings for AAMFT Clinical Supervision

#### **Bonnie Mason, MA, RCC, AAMFT**

Private Practice  
14203 Wheatley Ave.  
White Rock, BC V4B 2W4  
Tel: 604-536-0733  
Fax: 604-536-0763  
Email: bonniemason99@shaw.ca

I am currently accepting therapists seeking AAMFT or RCC clinical supervision. I have completed my AAMFT clinical membership and I am a supervisor in training with AAMFT. Group supervision may be available in the future. If you are interested please contact my office. Fee: \$50 / hour.

#### **Anne Morrison, MSW, RSW**

AAMFT Clinical Member & Supervisor-in-Training

Private Practice  
24502—52 Avenue  
Langley, BC V2Z 1E1  
Tel: 604-856-8317  
Fax: 604-856-3359  
Email: annekm@telus.net

I am currently accepting therapists seeking individual (2 or less) AAMFT or RSW clinical supervision and I may be offering group supervision in the future. My reduced rate is \$50 / hour. If you would like to discuss your supervision needs with me and/or wish to indicate your interest in securing my supervision, please contact me directly. I look forward to hearing from you!

## Satir Training Programs

### **Satir's Systemic Brief Therapy - Level I** in Victoria, BC

Kathlyne Maki-Banmen, MA and Wendy Lum (assistant trainer)

Feb 25, 26, 27, 2005

March 25, 26, 27, 2005

April 22, 23, 24, 2005

May 7, 2005

Ongoing

### **Satir's Systemic Brief Therapy - Level I** in Richmond, BC

Dr. John Banmen, R. Psych & Kathlyne Maki-Banmen, MA

January 22 & 23, 2005

February 19 & 20, 2005

March 19 & 20, 2005

April 16 & 17, 2005

May 14 & 15, 2005

Ongoing

### **Satir's Systemic Brief Therapy - Level I** in Richmond, BC

Dr. John Banmen, R. Psych & Kathlyne Maki-Banmen, MA

September 17 & 18, 2005 - October 15 & 16, 2005

November 19 & 20, 2005 - January 14 & 15, 2006

February 11 & 12, 2006

Now Registering

### **Satir's Systemic Brief Therapy - Level II** in Richmond, BC

Dr. John Banmen, R. Psych & Kathlyne Maki-Banmen, MA

September 24 & 25, 2005 - October 22 & 23, 2005

November 26 & 27, 2005 - January 21 & 22, 2006

February 18 & 19, 2006

Now Registering

#### **PLEASE NOTE:**

Registration has increased to \$600; deposit of \$275 required.

**For program and registration  
information contact:**

**Linda Prochaska  
Registrar of Programs**

**604.879.6654 or  
lprochaska@shaw.ca**

**Register EARLY  
to avoid disappointment**

### **Help Wanted**

The Wisdom Box needs you. We are a committee of 4 so far, including me Pauline Mullaney, editor, Hugh Morrison co-opted husband of Anne Morrison who does the desktop publishing, Kathryn Patterson and Bruce Cullen. We need some help with interviewing the odd person, and offering creative ideas. If you have some ideas or a little time please contact me at p.mullaney@shaw.ca

### **Your Input is Wanted**

#### **Advanced Diploma in Family Therapy**

We want your input into the exciting joint project planned between Douglas College and the Satir Institute of the Pacific. Please take a few minutes to complete the survey at the following website:

[Highlight & Copy using the "Text Tool" in Adobe Acrobat Reader, then paste into your web browser]

<http://www.surveymonkey.com/s.asp?u=83036898864>

**Don't forget to visit our website!!!**

**[www.satirpacific.org](http://www.satirpacific.org)**

**Submit ideas and content to  
Kathlyne Maki-Banmen  
Tel: 604.591.9269 or  
E-mail: [kmb@satirpacific.org](mailto:kmb@satirpacific.org)**